

Bačkovsko Horo

Bulgaria (Trakia)

Bačkovsko Horo (BAHTCH-koff-skoh hoh-ROH) is from Bačkovo (near Plovdiv), famous as both the "Region of the Roses" and the "Road to the Rhodopes." The dance was learned from Belčo Stanev in 1980 by Stephen Kotansky, who taught it at S.F.Kolo Festival '98 and Stockton Folk Dance Camp '99, and in 2003 by Yves Moreau, who taught it at Kolo Festival '06, Mendocino Folklore Camp '07 and Stockton Folk Dance Camp '07.

Music: CDs: Yves and France Moreau, Mendocino Folklore Camp '07, track 2
Yves Moreau, YM-UOP-07, track 5 2/4 meter
Cassette: Kotansky 1999 SFDC Tape, Side A/2

Formation: Short mixed lines face R of ctr, hands held down in V-pos or in belt hold, L over R. The description below is for V-pos; for belts, as used by Kotansky, the most significant differences (in measures 8 & 9) are identified below.

Steps and Styling: Small steps with slight knee bends; earthy.

Measure	2/4 meter	PATTERN
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1-16 INTRODUCTION No action.

- 1 Facing and moving in LOD, step on R (ct 1); small hop on R (ct 2).
- 2 Repeat step-hop on L.
- 3 Turning to face ctr, step on R to R (ct 1); step on L behind R (ct 2).
- 4 Repeat meas 3.
- 5 Facing ctr, step on R to R, raising L fwd (ct (1); lift on R (ct 2).
- 6 Step-hop fwd on L (cts 1,2).
- 7 Step-hop back on R, swinging straight arms slightly fwd (cts 1,2).
- 8 Step L, R in place, as arms swing down and back in preparation (cts 1,2).
[In belt hold: Step L, R, turning body CCW, then sharply CW (cts 1,2).]
- 9 Facing slightly L of ctr with knees bent, step-hop strongly fwd on L,
as arms swing fwd and up (cts 1,2). [Belts step-hop L across R (cts 1,2).]
- 10 Moving RLOD step on R across in front of L and swing arms
back down to sides (ct 1); hop on R (ct 2).
- 11 Turning to face diag. R of ctr, step back L, R (cts 1,2).
- 12 Facing LOD, step back on L with a small hop (cts 1,2).

Repeat pattern to end of music.