APAT-APAT
(Philippine Islands)

Apat-Apat (AH-paht-AH-paht), a Philippine folk dance mixer, was introduced in the United States by Francisca R. Aquino.

MUSIC: Record: Folk Dancer MH-2031

FORMATION: Cpls in a circle facing LOD, W to M R with inside hands joined at shoulder height, elbows bent. When hands are free, they hang naturally at sides.

STEPS: Smooth walking step.

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<tr>
<th>MUSIC 4/4</th>
<th>PATTERN</th>
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Measures

8 meas  INTRODUCTION  (Last music has castanets in it.)

I. WALK WITH PARTNER, AWAY AND TOGETHER
   Begin with vocal.
   1-2 Both beginning R, walk 4 steps in LOD.
   3-4 Release hands, both turn 1/2 R, join inside hands (ML-WR) and walk 4 steps in RLOD.
   5-6 Release hands, turn to face ptr and walk 4 steps bwd (M twd ctr, W away from ctr).
   7-8 Walk 4 steps fwd twd ptr.

II. OPPOSITE CIRCLES, STAR AND PROGRESS
   1-2 Both turn 1/4 R (L shoulder twd ptr) and walk fwd 4 steps (M RLOD, W LOD).
   3-4 Both walk bwd 4 steps (M LOD, W RLOD).
   5-6 Ptrs join R hands, shoulder height with elbows bent, and walk 4 steps CW once around.
   7-8 Release hands and M walk 4 steps in LOD to next W, while ptr turns 1/2 CW with 4 steps to face LOD.

Repeat dance with new ptr.