cherish the ladies is a couple dance that was taught by maureen hall at the 1976 marin institute in mill valley. it is a "set" dance, which means that the dance was composed to a particular tune. Mrs. Hall, originally from ireland, has been in Irish dancing for many years. she is an examiner, an adjudicator and a teacher of Irish dancing.


formation: Cpls in closed pos at random on the floor, M with back to ctr of the room.

steps and styling: Walk*, "Threes": Leap onto L (ct 1); step on R (ct 3); step on L (ct 4). Step alternates.

buzz step: Step fwd on R, bending knee (ct 1); step on ball of L ft near R heel, straightening knee (ct 3); repeat exactly (cts 4, 6).

note: All Irish dance steps are done on the balls of the feet, in a relaxed, easy manner.

*described in volumes of folk dances from near and far, published by the folk dance federation of california, Inc.

III. TURN ACROSS

Face ptr, join R hands, raised in front, elbows bent. With L hand hold ptr R elbow.

1-8 both beg R, dance 16 buzz steps turning CW on the spot.
IV. TURNING CW, PROGRESSING LOD

1-8 Take closed pos. Beg ML-WR, dance 8 "threes" turning CW and progressing LOD (CCW).
Repeat dance from the beginning.