The Black Nag

(England)


Music: *Country Dance Tunes*, collected and arranged by Cecil Sharp, Set IV, p. 2; *English Country Dance Tunes*, transcribed and edited by Peter Barnes, p. 2.

Record: “By Popular Demand,” CDS 6, 33 rpm; “World of Fun,” WOF 6, 33 rpm; Folkraft 1174, 45 rpm; “Playford Dances 4,” 7EG 8666, EMI 45 rpm (out of print); “English Folk Dances,” Folkraft LP-9.

Formation: Longways* for three couples.

Steps and Styling: Skip*, light running steps (2 per meas).

**A Double:** Three light springy steps and a close in a specified direction, as in “forward a Double.”

**Turn Single:** Turn in a small circle with four light, springy steps (CW unless otherwise specified).

**Arm R:** Ptrs move fwd, hook R elbows and turn once around CW with six light springy steps (cts 1-6). Without changing step or rhythm release arm hold and move back into original position with two more steps (cts 7-8).

**Arm L:** Repeat action, but hook L elbow and turn CCW.

**Siding:** A movement of courtesy keeping eye contact with ptr. Moving in a CCW arc dance forward a double, exchanging places with partner. Retrace pattern, moving in a CW arc to return to original position.

**Slip:** Move sideward by springing to side on the leading ft and stepping on the trailing ft next to the leading ft (2 per meas).

**Hey for Three:** Three people in line formation; No. 1 facing Nos. 2 and 3. All moving at the same time, describe a Figure 8 pattern. All go around the Figure 8 in the same direction (follow the leader).

<table>
<thead>
<tr>
<th>Dancer #1</th>
<th>Dancer #2</th>
<th>Dancer #3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curve CW passing R shldr with #2</td>
<td>Curve CW passing R shldr with #1</td>
<td>Curve CCW</td>
</tr>
<tr>
<td>Dance through center</td>
<td>Curve CW around #1 original place</td>
<td>Continue curve CCW</td>
</tr>
<tr>
<td>Curve CCW</td>
<td>Continue curve CW</td>
<td>Dance through ctr passing behind #1</td>
</tr>
<tr>
<td>Curve CCW around #3 original place</td>
<td>Dance through (original place)</td>
<td>Curve CW around #1 original place</td>
</tr>
</tbody>
</table>
Continue moving in the Figure 8 to return to original places.

Steps are light and springy, posture erect, movements flowing. Make eye contact with other dancers whenever possible.

* Described in Steps and Styling, published by the Folk Dance Federation of California, Inc.

<table>
<thead>
<tr>
<th>Measures</th>
<th>2/4 meter</th>
<th>PATTERN</th>
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Chord(s)

INTRODUCTION. No action, varies according to music.

I.  FORWARD A DOUBLE AND BACK; COUPLES SLIP

A  1-8  Joining inside hands, ptrs lead up a Double and fall back a Double. Repeat.

B1  1-2  Cpl 1 take two hands and move up with four Slip steps.
       3-4  Cpl 2 repeat meas 1-2.
       5-6  Cpl 3 repeat meas 1-2.
       7-8  All Turn Single.

B2  1-8  Repeat B1, meas 1-8, Slipping back to place in reverse order (Cpl 3 beginning).

II.  SIDING; CHANGE PLACES

A  1-8  Side with ptr twice.

B1  1-2  M1 and W 3 change places with four Slip steps, leading with R shldr and passing back to back.
       3-4  W1 and M3 repeat meas 1-2.
       5-6  Cpl 2 repeat meas 1-2.
       7-8  All Turn Single.

B2  1-8  Repeat B1, meas 1-8, returning to original places.

III.  ARMING; M HEY; W HEY

A  1-8  Ptrs Arm R, then Arm L.

B1  1-8  M Hey for Three, skipping.

B2  1-8  W Hey for Three, skipping. Note: Although not in Playford’s instructions, in some areas it is traditional that M Turn Single on meas 7-8 as the W finish their Hey.