

Anna's Visa (Sweden)

Anna's Visa was presented by members of a *gilledans* (fellowship dance) group from Stockholm at the Chicago Swedish American Museum in September 2012. *Gilledanser* are dances set to a specific tune and with a repeating specific choreography. Anna's Visa is danced in both Sweden and Norway and currently very popular.

This dance was presented by Roo Lester at Stockton Folk Dance Camp in July of 2018. Because it is a circle dance done without a partner, it is ideal for introducing new dancers to the waltz without the need to teach partnering techniques as well.

While there is an official melody associated with this dance, there is nothing wrong with doing the dance to another 8-bar waltz. Roo noted that this substitution is made in both Sweden and Norway.

Pronunciation: AHN-ahs VEE-sahw

Translation: Anna's song

Video: To see a video of this dance, go to youtube.com and type "Anna's Visa dance" in the Search function. The melody heard in the video with the December 12, 2017, posting date is the melody for which the dance was created (www.youtube.com/watch?v=xlwj0g9qxHI)

Music: 3/4 meter *Klintetten 2018*, Tracks 15, 16, 17. The melody was composed by Åsa Jinder; text "Som en sommarvind" to Orsa fiddler, Leif Göras.

Formation: Circle of dancers; partners not necessary. Hands joined down in V-pos, but it's also acceptable to have no handhold.

Steps & Styling: Svikt is a Scandinavian term for describing the down-up-middle characteristic of a dance. In a waltz, this is smooth and flowing, not exaggerated. Steps all begin stepping/dancing with R. Use normal waltz svikt: step fwd, going down a little (ct 1); step fwd, coming up a little, onto ball of ft (ct 2); a normal step (ct 3).

Dal step (Step-lift): Step sideways R, bending the knee slightly (ct 1); lift up on ball of ft, lifting L ft slightly in front (cts 2-3). Can be done with opp ftwk.

Waltz step: Three steps, one step per beat (cts 1-3), traveling fwd or bkwd.

Measures	3/4 Meter	PATTERN
		INTRODUCTION. No action. Begin dance on the start of any musical phrase.
	I.	FIGURE I.
1		Facing ctr, Dal step: Step R to R (ct 1); lift L slightly in front (ct 3).
2		Repeat meas 1 with opp ftwk and direction. Face slightly L on ct 3.
3		Beg R, one Waltz step backing up CCW.
4		Repeat meas 3, beg L, but facing and moving fwd CCW.
	II.	FIGURE II.
1-2		Repeat Fig I, meas 1-2 (2 Dal steps).
3-4		Release handhold. Make one individual small circle R/CW with 2 Waltz steps, progressing CCW around the circle, and end facing ctr.

Sequence: Alternate Fig I and Fig II, once each, until the music ends.