Boarisch
(Austria)

Boarisch (BOHR-ish) is a Tyrolian version of the Bayerische, a dance that is done throughout Austria and Bavaria. The various forms come from different towns in the Tyrol. They were presented by Klaus Tschurtschenthaler at the 1982 University of the Pacific Folk Dance Camp.

RECORDS:
OV 101B (45-speed up a bit); Tanz EP 58129. 2/4 meter

FORMATION:
Couples at random about the floor, partners side by side (W to R of M) facing LOD (CCW). Hands on hips, fingers forward.

STEPS and STYLING:

Basic Step (1 to a meas): May be danced in any direction. Step on R (ct 1); step on L close to R (ct &); step on R, bending knee a little (ct 2); straighten and relax R knee (ct &). May be thought of as a schottische step without a hop. Step alternates.

Turning Step (1 to a ct): Step on designated ft, bending knee a little (ct 1); straightening knee, pivot in desired direction (ct &). Do not hop. Step alternates.

Steps are done close to the floor with a feeling of sinking into the knees. Knees are always flexed a little. When free, hands are on hips with fingers fwd for both M and W.

Dance begins with the General Form. After that, any of the other Forms may be done in any order. Traditionally, each Form is danced 4 times.

MUSIC 2/4

<table>
<thead>
<tr>
<th>INTRODUCTION</th>
<th>There is no introduction on either record but dancers may choose to wait 4 meas and then dance Fig I only 3 times.</th>
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<tbody>
<tr>
<td>I. GENERAL FORM (Away and Together)</td>
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<tr>
<td>1</td>
<td>Beg ML, WR, dance one Basic Step diag fwd away from ptr.</td>
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<tr>
<td>2</td>
<td>Dance one Basic Step diag fwd twd ptr.</td>
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<tr>
<td>3-4</td>
<td>In closed pos, turn CW twice with 4 Turning Steps while progressing in LOD. Beg ML, WR.</td>
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<tr>
<td>II. FORM FROM GALLZEIN (W Turns)</td>
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<tr>
<td>1-2</td>
<td>M face LOD, W face M. Raise joined hands (ML, WR). Free hands on hips.</td>
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<td></td>
<td>M: Beg L, dance 2 Basic Steps. Do 1st one in place. On 2nd one, maneuver so back is, to ctr at end.</td>
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<td>W: Beg R, dance 2 Basic Steps turning under joined hands once CW and 3/4 CCW. End facing ptr.</td>
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<tr>
<td>3-4</td>
<td>Repeat Fig I, meas 3-4 (2 CW turns in closed pos).</td>
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<tr>
<td>III. FORM FROM SARNTAL (M Claps)</td>
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<tr>
<td>1</td>
<td>Ptrs, side by side, face LOD. Hands on hips.</td>
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<tr>
<td></td>
<td>M: Moving diag fwd twd ctr, step L, R (cts 1, &amp;); lift L leg, knee bent, and clap under L thigh (ct 2); step on L and clap about chest level (ct &amp;).</td>
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<td></td>
<td>W: Beg R, dance 1 Basic Step diag fwd away from ctr. On ct 2 (R ft) turn 3/4 CW to face ptr.</td>
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<tr>
<td>2</td>
<td>Beg MR, WL dance 1 Basic Step back to ptr.</td>
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<tr>
<td>3-4</td>
<td>Repeat Fig I, meas 3-4 (turns in closed pos).</td>
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</tbody>
</table>
IV. FORM FROM VOELSBERG  (Window)

M face LOD, W face M. Join both hands straight across.

1 M: Raising joined hands, beg L and dance 1 Basic Step almost in place but turning 1/4 CCW to face ctr.
   W: Beg R, turn 3/4 CW under joined hands with 1 Basic Step. End with back to ctr.
   On last ct (ct & of ct 2) form a "window" by putting the outside of the R upper arms together with joined hands in a cluster just above head level. Look at ptr.

2 M: Beg R, turn 1/2 CCW under the joined hands with one Basic Step, ending with back to ctr.
   W: Beg L, dance 1 Basic Step almost in place, turning 1/2 CW to face ptr.

3-4 Each put own R hand (joined with ptrs L) on ptrs L waist. Beg ML,WR, turn 4 Turning Steps while progressing in LOD.

V. FORM FROM THIERSEE (Lifts)

Ptrs side by side, face LOD. Hands on hips.

1-2 Repeat Fig I, meas 1-2 (Away and Together)

3 In shldr-waist pos, turn 1/2 CW with 2 Turning Steps. Beg ML,WR. There is very little progression in LOD.

Put ft together and bend knees to prepare for lift (ct 1).

4 M: Lift W (ct &); completing the CW turn, set W down gently on outside of circle (cts Z, &).
   W: Assist M with lift by jumping. Stiffen both arms and push down on ptrs shldrs as soon as possible.

Note: Lift may be done using a closed pos with the joined hands (ML,WR) held stiff and straight down at the side. Instead of joined hands, W may place a fist in palm of M L hand which is cupped. If this Lift is used, dance meas 3 in closed pos.

Another option for Lift: Dance meas 3 in a rounded shldr-shldr blade pos with W arms resting on top of M arms. M lift W by raising arms as W pushes down on them.

SUGGESTED SEQUENCE OF FIGURES

The following is the sequence of patterns taught at the Federation Institute at San Jose on January 29, 1983. Record used was OV 101B.

4 meas Introduction No action
12 meas Form I (Away and Together) three times (cut because of Introduction).
16 meas Form II (W turns) four times
16 meas From III (M Claps) four times.
16 meas Form IV (Window) four times.
32 meas Forms I and II each four times.
   Note: Tanz EP 58129 record has only 16 meas of music at this point so just one Form would be danced.
8 meas Form V (Lifts) two times.
   Both of the listed records end with an eight meas phrase so the last Form danced is shortened.

Description written March, 1983