

RESEARCH COMMITTEE:
 Mildred R. Buhler, chair-
 man; Lucy Chaney, Carol
 Gove, Lawton Harris, Ver-
 non Kellogg, Miriam Lid-
 ster, Adrienne Murton, Heidi
 Schmidt, Dorothy Tambu-
 rini.

BAGLAENS KONTRASEJRE

(Backwards Contra)
 (Danish)

This description is prepared from a translation by Kirsten Andersson and Lester Dunn from GAMLE SALLING-DANSE, Foreningen til Folkedansens Fremme, Denmark, 1947, pp 31-32.




MUSIC: Record: Harmony 77, HMV AL 1356

FORMATION: Four couples in a square numbering from one to four counterclockwise around the set, with inside hands joined at shoulder height, outside hands hanging freely, or placed on hips with fingers forward.

STEPS: Run*, Leap*, Step-hop*, Swing*.

Music 2/4	Pattern	Illustrations by Carol Gove
Measures		
2 measures	Introduction.	
1-8	I. <i>Circle</i> a With hands joined at shoulder height, circle L (clockwise) with 16 small, light running steps.	
1-8 (repeated)	Stamp (ct. 1) and circle R (counterclockwise) with 15 running steps, to original places.	
9-12	II. <i>Chorus: Box, Leap, and Grand R & L</i> a Beginning with outside foot (continuing to face center of square) couples 2 and 4 take 8 small running steps around an imaginary box (2 away from partner, 2 fwd, 2 toward partner, 2 back to place), to open pathway for head couples. Simultaneously, with 8 running steps, couples 1 and 3 run to own L between L hand couple (1 through 4 and 3 through 2) and then divide, M returning to home position, W going to opposite W's position.	
13-16	b Couples 1 and 3 take closed position, R hips adjacent, with person they meet (No. 1 M and No. 3 W; No. 3 M with No. 1 W) and swing in place with 8 running steps. While head couples swing, couples 2 and 4 remain inactive, inside hands joined, outside hands on hips.	
9-16 (repeated)	Repeat action of Fig. II, a, b with couples 1 and 3 making the box, while couples 2 and 4 divide L hand couples, separate and swing (No. 2 M and No. 4 W; No. 4 M and No. 2 W).	
17-20	c In closed position, No. 1 M and No. 3 W and No. 3 M and No. 1 W move toward each other with three small running steps and raise joined hands high (with a slight swoop) on the 4th step. Retire to original position with 4 running steps.	
21-22	Step forward on outside foot (M L, W R) (ct. 1). With R hand M shoves W across set to opposite M as W leaps fwd onto L ft. to give effect of throwing (ct. 2). W takes 2 more steps to partner.	
23-24	Assume closed position with original partner and turn clockwise in place with 4 running steps. Couples 2 and 4 remain inactive, with inside hands joined, outside hands on hips.	
17-24 (repeated)	Couples 2 and 4 execute action of Fig. II, c, to get back to original partners and couples 1 and 3 remain inactive.	
25-32	d Beginning with R to partner, grand R and L around set with 16 low step-hops (hands clasped low).	

BAGLAENS KONTRASEJRE (Continued)

Music 2/4	Pattern	Illustrations by Carol Gove
1-8 1-8 (repeated)	<p>III. <i>Women Star</i></p> <p>a Using "Thumb Grasp" W form a R hand star and turn clockwise with 16 running steps (free hands on hips, fingers fwd). Return to place with L hand star.</p> <p>"Thumb Grasp:" Thumb hooks on thumb of person ahead, fingers folded around hand of person behind.</p> <p><i>Chorus</i> Repeat action of Fig. II, a, b, c, d.</p>	
1-8 1-8 (repeated)	<p>IV. <i>Men's Two-Hand Mill</i></p> <p>a Four M form a two-hand mill, joining both hands straight across with opposite M, R arm above arm of M to R and L arm below arm of M to L. Circle L with 16 running steps. Stamp (ct. 1), circle R with 15 running steps to original place.</p> <p><i>Chorus</i> Repeat action of Fig. II, a, b, c, d.</p>	
1-8 1-8	<p>V. <i>Swing and Greet</i></p> <p>a In closed position, with R hips adjacent, all four couples turn clockwise in place with 16 running steps. Stamp (ct. 1), keeping R hips adjacent, turn bwd. (counterclockwise) in place with 15 running steps to finish in original position.</p> <p>b <i>Greet:</i> M extends his L hand toward W who places her R hand on it (palm up). M quickly claps his R hand (palm down) onto W R hand as if he had a coin in it, grasping W R hand with his R at the same time. Finish with one short vigorous handshake as W and M bow.</p> <p><i>Note:</i> There are some five additional figures but they are left out of this description since it was impossible to use all the figures with this short record.</p>	 <p style="text-align: right; font-size: small;">carol</p>