COLUMBINE MAZURKA
(Polish-American)

Columbine Mazurka was first presented by the Palomanians at the Federation Festival in San Jose, December 1952. The choreography was by Roy Zellick, director of the group. The dance was taught by Jane Molinari at the Statewide Institute in San Francisco, May 1958.

MUSIC:  
Record: London R10062 - “Columbine Mazurka”  
Record: National 4002-B - “Columbine Mazurka”

FORMATION: Cpls in Varsouviene Position*, facing CCW. Keep hands high.

STEPS & STYLING:  
Waltz*, Mazurka*, Leap*, Hop*

SWING MAZURKA: Step fwd on R (ct 1); hop on R and swing L leg bwd with heel out, knee turned in and leg almost straight (ct 2); hop on L and swing L leg fwd, toe well turned out, knee out and leg almost straight (ct 3). May also begin with step on L.

STEP-HOP-STEP: Step fwd on R (ct 1); hop on R and raise L ft high, in front of R knee with L knee up (ct 2); step fwd on L (ct 3).

HEEL-CLICK: Step s’dwd to L on L (ct 1); close R to L (ct 2); hop on R and click heels, both ft off floor, legs straight (ct 3).

TOE-HEEL-SWING: Hop on L and touch R toe slightly diag fwd on floor, heel up and knee turned in (ct 1); hop on L and touch R heel diag fwd (in same place) toe up and knee turned out (ct 2); hop on L and swing R ft in front of L knee, R knee turned out and R toe pointing dwd (ct 3). Next step starts with hop on R.

3 STAMPS: On indicated ft. (cts 1, 2, 3). The first stamp is a slight leap. Unless otherwise described, on the stamps the free hands are brought to hips in a circular motion to finish palms out, fingers pointing back.

Dancers should have a proud bearing. In Varsouviene pos, hands are high, W elbows shoulder height. Show interest in partner.

* Described in “Folk Dances From Near and Far,” Vols I-VIII.

MUSIC 3/4

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<td>BOTH BEGINNING L, MOVE FWD (CCW) WITH 7 WALTZ STEPS.</td>
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<td>M STAMP RLR IN PLACE WHILE W MAKES 1 TURN R (CW) WITH 3 STEPS, RLR. RESUME VARSOUVIERNE POS.</td>
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Both beginning L, L shoulder leading, dance LOD (CCW) with 3 mazurka steps.
M: With back to ctr, 3 stamps - LRL. Take no wt on last stamp.
W: Make 1/2 turn R (CW) to face M, stepping LRL.
Ptrs facing, arms extended about shoulder height, both hands palm to palm with ptr's hands. Beginning ML-WR, move LOD with 3 mazurka steps.
Facing ptr, M take 3 stamps - LRL. W step lightly RL.

II. SWING MAZURKA CW
1-3 Ptrs join R hands, arms extended, R shoulder twd ptr. Both beginning R (inside ft), circle once CW with 3 swing mazurka steps.
4 M: Jump to stride pos (ct 1); hop on L and swing R ft fwd (leg straight) and clap L up, R down, (ct 2); hold (ct 3).
W: Face ptr with 3 stamps - LRL.
5-16 Repeat action of meas 1-4 three times (4 in all), except that on meas 16 M stamps RLR to face ptr. M back to ctr.

III. FACE TO FACE AND BACK TO BACK
Ptrs almost facing with trailing arms (MR-WL) held high in arc, hands joined. Free hand (ML-WR) on hip, palm out.
1-3 Dance LOD with 3 mazurka steps.
4 3 stamps, M-LRL, W-RLR, as both make 1/2 turn (ML-WR) to finish back to back.
5-7 With trailing arms high (ML-WR), hands not joined, continue LOD with 3 mazurka steps.
MR-WL on hip.
8 With 3 stamps (RLR) M turn R (CW) to face ptr and assume assume Varsouvienne pos, while W steps LR in place. Both back to ctr.

With L shoulder leading, continue LOD with 3 mazurka steps.
12 M take 3 stamps in place (LRL), while W steps LRL making 1/2 turn R to face ptr.
13-15 Repeat action of meas 1-3 (Fig III).
16 With 3 stamps (M-LRL, W-RLR) both face LOD, ptrs side by side. Extend inside arms (MR-WL) fwd, with W forearm resting on M, hands joined; ML-WR on hip, in preparation for next Fig.

IV. SWING MAZURKA AND WALTZ
1-3 Beginning with step on R, dance LOD with 3 swing mazurka steps.
4 Hop on R and touch L toe across in front (ct 1); jump to stride pos (ct 2); jump heels together (ct 3), wt on both ft.
5-7 Face ptr and place R hand on ptr's upper arm, arms parallel to floor. Both beginning R, circle once CW with 3 accented waltz steps.
8 With 3 stamps (LRL) face LOD and assume pos for swing mazurka.
9-16 Repeat action of meas 1-8 (Fig IV), except that on meas 16 finish facing ptr, hands on own hips.

V. STEP-HOP AND HEEL-CLOCK
1-4 In Hungarian pos*, R arm at ptr's waist and L arm high, turn once CW with 3 step-hop-steps. Finish with 3 stamps (RLR) hands on hips, M back to ctr, W facing ptr. W take no wt on last stamp.
5-8 M: With R arm high, move LOD with 3 high heel-clicks. Finish with 3 stamps (LRL).
W: Move LOD, parallel to M, with 3 accented waltz steps, thusly: On first waltz turn 1/2 R (back twd ptr); on second waltz turn 1/2 L to face ptr; on third waltz turn 1/2 R (back twd ptr). Face ptr with 3 stamps (LRL), bringing hands to hips.
9-12 Repeat action of meas 1-4 (Fig V).

13-16 **M:** Move LOD with 3 heel-clicks. Finish with 2 stamps (RL) to face LOD, sweeping R arm low in bow.

**W:** Move LOD (parallel to M) with 2 accented waltz steps (back twd ptr, face twd ptr). On last 6 cts, with 6 steps turn 1 1/4 turns CW while moving LOD to finish in single circle in front of M, facing him.

**VI. TOE-HEEL-SWING**

Ptrs in single circle, M facing LOD, W in front of M with her back twd LOD. Both with hands on hips.

1-3 Both beginning with hop on L, move LOD (M fwd, W bwd) with 3 toe-heel-swing steps.

4 Jump to stride pos, knees bent (ct 1); both pivot to own R on R (ct 2); step L beside R (ct 3).

5-16 Repeat action of meas 1-4 (Fig VI) 3 times (4 in all), except that on meas 16 the pivot is omitted. M stamp in place RLR while W steps RLR, turning 1/2 CW to place herself beside M, both facing LOD. Inside hands joined as in Fig III, meas 16.

**INTERLUDE**

1 Both low leap to L (ct 1); step R back of L (ct 2); step L beside R (ct 3).

2 Beginning R, repeat action of meas 1 (Interlude).

3 Repeat action of meas 1 (Interlude).

4 Stamp RLR to face ptr. W take no wt on last stamp.

**VII. MAZURKA AND SWING MAZURKA**

1-3 Facing ptr with trailing arms (MR-WL) high, hands joined, move LOD with 3 mazurka steps.

4 Inside hands joined (W forearm on M) with 3 stamps face LOD. W take no wt on last stamp.

5-7 Beginning with step on R, continue fwd LOD with 3 swing mazurka steps.

8 With 3 stamps (LRL) to face ptr, swing joined hands bwd into arc. M take no wt on last stamp.

9-15 Repeat action of meas 1-7 (Fig VII).

16-18 Continuing with 3 swing mazurkas, M turn L (CCW) almost in place while he leads W (CCW) around him. Release ptr and place hands on hips.

19-20 **MAN:** Turn L (CW) with 3 slow steps (2 cts for each step), making 1 complete turn to finish facing ptr.

21 Jump to stride pos (ct 1); hold (ct 2); jump heels together (ct 3).

22 Clap vertically (L up, R down) and drop onto R knee (ct 1). Hold pose to end of chord, L arm high, R arm down and backward.

19-21 **WOMAN:** Beginning R, with 9 steps turn CW, making 2 1/2 turns moving away from ptr to outside circle. Finish facing ptr.

22 Pose, L ft pointed, R arm high.