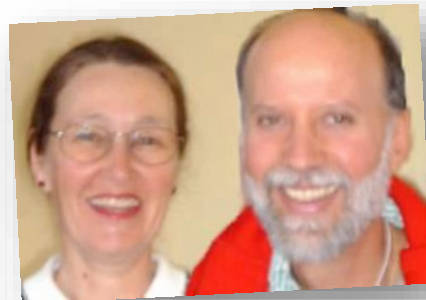


Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING **OR** OCTOBER 2018

We'll be teaching at the Officers Ball on Saturday, October 20. We hope to see you there!



*Top, left to right: Katherine Abbott, Kaela Fine, Marija Hillis. Andre and Yvonne Covillion
Bottom, left to right: Warren and Gigi Jensen, Lenore Frigo, Bruce Mitchell, Denise Heenan.*

Oktoberfest

(workshop, dinner and party) for just \$40. Details and the Registration Form on p. 12.

The Federation's Officer's Ball is **Saturday, October 20** in Pleasanton. Register before **October 12** for the entire event

Let's Dance!

Volume 75, No. 8
October 2018

Editor: Loui Tucker

Email: editor@folkdance.com

153 Race Street, San Jose, CA 95126

News From Around The Bay: Contributions from clubs

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Vice President: Diane Baker

Secretary: Leslie Halberg

Treasurer: Mindy Belli

Website: www.SoCalFolkdance.org

The Federation's **Promotion Fund** is available to Federation members and clubs, in the form of a grant or a loan, to promote a specific dance event or folk dance in general. Read more about this fund and download an application at www.folkdance.com under the **Services** tab.

The Federation's **Scholarship Fund** provides financial assistance to dancers wishing to attend dance workshops and dance camps. Read more about this fund and download an application at www.folkdance.com under the **Services** tab.

Donations: The Folk Dance Federation of California is a 501(c)3 non-profit organization, and donations are tax deductible! Gifts and donations are also welcome. Send to:

The Folk Dance Federation Treasurer

226 Alameda de las Pulgas

Redwood City, CA 94062

Join now: Membership rates:

Individual \$35/year (add \$15 for foreign addresses)

Family rate \$45/year

Student rate \$25/year (26 or under and at least half time)

Group/Club rate \$40/year

Mail applications, renewals & checks to:

Folk Dance Federation of California, Inc.

Alicia La Fetra, 1614 Peacock Avenue, Sunnyvale, CA

94087

To post dance event flyers on the Federation's website, email: webmaster@folkdance.com

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The deadline for *Let's Dance!* is the first day of the month prior to the date of publication. We welcome submissions, letters and comments from our readers. Please send to: Loui Tucker, Editor (editor@folkdance.com). Opinions expressed in *Let's Dance!* are not necessarily those of the Folk Dance Federation or of the Editor.

Your advertising helps support *Let's Dance!* Please make checks payable to the **Folk Dance Federation**. Ad rates:

	<u>½ page</u>	<u>full page</u>	
Member clubs	\$50	\$90	<i>Note: All ads are in COLOR</i>
All others	\$80	\$120	

Mail checks for advertising to **Laura Douglass**
226 Alameda de las Pulgas
Redwood City, CA 94062

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OOOPS!

The caption on the photo below in the September issue of *Let's Dance!* mis-identified Carol Friedman. I looked for the tallest figure, the dancer in red, and didn't look a second time. Carol is the shorter dancer, the woman in the blue shirt, across the circle from the boy in red!

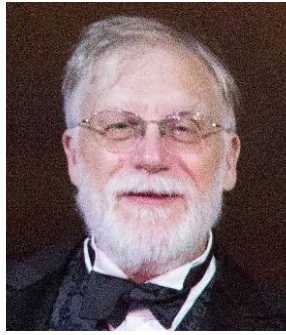
The Editor



PRESIDENT'S MESSAGE

by Joe Croco

This will be a short note this month. As I'm writing this, Laura and I are getting ready to go to Burning Man, and we will be gone for two weeks. This year we are joining the Contra Dance camp. For those of you not familiar with Burning Man, people form camps and offer some type of service to everyone there free of charge. The camp we are joining has a dance every night with live music and a large dance floor, and it invites everyone to come and dance. They also offer dance classes in the morning, and Laura and I will be teaching classes about partner dancing and West Coast swing. Next month's article should have something about our experience at Burning Man along with



some pictures. Back to packing and getting ready to stay out 12 days out in the desert where we have to bring everything we need for our stay there.

I'm still getting emails regarding my question about line vs couple vs partner dancing. So far all the responses except one have been from women. Don't you men have anything to say?

Remember that the Federation Board is still looking to fill two important positions in our organization: (1) Insurance Chair and (2) Statewide 2020 Chair. The Insurance Chair does not need a knowledge of insurance, although that would be an asset. Because the insurance program is in place, this is now largely a clerical position, and training will be provided.

The Statewide Chair (it could be co-chairs), would be in charge of organizing the Statewide Festival in May 2020. Training and support will be provided.

Please contact me if you wish to discuss either position.

Булгарика - Bulgarika

BULGARIKA



www.kopachkafolk dancers.com

LIVE at Kopachka Folk Dancers
Friday, OCTOBER 19, 2018
8-10:30 pm \$15
Bulgarian Folk Dance Party

Join us for Bulgarika's first stop in the Bay Area on their national tour! Come dance to the haunting melodies and fiery dance tempos of four master musicians, all steeped in Bulgarian music and rhythms from a young age: **Nikolay Kolev** (gadulka), **Stoyan Kostov** (tambura & vocals), **Michael Ginsburg** (tapan) and renowned singer **Donka Koleva**.

Strawberry Recreation Center, 118 E. Strawberry Drive, Mill Valley
SPACIOUS SPRUNG DANCE FLOOR | LOTS OF PARKING
president@kopachkafolk dancers.com or 415-497-4890

October 2018 Calendar of Events

We reserve the right to edit all submissions; we assume no responsibility for accuracy.

Send future events information to Loui Tucker, Editor, at editor@folkdance.com.

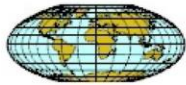
Additional events can be found at www.folkdance.com (Community tab).

The deadline for listings is one month prior to the magazine date.

- Oct. 6 **NORDIC FOOTNOTES SCANDINAVIAN DANCE PARTY.** First United Methodist Church, 625 Hamilton Avenue, Palo Alto. Teaching 7:30-8:30 followed by a dance party. Info: NordicFN@gmail.com.
- Oct. 13 **PENINSULA FOLK DANCE COUNCIL PARTY.** Garden House, Shoup Park, 400 University Avenue, Los Altos. 7-10 pm \$9. Workshop with Adony Beniares followed by dance party with Loui Tucker as MC. Info: hollisradin@pacbell.net.
- Oct. 14 **CROATIAN HERITAGE FESTIVAL.** Croatian Cultural Center, 60 Onondaga Aveue, San Francisco. Noon-8 pm. \$15. A festival of Croatian and international music, dance, and ethnic food, live dance music, dance performances, and dance workshop with Željko Jergan. Info: CroatianAmericanWeb.org.
POSTPONED. POSSIBLE DATE 10/28. PLEASE SEE www.croatianamericanweb.org FOR UPDATES.
- Oct. 19 **BULGARIAN FOLK DANCE PARTY WITH BULGARIKA.** Strawberry Recreation Center, 118 E. Strawberry Drive, Mill Valley. \$15. See ad on p. 3. Info: president@kopachkafolkdancers.com.
- Oct. 20 **OKTOBERFEST – THE FEDERATION OFFICERS BALL!** Veterans Memorial Building, 301 Main Street, Pleasanton. Afternoon workshop, on-site dinner, evening party. 1:30-10:30 pm. \$40 in advance. Info: loui@loutucker.com. See registration form on p. 12.
- Oct. 22 **FOLK DANCE PARTY** with live music by Bulgarika. Hermann Sons Hall, 860 Western Avenue, Petaluma. 7-9:30 pm. \$12 Info: cjay@horizoncable.com.
- Oct. 28 **WORKSHOP WITH MICHAEL GINSBURG AND EVENING PARTY.** First Baptist Event Hall, 305 N. California Avenue, Palo Alto. 1:30-3:30 pm Balkan dance workshop with Michael Ginsburg \$12; 4-7 pm dance party with live music by Bulgarika \$18. \$25 for both. Info: LucySChang@gmail.com.
- Oct. 31 **CARRIAGE HOUSE DANCERS HALLOWEEN PARTY.** Holbrook Palmer Park, 150 Watkins Avenue, Atherton. 7:15-10:15 pm. \$9 drop-in. Costumes, please!
- Nov. 10 **PENINSULA FOLK DANCE COUNCIL PARTY.** St. Bede's Church Hall, 2650 Sand Hill Road, Menlo Park. 7:15-10:30 pm. \$9. Info: hollisradin@pacbell.net.
- Nov. 17 **PRE-KOLO FESTIVAL WORKSHOP AND PARTY.** All Saints' Episcopal, 555 Waverley Street, Palo Alto. 6:45-11 pm. \$15. Workshop with Sue Williard and dance party with Zabava! Info: LucySChang@gmail.com.
- Nov. 23-24 **67TH ANNUAL KOLO FESTIVAL.** Croatian-American Cultural Center, 60 Onondaga Avenue, San Francisco. Gergana Panova (Bulgarian); Sonia Dion and Cristian Florescu (Romanian); John Morovich and John Filcich (Kolos). Package deal or pay-at-the-door. Dance workshop and singing classes both days; dancing to live music both nights. Kolo Festival is seeking volunteers! Info: balkantunes.org/kolofestival.
- Dec. 1 **PALOMANIANS PIE PARTY.** St. Bede's Church Hall, 2650 Sand Hill Road, Menlo Park. \$10. Info: hollisradin@pacbell.net.
- Dec. 1 **RAZZMATAZZ ANNUAL CHRISTMAS FOLK DANCE PARTY.** Monroe Hall, 1400 W. College Avenue in Santa Rosa. 7-10 pm. Includes a reading of The Night Before Christmas and a visit from Santa. Dancing to recorded and live music. Info: marilynsmith@sbcglobal.net
- Dec.10 **ANNUAL PETALUMA HOLIDAY FOLK DANCE PARTY** with live music. Hermann Sons Hall, 860 Western Avenue, Petaluma. 7-9:30 pm. Info: Carol.Friedman@horizoncable.com. First hour will be dancing to old and new recorded favorites, followed by dancing to live music.

FROM THE EDITOR (Loui Tucker) and **WEBSITE MANAGER** (Kevin Greek): While Federation website (folkdance.com) and *Let's Dance!* magazine are both part of the Federation, they are managed by two different people. While we are in close communication, sending email to one of us about your upcoming event does not necessarily mean the other will know about it. If you want the folk dance community to know about your event, please let BOTH of us know about it.

Jim Gold International Tours: 2019-20



Travel
broadens
one!

Meet the people, see historic sites,
folk dance with local groups.

Our trips are for folk dancers, non-dancers,
and anyone with a love of travel and culture.

Tour itineraries at: www.jimgold.com



ARGENTINA and CHILE: March 29-April 8, 8-10, 2019. Led by Jim Gold
Buenos Aires, Salta, San Antonio de los Cobres, Quebrada de Humahuaca,
Mendoza, Santiago

ALBANIA and KOSOVO: May 7-19, 19-21, 2019.

Led by Lee Otterholt Tirana, Durrës, Vlora Folk Dance Festival! Kruja,
Saranda, Berat, Shkodra, Gjirokastra



POLAND: June 10-24, 2019.

Led by Richard Schmidt: Kraków, Rzeszów, Zakopane,
Częstochowa, Gdańsk, Olsztyn, Żelazowa Wola, Warszawa

NORWAY, DENMARK, SWEDEN: June 11-24, 2019.

Led by Lee Otterholt: Oslo, Gothenburg, Helsingborg (Elsinore), Copenhagen

IRELAND: July 13-25, 2019. Led by Jim Gold and Lee Friedman
Galway, Connemara, Aran islands, Doolin, Killarney, Kerry,
Cork, Blarney, Belfast, Dublin



ROMANIA: October 12-24, 2019. Led by Jim Gold
Bucharest, Sibiu, Cluj, Sighetu Marmatiei, Piatra Neamt, Brasov

BULGARIA: Koprivshtitsa Folk Festival Tour! August 2-16, 2020

Led by Jim Gold and Lee Otterholt

Sofia, Plovdiv, Bansko, Veliko Turnovo and great Koprivshtitsa Folk Festival !

TOUR REGISTRATION: Can't wait to go! Reserve my place! Mail your \$200 per person
deposit. Or with credit card at: www.jimgold.com

Tour(s) desired _____
Name _____ Address _____
Phone(____) _____ Email _____

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ANGEL'S LEGACY

Her Scholarship Awardees

(Editor's Note: Ben and Rosie Bruxvoort were awarded an Angel Tam Scholarship from Changs Folk Dancers to attend Balkan Camp in the Mendocino woods in June.)

Balkan Camp 2018 was a total blast! I was unprepared for the fun, and exhaustion it would bring, but I am so grateful for the opportunity to learn new dancing and musical skills. Besides having fun, I was also challenged musically. I had never been exposed to playing techniques from the Balkans so I was driven to learn quickly. Additionally, I usually learn music by reading sheet music, but I had to learn and retain songs by ear while playing in Kids' Band. Once everyone learned the songs, we just had a good time playing together. Despite the musical challenges, I had a wonderful time playing music at Balkan Camp and can't wait to go back again.

On the dancing side, I also enjoyed myself. I took Macedonian and Bulgarian dance classes during the day, which were both interesting, with wonderful teachers. I really enjoyed learning during the day, but I most enjoyed how the classes translated to the evening parties, which quickly became my favorite part of the day and of camp in general. I honestly can't wait to go back next year! Thank you, Changs, for the opportunity!

Ben Bruxvoort

Dear Changs Dance Group,

Thank you for the scholarship that allowed me to attend Balkan Camp this year. This camp was one of the highlights of my summer and I am grateful that I was able to attend it. Balkan Camp taught me many things about myself and I learned many new styles of dance and music. I attended four classes during the day and enjoyed myself at the dance parties at night.

During the four days I attended Balkan Camp, I went to the Bulgarian dance class and I spent time at the beginner Tupan drum class in the morning. I also took Kids' Band along with the brass band class. All of these

classes were challenging but I learned a lot at this camp.

I highly recommend this camp to any other person with an inclination for music and dance. I enjoyed making music with other kids and sleeping in the woods at night. I had an amazing time at this camp, and I will definitely go again if I have the chance.

Rosie Bruxvoort



OBITUARY: FRED HO

Popular San Francisco Bay dancer **Fred Chi-hung Ho** lost his battle with cancer on Saturday, August 18, 2018, at the age of 55. Fred and his wife Violet attended classes and dance events in San Francisco, around the Bay area, including three trips to participate in Stockton Folk Dance Camp. Fred and Violet enjoyed folk dancing and were perfect partners both in life and on stage.

A native of Hong Kong, Fred moved to San Francisco with Violet in 1991. He worked at the University of California, San Francisco as a Pharmacy Tech for 16 years, and in the First Data Bank as a Pharmaceutical Analyst for seven years.

Fred was creative and artistic and had a sense of beauty. With his fashion design background, he designed and made folk dance costumes for Violet and was her personal hairdresser for dance performances and venues. He designed posters for folk dance venues and events. He also helped choreograph performance dances.

Memorial donations in memory of Fred can be made payable to Changs International Folk Dancers. Write in the memo field of the check: **The Fred Ho Scholarship Fund**. Mail to: Linda Milhoan, 324 Molimo Drive, San Francisco, CA 94127.

Fred Ho (front), with Violet Ho, Angel Tam and Stella Voyles, in 2012. *Photo by G. Deeg.*



Hungary Initiatives Foundation, in association with Centrum Management, presents



HUNGARIAN NATIONAL DANCE ENSEMBLE

ARTISTIC DIRECTOR: ZOLTÁN ZSURÁFSZKY

SPRIT OF HUNGARY 1848

Revolution and Roots in Dance and Music



An exclusive dance and music performance to commemorate the spirit of the 1848 Hungarian Revolution against Habsburg rule and to celebrate the vibrant and energetic folklore of the Hungarians in the Carpathian Basin. The Hungarian National Dance Ensemble (Magyar Nemzeti Táncgyűttes) is one of Hungary's leading professional folkdance companies, which has toured the world with great success and acclaim. The Ensemble's North American tour is a rare opportunity to see Hungarian dance culture at its best.



Thursday, November 1, 2018 at 7:30 PM
Mountain View Center for the Performing Arts
500 Castro St. Mountain View, CA 94041

Tickets: \$35, \$45 – plus applicable service charges - Free Parking
Box Office: (650) 903-6000 – or visit: www.mvcpa.com

NEWS FROM AROUND THE BAY AND BEYOND

RAZZMATAZZ – Marilyn Smith

Fall folk dance classes in Santa Rosa, both beginning and intermediate level classes, began the first week of September and are now in full swing. Dances from the Balkans are the focus of the classes.

Saturday, December 1 is our annual **Christmas Folk Dance Party** at Monroe Hall from 7-10 pm. Our community always looks forward to this party which features a reading of **The Night Before Christmas** and a visit from **Santa**. There will be dancing to both recorded folk dance favorites and live music. More information? Google: Razzmatazz Folk Dance Club.

Hope to see you on the dance floor!

PENINSULA COUNCIL – Hollis Radin

The PFDC is gearing up for **Heritage Festival 2019!** In addition to the Saturday afternoon Croatian dance workshop with Željko Jergan, there will be an on-site dinner, a Croatian singing workshop, a short performance by the Croatian youth group Koraci, and two fun-filled parties! More information on this **January 18-19** event to come next month! See the ad on p. 10 and mark your calendar.

Venue alerts: The October 6 Nordic party will be at the **First United Methodist Church**, and the October 13 PFDC party will be at the **Garden House in Los Altos**.

The Moveable Feet Club had two great events in September, including their popular **Summer Dances in Review**, which included a short video tribute to Fred Ho. Moveable Feet will be hosting an **afternoon workshop with Michael Ginsberg** at the First Baptist Church on October 28, followed by a party with live music by Bulgarika.

The Carriage House Dancers will have a **Halloween party** on, as luck will have it, Halloween! Bring snacks and come in costume.

SAN FRANCISCO DANCE GROUPS – Linda Milhoan

Changs International Folk Dancers awarded two Angel Tam Scholarships to Rosie and Ben Bruxvoort. Please

see the article on p. 6 about their experiences at Balkan Camp.

City College of San Francisco is one of the only community colleges in California to offer a folk dance class. This semester Jeanne-Marie Hughes' European Folk Dance Class meets on Mondays, 6-8 pm. Plans are in the works to host a **special Romanian dance workshop taught by Cristian Florescu and Sonia Dion** on the Monday evening after Thanksgiving. Details will be in the November issue of *Let's Dance!*

BERKELEY FOLK DANCERS – Naomi Lidicker

We had a wonderful start with our **classes for beginners** the first week of September. The welcome mat is still out for anyone who is interested. Please tell your friends. We offer two opportunities for beginners, both on Tuesday: (1) 1:30-3:00 pm at Northbrae Community Church, 941 The Alameda, in Berkeley; and (2) 7:45-9:45 pm, at Live Oak Park Social Hall, Shattuck and Berryman, in Berkeley. The afternoon classes are not related to the evening classes. They have a different repertoire, are more relaxed, and respond to the requests and needs of the attendees.

Don't forget to point out to your wanna-be-a-dancer friends that dancing is both a fun way of exercise and it stimulates the mind – and it is very affordable. No partner needed.

Of course, the Berkeley Folk Dancers are having a **Halloween night**, but we are combining it with our **Trial Dance Selection evening**. Demonstration of proposed dances will begin exactly at 7:30 pm. This is our chance to choose new dances to add to our repertoire from various summer camps and workshops. BFD members will demonstrate the dances that they found interesting and BFD attendees will vote on the ones they might wish to add to our dance list. We have found this to be successful and added to our Halloween fun. Come join us on **Friday, October 26** at Live Oak Park Social Hall. It's free for members and \$5 for non-members. Contact Ruth Gasser for more info at 510-452-0806.

ETHNOGRAPHIC TRAVEL IN TRANSYLVANIA AND BUCOVINA

Text and photos by Susie Schoaf

When I heard about a trip being organized by Sonia Dion and Cristian Florescu, master Romanian dance teachers, I decided to join them on their 10-day group tour to Romania, along with several members of Kopachka Folk Dancers. We were 40+ dance aficionados from the US, Canada (Quebec), Germany, Sweden, Italy, England and Romania.

The tour was based out of the university town of Cluj-Napoca in Transylvania (see map), where Camelia and Neluțu Motoc, good friends of Sonia and Cristian, have directed a school of ethnic Romanian dance for 25 years.

The tour's focus was Ethnographic Travel in Transylvania and Bucovina, encompassing day tours out of Cluj, dance classes, museum visits (wooden spoons and decorated eggs) and – the best part – village festivals specifically for our group. We spent one weekend in Bucovina, a region northeast of Transylvania, in the green and rainy hills where storks sat in four-foot-wide nests atop light posts. In each town we visited, the villagers



all came out to greet us dressed in ethnic costumes, with bread, tuica (a red liquor distilled from fermented fruit) and music. There was a performance, dinner, and dancing for everyone. Camelia and Neluțu's students, so professional and talented, performed three times for the group. The youngest was eight years old.



At the town of Frata, we were serenaded by incredible violinists led by Sandorica and more dance performances over a feast of goulash and polenta. As we were leaving, the village organizer for the evening came aboard the bus to say goodbye, in Romanian of course. Cristian translated, but you could tell the host wanted to say something in English, to really communicate his feelings. All of a sudden he held up his arms as if to embrace us and said "Barack Obama!" The bus passengers, of course, burst into applause. It was a nice little cross-cultural highlight.

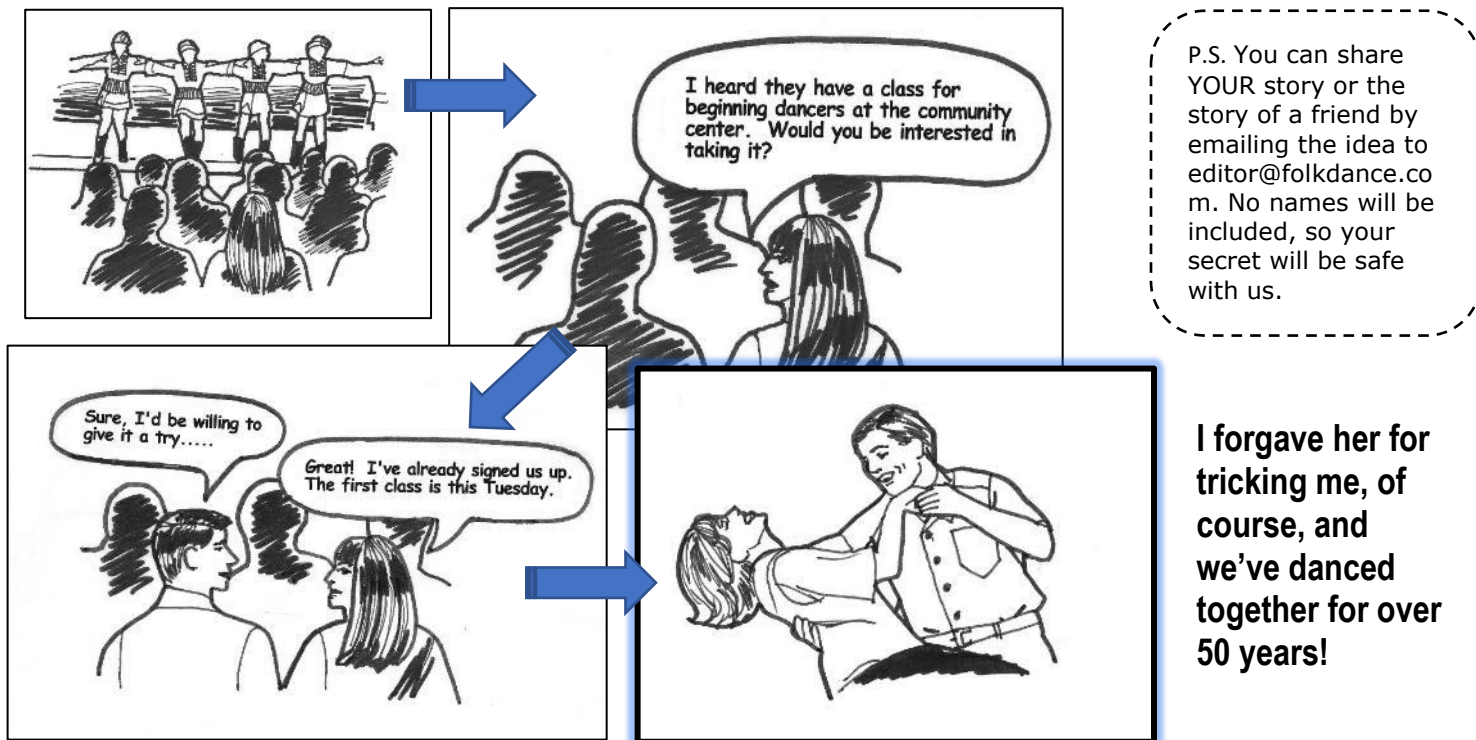
Near the end of our stay we headed up into the hills near Cluj to the village of Marisel, in even more rain, for a ride on horse-drawn carts used in the fields, not for tourists. Greeted to a buffet of hors d'oeuvres, more tuica, and incredible musicians, we ended the evening dancing around an enormous bonfire with the villagers.

This was a well-thought out and organized trip, but so much more. It was very much a celebration of Romania, its customs, songs, dances, costumes and feasting culture, in Dracula country! I'll be teaching many of the dances we learned at Kopachka Folk Dancers on Fridays in Mill Valley. Visit our website: www.kopachkafolkdancers.com.



In 2014, *Let's Dance!* began running an occasional cartoon illustrating the answer to the question:

Why did YOU start folk dancing? Artwork by Susan Gregory; text by Loui Tucker



HERITAGE FESTIVAL 2019

January 18 Opening Night Party, Shoup Park, Los Altos

January 19 Afternoon workshop and evening party

Twin Pines Senior & Community Center, Belmont

Featuring Željko Jergan



Master teacher and well-respected
choreographer of Croatian dance

For more information, or to be on our mailing list, contact:

Heritagefolkdance@gmail.com



Croatian Party theme Saturday





DANCE ON THE WATER

Announcing our 2019 cruise!

*From Dubrovnik and the Adriatic
to Slovenia and Venice*

June 1 - 15, 2019

Seven days sailing the stunningly blue Adriatic on the 40-passenger *M/S Prestige*, then three days in Marija's homeland Slovenia, ending with three days in timeless Venice – with folk dancing every night!

Eleven excursions and most meals included! Sights include two national parks, two UNESCO World Heritage sites, pristine Lake Bled, and St. Mark's Basilica.

All this for as low as \$3,985 (double occupancy, excluding air)

Check out our website for all the details: www.folkdanceonthewater.org

Please write to get on our email list: folkdanceonthewater@gmail.com
Marija & David Hillis, 2147 Parker Street, Berkeley CA 94704 - (510) 549-0337

FROM THE FAMILY PHOTO ALBUM....

Karen Wilson-Bell and Dick Rawson at Stockton Folk Dance Camp. *Photo by L. Tucker.*



Howard Young, Yale and Marcia Rosenblatt, Alicia La Fetra at the Saratoga Dancers' "Pastel Passions" End-of-Summer Party. *Photo by C. Dickey.*



Eileen Kopec teaching Kapatovsko Horo at the Review of Summer Dances. Behind: Francine Donner, Lothar and Ulrike Narins, unknown, Kaela Fine, and Karen Burtress Prak. *Photo by L. Tucker.*



Margaret Harrison, Robert Null, Jan Nicoara, and Lon Radin dancing at a Moveable Feet event in April. *Photo by E. Khuner.*

CELEBRATE OKTOBERFEST



at the Federation's Officers Ball

Saturday, October 20, 2018

Pleasanton Veterans Memorial Main Hall
301 Main Street, Pleasanton, CA

SCHEDULE: 1:00 Doors open

\$20 1:30-5:30 Dance Workshops (*see box below*)

\$10 5:30-7:00 On-site dinner, including entertainment by Bill Cope (*sign up by October 12*)

\$20 7:00-10:30 Evening celebration, dances from the workshop, and your requests

Advanced sale \$40 for the entire event and save \$10. At the door \$40, but dinner will NOT be included.

Registration Form can be downloaded and payment made at www.folkdance.com

Officers Ball 2018 Registration Form

Name(s): _____

PRE-REGISTRATION for the entire Officers Ball (by Oct 12):

\$40 **PACKAGE** X ____ people = \$ ____

I/We can only come for part of the event:

\$20 workshop X ____ people = \$ ____

\$10 dinner X ____ people = \$ ____

(sign up by Oct. 12!)

\$20 evening party X ____ people = \$ ____

Any dietary issues we should know about?

Mail the check and reg form to:

Laura Douglass
226 Alameda de las Pulgas
Redwood City, CA 94062

Make check payable to the "FOLK DANCE FEDERATION"

Email the form to: L_M_Douglass@yahoo.com

Contact Loui@Louitucker.com or

LucySChang@gmail.com with any questions.

TEACHERS & DANCES:

Katherine Abbott

Belčova Tropanka (Bulgarian)

Yvonne and Andre Couvillion

Mamanyushka Branila (Russian)

Kaela Fine

Arabim Fellahi (Turkish)

Lenore Frigo

Contras (USA)

Marija Hillis

Prince William (English)

Denise Heenan

Berovka (Macedonian)

Gigi & Warren Jensen

Argentine Tango (Argentine)

Bruce Mitchell

Slangpolska for Three (Swedish)

What's Up Down South?

~ News from Southern California ~

California Statewide Folkdance Festival "Ethnic Treasures"

May 31 – June 2, 2019

Statewide 2018 in Sacramento is a hard act to follow, thanks to Bruce Mitchell and his expeditious committee! The California Folkdance Federation, South, however, promises to continue the excellence, excitement, and energy at Statewide 2019.

We welcome you to instruction by treasured Southern Californian ethnic dance teachers Mihai David, Israel Yakovee, Sevi Bayraktar & Cesar Garfiaz. Petur Iliev from Chicago & Bulgaria joins the faculty.

Our spacious facility, Edmunds Ballroom, has less history (and fewer stairs) than the majestic Masonic Hall. Edmunds is located within Smith Campus Center at Pomona College in Claremont, CA. Further details coming soon. Visit our website, socalfolkdance.org, and choose the *Statewide* link. Admire the colorful flyer designed by Susan Gregory and choose the link *Doubletree Hilton* link to reserve rooms now at festival rates.

Our host hotel, Doubletree Hilton, has made a limited number of rooms available for \$139 per night. Rooms must be booked by April 29. The hotel is about a mile from Edmunds Ballroom, and the complimentary hotel van will be available to shuttle out-of-town guests on a limited basis.

Conveniently, Ontario International Airport is only 11 miles from the Doubletree Hilton in Claremont. Book your flight and hotel room soon!

GERRY (JERRY) WASHBURN – Take Two

by Loui Tucker

Several readers contacted me regarding the article about Gerry Washburn (September 2018). I am now better informed.

First, Dwight Fine, who attended Stockton for several years in the 1960 and 70s, informed me that Jerry did, in fact, attend Stockton Folk Dance Camp. (I came to realize that when I reviewed the Stockton attendance cards, I found a Jerry Washburn, but thought it was a man. It didn't occur to me that she might have spelled her name with a "J"). Jerry attended Stockton Camp six times between 1958 and 1969. Former Camp Director Bruce Mitchell remembers her being "an excellent dancer." Cookie Brakebill also remembers Jerry being at Stockton Camp, that she had a tiny 18-inch waist and wore her hair in a ponytail.

Teddy Wolterbeek called to tell me they were both in Millie Von Kinsky's performing group (which Bruce remembered as well), and that Jerry idolized Millie to the extent that the other girls were reluctant to say anything negative about Millie in Jerry's presence for fear of her becoming upset.

Jane Tripi wrote to tell me that Jerry taught a dance class every Thursday evening at the Montclair Rec Center (where Jane has her own class) until very recently.

Margaret Harrison said her husband danced with Jerry many years ago, and he thought he remembered Jerry being in charge of the costumes for Millie Von Kinsky's Dance Arts performing group. Margaret's five nephews attended St. Brendan's School and probably took classes from Miss Washburn.

HELP WANTED

The Federation is looking for people to fill two important positions: (1) **Insurance Chair** and (2) **Statewide Chair**.

For the **Insurance Chair**, a knowledge of insurance would be an asset, but it is not required. Because the insurance program is already in place, this is now largely a clerical position. Training will be provided.

The **Statewide Chair** (it could be co-chairs), would be in charge of organizing the Statewide Festival in May 2020. It isn't too early to start working on this event because popular venues, teachers, and musicians are often booked years in advance.

Please contact Federation President Joe Croco at president@folkdance.com if you are interested in serving in either position.



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The San Francisco Croatian Heritage Festival
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Golya

(Eastern Transylvania, Romania)

This medley of dances, from the Hargita region, was presented at Stockton Folk Dance Camp by Cristian Florescu and Sonia Dion. Many villages in Eastern Transylvania have slightly different versions of these (and several other) “small dances.” Golya (GOH-eeah) is the Hungarian word for stork. It is a dance done primarily by ethnic Hungarians in Transylvania. The other dances in the medley, Șapte Pași (meaning seven steps) and Roatele (meaning wheels), are danced by everyone in the village.

Music: 4/4 meter *Sonia and Cristian Romanian Couple Dances, Volume 2, Track 1*

Video: *Romanian Couple Dances – Vol. 2.* Dances taught by Sonia Dion and Cristian Florescu can be purchased from the teachers

Opening Formation: Circle of cpls facing CCW in Varsouvienne pos (see figures).

Steps: Walking, Running, Side-Close-Side, Step-Lift, Pivot.

Meas 4/4 Pattern

None INTRODUCTION. There is no musical introduction at the beginning of the recording. No action on the first four measures of the first dance.

I. GOLYA. (The stork)

1 Beg R, three walking steps bkwd (cts 1-3); lift R heel (ct 4).

2 Beg L, three walking steps fwd (cts 1-3); lift L heel (ct 4).

3 Repeat meas 1.

4 Beg L, two walking steps fwd (cts 1, 2); step L next to R (M may stamp) (ct 3); hold (ct 4).

5 In place, raise joined hands and bounce slightly at the knees while M helps W to twist upper body to R (cts 1-2); keeping joined hands raised, M helps W to twist upper body to L (cts 3-4).

6 Repeat meas 5.

7 Release L hands. Beg R, M takes three steps in place (cts 1-3). while W turns CW in place under joined R hands with 3 steps; small lift of R heel while raising L (slightly) with knee bent (ct 4).

Men may choose to dance with the free L arm down, or with the arm raised or behind the back (elbow bent at a 90° angle) and step heavily in place.

8 Take Varsouvienne position facing CCW. Beg L, three walking steps fwd (cts 1-3); lift L heel slightly (ct 4). M steps heavily with flat ft.

9-24 Repeat meas 1-8 twice. On the last ct, M replaces small lift of L heel with a step on R as M need L free for the next dance in the medley.



II. SAPTE PASI. (Seven Steps)

- 1 Beg M's L, W's R, four running steps fwd moving CCW around the circle (cts 1-4).
- 2 Continue moving fwd three running steps (cts 1-3); M lift L heel; W lift R heel (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction, moving bkwd (CW) around the circle.
- 5 Beg M's L, W's R, step side-together-side moving away from ptr (cts 1-3); lift heel of standing ft (ct 4). Gradually change arm pos from Varsouvienne to Open position: standing side by side, M's R hand joined with W's L hand at chest level. M's L hand and W's R hand are free.
- 6 Repeat meas 5 with opp ftwk and direction.
- 7-8 Beg M's L, W's R, four step-lifts (step, then lift heel of standing foot). M moves fwd (CCW) while assisting W to turn CW under their joined hands (M's R, W's L).
- 9-10 Repeat meas 5-6.
During measure 10, M moves in a semi-circle to end facing W and CW, in Ballroom position: ptr slightly offset to L.
- 11-12 Beg M's L, W's R, four step-lifts. Cpl rotates one (or two) full turn(s) CW while also moving CCW around the circle of the dance.
- 13-36 Repeat meas 1-12 twice. On the last two meas, cpl makes less than one full turn so W ends facing M and CW.

III. ROATELE. (The Wheels)

Cpl facing each other in shoulder-shoulder blade pos, W slightly offset to M's R side, M facing CCW, W facing CW.

- 1 Beg M's L fwd diag L and W's R bkwd diag R, step-together-step (cts 1-3). Lift heel of standing ft (ct 4).
- 2 Repeat meas 1 with opp ftwk, but continuing to move CCW (M fwd, W bkwd).
- 3-4 Repeat meas 1-2, but cpl adjusts slightly in meas 4 so that M's back is to ctr.
During measures 1-3 W's steps are larger than M's. W moves side-to-side with small curving motions (*croissant*).
- 5-6 Two full rotations CW as a cpl while moving CCW around the circle, using four pivot steps.
- 7-48 Repeat meas 1-6 seven times.

Notes: The dance sequence crosses the musical phrase frequently (6 meas figure, 8 meas phrase) and comes out even the last time. On this recording the dance medley is done once through.

Sonia Dion and Cristian Florescu at
Stockton Folk Dance Camp 2018.
Photo by L. Tucker.



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ADVENTURES AT STOCKTON FOLK DANCE CAMP 2018

By Lucia Hodges

For any of you who may feel stuck in your everyday existence, Stockton Folk Dance Camp is the prescription



Lucia Hodges. Photo by E. Khuner.

for you. It will open your mind to new rhythms, cultures, and activities. If you are looking for a healthy, broad-minded and interesting group of fun-loving people to join forces with, this is the bunch.

I attended the first week of Stockton Camp this year and found it was like living in a joyful alternate reality, set apart from the frustrations and sameness of everyday existence. You eat, learn, and dance with a friendly group of

people on a college campus for a full week. The food is healthy and fresh, and the setting at the University of the Pacific in the summer is green, charming, and peaceful.

Camp is a chance to learn about different cultures in a way far different from reading about them. Instead, you actually incorporate the rhythms and cadences of a culture into your very being. You hear the words and intonations of their music and songs, see their colors and costumes, meet the very accomplished teachers from other countries and experience their good-natured humor, and so, in a sense, get a visceral feel for a culture and a people. In my opinion, it's the next best thing to traveling to their country.

Yes, there are challenges. If you are over 60 as I am, you have to learn how to pace yourself if you want your feet to remain happy and your energy levels kept high into the evenings of the sixth day. My recommendation (which I learned in advance from my local Redding teachers Julie East and Lenore Frigo) is to bring multiple pairs of shoes. That way your feet can never complain too much about any one pair. You should also have good socks that wick away moisture and help prevent blisters if you have this tendency. I found some interesting anti-chaffing stuff called "Body Glide" which helped with this problem.

And if you're fairly new to this, as I am, it helps to remind yourself that you are dancing with folk dancers and teachers of long standing in their respective communities. Give yourself a break, get enough sleep, and just dance along with the flow of things.

In closing, I would encourage anyone who is interested in this experience but living with a restricted

budget to apply for scholarships to help defray the costs. This includes scholarships offered by the Folk Dance Federation, your local groups, and a Stockton Camp work scholarship. People who have never attended Camp before have priority.

Folk dancing is an activity for all ages that challenges you physically, mentally, and emotionally. There are many dancers at Stockton in their 70s and 80s who know that exercise and healthy fun are the elixirs of life. But young people are especially encouraged to attend, as the hope is they will carry on this amazing learning experience into future generations.

Many thanks to all the organizers and people who, often behind the scenes, keep camp spinning so smoothly year after year. See you next year at Stockton Folk Dance Camp 2019!

My First Year at Stockton Folk Dance Camp

by Lisa Michael

I had a wonderful time at Stockton in July – so much so that I have already registered for the 2019 Camp.

I loved the dance parties that lasted past midnight every night. I had never seen anything like it. What a delight! I was at the Hole-in-the-Wall having delicious snacks every night during the parties.

The classes were excellent. I had to really pace myself so I could make it to the parties every evening so I only took a few classes a day, and I'm glad I did.

There are some things I will do differently next year. I only brought very stiff skirts that were not very comfortable for dancing. As a result, I started wearing shorts to the parties, but that felt a bit too informal. After a few days I bought a very flouncy skirt at the Camp's Scholarship Bazaar and I was very happy with that for the remainder of camp.

About two hours into the first night's opening party, my legs were killing me and my knee injury flared up. Before Camp next year I will make sure I know what measures I should take to help my knee. My solution this year was to ice it every day, several times a day. Under the "Things I Forgot to Bring" Category: more soap, a blanket, a little fan for noise, and a costume for the Tuesday Costume night. Also, I eat nuts every day at home and there weren't any in the cafeteria (at least not that I noticed) so I'll bring my own nuts next year.

Stockton Folk Dance Camp is wonderful! What a great find one year into my folk dancing life.



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