

RESEARCH COMMITTEE: Helen
Perry, Carol Squire, Vernon Kellogg,
Mildred Buhler, Dorothy Tamburini

THE INTERNATIONAL WALTZ

(Composed by Lew Morrison)

MUSIC: Morrison Record A-31 "Valse Lente, Valse Bleue"
FORMATION: Couples facing CCW in open position around room, inside hands joined at shoulder height. M L hand on back, W R hand holds skirt.
STEPS: Balance walk, waltz*, step-draw.

MUSIC 3/4	PATTERN
Measures	Part One
	I. <i>Balance Walk and Twinkle.</i>
1	Step forward on outside ft, M L, W R, lifting inside ft forward, toe pointed down.
2	Step forward on inside ft, lifting outside ft forward, around, and back, in an arc about 20 inches off of the floor.
3	Step backward on outside ft (ct. 1), step on inside ft beside it (ct. 2), hold position, ft flat on floor, weight on balls of ft (ct. 3).
4	Step forward on outside ft (ct. 1), hold (ct. 2, 3). W does counterpart.
	II. <i>Turn and Draw.</i>
5	Step forward on inside ft, turning toe diagonally toward partner (ct. 1); pivot inwardly toward partner on ball of ft (M to R, W to L) dropping hands as you make a half turn (ct. 2, 3).
6	Step on outside ft (M L, W R), pivoting on ball of the ft to complete a full turn and a quarter (ct. 1, 2, 3). End facing partner, M back toward the center of room.
7-8	Join both hands with partner. M steps to R on R (ct. 1), M draws L to R (ct. 2, 3), M steps to R on R (ct. 1, 2, 3). W does counterpart.
	III. <i>Cross Turn and Dip, and Trot and Dip.</i>
9	M steps on L across in front of R (ct. 1). He touches R toe lightly on floor out at R side of L, keeping weight on L (ct. 2). M twists around one quarter to the L to face LOD (ct. 3). W does counterpart.
10	Assuming semi-open position (hands same as in closed position, with both facing LOD) M and W step fwd on the inside ft (M R, W L), bending the knee in a slight dip (ct. 1). Hold (ct. 2, 3).
11	Beginning M L, W R, move fwd in LOD with three smooth steps (ct. 1, 2, 3).
12	Step fwd on the inside ft (M R, W L), bending the knee in a slight dip (ct. 1). Hold (ct. 2, 3).
	IV. <i>Waltz.</i>
13-16	Assume closed position. Beginning with M stepping back on his L ft, take four waltz steps while turning to the R. Finish with M facing LOD.
17-32	Repeat Part One.
	Part Two.
	I. <i>Hesitation and Waltz.</i>
1	M steps fwd on L (ct. 1), M touches R toe fwd on floor (ct. 2, 3).
2	M steps back on R (ct. 1), M touches L toe bwd (ct. 2, 3).
3	M steps across in front of R with L ft (ct. 1), M touches R toe on floor at R side (ct. 2, 3). (W steps in back with her R ft, touching L toe on the floor).
4	M steps across in front of L with R ft. (ct. 1), M touches L toe to L side (ct. 2, 3). (W steps in back with L, touching R toe to R side).
5	M steps back on L (ct. 1), M touches R toe diagonally bwd on R side, keeping all the weight over the L (ct. 2), M makes a quarter turn to the R while retaining this position (ct. 3).
6	M steps fwd R (ct. 1), M steps on L to L side (ct. 2), M draws R to L, taking weight on R and making a quarter turn to R (ct. 3).
7-8	Repeat the action of 1 meas. 5 and 6, completing R turn.
	NOTE: Except where otherwise notated, W steps are counterpart of M.
9-16	Repeat Part Two.

THE INTERNATIONAL WALTZ (Continued)

MUSIC 3/4	PATTERN
Measures	Part Three--Valse Bleue
	I. <i>Balance Walk, Twinkle and Waltz.</i>
1	In varsouvienne position, with weight on R ft, both M and W step fwd on L ft and raise R ft out in front.
2	Both step fwd R, lifting L ft fwd and around in back of R, describing an arc.
3	Step back on L (ct. 1), step on R beside L (ct. 2), hold (ct. 3).
4	Step fwd on L. NOTE: The action of above four meas. is the same as that of Part One, I, Meas. 1-4, except that both M and W are working on same ft.
5-8	Beginning with R ft, waltz four meas, turning to R (CW). On the first waltz step W crosses from R to L side of M and remains there for next seven meas.
9	Both step fwd on the R ft. (ct. 1), swing the L ft fwd (ct. 2, 3).
10	Both take a long step bwd on the L ft (ct. 1), swing the R ft across in front of the L (ct. 2, 3).
11	Step to the R on R ft, draw the L ft to the side of the R (ct. 1, 2, 3).
12	Step again to the R on the R, bringing the L ft up with a balance step.
13-16	Beginning with the L ft, waltz 4 meas. turning to the L (CCW), W returning to M R side on the first meas.
17-32	Repeat Part Three.
	Routine for the International Waltz
	Part I—repeat
	Part II—repeat
	Part I—repeat
	Part III—repeat
	Part I—repeat
	(At end of this figure assume varsouvienne position.)
	NOTE: The International Waltz was first introduced several years ago and has been extensively danced in the Pacific Northwest. Part III was added more recently by the original choreographer, Lew Morrison, of Seattle.