

## BELLENDANS (JINGLE BELLS)

(Dutch Couple Dance)

Jingle Bells, a favorite Christmas tune, first appeared during the middle of the 19th Century and was classified as a "college song" in spite of its Christmas theme. This dance, from a Dutch collection, was introduced by Vyts Beliajus.

MUSIC: Record: Imperial 1145 *Jingle Bells*.  
Folkcraft 1068 B *Jingle Bells* (preferred).  
London 302 B *Jingle Bells*.

NOTE: If the London record is used, do the verse once, the chorus twice, verse once, chorus twice, verse once, chorus once.

FORMATION: Circle of couples side by side facing counterclockwise in cross hold position\* (skaters' position), R hands joined over L.

STEPS: Skip\*, Sliding step\*.

MUSIC 2/4 or 4/4	PATTERN
MEASURE	<i>VERSE</i>
	I. <i>Forward and Back</i>
1	Beginning R foot skip forward 4.
2	Beginning R foot skip backward 4.
3-4	Repeat action of measures 1-2.
	II. <i>Sliding and Turning</i>
5	Assuming varsouvienne position* take 4 sliding steps directly R beginning R foot.
6	Repeat action of measure 5 beginning L and moving L.
7-8	Skip 8 times in place turning twice counterclockwise (M backward, W forward).
	<i>CHORUS</i>
B.	III. <i>Clapping and Turning</i>
1	Partners face each other (M has back toward center of circle).
2	Clap own hands 3 times (cts. 1, 2, 3), hold (ct. 4). Clap partner's hands 3 times (cts. 1, 2, 3), hold (ct. 4).
3	Clap own hands 4 times.
4	Partners clap each other's R hands once (ct. 1), hold (cts. 2, 3, 4).
5-8	Partners hook R elbows, M places L hand on L hip, W holds skirt in L hand; turn clockwise twice around each other using 8 skips.
9-11	Repeat action of measures 1-3.
12	Partners clap L hands once (ct. 1), hold (cts. 2, 3, 4).
13-16	Repeat action of measures 5-8 hooking L elbows and turning counterclockwise.
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	Repeat all as many times as desired, alternating verse and chorus.