Al Kanfe Ha’Kesef
(Islam)

Al Kanfe Ha’Kesef (ahl kahn-FeH hah KEH-sehf) is a non-partner dance choreographed by Moti Elfassy to music by Naomi Shemer. The title means "on silver wings" and the dance is a salute to all pilots in Israeli Air Force. David Edery presented the dance at the 1998 Stockton Folk Dance Camp.

Music:
CD: Israel Folk Dances Band 10

Formation:
Circle of dancers facing LOD (CCW), hands joined in V-pos.

Steps and Styling:
Running Step (1 to a ct): Danced in a vigorous manner. Knees are lifted high. Step alternates.

Mayim Step R (1 to a meas): A 4-step grapevine, moving CW (to L): step on R across in front of L (ct 1); step on L to L (ct 2); step on R across in back of L (ct 3); step on L to L (ct 4). Step repeats exactly.

Mayim Step L: Same as Mayim R but reverse ftwk and direction.

Yemenite R (4 ct): Step on R to R side, bending knees (ct 1); step on ball of L ft near R heel, straightening knees (ct 2); step on R across in front of L, bending knees (ct 3); hold, straightening knees straightening knees easily (ct 4). Do not turn hips. Step alternates.

Yemenite L (4 ct): Same as Yemenite R but reverse ftwk and direction.

Ftwk same for all throughout.

<table>
<thead>
<tr>
<th>Measures</th>
<th>4/4 meter</th>
<th>PATTERN</th>
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<tbody>
<tr>
<td>4 meas</td>
<td>INTRODUCTION No action. Begin with vocal.</td>
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<tr>
<td>I. TO LOD AND BACK; TO CENTER AND BACK</td>
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<tr>
<td>1</td>
<td>Beg R, run 4 steps in LOD (CCW).</td>
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<tr>
<td>2</td>
<td>Facing ctr, step on R to R side (ct 1); step on L ft across behind R (ct 2); step on R to R side (ct 3); leaving R in place, step on L to L (ct 4).</td>
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<td>3-4</td>
<td>Beg R ft over L, dance two Mayim steps in RLOD.</td>
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<tr>
<td>5</td>
<td>Step twd ctr on R ft (ct 1); hop on R (ct 2); repeat with L ft (cts 3,4).</td>
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6    Beg R, dance 1 Yemenite step (cts 1-3); hop on R (ct 4).
7    Repeat Meas 6 with opp ftwk (beg L).
8    Beg R, run bkwd 4 steps to reform orig circle.
9-16  Repeat meas 1-8

II. TO RIGHT SIDE, LEFT SIDE; FORWARD AND BACK
1    Facing ctr, dance a low leap sdwd R onto R ft (ct 1); step on L
     next to R (ct 2); repeat (cts 3, 4).
2    Step onto R ft twd ctr bending torso back and raising arms to
     head level (ct 1); step back onto L and lower arms (ct 2); jump
     onto both ft in place (ct 3); hop on R ft in place (ct 4).
3-4  Repeat meas 1-2 with opp ftwk and direction.
5-8  Repeat meas 1-4.

SEQUENCE: Dance pattern twice as written plus Fig I, meas 1-8 and 1-2.
Note: According to those who know, there are many recordings of this music and the dance sequence may vary from the one given above. Adapt and enjoy!