

Gel Bare

(Eastern Anatolia, Turkey)

Gel Bare (GEHL bah-REH) means “come close.” The movements in this dance are based on Kurdish and Turkish dancing from Eastern Turkey. It was arranged by Ahmet Lüleci for this music. He heard the music while teaching in Germany at a Halay Gathering where many Kurdish and Turkish people were doing basic steps from their areas in Eastern Turkey. Ahmet Lüleci presented this dance at the 2020 Stockton Virtual Folk Dance Camp.

Music: 4/4 Meter CD: *Turkish Dances*, CD #11 available at luleci.com

Video: 2020 SVFDC Downloads. To view, contact someone who received access to the downloads.

Formation: Open mixed circle, facing center, arms in a W-pos.

Steps & Styling: The leader, who calls the figures of the dance, is on the right end of the line. It can be done with only Figures I and II, or it can include Figure III.

Meas	4/4 meter	PATTERN
8 meas	INTRODUCTION. No action.	
	I. FIGURE I.	
1	<i>Two triplets starting with the heel.</i> Moving diag R, step R heel fwd (ct 1); two steps fwd (cts &, 2); step on L heel fwd (ct 3); two steps fwd (cts &, 4). Arms remain in W-pos, bouncing slightly throughout.	
2	<i>Backing up, arms swing fwd and back with kicking ft.</i> Touch R heel in front of L (ct 1); step R to ctr, swinging arms down and back (ct 2); kick L fwd, swinging arms fwd (ct 3); swing L back, swinging arms back (ct 4).	
3	Step L back, swinging arms fwd (ct 1); move R back, swinging arms back (ct 2); step R back, swinging arms fwd (ct 3); move L back, swinging arms back (ct 4).	
4	Repeat meas 3, cts 1-2; stamp R heel in place, swinging arms up to W-pos (cts 3-4).	
	II. FIGURE II.	
1	<i>Walk four steps.</i> Facing ctr, standing close together with arms at sides, step R to R, (ct 1); step L in front of R (ct 2); repeat cts 1-2) (cts 3-4).	
2	<i>Step-touch-step.</i> Step R to R, bringing arms up (cts 1-2); touch L heel next to R toe (ct 3); step L next to R, bringing arms back down close to sides (ct 4).	
	FIGURE III.	
1	<i>Hop-step-step, jump-hop.</i> Facing ctr, moving R, arms in W-pos, hop on L (ct 1); step R to R (ct &); step L (ct 2); jump on both (ct 3); hop on R, lifting L (ct 4).	
2	<i>Heel-step, hop-step-step.</i> Touch L heel fwd (ct 1); step L to L, swinging arms down and back (ct 2); hop on L, swinging arms fwd (ct 3); step R to L, swinging arms back (ct &); step L to L, swinging arms fwd (ct 4); swing arms back (ct &).	
3	<i>Hop-step-step, kick, lift.</i> Hop on L, swinging arms fwd (ct 1); step R to L, swinging arms back (ct &); step L to L, swinging arms fwd (ct 2); kick R fwd, swinging arms up to W-pos (ct 3); lift R back while facing R (ct 4).	

Sequence: Leader called. Optional sequence for three figures: Fig I, Fig II, Fig III, Fig II, Fig I.