Išu Byala Nedo
Bulgaria (Thrace)

Išu Byala Nedo (EE-shu BYAH-lah NEH-doh) includes the vocal: “Hey, you girl Neda with the beautiful white face.” This women’s dance was learned from Belcho Stanev by Steve Kotarsky, who taught it at Stockton Folk Dance Camp 2010.


Meter = 11/8 = 2/8+2/8+2/8+1/8+2/8+2/8, counted 1,2,3,&,4,5, or q,q,q,uh,q,q.
In meas 1, 2 steps follow music: 11/8=2/8+2/8+(2/8+1/8)+(2/8+2/8), or q,q,q,q.
In meas 3, 4 steps are syncopated: 11/8=2/8+2/8+1/8+2/8+2/8+2/8 or q,q,uh,q,q,q.


Steps & Styling: Bent knees act as shock absorbers to assure smooth movement.

Measure 11/8 meter PATTERN

INTRODUCTION. None.

DANCE

1 Facing and moving in LOD, step R,L (cts 1,2); step R (cts 3,&); step L (cts 4,5).
2 Repeat meas 1.
3 Turning to face ctr, step R to R (ct 1); step L beside R heel (ct 2); step R quickly in place (ct &); step L in place (ct 3); step R in place (ct 4); step L across in front of R (ct 5).
4 Step back R to place (ct 1); step L beside R (ct 2); step R quickly in front of L (ct &); step L quickly in place (ct 3); step R beside L (ct 4); step L in place (ct 5).

Sequence: Repeat DANCE, as written, twelve times for a total of thirteen.

MODIFIED ENDING

1-3 Following the Sequence given above, repeat meas 1-3 of DANCE.
The music slows and then pauses with no singing. Step back on R.
4 As singing resumes, step L to L (ct 1); step R beside L (ct 2); step L to L (cts &,3);
close R beside L without wt (cts 4,5).
5-8 Repeat DANCE.
9-10 Repeat meas 1-2.
11 Turning to face ctr, step R to R (ct 1); step L beside R (ct 2); hold (FIN!).

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Another book featuring the folk dancing gumshoe

The Case of the Lambent Lama

From Alexandra Schiller

Alas, poor Madame Wu—strangled to death and no one seems to care! In his vintage MG TF, ferret buddy and gumshoe Mordecai Maccabbee zips around Chinatown (between folk dances, of course) during glamorous Lunar New Year festivities, courting the insouciant and bashful Mongolian lady, Pei Jiangiyn, who clerks at the aromatic Oriental Imports Emporium. This relationship leads directly into the gloomy domicile of Madame Wu’s widower, Tibetan Buddhism lessons, and a near-fatal encounter with a worldwide network of antiques thievery and smuggling. When his beloved roadster AND his girlfriend disappear, not even the sagacious lama, Jigme Tresong Rinpoche, can tell him what has happened to them.

The Case of the Lambent Lama is the third story in a series featuring this self-styled detective. The Case of the Lambent Lama; Alexandra Schiller, ISBN# 978-1-58909-740-7/Bookstand Publishing. Soft cover list $14.95

Palomanians invite you to a

FOLK DANCE PARTY

Saturday, December 4, 2010, at St Bede’s Church in Menlo Park. We will play your requests from 7:30 to 10:30. Send requests to Denise at deniseheenan@sbcglobal.net. She will incorporate them into the program. Partner, non-partner, set dances are all OK.

Come and enjoy dancing on a nice wood floor. Pie and Ice Cream included. Only $7.00. St Bede’s is located at the corner of Sand Hill Rd and Monte Rosa in Menlo Park. Coming from 280, exit east onto Sand Hill, make a ‘U’ turn at the third light (Saga Lane), come back up the hill to Monte Rosa. Turn right onto Monte Rosa, turn into the second driveway on the left, park, and you are there!

Questions? Call Al (408) 252-8106

Light gray cotton-blend T-shirt, with black lettering. What a great way to advertise your favorite pastime!

Want one?

Be one of the first 50 Federation members to arrive at The President’s Ball on December 11 and you’ll get one for FREE!