

ALAHOY

(Philippines)

Alahoy (AH-luh-hoy) is a Philippine social mixer. Some dancers may remember it as being taught by Mrs Francisca Reyes Aquino on her tour of the United States in the early 1960's. It was presented again, in 1977, by Bernardo Pedere at the University of the Pacific Folk Dance Camp, Stockton, California.

MUSIC: Record: Mico Mx 862 B 2/4 meter.
Mico Mx 551 B

FORMATION: Circle of cpls facing LOD, W to R of M. Inside hands joined about shldr level, elbows bent and down. Free hands down at sides.

STEPS: Heel and Toe: Touch R heel on floor in front, toe turned out (ct 1). Touch R toe on floor in back, toe turned out (ct 2). Joined hands move back (elbows move very little) on heel(ct 1) and fwd on toe (ct 2). Step may also be done on opp ft.
Change Step (two-step): Step fwd on R (ct 1); step on L near R (ct &); step fwd on R (ct 2). Step alternates. Step may move in any direction. Ftwk same for M and W.

MUSIC 2/4

PATTERN

Measures

1-4 INTRODUCTION No action.

DANCE

1-2 Beg R, dance 1 Heel and Toe Step, and 1 Change Step fwd (LOD).

3-4 Repeat action of meas 1-2, but beg with L heel.

5-8 Beg R, dance 4 Change Steps fwd (LOD). There is an easy sdwd movement on each Change Step.

9-14 Repeat action of meas 1-6

15-16 Drop inside hands. Wave R hand and say "Alahoy!" to ptr as M move fwd (LOD) to next W with 4 steps, R, L, R, L. W wait in place for new ptr.
("Alahoy" is a greeting that could mean "Hello", but in this case it means "Goodby" or "See you again".)

Repeat dance from beginning with new ptr.

