**HIGH CAULED CAP (Cadhp an Cuil Aírd)**
(Irish)

Irish reel for four couples in a square formation. Presented at the 1951 Folk Dance Camp, Stockton California, by Una Kennedy.

**MUSIC:**
Any good reel or selection of reels.
Ref. 12, eg. Capitol 79-40203 "Rakes of Mallow."
Tin whistle music in Decca Album good: No. 12098 and others.

**FORMATION:**
Four couples in square formation: couple No. 1 with back to the music, couple No. 2 to the left of No. 1, couple No. 3 opposite No. 1, couple No. 4 to the right of No. 1.

**STEPS:**
Sidestep, promenade and swing. Promenade step used throughout unless otherwise stated.

<table>
<thead>
<tr>
<th>MUSIC 2/4</th>
<th>PATTERN</th>
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<tbody>
<tr>
<td>Measures</td>
<td></td>
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<tr>
<td>1-16</td>
<td>I. LEAD AROUND (Introduction)</td>
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<tr>
<td></td>
<td>Couples face CCW, join inside hands at shoulder height (M R, W L) and progress fwd CCW with 8 promenade steps. Drop hands, turn inwardly to face CW direction. Join inside hands (M L, W R) and return to place with 8 promenade steps.</td>
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<tr>
<td>1-4</td>
<td>II. THE BODY (Chorus)</td>
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<tr>
<td>a. Sides</td>
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<td>1-4</td>
<td>Couples join hands in promenade position*. 1st and 3rd couples sidestep to R to position of 4th and 2nd couples; at the same time 2nd and 4th couples sidestep L to position of 3rd and 1st couples respectively. (1st and 3rd couples pass in front of 2nd and 4th couples.)</td>
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<td>5-8</td>
<td>All sidestep again, same direction as before to next position. (2nd and 4th couples pass in front of 1st and 3rd.) All couples are now opposite their original position.</td>
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<tr>
<td>9-12</td>
<td>All sidestep again in the same direction to the next position. (1st and 3rd pass in front of 2nd and 4th).</td>
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<tr>
<td>13-16</td>
<td>All sidestep in same direction to original position in the square. (2nd and 4th pass in front of 1st and 3rd).</td>
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<td>NOTE: A change of weight must be made to continue to sidestep in the same direction.</td>
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<td>b. Double Quarter Chain</td>
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<td>1-16</td>
<td>Couples join R hands, make one turn CW to original positions. (Allemande R with partners**). M join L hand with W on L, make one turn CCW. (Allemande L with corner**). Couples again join R hands and turn CW once and a half. (Allemande R with partner; go once and a half around**).</td>
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<td>M now joins L hand with W on his R (not his partner), turn once CCW. (Allemande L with R hand lady**). Couples again join R hands, turn CW once and a half. (Allemande R with partner, go once and a half around**).</td>
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<td>NOTE: From the turn W move into the next fig. ie. &quot;Ladies Off&quot; without actually going back to their original positions.</td>
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<td>c. Ladies Off (Figure-eight)</td>
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<tr>
<td>1-8</td>
<td>Use promenade step throughout figure. All W face L, pass in front of partner then behind and around in front of M on L; continue fwd passing behind own partner to original position.</td>
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<tr>
<td>9-16</td>
<td>All W form RH star in center and turn CW (three-quarter turn), drop R hand and give LH to M on R of original position (corner); turn once CCW; join RH with partner and turn once CW to original position.</td>
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<tr>
<td></td>
<td>Gents Off (Figure-eight)</td>
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<tr>
<td>1-8</td>
<td>M repeat action of W, but move to R in front of partner, behind and around W on R, behind his own partner and back to original position.</td>
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</table>
HIGH CAULED CAP--Continued

MUSIC | PATTERN
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9-16 | M form RH star in center and move CW (three-quarter turn), drop R hand and give LH to W on R of his original partner; turn once CCW; join RH with partner and turn CW (one-half turn) to original position.

d. **Clap and Tramp**

1-2 | Standing in position, clap hands together: Clap (et. 1), clap (et. 2), clap (et. 1), clap (et. 8), clap (et. 2). Stamp lightly with RF in same rhythm as claps. (Stamp on meas 3 & 4).

3-4 | Partners change position with one side step; W passes in front of M.

9-12 | Repeat clap and tramp; action of measures 1-4 (d).

13-16 | Sidestep back to place; M passing in front of W.

III. **FIRST FIGURE**

1-8 | 1st couple face each other and join RH; sidestep toward 3rd couple and back to own place.

9-16 | Keeping RH joined turn partner once in place. 1st M takes LH of W on L (corner), makes one turn CCW while 1st W takes LH of M on R (corner) and makes one turn CW. Then 1st couple join RH and make one turn CW in place. Use promenade step on turns.

17-32 | 3rd couple repeat action of 1st couple; Fig. III, meas. 1-16.

33-48 | 2nd couple repeat action of 1st couple; Fig. III, meas. 1-16.

49-64 | 4th couple repeat action of 1st couple; Fig. III, meas. 1-16.

Repeat the action of Fig. II (The Body of the dance.)

IV. **SECOND FIGURE**

1-4 | Couples join inside hands at shoulder height.

1st couple advance to opposite couple (3rd couple); 3rd couple separate slightly and 1st couple pass between 3rd couple. As 1st couple passes through 3rd couple they join outside hands with 3rd couple (WR to MR and ML to WL), and turn opposite person into a RH star.

5-8 | All four make a RH star (use a cluster hand hold, elbows bent), and turn CW.

9-12 | Release hands in star formation and join RH with partner. 3rd couple make one turn CW in place; 1st couple at the same time make one turn CW while moving back towards original position.

13-16 | 1st and 3rd M move across the set, R shoulder leading slightly, give LH to opposite W and make one turn CCW. M again move across the set, L shoulder leading slightly, give RH to partner and make three-quarter turn CW to place.

17-24 | 1st and 3rd couples take “swing position”; M and W join L hands under joined R and beginning MR (WL), dance around each other with 8 promenade steps. Couples rotate CW while moving around the other couple CCW.

25-48 | 3rd couple repeat action of 1st couple; Fig. IV, meas. 1-24.

49-72 | 2nd couple repeat action of 1st couple; Fig. IV, meas. 1-24.

73-96 | 4th couple repeat action of 1st couple; Fig. IV, meas. 1-24.

Repeat the action of Fig. II (The Body of the dance).

V. **THIRD FIGURE** (Ladies Chain)

1-8 | 1st and 3rd W move to center, join RH, continue across to opposite M, give LH and make one turn CCW; W return to own partner (passing R shoulders), without rejoining hands; join RH with partner and make one turn CW in place.

9-16 | 1st and 3rd couples repeat action of Fig. IV, meas. 17-24.

17-32 | 2nd and 4th couples repeat action of 1st and 3rd couples, Fig. V, meas. 1-16.

Repeat the action of Fig. II (The Body of the dance). This repeat is left to the discretion of the dancers.

VI. **THE FINISH**

1-4 | All join hands in circle. Move toward the center with two promenade steps. Return to place with 2 promenade steps.

5-8 | Repeat the action of Fig. VI, meas. 1-4.

9-16 | Sidestep to R; sidestep to L.

17-24 | Repeat action of Fig. VI, meas. 1-8.

25-32 | Repeat action of Fig. VI, meas. 9-16.

VII. **LEAD AROUND**

Repeat action of Fig I, meas. 1-16.

**See American Square Dance terminology.