

Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING • NOVEMBER, 2015



Kukeri - at the
Koprivshitsa
Festival—
Photo by
Eileen Kopec

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Let's Dance!

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Larry Miller carving
a plate—Photo by
Mike Giusto

Really big opps!
On the cover of the
October issue
I identified Denise's
partner as Randi
Spiegel—obviously it
is Murray, not
Randi.
My apologies to both
Randi and Murray

TABLE OF CONTENTS AND CONTRIBUTORS

Annual Laguna Festival/page 12

Calendar of Events/Editor, page 4

Council & Club Clips/Barbara Malakoff, Naomi Lidicker,
Denise Heenan, page 6

Dance description: Rühler Springer/Bill Lidicker and Tom
Sha, page 13

Eye on Dance by Eileen—Touring Bulgaria/Eileen Kopec
page 8

History Channel—October 1948/page 3

Larry Miller—the Quiet Contributor/Loui Tucker, page 5

Not a Little Hazelnut!/Cristian Florescu, page 3

President's Message/Kevin Greek, page 3

Where to dance/pages 16-19

Where to dance in San Francisco, 1969/page 15

Would you buy a used car from a Folk Dancer?/Loui
Tucker, page 19

**The deadline for Let's Dance! is the first day of the month prior to
the date of publication.**

We welcome submissions, letters and comments from our readers.

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President's Message

By Kevin Greek, President

The diversity of cultures in California and the San Francisco Bay Area is amazing. The historic convergence of world cultures appears to first have been celebrated in San Francisco within the 1915 Panama-Pacific International Exposition, 100 years ago. In latter day San Francisco, festivals that celebrate our diverse cultures occur year round. This month, over 100 of the Bay Area's finest dance companies will present dances from around the world hoping for a place in the 38th annual San Francisco Ethnic Dance Festival. It is held in the historic Palace of Fine Arts theater in San Francisco, the only surviving building standing today on the original 1915 exposition grounds. For two weekends, November 7- 8 and 14 - 15, 2015, the auditions promise to be the most diverse presentation of world dance yearlong in the Bay Area with dances from Algeria, Bolivia, Bulgaria, China, Colombia, Congo, India, Mexico, the Middle East, Okinawa, Peru, the Philippines, Scotland, Senegal, South Africa, Tajikistan, and more. Many of the dance performances are accompanied on stage by musicians playing ethnic instruments. Another world class feature is the price. General admission is only \$10 and children 12 and younger are free. Attend for an hour or stay the full day. They even allow you to leave for lunch and return to the theater (space permitting). World Arts West, the organization that presents the yearly San Francisco Ethnic Dance Festival, serves as the hub for over 450 dance companies based in Northern California that collectively sustains over 100 dance forms from around the world. It envisions a world united by dance. Look for me there in the audience applauding loudly. For the audition schedule and details visit worldartswest.org.



Also this month in San Francisco world culture is again celebrated with workshops and parties at the 64th annual Kolo Festival, November 27 and 28. As in previous years, emphasis is on participation and enjoyment with live bands, music jams, singalongs, and of course dancing. Dance workshops feature Yannis Konstantinou (Greek Macedonian), Ahmet Lüleci (Turkish), and John Morovich and John Filcich (Kolos). *Zabava!*, Trio Zulum, Black Sea Surf, and the 2015 Kolo Festival Band will play guaranteed to infuse spirited dance. Details may be found inside this issue or look for the schedule online at balkantunes.org/kolofestival/. Early registration is encouraged and as well as volunteers.

Whether at the Kolo Festival, a monthly community party, or local class, folk dancing can be healthy fun. Look around the dance room on any party or request night with infectious energy and you'll spot dancers sporting both smiles and damp shirts. Folk dancing can become a heart pumping cardio workout with friends. It's a workout one least expects. I've noticed, and particularly in photos I've taken of dancers, that some shirts don't hide the wet stuff well. While I'm not one to be embarrassed by dancing, it's good to wear a dark shirt at moments like this or have a spare one.

The Federation varsity style t-shirt has been a popular

folk dance promotional item but they have all sold out. Fortunately a new design with a clever caption is soon to be released and it is planned to be black. If you are in need of a dry shirt at a Federation sponsored or member club party or plan to dance appearing dry then ask any federation officer, our Federation treasurer Loui Tucker, or someone who looks like they know Loui Tucker, how you can buy a shirt. You may also find details on how to purchase this and other promotional items such as a tote bag by visiting folkdance.com and selecting the link to Publicity. The shirts are reasonably priced, benefit our Federation, and you'll be proud to wear a shirt that says you support folk dancing. Look for a promotional water bottle to be available soon. Your best option is to drink from the promotional water bottle to keep yourself hydrated and wear the less wet looking shirt design while folk dancing with your friends. Then, when you can't dance any longer, pack your bottle, extra shirt, and shoes in a tote bag that says you love folk dancing and leave for home. People who know your heart is in dance never have to question it or your routine.

The Folk Dance Federation of California promotes dance activities, sponsors festivals, workshops, and teacher training, supports research in dances, music and costumes, assists in organizing dance clubs and councils (including a low-cost liability insurance), and provides scholarship for deserving members to attend dance camps and workshops. As a 501(c)(3) non-profit your donations and purchase of promotional items help pay expenses to make these beautiful things happen. There are other ways the Federation receives your support. In this issue, Memo Keswick also has details how AmazonSmile and a dance video challenge adds to our funding. Read on.

Reach me at president@folkdance.com if you would like to share news of local cultural celebrations or have ideas to support folk dance, arts event and scholarship funding.

Kevin Greek
FDF North CA President

HISTORY CHANNEL

From the *October 1948* Let's Dance!

"A high school up in the Redwood Coast counties is now awarding Block Athletic Letters to men who can perform twenty specified folk dances to the satisfaction of a board of judges.

Not too unusual? Well, the report went on to add that the turnout for the Block Letters for folk dancing was even greater than that for Football."

Not a Little Hazelnut!

The word "Alunelul" (pronounced "ah-loo-NEH-lool) was traditionally thought to mean: little hazelnut, thus it was known as the little hazelnut dance. However, according to Dick Oakes, an internationally known folk dance instructor, Romanian folklore specialist Theodor Vasilescu and Sonia and Cristian say dances are hardly ever named after flowers or plants, with the exception of the dance Floricica (little flower) Vasilescu and us believe Alunelul is a contraction of "A lu Nelu", Nelu being a name, so the meaning being Nelu's dance.

—Cristian Florescu

NOVEMBER, 2015 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy

Send future events information to Gary Anderson, Editor, Let's Dance!,

Box 548, Woodacre, CA 94973, e-mail: wildwood_press@comcast.net

The deadline for listings is one month prior to the magazine date.

Upcoming Events—

- October 23** **Workshop with Bulgarian Teacher Ventzi Sotirov**, Friday. Workshop 7:30 to 9:30, request dancing after. \$13.00 admission. Piedmont Veterans Hall, 401 Highland Avenue, Piedmont Info: Kay James (925) 376-0727 or kayjames@comcast.net
- October 24** **Folk Dance Federation Officers Ball "A Musical Cruise Around the World."** Doors open at 1:00 pm, 1:30 to 5:30 dance workshop, 5:30 to 7:00 pm onsite dinner with entertainment, 7:00 to 10:00 pm dance party (with more surprises). For more info: LucySChang@gmail.com
- November 21** **Pre-Kolo Kickoff Party.** Saturday, Katherine Abbott and Howard Young teaching at 7 pm with Zabava! live band till 11 pm. All Saints' Episcopal Church, 555 Waverly St., Palo Alto.
- Nov. 27 & 28** **Kolo Festival 2015** This is the big one! If you go to any party you must include Kolo Festival. Teachers are: Yiannis Kostantinou, Greek; Ahmet Luleci, Turkish and John Filich, Kolos. Singing classes with Michelle Simon and John Morovich. Live music 8-12 pm. Advance registration is strongly recommended. Check website for registration forms, hotel and restaurant information: balkantunes.org/kolofestival
- December 14** **Annual Petaluma Holiday Folk Dance Party**, Lots of fun! Monday, 7-9:30 pm - with live music by Da! Mozhem at Herman Sons Hall, 860 Western Avenue, Petaluma; \$10. Info: Carol Friedman, 415-663-9512, cjay@horizoncable.com
- December 31** **NY Eve Potluck** at 6:30 pm and All Request Party to ~ 12:45 am. First Baptist Church of Palo Alto, 305 N. California Ave., Palo Alto
- 2016**
- Jan. 22 & 23** **Heritage Festival—New location!** Twin Pines Community Center, 20 Twin Pines Lane, Belmont. Excellent parking, great floor, close to restaurants. Friday 7:00 to 10:30, live Greek music with Agape Mou, request dancing with Loui Tucker. Saturday, 1:30 to 4:30 pm, Institute, learn Salsa Rueda with Cesar Garfiaz. 7:00 to 10:30 pm, Live Balkan music with Staro Vino, request dancing with Denise Heenan, email requests to heritagefolkdance@gmail.com, dance exhibition by Gigi Jensen. A Federation Board meeting will be held at 10 am on Saturday, all are encouraged to come.
- Feb. 12-14** **46th Annual Laguna Folk Dance Festival, "Everything old is new again!"** The teachers are Genci Kastrati, teaching Albanian folk dances and Lee Otterholt, teaching "Balkan and Beyond". More info including, registration forms, will be coming when the event gets closer.



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Larry Miller—

The Quiet Contributor

By Loui Tucker

The name Larry Miller may not mean a lot to those who recently joined our dance groups. When he died in the spring of 2015 at the age of 91, he had not danced for over a decade, and was content to get his exercise gardening. He'd lost contact with most of the people with whom he associated in the folk dance community.

Larry was not a teacher, and he was not the kind of man you would see leading a line of dancers. He didn't pose for photos with visiting master teachers, he didn't wear flashy costumes, he didn't serve as a Federation officer, and he was not one to make speeches. He worked and danced quietly and behind the scenes and he made several lasting contributions to folk dancing in California.

When Bruce Mitchell was contacted for his thoughts on Larry Miller, Bruce offered the following observation:

I'll never forget from my earliest years at Camp how Larry would sit at the Lawn Parties and other events and carve on wooden plates. The tray we use for the Candle Lighting Ceremony was made by Larry from old hardwoods found on campus. This really should be put out where people can get a look at it. We also have two the carved plates in our library made by Larry. One plate has the earliest Committee names on it.

It was Stockton Folk Dance Camp's 50th year when Larry and Ruth Miller donated \$50,000 to the University of the Pacific for an endowment, with the yearly interest going to help operate Stockton Folk Dance Camp. Over \$80,000 in interest has been earned by the endowment over the past 20 years. Larry and Ruth supported Camp all the 50 years they were involved. We seldom see that love of Camp reflected very often.

Another major contribution to the world of folk dance was mentioned by Bill and Louise Lidicker when they were contacted after Larry died. This contribution was Larry's "Folk Dance Database."

This remarkable document was last published in May 1997. It compiles data on folk dances taught in California at various institutes, workshops, and camps starting in 1947. Over this 50-year interval around 8000 dances (8697 entries) are documented. Data include dance name, often the pronunciation for English speakers, the ethnic region of the dance's origin, the teacher, the kind of dance (couple, line, set, etc.), original music source, dates of published descriptions, events at which it was taught, and comments. The comments often noted alternative names for the dance, cross-references to variants, and unusual features. Many dances have multiple entries because they were taught by different teachers.

Larry's efforts and dedication to this project are very much appreciated, especially by those who own a copy. It is even more remarkable an accomplishment when one realizes that the document was begun a very long time before the computer era!

[Note: Larry's database is available via a link on the Folk Dance Federation's website's Dance Notations webpage under the Research tab.]

Suzanne Rocca-Butler worked for years on the Federation Research Committee with both Larry and Ruth Miller. Suzanne commented that Larry's attention to detail and patterns helped him excel at writing Scottish and English dance descriptions especially, and that we owe the longevity of many of these dances to his/their efforts.

Denise Heenan remembered that Larry and Ruth were among those who were so welcoming to her when she was new to Folk Dance Camp. She especially remembered how encouraging Ruth was the year Denise had surgery to remove a malignant melanoma. She related that Larry had a bout with the same disease when they were a newly married couple, and reminded Denise that his battle with the disease had been more than 30 years prior, and he was still thriving. Denise remembered both Ruth and Larry as kind, approachable, and loving to each other, Larry especially so during Ruth's later illness.

Marilyn Smith remembered Larry's energy and enthusiasm. In 1990 at Stockton Folk Dance Camp Marilyn taught a very complicated dance called Congo de Captieux. Larry came to the class, learned the dance, and then prepared brilliant diagrams of the dance. [Larry's diagrams of the dance are on pages 100a and 100b of the 1990 Stockton Folk Dance Camp syllabus.] She said he did all of this with enthusiasm and presented it to her with his well-known radiant smile.

People like Larry often give so much of themselves, and are often only recognized for their contributions after they are gone. Such people are hard to come by in any community, and we were fortunate to have Larry as part of our folk dance family for so many years.



Larry and Ruth in the early 1990s

Council & Club Clips

Sacramento International Folk Dance and Arts Council— Plans are in the works for our annual SCHOLARSHIP BALL. The 2016 Scholarship Ball will be held on Saturday, January 30, 2016 at the Central United Methodist Church, 5265 H Street, Sacramento, 6:30-10:30 PM. Chair Yvonne Couvillion and her committee are working on details which will be revealed later. Money raised at the Ball is used for scholarships awarded to SIFDAC members to attend various folk dance camps.

On October 11, a group of enthusiastic dancers performed a Greek Folk Dance Show for the residents of Mercy McMahon Terrace Retirement Home in Sacramento. The dancers and the Zado Singers have performed there several times. The residents appear to enjoy the occasion and sometimes want to get up and join us!

In November, I am sure many clubs will be dancing the new dances learned from the various Northern California workshops presented by Ventzi Sotirov, a well-known and admired dance teacher from Bulgaria. Of course, we are also working on the many wonderful dances learned at Stockton Folk Dance Camp and other camps and workshops. So many dances... so little time!

Many of us will be dancing at the annual West Coast Ragtime Festival, November 20-22nd. Bruce Mitchell teaches two dance classes every day, along with two other teachers. They are all designed to help beginners learn to dance to the wonderful Ragtime music. As a result, the dance floor is always full, and dancers come from far and wide, just to enjoy the music and to dance together. Last year Bruce counted eleven IDS dancers on the floor. <http://www.westcoastragtime.com>

March 18 & 19, 2016 (Friday & Saturday): CAMELLIA INTERNATIONAL FOLK DANCE FESTIVAL. Workshops and parties sponsored by SIFDAC. Guest Teachers: George & Irina Arabgi (partner dances from Ukraine & Moldavia) and Zeljko Jergan (non-partner dances from Croatia). Friday evening party 7:00 – 11:00 p.m., \$8. Saturday guest teachers, \$8 each workshop session: 1:00 – 2:50 p.m. (first workshop) and 3:10 – 5:00 p.m. (second workshop). Saturday evening party 7:00 – 11:00 p.m., \$8. Special Package price \$25 for all events. Central Methodist Church "The Table," 5265 H St, Sacramento (wood floor & free parking). For more information contact 916-923-1555 or dancesong20@att.net.

—Barbara Malakoff



Be Greek For A Day

*You do not dance with your feet
You dance with your heart*

—Ed Hugnot

Berkeley Folk Dancers: Our New Beginners' Class which meets on Thursdays from 7:30 – 9:30 pm at Live Oak Park Social Hall, Shattuck at Berryman, Berkeley is still welcoming new dancers. Learn the pleasure of moving to music from around the world. New 8-week session will start on Thursday, November 5th. Cost is \$30. Thursdays, 7:45-9:45 pm at Live Oak Park Rec. Hall at the above address. Arrive at 7:30 pm to register. No experience nor partners necessary. For more information: www.berkeleyfolkdancers.org or contact teachers David at davidhillisI@comcast.net or Marian kinder-mar54@sbcglobal.net.

Join our AFTERNOON CLASS every Friday from 12:30 to 2:00 pm Live Oak Park Social Hall, Shattuck at Berryman, Berkeley. Enjoy the fun, exercise and camaraderie. It will be free for BFD members and \$5 for others. Pay for the first class, get the second one free! Contact Andy Partos 510-848-9262 about dances and Wayne Phillips 925-317-3192 for all other questions.

Beside Turkey Day the highlight of the month for BFD is our November 20th Fun Night. We welcome you to join us as the Advanced Class leads us "Dancing all over the Map." Wear a costume or clothing from your favorite part of the globe. Or come as your favorite Explorer/Cartographer; 'Dr. Livingstone I presume?...', Sacagawea and the Louis/Clark gang or Marco Polo. The fun begins at 7:30 pm and ends 10:30 pm at LOP at the above address. Visa is \$5 for BFD members and \$7 for others. Finger food and punch provided. For more info contact Lone Coleman 510-529-4120 or Yvonne Provaznik 510-222-4490.

BFD will not be dancing on Turkey Day so no Turkey Trot on Thursday, Nov. 26 nor Friday, Nov. 27. We'll be at the Kolo Festival! See you there! **Happy Thanksgiving!**

—Naomi Lidicker

Peninsula Folk Dance Council *What Is/Are Moveable Feet?*

The Moveable Feet Club is an idea developed by Lucy Chang to promote folk dancing by offering parties with a theme. Advance announcement of several dances to be featured on the program gives dancers and teachers the opportunity to teach and review prior to the party. The balance of the program is all-request dancing, and can be dances from many areas other than the theme region. The party dates are dependent on venue availability, and since dance halls are often booked by groups with regular schedules, Lucy has worked with several different dance sites. Hence the name, Moveable Feet, was cleverly suggested by Loui Tucker.

Lucy has been assisted by many volunteers who help make the parties fun events. The core team consists of Hollis and Lon Radin with refreshments and signs to the venues, Susan Gregory, Loui Tucker and Jan Nicoara with flier designs, Chris and Caroline Chang and Alex Chang-Graham (Lucy's sisters and daughter) with registration at entrance desk, Richard Graham with sound system, Alicia LaFetra as Lucy's right hand, Ann Kleiman with NY Eve party decorations, and Loui Tucker as co-MC at Summer Camps and NY Eve parties. Many volunteer teachers have also been instrumental in making these events successful.

—Denise Heenan

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GREECE! October 15-28: Led by Jim Gold

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Touring Bulgaria

By Eileen Kopec, eisiedancer@gmail.com

Every five years folk dancers from all over the world converge in a tiny town in Bulgaria called Koprivshtitsa. I figured it was time for me to make this pilgrimage after hearing about it for so many years. Many dance teachers and tour leaders plan trips around this festival, and I chose to travel on a tour led by Nina Kavardjikova and attended by thirty other folk dancers, many of them from the Bay Area. Great decision! Nina created a fantastic itinerary, was very organized, is a great dancer and perfect interpreter of the dances taught to us by the many other teachers and villagers.

For those of you who don't know Nina, she was born in northern Bulgaria and started performing on stage at the age of eight. She toured all over the world as a principal dancer and choreographer with the Bulgarian Trakia State Folk Ensemble. Nina graduated at the top of her class in the Master's program in Choreography at the Plovdiv Academy of Music, Dance, and Fine Arts. She has also been a choreographer and dance director for a number of ensembles in Bulgaria, including the Trakia State Folk Ensemble and Aegis. She is particularly interested in Bulgarian village dancing, music, and customs and although now living in the Netherlands, makes regular field research trips to Bulgaria.

Our trip started in Sofia at the lovely and well situated Crystal Palace Hotel. One of the nicest things about this trip (thank you, Nina) was the number of days we spent in each location – usually three days or more. No packing up and moving every day, which was heaven. We had a large bus, excellent driver and intrepid guide, Dani, who took us on many day trips to historic sites, museums, churches, and best of all, villages where we danced, sang and ate with the local people. And our hotel was right next door to a dance studio, where for several days we had dance classes with Veneta Tsenova – always with live music. She gave us great Shopsko styling tips. After the dance class, there was a class for the many musicians in our group too.

Friends asked me what was my favorite part of the trip. For me it was definitely our visits to the local villages. We met so many wonderful people who were so delighted with our interest in their culture and impressed with our knowledge and enthusiasm. Our first village was Bistritsa. We saw a performance, and then danced with the local troupe. The groups we danced with always wore beautiful costumes. Then we heard and sang with (well, I can't sing, but some people could) the famous Bistritsa Babi (AKA Grannies). This famous polyphonic singing group, with features "retained from the pre-Christian times," has toured Europe and the US. In 2005, they were included in UNESCO List of Intangible Cultural Heritage elements in Eastern Europe. We had a question and answer session with them, and they were as curious about us as we were about them. We learned that they only get a new member when one of them dies, and that over 200 children are learning the dances and songs. Later we had dinner together at La Spaggio restaurant and danced like crazy in the courtyard. A group of us even showed them our Bistritsa Racimitsa – which was met with everything from stunned smiles to bewildered grins. Did I say we always had live music? We always had live music.

Other villages we visited included Kladnitsa, where we were taken to visit people's houses and served delicious home-made snacks. We met local dancers and singers at the Loven Dom Hunting Club – complete with many antlered heads and a marble floor. I had a mini dance-fling with an adorable elderly gentleman. After dancing and singing with them, they fed us a huge dinner (that is redundant in Bulgaria – all the meals were huge) complete with boar. My gentleman escorted me to the bus with many hugs and a threat to lead me off down the road. A few days later, we were taken to our guide Dani's home in Bankya for more dancing on the lawn with Veneta and the musicians. Need I say a large table was covered with traditional dishes of the region. Thank you, Dani, for your and your family's warm hospitality.

Next up – "the" Festival. On to Koprivshtitsa. The group had to split up into several small guest houses scattered throughout town – but at least we were all in town. My group was in a lovely spot just across the river, a block or so from the main square, with a nice lawn to sit and escape from the madness. One very fun thing about the festival – I met tons of people I knew! Some from the Bay Area, teachers from Stockton and elsewhere, other international Stockton attendees and random folk dancers I knew from past dance trips – some of whom were performing. It was like a big folk family reunion. That was so surprising and a kick. The other amazing thing was dancing everywhere – in the main square with hundreds of kindred strangers, or in the courtyard of the restaurant where we had dinner at night (did I mention the live music?). One night one member of our group played the gadulka with the band in the courtyard. We were very proud of her.

The festival itself felt endless (once you walked up the hill from town) with seven stages, tons of craft booths, and no shortage of food and drinks. Picture whole animals roasting on spits. People of all ages in ornate costumes. Impromptu line dancing springing up between the stages. Musicians gathered in groups, playing. A few of us managed to secure great seats for the opening ceremonies and even got to partake in the welcoming bread for the dignitaries attending. We even made it onto Bulgarian TV! Briefly. Don't blink. Among my favorite performances were the loud elaborately costumed kukeri – scaring away evil spirits, and the earthy Yambol men with their spurs clanking in unison on the ground. I tried to see the firewalkers on the last night, but the crowd was too thick. I kind of managed to see some of it on people's iPads who were closer!

Still reeling from the festival, we headed to Shiroka Luka, after a stop in Plovdiv for a lovely day tour. Our hotel in Shiroka Luka was perched on a hill in the mountains, at the foot of which was a dance studio! Either every hotel in Bulgaria is next to a dance studio or Nina is a genius at planning. We had lessons there every morning, before visiting more villages and seeing other wonderful sights, such as up to the top of the world in the Pamporovo chair lift. Dospat (where we did not learn our version Dospatsko Oro) was our next experience. The village is far south and the people are Pomaks – the dancing a bit more Macedonian influenced. A group of dancers performed for us. One seemingly ancient guy (except he was younger than me!) said he was the last person in his village that knew a particular dance. He was hoping we could help keep it alive. Very touching. We learned more than



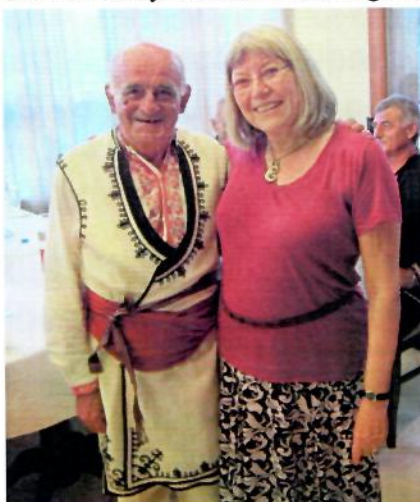
The folks (our whole group) dancing outside were at our guide Dani's home in Bankya—Photos by Eileen Kopec

Dancing there – like how to make millet and how to eat a whole trout with ease. We even had a singer and gajda player on the bus with us and we were singing all sorts of tunes on the way back. Great evening.

Unfortunately the next few days weren't the best for me, as I developed bronchitis and had to miss a few events, including what I hear was a great visit to Gela, and more dancing with the locals. I did get to meet some of the villagers when they came back to our hotel for dinner and more dancing. Our last night in Sofia was a raucous finish at the Chevermeto restaurant. The dancers who performed were very talented, but added a few cheesy bits for the many groups of tourists. However, when the singer came on, we took over the floor, cheered on by other diners. Line dancing ensued. But soon we were dancing to Latin and Rock and Roll – which maybe helped with the sad transition – leaving our companions of two weeks and all the goodbyes. Several of us were from the Bay Area, and I will see them (and have seen them) at dance events—the others I will miss!!

It's a long time to wait for another five years to go back to Koprivshitsa for the festival. But you needn't wait to go to Bulgaria. It's a wonderful country with great people, interesting sights, and tons of food. And, of course, lots of dancing. I recommend traveling with Nina, who was the perfect representative of her country. Nazdrave.

—Eileen Kopec



Bulgarian ladies enjoying a treat!



Serbian Opanci by Toni Denmark,
Toni@hotelsuperior.com

Heritage Festival

January 22 and 23, 2016

TWIN PINES COMMUNITY CENTER

20 Twin Pines Lane, Belmont, CA

New Location

Excellent Parking, Great Floor, Close to Restaurants



Friday

7:00 pm to 10:30 pm

- Live **Greek** music with Agapi Mou
- Request Dancing with Loui Tucker



Saturday

1:30 pm to 4:30 pm

- Institute with Cesar Garfiaz
- Come learn Salsa Rueda!

Saturday

7:00 pm to 10:30 pm

- Live **Balkan** music with Staro Vino
- Request Dancing with Denise Heenan
- Dance Exhibition by Gigi Jensen



Email your dance requests to heritagefolkdance@gmail.com

Registration opens 30 minutes before each event

The Federation Board Meeting will be held at 10:00 on Saturday. All are encouraged to come and support the Federation, our partner in dance.

The Heritage Festival is sponsored by The Peninsula Folk Dance Council and The Folk Dance Federation of California, North

Heritage Festival

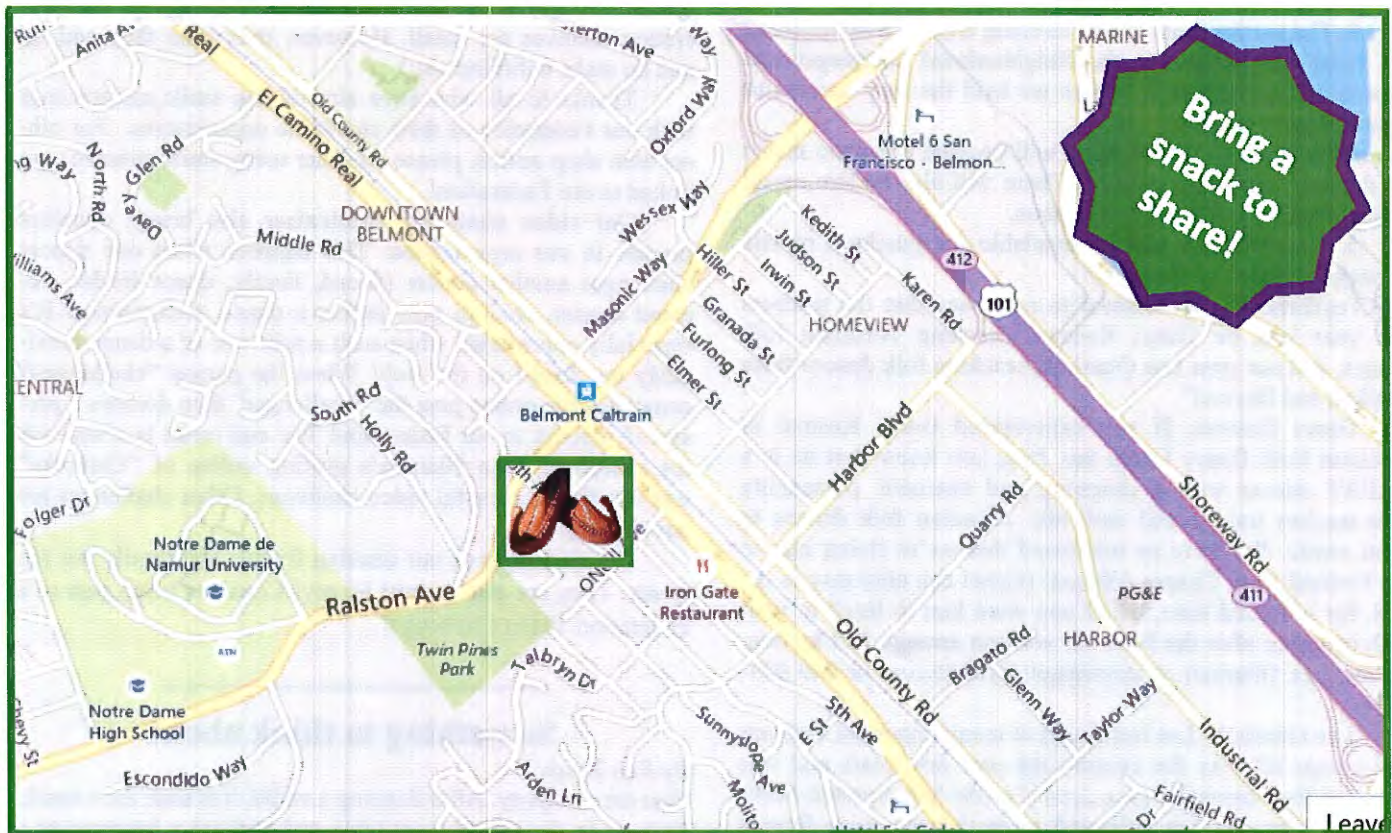
January 22 and 23, 2016

TWIN PINES COMMUNITY CENTER

20 Twin Pines Lane, Belmont, CA

New Location

Excellent Parking, Great floor, close to restaurants



From Highway 101

- Take the Ralston Avenue Exit (exit 412)
- Proceed East on Ralston Avenue for .6 miles
- Turn left onto Twin Peaks Lane
- Turn left into the Twin Oaks driveway
- You're there!

From Highway 280

- Take the State Route 92E Exit (exit 33)
- Proceed East on Route 92 for .2 miles
- Take Exit 9A for Ralston Avenue towards Belmont
- Proceed for 3 miles.
- Turn right onto Twin Peaks Lane
- Turn left into the Twin Oaks driveway
- You're there!

**Donation request of \$10 per party – but no dancer
will be turned away for lack of funds.**

email Ken Kaye (kenkaye46@yahoo.com) or Adony Beniares (beni@pacbell.net) for additional information

Announcing the 46th

ANNUAL LAGUNA FESTIVAL

Feb. 12-14, 2016, "Everything Old is New Again!"

Save the dates and plan to attend another fabulous Laguna Festival this year. The beautiful clubhouse where we held the 2015 Laguna Festival is being remodeled, so it will be even more beautiful for the 2017 Festival. In the meantime, we will fall back on tradition and use the gymnasium at Ensign Middle School (in Newport Beach) one more time for the 2016 Laguna Festival.

Festival Highlights: The innovations we introduced at last year's festival will be continued:

1. An Instrumental Music Workshop with Miamon Miller!
2. Balkan music Sing-alongs led by Michael Lawson
3. The parties (both Friday evening and Saturday evening this year) will be held in the Neighborhood Congregational Church in Laguna Beach, where we held the very successful Saturday party last year.
4. The (great!) Garlic Band will provide energetic music for the party Saturday evening. There will also be live music Friday evening and Sunday afternoon.
5. Catered food will be available for purchase on-site throughout the entire festival.

The Teachers: We are excited to announce that the teachers this year will be Genci Kastrati, teaching Albanian folk dances, and our own Lee Otterholt, teaching folk dances from "Balkan and Beyond"

Genci Kastrati: If you experienced Genci Kastrati at Stockton Folk Dance Camp last July, you know that he is a GREAT dancer with a charming and energetic personality who teaches unique and authentic Albanian folk dances to great music. We were so impressed that we're flying him to the Festival from Tirane, Albania! (Genci can only stay in the U.S. for a limited time, but if you want him to teach at your club or group after the Festival, you can arrange that by contacting Lee Otterholt at leeotterholt@yahoo.com or 949 933-6294.)

Lee Otterholt: Lee has taught at many important festivals and camps all over the country the past few years and was awarded the National Dance Award at the San Antonio Festival last year. He has collected many dances from foreign groups and teachers while leading tours and cruises all over the world. He will be presenting the best of them – from many different countries – at the Laguna Festival this year. Don't miss it!

More information, along with registration forms, will appear soon in the usual folk dance publications, but we wanted to publicize the date and the basic information now, so you can save the date and look forward to another great year at the 46th annual Laguna Folk Dance Festival!

Ongoing Smile.Amazon and Video Challenge fundraisers

By Memo Keswick

Two of our Federation fundraisers that are ongoing are the *Smile.Amazon.Com* fundraiser and the *Video Challenge* fundraiser. Both of these fundraisers are designed for members to have fun while raising extra funds for our organization. Here's a reminder and explanation of their ongoing operation!

Our *smile.amazon.com* fundraiser works when you shop online with smile.amazon.com versus amazon.com. After you register "Folk Dance Federation of California, Inc." as your 501(c)(3) charitable organization, 0.5% of your future purchase costs go to our Federation! Quarterly, Amazon sends a check to our Federation based on total purchases linked to our group. Because of the 0.5% calculation the amounts the Federation receives are small. However, over time they add up and do make a difference!

Thanks to all who have already use smile.amazon.com with our Federation as their charitable organization. For others who shop online, please consider using smile.amazon.com linked to our Federation!

Our *video challenge fundraiser* also brings donation income to our organization. This happens when one dancer challenges another dancer (friend, family, dance leader, talented dancer, etc.) to post online a dance performance. It's especially appreciated when such a post was of a dance previously not found on the web! When the person "challenged" completes the online post the "challenger" then donates a pre-agreed amount to our Federation! The end result is a win-win for everyone! John Nicoara's posting online of "Cetvorka" was our first successful video challenge. Other challenges are now in progress.

Online videos of our dancing friends and family are fun to see. They are also a great legacy! Consider being part of a Federation Video Challenge!

Something to think about

By Ken Yovdu

You are at a party. After dancing a while, it is time for a break. You go to the refreshment table and pick-up a brownie or a potato chip or even a carrot stick and into the mouth it goes.

Wait a moment! Didn't you just hold hands with maybe a dozen different people, who probably each held hands with a dozen others? Also, maybe you pulled up a cup from a stack, and since they are sitting upright, you probably touched the rims of several, just as the previous person did. Did you wash your hands before eating and drinking? Consider: we are told that most diseases are passed by touch, that half the men do not wash after visiting the toilet, and flu season is upon us.



Rühler Springer

(Germany)

Rühler Springer (ROO-ler SHPREENG-er) is a couple dance from the Province of Thüringen, and reportedly is the best known dance in this region. It was taught by Götz Zinser at the 2015 Stockton Folk Dance Camp. The name means the jumping dance from the town of Rühla (pop. 6355) which is near the larger town of Eisenach. The citizens of Rühla insist that the dance is theirs, but there is hardly a dance group in Thüringen that does not have this dance in their repertoire. Historical research has revealed that this dance has a long history, and Zinser provides descriptions from 1801, 1930, 1951, and 1953 in the Stockton syllabus. The earliest one refers to “how our forefathers did this dance.” It is therefore clear that the dance has changed repeatedly over its history. The version described here does not, for example, have any jumping figures in spite of the name, but in other versions jumps would be substituted typically in what here is Fig. II, measures 1 to 4. In addition to variations over time, there are many existing variations as well (see YouTube for some examples). In the spirit of this variation we describe, at the end of this description, is an alternative version of Fig. II that is somewhat more complex than the one described below. It is based on Zinser’s original dance description, and our notes and recollections of the dance as taught.

Music: 2/4 meter. CD: *German Folk Dances, Stockton 2015*, Track 19.
DVD: 2015 Stockton Folk Dance Camp video. Camp videos can be viewed in the library at University of the Pacific, or by contacting a camp participant who purchased them.

Formation: Couples in circle standing face-to-face with M’s back to center. M’s R and W’s L hands joined; free hands on hips.

Steps: **Polka**: Lift on M’s R and W’s L (on upbeat ct: ct 2,& of previous meas), step on M’s L to L and W’s R fwd twd ptr (ct 1), step on M’s R next to L, W’s L next to R (ct 1&), step on M’s L, W’s R in place, fwd, or around ptr (ct 2) depending on direction of dance and whether ptrs are turning as a cpl. Repeat with opp ft work (meas 2). Can be done in any direction.

Varsouvienne position: M and W face in same direction, W is to M’s R and slightly in front; M’s R hand holds W’s R at about W’s head height, and M’s L hand holds W’s L in front and at W’s shoulder to head height.

Styling: Exuberant.

Measures	2/4 meter	Pattern
1-4	Introduction. No action, except by end of Introduction joined hands are lifted and arms are extended backward.	
I.	<u>POLKA FACE-TO-FACE AND BACK-TO-BACK</u>	
1-7	Dance 7 Polka steps in LOD (CCW), starting with face-to-face followed by back-to-back; joined hands move fwd on transition from odd measures (face-to-face) to even measures (back-to-back), and backward on the transition from even to odd.	
8	Drop hand hold and take 2 steps (M R,L, W L,R) to turn away from ptr to end facing with M’s L and W’s R hands joined and extended backwards.	
9-15	Repeat meas 1-7 in CW (RLOD) direction, starting with polka face-to-face.	
16	Take 2 steps (M L,R, W R,L but W take no wt on L) making a tight turn away from ptr; end facing ptr with hands on hips.	

II. **SIDE-TO-SIDE , SCUFF, STAMP, AND CPL TURNS**

- 1 Starting with L, each dances one step-close-step to own L; end opposite next person in the other circle of dancers.
- 2 Tap or scuff trailing ft (R) fwd across in front of standing ft (ct 1); stamp same ft next to L. (ct 2).
- 3-4 Repeat meas 1-2 in opp direction with opp ftwk, returning to face ptr (W take wt on final stamp).
- 5-8 Ptrs join R hands (palm to palm) with forearms vertical and touching; in this position rotate CW once around with 4 **Polka** steps (M starting with L, W with R).
- 9-12 Repeat meas 1-4.
- 13-16 Repeat meas 5-8 but cpl turns once and a quarter around. On meas 16, M raises joined R hands and W turns to her R under his arm so that both face LOD, and join L hands to assume **Varsouvienne** position with M slightly behind ptr and somewhat to her L.

III. **SIDEWAYS AND PEEK IN VARSOUVIENNE POS.**

- 1 Ptrs dance step-close-step to L, with M taking smaller steps so that he ends up somewhat to the R of ptr.
- 2 Both extend and place R ft to R while leaning slightly away from each other, and W peek at ptr over R shoulder.
- 3-4 Repeat meas 1-2 in opp direction and with opp ftwk.
- 5-8 Release L hands and moving in LOD (CCW), dance 4 **Polka** steps with M turning ptr with R hands joined in 2 outside under arm turns (CW); M dances fwd without turns. At end, resume **Varsouvienne** pos as at end of Fig. II, meas 16.
- 9-16 Repeat meas 1-8, except that on meas 16 complete the second outside turn for the W, and then assume Closed Ballroom hold, with M on inside of circle.

IV. **TURNING POLKA**

- 1-12 Cpls dance 12 turning **Polka** steps moving in LOD (CCW). An option is to substitute pivots for some of the **Polka** steps. It is not necessary for cpls to maintain a fixed position in the circle of dancers, but only need to return to circle formation at end of first time through the dance.

Dance repeats one time. An optional gesture on the last measure of the dance is for the M to turn his ptr out (to her R) with his L arm and both pose.

An alternate version of Figure II:

II. **SIDE-TO-SIDE , SCUFF, STAMP, AND CPL TURNS**

- 1-4 Same as above description for these 4 measures.
- 5-8 Ptrs join R hands (palm to palm) with forearms vertical and touching; in this position rotate CW once and a half around with 4 **Polka** steps (M starting with either ft, W with R), ending in opp position with M facing toward ctr (free R ft).
- 9-12 Repeat meas 1-4 but both start with R and move first to R.
- 13-16 Repeat meas 5-8 with L hands joined as in meas 5-8 (M start with L, W with either ft), making a once and a quarter turn CCW; at end of meas 16, M turns to his L to face LOD (CCW) and ptrs keeping L hands joined, join R hands to assume **Varsouvienne** position facing LOD; M is slightly behind ptr and somewhat to her L (free L ft).

WHERE TO DANCE IN SAN FRANCISCO with the
S.F. Recreation & Park Department and the S.F. Council of Folk Dance Groups

Lots of Dancing in 1969

MON.	Changs International Folk Dancers, 603 Taraval St.	B I F	8:30 pm
	Funston Playground, Chestnut & Buchanan Streets	B I F & Sq	8:00 pm
	Golden Gaters, Fulton Playground, 37 Ave. & Fulton	B I F & Sq	8:00 pm
	John's Studio, 427 South Van Ness Ave.	B I F & K	
	Groups meet every evening. Phone 431-6200 or 647-7434 for information		
	M. Greene's (Phone 781-2203), 1521 Stockton. BALLROOM + FAD, 7:30-8:30.	I A F	8:30 pm
	St. Mary's Playground, Murray St. and Justin Dr.	I A F & Sq	8:00 pm
	*Terpsichoreans of S.F., Jackson Playground, Arkansas & Mariposa	A F	8:00 pm
	Upper Noe Valley Playground, Sanchez & Day Streets	B I A F & Sq	8:00 pm
TUE.	Alpineers, Druids Hall, 44 Page St. PARTY 1st Tuesday	F & Sq	7:30 pm
	First Unitarian Folk Dancers, Franklin & Geary Sts.	B I F & Sq	8:00 pm
	Glen Park Rec. Center, Chenery & Elk PARTY last Tuesday	B I F & Sq	7:30 pm
	Helen Wills Rec. Center, Larkin & Broadway Sts.	B I A F R & Sq	8:00 pm
	John's Studio, 427 South Van Ness Ave. Refer to Monday schedule for information.		
	MODERN dance class. Young WOMEN. Recreational Arts, 50 Scott St.		7:30 pm
	Royal SCOTTISH Country Dance Society, 340 Presidio Ave.	I	8:30 pm
	South Sunset Rec. Center, 40 Ave. & Vicente	B I F & Sq	8:00 pm
WED.	Changs International Folk Dancers, 1521 Stockton St.	A F	8:30 pm
	HIGHLAND dancing, 340 Presidio Ave. CHILDREN 5-9 yrs.	B	7:00 to 8:00 pm
	Jewish Community Center, 3200 California	B I F & Sq	8:00 pm
	John's Studio, 427 South Van Ness Refer to Monday schedule for information.		
	Merry Mixers, Recreational Arts, 50 Scott St.	I A F R & Sq	8:00 pm
	Mission Dolores Belles & Beaux, Sherman School, 1651 Union	I A F K & Sq	8:30 pm
	Recreational Arts, 50 Scott St. WOMEN only	I F & Sq	9:30 AM
	Royal SCOTTISH Country Dance Society, 340 Presidio Ave.	A	8:30 pm
	St. Mary's Cayuga Twirlers, Murray St. & Justin Dr.	I A F & Sq	8:00 pm
	Yerba Buena SENIOR CITIZENS, 1111 Buchanan St.	F & Sq	1:30 pm
THU.	Cayuga Center, Cayuga & Naglee Sts.	B I F & Sq	8:00 pm
	Eureka Valley Center, Collingwood & 18 Sts.	B I A F R & Sq	8:00 pm
	Gateswingers, YMCA, 220 Golden Gate Ave. PARTY last Thu.	I A F & Sq	8:00 pm
	Glen Park Rec. Center, Chenery & Elk Sts.	B F & Sq	7:30 pm
	Golden Gate SENIOR Center, 6101 Fulton St.	B I F R & BALLROOM	3:00 pm
	HIGHLAND dancing, 340 Presidio, young people to 14 yrs.	I	7:30 to 9 pm
	John's Studio, 427 South Van Ness. Refer to Monday schedule for information.		
	Midtown Terrace, Clarendon Dr. & Olympia Way	B I A F & Sq	8:00 pm
	Recreational Arts, 50 Scott Street	B I BALLROOM	8:00 pm
	SCANDINAVIAN Folk Dancers, Douglas School, 19 & Collingwood Streets,		
	only one meeting per month--a PARTY on the last Thursday	B I A F	8:00 pm
	Sunsetters, Jefferson School, 19 Ave. & Irving St.	B I F K & Sq	8:00 pm
	West Sunset Playground, 39 Ave. & Lawton St.	B I A F & Sq	8:00 pm
	Madelynnne Greene's Studio, 1521 Stockton YOUNG ADULTS	I A F & K	8:30 pm
	(Madelynnne has occasional PARTIES, phone 781-2203 for info)		
FRI.	Carrousel, 1748 Clay St. Class 2&3 Fri. till 10, PARTY 1st Fri.	BIAFK & Sq	8:30 to 12 M
	Changs Int'l Folk Dancers, 603 Taraval PARTY 3rd Fri, KOLOS 4th. IAF&K		8:30 to 12 M
	HIGHLAND dancing, 340 Presidio BOYS ONLY (Phone 346-6775)		4:30 to 5:30 pm
	John's Studio, 427 South Van Ness. Refer to Monday schedule for information.		
	Madelynnne Greene's International Dance Theater REHEARSAL (Phone 781-2203)		8:30 pm
SAT.	John's Studio, 427 South Van Ness. Refer to Monday schedule for information.		
	1st Sat., Sunsetters, Jefferson School, 19 Ave. & Irving	F K Sq PARTY	8:00 pm
	3rd Sat., Fun Club, 362 Capp St.	F K Sq PARTY	8:30 pm
	3rd Sat., Presbyterian Church, Jackson & Fillmore Sts.	F R Sq PARTY	8:00 pm
	4th Sat., Cayuga Twirlers, 1074 Valencia St.	F R Sq PARTY	8:30 pm
SUN.	John's Studio, 427 South Van Ness. Refer to Monday schedule for information.		
	Rikudom ISRAELI Dancers, 2121 Market St. near Church	B I A	8:00 pm

Legend: B-Beginner I-Intermediate A-Advanced F-Folk R-Round Sq-Square K-Kolo For additional information, phone: S.F. Recreation & Park Department, 558-3601; or the Folk Dance Federation of California, 431-8717 on Mondays, 334-7334 other days. SUBSCRIBE to 4/69) ("LET'S DANCE" BE an Associate Member of the Folk Dance Federation!)(CN:LP:d

Where to dance

Federation clubs

CENTRAL STATE

Bay Osos International Folk Dancers. Tuesday afternoons, 1-3 pm. South Bay Community Center, 2180 Palisades Avenue, Los Osos. First hour is beginner-intermediate instruction, 2nd hour is all request. For Information call Anne Tiber, 805-534-1501 or email: annetiber@charter.net

Mid County Folkdancers. Beginner and intermediate folkdancing Thursdays 10-11:30 am. Mid County Senior Center, 828 Bay Ave. Capitola, CA Tel. 831 476-9711. Teachers: Norma Jamieson, 831 430-0968 and Gabriele Swanson 831 646-5453

NORTH STATE

Chico World Dancers regular club dancing meets most Fridays, 8 pm at Chico Creek Dance Centre, 1144 West First Street, Chico, CA. World Dance Classes also offered thru Chico Area Recreational District on most Thursday evenings, 7 pm. All are welcome to attend either venue. No partner needed. Contact: Memo Keswick 530-774-2287 (memok@saber.net) for more details or to assure no changes to dance schedules.

Humboldt Folk Dancers meet Fridays from 8:00 p.m. to 11 p.m. All levels of dancers are welcome and you don't need a partner. First Fridays of the month have live music with 2-3 bands. Venues vary. Please consult our website at www.humboldtfolk dancers.org for latest information.

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 pm at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm-up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

Shasta Scottish Country Dance Club C/O Margaret Randolph PO Box 2000, Cottonwood, CA 96022 purdypeggy@att.net

SOUTH STATE

West L.A. Folk Dancers meet Mondays and Fridays, 7:45-10:30 pm. Brockton School, 1309 Armacost Ave. in West Los Angeles. Info: Beverly Barr 310-202-6166, email: dancingbarrs@yahoo.com

Cerritos Folk Dancers meet Tuesdays, 6:00-8:45 p.m. Cerritos Senior Center, 12340 South Street, Cerritos, CA 90703. 50+. Cost \$4. First time free. Info: Sue Chen, (562) 338-2298, email: CerritosFolkDancers@gmail.com.

The Pasadena Folk Dance Co-op meets Friday 7:45-11 pm at Throop Unitarian Church, 300 S. Los Robles, Pasadena, CA. Info: Jan Rayman 818-790-8523, www.PasadenaFolkDanceCoop.org.

OUT OF STATE:

OREGON: COOS BAY

South Coast Folk Society holds a folk dance party every 4th Friday of the month from Sept. through May at the Greenacres Grange in Coos Bay, OR. Dancing starts at 7:00 pm with teaching then requests. Admission \$4 or \$3 for folk society members. For more information, 541.808.1002 <http://southcoastfolksociety.wordpress.com/>

A beginning folk dance class is held every Tuesday night from 7:00 – 9:00 pm at the Harding Learning Center 755 S. 7th St. Coos Bay, OR. More information 541.808.1002 <http://stacyrose.weebly.com/>

NEVADA

LAS VEGAS—Ethnic Express ethnicexpresslasvegas.org. Every Wednesday except holidays. All requests. 800 So. Brush St. \$4.00. 702/732-4871. rpkillian@gmail.com

RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & int'l. **Thursdays**, 7-9 pm, Temple Sinai, 3405 Gulling Rd. (off

King's Row), Reno. Cost \$2.

First Saturday Party, 7-9:30 pm at Nevada Dance Academy, 1790 W. 4th (off Keystone). Cost \$5. Contact Derise at (775) 677-2306 or wigand@gbis.com.

SAN FRANCISCO

Cafe Shalom Israeli Folk Dance Party, SECOND Saturday of the month, St. Paul's Presbyterian Church, 1399 43rd Ave (at Judah), San Francisco, CA 94122. 7:30 pm to 11:30 pm, Older dances and dances for beginners at 7:30. \$8 adults \$5 students. Contact Rosanna: rofromsf@gmail.com

Croatian American Cultural Center, 60 Onondaga Ave, San Francisco, CA 94112. Phone: 510-649-0941 Contact : johndaley@mindspring.com <http://www.slavonicweb.org/>

SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets every Friday from 7:30-10:30pm at the Lincoln Park Presbyterian Church on 31st Ave. at Clement St., San Francisco. First two Fridays of the month are teaching nights, with instruction from 8:30-9:30pm, followed by general dancing. Third Friday is Family Night for all ages. Special children's program from 7-8:15pm, followed by general dancing. Fourth Fridays will be all requests, with quarterly party nights in March, June, Sept, and Dec. Fifth Fridays are all request or special workshops. \$5.00 non-members. Contact: Luiselle, 415-385-4481 or ChangsDancers@aol.com

Greek Feet Joe Goode Annex, Project Artaud, 401 Alabama Street (at 17th Street), San Francisco, CA 94110. Greek dancing Monday nights from 7:30 pm to 9:30 pm. The first hour is lesson and the second hour is dancing by request. Cost: \$20/month or \$10/drop-in. Ring the buzzer to enter. Gate is locked at all times. Google Directions: <http://goo.gl/maps/t1Dep>

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle meets every Wednesday 10:45 am - 12:15 pm at the newly renovated Harvey Milk Recreation Center, 50 Scott Street @ Duboce. Lines, sets, partners, trios—we do it all! Beginners welcome to start anytime. Gorgeous dance studio. Good public transportation. Free! Contact: Ann Colichidas at 415-902-7690.

SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

MERCED

Merced World Dance, Erica Zweig, Instructor, (Folk Dance Federation Member). Wednesdays, 7-8:30 pm, Merced College, 3600 M Street, Merced, CA. Gym 4, \$40 per six-week session, beginning January 14, 2015. Contact Erica at worlddance519@att.net; (209) 756-6039. Register: www.mercedcommunityservices.com

MODESTO

Monday—Village Dancers: Scandinavian Performance group rehearsals, Ceres. Contact: 209-480-0387 or Judykroop40@gmail.com.

Every Wed. night—Modesto Folk Dancers Ceres, 7:30-10:00 pm. Contact 209-480-0387 or Judykroop40@gmail.com

Friday—Village Dancers of the Valley. (Sept. to June) 7:30 to 9:30 pm, Carnegie Arts Center, 250 N. Broadway, Turlock. June to Sept. in Ceres. Contact 209-480-0387 or Judykroop40@gmail.com

Every Saturday—Modesto Tango Practica Saturdays Basics 11:00 am-12:15 pm Sophia's Dance Journey 711 10th Street

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

TRI-VALLEY Del Valle Folk Dancers. Meets every Tuesday evening 7:30-9:30 pm at the Bothwell Arts Center, 2466 8th Street, Livermore, in the room at the west end. Cost \$3 per person. Your first time is FREE! Small, congenial group enjoying international dances, mostly Balkan and Israeli. Mix of long-time and recent dancers; beginners welcome. Ad-hoc, informal instruction. We're in it for the movement, the music, and the fun! Contact George Pavel 925-447-8020, george.pavel@gmail.com.

BERKELEY

Cape Breton Step Dance dancers, 2-4 pm. Ashkenaz Music and Dance, back studio, 1317 at Ashkenaz—**2nd Sundays**, beginners, 1:00 pm, experienced San Pablo Ave., Berkeley. For info call Bob Schultheisz 209-745-9063, bobschul@softcom.net

Balkan Dance Cabal: "Plotting to achieve the sublime through the joyful mastery of dance" Class meets every 2nd and last Monday, 7:30-9:30 pm, in the Rear Dance Studio at Ashkenaz, 1317 San Pablo Ave., Berkeley (enter left hand door). We focus on teaching intermediate and advanced Balkan dances, the ones you wish you knew. Cost: \$5 Info: Richard 510-524-3611, balkanazers@gmail.com

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Ave., Berkeley.

Thursday, Nov. 5. New Beginners' Class. It is not too late to join and learn the pleasure of moving to music from around the world. New 8 week session for the Beginner Class will start on Thursday, November 5th. Cost is \$30. Thursdays, 7:45-9:45 pm at Live Oak Park Rec. Hall at the above address. Arrive at 7:30 pm to register. For more information: www.berkeleyfolk dancers.org or contact teachers David at davidhillis1@comcast.net or Marian at kinder-mar54@sbcglobal.net. No experience or partner necessary.

Friday, Nov. 6. AFTERNOON CLASS!! Join our Friday afternoon classes from 12:30 to 2:00 pm in our wonderful sprung wooden floor at the above address. It will be free for BFD members and \$5 for others. Come and enjoy the fun, exercise and sociability. Pay for the first class, get the second one free! More information: Wayne Phillips 925-317-3192 or Andy Partos 510-848-9262.

Friday, Nov. 20. Fun Night "Dancing all over the Map." Your host, the Advanced Class, encourages you to wear a costume or clothing from your favorite part of the globe. The fun begins at 7:30 pm and ends 10:30 pm. at LOP at the above address. Visa is \$5 for BFD members and \$7 for others. Finger Foods and Punch provided. For more info contact Lone Coleman 510-529-4120 or Yvonne Provaznik 510-222-4490.

BFD is not dancing on Thursday, Nov. 26 or Friday, Nov. 27. Happy Thanksgiving!!

Weekly class schedules:

Mondays—Advanced Intermediate, Yaqi Zhang 510-525-1865 (assisted by Tom Sha)

Tuesdays—Intermediate, Marija Hillis 510-549-0337 and Jeff Lidicker 510-776-4818

Wednesdays—Advanced, Judy Stonefield 510-655-3074 and Lone Coleman 510-529-4120

Thursdays—Beginners, David Hillis 510-549-0337 and Marian Snyder 510-549-1703

Fridays—All Request Night. Contact Peter and Lynne D'Angelo 510-654-3136

OAKLAND

PIEDMONT, OAKLAND

East Bay Folk Dancers. Formerly the Albany Y Balkan Dancers. We have changed our name and our location. Piedmont Veteran's Hall at 401 Highland Avenue, Piedmont, street parking. Wonderful dance facility. Fridays, all levels, instruction 7:30 to 8:30 pm, Some program dancing, some request dancing until 10:30 pm. Contact Kay

James, 925-376-0727, Davida Munkres at d.munkdance@gmail.com

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or ftripi@juno.com

Scandia Saturday. Four times a year. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or ftripi@juno.com.

PENINSULA COUNCIL

Folkdances of Hungary and Transylvania Tuesdays 7:30-9:45

Arrillaga Family Recreation Center, 700 Alma St, Menlo Park. Singing and warm up dances 7:30-8:00, teaching 8:00-9:30. You do not need to bring a partner since we rotate partners during the teaching. Taught by Todd Wagner and Sarah Tull. For more information call 650-941-0227 or email todd@wagnerhaz.com

Peninsula FD Council Party: Second Saturday of the month, except January, at St Bede's Episcopal Church, 2650 Sand Hill Rd at Monte Rosa, Menlo Park, a few blocks east of I-280. Parking entrance from Monte Rosa. Dancing to your requests from 8 to 11 pm. Cost is still only \$7. Bring a little finger food to share. Coffee, tea and punch provided. There are often 45 minutes of teaching or dance review prior to the parties, usually starting at 7:15. Email Hollis at hollis.radin@gmail.com or call her at 650-521-7143 to confirm dates and times.

Mostly Balkan. Thursdays, teaching by Martin Frost or Todd Wagner 7:45 to 8:45. Request dancing until 9:55. Drop-in fee is \$8.00. Arrillaga Family Recreation Center, 700 Alma, Menlo Park. Information: Sue 408-247-2420 or Derek 650-851-8498.

Palomanians IFD—Palomanians IFD class meets every Tuesday at the Arrillaga Family Recreation Center (aka Menlo Park Recreation Center), 700 Alma, Menlo Park, just south of Ravenswood Av. Beginning level dances at 7:30. Intermediate level from 8 to 9:45. Drop-in fee is \$8. First night is free. Denise Heenan and Adony Beniares, instructors. Call Al at (408) 252-8106 or email to palisin@comcast.net for more info.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Moveable Feet Club. Headed by Lucy Chang with the assistance of Loui Tucker and Alicia La Fetra. The Themed Parties may feature teaching and ~ 10 notable dances from that theme. The remaining dances will be from dancers' requests. All levels, all countries, all forms. For info contact Lucy at lscsamalex@gmail.com

Santa Cruz—Dance to the music of Israel! Tuesdays 7:30-10 pm. \$7/\$5-student. Circle, line/individual, couple, old and new choreography. Warm-up/gathering dances and instruction take place in the first hour. Teacher: Alan Rothchild, rothdance@hotmail.com First Congregational Church, 900 High Street {Fellowship Hall}

Saratoga International Folklore Family. Thursdays 7:30-8:15 beginners lesson; 8:15-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, email: loui@loutucker.com

Stanford International Folk Dancers Fridays. Teaching 8:00-9:00 pm, requests 9:00-11:00 pm. First Baptist Church, 305 North California Ave (near Bryant), Palo Alto. Suggested admission is \$7.00 generally, \$10 on live music nights, and \$15 for special events and workshops. Students are half price and children are free. No one will be turned away for lack of funds. Mostly line dances. Live music party

monthly, usually on the first Friday.
<http://stanfordfolkdance.com/> or Lew 408-246-7646.

FRESNO FOLK DANCES

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Wednesdays—McTeggett Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

MARIN

College of Marin International Folk Dance

at PE#22, Kentfield Campus. April 1-May 5; \$54 per 6-week session. Class number 0292, Wednesdays 2:10-3:30 p.m., PE#22, Kentfield Campus, College of Marin. Info: Carol Friedman 415-663-9512 cjay@horizoncable.com <http://carolfriedmanfolkdance.blogspot.com/>

Kopachka International Folkdancers The Gym at Strawberry Recreation Center, 118 East Strawberry Drive, Mill Valley (Tiburon Blvd. Exit on Highway 101, go 3/4 miles to East Strawberry Drive, turn right) Every Friday 7:30 to 10:30 pm. Beginners' teaching 7:30 to 8:00, followed by half an hour's intermediate/advanced teaching, then program for all levels. \$5.00 for members and guests. Information: Nadav Nur, (415) 497-4890, or Susie Shoaf, susieshoaf@aol.com

NORTH BAY

Razzmatazz Folk Dance Club. Razzmatazz Folk Dance Club intermediate level Balkan folk dance class taught by Marilyn Smith, Tuesdays from 7 pm-9 pm at beautiful Monroe Hall, 1400 W. College Ave. Santa Rosa. Spring session: Feb. 3 - May 12. \$60 for 15 weeks. Registration info: razzmatazzfolkdanceclub@gmail.com

REDWOOD COUNCIL

Petaluma/Novato International Folk Dancers Party dates: Nov. 8 and Dec. 13. All dances are 2-6 pm at Hermann Sons Hall, 860 Western Avenue, Petaluma. Contact: Elsa 707-546-8877.

Sonoma County Scandia Dancers—Scandinavian dance class in Petaluma. Beginners welcome. Come learn the dances of Norway and Sweden on Tuesdays from 7:15 to 9:15 pm. at Hermann Sons Hall, 860 Western Ave. Petaluma. No partner needed. Bring leather or smooth soled shoes. The first night is free, thereafter \$4 per class. For questions call Vince at 707-996-8300 or Emma at 823-4145.

Napa Valley Folk Dancers. Contact Brian @ 707-253-8452 or briantbe@mac.com. Party most 4th Saturdays @ Napa Valley College.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 7:30 - 9:30 p.m.

Petaluma Snap-Y Dancers Monday night folk dancing in Petaluma. Mondays 7-9:15 pm at Hermann Sons Hall, 860 Western Avenue, Petaluma. Cost is \$65 for the 14-week session or \$7 drop-in. Newcomers, beginners and drop-ins are always welcome. Come enjoy our friendly atmosphere, great mix of dances and the wonderful wood dance floor at Herman Sons Hall. Info: Carol Friedman 415-663-9512 cjay@horizoncable.com <http://carolfriedmanfolkdance.blogspot.com/>

International Folk Dance Villa Marin Senior Class - Thursdays 10 -11 am, Villa Marin 100 Thorndale Drive, San Rafael.

Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Thursday 1:00-3:00 p.m. except June - Aug.

Santa Rosa Jr. College beginner folk dance class taught by Marilyn Smith. Course title: Dance 41, International Folk Dance. Meets Wednesdays 3:00 pm-5:00 pm, Jan. 14 - May 20. Fee: \$66. 1

unit college credit. High school students welcome! High School students pay only \$20. Register online at: www.santarosa.edu

Snap-Y Dancers (Sonoma). Beginners welcome! Seven Flags Clubhouse, 1400 W. Watmaugh Rd., Sonoma, 95476. Thursdays 7:00-9:00 pm. Contact Paul Smith 707-996-1467 for summer schedule.

SACRAMENTO

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8 pm. Open dance 8-11:00 pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyexpress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181

Where to folk dance in the Greater Sacramento Area as of 5-27-14

SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL.

Website: www.folkdancesac.org * indicates beginner-friendly class.

Note: Information is subject to change. Call contact numbers for current information.

Note: Federation members are in bold type, others do not belong to the Folk Dance Federation.

HARRISON OAKS STUDIO. Venue for traditional music & dance events. 8524 Willings Way, Fair Oaks, CA 95628. Contact: 916-966-4128, harrisonoaksstudio@gmail.com or davehill@sbcglobal.net

MONDAY

***EL DORADO SCANDINAVIAN DANCERS.** All levels, couple. 7-9:30 pm. Coloma Community Center, 4623 T St., Sacramento. Contact: 530-409-6820. Website: www.folkdance.com/scandi

VILLAGE DANCERS OF THE VALLEY. Performance rehearsal. Scandinavian, couple. 7:30-9:30 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

TUESDAY

***EL DORADO INTERNATIONAL DANCE - PLACERVILLE.** Beg. & Int. International, line & couple. 7-10 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198

BASIC NON-PARTNER FOLK DANCING—Beginning to Intermediate, non partner, 7:30 - 9:00 pm Jane Steele Park at Hamilton and Myrtle Streets, Sacramento: Contact Bruce Mitchell 530-888-6586, dancebruce@AOL.com

WEDNESDAY

***CALICO DANCERS.** Beg. & Int. International, line & couple. 3:00 -4:30 pm. All year except Aug. Mission Oaks Community Ctr., 4701 Gibbons Dr., Carmichael, CA 95608. Contact: 916-972-0336 or 916-923-1555, dancesong20@att.net

KOLO KOALITION. All levels. International, non-partner. 7:30-10:00 pm. YLI Hall, 1400- 27th St. at N, Sacramento. Contact: 916-739-6014, leonelli@cwo.com

***VILLAGE DANCERS OF THE VALLEY.** All levels, couple, & non-partner. 7:30-10:00 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

THURSDAY

INTERNATIONAL DANCERS OF SACRAMENTO (IDS). Intermediate. Couple & non-partner. 7:30-9:30 pm. Jane Steele Park, 4855 Hamilton St., Sacramento. Contact: 530-888-6586, dancebruce@aol.com

***TANCE EL DORADO.** Beg. & Int. International. Age 18-30. 8:30pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 650-248-1539 or 530-306-9602 or tanceeldorado@gmail.com

***RENO INTERNATIONAL FOLK DANCE CO-OP.** Beg. & Int.

International, recreational, non-partner, couple. 7-9 pm. Temple Sinai, 3405 Gulling (off King's Row), Reno. Contact: 775-677-2306, wigand@gbis.com

FRIDAY

***EL DORADO INTERNATIONAL DANCE - GARDEN VALLEY.** Beg. & Int. International. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grange Rd., Garden Valley. Contact: 530-622-6470 or 530-333-4576, bonnieb@eldoradolibrary.org

***EL DORADO INTERNATIONAL DANCE - SHINGLE SPRINGS.** All levels, couple & line. 7:30-10:00 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: (530) 409-7138, Karen@karensandler.net

***VILLAGE DANCERS OF THE VALLEY.** Beg. & Int. International, recreational, couple, & non-partner. 7:30-9:30 pm except June, July, Aug. Carnegie Arts Center, 250 N. Broadway, Turlock, CA. Contact: 209-480-0387, JudyKropp40@gmail.com

***NEVADA CITY FOLK DANCERS.** Beg. & int. Balkan & international. Selected Fridays. 7:30 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-4650, dance7@sbcglobal.net. For schedule: davunterman@yahoo.com Party: 7:00 pm

SATURDAY

***DANCES OF THE WORLD PARTY.** All Levels. Non-partner & partner. 3rd Sat. monthly except July & Aug. 7:30-10:30 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-923-1555, dancesong20@att.net

KOLO KOALITION. PARTY. All Levels, Mostly Balkan, Non-partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-739-6014, leonelli@cwco.com

***RENO INTERNATIONAL FOLK DANCE CO-OP PARTY.** Beg. & Int. International, recreational, non-partner, couple. 1st Sat. monthly. 7-9:30 pm. Nevada Dance Academy, 1790 W. 4th (off Keystone), Reno. Contact: 775-677-2306, wigand@gbis.com

***SACRAMENTO COUNTRY DANCE SOCIETY.** All levels. Contra Dance. 2nd & 4th Sat. 7:30 pm. Coloma Community Center, 4623 T St., Sacramento. Contact: <http://sactocds.org>

SUNDAY

***DANCES OF THE WORLD.** Beg. & Int. International line & couple. 2nd & 4th Sun. monthly except July & Aug. 3:00-6:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-570-3482, yvandance@surewest.net

***DAVIS INTERNATIONAL FOLKDANCERS.** All levels. Mostly non-partner Balkan & International. 7:00-9:45 pm. Davis Art Center, 1919 F St., Davis. Contact: 530-758-0863 or linderholm@sbcglobal.net

***SACRAMENTO COUNTRY DANCE SOCIETY.** All levels. English Country Dance. 1st Sun. monthly. 2-5 pm. Masonic Hall, 235 Vernon St., Roseville. Contact: <http://sactocds.org>

EXHIBITION GROUPS. Contact the following, if interested, for further information.

BALLIAMO! Italian performing group. Saturdays, 9:30-11:30pm. Italian Center, 6821 Fair Oaks Blvd., Carmichael, 95608. Contact: 916-482-8674, bbeckert@sbcglobal.net.

EL DORADO SCANDINAVIAN DANCERS. Contact: 916-536-9809 or 916-969-8904, d.r.herman@comcast.net
Website: www.folkdance.com/scandi/

TANCE EL DORADO. College-age cultural dance group. All levels. International. Contact: 530-306-9602 or 650-248-1539, tanceeldorado@gmail.com

VILLAGE DANCERS OF THE VALLEY. Scandinavian, couple. 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

◊◊◊ Note: Information is subject to change. Call contact numbers for current information. ◊◊◊

Other groups and classes

Osher JCC Israeli Folk Dancing: Thursdays 1:30-4 p.m., September 10-October 15, October 29-December 10, at the Osher Marin Jewish Community Center, Pilates Studio, San Rafael; \$30 per 6-week session or \$7 drop-in. Join in Israeli dances that combine Middle Eastern, Eastern European, even Latin and African traditions - a mix of cultural learning, gentle exercise, and social fun. To register call 415-444-8000.

Taverna Sofia, 224 Healdsburg Ave., in Healdsburg. Traditional live Greek music, folk & belly dancing every last Saturday of the month, starting at 6:30 pm. Indoor & patio seating. Ample free parking. Reservations 707-431-1982. <http://www.tavernasofia.com>

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:00, 7:00—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

WOULD YOU BUY A USED CAR FROM A FOLK DANCER?

By Loui Tucker

When Sabine bought a new car, we sold our old truck to some folk dancers. When we wanted our front steps repainted recently or our gutters cleaned last the spring, we contacted a folk dancer. When we attend Stockton Folk Dance Camp (you're going this year, aren't you?), we have a folk dancer house-sit, and another folk dancer adopts our dog for the week.

I think most of us would trust a fellow folk dancer in a business deal, and we would buy a used car from a folk dancer! After all, if you've held hands in a circle, if you learned to hambo and waltz together, if you've helped someone into a folk costume or shared a communal bathroom at a dance camp, you develop a level of confidence. I'd go further and say we'd probably also trust the spouse or child of a folk dancer.

There used to be lots of ads in *Let's Dance!* magazine. Sometimes the entire back cover was a patchwork of business cards - The Fruit Basket Coffee Shop, Di Cicco's Pizzeria, the Basque Hotel, Lawrence's Department Store, Lew Williams Chevrolet Center, Diamond Roller Rink (from a *Let's Dance!* printed in 1960). All were businesses wanting folk dancers as customers!

We could do it again. While it is true we don't have the circulation we used to have (5000+ in the 1970s), there are still probably close to 1000 readers if you count the spouses of individual members, and the many club members who read *Let's Dance!* magazine at their weekly class. I can imagine the possibilities: a bagel shop in Berkeley, an accountant in Alameda, a chiropractor in Concord, an estate-planning lawyer in Livermore, a nail salon in Napa, a masseuse in Menlo Park, a therapist in Tiburon.

If you own a business, or your employer could use some new (high quality, in my humble opinion!) clients, consider taking out an ad in *Let's Dance!*

FOLK DANCE FEDERATION
OF CALIFORNIA, INC.

1614 Peacock Avenue
Sunnyvale, CA 94087

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7-COUNTRY, 12-DAY CRUISE ALONG THE DANUBE

From Vienna, the waltz capital of the world, to the sparky rhythms of Romania, we will stop in Slovakia, Hungary, Serbia and Bulgaria to soak up culture and dance.

Most meals included. Nine shore excursions. Lessons on Balkan history and folklore performances.

More details soon!

Website: www.folkdanceonthewater.org

Email: folkdanceonthewater@gmail.com

Marija & David Hillis 2147 Parker Street, Berkeley CA 94704 (510) 549-0337