

Anglaise (Postkortdansen) (Denmark, Als [Sønderjylland])

Anglaise (ahn-GLAYZ) means English-style. This dance was reconstructed by Ole Skow and Per Sørensen in 1998 from a pictorial diagram (No. 28) dated 1785. This diagram was found in a manuscript of Jørgen Jørgensen from Guderup (Isle of Als, Denmark). The music was found in the book of a musician from a nearby village. The dance was called Anglaise because the formation and figures resemble an English Country dance. The diagram was printed as a picture postcard in 1990 by a Danish Folk dance organization. Since then it is usually referred to as the post card dance. This dance was presented by Wolfgang Schlüter at the 2013 Stockton Folk Dance Camp.

Music: 3/8 meter *Liflig Sang*, CD 2, Track #11

Video: 2013 Stockton Folk Dance Camp, DVD. Camp videos can be viewed in the library at University of the Pacific, or by contacting a camp participant who purchased it.

Formation: Longways set of 3 or 4 cpls without handhold.

Steps & Styling: Unless stated otherwise, all steps in this dance are Running Triplet steps. The right wrist mill in Fig. 3 is formed when each person puts his or her hand on the wrist of the person in front of him or her.

Steps: Running Triplets. (meas 1) M step fwd on L (ct 1), step fwd R (ct 2), step fwd L (ct 3); (meas2) M step fwd on R (ct 1), step fwd on L (ct 2), step fwd on R (ct 3). W use opp ftwk.

Triplet Balance. (meas 1) Step sdwd L on L (ct 1), step on R beside L (ct 2), step on L beside R (ct 3); (meas 2) Step sdwd R on R (ct 1), step on L beside R (ct 2), step on R beside L (ct 3).

Measure	3/8 meter	PATTERN
---------	-----------	---------

One chord INTRODUCTION. No action.

I. DANCE AROUND NEIGHBOR

1-4 M1 dance around M2 CW while W2 dance CW around W1 .

5-8 M1 and W2 meet in ctr and 2-hand turn CW to end in orig places.

9-16 M2 and W1 repeat meas 1-8 moving CCW around M1 and W2 and turning CCW in ctr.

II. DOWN, BACK, CAST

- 1-4 Cpl 1 dance down the inside, passing Cpl 2; dance out between Cpls 2 and 3.
- 5-8 Cpl 1 join both hands at bottom of set and turn once CW.
- 9-16 Cpl 1 with inside hands joined, lead up the inside; cast off to end in second place. Cpl 2 move up into first place on cts 15 & 16.

III. BALANCE, MILL, CHAIN

- 1-2 Cpls 1 and 3 Triplet Balance L & R (M with M, W with W) center hands joined in W pos.
- 2-4 Repeat meas 1-2
- 5-8 Cpls 1 and 3 make a R wrist mill and dance once around, beginning with L ft.
- 9-16 Cpls 1 and 2 chain 4 hands (beg R hand to ptr, moving in a small tight box).

In 3-cpl formation, Cpl 1 dances to bottom of set as Cpl 3 moves up and the dance begins with new Cpls 1 & 2. In 4-cpl formation, Cpl 1 dances again from 2nd pos with Cpls 3 and 4, ending by dancing to bottom of set as new Cpls 1 & 2 begin the dance.

Repeat dance from beginning for each Cpl.

