

# AT VA'ANI

(Israel)

At Va'ani (AHT Vah-ahn-EE, meaning You and I) was composed by Danny Uziel with music by Ami Gilad, noted Israeli accordionist and musician. Ruth Browns presented it at the 1969 Camellia Festival Institute in Sacramento, California.

MUSIC: Record: "Israel Folk Dance Festival", Tikva T-80, Side 1, Band 2

FORMATION: Dancers in a closed circle facing ctr with hands joined at shoulder height, elbows bent (or may be done in open circle with leader at R end).

STEPS AND Walking step \*

STYLING: Yemenite Step: Step L sdwd L bending knee (ct 1). Step ball of R near L heel, straightening knee (ct 2). Step L across in front of R bending knees (ct 3). Hold and straighten knees or dance action as otherwise stated (ct 4). May also be done to R.  
Backward Yemenite: Step bkwd R bending knee (ct 1). Step ball of L beside R (ct 2). Step fwd R bending knees (ct 3). Hold and straighten knees (ct 4). May also be done L.

---

MUSIC 4/4

PATTERN

---

Measures

4 meas INTRODUCTION

I. STEP-SWING AND YEMENITE CROSS IN FRONT

A 1-2 Step L sdwd L(ct 1). Hold (ct 2). Swing R gently across in front of L keeping ft close to floor and bending L knee (ct 3). Straighten L knee (ct 4). Bend and straighten L knee two more times (meas 2, cts 1, 2, 3, 4).

3-4 Repeat action of meas 1-2, reversing ftwork.

5-6 Lower hands and dance a Yemenite step L (cts 1, 2, 3) and continue stepping R sdwd R and then L across in front of R two times, swinging joined hands fwd on last ct (ct 4 plus meas 6, cts 1, 2, 3). Hold (ct 4).

7 Dance a Backward Yemenite R, swinging hands bkwd (ct 1) and fwd (ct 3).

8 Dance a Backward Yemenite L, again swinging hands bkwd and fwd.

A 1-8 Repeat action of meas 1-8, reversing ftwork and direction.

II. STEP ACROSS AND TURN

B 9 Step L sdwd L (ct 1), hands held down and out to sides, hold (ct 2), step R across in front of L bending knees (ct 3), cross wrists, arms straight and snap fingers. Hold (ct 4).

10 Repeat action of meas 9.

11 Hold hands down to sides and away from body and turn individually once CCW with 2 slow steps, L, R (cts 1, 3).

12 Dance a Yemenite step L, rejoining hands.

13-16 Repeat action of meas 9-12, reversing ftwork and direction.

Repeat dance from beginning.