

## Al Kanfe Ha'Kesef

(Israel)

Al Kanfe Ha'Kesef (ahl kahn-FEH hah KEH-sehf) is a non-partner dance choreographed by Moti Elfassy to music by Naomi Shemer. The title means "on silver wings" and the dance is a salute to all pilots in Israeli Air Force. David Edery presented the dance at the 1998 Stockton Folk Dance Camp.

Music: CD: Israel Folk Dances Band 10 4/4 meter  
Cassette: Israeli Folk Dances with David Edery,  
Stockton, 1998 Side A/4.

Formation: Circle of dancers facing LOD (CCW), hands joined in V-pos.

Steps and Styling: Running Step (1 to a ct): Danced in a vigorous manner. Knees are lifted high. Step alternates.

Mayim Step R (1 to a meas): A 4-step grapevine, moving CW (to L): step on R across in front of L (ct 1); step on L to L (ct 2); step on R across in back of L (ct 3); step on L to L (ct 4). Step repeats exactly.

Mayim Step L: Same as Mayim R but reverse ftwk and direction.

Yemenite R (4 ct): Step on R to R side, bending knees(ct 1); step on ball of L ft near R heel, straightening knees (ct 2); step on R across in front of L, bending knees(ct 3); hold, straightening knees straightening knees easily (ct 4). Do not turn hips. Step alternates.

Yemenite L (4 ct): Same as Yemenite R but reverse ftwk and direction.

Ftwk same for all throughout.

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Measures	4/4 meter	PATTERN
4 meas	<u>INTRODUCTION</u>	No action. Begin with vocal.
	I. <u>TO LOD AND BACK; TO CENTER AND BACK</u>	
1	Beg R,	run 4 steps in LOD (CCW).
2	Facing ctr,	step on R to R side (ct 1); step on L ft across behind R (ct 2); step on R to R side (ct 3); leaving R in place, step on L to L(ct 4).
3-4	Beg R ft over L,	dance two Mayim steps in RLOD.
5	Step twd ctr on R ft (ct 1); hop on R (ct 2); repeat with L ft (cts 3,4).	

- 6 Beg R, dance 1 Yemenite step (cts 1-3); hop on R (ct 4).  
7 Repeat Meas 6 with opp ftwk (beg L).  
8 Beg R, run bkwd 4 steps to reform orig circle.  
9-16 Repeat meas 1-8

II. TO RIGHT SIDE, LEFT SIDE; FORWARD AND BACK

- 1 Facing ctr, dance a low leap sdwd R onto R ft (ct 1); step on L next to R (ct 2); repeat (cts 3,4).  
2 Step onto R ft twd ctr bending torso back and raising arms to head level (ct 1); step back onto L and lower arms (ct 2); jump onto both ft in place (ct 3); hop on R ft in place (ct 4).  
3-4 Repeat meas 1-2 with opp ftwk and direction.  
5-8 Repeat meas 1-4.

SEQUENCE: Dance pattern twice as written plus Fig I, meas 1-8 and 1-2.  
Note: According to those who know, there are many recordings of this music and the dance sequence may vary from the one given above. Adapt and enjoy!