

**FRISS MAGYAR CSÁRDÁS**

(Hungary)

Friss Magyar Csárdás (Freesh MAW-dyawr CHAHR-dahsh) was presented to California dancers in 1970 by Csaba Pálfi of Budapest, Hungary. Mr. Pálfi is a founding member of the Hungarian State Folklore Ensemble, and for 15 years was leading solo dancer in this professional group. He has his degree in Ethnography from Budapest University and had just completed his doctoral thesis in the same field prior to his nine-month teaching-lecture-demonstration tour of Australia, Canada, and the United States in 1969-70. Frizz Magyar Csárdás is a "fast" (Friss) Hungarian couple csárdás.

MUSIC: Record: Folkraft LP-28, side A, band 2 (1:55); gypsy orchestra.

FORMATION: Cpls standing at random on the floor. Shoulder-waist pos. R ft free.

STEPS AND STYLING: Double Csárdás Step (R): Facing ptr, move sdwd; step on R to R side (ct 1), close L to R (ct 2), step on R to R side (ct 3), close L to R, no wt (ct 4). M lifts heel up in back with a flick on (ct 4). W lifts heel slightly.

Open Rida Step (L): A small step sdwd to the L on the ball of the L ft, knee straight (ct 1); with knee bend, step R across in front of L ft (ct 2).

Closed Rida: Step on R ft across in front of L with small knee bend (ct 1). Step on L to L side (ct 2).

Cifra Step: A small leap sdwd R on R ft (ct 1), step on L beside R (ct &), step on R in place, bending knee slightly (ct 2). Repeat action with opp ftwk and directions (cts 3, &, 4). Cifra (pronounced tsee-fraw) means "ornamental" or "showy" and refers to almost any three quick steps in succession (ct 1, &, 2).

Libegös Step (R) : Keeping ft and knees together, pivot on balls of both ft turning slightly R (heels move to L), bending knees and lowering heels (ct 1), pivot on balls of both ft turning to face ctr, raising heels and straightening knees (ct 2). Repeat action but turn twds L (heels move to R) for (cts 3, 4).

Turn Pos: M shifts W from shoulder-waist pos to side turn pos by turning 1/2 ~~CCW~~ and placing his L hand on W upper arm. R hip is twd ptr R hip. Cpl stand about 10" apart.

NOTE: In Hungarian shoulder-waist pos M places his hands just below the shoulder blades of W. NOT at waist line.

MUSIC 4/4

PATTERN

Measures

2 Meas INTRODUCTION: No actionI. DOUBLE CSÁRDÁS

1 Begin R, dance 1 Double Csárdás Step - with hands on W waist M turns W very slightly L (ct 1), R (ct 2), L (ct 3), pause (ct 4).

2-8 Repeat action of meas 1 (Fig I) 7 times alternating direction and ftwork.

9-12 In turn pos, 16 light running steps bkwd (CCW). Begin R ft.

13-16 In shoulder-waist pos, 4 Double Csárdás Steps.  
On meas 16, ct 4, take wt on R.II. OPEN RIDA

1-4 In turn pos, 6 Open Rida Steps (L) turning CW (cts 1-12). Change to shoulder waist pos, 2 Cifra Steps (L, R) (cts 13-16).

5-16 Repeat action of meas 1-4 (Fig II) 3 times.

Variation for meas 9-12

9-12 Join both hands. Begin L, dance 8 Cifra Steps.

FRISS MAGYAR CSÁRDÁS (continued)

III. WALK, LIBEGŐS STEPS, RUNNING (happy melody)

- 1-2 Turn pos. Begin L, 4 slow walking steps ( d d d d ), turning CW. (2 steps per meas)
- 3-4 Change to shoulder-waist pos. Begin R, 4 Libegős Steps.
- 5-6 Change to Turn Pos. Begin L. Turn CW, 6 small running steps (cts 1-6). Jump on both ft together, turning individually slightly R changing ptr so that L hips are adjacent (cts 7-8).
- 7-8 Repeat action of meas 5-6 (Fig III) reversing pos, direction and ftwork. NOTE: 3 Open Rida Steps may be used in place of 6 small running steps in both meas 5-6 and 7-8.
- 9-12 In turn pos. Turn CCW with 15 very small running steps bkwd. Begin R. Hold on meas 12 (ct 4).
- 13-36 Repeat action of meas 1-12 (Fig III) 2 times. On last repeat do 16 small running steps bkwd with NO pause.

IV. CLOSED RIDA STEPS TURNING

- 1-4 In Turn pos. Turn CW with 8 closed Rida Steps (R). W take 6 Rida Steps (R). On the 7th and 8th steps W turn CW in place while M moves CW around her.
- 5-24 Repeat action of meas 1-4 (Fig IV) 5 times. At end of last repeat do not take shoulder-waist pos but join inside hands and acknowledge ptr. Outside hands on hips, fingers fwd.