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## AUSTRIAN DREISTEIRER

This is a dance for three people, one man and two women. It is danced in Styria (Steiermark), one of the Austrian Bundesstaaten. It was introduced to folk dancers by Walter Grothe as taught to him by Margret Krebs, a member of the Austrian Good Will Tour, 1951.

- MUSIC:** The original music is not recorded.  
Recommended substitute: G'scheerte Laendler  
RCA Victor 25-4147B
- FORMATION:** Sets of three, one man and two women, arranged around the edge of the dance area, backs to the wall. The man is in the center and holds R partner's inside hand shoulder high. He extends L arm across his chest with L hand at R side. L partner reaches her R arm in back of M and clasps his L hand. W outside hands on hips.  
After the circle is formed (Fig. I, meas. 9 repetition), the hands should not be released until Fig. VII, Finale. During the Knot Figures the hands should be clasped loosely allowing them to slide as necessary.
- STEP:** A Laendler step is used throughout the dance, even when dancing in place. The step developed from a fast walking step and consists of one large (ct. 1) and 2 small (ct. 2-3) steps. Count step, step, close or large, small, small. It should be executed in an even, flowing style without sway, bounce or stamp, like the even flow of water. The step is on the whole foot, rolled from the heel to the toe. The posture is firm and erect. A great deal of flirtation and play between the man and his two partners should continue through the dance.

MUSIC 3/4	PATTERN
	Introduction—4 meas.
	I. <i>Entrance</i>
A 1-8	a. Starting from the above formation sets move toward the center of the circle with 8 steps, starting L ft. LW moves with longer steps so that sets finish facing LOD.
9-16	b. M unwinds by turning under his own R arm (2 meas.). W make 3 turns inward under M raised hands at his sides (6 meas.).
1-4	c. M raises R hand, LW moves under the arch back to place; M turns with her (R hand up, L hand under). Inactive W steps in place. Free hands on hips.
5-8	d. M raises L hand and R girl goes under arch to place; M turns with her.
9-16	e. All join hands and circle CW. Circle well extended. Hands remain joined until concluding figure of dance.
	II. <i>Single Window</i>
B 1-8	a. Man swings both arms fwd under W arms; W make 1 turn outward and form windows. M holds arms straight in front of him with elbows bent up at 90°. W face each other. RW R arm and LW L arm rest on M arms, the other arms high to form the window. M flirts through windows with both W. All turn CCW in this position.
9-16	b. Unwind and all circle CW.
1-8	c. Form single windows as before (Fig. II, meas. 1-8), but turn CW.
9-16	d. Unwind and circle CW.



## AUSTRIAN DREISTEIRER--Continued

MUSIC 3/4	PATTERN
	III. <i>Single Knot</i>
C 1-8	a. M bends over at about 90° angle from waist, places both hands under R armpit, turns CCW one complete turn. W circle CW while M is turning. M rises and pulls RW through and then LW, arms well extended.
9-16	b. All circle CW.
	IV. <i>Double Knot</i>
C 1-16	a. M bends over again and turns 2 complete turns CCW, W continue circling CW. M rises and pulls W through twice: first RW, then L, then R, then L. W back through as they unwind.
	V. <i>Double Window</i>
D 1-8	a. M raises L arm, turns R, steps back under joined hands of W; all lower hands and circle CW in crossed hand position.
9-16	b. M swings his arms fwd and W turn outward to form double window as in Single Window, Fig. II, meas 1-8. Dancer's own arms are crossed near elbows. All turn CW.
1-8	c. While circling CW unwind. RW turns L and backs under crossed arms, LW turns L in place.
9-16	d. Circle CW 8 steps.
	VI. <i>Yoke Step</i>
B 1-16	a. M raises both arms over and behind W heads; W raise joined hands over and behind M head; all rest arms on each other's shoulders (2 meas.). In this position all turn CW (6 meas.), then turn CCW (6 meas.). Lift arms and extend circle (2 meas.).
	VII. <i>Stepping Over the Stile</i>
C 1-8	a. RW raises L arm, turns R so that her back is toward joined hands of LW and M, and lowers both hands in front. M and LW face each other and kneel on fwd knee (M R, W L). RW steps back over joined and lowered hands. The others rise and all unwind by LW turning to place in circle formation. Circle CW.
9-16	b. LW raises R arm and turns L. Repeat above action with LW stepping over joined hands. Unwind by RW turning to place into circle formation. Circle CW.
D 1-8	c. M raises L arm and turns R. Repeat the above action with M stepping over W joined hands. Unwind by RW turning to place into circle formation. Circle CW.
9-16	d. <i>Finale</i> M raises L arm, turns R, then breaks holds with both W, places arms on W shoulders. W take firm grip with inside hands (wrist grip), outside hands on hips. M sits on W joined hands and supports himself strongly on their outside shoulders. W carry M off in this position.

