

Research Committee:
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JABLOCHKO (Little Apple)

(Popular Russian Folk Dance)

This dance was introduced by Anatol Joukowsky at the 1954 Folk Dance Camp, College of the Pacific, Stockton, California.

MUSIC: Record: Stinson 3410-A.

FORMATION: Partners face each other. Partners may stand in line, or circle, hands at sides. (Throughout dance, free hands are on hips, palms out, unless otherwise indicated.)

STEPS: Small sliding walking* steps (sl-wa), Buzz*, Pas de basque*.

BRUSH STEP: Step R (meas. 1, ct. 1), brush L heel fwd. (ct. 2), step L (meas. 2, ct. 1), step R, turning $\frac{1}{2}$ CCW (ct. 2). Next step starts L, with $\frac{1}{2}$ turn CW on last ct.

BRUSH STEP VARIATION: Step R (meas. 1, ct. 1), brush L heel fwd. (ct. 2), step L (meas. 2, ct. 1); step R (ct. &), step L (ct. 2), hold (ct. &). Step always starts R.

SLAP STEP: Step R (meas. 1, ct. 1), slap L ft. on outside of heel with L hand, L ft. brought up behind to knee level (ct. 2), step L (meas. 2, ct. 1), step R, turning $\frac{1}{2}$ CCW (ct. 2). Next step starts L, with $\frac{1}{2}$ turn CW on last ct.

SLAP STEP—Variation I: Step R (meas. 1, ct. 1), slap L (ct. 2), step L (meas. 2, ct. 1), step R (ct. &), step L (ct. 2), hold (ct. &). Step always starts R.

SLAP STEP—Variation II: Step R (meas. 1, ct. 1), slap L (ct. 2), step L (meas. 2, ct. 1), step R (ct. &), stamp L, no wt. (ct. 2) hold (ct. &). Next step starts L, with turn on meas. 1, ct. 1.

REST STEP, W: Step R (ct. 1) touch L heel, toe out (no wt.), at R instep, turning body rwd. L (ct. 2). Next step starts L. **M:** Same step, except that he stamps (lightly) on ct. 2—more vigorous than W.

STAMPING STEP: Stamping step R (meas. 1, ct. 1), stamp L heel, no wt., (ct. &) stamping step L (ct. 2), stamp R heel, no wt. (ct. &), stamping step R (meas. 2, ct. 1), stamping step L (ct. &), stamping step R (ct. 2), hold (ct. &). Make $\frac{1}{2}$ turn CCW on meas. 2, cts. 1 & 2. Next step starts L, with $\frac{1}{2}$ turn CW on meas. 2, cts. 1 & 2.

STAMPING STEP VARIATION: Stamping step R (meas. 1, ct. 1), stamp L heel, no wt. (ct. &), stamping step L (ct. 2), stamp R heel, no wt., (ct. &), stamping step R (meas. 2, ct. 1), stamping step L (ct. &), stamp R, no wt. (ct. 2), hold (ct. &). Step always starts R.

EXTENDING STEP: Fall heavily onto L, landing with knee bent and R ft. extended fwd. slightly off floor (ct. 1 &), pull wt. up in recovering with quick steps R L (cts. 2 &). Start next step with fall onto R.

RUSSIAN SKIP: Starting R behind L, displace each ft. alternately (remaining in place). Ct. 1 for each step.

MUSIC 2/4

PATTERN

Meas.

I. WALK AND BRUSH

- 1- 4 a. 4 steps fwd. Shake hands with partner.
5- 8 7 walking steps once around CW in individual small circle, ending with stamp. (no wt).
9-12 7 walking steps CCW in small individual circle, ending with stamp (no wt).
1- 4 b. 1 brush step, M moving RLOD, W LOD.
1 brush step, M moving LOD, W RLOD.
5-12 Repeat action of b, meas. 1-4 two more times.

II. *M SLAP SOLO*

- 1-4 a. 1 slap step RLOD (turning $\frac{1}{2}$ CCW on last ct.)
1 slap step LOD (turning $\frac{1}{2}$ CW on last ct.)
5-12 Repeat action of Fig. II, meas. 1-4 two more times.
- 1-12 b. M circles W once around CW with 6 Slap Step Variation I.
During all of M solo W does Rest Step.

III. *W BRUSH SOLO*

- 1-4 a. 1 brush step, starting R and moving LOD. As ft. is brushed fwd. same hand is brought from hip and turned up at waist level, arm extended from elbow.
1 brush step starting L and moving RLOD. Same hand movement as above.
5-12 Repeat action of Fig. III, meas. 1-4, two more times.
- 1-8 b. W circle M once around CW with 4 brush step variations. As ft. is brushed fwd., L hand is brought from hip and turned palm up at waist level, arm extended from elbow.
9-12 8 walking steps turning once CW in a very small circle.
Throughout W solo, M does Rest Step.

IV. *M STAMP SOLO*

- 1-12 a. M circle W once around CW with 6 stamping step variations, always starting R.
- 1-4 b. 1 stamping step starting R and moving RLOD.
1 stamping step starting L and moving LOD.
5-8 Repeat action of Fig. IV, b, meas. 1-4.
9-12 6 walking steps turning once CW in a small circle, ending with a stamp R (meas. 12, ct. 1), pose with L heel fwd. on floor, L arm extended low in front, R hand high (ct. 2).
Throughout M solo W does rest step.

V. *W EXTENDING STEP SOLO*

- 1-12 a. 4 extending steps in place.
8 extending steps turning once CW in small circle.
- 1-8 b. 8 extending steps circling M once around CW.
9-12 7 buzz steps turning CW in place. On last ct. assume open position with partner. M L arm extended at waist level. Throughout W solo, M does rest step until last meas. when he approaches W with 4 steps to assume open position for next step.

VI. *PAS DE BASQUE, BRUSH, SOLO AND BUZZ*

- 1-12 a. Beginning R, 8 pas de basque LOD.
4 pas de basque turning CCW with partner in small circle.
1-12 Repeat action of Fig. VI, a, meas. 1-12.
(repeated)
- 1-12 b. Repeat action of Fig. I, b, meas. 1-12.
- 1-12 c. M repeats action of Fig. II, a, meas. 1-12 using Variation II. W dances small buzz
(repeated) steps in place, turning CW twice around.

VII. *WALKING TURN*

- 1-12 With arms outstretched partners advance twd. each other with 4 gliding walking steps; with 4 steps partners move bwd. to position; partners again move twd. each other and turn together in small circle CW, arms still outstretched and held diagonally—L high. Finish in own position.

VIII. *RUSSIAN SKIP, BUZZ AND POSE*

- 1-6 Beginning R, M and W dance 12 Russian Skip steps in place.
7-12 Advance twd. partner with 4 sl-wa steps and with R on partner's waist (L high) buzz in place. On last ct. (backs to center) stamp and pose, W on M R arm and outside arms (M L, W R) high.