Glavniško Četvorno
(Bulgaria)

Glavniško Četvorno (GLAHV-nee-sh-koh chet-VOH-noh) is a line dance from the village of Glavnica in the Pazardžik region (Western Thrace), Bulgaria. "Četvorno" means "in four." There are many "Četvornos", but this one seems not to be related to any other, according to Yves Moreau who presented the dance at the 1987 University of the Pacific Folk Dance Camp. An interesting feature of the dance is the alternating meters – 16 measures of 2/4 followed by 12 measures of 7/16.

RECORD: Bulgar Dance 002 (45 rpm) 2/4 and 7/16 meter
CASSETTE: Y. Moreau Tape UOP YM-87
RHYTHM: 2/4 - 1, 2. 7/16 - 2/16, 2/16, 3/16 notated here as cts 1, 2, 3.
FORMATION: Circle, or short lines. Grasp neighbor's belt toward the front, L arm over neighbor's R arm. Can also use "V" pos.
STYLING: Fig I is done with fairly heavy steps, knees rather wide apart and slightly bent; Fig II is bouncy and light.

MUSIC 2/4 and 7/16 meter PATTERN

Measures 2/4 and 7/16 meter

7/16
6 meas INTRODUCTION No action.

2/4
1. TRAVEL SIDeward IN LOD AND RLOD

A 1 Facing ctr, step on R to R (ct 1); step on L behind R (ct 2).
2 Step on R to R (ct 1); step on L across in front of R (ct 2).
3 Repeat meas 1.
4 Step on R to R (ct 1); hop on R in place, bringing L leg up in front of R shin, knee bent (ct 2).
5-8 Repeat meas 1-4 with opp ftwk and direction.
9-16 Repeat meas 1-8.
NOTE: It is fun to do a stamp with the stepping ft on the "uh" ct preceding ct 1 of meas 1, 5, 9, or 12 – but don't overdo it!

7/16
II. FORWARD AND BACK

B 1 Facing ctr and moving fwd, hop twice on L ft, touching R heel in front of L (cts 1, 2); step fwd on R with emphasis, bending R knee (ct 3).
2 Repeat meas 1 with opp ftwk.
3 Repeat meas 1 bending fwd at waist and raising L knee high in front on ct 3.
4-6 Straightening up, move bkwd, stepping L, R, L; R, L, R; L, R, L (cts 1, 2, 3 in each meas).
7-12 Repeat meas 1-6.

DANCE SEQUENCE: Repeat dance from beginning. Dance is done 4 times.

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