

High Green Mountain

(Taiwan)

This dance is an arrangement by France Bourque-Moreau of traditional aboriginal Taiwanese steps which she observed on several trips there. The music used is a popular song in Taiwan. There are many similar dances called High Green Mountain. The movements depict the beauty of the surrounding mountains and it's dwellers. It was presented at the 2013 Salt Spring Island Folk Dance Festival as well as on several of the folk dance cruises offered by France and her husband Yves. It was most recently presented at the February 2015 Florida Folk Dance Council's Festival and National Folk Organization Conference in Orlando, Florida.

- Music: 2/4 meter High Green Mountain - available from event attendees
- Video: <http://www.youtube.com/watch?v=--q1eakqsWo>
- Formation: Individuals in a loose circle, all facing CCW with both arms raised straight up, elbows slightly bent. Dancers wear bracelets of bells at the wrists.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
8	<u>INTRODUCTION</u> No action.	
	I <u>WALKING</u>	
1-2	Facing LOD (CCW), step R fwd, leaning slightly to R (ct 1); flick wrists 180 degrees to ring wrist bells (ct 2). Repeat with opp ftwk.	
3-8	Repeat meas 1-2 three times, end facing ctr with arms down.	
	II <u>RIGHT & LEFT</u>	
1-4	Step R to R, swinging arms straight out at waist level (ct 1); close L to R, swinging arms straight down (ct 2). Repeat meas 1, ct 1 (ct 1); small hop on R with L lifted next to R, swinging arms straight down (ct 2). Repeat with opp ftwk.	
5-8	Repeat meas 1-4 ftwk. Arms: Starting with arms straight down, swing in a full circle starting to R (meas 5-6); swing in a full circle starting to L (meas 7-8).	
	III <u>IN & OUT</u>	
1-2	Walk 4 steps twd ctr, R, L, R, L (cts 1-2; 1-2)	
3-4	Bending knees, slap both hands on both knees (ct 1); straightening and raising arms high to R side, flick both wrists to ring bells (ct 2). Repeat to L side (cts 1-2).	
5	Repeat meas 3 (cts 1-2).	
6	With both arms straight up, flick wrists to ring bells (ct 1); with both arms to L side, flick wrists to ring bells (ct 2).	

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*VILLAGE DANCERS OF THE VALLEY. Beg. & Int. International, recreational, couple, & non-partner. 7:30-9:30 pm except June, July, Aug. Carnegie Arts Center, 250 N. Broadway, Turlock, CA. Contact: 209-480-0387, JudyKropp40@gmail.com

*NEVADA CITY FOLK DANCERS. Beg. & int. Balkan & international. Selected Fridays. 7:30 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-4650, dance7@sbcglobal.net. For schedule: davunterman@yahoo.com Party: 7:00 pm

SATURDAY

*DANCES OF THE WORLD PARTY. All Levels. Non-partner & partner. 3rd Sat. monthly except July & Aug. 7:30-10:30 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-923-1555, dancesong20@att.net

*KOLO KOALITION. PARTY. All Levels, Mostly Balkan, Non-partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall. 1400-27th St. at N, Sacramento. Contact: 916-739-6014, leonelli@cwo.com

*RENO INTERNATIONAL FOLK DANCE CO-OP PARTY. Beg. & Int. International, recreational, non-partner, couple. 1st Sat. monthly. 7-9:30 pm. Nevada Dance Academy, 1790 W. 4th (off Keystone), Reno. Contact: 775-677-2306, wigand@gbis.com

*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. Contra Dance. 2nd & 4th Sat. 7:30 pm. Coloma Community Center, 4623 T St., Sacramento. Contact: <http://sactocds.org>

SUNDAY

*DANCES OF THE WORLD. Beg. & Int. International line & couple. 2nd & 4th Sun. monthly except July & Aug. 3:00-6:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-570-3482, yvandance@surewest.net

*DAVIS INTERNATIONAL FOLKDANCERS. All levels. Mostly non-partner Balkan & International. 7:00-9:45 pm. Davis Art Center, 1919 F St., Davis. Contact: 530-758-0863 or linderholm@sbcglobal.net

*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. English Country Dance. 1st Sun. monthly. 2-5 pm. Masonic Hall, 235 Vernon St., Roseville. Contact: <http://sactocds.org>

EXHIBITION GROUPS. Contact the following, if interested, for further information.

BALLIAMO! Italian performing group. Saturdays, 9:30-11:30pm. Italian Center, 6821 Fair Oaks Blvd., Carmichael, 95608. Contact: 916-482-8674, bdbeckert@sbcglobal.net.

EL DORADO SCANDINAVIAN DANCERS. Contact: 916-536-9809 or 916-969-8904, d.r.herman@comcast.net
Website: www.folkdance.com/scandi/

TANCE EL DORADO. College-age cultural dance group. All levels. International. Contact: 530-306-9602 or 650-248-1539, tanceeldorado@gmail.com

VILLAGE DANCERS OF THE VALLEY. Scandinavian, couple. 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

<><> Note: Information is subject to change. Call contact numbers for current information. <><>

Other groups and classes

Rina Israeli Dance. Everyone is welcome. Thursdays, Beginners 10:00 am, Intermediates 11:00 am to 12:30 pm. Osher Marin Jewish Community Center, 200 N. San Pedro Road, San Rafael. For information call 415-444-8000.

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:00, 7:00—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

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7-8 Repeat meas 1-2 with same ftwk but moving bkwd away from ctr.

9-10 Repeat meas 3-4.

11 Bending knees, slap both hands on both knees twice (cts 1-2).

IV INDIVIDUAL CIRCLE

1-4 Repeat Fig 1, meas 1-4, walk 4 steps R, L, R, L, in small individual CCW circles, end facing LOD, with arms down.

5-6 Swing arms in a full circle starting to the R.

Dance repeats three times and ends with arms raised, making 3 flicks of the wrists to ring the bells.