

## De-a Lungul

(Romania)

De-a Lungul (DEH-ah LOON-gool) means "along the line," yet it is a couple dance that traditionally opens a suite of dances at the Sunday Hora, due possibly to its slow, stately formal character. Sunni Bloland saw the dance done by mature married couples during a Market Day in Tirgu Mures, in central Transylvania. The youth of a nearby village, Hodoc, explained that they do the dance, but only when it is "led" by elders. It seems, at least in that village, De-a Lungul is the province of one age group now-adays, although that was not the case in the past. The following description is as the dance was taught by Sunni at the 1977 Folk Dance Camp at the University of the Pacific, Stockton, California.

MUSIC: Record: Roemeense Volkdansen (L P) Nevofoon 12153 S 2, B 5  
3/4 meter

FORMATION: Cpls, random spaced, facing LOD, W to M R; inside hands joined and held down in "V" pos, outside hands hang naturally at sides.

STEPS and STYLING Walk\*, jump\*, leap\*, pivot\* In Romania, W typically pivot on heels. Rock: Step, bending knee and body. Other ft remains in place. Close: Place full ft (no wt) beside supporting ft. Dance in a stately manner.

\*Described in volume "Steps and Styling" published by Folk Dance Federation of California, Inc., 1375 "A" St., Room 111, Hayward, CA 94541

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MUSIC 3/4

PATTERN

Measures

### INTRODUCTION "Plimbre"

1-8 Beg M-L, W-R, walk 24 steps in LOD. Joined hands (M-R, W-L) in "V" pos swing gently (ptrs very slightly face-to-face, back-to-back); outside hands naturally at sides. Finish facing ptr, ft together, shldr parallel, joined inside hands in "W" pos.

#### I. INSIDE HANDS JOINED

1 M: Rock sdwd on L ft twd LOD (R ft in place), bring joined inside hands down in an arc as body leans sdwd in LOD (ct 1); step sdwd R on R, straighten body and bring joined hands to "W" pos (ct 2); close L ft to R, no wt (ct 3).

2 Turn to face LOD and step fwd on L, bringing joined hands down to "V" pos (ct 1); step fwd on R, bringing joined hands fwd and up to retrace the arc as ptrs turn to face each other (ct 2); step sdwd L in LOD and assume closed pos, but facing RLOD with M-R, W-L joined hands extended RLOD (ct 3).

3 Rock sdwd R on R (ct 1); rock sdwd L on L (ct 2); close R to L, no wt (ct 3).

4 Step R, L in RLOD, angling slightly away from ptr (cts 1, 2); step fwd on R, pivoting CCW to face ptr, inside arms in "W" pos, and close L ft to R, no wt (ct 3).

5-8 Repeat action of meas 1-4, but finish in Varsouvienne pos, facing LOD (meas 8, ct 3).

1-8 W: Dance counterpart as described for M, but take wt on last step on R (meas 8, ct 3) to free L ft for next pattern.

#### II. VARSOUVIENNE POSITION - BOTH HANDS JOINED

1 M: Step fwd on L, bending knee (ct 1); step bkwd in place on R (ct 2); close L to R, no wt (ct 3).

2 Step fwd L, R, L in LOD (cts 1, 2, 3).

3 Step on R to R (ct 1); step on L in front of R (ct 2); step on R across in front of L (ct 3).

- 4 Step diag L bkwd on L (ct 1); step diag R bkwd on R (ct 2); close L to R, no wt (ct 3). M remains facing LOD as he moves out of W way and leads her CCW around himself, holding both hands.
- 1-2 W: Dance action as described for M in meas 1-2 (Fig II).
- 3 Keep both hands joined, walk R, L, R to circle M CCW (cts 1, 2, 3).
- 4 Step L twd M R side (ct 1); step on R, pivoting CCW in place to finish in orig pos at M R (ct 2); close L to R, no wt (ct 3).
- 5-8 M and W: Repeat action of meas 1-4 (Fig II).

III. LEFT HANDS JOINED

- 1-8 M and W: Repeat action of Fig II, meas 1-8, except that only L hands are joined as W circles M CCW.

IV. RIGHT HAND JOINED

- 1-2 M: Repeat action of Fig II, meas 1-2.
- 3 Release L hands. Step sdwd R on R (ct 1); step L in front of R (ct 2); step bkwd on R (ct 3).
- 4 Step sdwd L on L (ct 1); step fwd on R (ct 2); close L to R, no wt (ct 3). M remain facing LOD as he leads W CW around himself.
- 1-2 W: Repeat action of Fig II, meas 1-2.
- 3 Release L hands and walk R, L, R to circle M CW (cts 1, 2, 3).
- 4 Step on L to be in front of M (ct 1); step on R, pivoting CW into place at M R side (ct 2); close L to R, no wt, to finish facing LOD in Varsouvienne pos (ct 3).
- 5-8 M and W: Repeat action of meas 1-4 (Fig IV).

V. MAN'S PONT (Slap)

- 1 M: Step fwd on L, bending knee (ct 1); step bkwd on R (ct 2); step on L beside R (ct 3).
- 2 Release R hands. Step sdwd R on R (ct 1); step on L in front of R (ct 2); close L to R, no wt (ct 3).
- 3 Bend knees in preparation (plié) (ct 1); hop on L extending R leg fwd and slap R boot top with R palm (ct 2); hold, slightly lowering R leg (ct 3); small leap sdwd R on R (ct &).
- 4 Step sdwd L on L (ct 1); step R in front of L (ct 2); close L to R, no wt (ct 3).  
M lead W across to his L side on meas 2; then across to his R side, turning her CCW under their joined L hands to Varsouvienne pos on meas 4.
- 1 W: Dance action as described for M in meas 1 (Fig V).
- 2 Release R hands. Walk R, L, R across in front of M to stand at his L side facing RLOD (cts 1, 2, 3).
- 3 Stand in place, giving M support with L hand (cts 1, 2, 3).
- 4 Step L, R to walk across in front of M to his R side and turn 1/2 CCW under joined L hands to face fwd in LOD (cts 1, 2); close L to R, no wt, in Varsouvienne pos (ct 3).
- 5-8 M and W: Repeat action of meas 1-4 (Fig V).

VI. WOMAN TURNS ("Pirouettes"), MAN PONT

- 1 M: Repeat action of Fig I, meas 1.

- 2 Release R hands, step bkwd on L (ct 1); step R beside L (ct 2); large step fwd on L (ct 3).
- 3 Raise extended R leg fwd, slap R boot top with R palm (ct 1); step bkwd on R, snap fingers of R hand (ct 2); step bkwd on L, snap fingers of R hand (ct 3).
- 4 Step on R fwd across in front of L (ct 1); step L diag fwd L (ct 2); step R beside L and resume Varsouvienne pos (ct 3).
- 1 W: Repeat action of Fig II, meas 1.
- 2 Release R hands. Step L, pivot on R heel, turning 1 1/2 (or 2 1/2) times CCW under joined L hands to finish at M L side, facing RLOD (cts 1, 2); close L to R, no wt (ct 3).
- 3 Stand in place, no action.
- 4 Step L, pivot on R heel, turning 1 1/2 times CCW under joined L hands to finish at M R side facing LOD (cts 1, 2); close L to R, no wt, and resume Varsouvienne pos (ct 3).
- 5-8 M and W: Repeat action of meas 1-4 (Fig VI).

VII. MAN JUMP-CLICK

- 1 Repeat action of Fig II, meas 1.
- 2 Step fwd L, R (cts 1, 2); step fwd on L pivoting 1/2 CW in place to face RLOD, hands still joined, W to M L (ct &); step on R beside L (ct 3).
- 3 Jump 2 small, low jumps in place, ft together (cts 1, &); small jump with ft apart and knees bent (ct 2); jump in air, clicking heels together (ct &); land both ft together (ct 3).
- 4 Step fwd in RLOD, L, R (ct 1, 2); pivot 1/2 CCW in place, keeping hands joined, W to M R (ct &); step R beside L (ct 3).
- 1-2 W: Dance action as described for M, meas 1-2 (Fig VII).
- 3 Stand in place, no action.
- 4 Dance action as described for M, meas 4 (Fig VII).
- 5-8 M and W: Repeat action of meas 1-4 (Fig VII). On ct 3 of meas 8, join M-R, W-L hands in "W" pos, facing ptr, to repeat action of Fig I.
- 16 meas Repeat action of Fig I, meas 1-4, four more times.