

# Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING • March, 2011



Kalina blooms—See article on page 16

*Excellent teaching, excellent dancing at the Heritage Festival*



A very nice crowd at the Heritage Festival—*Heritage Festival photos by Joe Croco*



May Wang teaching Taiwan dances. Katherine Abbott taught Russian dances.  
Another Heritage Festival photo is on page 20



Lucy Chang and Richard Graham on left,  
Laura Douglas and Todd Wagner in foreground

OFFICIAL PUBLICATION OF THE FOLK DANCE FEDERATION OF CALIFORNIA, INC.



# Let's Dance!

Volume 68, No. 3  
March, 2011

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## Donations:

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The Folk Dance Federation of California, Inc.  
Treasurer  
153 Race Street  
San Jose, CA 95126

**Join now: Membership rate is \$35.00 per year (plus \$10.00 for foreign)**

**Family rate is \$45.00 per year**

**Group/Club rate is \$40.00 per year**

Mail applications, renewals & checks to:  
Folk Dance Federation of California, Inc.  
M. Rose  
2315 Ravine Court  
San Jose, CA 95133-1226

## Website:

You can now post your folkdance event flyers on the Federation's web site: "[webmaster@folkdance.com](mailto:webmaster@folkdance.com)."  
If you need help, contact: Loui Tucker, [loui@loutucker.com](mailto:loui@loutucker.com)

©Let's Dance! (ISSN#0024-1253) is published monthly by the Folk Dance Federation of California, Inc., with the exception of the May-June and July-August issues, which are released each two month period. Standard mail postage paid at Sacramento, California.



Photo quiz: Photo #1—What and when was this? Email editor

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The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor  
Box 548, Woodacre, CA 94973  
email: [wildwood\\_press@comcast.net](mailto:wildwood_press@comcast.net)

Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

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or call 415-488-9197 (9:00 am to 3:00 pm)



# President's Message

By Loui Tucker, President, Loui@loutucker.com

## Do we really want to attract young people?

*Want to get young people interested in folk dancing? Ban it! Can't you just hear the conversation in the Dean's office?*

*"Honest, we were only fighting, just a little lovers quarrel. That was all it was!"*

*"Son, who are you trying to fool? Don't you think I know a Hambo when I see one!"*

Susan Wicket-Ford, Stockton 2006 Talent Show

If we tell teenagers that folk dancing is best appreciated by mature adults in a committed relationship and they should save themselves for it, they will be sneaking off behind the barn to practice their racenitza faster than you can say "Quick, quick, slow." They will be gathering for clandestine folk dance parties in darkened basements when their parents are out of town.



If we pass laws prohibiting folk dancing for anyone under 21, young people will be found in deserted rural parking lots gathered around a boom box daring each other to "do Florecica again!"

**All kidding aside, I am actually going to say something radical: I don't think we should be focusing our energies on getting young people into folk dancing. WHAT? WHY NOT? Bear with me – this is going to take some explaining.**

First, I think young people are already being exposed to folk dancing, perhaps not in every school or church youth group, but it is happening. I have plenty of colleagues who specialize in teaching dance to children from kindergarten to teenagers and up into college. Young people are dancing. No, not in the numbers we saw in the 50s, 60s and 70s, and yes, their contact with dance is more successful in some communities than in others, but it is happening.

**I'm more interested in what causes them to stop dancing in their twenties, which was when many of the dancers my age started dancing - in junior college, college, and freshly minted college graduates.**

One drawback today that didn't exist thirty-plus years ago is the age difference between the young people potentially joining existing adult dance groups and the age of the folks already in those groups. For example, when I joined at 21, there were plenty of other young people and the experienced dancers were in their 30s and 40s - a gap of 10-20 years. As it stands now, if a young dancer just out of college, who was used to dancing with dancers about the same age, wanders into an adult folk dance group, the age gap is going to be more like 30-50 years and there will be few if any other young people.

I've said before in other articles that we also face greater competition from other dance forms: ballroom dance, salsa, hip-hop, line dancing, even contra and swing classes. Young people have more types of dances from which to select. And you know that if it's on television or has been made popular by a movie, young people will be interested in taking those classes. **We can't do much about the competition factor**

[unless you happen to have an "in" with a television or motion picture producer...], but there are two more factors that will continue to be a problem for us: (1) marriage and (2) families.

If a young dancer marries a non-dancer, we're probably going to lose the dancer. Sure, there are few instances where we actually bring the non-dancer over to Our Side, but it is less likely. I suggested at a dinner recently that, much like certain religious groups that frown on inter-faith marriage, we should start having interventions when a young dancer starts dating a non-dancer. I said we could even find out when the wedding is taking place and, when the minister intones that line "If any of you know why these persons should not be joined together in Holy Matrimony,..." we could all stand up and say, "We do!" **[Relax, I was just kidding!]**

But even if two dancers get lucky, find each other, fall in love, and get married, there's the children and family issue. Raising children is hard, time-consuming, energy-sapping work, and fitting in an evening or two of dancing is not easy when you have children. If a couple can find the time and energy to go dancing, there's the cost of child care on top of the cost of the dance class. Few, if any, dance clubs offer child care on site (what a concept!) and few are child friendly when a dancing couple has children who are old enough to be able to join in the dance. **Yet, that idea (child care solution for dancers) isn't where I'm going with this article either [though it might be the subject of a future article...]**

So here's where I'm going: I can think of at least four couples who've returned to dancing within the last two years because their children were (1) finally old enough they could be trusted to stay home alone or (2) had graduated from high school and gone off to college. These former dancers came back to dancing after a 15-20 year hiatus! I know of two women who married non-dancers and, in the last three years, found their way back to dancing (divorce in one case, death in the other). **Perhaps this is the market that is waiting to be tapped: former dancers who are suddenly free to dance again.**

I am considering exploring the cost of placing some ads in local papers that say something like:

**"Are you a former folk dancer? Do you miss it? Guess what: we're still dancing and would love to see you back on our dance floors. Phone number, website..."**

**"Is the nest suddenly empty? Got some free evenings in your week? Come back to your roots - international folk dancing! Remember how much fun it was? We're still dancing and would love to see you back in our circles. Phone number, website..."**

Once we get back some of the 45-year-olds and 55-year-olds who used to dance, and we've lowered the average age a bit, **then** we can start thinking about attracting the 30-year-olds with incentives like free child care and classes designed for their children.





# March, 2011 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy  
Send future events information to Gary Anderson, Editor, Let's Dance!,  
Box 548, Woodacre, CA 94973, e-mail: [wildwood\\_press@comcast.net](mailto:wildwood_press@comcast.net)  
The deadline for listings is one month prior to the magazine date.

## Upcoming Events—

- February 26** \***63rd Annual Festival of the Oaks**—9:30 am to noon, French and Balkan dances will be taught by Marilyn Smith, the very popular teacher at the Santa Rosa Junior College and director of the noted Razzmatazz Weekends at Mendocino Woodlands. A hot lunch will be provided at noon. A Folk Dance Federation of California meeting will also be held at noon. Dancing from 1:30-5:00 pm, with an exhibition at 3:00 pm. Used folk dance costumes for sale during the dance. (See more information in the ad in this issue on page 8)
- March 4-6,** the \***Camellia International Dance Festival:** Friday, Workshop: Irina and George Arabadji Dances of Ukraine and beyond 7:00 -8:00 PM Opening Party: Short Opening Program Followed by Request dancing 8:00-11:00 PM. Saturday Workshops 1:00-5:00 PM: Lee Otterholt - Balkan, Marida Martin - Scandinavian. Saturday Evening Party 7:00-11:00 PM. Sunday Concert 1:00 - 3:30 PM, easy dancing 3:30 - 5:00 PM. See Council Clips, flier in this issue or webpage for details: [folkdancesac.org](http://folkdancesac.org).
- March 26** **The Balkan Plus Party** is coming. This very popular annual event has reserved the wonderful Masonic Hall, 1010 Loutens in San Rafael. We start before 8:00 pm and dance until after 11:00 pm. We will have an excellent dance program and request slots for popular folk dances. You are invited to bring finger snacks to share. The cost is \$8.00. Come early and dine and then dance in San Rafael. Make plans to come. *An ad, program and directions are on pages 5 and 6 of this issue.*
- April 16** Save the date for the **annual Petaluma Folk Dance Party** featuring live music by Verna Druzhina at Herman Sons Hall, 860 Western Avenue, Petaluma, 8-11 p.m. Carol Friedman 415-663-9512 [cjay@horizoncable.com](mailto:cjay@horizoncable.com)
- July 2-9** **Mendocino Folklore Camp** International Dance and Music Workshops. Registration now open: [www.mendocinofolkloreamp.com](http://www.mendocinofolkloreamp.com)
- July 24-30& July 31-Aug. 6** **Stockton Folk Dance Camp**—Two identical weeks, University of the Pacific, Stockton. See ad in this issue on page 18. Great teachers, great dancing!

*\*Federation sponsored events.*

*Regular party and class listings are in the "Where to dance" pages in the back of the magazine*

## HAVE YOU VISITED THE FOLK DANCE FEDERATION'S WEBSITE LATELY?

Did you know the Federation maintains an **events calendar**? Lots of Federation and non-Federation events are listed. Go to [www.folkdance.com!](http://www.folkdance.com!) and click on the "Upcoming Dance Events" on the left panel.

P.S. If you want to add your event to the calendar, click on the **Add Event** link!







Photo by Mindy Pines

**The Advanced Balkan Dancers join  
The Balkan Dancers of Marin**

**To invite you to a**

***Balkan Plus Folk Dance Party***

**Saturday, March 26, 2011**

**Balkan dancing program**

***plus***

**you can request your favorite international folk dances!**

**(Bring your own tapes or CDs or choose from our selection of Balkan *Plus* dances!)**

**Come and join in the fun**

**Begin around 7:30-11:00+ pm ~ Donation \$8.00**

**Plentiful parking, an excellent wood floor, drinks & finger food!**

**Masonic Lodge Hall**

**1010 Lootens, San Rafael**

**(between Fourth and Fifth)**

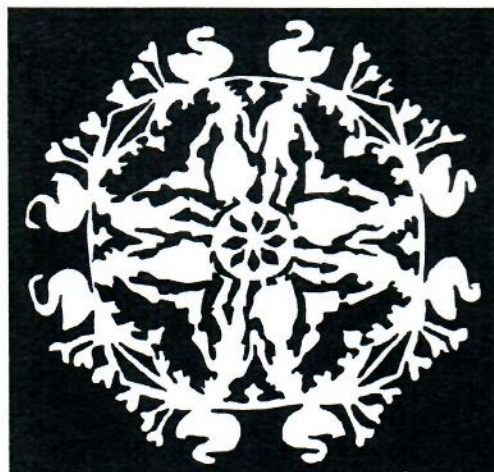
*For directions and a program see page six of the February issue of Let's Dance or  
email Gary Anderson: [editor@letsdancemag.net](mailto:editor@letsdancemag.net)*



# Statewide 2011

May 27 thru 30

A Fairy Tale Folk Dance Festival



Veterans' Memorial Building  
1745 Mission Drive  
Solvang

Institute Teachers:

Yves & France Moreau

Plus

David Heald presenting Danish dances

Live music by Zimzala

for add'l info call (626) 446-5160

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[www.statewidefolkdance.com](http://www.statewidefolkdance.com)

Presented by Folk Dance Federation of California, South



## Council & Club Clips

**BERKELEY FOLK DANCERS.** There still may be time to dance at the annual **Festival of the Oaks** on **Saturday, February the 26<sup>th</sup>**. This is co-sponsored by the Folk Dance Federation of California so there will be an Institute from 9:30 am to noon. Marilyn Smith will be teaching French and Balkan dances. The Festival is at Live Oak Park Social Hall in Berkeley at Shattuck and Berryman.

Afternoon program is a double header. Both International folk dancing and a used costume sale will be held from 1:30 to 5 pm. In between a hot lunch will be served for a modest fee but if you attend the Federation's Members Meeting, the lunch is free. Live Oak Park is in the middle of Berkeley's Gourmet Ghetto so there are plenty of other places to eat. So come and have a full day of fun, food and dancing. More details are elsewhere in the February issue.

Is the rain getting you down? Chase the winter blues away by joining BFD on **Friday, March 18**, for their "**March Fun Night Party.**" Who knows what will happen as mad March is here. Whatever is scheduled or not, there will be music, dancing, vittles and beverage for \$5 for members and \$7 for others. Where? At Live Oak Park Social Hall in Berkeley at Shattuck and Berryman! Your host will be the Intermediate class headed by Bill Lidicker (510-528-9168) and Marija Hills (510-549-0337). Be sure to check with them on the date and details.

—Naomi Lidicker

**Sacramento International Folk Dance and Arts Council—** We had a wonderful Scholarship Ball in Placerville! Tance El Dorado performed two French dances for us, and they had a bake sale of yummy goodies to tempt us. After the dance performance, we had a big surprise! Barbara Bevan appeared as the Spirit of January, dressed all in white with a white parasol decorated with dangling icicles all around it. She then recited a stirring piece about winter and January. At the end of the recitation, she was surprised to be pelted from all sides with "snowballs" made of crumpled paper. It was all very festive and wintery, and we all agreed it was the perfect start to a wonderful party. Roy Butler gets most of the thanks for a well

### Bring a friend into the World of Folk Dance—give them a gift membership!

Simply send a check Made out to the Folk Dance Federation for \$35.00 with the name and address of the recipient to:

Marion Rose, 2315 Ravine Court,  
San Jose, CA 95133-1226

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

From \_\_\_\_\_

## Solvang Statewide Folkdance Festival

'Once Upon a Time' Federation, South board members gathered together to choose a theme for Statewide 2011. Valerie Daley had already found a great facility – the Veterans' Memorial Building – in Solvang, the Danish village which showcases works of Hans Christian Andersen. "A Fairy Tale Folk Dance Festival" seemed a very fitting theme.

The four day event will take place over Memorial Day weekend, May 27<sup>th</sup> - May 30<sup>th</sup>. Friday evening we will dance at the Bethania Lutheran Church. Saturday and Sunday Yves and France Moreau will delight and enchant us with Bulgarian and French Canadian dances. They will be joined by David Heald who will present a smorgasbord of Danish dances. Zimzala will bewitch us with their music during the evening dance parties. Monday there will be a Bar-b-q and dancing to bring 'the end' to our Fairy Tale Festival and send us off to live 'Happily Ever After' – or at least until the next Statewide.

Beverly Barr has used her magical touch to get us a reduced rate at our host hotel (and a guarantee that there will be no peas under the mattresses). Reservations should be made thru her to get the best discount. If you wish to share a room Beverly will do her best to put you in touch with others who make the same request.

The hotel serves a complimentary breakfast.

Your Statewide Committee is busily waving it's magic wand to reduce the cost of attending all dance events to Lilliputian size. Watch for registration forms at your favorite club or in the *Folk Dance Scene* and *Let's Dance* magazines starting in March.

planned event, where people donated \$5 for each dance they requested, all to go to the Scholarship Fund. But many, many people, mostly from the El Dorado dancers, worked hard to make it very smooth and very fun. And all for the Scholarship Fund!

We have a few dates coming up for you to put into your calendars. These are all great events you won't want to miss. **Dance in the Woods**, Sept. 9-11, 2011 at Camp Sacramento; **Beginners Party** - Thurs., Sept. 15, 2011, 7:00-8:30 pm, YLI Hall; **Membership BBQ** 2011, Sat., 8/27/11, at the Wolterbeeks' Estate in Shingle Springs. And, of course, **Camellia Festival**, March 4-6! Hope you were there!

—Barbara Malakoff

### FOLK DANCE QUIZ

Which dance was introduced first in California?

Answers on page 20

1. Allemannsmarsj or At At V' Ani?
2. Bela Rada or Bucimis?
3. Dajcovo Horo or Doburjanska Reka?
4. Hora Fetel or Horehronsky Csardas?
5. Kostursko Oro or Kujawiak Niebieski?
6. Moja Diridika or Mayim?
7. Polharrow Burn or Prekid Kolo?
8. Sham Hareh Golan or Slavonsko Kolo?
9. Tino Mori or Tango Poquito?
10. Vranjanka or Vossarul?



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**GREECE and the GREEK ISLANDS !**  
**HUNGARY ! NORWAY !**

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Jim Gold, Lee Otterholt, Adam Molnar, Joe Freedman

**Tours for 2011**

**NORWAY ! . . . June 11-21, 2011. Led by Lee Otterholt.**

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings! Midsummer in Norway! Oslo, Bergen, Hovin (Telemark), Fjord Cruise, and Voss.

**HUNGARY ! . . . August 2-15, 2011. Led by Adam Molnar.**

Magyar adventures in Budapest, Eger, Jászberény Folk Festival, biggest festival in Hungary!

**BULGARIA ! . . . August 3-15, 2011. Led by Jim Gold.**

A mysterious, magical country with unbeatable dancing, music, and folklore. Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshtitsa Folk Festival ! Black Sea ext. Aug. 15-19.

**GREECE and the GREEK ISLANDS! . . . October 16-30, 2011.**

Led by Jim Gold and Lee Otterholt

Dance hasapicos, syrtos, and more! Mountains, markets, archeological wonders, and sun-kissed islands. Classical tour of Athens, Olympia, Delphi, Meteora, Mycenae. Greek cruise to Mykonos, Crete, Rhodes, Patmos, Ephesus, Santorini. Santorini ext. Oct. 27-30.

**Tours for 2012**

**ISRAEL ! . . . March 11-23, 2012 Led by Jim Gold and Joe Freedman**

Jerusalem, Tel Aviv, Galilee. Meet Israeli, Arab, Druze, Balkan, Yemenite, Bedouin, and Kurdish groups. Jordan ext. March 23-28. Amman, Petra, Wadi Rum, and Jerash.

**NORTHERN GREECE ! April 9-23, 2012 Led by Jim Gold and Lee Otterholt**

Greek Easter celebration ! Athens, Thessaloniki, Kalambaka, Ionnina, Island of Corfu ! Mt. Athos Monastery. 4-day Greek Island Cruise ext. April 23-27.

**EASTERN TURKEY ! . . . October 7-20, 2012. Led by Jim Gold and Lee Otterholt.**

Kurdish, Pontic/Black Sea, Georgian, former Armenian regions! Istanbul, Diyarbakir, Urfa, Mardin, Van, Dogubeyazit, Kars, Ani, Erzurum, Trabzon. Istanbul ext. Oct. 20-24

**For itineraries and details: Visit [www.jimgold.com](http://www.jimgold.com)**

**TOUR REGISTRATION:** I can't wait to go! Enclosed is my \$200 per person deposit. .

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No. of people \_\_\_\_\_ Phone(\_\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

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The Sacramento International Folk Dance & Arts Council  
The Folk Dance Federation of California  
& California State University Sacramento

Present the 55th ANNUAL



## INTERNATIONAL DANCE FESTIVAL

**Sacramento, California**

↓ ↓ ↓ **MARCH 4 - 6, 2011** ↓ ↓ ↓

All events will take place at California State University Sacramento,  
6000 J Street, Sacramento, CA 95819 in the Student Union.

Parking: Parking Structure III, Level 3

↓ **FRIDAY, MARCH 4, 2011** ↓

Student Union - Redwood Room

7:00 - 8:00 PM Russian/Ukrainian workshop with the Arabadjis

8:00 - 11:00 PM Opening Party \$7.00 for both

↓ **SATURDAY, MARCH 5, 2011** ↓

Student Union - Redwood Room

1:00 - 5:00 PM - Two Institutes \$7.00 each

## LEE OTTERHOLT - Balkan Dances

## MARIDA MARTIN - Scandinavian Dances

7:00 - 11:00 PM Evening Party \$7.00

↓ SPECIAL PRICE - \$25.00 for all Friday & Saturday events ↓

↓ **SUNDAY, MARCH 6, 2011** ↓

Student Union Ballroom

1:00 - 3:30 PM International Dance Concert - \$10.00

followed by easy general dancing for everyone until 5:00 PM

Tickets available at the CSUS Box Office located outside the east entrance to the Student Union

Box Office opens at 11:00 AM

For more information and videos of past Camellia Festivals: [www.folkdancesac.org](http://www.folkdancesac.org)

Phone: (916) 921-0955 or (916) 923-1555

All events are FREE for CSUS students with ID & those under 18 years of age





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Name \_\_\_\_\_

Address \_\_\_\_\_

No. of people \_\_\_\_\_

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## "DANCE ON THE WATER" TRIP TO EGYPT AND JORDAN - 2011

From Kay James

01/18/11

### Greetings from the Nile boat "Farah,"

Rather than attempt to bore you all with a daily rundown of the trip thus far, suffice it to say that I arrived safely in Cairo after a very long plane ride, first to Frankfurt and then on to Cairo. But, let me begin with general impressions, and first with Cairo and the people there. First and foremost is my initial observation of the incredibly friendly and welcoming nature of the Egyptian people. They are warm, hospitable and delightfully humorous in their interactions with us tourists. And, I don't know when it began, but I think it's safe to say that tourism is their most precious resource, so they make every effort to treat the tourists with the utmost respect and dignity...even when it's not always reciprocal with some of the more rude tourists they encounter.

Perhaps because we are a 'group' we have seen the protection of the tourists to be a primary focus of the government, to the point where we've had armed escorts on our bus on almost all excursions from the hotel and to the various monuments and museums. There are 29 of us in our folk dancing group "Dance on the Water," so it gives us a rather exaggerated feeling of importance. Actually, I don't know if I feel safer or more vulnerable as a result of this preoccupation for our safety, as it perhaps tends to single us out more than if we were just a few isolated traveling tourists on our own. One evening, en route to a special garden and a dinner there, we actually had a police car escorting us, with blue lights flashing. And, even more than this, we also had a number of policemen step out into the non-stop Cairo traffic - at night no less - to stop the cars so that a group of us could cross the street to get to our bus after stopping somewhere. (The traffic in Cairo is unbelievable, and one risks his or her life when crossing any of the streets in the city) But, one can't also fail to notice the police presence everywhere in Egypt thus far, at the gates of all the national monuments, museums, government buildings, etc. Perhaps it has a lot to do with their fear of more terrorist activity, which in turn would destroy their country's most important source of revenue.

On a sadder note, and perhaps because I haven't traveled to India or some other countries like this, what has struck me so profoundly is the incredible pollution of the land, air and water as a result, I'm assuming, of the crushing population numbers in this dry, dusty area. The air is heavy with noxious fumes from millions of cars spewing unadulterated carbon monoxide into the atmosphere. By the end of the day my lungs have rebelled strongly and I sense a sharp pain in them when I breathe. And everywhere I look there is garbage, plastic bags, bottles and every known form of detritus stuck among the pa-



thetic trees trying to survive in such an environment. The skyline is also filled with half-finished buildings that are almost crumbling as they are being built, and they are encrusted with dust and dirt. I have never in my lifetime seen such a truly dirty environment, and it makes me fear for our survival on the planet. It's been a bit overwhelming and frightening . . . and yes, sad. Another major aspect of this generalized landscape is the impact on the beasts of burden used by the humans to transport themselves and their goods. The poor donkeys, horses and camels seem as much victims of this desperate fight for survival, so this has been a real emotional tug on my heart.

Yet, in spite of these conditions of life here in Egypt, the people are not just resigned to their plight, but they actually have a remarkable sense of appreciation for life, and a zest for it, breaking out into smiles and laughs and genuinely willing to give a wave or salute to those more fortunate than them at every turn. Okay, I'm not living here and watching them in their daily grind, but this is my impression from the little I've seen, and I've been in other countries where the oppressiveness of the people is felt at every turn. Here this is not what I'm seeing at all. So, I am in awe of this attitude of the people and very, very impressed with their spirit.

I mentioned the humor in the people. I have to relate one of the first incidents I experienced on the first outing to one of the many sites, the pyramids of Giza. Yes, there were lots of men approaching and trying to sell any number of souvenirs, and I thought I had managed to make my way around them unscathed. However, I soon became interested in the many camels that were there to take people for rides. I had no intention of doing this, but I engaged in a conversation with one of the owners of a camel, whose name was "Pepsi" and before I knew what was happening after inquiring what he fed his animal, and whether he spit and was affectionate, etc. etc., he quickly pegged me as an easy target for what was about to ensue. First, he encouraged me to come closer to the camel and be next to him, then pet him, then put my foot in one of the stirrups, then allow him to adorn my head with a scarf, then to let the camel get up onto his feet (telling me to lean back as he raised up) and then the next thing I knew I was 'riding a camel at the pyramids.' I had been had, to be sure, but it was absolutely delightful and my friends, who were busy hysterically laughing and snapping pictures as fast as they could, witnessed it with glee. And, I have to say that the camel driver was a master psychologist, as he honed right into my love for animals and my interest in his camel. But, it was all done with great humor, and I happily paid him for the experience, and I came away feeling I had a wonderful Egyptian experience. So, what more could I ask for as a first encounter at one of the great monuments here in Egypt.

The group I'm traveling with is a great one, many of them people I know well and have traveled with before, so I am happy to be a part of this trip. Our hotel accommodations have been superb, the food has been great and as usual there are a lot of laughs. We just got on board the boat yesterday and the beds, bathroom (really large with a great shower) and the food are unbelievably good. So, while the environmental issues have been a genuine shock, everything else has offset this enough not to be immediately depressing. Oh, and I forgot to mention the dancing. Two Egyptian dancers came to our hotel in Cairo and taught us a Nubian dance, which we are



vigorously practicing so that we can do it on board the boat as we come into a Nubian village later on in the trip. Lee Otterholt, our master dance instructor, is doing a terrific job, as usual.

And, last but not least, the use of a computer for the Internet is free on board the boat, and this is why I'm able to get a message off to my friends at home. I'll try to write again and check my email from time to time.

Maa Al Salama and Ashoufak Tany,

Love,

Kay

### *Notes from Upper Egypt*

01/21/11

Greetings from Upper Egypt,

For those of you who may not know, Upper Egypt is actually the southern part of Egypt and refers to the area of the Nile closer to its source, as it runs south to north. So, we've come from Lower Egypt to Upper Egypt, even though we've moved southward.

Again, without going into details in a chronological order, which is probably of little interest to anyone, I'll try to recall the most significant features, both noteworthy and humorous to relate. I didn't mention before that we flew from Cairo to Luxor first, before embarking on the river cruise on the ship "Farah." However, before getting onto the boat we stayed at a hotel that had some really interesting features, such as what they called an "intelligent toilet." It washed you, dried you and did about everything other than just let you sit down and do what one normally does on a toilet. And, then, after reading all the dangers of electric shock, etc. I wondered how in the world one was to flush the darn thing safely. Fortunately, there was a manual button on the side. Next came the shower/jacuzzi/general washing area, that was also all electronic, with more buttons than an airliner cockpit. I was so tired in the end that I finally gave it up and decided it wasn't worth all the brain power needed to operate it. The next morning it seemed that others had come to the same conclusion, and we all left a little dirtier than we might have been otherwise.

From Luxor, or what used to be called Thebes, we ventured into the Valley of the Kings and the Valley of the Queens and saw some of the most amazingly beautiful tombs and temples, with all of the artwork of the ancient Egyptians that is what really draws the great number of tourists to this country year after year. I hope that with the help of some of the photos I took, along with a few books, I have captured for memory some of this experience.

The second night on the cruise ship was a special Egyptian festive night and we were all encouraged to dress in Egyptian style, preferably in a "galabaya." And, so the fun began as those of us dancers gathered around the little shop run by a consummate salesman, who had an amazing eye to match personality, size and style of each person with a suitable "costume," so to speak. He pulled out all sorts of wonderful dresses and matching hats that we all gleefully tried on, laughing heartily at each other, but in the end happily outfitted with the perfect garb for the evening. Also, he was one of the most patient salespersons I have ever encountered, here again demonstrating the ultimate art of selling (remember my camel ride?). He wasn't only just interested in the sale, though, of

course, it was the main focus, but he also wanted each customer to leave feeling they had the perfect outfit for the night ahead.

And, the next evening, all dressed up as we were, we performed for the other passengers our Nubian dance that we had learned originally in Cairo. And, did I mention before that our slave-driving-teacher, Lee Otterholt, our dance teacher on board with the group, had us practicing this dance daily, to the point that all of us were going over all of the patterns in our sleep. I now have some small appreciation for the work entailed with presenting a dance show to the public . . . i.e. lots and lots of work . . . but fun as well. So, our little ragtag group did the dance that night and then again later for another group on board the ship, as well as at a Nubian village. Believe it or not, the other tourists seemed to enjoy it, and I also think the Nubians in the village appreciated the fact that we had taken the time and effort to learn a dance from their culture.

And, now a little about the travel to this Nubian village . . . another experience worth relating. We traveled first in a felucca, which is a boat with one sail that is operated by about three men, two hoisting up the sail and another steering the rudder from behind with what looks like a big log. One little observation was that the boatman reached over the side of the boat and scooped water right out of the Nile to get a drink. I was mortified, but then, I shouldn't have been surprised because I saw women carrying water up from the river to their homes all along the way on the cruise. Anyway, it was lovely ride, and there was plenty of wind to carry us along, and we eventually went ashore headed for the Nubian village. And, guess what? Yes, for those of us who were game for the adventure, we had another camel ride awaiting us and for a longer stretch. My camel was named "Christina" and I was thankful that the owner didn't whip her at all during the ride while he walked alongside. However, he was determined to pass all the others on their camels and we kept swiftly passing all the other people, coming very close to the edge of the road where there was a drop toward the water. I kept wondering (and worrying) why he was in such a rush. I later figured, as I watched the camel drivers galloping back in the opposite direction, that they were eager to get back to the shore where tourists were arriving, so that he could pick up another fare as soon as possible.

So, the next outing was to Abu Simbel, out of the city of Aswan. Among our group, most of whom are from the "People's Republic of Berkeley" or thereabouts, voted to go there by bus instead of by air, the cost being about half. However, there were a few hitches. First, we had to arise at 3:00 am on the boat to go by bus, but with a police escorted convoy, with an armed guard on each bus, and it was three hours each way and then a two hour stay at the Temple of Ramses and the Temple of Nefertiti. Groggily we tramped into our bus, having had only a few hours of sleep and it was quite an experience. First, all of the busses gathered into a police protected compound, think Green Zone, awaiting the arrival of all of the busses for the convoy. It was still dark, of course, but there was a full moon and in spite of the moonlight, my imagination still ran wild as I looked out the windows on each side and wondered what might possibly jump out at us. After all, there were obvious reasons for all this security and I allowed myself the neurotic luxury of trying to figure out how it could be skirted by someone really intent



on doing harm. We appeared like a long snake, crawling through the night, with red lights from all the busses, making our way through the desert to the important ruins of Abu Simbel, an area that had to be moved entirely after the building of the Aswan dam to higher ground . . . and displacing Nubian villages in the process, I might add. Again, I also couldn't help wondering how much all of this protection was costing the government. And, it made me appreciate the fact that while we may have to pay quite a bit for seeing all these wondrous sites, there was a genuine reason for the cost, with this much work going into making it possible for tourists to safely visit these sites in Egypt.

One other point of interest, to me at least, is the role of women in the culture here. And, while it is very complicated and somewhat difficult to comprehend entirely, I understood a little more by a particular experience here on the ship. Our Egyptian guide, Asmaa, a lovely unmarried 30-year-old, who obviously wears the typical scarves to entirely cover her head, agreed, upon our asking, to give a private showing of belly dancing, but only for the women. As it is forbidden to not only touch a man but also for her hair to be seen or for men to see her dance, we arranged a room in the ship for this private dancing event. As it turned out, she was an amazingly beautiful dancer, and it showed me how probably every woman, beginning as a young girl, simply learn this type of dancing, since Asmaa was not a regular dancer. We begged her to take off her scarves after a while, so that we could finally see her hair. She reluctantly agreed, but not before having one of us stand guard at the door to assure that no male entered the room inadvertently. Her hair was a deep brown and very full and wavy, and it changed her entire looks . . . especially as she danced, swaying sensually to the music and with a seemingly longing emotion in her facial features as she danced. Here is where I could elaborate more on the sensuality/sexuality issue between men and women in the culture, as I observed it even in this little dance exhibition but it's probably not as simple as I would like to think. Anyway, she danced comfortably in her regular clothing, with none of the typical accoutrements we are accustomed to seeing in our country, that is, with skimpy outfits and lots of bangles. When we asked her how she knew how to do this kind of dancing, she couldn't explain it, or really show us how it was done, only that it is a given kind of dancing in the culture. So it seems that the women here just more or less get it by osmosis. I'm not sure there is a dance equivalent in our culture and country, at least not that I can think of.

And so, we are now headed back to Luxor and Cairo again, before going on to Jordan and Petra. But, I'm not quite sure I'm ready for the pollution of Cairo again, especially after the relative peaceful nature of Aswan and this area. I'll have to talk to my lungs and tell them not to worry as the discomfort is only temporary . . .

More later possibly. But, for now, Salam AlaiKom (peace to you all),  
Kay

### *Departing Thoughts on the Middle East*

01/30/11

Hello from Jordan Dear Friends,

We departed Cairo just in time, with the beginnings of the Tunisian-inspired uprisings showing its many facets before we

left. We witnessed the police actions from our tour bus Tuesday evening, as we returned from an outing, with armed cars everywhere and police in full riot gear, wearing flak jackets and helmets with pull-down visors. There were armored cars pulling into the city and especially in the downtown area. And most interesting of all, the individual policemen formed human chains around some of the buildings, such as the Egyptian radio and TV building, literally holding hands as they circled the edifice completely. And, of course, they were swarming in front of all the larger hotels on the boulevard beside the Nile River. All of us have continued to follow the build-up as much as we could on Aljazeera, the BBC and CNN, of what started as a "Police Day," or a simple Egyptian strike. I'm sure there will be much more about this later.

In the meantime, there were a few more Egyptian follies to relate. The most potentially harmful event was the dog biting incident, when a member of our group was bitten by one of a small pack, as she walked home alone along the Nile to our hotel from a downtown restaurant. She had to undergo some rabies shots as a result, but she is doing just fine and moving faster than most of the rest of us. The walk was a 30-45 minute one and probably not advisable to do at night and alone, given the nature of Cairo streets with few if any sidewalks, constant traffic and noise, and potholes everywhere you set your feet. Several of us had made the same walk during the day from the downtown area to our hotel, and it was definitely a challenging obstacle course, with dust, dirt, cars coming from every direction, and clutter everywhere in our path.

And, there is one more Egyptian adventure I would like to mention that happened on one of our last days in Cairo, when we had a free afternoon. Five of us had decided to visit the Coptic Museum in old Cairo, and we took the subway to and from the downtown area. This was a pleasant experience, without incident, and English-speaking people were more than willing to help us figure out the direction to take, and we carefully counted out the 4 stops to our destination. Probably the most interesting aspect of the Cairo subway was the markings at the stops where women only could enter a car, and we saw a number of cars with just women in them. But, the fun started as we exited the downtown station upon our return. A very nice looking young Egyptian male approached us and asked with impeccable English whether we were Americans. He was so cheery and friendly and said that he had just returned from Kalamazoo, Michigan and that his American wife was finishing up her medical school studies in Ann Arbor. He had pictures of her and his daughter and of them together, etc. Well, I suppose he 'had me' as soon as he mentioned the towns in Michigan, where I grew up and attended school. He seemed so personally concerned for us to enjoy Egypt and Cairo and he asked if he could help us find where we were going. When we told him we were looking for the Café Riche, a literary hang-out from the early 20<sup>th</sup> century where such people as Naguib Maufouz, the Egyptian Nobel prize winning author, was known to frequent, along with other artists and writers, he readily offered to help us get there. He led us through the impossible traffic, stopping cars for us as we wove our way along the streets and alleyways, all holding hands together and looking like a bunch of children in the tow of our teacher, or in our case a bunch of old folks with our care giver! Oh, and he even took us to the original Café Riche (which I knew nothing about), looking a bit seedy, with old men smoking



water pipes, before taking us to the new, current one. Once there, he took some pictures of all of us in front of the place and we took pictures of him. Then, it was time to start back to our hotel, with the young man eager that we go in the proper direction, leading us once again through the traffic and streets. But, wait . . . en route he gently persuaded us to step into his 'cousin's' little shop for a cup of tea before going on to our hotel. Chairs were pulled up, our tea orders were taken, and as we looked around at the objects in the store the light bulbs finally went off in our heads that yes, we, in fact, were who was being taken. This whole story had been part of a scheme for the sake of some potential sales. The shop had all manner of typical Egyptian products to sell - papyrus paintings, fragrant oils, statuettes, etc. - but we were at the end of our stay in Cairo and none of us were in any mood or position (we had already spent too much money) to make any purchases. It soon became clear to the young man, and his 'cousin,' that we were not going to buy anything and that this all had come to a dead end for them. So, after an embarrassingly long period of time, with us looking at each other and not looking much at the objects they were selling, we were escorted to the door and pointed in the direction of our hotel, with a little less cheer than before we entered the shop. Thus, once again I'd been psychologically lulled into another unique sales pitch, as did the rest of us, but in the end we had been given an hour of this young man's time, gotten help in finding both the café and our way back home, and he in turn had gained nothing for the scheme.

It's a little hard to articulate how I eventually processed the experience - starting with disappointment at being lied to, and then anger, but eventually coming to understand a little more about the desperation of many Egyptians to make a living. And, this tactic might very well have worked under different circumstances, were it the beginning of our trip and had any of us wanted to buy some souvenirs. In any event, this young man understood well the psychology of the tourist; i.e. needing to think/feel he or she is not being taken advantage of or overpaying. He had invested an hour of his time, and energy (taking us through the city streets), gaining our trust and perhaps thinking if he helped us enough that we would somehow in turn 'help' his 'cousin' by purchasing something at the store. Anyway, this is a rather long-winded attempt to give a picture of what constantly happens to tourists in this part of the world and how easily we Americans can be persuaded to part with our money. I'm now convinced that the Egyptians are master psychologists when it comes to salesmanship. And, most of the time it works for them. But, oh is it tiring to be constantly bombarded with people trying to sell you something!

Jordan is strikingly different from Egypt, at least for us at this time of year. It seems so quiet and peaceful, even in Amman, with clean air and much fewer people. We also have a young, articulate guide named Osama, who at only 25 years of age is nevertheless very professional, knowledgeable and very "with it," so to speak. This is in sharp contrast to our more traditional Egyptian guide, Asmaa, who was so cloistered in her upbringing and attitudes. But, I'm not really complaining, as in retrospect it's good to have had both experiences. Anyway, Jordan is much more expensive, so this was a shock after Egypt. We stayed in Amman only one night before heading off to Petra and the incredible 2,000 year old ruins, thought to

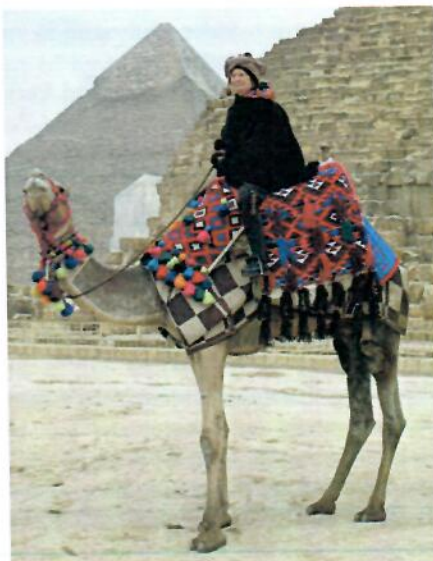
be only 95% uncovered to date.

Final thoughts on this trip are many, but I'll only suggest a few. One is the appreciation of the haunting sounds of the calls to worship five times a day in both Egypt and Jordan. I loved hearing the various strains coming from all the different mosques around the cities, even as I lay in bed at 5:00 a.m. for the first of the five times a day calls. It's truly beautifully polyphonic, as they are not necessarily at exactly the same time. I wished I could speak Arabic to understand every word of their call to worship ... all that I could make out was the word Mohammad. I do respect their religion and their dedication to prayer. You find prayer rugs outside shops and in all kinds of places, often with the shoes of the worshipers beside them as they bow in prayer. We visited a large and amazingly beautiful mosque in Amman that was built in 2003 to honor the late King Hussein, called the King Hussein Bin Talal Mosque. Right beside this mosque is an automobile museum housing all of the cars of King Hussein and his son, the current King Abdullah. I almost missed going into this museum, and I'm glad I did because while I was thinking how much more progressive Jordan was than Egypt, it was a quiet reminder that this ruling family in Jordan was obviously spending lots of money on such things as cars - who needs 5 or 6 Ferraris and uncountable other cars while the rest of the country clamors for work and struggles with poverty? So, yes, while Jordan appears more modern and less oppressive, it's nevertheless ruled by a very wealthy family who maintains power through a king.

And, finally, I've discovered on this trip my absolute fascination with the camel. I found myself staring and watching these animals every chance I got. To me they are beautiful creatures whose face and eyes intriguingly express a gentleness, sweetness and patience. I so wished I could have spoken Arabic so that I could have talked to the camel owners to find out more about their nature and how they were trained. When they get up and down they make a kind of grunting or groaning sound, but they seem so willing to please as they rise up and down for people to mount and dismount them. I have no allusions that they are necessarily treated well by all their owners, especially in these countries where people are themselves struggling to subsist, but I saw no signs of any kind of nastiness on the part of the camels serving their masters. So, I intend to learn more about these wonderful creatures upon my return home.

I hope to write more about the Egyptian unrest later when I have more time to get to the Internet, and as I learn more about it. Until then, I will sign off for now.

Love,  
Kay







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## Upcoming Events



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## A MOST AMAZING PLANT

By Bill Lidicker

A recurring theme in the folk songs and dances from the Slavic cultures of northern Europe is a tribute to *kalina* (or *kalyna*). So, what is this plant and why is it so revered, and, even more puzzling, why should folk dancers care? As a biologist and dancer, I was intrigued to seek answers to these questions. What I found amply rewarded my efforts.

The first question is easy. *Kalina* is a large bush or small tree in the genus *Viburnum* (10 to 15 ft tall) that occurs commonly in the boreal regions of northern Eurasia. Generally, the name applies to the species *V. opulus*, but other related species may be included, depending on the specific region. It is closely related to the North American species *V. trilobum*. Common names for the plant are “snowball tree,” “snowball or snow bush,” and “guelder-rose.” It is among the first plants to bloom in the spring, sporting showy corymbs of white flowers. In the autumn it again charms with dazzling clusters of bright red berries (technically “drupes”). Under the often dreary skies of northern Europe, these flowers and berries provide bright and cheerful accents of color at seasons when this is most appreciated.

The aesthetic appeal of *kalina* is universally referenced, but there is much more to tell. But, first I need to point out that, significantly, the Greek root for “beautiful” is “kal,” and accordingly one can find “*kalina*” used as a girl’s given name. Moreover, symbolic roots of this bush can be traced back in Slavic cultures for at least a millennium. According to legend, it was associated with the birth of the universe. The berries symbolize blood, especially in the sense of family relations, and the white flowers represent the beauty of young women. In this regard, one informant from the Czech Republic told me that a bouquet of *kalina* flowers is sometimes given to cheer up a girl who does not have a boyfriend. *Kalina* is also a national symbol of the Ukraine, and is commonly featured in Ukrainian embroidery. The anthem of the Ukrainian insurgent army (20th century) was “*Chervona kalyna*” (“*chervona*” has a linguistic connection meaning “pregnant womb”, but can be loosely translated here as “country”). Ukrainian folklorists report that the plant’s symbolism extends to include political independence and rifleman (especially the defiant raising of their rifles). An informant from St. Petersburg referred to *kalina* as a symbol of Russia. So, it is clear that the appeal of this plant is much more than mere aesthetics; it has much deeper meanings.

Before mentioning other uses for *kalina*, I want to establish that it is indeed an ingredient in folk songs and dances. There is, for example, a Polish 17th century poem “*Rosła kalina liściem szerokim*” (*kalina* grows with broad leaves), a Slovakian dance “*Kalina*” (originally a women’s dance but now done by both sexes), and the Russian dance “*Ya Da Kalinushku Lomala*.” The latter can be roughly, if accurately, translated as “I (yes me) have harvested *kalina*.” Other reported uses of the plant include making pies, jams, juices, and alcoholic beverages from the berries. Tea is also made from the berries with or without flowers that can be added for extra health benefits.

The medicinal uses of *kalina* probably are based mostly on two compounds related to coumarin, namely *scoletin* and



Berries. Photo from the Internet.

*esquetin*, which undoubtedly serve the plant as defensive compounds against herbivory. They are particularly potent in the bark. The most common claims of therapeutic uses of bark extracts are for menstrual cramps, postpartum discomfort, sedating of the uterus to reduce miscarriages, and as a muscle relaxant (including smooth muscles of the digestive tract). In fact another of the plant’s common names is “cramp bark.” In this regard, it is interesting that native Americans in the southeastern United States used an infusion from the bark of the Black Haw (*Viburnum prunifolium*) to treat menstrual cramps and other gynecological maladies. Later, slave-holders in the same area reportedly forced pregnant slaves to drink such an infusion to prevent miscarriages or abortions. It is further claimed that bark infusions could reduce diastolic blood pressure, and that a tincture made from the bark is an anti-coagulant, has anti-malarial benefits, anti-angiogenic properties, inhibits melanin synthesis, and protects cartilage especially in joints. One informant thought that a salve could be made from bark or leaves that is antiseptic. After all of this, it is probably anti-climactic to mention that the ripe berries are probably loaded with vitamin C.

With all of this deep emotional meaning plus its utility for eating, drinking, and treating a myriad of ailments, it is no wonder that *kalina* is a cultural icon. Sadly, it is also apparent from my interviews and correspondence that knowledge of this amazing plant is rapidly disappearing. This can be largely attributed to rapid urbanization in these Slavic countries, as well as to a penchant for modernization that demeans traditional values and knowledge of the natural landscape. My informant from Moscow says that in the past every house in the Russian countryside had a *kalina* tree growing beside it, but added that even this tradition is rapidly fading.

All of this brings me to my last question, namely why should international folk dancers care about the deep cultural significance of *kalina*? As we all are aware, dances from around the world can be enjoyed for a bunch of legitimate reasons – good exercise (for the body and mind), interesting music, sense of community, mastering difficult physical routines, showing off skills, etc. It is my proposition, however, that enjoyment of dances from cultures other than one’s own is intensified and deepened significantly when the dancer un-





Café Kalina in Upper Mamon (Verkhniy Mamon), Voronezhskaya Province, about 700 km SSE Moscow, Russia.

—Photo by the author, 12 September 2010.

derstands the cultural context of the dance as it is done in its native setting. Obviously, each dance carries some culturally meaningful message for native dancers or it would not be valued and passed on to the next generation. If we can capture some of that meaning as we do a dance, we are the richer for it, and it is in this spirit that I share my findings about kalina. To be realistic, however, we must mention two important caveats that dilute this message. One is that many of the dances we enjoy are recent choreographies but based on traditional dance motifs. Can these new dances carry cultural meanings? I think they can if the choreographer knows and understands the authentic material on which the choreography is based. It should then be possible to capture some of the traditional meaning and feeling from those original sources. The second caveat is that a dance has two essential components, the dance pattern and the music. Sometimes the music and lyrics of the song have important messages, moods, and feeling, and yet in other instances the connection between the two components is not so intimate. The important lesson for the dancers is to examine both components for cultural inspirations. A Hopi Indian saying is that "To watch me dance is to hear our hearts speak." It behooves us as dancers to hear these messages.

Special thanks go to the friends and colleagues who educated me about this wonderful plant, namely: Tatiana Ananyeva (Moscow, Russia), Krystyna Andrzejewska (Warsaw, Poland), Tom Carlson (Berkeley, California), Mikhail P. Moshkin (Novosibirsk, Russia), Lilya Parkman (St. Petersburg, Russia and San Rafael, California), and Eva Rejšková (Prague, Czech Republic). I am grateful to Diana Greenleaf for calling my attention to the Hopi quote.



## DOING WHAT WE LOVE

By Laila Messer, Chair, Promotion Fund

Isn't folk dancing wonderful? Of course it is. That's why we love it so. And especially wonderful are the people we circle up with, partner with, make up a set with. We'd all be thrilled and delighted to share the fun with even more people.

If you have an idea you think would attract people to folk dancing but neither you nor your club have the funds to support the idea, help is available. The Folk Dance Federation of California, Inc. maintains a Promotion Fund for its members, its committees and its clubs just to promote our favorite kind of dancing.

This fund is the result of the Kenyon Raynor gift given to the Federation in 2004. Let's make good use of it.

To apply, see The Application Procedures below:

### Promotion Fund Application Procedures

For grants from the Folk Dance Federation of California, Inc.

The purpose of the Folk Dance Promotion Fund is to promote

international folk dance in the northern California region through a competitive grants program. Grants **up to \$2000** can be awarded with a limit of \$6000 to be spent in any one year. In extraordinary circumstances, the Folk Dance Promotion Fund Committee (FDPFC) may recommend approval of grants exceeding these limits.

**The Committee welcomes written applications** at any time.

Applications must be from Members of the Federation or from member Clubs or Federation committees.

Applications must include:

**Name of sponsoring individual, club, or committee**

**Time frame of proposed project**

**Description of the proposed project, including objectives and planned methodology**

**Discussion of how the project is intended to promote international folk dance**

**A budget, including contributions of funds from other individuals or institutions if any are anticipated.**

Successful awardees will be required to submit a final report that summarizes the results, potential benefits anticipated, and a budget summary explaining the use of grant funds.

Submit applications to Promotion Fund Chairperson Laila Messer (Tspolaris1@aol.com) or any Committee member. Or mail applications to: Folk Dance Promotion Fund, PO Box 561, Sausalito, CA 94966.

Other Committee members are:

Gary Anderson, wildwood\_press@comcast.net;

Ann Brown, aewbrown@comcast.net;

Marion Earl, marionkearl@yahoo.com

Bruce Mitchell, dancebruce@aol.com



# Stockton Folk Dance Camp

First Week: July 24 - 30, 2011

Second Week: July 31 - August 6, 2011

Daily dance classes held in air-conditioned rooms with springy wood floors. All activities are held on the beautiful campus of the University of the Pacific in Stockton, California.

Outstanding teaching faculty: **Erica Goldman** – Israeli, **Bruce Hamilton** – English, **Jerry Helt** – American Squares and Contras, **Jaap Leegwater** – Bulgarian, **Paul Mulders** – Macedonian, **Richard Powers** – Vintage and American Couple dances, **Andy Taylor-Blenis**, Portuguese, and **Roberto Bagnoli** – “What's Hot in Europe” dance workshop,

**Live music by Miamon Miller and Friends. Daily Singing Classes with Michael Lawson.**

**Parties:** Sunday, **Welcome to Folk Dance Camp.** Wednesday, wine and cheese party plus “What's Hot in Stockton”; Saturday First week, **English**, Second Week **Balkan**.

**Scholarships** are available — application forms available on our website [www.folkdancecamp.org](http://www.folkdancecamp.org). Or contact Bobi Ashley, P.O. Box 2482, Redmond, OR (541) 977-4328  
Deadline for application is May 1.

**University Extension Credit** is available for an additional fee. Let us know if you are interested.

**Questions?** Ask Jan (530) 474-3231 or [jmwright32@frontiernet.net](mailto:jmwright32@frontiernet.net)

## REGISTRATION FORM – 2011

Name(s) \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip (or postal) Code \_\_\_\_\_ Country (if not USA) \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_ Gender (M/F) \_\_\_\_\_ Age, if under 18 \_\_\_\_\_  
Roommate preference (for shared room) \_\_\_\_\_ This will be my \_\_\_\_\_ year at Folk Dance Camp  
I will attend (check one): ☐ 1<sup>st</sup> Week (7/24-30) ☐ 2<sup>nd</sup> Week (7/31-8/6) ☐ Both Weeks (7/24-8/6)  
☐ A: \$465 Commuter Camper (tuition only) ☐ C: \$930 Tuition, private room and all meals  
☐ B: \$850 Tuition, shared room and all meals ☐ Add a \$10 per week linen fee, or ☐ I'll bring my own linens

Enclosed is my deposit of \$ \_\_\_\_\_ (\$75 per person per week due now, with an additional \$225 per week due by May 15)  
*No deposit refunds after May 15, unless your position is filled by a person on the waiting list.*

Make checks payable to: FOLK DANCE CAMP – or you may charge the amount to your Visa or Master Card:

Card No \_\_\_\_\_ Exp. Date \_\_\_\_\_ Amount to charge: \_\_\_\_\_  
Name as it appears on card: \_\_\_\_\_ Signature \_\_\_\_\_

Return Registration Form to:

[www.folkdancecamp.org](http://www.folkdancecamp.org)

Folk Dance Camp

Attention Jan Wright

36676 Viola Meadows Court

Shingletown, CA 96088

(OR register online through our website:



## Siriysko horo (Syrian)

This dance was introduced by Yulian Yordanov at workshops in both northern and southern California in the spring of 2010 (San Diego and Mendocino). Yulian's notes indicated he observed it at a Bulgarian community gathering in Chicago. He later found out that the dance originated in Syria. The name "Siriysko Horo" simply means "Syrian Dance" in Bulgarian. Loui Tucker taught the dance at Camp Hess Kramer in October of 2010; Alan Rothchild presented it at the President's Ball in December of 2010.

This dance can be done to many different pieces of music. The music Yulian chose to use features the vocals of the Libyan-born musician and singer Hamid El-Shaeri who is credited with founding the Egyptian alternative music genre called "Jeel." Another interesting note: the Israeli dance community also has a dance to the same piece of music, although it uses a different arrangement of the melodic structure.

Pronunciation: See-ree-YEES-koh HOH-roh

Music: 2/4 meter CDs: *Dance with Yulian Vol. 3; Camp Hess  
Kramer 2010 CD; President's Ball 2010 CD*

Formation: Open circle of dancers with arms in "V" pos.

Steps & Styling: Energetic and upbeat. Dancers in the line are close to one another and facing center throughout the dance. Shoulder movements and shimmies are incorporated.

Meas      2/4 meter                      Pattern

INTRODUCTION The dance can begin anywhere the leader decides to start.

### I. GRAPEVINE AND CROSS-STEPS

- 1 Moving to R, step R to R (ct 1); step L behind R (ct 2).
- 2 Step R to R (ct 1); step L crossing in front of R (ct 2).
- 3 Low hop on L while bringing the R foot from behind to in front of L (ct 1); step on R in front of L (ct 2).
- 4 Moving L, step L to L (ct 1); step on R in front of L (ct 2). During these steps there is a slight rocking movement onto the stepping leg, with a heaviness on the crossing R foot. However, this is not a stamp.
- 5-6 Repeat meas 4 twice.

### II. DANCING IN PLACE

- 1 Small step L to L (ct 1); step R in place (ct 2).
- 2 Step on L next to R (ct 1); step R in place (ct 2).
- 3 Step L fwd (ct 1); step R in place (ct 2).
- 4 Repeat meas 2.



- 5 Repeat meas 1.
- 6 Step L next to R (ct 1); hold (ct 2).

Note: During this section, the shoulders move up and down: shoulders can rise and fall independently and alternating, or shoulders can rise and fall together as the steps are taken, at the whim of the dancer.

### III. LEAPS AND CROSSES

- 1 Leap R and slightly bkwd on R while kicking L diagonally fwd and L (ct 1); step L in its original pos before the kick (ct 2).
- 2 Step R in front of L while lifting L behind slightly (ct 1); leap L and slightly bkwd on L while kicking R diagonally fwd and R (ct 2).
- 3 Step R in its original pos before the kick (ct 1); step L in front of R (ct 2).
- 4 Repeat meas 1.

### IV. HEEL TOUCH IN PLACE

- 1 Bending slightly at the waist, touch R heel fwd (ct 1); step R in place (ct 2).
- 2 Remaining bent slight at the waist, touch L heel fwd (ct 1); step L in place (ct 2).
- 3-4 Repeat meas 1-2.

Note: The shoulders should shimmy continuously during the section.

Sequence: The dance as presented above is repeated as long as the music plays.

### ANSWERS TO THE FOLK DANCE QUIZ

Allemannsmarsj (1981) At At V' Ani (1969)  
Bela Rada (1955) Bucimis (1967)  
Dajcovo Horo (1975) Doburjanska Reka (1968)  
Hora Fetelor (1974) Horehronsky Csardas (1968)  
Kostursko Oro (1956) Kujawiak Niebieski (1969)  
Moja Diridika (1965) Mayim (1951)  
Polharrow Burn (1972) Prekid Kolo (1961)  
Sham Hareh Golan (1973) Slavonsko Kolo (1956)  
Tino Mori (1967) Tango Poquito (1970)  
Vranjanka (1955) Vossarul (1970)

[All dates are based on dance descriptions published in *Let's Dance!* magazine.]



Tance Eldorado dancing at Heritage Festival—Photo by Joe Croco

### *Where to dance Continued from page 23*

BALLIAMO. Italian performing group. Contact: 916-482-8674  
EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-2926.  
TANCE EL DORADO. International. Teens plus. Contact 530-677-1134.  
VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 Website: [www.waltz@strauss.net](http://www.waltz@strauss.net)  
VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s. Couple. Contact 530-888-6586.  
VIENNA RHYTHM. Contact: 916-395-8791, [waltz@strauss.net](mailto:waltz@strauss.net) Website: [www.viennesewaltz.net](http://www.viennesewaltz.net)  
VILLAGE DANCERS OF MODESTO. Scandinavian, couple. Contact: 209-847-4439, [judv\\_kropp@sbcglobal.net](mailto:judv_kropp@sbcglobal.net)

Note: Information is subject to change.  
Check website: [Folkdance.com](http://Folkdance.com)



## Where to dance

### **Federation clubs**

#### **CENTRAL STATE**

**Bay Osos International Folk Dancers.** Tuesday afternoons, 1-3 pm. South Bay Community Center, 2180 Palisades Avenue, Los Osos. First hour is beginner-intermediate instruction, 2nd hour is all request. For Information call Anne Tiber, 805-534-1501 or email: [annetiber@charter.net](mailto:annetiber@charter.net)

**Mid County Folkdancers.** Beginner and intermediate folkdancing Thursdays 10-11:30 am. Mid County Senior Center, 828 Bay Ave. Capitola, CA Tel. 831 476-9711. Teachers: Norma Jamieson, 831 430-0968 and Gabriele Swanson 831 646-5453

#### **NORTH STATE**

**Humboldt Folk Dancers** meet Fridays from 8:00 p.m. to 11 p.m. at the First Presbyterian Church, 11th and G Streets in Arcata. All level of dancers are welcome and you don't need a partner. Instruction from 8 - 9:30 followed by request dancing. Every First Friday of the month (except January and July) live music with 2-3 bands. For more information, go to [www.humboldtfolk dancers.org](http://www.humboldtfolk dancers.org).

**Redding Folk Dancers** meet every Friday (except during July and August) from 7:00 to 9:45 pm at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm-up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at [jmwright32@frontiernet.net](mailto:jmwright32@frontiernet.net)

#### **SOUTH STATE**

**West L.A. Folk Dancers** meet Mondays and Fridays, 7:45-10:30 pm. Brockton School, 1309 Armacost Ave. in West Los Angeles. Info: Beverly Barr 310-202-6166, email: [dancingbarrs@yahoo.com](mailto:dancingbarrs@yahoo.com)

**Cerritos Folk Dancers** meet Tuesdays, 6:00-8:45 p.m. Cerritos Senior Center, 12340 South Street, Cerritos, CA 90703. 50+. Cost \$4. First time free. Info: Sue Chen, (562) 338-2298, email: [CerritosFolkDancers@gmail.com](mailto:CerritosFolkDancers@gmail.com).

#### **OUT OF STATE: NEVADA**

**Ethnic Express International Folk Dancers.** c/o Ilene Wagner, 350 E. Desert Inn Rd., E203 Las Vegas, NV 89109-9007

#### **RENO**

**RENO INTERNATIONAL FOLK DANCE CO-OP.** Beg. & interm. int'l. **Thursdays**, 7-9 pm, Temple Sinai, 3405 Gulling Rd. (off King's Row), Reno. Cost \$2.

**First Saturday Party**, 7-9:30 pm at Nevada Dance Academy, 1790 W. 4th (off Keystone). Cost \$5. Contact Derise at (775) 677-2306 or [wigand@gbis.com](mailto:wigand@gbis.com).

#### **SAN FRANCISCO**

**Croatian American Cultural Center**, attn: Les Andres, 890 Springfield, San Jose, CA 95008  
[danica@danicarestorement.com](mailto:danica@danicarestorement.com)

#### **SAN FRANCISCO COUNCIL**

**Changs International Folk Dancers, Inc.** Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is **Family Folk Dance Night** at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

**Greek Folk Dancing.** Meets every Monday at the Presidio Dance Academy, 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour

is practice. Contact Mary Ann Karonis, 510-530-5140 [makaronis@earthlink.net](mailto:makaronis@earthlink.net) or [www.greekfeet.com](http://www.greekfeet.com)

**Mandala Folk Dance Center.** Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

**San Francisco Dance Circle** meets every Wednesday 10:45 am - 12:15 pm at the newly renovated Harvey Milk Recreation Center, 50 Scott Street @ Duboce. Lines, sets, partners, trios-we do it all! Beginners welcome to start anytime. Gorgeous dance studio. Good public transportation. Free! Contact: Ann Colichidas at 415-902-7690.

#### **SAN FRANCISCO HALL RENTAL**

**Polish Club of San Francisco**—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email [staff@polishclub.org](mailto:staff@polishclub.org)

#### **MERCED**

**Merced International Folkdancers**—Winter/spring classes, lines, circles and couple dances, beginning, intermediate. Thursdays thru 5/27/10, 6:30-8 pm, at the Merced Multicultural Arts Center (3rd floor). \$7 per session. For more information including scholarships and discounts, call: Instructor Memo Keswick 209-723-4016.

#### **MODESTO**

**Every Wed. night**—**Modesto Folk Dancers** meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

**Every Friday night**—**Village Dancers of Modesto** meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to 9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

**Every Saturday**—**Modesto Tango** (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

**Every Monday**—**Modesto Tango** meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

#### **ALBANY**

**Albany Y Balkan Dancers.** Fridays, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Ave., Albany. Contact Kay James, 925-376-0727.

#### **BERKELEY**

**Advanced Balkan Dancers class.** Every third Sunday, 2-4:00 pm in the Rear Dance Studio at Ashkenaz. Learn the great dances of folk dancing. A few year's dancing experience is needed. Experienced instructors, friendly people. Entry via the left hand door at Ashkenaz, 1317 San Pablo Avenue, Berkeley. Information: Gary Anderson, 415 -488-9197 weekdays or email: [wildwood\\_press@comcast.net](mailto:wildwood_press@comcast.net)

**Cape Breton Step Dance at Ashkenaz**—**2nd Sundays**, beginners, 1:00 pm, experienced dancers, 2-4 pm. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. For info call Bob Schuldheisz 209-745-9063, [bobschul@softcom.net](mailto:bobschul@softcom.net)

**BERKELEY FOLK DANCERS.** All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Ave., Berkeley, 7:45-9:35 pm Contact: Naomi Lidicker at 510-524-2871 or <http://berkeleyfolk dancers.org>.

**February 26. "Festival of the Oaks."** 63<sup>rd</sup> Festival of the Oaks



features Marilyn Smith teaching French and Balkan dances at the Institute from 9:30 am-noon at the above address. From 1:30-5:00 pm both International Folk Dancing and a used folk dance costumes will be on sale. In between hot lunch will be available. Membership meeting will be held also. See the ad in the February issue for more details or call Mel Mann 510-527-2177 or [meldancin@aol.com](mailto:meldancin@aol.com).

**March 18. "March Fun Night Party."** Mad March is here. Join us for a marvelous time whether it is raining or clear at the above address from 7:30 - 10:30 pm. Music, dancing, vittles and beverage for \$5 for members and \$7 for others. Our host will be the Intermediate class headed by Bill Lidicker (510-528-9168) and Marija Hills (510-549-0337). Be sure to check with them on date and details.

*Weekly class schedules:*

*Mondays—Advance Intermediate, Lone Coleman 510-526-5886 and Tom Sha 510-614-5522*

*Tuesdays—Intermediate, Bill Lidicker 510-528-9168 and Marija Hills 510-549-0337*

*Wednesdays—Advanced, Judy Stonefield 510-655-3074 and Yaqi Zhang 510-525-1865*

*Thursday—Beginners, Claire and Al George 510-841-1205*

*Fridays—Requests. Contact Peter and Lynne D'Angelo 510-654-3136*

## OAKLAND

**Scandiadans—Thursdays.** 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or [ftjtrpi@juno.com](mailto:ftjtrpi@juno.com)

**Scandia Saturday.** Four times a year. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or [ftjtrpi@juno.com](mailto:ftjtrpi@juno.com).

## PENINSULA COUNCIL

**February 26, March 26—Peninsula FD Council** at St Bede's Episcopal Church, 2650 Sand Hill Rd at Monte Rosa, Menlo Park. Parking entrance from Monte Rosa. Starts at 7:30 pm. Bring a little finger food to share. Only \$7.00. Info at 408 252-8106

**Mostly Balkan.** Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

**Menlo Park Folk Dancers Parties—Mar. 19, (note: The Burgess Recreation Center is being renovated, so all parties and classes will be held in the old Burgess Gym through the end of March.) April 16, May 21, June 18, July 16, Aug. 13, Sept. 17, Oct. 15, Nov. 19, Dec. 31.** Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call 650-327-0759 for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. Adults \$9.00, teens \$3.00. 700 Alma St. near Ravenswood Ave, Menlo Park. Call Marcel Vinokur at 650-327-0759 for details.

**Mondays—Menlo Park Folk Dancers.** Classes, International, Beg., 7:30, Inter. 8:00-8:45, request dancing follows. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759.

**Palomanians IFD—** Menlo Park/ Atherton area. Tuesdays 8 - 10 pm. \$6 drop-in fee. Contact Al Lisin for location and directions; [palisin@comcast.net](mailto:palisin@comcast.net) or (408) 252-8106.

**Carriage House FD—**class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

**Saratoga International Folklore Family.** Thursdays 7:30-8:15 beginners lesson; 8:15-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, email: [loui@loutucker.com](mailto:loui@loutucker.com)

## FRESNO FOLK DANCES

**Tuesdays—Fresno Danish Dancers.** Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

**Wednesdays—McTegert Irish Dancers.** Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

**First, Third & Fifth Saturdays—International Dancers.** 8:00 to 10:00 pm at California Arts Academy, 4750 N. Blackstone near Gettysburg Street, Fresno. Info: Marty 559-227-7051, Gary 559-439-1416

## MARIN

**Kopachka International Folkdancers** Scout Hall, 177 E. Blithedale, Mill Valley. Every Friday 7:30 to 10:30 pm. Beginners' teaching 7:30 to 8:00, followed by half an hour's intermediate/advanced teaching, then program for all levels. \$5. Information: Nadav Nur, (415)497-4890, or Susie Shoaf, [susieshoaf@aol.com](mailto:susieshoaf@aol.com)

**Balkan Dancers of Marin have ceased weekly dances. The great Marin Balkan Plus Party, March 26, 2011 is still on!** Info: call Irene Croft 415-456-0786 or email [editor@letsdancemag.net](mailto:editor@letsdancemag.net) or see ad.

## REDWOOD COUNCIL

**Sonoma County Scandia Dancers—**Scandinavian dance class in Petaluma. Beginners welcome. Come learn the dances of Norway and Sweden on Tuesdays from 7:15 to 9:15 pm. at Hermann Sons Hall, 860 Western Ave. Petaluma. No partner needed. Bring leather or smooth soled shoes. The first night is free, thereafter \$4 per class. For questions call Vince at 996-8300 or Emma at 823-4145.

**Napa Valley Folk Dancers.** Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. **Party** Every 4th Saturday, 1:00 - 4:00 p.m.

**Novato Folk Dancers Class** - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

**April 16 - Save the date for the Annual Petaluma Folk Dance Party** featuring live music by Verna Druzhina at Herman Sons Hall, 860 Western Avenue, Petaluma, 8-11 p.m. Carol Friedman, 415-663-9512 [cjay@horizoncable.com](mailto:cjay@horizoncable.com)

**Petaluma Snap-Y Dancers** at Herman Sons Hall, 860 Western Avenue, Petaluma. Mondays 7-9:15 pm through **May 3**; Easy dances 7-7:30 pm; instruction 7:30-8:15 pm; dancing to requests and favorites 8:15-9:15 pm, drop-ins always welcome - \$7 per evening. Telephone contact: Carol Friedman 415-663-9512, [cjay@horizoncable.com](mailto:cjay@horizoncable.com) <http://carolfriedmanfolkdance.blogspot.com/>

**Santa Rosa Folk Dancers Class** - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Thursday 1:00-3:00 p.m. except June - Aug.

**Snap-Y Dancers (Sonoma).** Beginners welcome! Seven Flags Clubhouse, 1400 W. Watmaugh Rd., Sonoma, 95476. Thursdays 7:00-9:00 pm. Contact Paul Smith 707-996-1467 for summer schedule.

**Petaluma/Novato International Folk Dancers party dates: Mar. 6, April 10, May 7, June 4, July 9, Sept. 10, Oct. 8, Nov. 19, Dec. 11.** 2:00 to 6:00 pm at Herman Sons Hall, 860 Western Avenue, Petaluma. For more info: 707-546-8877.

## SACRAMENTO

**PONY EXPRESS DANCE CLUB** Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, &



Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyepress@aol.com.

**IRISH AMERICAN CEILI DANCERS.** Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181

**Where to dance in the Greater Sacramento Area:**

## **SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL**

Website: [www.folkdancesac.org](http://www.folkdancesac.org)

\*indicates "Beginner-friendly class"

(Note: *Federation members are in bold type, others do not belong to the Federation.*)

\*CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at <http://www.scds.ca> or call 916-739-6014 or 916-371-0739.

### **MONDAY**

\*El Dorado International Dance. Scandinavian class. All levels, couple. Beginners 7-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-672-2926. website: [www.folkdance.com/scandi](http://www.folkdance.com/scandi)

\*VILLAGE DANCERS OF MODESTO. Beg. & Int. Scandinavian, couple. 7:30-9:30 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-847-4439, [judy\\_kropp@sbcglobal.net](mailto:judy_kropp@sbcglobal.net)

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30-9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

### **TUESDAY**

\*EL DORADO INTERNATIONAL DANCE—Shingle Springs. All levels, Couple & Line. 7:30-10:00 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-676-9722

\*EL DORADO INTERNATIONAL DANCE. Beg. & Int. International, line & couple. 7:00-10:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198.

\*TUESDAY DANCERS. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St. Sacramento. Contact 530-888-6586 or 916-923-1555.

### **WEDNESDAY**

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael. Contact: 916-487-0413 or 916-923-1555

\*VILLAGE DANCERS OF MODESTO. Beg. & Int. Scandinavian, couple. 7:30-9:30 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-847-4439, [judy\\_kropp@sbcglobal.net](mailto:judy_kropp@sbcglobal.net)

KOLO KOALITION. Mostly Balkan, Intermediate, non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014.

### **SACRAMENTO VALLEY CAPE BRETON STEP DANCERS.**

All levels. 5:30-7:00 pm. Sierra 2 Community Center, Studio 1, 2791 24th St., Sac. Contact: 209-745-9063, website: [www.softcom.net/users/bobschul/index.html](http://www.softcom.net/users/bobschul/index.html)

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 530-888-6586

### **THURSDAY**

\*EL DORADO INTERNATIONAL DANCE. Teens Plus class. All levels Couple and line. 7-8:30 pm. 3100 Ponderosa Road, Shingle Springs. Contact 530-677-1134.

\*RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International, recreational, non-partner, couple. 7-9 pm. Temple Sinai, 3405 Gulling (off King's Row), Reno. Contact: 775-677-2306, [wigand@gbis.com](mailto:wigand@gbis.com)

\*PAIRS & SPARES. Beg. & Int. International, Rounds, Squares, & Contrasts. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

### **FRIDAY**

\*EL DORADO INTERNATIONAL DANCE. Beg. & Int. International. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grange Road, Garden Valley. Contact: 530-622-6470.

\*EL DORADO INTERNATIONAL DANCE. All levels, Couple & Line. 7:30-10:00 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-676-9722.

\*EL DORADO INTERNATIONAL DANCE. Beg. Couple and line, International. 7:00-9:00 pm. 3100 Ponderosa Road, Shingle Springs. Contact 530-677-1134.

\*NEVADA COUNTY FOLK DANCERS. Beg. & Int. International & Balkan. Selected Fridays. 8-? pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

ROYAL SCOTTISH COUNTRY DANCE SOCIETY. 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.

\*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. 1st Fridays. 7:30-11:00 pm. Clunie Clubhouse, 601 Alhambra Bl., Sacramento. Contact 916-739-6014. Website: [www.scds.ca](http://www.scds.ca)

\*VILLAGE DANCERS OF MODESTO. Beg. & Int., International, recreational, couple & non-partner. 7:30-9:30 pm. Sylvan Elem. School, 2908 Coffee Rd., Modesto. Contact: 209-847-4439, [judy\\_kropp@sbcglobal.net](mailto:judy_kropp@sbcglobal.net)

### **SATURDAY**

DANCES OF THE WORLD...Mostly Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 1400 27th & N, Sacramento. Contact: 916-923-1555

FIRST & LAST DANCERS. Country-Western, Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pm-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug. & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party, All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly except June, July & Aug. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folsom Bl., Sacramento. This is a gated community. Planned late arrivals should contact for the gate code number to open the gate which is closed at 7:00 pm. Contact: 916-428-6992 or 916-682-2638.

\*ROYAL SCOTTISH COUNTRY DANCE SOCIETY. 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.

\*ROYAL SCOTTISH COUNTRY DANCE SOCIETY-YOUTH CLASS. 10 am. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-716-3696. Website: [www.rscds-sacramento.org](http://www.rscds-sacramento.org)

\*ROYAL SCOTTISH COUNTRY DANCE SOCIETY PARTY. Recreational/couple. 2nd Sat. monthly. 7:30 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-716-3696. Website: [www.rscds-sacramento.org](http://www.rscds-sacramento.org)

\*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. 2nd & 4th Sat. 7:30-11:00 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact 916-739-6014. Website: [www.scds.ca](http://www.scds.ca)

\*SACRAMENTO VALLEY CAPE BRETON STEP DANCERS. 3rd Sat. monthly. All levels. 1-5 pm Galt. Call for location. Contact 209-745-9063. Website: [www.softcom.net/users/bobschul/index.html](http://www.softcom.net/users/bobschul/index.html)

### **SUNDAY**

\*DAVIS INTERNATIONAL FOLKDANCERS. All levels. Mostly non-partner Balkan & International. 7:00-10:00 pm, Davis Art Center, 1919 F st., Davis. Contact: 530-756-4100 or 530-758-0863. Website: [www.davisfolkdance.org](http://www.davisfolkdance.org)

\*ENGLISH COUNTRY DANCE. All levels. 1st Sun. monthly. 2-5 pm. Masonic Temple, 235 Vernon St., Roseville. Contact: 916-739-6014. Website: [www.scds.ca](http://www.scds.ca)

\*DANCES OF THE WORLD: International & Israeli. 2-5 pm. 2nd & 4th Sun. monthly except July & Aug. YLI Hall, 1400-27th St. at N, Sacramento. Contact: (916) 632-8807

EXHIBITION GROUPS. Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTNER, Austrian exhibition group. Contact 916-988-6266 Website: [www.alpentanzer.org](http://www.alpentanzer.org)



FOLK DANCE FEDERATION  
OF CALIFORNIA, INC.

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