

## Încâlcita

Romania (Bessarabia, Moldova)

Încâlcita (eun-keul-TCHEE-tah) means confusing or unclear. In popular music it refers to tricks by the musicians (lautari) to surprise or mislead both listeners and dancers. Here the musical introduction of percussive instrumentation has nothing to do with the rhythms of the dance. This Moldavian dance, taught at Stockton Folk Dance Camp 2008 by Sonia Dion and Cristian Florescu, requires skill and agility. The small, fast, precise steps are enhanced with many crossing movements forward and back, danced in syncopated rhythm on the heel or ball of the foot. The dance performed by others is accessible also via Google and YouTube.

Music: CD: Sonia Dion and Cristian Florescu, Special Edition, Band 5.  
Video: Stockton Folk Dance Camp, 2008. 4/4 meter  
Dance rhythm(s): 1,&2,&3,&4& (q,s,s,q,s) in Figs. I & II;  
1,&2,&3,&4& (q,q,q,q,q,s) and 1,&2,&3&4& (q,q,q,q,s,s) in Fig. III.

Formation: Mixed circle, facing ctr with hands joined down in V-pos.

Steps: Knees are very loose in Fig I. Stamps are with weight unless otherwise noted.

Measures	4/4 meter	PATTERN
6x3/4	<u>INTRODUCTION.</u> (No action) Instr. cts 1-7; hold 8-9; instr. 10-16; hold 17-18.	
I.	<u>CROSSING FORWARD, LEFT AND RIGHT</u> (rhythm = q,s,s,q,s)	
1	Lift on L, raising R leg slightly fwd and hands to W-pos (ct 1); turning slightly CW, step R to R (cts &2); step L across R, foot pointed toward ctr (cts &3)); step R to R (ct &); turning to face ctr, touch ball of L in front of R (cts 4&).	
2-4	Repeat meas 1 with opp ftwk and direction; then repeat meas 1-2.	
II.	<u>STAMPING IN LOD</u> (rhythm = q,s,s,q,s)	
1	Turning ¼ CW to face LOD, lift on L, raising R fwd and swinging arms down to V-pos (ct 1); moving fwd in LOD, stamp R (cts &2), stamp L (cts &3); stamp R (ct &); stamp L (cts 4&).	
2-3	Repeat meas 1 twice (total of three).	
4	Stamp R, no weight (ct 1); stamp R and turn to face ctr (cts &2); step L across behind R (cts &3); step R to R (ct &); cross L slightly in front of R (cts 4&).	
III.	<u>"PAS DE BAS" AND TRAVEL</u> (rhythms = q,q,q,q,q,s and q,q,q,q,s,s)	
1	Facing ctr with hands joined in V-pos, step on R in place (ct 1); step L across R (ct &); step R in place (ct 2); step L slightly to L (ct &); step R across L (ct 3); step L in place (ct &); turning slightly to R, small leap onto R (cts 4&).	
2	L leg extended fwd, step on L heel across R with wt (ct 1); fall smoothly on R to R (ct &); rpt cts 1,& (cts 2,&); step L in front (cts 3&); step R in place (cts 4&).	
3-8	Repeat meas 1-2 with opp ftwk and direction; then repeat meas 1-4.	

Sequence: Repeat dance as written for a total of six times.

The 7th repeat ends with Fig II; on meas 4, ct 4&, close L to R.