# Békési Páros

Bekési Paros (BAY-kay-shee PAH-rohsh) is a couple dance from Békés County in the East-Southeastern part of Hungary. Original research on the dance was done by the late Miklos Rabai, choreographer for the Hungarian State Folk Ensemble, and George Manninger, folklorist. This arrangement by Andor Czompo was presented by him at the 1966 University of the Pacific Folk Dance Camp.

RECORD:

B & F #S-429 Side 1; RPC PM 76371 (45) Side A/2

AC-001 (45), AC Publications, P.O. Box 238, Homer, New York 13077.

4/4 meter.

FORMATION: Cpls at random around room. Ptrs face in Shldr-Shldr blade pos.

STEPS:

Cifra\*, hop\*, jump\*, lift\*, slide\*, step-hop\*, Open (upbeat) Rida\*.

Heel Cifra (to R): Leap on R in place (ct 1); step on L heel beside R (ct &); step on R

in place (ct 2). Step alternates.

STYLING:

The dance is lively with light and fast ftwk.

\*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc.

MUSIC 4/4

#### PATTERN

#### Measures

- STRAIGHTEN AND SIDE-CROSS-CLOSE
- 1-3 Introduction, no action. On meas 3, ct 4, bend knees.
- 4-6 In place, straighten and bend knees in rhythm: straighten on the beat (cts 1,3), bend on the off-beat (cts 2,4), twist body slightly to R (ct 1) and to L (ct 3).
- 7 Step on the ball of R to R (ct 1); step on L across in front of R with a slight knee bend (ct 2); close R to L, wt on balls of both ft, knees straight (ct 3); bend both knees (ct 4).
- 8 Repeat meas 7 with opp ftwk and direction.
- 9-12 Repeat meas 7-8 two more times.

#### II. LEG SWING AND CIFRAS

- 1 Hop on L, raise R with knee bent so that upper leg is parallel to the floor and swing R ft in front of L so that sole of ft points to L (ct 1); hop on L, swinging R ft outward to R so that sole of ft points to R (ct 2); beg R, dance one Cifra step in place (cts 3&4).
- 2 Repeat meas 1 with opp ftwk.
- 3 Beg R, dance two Heel Cifras. On last ct &, raise R ft sdwd to R in preparation for next step.
- 4 Displace L ft with R, clicking heels, and swing L ft slightly sdwd to L (ct 1); hop on R (ct 2); step on L in front of R (ct 3); step on R behind L (ct &); step on L to L (ct 4); raise R ft swdw to R in preparation for next step (ct &).
- 5-6 Repeat meas 4 two more times.
- 7-12 Repeat meas 1-6.

## III STEP-HOP AND CHANGE PLACES

- Step bkwd on R, releasing Shldr-Shldr plade postojoin R hands low, W place L hand on hip, fingers fwd, M place L hand behind back (ct 1); hop on R (ct 2); step bkwd on L (ct 3); hop on L (ct 4).
- Step on R behind L (ct 1); hop on R, bringing L behind R (ct 2); step on L behind R (ct 3); hop on L (ct 4).
- Beg R, dance two Heel Cifras.
- Beg R, dance two step-hops fwd, changing places with ptr and passing R shldrs, joined hands held down. Face ptr again after changing places.
- 5-6 Repeat meas 2-3.
- 7-12 Repeat meas 4-6 two more times. On the last two Heel Cifras (meas 12), join in Shldr-Shldr blade pos.

## IV. JUMPS, RIDA TURN

- With a small lift on L, touch R in front of L, knee slightly bent and turned out (ct 1); slide both ft apart, knees bent, cpl turning 1/4 CCW (ct 2); jump with ft together (ct 3); repeat ct 2 (ct 4); straightening knees jump with ft together (meas 2, ct 1); hold (meas 2, ct 2); repeat all of above with opp ftwk and direction (meas 2, cts 3-4, meas 3, cts 1-4).
- 4-6 Repeat meas 1-3.
- 7-8 Beg R, dance four Open Rida steps, cpl turning CCW in place.
- 9 Repeat meas 1, cts 1-3 (cts 1-3); hold (ct 4).
- 10-12 Repeat meas 7-9 with opp ftwk and direction.

Repeat the dance one more time, replacing introduction (Fig I, meas 1-3) with action of Fig I, meas 3-6.

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