

## Dunántuli Ugrós (Hungary)

Dunántuli Ugrós (DOO-nahn-too-lee OO-grohsh) translates as *jumping dance from Dunántul* (Western Hungary). In its original form the dancers follow the improvisation of the leader and during the dance the couples move inside the circle and improvise. In 1982 Sándor and Erzsébet Timár introduced the dance to America. Kálmán and Judith Magyar presented the dance at the University of the Pacific Stockton Folk Dance Camp that same year. The following is a progressive arrangement made for recreational dancing and was presented by István Szabó (Kovacs) at the University of the Pacific Stockton Folk Dance Camp in 1995 and at the Mendocino Folklore Camp in 1996.

Cassette: Szábo, Hungarian Dances no.3 Side B/1. 2/4 meter  
(See note at end of description.)

Formation: Closed circle of couples facing ctr, W on M R. Hands on hips, fingers fwd.

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Measures	2/4 meter	PATTERN
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### I. SINGLE CSÁRDÁS STEPS WITH CLAPS

- 1-2 Introduction. No action.
- 3 Dance a Single Csárdás step: Step on R ft to R side, turning torso slightly CCW to bring R shldr and hip a little fwd (ct 1); close L ft to R ft, no wt (ct 2).
- 4 Repeat meas 3 with opp ftwk and direction. Turn torso slightly CW to bring L shldr and hip a little fwd.
- 5 At about chest level, clap hands twice (cts 1,2).
- 6 Clap hands 3 times (cts 1,&,2).
- 7-10 Dance 4 Single Csárdás steps beg R.
- 11-12 Repeat meas 5-6 (claps). On last ct & of meas 6, swing lower L leg (knee bent) out to L side. Join hands in the circle in V-pos.

### II. LENGETŐ (Leg Swinging Step)

- 1 Hop on R ft while swinging L lower leg across in front of R leg (ct 2); hop on R ft while swinging L lower leg to L (ct 2).
- 2 Step on L ft in place (ct 1); step on R next to L (ct &); step on L ft in place (ct 2); swing R lower leg out to R (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk.
- 5-6 Repeat meas 1-2, omitting the last swing of the R leg (last ct &). At end, raise joined hands into W-pos.

III. KIS UGRÓS (Dunátul Grapevine)

- 1 With hands in W-pos, step on R ft diag twd L ctr (body turns with leg) (ct 1); step on L ft next to R ft to face ctr (ct 2).
- 2 Step diag L bkwd onto R ft to face a little R of ctr (ct 1); step onto L next to R to face ctr (ct 2).
- 3-6 Repeat meas 1-2 twice.
- 7-11 Repeat meas 1-5.
- 12 Stepping R,L (cts 1,2) release hands in the circle and turn to face ptr. Join R hands with ptr a little above waist level, L hands on hips with fingers fwd. Dancers are still in a single circle.

IV. PROGRESSION

- 1 With 2 running steps R,L (cts 1,2) pass ptr by R shldr to change places. End facing ptr with R hands still joined.
- 2 With ft together, bounce on both heels 3 times (cts 1,&,2).
- 3-4 Repeat meas 1-2, changing places again.
- 5-6 Repeat meas 1-2 to change places a third time and reform circle. M must turn an extra 1/4 turn twd ctr to reform circle. M has progressed one person to R.

SEQUENCE: Dance pattern as written four times. On the repeats, dance 2 Single Csárdás steps beg R on meas 1-2 of Fig I.

Note: The cassette band Side B/1 begins with 24 measures of music (6 instrumental and 18 of vocal) that is not phrased to fit the dance. Rather than wait for this music to be over, most groups make a cassette tape that begins with meas 25. The first 24 measures should not be used to accompany the dance.