

Alunelu from Varv

(Varv, Bulgaria)

Alunelu (ah-loo-NEH-loo). "Alunelu" either means "hazelnut," or "Nelu," the man who loves to dance this dance. It is a dance for both men and women, and comes from the village of Varv in Northwest Bulgaria, the Vidin-Danube river area. It is usually performed with instrumental accompaniment. Daniela Ivanova learned it in 2006 while documenting the folklore festival in Vidin and presented it at the 2008 Stockton Folk Dance Camp held at the University of the Pacific.

Music: 2/4 meter

CDs: Ya si te daruvam surtseto, dushata CD (*I Give You My Heart, My Soul*)

Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 5.

Dances from Serbia & Northwest Bulgaria. Band 1.

Video: 2009 Stockton Folk Dance Camp, DVD*

Formation: Open circle; belt hold, facing ctr.

Steps & Styling: Feet parallel.

Meas	2/4 meter	Pattern
1-4	<u>INTRODUCTION</u>	No action.
	I. <u>IN AND OUT</u>	
1		Step on R fwd (ct 1); step on L beside R (ct &); step fwd on R (ct 2); hop on R with L slightly lifted (ct &).
2		Step on L fwd (ct 1); step on R beside L (ct &); step fwd on L (ct 2); hop on L with R slightly lifted (ct &).
3-4		Repeat meas 1-2.
5-6		Step on R, L bkwd (cts 1,&); step on R, L, bkwd (cts 2,&). Step on R, L bkwd, (cts 1,&); step on R and stamp L in place, no wt (cts 2,&).
7		Step on L in place (ct 1); stamp R, no wt (ct &); step R in place, (ct 2); stamp L, no wt (ct &).
8		Step on L in place (ct 1); stamp R, no wt (ct &); stamp R, no wt (ct 2).
9-16		Repeat meas 1-8.
	II. <u>PAS DE BAS</u>	
1		Step on R in place (ct 1); step on L in front of R (ct &); step on R in place (ct 2); small L kick fwd (ct &).
2		Repeat meas with opp ftwk.
3-5		Step on R in place, step on L across in front of R, step on R in place (step-cross-step) (cts 1,&,2); repeat step-cross-step 3 times alternating ftwk (4 total) (cts &,1,&, 2,&,1, &,2,&).
6		Step on R in place (ct 1); step on L in front of R (ct &); step on R in place (ct 2); small L kick fwd (ct &).
7-12		Repeat meas 1-6.

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III. HEEL STEPS

- 1-2 Step on R heel to R (ct 1); step on L behind R (ct&); step on R heel to R (ct 2); step on L behind R (ct &). Step on R heel to R (ct 1); step on L behind R (ct &); step on R to R (ct 2); lift L (ct &).
- 3-4 Repeat meas. 1-2 with opp ftwk and direction.
- 5-8 Repeat meas. 1-4.

IV. STEP STAMPS

- 1-2 Leap onto R (ct 1); stamp L in place, no wt (ct &); leap onto L (ct 2); stamp R in place, no wt (ct &). Leap onto R (ct 1); stamp L in place twice, no wt (cts &,2).
- 3-4 Repeat meas. 1-2 with opp ftwk and direction.
- 5-8 Repeat meas. 1-4.

SEQUENCE: Fig I, Fig II, Fig III, Fig IV, then Fig II, Fig III, Fig IV, then repeat from the beginning.

* Stockton Folk Dance Camp video's can be viewed in the library at U of P, or by contacting a camp participant who purchased it.