

# APAT-APAT

(Philippine Islands)

Apat-Apat (AH-paht-AH-paht), a Philippine folk dance mixer, was introduced in the United States by Francisca R. Aquino.

MUSIC: Record: Folk Dancer MH-2031

FORMATION: Cpls in a circle facing LOD, W to M R with inside hands joined at shoulder height, elbows bent. When hands are free, they hang naturally at sides.

STEPS: Smooth walking step.

---

MUSIC 4/4

PATTERN

---

Measures

8 meas INTRODUCTION (Last music has castanets in it.)

I. WALK WITH PARTNER, AWAY AND TOGETHER

Begin with vocal.

1-2 Both beginning R, walk 4 steps in LOD.

3-4 Release hands, both turn 1/2 R, join inside hands (ML-WR) and walk 4 steps in RLOD.

5-6 Release hands, turn to face ptr and walk 4 steps bwd (M twd ctr, W away from ctr).

7-8 Walk 4 steps fwd twd ptr.

II. OPPOSITE CIRCLES, STAR AND PROGRESS

1-2 Both turn 1/4 R (L shoulder twd ptr) and walk fwd 4 steps (M RLOD, W LOD).

3-4 Both walk bwd 4 steps (M LOD, W RLOD).

5-6 Ptrs join R hands, shoulder height with elbows bent, and walk 4 steps CW once around.

7-8 Release hands and M walk 4 steps in LOD to next W, while ptr turns 1/2 CW with 4 steps to face LOD.

Repeat dance with new ptr.