

JANET'S DELIGHT

(Scotland)

Janet's Delight was introduced to California dancers by C. Stewart Smith.

MUSIC: Record: Waverly 45 RPM, ELP 117, Side 2, Band 2, or any other suitably phrased Scottish waltz.

FORMATION: 4 cpls in square formation, W to M R, inside hands joined with ptr at shoulder height, outside hands held freely at sides.

STEPS: Waltz*, Waltz Balance*

*Described in volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc., San Francisco, California

MUSIC 3/4

PATTERN

Measures

Chord INTRODUCTION M bow, W curtsy.

I. FORWARD, BACK AND DOS-A-DOS

- A 1-2 Beginning R, all dance 2 waltz steps fwd twd ctr of square.
3-4 Dance 2 waltz steps backing up into place.
5-8 Release hands, face ptr and dance a R shoulder dos-a-dos around ptr with 4 waltz steps.
- A 1-4 Turn individually to face corner and dance 2 waltz steps fwd twd corner and 2 more backing up into place.
5-8 Dance a R shoulder dos-a-dos around corner with 4 waltz steps.

II. WOMEN TO CENTER AND VISIT

- B 9-10 W go to ctr and form a R hand star or wheel by joining R hands with opp in a normal handshake hold at about shoulder height with an easy tension in the arms. In this formation turn the star 1/4 CW with 2 waltz steps. Simultaneously M dance individually in place turning 1/4 CW and then moving very slightly fwd.
11-12 M join L hands in handshake hold at shoulder height with original R hand W coming out of ctr and turn 3/4 CCW with 2 waltz steps.
13-16 Repeat action of meas 9-12 (Fig II). M make individual circular pattern 1/4 CCW during first 2 meas and then turn original opp with L hand 3/4 CCW.
- B 9-16 Repeat action of meas 13-16 (Fig II) twice, finishing with original ptr. Release hands and M turn 1/2 CCW.

III. BALANCE IN, OUT, AND WOMEN PROGRESS

- C 17-18 All join hands and dance 1 waltz balance fwd twd ctr and another bwd out of ctr.
19-20 M dance in place and lead ptr across in front of him to finish at his L side as W turns once CCW with 2 waltz steps.
21-24 Repeat action of meas 17-20 (Fig III), to finish with W in opp place, having progressed halfway around the square.
- C 17-24 Repeat action of meas 17-24 to finish in original places.
- D 25-32 Repeat action of meas C 17-24 and C 17-24, but this time W progress to R (CCW) around the square by crossing in front of corner M as they turn once CW.
- D 25-32

JANET'S DELIGHT (continued)

IV. WALTZ PROMENADE

- E 1-4 In promenade pos, facing CCW around the square, promenade fwd 1/4 of the way around to finish in next place with 3 waltz steps. On the 4th waltz step M cross in front of ptr to finish on W R, cpls facing ctr to "square the set."
- 5-8 With W on inside, cpls face CCW again and promenade fwd another quarter of the way around with 3 waltz steps. On 4th waltz W cross over in front of ptr to finish to M R, cpls facing ctr to "square the set."
- E 1-8 Repeat action of meas 1-8 (Fig IV) to finish in original place.

V. CLOSED WALTZ

- F 16 meas In closed pos, cpls dance 16 waltz steps once around the square, turning CW and progressing CCW.
- Chord M bow, W curtsy.