

Bufčansko

Macedonia (south)

Bufčansko (BOOF-chahn-skoh) is a traditional women's dance from the town of Buf, near Bitola in the south of Former Yugoslav Macedonia. Now the dance is regularly danced in mixed lines. It was taught by Dennis Boxell at Stockton Folk Dance Camp '64; by Atanas Kolarovski at Kolo Festival '64 and Stockton Folk Dance Camp '68; by the Linscotts at Mendocino Folklore Camp '84; and by Boris Ilievski (KETE) at Mendocino Folklore Camp '88. This description is based on notes by KETE and by Dennis Boxell and Rickey Holden.

Music: Records: Folkraft LP-15, Side B/2; Folkraft 1464 (45), Side B; 2/4 meter
Macedonian Folk Dances (Pece Atanasovski), Olympic 6156, Side A/2.
Cassette: KETE, Mendocino Folklore Camp 1988, Side A/8.

Formation: Open circle of dancers facing center in W-pos, leader on right.

Styling: Women dance with grace and femininity.

| Meas | 2/4 meter | Pattern |
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INTRODUCTION. None. Leader begins with any (4-meas) musical phrase.

I. BACKWARD AND FORWARD IN LOD (A melody)

- 1 Facing ctr, step back onto L (ct 1); pivoting to face slightly R of ctr, step on R beside L (ct &); step fwd on L (ct 2); swing R ft around and pivot on ball of L ft to face diag L of ctr (ct &).
- 2 Moving in LOD, step back on R (ct 1); step back on L (ct &); step back on R (ct 2); swing L leg around in a small CW arc, pivoting on R to face diag R of ctr (ct &).
- 3 Moving in LOD step fwd L,R,L (cts 1,&,2); pivot CCW on L to face ctr (ct &).
- 4 Keeping L ft on floor, step on R to R (ct 1); close L to R and bounce twice on both ft (cts 2,&).
- 5-8 Repeat meas 1-4.

II. FORWARD IN RLOD AND LOD (B melody)

- 1 Repeat Fig I, meas 1.
- 2 Moving in RLOD, step R,L,R (cts 1,&,2); bringing L leg around in a small CW arc, pivot on R to face diag R of ctr (ct &).
- 3-4 Repeat meas 3-4 of Fig I.
- 5-8 Repeat meas 1-4.

SEQUENCE: The music alternates throughout between melodies A and B.