

A PAGE OF MIXERS

LET'S DANCE! Presents Another Page of Mixers To Add to Your Collection. Next Month, Some Simple Fun Dances

Progressive Barn Dance (Old Time English)

- Record: Columbia DX 1191—Progressive Barn Dance.
"Ideal Schottische"—Columbia DX 1347 (reverse side of Hurndilla) also suitable.
Tempo—32/36 (4/4)
- Formation: Couples standing side by side, inside hands joined in Old Time English Manner—facing CCW. Steps will be described for M. W. starts opposite ft and continues so unless otherwise noted.
- Measure Pattern
- 1—2 Starting M.L. ft, take on schottische step fwd and one schottische step bwd.
- 3 Drop hands. Step sideward L (ct. 1) close R to L (ct. 2). Step bwd (ct. 3) close R to L without changing weight (ct. 4) and bow to partner. W makes slight curtsy Lft behind R.
- 4 Man walks fwd in LOD toward new W. R.L.R., close L, without change of weight. New W moves toward M LRL, close R with no change of weight.
- 5 Take two hand grasp facing partner, M back to center, step sideward L (ct. 1) close R (ct. 2). Step bwd L (ct. 3), close R with no change of weight (ct. 4).
- 6 Repeat action of measure 5 in opposite direction starting R. ft.
- 7—8 Closed waltz position, 4 two-steps turning R and progressing LOD.

It is customary for the first sequence to be danced with own partner and the progressive to occur on the fourth measure of the repeat of the pattern. When this is done, original partners walk fwd together on the fourth measure of the first sequence.

—Presented at 1951 Folk Dance Camp by Lucile Czarnowski

Brown-Eyed Mary

- An Arizona ballroom adaptation of an early American Singing Game
Music: Old Timer 8005B—"Brown Eyed Mary"—speed up this record considerably.
- Formation: Double circle, M inside, skating position, facing LOD.
- Measure Pattern
- 1—8 Eight two-steps fwd, both starting on L ft.
- 9—10 "Turn your partner half way round"—M walks in front of partner and faces back (or two-step)
- 11—12 "Turn the opposite lady"—L allemande with W behind (walking step or two-step)
- 13—14 "Turn your partner all the way round"—R allemande with partner
- 15—16 "Promenade opposite lady"—M goes to W back and assumes skating position ready to repeat dance from beginning.

Circle Virginia Reel (Mixer)

- Record: Irish Washerwoman recommended (Columbia DB 1359 "Circassian Circle" is good)
- Formation: Double circle, partners facing, men with backs to center.
- Steps: Dance walk, adding a two-step as desired. Skipping if preferred. Music 6/8 2 steps to the measure, "call" Pattern
- Measures
- 1—4 Forward and Back—two circles move fwd 4 steps, bow and walk back 4 steps.
- 5—8 Two Hand Swing—Partners meet, two hand swing once around and fall back to place.
- 9—16 Do-si-do partner—Partners do a R shoulder do-si-do (8 steps) and a L shoulder do-si-do (8 steps)
- 1—4 "Reel"—Partners join R elbows and turning with 8 steps finish with the M facing CCW and the W CW.
- 5—8 Partners separate, progress on to the next person and do a L elbow swing—8 steps
- 9—16 Continue to the next person and take a R elbow swing. At the conclusion, the W turns face to face CCW and promenades with this new partner around the circle 6 steps—both fall back to original line up in circles, steps 7 and 8.

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Mexican Mixer Chotis

- Music: Victor—25-1053 A "Flor Marchita"
- Formation: Double circle of partners, men with backs to center holding partners with both hands (grasp just above elbow). Schottische* step is used throughout.
- Step: Measure
- 1 Holding hands as indicated—take one schottische step to man's left—(three steps and hop) starting with a lunge on the first beat.
- 2 Repeat, returning to man's right.
- 3—4 Four step-hops turning in place.
- 5—8 Repeat 1, 2 and 3 above.
- 9—12 Man stands with left shoulder to center of circle and claps and stamps with right foot to "beat out the rhythm" for the woman, who does the schottische pattern at a solo, with a great deal of flourish. The step-hops are taken in place with much "frisking" of the skirts and two complete turns.
- 13—16 Woman stands and claps while man does the solo (hands behind his back). On the four step hops, the man moves up one place to repeat the dance with the woman on his left.

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