

Devochka Nadya (Russia)

Devochka Nadya (DYEH-vohch-kah NAH-dyah) is an example of a typical city dance of the first half of the 20th century. The title translates as "A Girl Named Nadya." The dance is known in many parts of Central Russia. The melody is familiar to many American folk dancers. Olga Zolotova introduced the dance at the winter Dance Camp in Moscow in 1991. Henny Konings taught it at the 1994 University of the Pacific Folk Dance Camp at Stockton, CA.

Cassette: Russian Dances Stockton 1994 Side A/6. 4/4 meter

Formation: Couples in a circle facing LOD (CCW), W to R of ptr. Inside hands joined; outside hands free at sides.

Footwork is given for M; W use opp ftwk.

Measures	4/4 meter	PATTERN
----------	-----------	---------

4 meas INTRODUCTION No action.

I. WALK, BALANCE, TURN ALONE

- 1 Beg L, walk 3 steps fwd in LOD, turning back to back with ptr (cts 1,2,3); stamp R ft near L (no wt) (ct 4). Joined hands swing fwd at chest level as the free hand (ML, WR) moves at about chest level in an arc fwd and out to the side of the body.
- 2 Still moving in LOD, repeat meas 1 with opp ftwk and retracing hand movements. End facing ptr (M back to ctr) with both hands joined (R with L) and arms held out to sides at chest level.
- 3 Balance with ptr: Small leap sdwd in LOD onto L, tilting upper body sdwd in RLOD and raising joined fwd hands (ML,WR)(ct 1); step on R ft beside L (ct &); step on R in place (ct 2); repeat cts 1,&,2 sdwd in RLOD with opp ftwk and tilting body sdwd in LOD (cts 3,&,4).
- 4 Releasing hands, circle once CCW (W CW) with 4 steps beg L. Hands are free at sides. At end rejoin inside hands and face LOD.
- 5-8 Repeat meas 1-4. End facing LOD with inside hands joined at about chest level. M place L hand at small of back, palm out; W hold R arm a little out to side with elbow bent, hand bent back at wrist.

II. WALK IN LOD, TURN WITH PARTNER

- 1 Beg L, walk 3 steps fwd in LOD (cts 1,2,3); bending R knee, tap R toe on the floor in back (ct &); hop on L, lifting the R heel up (ct 4). Glance over R shldr at tapping ft.
- 2 Continuing in LOD, repeat meas 1 with opp ftwk. The glance at the tapping ft may be omitted.

Devochka Nadya pg 2

3-4 Join R elbows with ptr and then extend R arm behind ptr to place back of hand on the small of ptr back. Hold L arm a little out to side with elbow bent, hand bent back at wrist. Beg L, turn once CW with 6 steps. Release elbows and with 2 more steps M dance in place facing LOD as W turns CW to face LOD.

5-8 Repeat meas 1-4.

SEQUENCE: Dance pattern as written until music ends. As dance progresses, the music becomes faster so the steps need to be adjusted.