

Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING 🍷 September, 2009



Stockton Folk Dance Camp 2009—Dancing at a lawn party. Noemi Bassani, Roberto Bagnoli, Lee Otterholt, Randy Carrico, and Joyce Clyde
—Photo by Gary Anderson

A comprehensive article on the 2009 Stockton Folk Dance Camp will appear in the October issue of Let's Dance!

Let's Dance!

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September, 2009

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You can now post your folkdance event flyers on the Federation's web site: www.folkdance.com. If you need assistance, contact Dick Rawson at FDFC1.rawson@xoxy.net

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The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor
Box 548, Woodacre, CA 94973
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Opinions expressed in Let's Dance! are not necessarily
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M. Rose
2315 Ravine Court
San Jose, CA 95133-1226



—Photo from Judy Kropp

A better way— The Village Dancers of Modesto are actively promoting Folk Dance!

By Judy Kropp and Dori McElroy

Village Dancers of Modesto has always wanted to encourage younger people to dance. However, one-night special evenings with refreshments and live music were costly and drew dancers only for that night. There had to be a better way.

We discovered that we could advertise through a local school district, giving a flyer to every student. Five thousand flyers got us an enrollment of nine families. The cost per family was \$25 for a four week family class, paid in advance. Though we cleared only enough to cover the cost of the flyers, we felt our efforts were very effective.

Forty-five people showed up to the first night. Children from age three to limber grandparents were brave enough to enjoy dances like the Macarena, Caballo Dorado, Hurry Skurry and other dances. All dances that were taught could be learned in one or two sessions, so that everyone felt success. What a variety of people attended! There was the grandmother raising three little ones, a blended family with teens with tattoos, wild haircuts and piercing, and foster families. We emphasized learning dances from every continent. The bird dance was renamed the "Penguin Dance" to represent Antarctica! Every one had a great time.

Thorough advertising and adequate lead time brought in the families. Dances chosen for wide appeal and ease of teaching kept the families for all four classes. We feel that this positive beginning will lead to future successes, with our next session planned for the Fall.

We also teach folk dancing in the schools through our local arts council or STARS (Stanislaus Artists in Schools).

This year we taught 24 lessons at two elementary schools in 10 weeks. Again, we kept the dances simple and game-like. The 'Dance Club' from one school even danced in front of the Gallo Art Center one Saturday for the celebration of the 'Day of the Child.' We also volunteer to teach dance twice a year for another school's special programs day. Hopefully, these experiences also give children a positive attitude toward dance in the future.



President's Message

Are you a member of the Federation's Yahoo Email Group?

As I mentioned in the Mission Statement that appeared in last month's *Let's Dance!*, this yahoo email group is designed to put dancers from all over Northern California in easy touch with each other. We rolled out the first invitations to join the Federation Yahoo Group in mid-July and are watching the number of members grow daily.



If you are reading this article, and you're already a member of the Federation Yahoo Group – wonderful! If you are reading this article and you have ***NOT*** received an invitation to join, one of a few things might have happened:

1. You are reading this article in a copy of *Let's Dance!* magazine where you dance. The club where you dance is a member of the Federation, which is why they receive a copy of this magazine, but you yourself are not a member. At least for the time being, membership in the Federation is a prerequisite for membership in the Federation Yahoo Group. You can fix this problem by joining the Federation. There is an application on the Federation website: www.folkdance.com and abbreviated instructions on the inside cover of this magazine.

2. You haven't provided the Federation with a current email address. To send out the invitations to the group, we used the current Federation membership roster, with whatever email is currently on file for each member. If you have not provided an email or the email you provided is no longer valid, you didn't get an invitation. You can fix that problem by emailing either me (loui@loutucker.com) or our Membership Chair Marion Rose (marion-rose@att.net) and giving us your current email. You'll get an invitation to join the Federation Yahoo Group within a day or two.

3. You ***are*** a member of the Federation and you ***did*** provide a valid email address but, in the process of switching between the membership list and the email program, and copying and pasting email addresses, we missed you. We are human, and these things happen. If you will bring this to our attention (see emails above), we'll make sure you get an invitation.

4. You got an email invitation to join the Federation Yahoo Group, but were unable to follow the instructions for joining. If that is the case, use either of the email addresses provided above and let us know. We'll manually add you to the Federation Yahoo Group and send you instructions on how to read and send emails to the Group.

I am hopeful that this yahoo email group will prove to be a valuable benefit of joining the Federation and that a lot of positive energy and ideas will be generated by the members!

Got Ideas? On another note, there are still some Federation committees that would benefit from the presence of a few more eager minds and hands to take on the assigned duties. In particular, the Publicity Committee will be working on the new advertising campaign and the Institutes Committee will be working on reviving old and creating new institutes. If you are interested in helping on either of these projects, please contact me.

—Loui Tucker

September, 2009 Calendar of Events

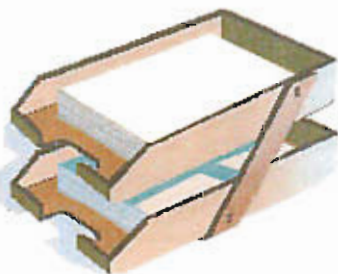
We reserve the right to edit all submissions and assume no responsibility for accuracy
Send future events information to Gary Anderson, Editor, Let's Dance!,
Box 548, Woodacre, CA 94973, e-mail: wildwood_press@comcast.net
The deadline for listings is one month prior to the magazine date.

Upcoming Events—

- September 11-13 Dance in the Woods**—At Camp Sacramento. This weekend is three weeks earlier than when it snowed on us. \$120.00 per person includes lodging with 3 meals Saturday and 2 meals Sunday, no meal provided Friday. please bring something to share. Join us at our Sierra mountain retreat in the woods for a weekend of eclectic dance workshops, afternoon hikes, lively meals and colorful nightly parties featuring request dances from all around the world, both partner and non-partner, beginning and experienced. To register: <http://www.folkdance.com/sacramentocouncil/DIW.html>
- September 13 *Fiesta de Sonoma**—1:30—4:30 pm. Veterans Memorial Building, 126 1st St. West, Sonoma. Federation board meeting at 11:00 am. Presented by the Redwood Council of Folk Dance Clubs, Sponsored by the Folk Dance Federation of California.
- September 25. BFD and Scandiadans co-host a dance in memory of Jane Myers**, featuring dances that BFD and Scandiadans have in common, as well as other favorites. 7:30-9:30 pm at Live Oak Recreation Center, 1301 Shattuck Avenue, Berkeley. Contact: David Hillis, 510-549-0337.
- Oct. 30, 31, Nov. 1 Celebrating 25 years—2009 Camp Hess Kramer Workshop Weekend.** Watch for more information as it develops. If you want to know more about the weekend, call Beverly or Irwin Barr (310) 202-6166 or (310) 478-4659.
- Nov. 27 & 28 Kolo Festival 2009**—The Thanksgiving classic will feature Yves Moreau teaching Bulgarian dances, John Filich teaching kolos and Jerry Duke teaching dances of Northern Greece, Macedonia and Thrace. Bill Cope, Kolo music director, will soon announce music teachers and bands. Croatian-American Hall, 60 Onondaga, at Alemany Blvd., three blocks from Balboa Park Bart station. For info e-mail Jerry Duke jcduke@sfsu.edu or phone 415-759-5136.
- April 9-11 2010 The 2010 Arcata International Folk Dance Festival** will take place on Friday, Saturday and Sunday, April 9-11, 2010. As usual, we will have a great lineup of dance, singing and instrumental music teachers with great parties and food! More details will follow in the next few months. Please go to www.humboldtfolkdancers.org as we approach festival time! Craig Kurumada, Humboldt Folk Dancers, 707-822-8045 ckurumada@aol.com

**denotes Federation events*

The Council, club and class listings are in the back of the magazine



FILL MY INBOX!

I would love to have your comments, concerns, musings, pipe dreams, ideas, suggestions, guidance, criticism....

Email: loui@louisutucker.com

Address: 153 Race Street, San Jose, CA 95126

Phone: 408-287-9999

Best times to phone: Tuesday, Wednesday and Sunday evenings.

Fiesta de Sonoma

Sunday, Sept. 13, 2009

1:30 - 4:30 p.m.

Veterans Memorial Building
126 1st St. West, Sonoma, CA
Donation \$ 8.00

- | | | |
|--------------------------|-----------------------------|---------------------------|
| 1. Ma Na'avu | 19. Cobankat | 31. Banjsko Oro |
| 2. Corrido | 20. Bohemian National Polka | 32. Beale Street Blues |
| 3. Swiss Break Mixer (P) | 21. Three's a Crowd (P) | 33. Totur fra Vejle (P) |
| 4. Orijent | 22. Tzadik Katamar | 34. Lo Ahavti Dai |
| 5. Sor Cesare | 23. Hambo | 35. Salty Dog Rag |
| 6. St. John River | 24. Polharrow Burn | 36. Levi Jackson Rag |
| 7. Keshenavo | 25. Hora nuntasilor | 37. Tfilati |
| 8. Japanese Soft Shoe | 26. Neapolitan Waltz | 38. Amanor Waltz |
| 9. Ba La (P) | 27. Arnold's Circle (P) | 39. Niguno Shel Yossi (P) |
| 10. Rumelaj | 28. Linerender | 40. Bepundak Katan |
| 11. Kujawiak #3 | 29. Dreisteyrer | 41. Milondita Tango |
| 12. Belle O' Bon Accord | 30. Let's Have a Ceilidh | 42. Windmill Quadrille |
| 13. Shoror | | 43. Never on Sunday |
| 14. Maple Leaf Rag | | 44. El Gaucho Tango |
| 15. La Bastringue (P) | | 45. Oslo Waltz (P) |
| 16. Opinca | | 46. Hora Fetalor |
| 17. Tango Campana | | 47. Numero Cinco |
| 18. Double Sixsome | | 48. Kvar Acharay Chatzot |

Meeting: Federation Board at 11:00 a.m. Luncheon following.
Presented by the Redwood Council of Folk Dance Clubs
Sponsored by the Folk Dance Federation of CA, Inc.

THE FOLK DANCE FEDERATION OF CALIFORNIA SOUTH

PRESENTS

CAMP HESS KRAMER WORKSHOP WEEKEND

Another memorable weekend experience is planned

October 30 – 31 - November 1, 2009

CELEBRATING THE 25TH ANNIVERSARY

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Teachers that are returning for this event as of this printing
Beverly Barr, Joyce Clyde, Gary & Jane Diggs, Richard Duree, Denise Heenan, Dick Julian, Suzanne Rocca-Butler, Lu Sham, Loui Tucker, and possibly more.

THE WEEKEND INCLUDES: 2 nights lodging, 6 meals, snacks, teaching sessions, review sessions, evening dance parties, happy hour, ice cream social, and if you can find the time, hiking, beach strolling and other outdoor activities.

Camp Hess Kramer is located at 11495 E. Pacific Coast Highway, in a verdant canyon in Malibu, one mile north of the Ventura County Line.

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Registration on a first come first serve basis

Please make your check payable to **CAMP HESS KRAMER COMMITTEE**

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Address _____

City _____ State _____ Zip _____

Home # _____ Work # _____

E Mail _____

Roommate _____

Smoker _____ Non Smoker _____ Vegetarian _____

Emergency Contact _____ Phone # _____

\$160 Per person\$ _____
Dorm: 2 to 5 persons - Bring bedding & towels

*\$190 Per person\$ _____
Room in Redwood Bldg., Semi-private bath,
Sleeps 2 or 3, bring bedding & towels

*\$220 Per person\$ _____
Room under dining hall, semi-private bath
sleeps 2, with bedding, towels & maid service

*\$265 Per person\$ _____
Deluxe room in the Conference Center, private
bath with bedding, towels, maid service

*Single Supplement \$40.00\$ _____

Syllabus: \$5 each \$ _____ Total \$ _____

Council & Club Clips

Beginners Class in Mill Valley

KOPACHKA INTERNATIONAL FOLK DANCERS will resume their regular Friday dancing on Friday, September 11. There will be a special beginners class (drop-in) from 7:30 to 8:00 PM, followed by programmed dancing and some teaching, until 10:30. They meet at Scout Hall, 177 E. Blithedale, Mill Valley. Cost \$5 (\$4 for members), first time is free. For more information, contact Nadav Nur (415)497-4890 or Susie Shoaf, susieshoaf@aol.com.

BERKELEY FOLK DANCERS. After a three-week hiatus from dancing BFD is eager to begin a new year of dancing. We are happy to resume five nights of dancing. See the weekly schedule in the **Where To Dance** section of *Let's Dance!*

BFD starts immediately after Labor Day on Tuesday, September 8, with a new eager team of Marija Hillis and Bill Lidicker heading the Intermediate class. As usual, at the same hours 7:45-9:35 pm and at the same place of Live Oak Park Social Hall. Also as usual free for members and \$5 for non-members. For questions, see the **Where To Dance** section of *Let's Dance!*

And as usual, BFD starts a Beginners Class every September. The new **Beginners Class will begin on Thursday, September 10**, with Claire and Al George instructing. Please tell any and all of your friends and family. It will still be \$30 for an eight-week session! Do come at 7:30 pm to Live Oak Park Social Hall, Shattuck Ave. and Berryman in Berkeley. For further information call Claire and Al George 510-841-1205.

Amidst many of the happy news this summer, such as taking back the Thursday nights, a sad news crept in. We lost our dearly beloved Jane Myers and at such a young age. You may remember her as the vivacious lovely woman who headed BFD's costume sales at the Festival of the Oaks wearing one of her many colorful ethnic costume. In her memory BFD and Scandiadans is co-hosting a Dance on Friday, September 25.

—Emily Stoper

BALKAN DANCERS OF MARIN—Stockton FDC is over and Gary Anderson will be teaching some of the dances from there. He particularly liked the dances by Zeljko Jergan, Croatian and Yves Moreau, Bulgarian.

The Balkan Dancers meet every Thursday night from 8:00 to 10:00 pm at the Dance With Sherry Studios at 4140 Redwood Highway, San Rafael. It is up the stairs and to the right. For Information call Irene Croft, 415- 456-0786 or Anne Arend, 415-892-9405.

ADVANCED BALKAN DANCERS at Ashkenaz—We took July off because of the travels of many of our members but here we are back again! We are meeting every third Sunday in the back studio at Ashkenaz from 2:00 to 4:00 pm.

In August we had our first teach of Krivo Sadovsko Horo, an interesting advanced dance introduced by Yves Moreau at Marcel's in 1971. Yves has since introduced a much simplified version. To get the real thing, with all the excitement and fun still in, come Sunday, September 20, when it will be re-taught by Todd Wagner. Please bring a belt.

REDWOOD COUNCIL—The Redwood Council is hosting Fiesta de Sonoma on Sunday, September 13, 2009 at lovely Sonoma Veterans Memorial Building - site of Statewide 2010. We hope everyone will come to dance, enjoy the music, visit with friends, snack, even visit a winery or restaurant. The donation of \$8 is up from last year, but so are our building expenses: \$300 this year as against \$192 last year. We know we will lose some money, but continuing to provide one of folk dancing's very special gatherings is worth it. Being out on the dance floor is way better than sitting in a movie or going out for a hot dog. Dancing is at 1:30-4:30 p.m.

Remember, YOU make the dance. Join us.

—Elsa Bacher

Lucky East Bay Dancers!

Erik Bendix wows BFD and Albany Y Balkan Dancers

Well over 100 happy dancers enjoyed the teaching of Erik Bendix as he swept through the Bay Area recently. The Berkeley Folk Dancers and the Albany Y Balkan Dancers were fortunate to get him for their Wednesday and Friday night classes.

Erik has a reputation for teaching interesting dances and this was no exception. Dances he has taught us and other teachers are in many repertoires. His dances were among the most popular at a recent Stockton Folk Dance Camp.

Following are a summary of notes that Davida Munkres made of the dances taught at the Albany Y:

Tikho Nad Richkovu (Ukraine) - We already do this on occasion, usually at the end of the night.

Malenky Tanets (Ukraine) — A somewhat fast but doable dance. I thought it was rather cute. I learned for the umpteenth time that I'm better off doing a dance than taking notes on it.

Jochar (East Buryatia, Siberia) — Holy cow — Very different, interesting, takes a good amount of energy.

Ramwong (Thailand) - Quite different as you'd imagine. The main part takes coordination between each hand and then add feet. I like it probably because I have exposure to that kind of dance and I really enjoy what we do with our hands.

Intermediate Balkan Class starts at Santa Rosa JC

Marilyn Smith will be offering her Intermediate level Balkan Folk Dance class at Santa Rosa Jr. College on Tuesday nights, 7:00 pm-9:00 pm, in 905 Tauzer on the JC campus, starting Tuesday, August 25.

The class is offered through the Community Education office and is non-credit (no grades, tests, etc). The 16 week class costs \$49. Students can register online at the Community Education link on the SRJC website, or by calling the Community Education office. For further info: marilynmsmith@sbcglobal.net





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2009

HUNGARY ! . . . July 31-August 11, 2009. Led by Adam Molnar. Magyar adventures in Budapest, Eger, Hortobagy Plain, Jaszbereny Folk Festival, and Csango Folk Festival!

POLAND ! . . .September 4-18, 2009.

Warsaw, Krakow, Zakopane, Wroclaw, Torun, Malbork, Gdansk.

TURKEY ! . . . October 17-31, 2009. Led by Jim Gold and Lee Otterholt.

Hittites to Ataturk, Halay to Horon. Enjoy the hospitality and history of this mysterious and exotic land. Learn Turkish and international folk dancing. **Istanbul, Ankara, Cappodocia, Pamukkale, Izmir, Kusadasi, Cannakale, and Bursa.**

2010

ISRAEL ! . . . March 7-19, 2010. Led by Jim Gold and Joe Freedman.

Meet the people of Israel, learn their songs and dances, visit historic sites. Meet and dance with Israeli, Arab, Druze, Balkan, Yemenite, Bedouin, and Kurdish cultural groups. **Jerusalem, Tel Aviv, Galilee. Jordan extension: March 19-22. Amman, Petra, Jerash, and more!**

NORWAY ! . . . June 12-22, 2010 Led by Lee Otterholt.

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings! **Midsummer in Norway! Oslo, Bergen, Hovin (Telemark), Fjord Cruise, and Voss.**

BULGARIA ! . . . August 2-15, 2010: Koprivshitsa Festival Tour! Led by Jim Gold.

The one you've been waiting for! Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshitsa. **Colorful, unforgettable, mountain-top Folk Festival held every five years! Register early.**

GREECE, Crete, and the GREEK ISLANDS! . . . October 10-22, 2010

Led by Jim Gold and Lee Otterholt.

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RESULTS OF THE FESTIVAL SURVEY

by Loui Tucker

Reviewing the results of the Festival Survey conducted over the last two months, I thought about a friend of mine, a mother of four, plus two sons-in-law and three grandchildren. One daughter converted to Judaism and she and her husband keep kosher, one son is a vegetarian, the remaining family members are omnivores, but one grandchild has an allergy to nuts and her husband suffers from diverticulitis and has to watch fiber intake. When the family gathers for holidays, meal times can be, well, challenging. So many dietary differences! Such are the challenges facing festival, workshop, and party organizers.

I received 59 replies (31 by email and 28 by mail). The youngest responders were two college students in their 20s. The oldest was Shirley Drexler, who will be turning 92 this summer. She took the time to answer the survey even though she does not currently attend festivals because she doesn't have a car. [By the way, she lives on Post Street in San Francisco, if anyone would like to offer her a ride to the next one!]

Of the 59 replies, 11 were sent anonymously, 25 were from women, 19 were from men, and 4 were from couples who submitted a joint survey.

Of the respondents, 21 have been dancing less than 20 years, and 15 have been dancing more than 40 years! Most respondents (31) attend at most 5 festivals a year. Another 11 attend as many as 10 festivals a year.

If you want to see all the comments and the number of responses per item, I have posted the results at www.louitucker.com/FDF-SurveyResults.htm. I encourage you to read the full results, particularly the many, many written comments which I believe you'll find very enlightening. As more responses come in, I'll update the on-line results.

Some observations:

- The top three concerns when considering attending a workshop were proximity (44 votes), teachers (34 votes), nationality/ethnicity of dances (30 votes). Least important were food (1 vote), performances (5 votes), and pre-planned evening parties (12 votes).
- About half (28 votes) felt the price of festivals was appropriate, but 22 said a price increase would not bother them.
- 24 people will travel up to an hour to attend a festival and 13 more would travel up to 2 hours.
- More than half (32) said they prefer a wood floor, but will dance on other surfaces
- 24 respondents said who was teaching is a key factor, but 22 said that, while important, who is teaching will not keep them home from a festival. [Perhaps the survey should have asked for some names?]
- 27 said the nationality/ethnicity of the dance being taught and/or danced was a key factor, and 20 said it was important, but would not keep them home. [Perhaps the survey should have asked for details: top 3 nationalities/ethnicity? least favorite three?]
- Food is clearly not a big selling point. 41 picked "nice but not necessary."

- 32 said performances were nice but they don't miss them when there is no performance
- Live music was highly valued by 11 respondents who commented about the high energy, spontaneity, quality of the music, etc. But 36 said that, while live music is nice occasionally, they also like recorded music. 12 respondents said they prefer recorded music (and provided some interesting observations).
- Pre-planned evening dance programs that provide room for some requests (some respondents suggested specific ratios - 75/25, 60/40, etc.) were favored by 26. All-request dance parties were favored by 21.
- 37 respondents want dance evenings with predominately non-partner dances. Women particularly complained about the lack of men and/or women willing to dance the lead part. A 50/50 split between partner and non-partner dances got 17 votes.
- Most respondents (39) said that attending with friends was nice, but they don't mind dancing where they don't know many people (a testament, I think, to the generally friendly nature of our folk dance community).

Bruce Wykoff, Federation President 1978-80 took the time to write a letter with his survey. He mentioned that in the late 70s "there was a very serious split within the Folk Dance community between the 'old guard' couple dance crowd and the then just emerging line dance community." This survey seems to show the balance is tipping toward more non-partner dances (even among the dancers with regular partners).

Now there seems to be a similar division pitting fans of live music against fans of recorded music and fans of all-request parties against fans of pre-planned programs which might allow for some requests.

A few respondents suggested that, rather than try to meet all the needs of all the dancers (a la that friend of mine with all the food restrictions chosen by family members), perhaps we should look at different festivals for different folks – a couples workshop and dance party one month, a beginners festival the next month with easy-to-follow dances, a strictly Balkan festival with live music all night the next month, followed by a full-bounty smorgasbord of teachers and dances the next month.

Another respondent suggested having some sort of exit survey to find out what is working and what is not working at festivals. If participants have the opportunity to commend, comment, support and criticize easily after or at the end of a festival, that feedback can be used to shape future festivals.

I hope by publishing these results the folks who are planning future festivals, workshops, and parties will take into consideration the input provided by the respondents to this survey. If you have additional comments, or still want to send in the survey, please do so:

Loui Tucker
153 Race Street
San Jose, CA 95126
loui@louitucker.com

* * * * *S E L E C T E D S U R V E Y C O M M E N T S* * * * *

Folk Ball in Madison, Wisconsin because I could do non-partner dances nonstop to great music along with at least 100 other people, many in their teens and 20s.

Best was Laguna Festival 1975 or '76 because Sunni Bloland was featured teacher and made parties sparkle.

Kolo Festival 6 years ago at the Russian Center because the live music was amazing. Bands were playing simultaneously so I could choose music that I loved to dance to. The teachers were excellent. There were many people joyously dancing.

West Coast Circle Dance Camp because of the very beautiful location in the Sierras, dancing all day and evening, 7-8 teachers, good vegetarian food, and a very affordable price.

Teachers Committee Party held at Greek Church in Belmont about 1981 because of a large, energetic, diverse crowd.

The best festival I ever attended was a Saturday in Stockton because my girlfriend's parents drove and even paid my way in.

My first year at Stockton and my first year at Camp Hess Kramer because I had fun - plain and simple.

Don't try to be all things to all dancers. Create lots of different festivals, at different prices, providing different experiences.

Put dances people like on the program.

More line dances, fewer set and couples dances

Put a mix of old/new dances of various dance levels

Have alcoholic beverages available and more live music

Better decorating, lights, posters, costumes, etc.

Clean up the recorded music, use better versions if available.

Encourage costumes be worn. They are fun to see and feel the spirit of the festival.

Hire the best bands you can afford. I would pay more if I knew it went to hiring excellent musicians to play

See what the attendees at that festival think is important. I don't think all festival should be the same!

I don't think that one type of festival/party will please everyone or even a majority—some people like live music, others loathe it, some people like free-style dancing, others like choreographed dances, some people don't care about a set program, etc.

Blur the boundaries between dancer and observer by having everyone in the same space. Have some room for 'improvisation' - not everything should be planned from A to Z.

Do more Balkan, lively dances

Live bands are great if you want to do a cocek for 20 minutes. Live musicians don't provide a broad enough spectrum, tend to focus on music from a few countries, mostly Balkan. Few can play Salty Dog Rag, followed by a Turkish line dance, followed by a hambo, followed by a pravo, followed by an Israeli circle dance, followed by a Scottish set dance, followed by.. .

Invite more young dancers. I don't think word gets around to other young dancers as much as it should, they don't know about the festivals, etc. There are hardly any young dancers at festivals.

Have music playing continuously for those who want to dance endlessly.

I never miss a dance event with world class music which is even remotely close to me.

My preference for pre-planned versus all-requests programs depends on who is doing the planning and playing of the music

Just because something has been done for 60+ years doesn't mean that it must be continued.

2/3 pre-planned and balanced program, 1/3 requests, serendipity

Râka Andonovska

Bulgaria (Dobrudja)

Râka Andonovska (RUH-kah ahn-duh-NOV-skah), referring to “hand,” was learned by Toba Goddard from Iglïka Andonova in Bansko, Bulgaria during August 2008.

CD: *Jim Gold Int. Folk Dance Tours, Bulgaria 2008, Band 26.* 4/4 meter

Video: You Tube: Toba Goddard presentation at the 2008 Gypsy Camp North, Camp Sacramento, Twin Bridges, CA.

Formation: Mixed open circle facing R of ctr, hands joined in W-pos.

Steps and Styling: Many step movements are syncopated, with a touch of the foot on the full count, followed by transfer of full weight on the following ct &. The stamps are slightly toward the center of the circle with the emphasis a little more on the stamping heel than on the full foot.

Measures	4/4 meter	PATTERN
1	<u>INTRODUCTION.</u> No action	
	<u>PATTERN</u>	
1	Facing R of ctr and moving in LOD, touch flat R ft to floor (ct 1); bend R knee and take full wt on R (ct &); step L in front of R, touching flat ft and then bending knee while taking wt (cts 2,&); repeat cts 1,& (cts 3,&); repeat cts 2,&, but cross L in back of R (cts 4,&).	
2	Facing ctr, sink onto flat-footed R in place (ct 1); bending R knee, take wt on R and raise bent L knee high (ct &); repeat cts 1,& with opp ftwk (cts 2,&); step R,L,R in place (cts 3,&,4).	
3	Step on L in place (ct 1); stamp R without wt beside L (ct &); rpt cts 1,& with opp ftwk (cts 2,&); step L,R, in place, cross L in front of R, lowering hands to V-pos (cts 3,&,4). Raise arms to W-pos during return on ct 1 of meas 1.	
	Repeat PATTERN as written to end of music.	

Dance-on-the-Water Black Sea Cruise, July 2009

By Eileen Kopec, Publicity Chairperson

(If you have an idea about publicity, contact Eileen at: eisiedancer@gmail.com)

I'll bet that many of you have been to Sebastopol...CA. But how many of you have been to Sevastopol on the Black Sea? I had the chance to tour there with Mel and Esther Mann's latest Dance-on-the-Water cruise. Our group of sixty-seven adventurous travelers explored exotic places along the Dnieper River and around the Black Sea, including Kiev, Yalta, Odessa, Nessebar and Istanbul. My head is still swimming with images of the many sights and sounds of the Ukraine, Crimea, Bulgaria and Turkey.

The trip started in Kiev aboard the ship MS Shevchenko. While not luxurious, the cabins were cozy and thankfully air-conditioned. Those of us on last year's Russian trip were prepared for the unusual bathroom - also called the "wet room" because the sink area turned into the shower area. Handy for multi-tasking. When presented with so many opportunities for touring, eating, socializing and dancing, there wasn't much time left to spend in the cabin anyway, except to grab some much needed sleep before being gently awakened by the pan flutes of Gheorghe Zamfir's Lonely Shepherd every morning.

Being Jewish, my trip was a little different than some of the others aboard. Since that area of the world has deep historical significance for Jews, Mel thoughtfully provided unique opportunities in several cities to visit Jewish sites. In Kiev, after visiting the Podol Synagogue (also known as the Great Choral Synagogue), I was not prepared in my jet-lagged state on my first day in Kiev to visit Babi Yar. I was surprised how close it was to the heart of Kiev. One imagines unspeakable violence as happening far from witnesses. It's now a peaceful treed glen, but I swear I could still hear the trees screaming. There were many tears and comforting hugs that afternoon. After that touching emotional experience, the trip so far had exceeded all my expectations. And it was only the first day!

The next day we did not stop at a port - a nice way to get oriented to the ship and meet our dance leader Lee Otterholt. However, Lee was not quite up to dancing yet. In fact, we were lucky to have him with us at all. He was recovering from a very nasty bout with pneumonia and almost didn't make the trip. He was brave to come and we were fortunate that he recovered enough to start teaching after a few days. If you read my article about last year's trip (or check out leeotterholt.com) you will get biographical info about Lee, including his upcoming tours to Norway, Turkey, Greece, a unique trip down the Ganges on a Pandaw boat in 2011, and you can find his teaching schedules around the country.

Lee appropriately taught some Russian/Ukrainian dances including Posadila Rosu, Ya Da Kalinushku Lomala, Russian Krakovyak and the lively Hai Zelananky, as well as reviewing the dances from last year's trip. He told us that you can choose to be a pedestrian or a dancer, meaning instead of mundanely walking through a dance, pay attention to posture, styling and have spring in your step. He gives positive feedback to help

reinforce that message, saying things like "see how much better that looks" rather than badgering. He tells his dancers that he is saving their lives by urging them to dance with bounce instead of flat footed. It not only looks much better, but develops your calf muscles that can help you recover from a stumble and keep it from turning into a fall, thus risking a serious break.

Lee related a great story about the first time he remembers dancing. He was doing homework and his mother was ironing. A song came on the radio and his mother put down the iron and pulled him away from his work and taught him the box step. Powerful memories can change your life! So find a kid and teach them a dance! Who knows what that will turn into? One of Lee's dreams is to get more kids into dancing. We can all help with that by being inspirations to our kids and grandkids. In Lee's case, dancing then turned into a strong hobby. He discovered his mind was sponge that soaked in dances, which eventually turned him away from a dissertation in political science and led him to teaching dance classes and then into choreography. It's great when someone finds out early in life what he is meant to do. It's nice that we could be the beneficiaries of Lee's talent on this trip.

Meanwhile, back to the ship. We received dance lessons in the Skybar by day and danced on the deck at night. Sometimes it was challenging to keep our feet under us as the boat rocked and swayed underfoot. One night we were docked in Odessa and thought we could look forward to a calm night of dancing on deck. People on shore gathered at hearing our music and began snapping photos. We were briefly stars. But dancing was not *in* the stars. We started on our Russian repertoire but kept glancing up at the sky, which was rapidly darkening. In the middle of Ya Da Kalinushku Lomala some drops started to fall, getting larger and larger until we hysterically ran for cover. Lee said it would be memorable - and it was!

During evening rainouts or rough seas when the deck was off limits, the ship's musicians were always playing ballroom dance music in the Skybar. The combo consisted of two male musicians and a female singer. They also put on a few performances for us. One was a traditional performance of Ukrainian music, complete with costumes. They distributed a series of percussion instruments to members of the audience, adding to the fun. We learned some of the Ukrainian wedding customs - like hiring professional weepers if the wife couldn't cry the night before the wedding. And we learned about some of the national instruments such as the bandura and kobza. Another evening they presented music from all over the world, which included songs from Italy, Spain, France, Armenia and even America. Some of the selections were Hava Negila, Besame Mucho, Moscow Nights, Guantanamo, and to our surprise, Turkish Kiss, inducing some of us in the audience who knew the dance to make a lot of hand gestures.

One day, Lee discovered that one of our guides, Olga, had been in a dance troupe for ten years! He cajoled her to teach us a dance called Utushka (Meadow Duckling), and was great fun. Another day a Ukrainian folk group named Rainbow (Veselka in Ukrainian) came aboard. They were a group of gorgeous Ukrainian young women (which is redundant because all the girls there were stunning), accompanied by several musicians led by the artistic director, Mykhaylo Nildry on flute. His wife, who had a fantastic voice, did a few solo numbers. The group sang and played and taught us a few easy

dances. We also met up with a group called Anadolu Folk Toplulugu led by Goksenin Ileri in Istanbul – we danced with them one night, and the following day they came to our hotel. They were warm and enthusiastic and even dressed us in some of their costumes. The interactions with so many friendly local people made the trip extra special. Even though their grasp of English was limited, we communicated with our feet and smiles. Wonderful.

By far the most amazing dance experience we had was in Nessebar, Bulgaria. The “Sunny Beach” (Slanchev Bryag) School of Arts and Folklore Ensemble met us near the dock with huge loaves of bread, carried by costumed young women and lively musicians. The musicians and the director, Danislav Kahayov, led us to a square a few blocks away and the dancers performed for us. Then they took us to their school/studio where they welcomed us with a gorgeous spread of fruit, snacks, chocolate, bread and soft drinks. They talked about the four different regions of Bulgaria and modeled costumes from each one. Then we got to dance with them! They demonstrated a dance and then motioned us to join in. They started with easy pravos, saw we could do them, and progressed to harder and faster dances. I can’t describe what it felt like to dance between two handsome young men less than half my age – and to keep up with them! When one of them took my hand in both of his and nodded to me with a big grin as if to say good job, I was in heaven. Recognizing real talent, they pulled Lee up into a few dances with drums and other masculine props and he did us proud! It was a great afternoon, despite the wilting heat.

As if all that wasn’t enough, we experienced more performances along the way. An experienced singing group of older Ukrainians entertained us on a ferry out to Belogradny Island in the Dnieper Delta, near Kherson. Along the way we waved to many families along the water, who waved back as if to say “leave the boat and join us”. They were swimming and fishing off docks outside their dachas. It was tempting to dive off and join them! We were hosted by a woman on the island who served us local delicacies, including the ubiquitous sallow – a strong bacon fat. It went down better with vodka, also provided. A few days later, some of us, who survived the bus trip with the broken A/C, saw another folk performance in Bulgaria, with charming dancers in great costumes. And I can’t leave out the amazing Black Sea Fleet in Sevastopol, who wowed us with their energetic singing and dancing. They were incredible.

I haven’t even mentioned the amazing sights and tours we experienced. We had a full tour of Livadia Palace, site of the Yalta Conference. We saw the actual table where Stalin, Churchill and Roosevelt sat dividing up the world. We cheered as hand-somely muscled men in the Cossack show in Zaporozhye performed athletic feats on horses and demonstrated their skill with whips. We also learned

the Cossack cold remedy – drink vodka mixed with gunpowder at night and wake up healthy in the morning. Don’t try that at home! We viewed the Panorama in Sevastopol showing scenes from the Crimean war. We saw many cathedrals and churches filled with icons. On a Jewish tour in Istanbul a few of us went to the Neve Shalom Synagogue that had been bombed twice, resulting in really stringent security. We stood before a memorial plaque listing the names of the people killed in those bombings – one last name was Angel (Esther’s maiden name). Another poignant moment. We were awed at the power of Hagia Sophia and the Blue Mosque, and were dazzled by the jewels in Topkapi Palace. The experiences continued with the assault to the senses in the bazaars and markets of Istanbul, swimming with the locals at various Black Sea beaches and the relaxing cruise on the Bosphorus while sipping freshly squeezed orange juice. Or how could I forget the mesmerizing Whirling Dervish show in Turkey!

But even more than all that, it was the quiet moments aboard the ship, meeting fellow dancers and spouses, sitting on deck reading or listening to music while watching the world glide by, socializing at meals and learning about peoples lives that make Dance-on-the-Water cruises so special. Making new friends and renewing friendships with old friends from past cruises. Dancing on deck while watching the moon slowly rise over us. The sharing of moments. Life is after all made up of moments and I don’t think I’ll forget a single one of them from this trip.

There were many available options for tours on this trip. Each traveler’s experience of the journey was a little different. But we shared many moments. Cheers to my fellow cruisers who will never be able to hear the refrains of “It’s a Small World After All” without salivating and wanting the next meal, nor forget Valeryi calling “vodishka, vodishka” throughout the dining room. Na zdrovია!

—Eileen Kopec



Dancing with Anadolu Folk Toplulugu in Istanbul—Photo by Gary Anderson



Photo from Judy Kropp

Family World Dance class makes an excellent start in Modesto

By Judy Kropp and Dori McElroy

Village Dancers of Modesto has always wanted to encourage younger people to dance. However, one-night special evenings with refreshments and live music were costly and drew dancers only for that night. There had to be a better way.

We discovered that we could advertise through a local school district, giving a flyer to every student. Five thousand flyers got us an enrollment of nine families. The cost per family was \$25 for a four week family class, paid in advance. Though we cleared only enough to cover the cost of the flyers, we felt our efforts were very effective.

Forty-five people showed up to the first night. Children from age three to limber grandparents were brave enough to enjoy dances like the Macarena, Caballo Dorado, Hurry Skurry and other dances. All dances that were taught could be learned in one or two sessions, so that everyone felt success. What a variety of people attended! There was the grandmother raising three little ones, a blended family with teens with tattoos, wild haircuts and piercing, and foster families. We emphasized learning dances from every continent. The bird dance was renamed the "Penguin Dance" to represent Antarctica! Every one had a great time.

Thorough advertising and adequate lead time brought in the families. Dances chosen for wide appeal and ease of teaching kept the families for all four classes. We feel that this positive beginning will lead to future successes, with our next session planned for the Fall.

We also teach folk dancing in the schools through our local arts council or STARS (Stanislaus Artists in Schools). This year we taught 24 lessons at two elementary schools in 10 weeks. Again, we kept the dances simple and game-like. The 'Dance Club' from one school even danced in front of the Gallo Art Center one Saturday for the celebration of the 'Day of the Child.'

We also volunteer to teach dance twice a year for another school's special programs day. Hopefully, these experiences also give children a positive attitude toward dance in the future.

A 75th Birthday Party in San Rafael

By Eileen Kopec

I am probably **not** the best person to write this article because I am extremely **biased**, since Gary Anderson is a member and organizer of our group - the Albany Y Dancers. Not to mention he's **my** fearless editor. Or maybe that makes me a good person to write **this**. He has done so much for our group, as well as for this **magazine** and folk dance all over the Bay Area, and has taken **the** job of Chairman of next year's Statewide. Sunday, June 21st was our turn to show our appreciation to him.

Gary's 75th birthday party was held at the San Rafael Community Center. It was a great venue, with plenty of parking, a huge wood dance floor, and a lovely patio with fountain. The music was **planned** to perfection - live music with the band Da! Mozhem, and lively recorded music while the band was on break. **The** band played a nice mix of great classic dances that we **should** dance more often. As the message in one of Gary's **cards** said, "If you rest, you rust" (a quote from Helen Hayes). **There** was not a lot of rusting going on that day. The party was sponsored by the Advanced Balkan Dancers at Ashkenaz.

More than 70 people from groups all over the Bay Area came to celebrate with Gary - Petaluma, Pt. Reyes, Albany, Berkeley, San Francisco and the Peninsula. Also attending was many **members** of Gary's family from Albuquerque and Reno. His **adorable** great-granddaughter danced a few easy dances with us and had fun munching on the delicious birthday cake.

Gary would like to thank all the people who helped him set up and clean up afterwards. Here's wishing him many happy returns and many more years of dancing!

Dick Oates to celebrate 70 years!

The folks in **your** group are invited to my 70th birthday party at the Maple Grove Grange, 3130 Youngfield St., Wheat Ridge, Colorado, on November 28, 2009. Everything will start around 6:00 p.m. and go until midnight (or later?). Dances from the Balkans and other places!

There will **be** live music for dancing with Planina and Ron Tomočík, **two** performance suites by Storm Mountain Folk Dancers, and an all-request program hosted by Debby Bowinski!

Let me **know** if any can make it by e-mailing balkanbash@phantomranch.net or calling 303-632-6635.

And, if **you** think about it, bring a snack for the snack tables!

—Dick Oates



Thank you Mary Mischenko

Dimitrija
Bulgaria (Pirin)

Dimitrija (dee-mee-TREE-yah), from Sandanski, was learned in Petrich near the Greek-Macedonian border from Kyril Andonov in the summer of 1970 by Yves Moreau, who presented it at SF Kolo'01, Mendocino Folklore'02 and Stockton Folk Dance Camp'04.

Music: CDs: Yves and France Moreau, MFL'02, Band 4; YM, Bulg. FD, Vol 5, Band 1.
Videos: SFDC 2004; FOLKLORA BALKANA, FB-007 V, Bulgarian
Folk Dances, Introduced by Yves Moreau, Vol.5, #1. 2/4 meter

Formation: Mixed open circle facing LOD, wt on L ft, hands joined up in W-pos.

Steps and Styling: Proud and light.

Measure	2/4 meter	PATTERN
1-12	<u>INTRODUCTION</u> (No action - instrumental music. Dance starts with song)	
	I <u>BASIC PATTERN</u> (vocal)	
1-2	Facing and moving in LOD, step R,L,R,L (cts 1,2,1,2).	
3-4	Continue with small steps, R,L,R,L,R,L (cts 1,&,2,1,&,2). Turn to face ctr.	
5-6	Step R; raise L knee; step fwd L; raise bent R knee, ft behind L (cts 1,2,1,2).	
7-8	Step back on R; raise L knee; step L to L, extending arms fwd and down; step R in front of L as arms swing bkwd (cts 1,2,1,2).	
9	Step L to L as arms go fwd-up; step R behind L as arms go down-back (cts 1,2).	
10	Step L in place (ct 1); raise R knee, as arms swing fwd-up to W-pos (ct 2).	
11-12	Step R in place; raise L knee; step L,R,L in place, arms fwd-down (cts 1,2,1,&,2).	
	II <u>FORWARD AND BACK</u> (instrumental)	
1-2	Lift slightly on L, extending R leg and arms fwd (ct ah); moving fwd step R as arms go down (ct 1); step L as arms go bkwd (ct 2); repeat cts ah,1,2 (cts ah,1,2).	
3	Step R, raising L knee - arms up to W-pos; step on ball of L; step R (cts 1,&,2).	
4	With arms remaining in W-pos, repeat meas 3 with opp ftwk (cts 1,&,2).	
5-8	Repeat meas 1-4, but travel bkwd away from ctr.	

Sequence: Repeat DANCE as written to end of music, a total of five times.

<u>Lyrics</u>	<u>Dimitrija</u>	<u>Translation</u>
Dimitrija dzhanam, Dimitrija; Dimitrija, ajde le dzhanam, na stol sedi; na stol sedi, ajde le dzhanam, vino pije;		<u>Dimitrija sat on a chair,</u>
Vino pije dzhanam, vino pije; vino pije, ajde le dzhanam, em rakija; vino pije, ajde le dzhanam, em rakija.		<u>drinking wine and brandy.</u>
Prevruknaia dzhanam, prevruknaia; prevruknaia, ajde le dzhanam, tri sokola; prevruknaia, ajde le dzhanam, tri sokola.		<u>Three falcons flew by.</u>
Naprashija dzhanam, naprashija; naprashija, ajde le dzhanam, rujnoto vino; rujno vino, ajde le dzhanam, em rakija.		<u>Dust got in the clear wine and brandy.</u>
Razsurdi se, dzhanam, razsurdi se; razsurdi se, ajde le dzhanam, Dimitrija; pa si grubna, ajde le dzhanam, tenkjata pushka.		<u>Dimitrija got mad and grabbed a slender rifle.</u>

CELEBRATING 25 YEARS – 2009 CAMP HESS KRAMER WORKSHOP WEEKEND

From Beverly Barr

Save this weekend, Oct. 30, 31, Nov. 1, 2009, for the 25th Anniversary Camp Hess Kramer Workshop Weekend. This year will be a “Camp’s Review and more”. We are very excited about our teaching staff for the 25th Anniversary. We will have many of the teachers who taught at this weekend in past years. As of this date, the teachers who have committed to teach this year are Beverly Barr, Joyce Clyde, Gary & Jane Diggs, Richard Duree, Dick Julian, Denise Heenan, Suzanne Rocca-Butler, Lu Sham, Loui Tucker. Check “On The Scene” each month for updates.

This camp prides itself for excellent teaching, great parties, exceptional food, and most of all, the very loyal attendees who embrace this weekend and keep it a high priority. If you have never attended, give yourself a treat and join us this year. You will be amazed at the special feel, great food, new friendships that will become part of your life, and of course the new dances you learn.

This popular International Folk Dance Workshop Weekend is held every year in the fall at Camp Hess Kramer in Malibu.

Plan ahead and be there for another memorable camp experience. You don’t want to miss it. We are happy to report that this it is the weekend camp of choice for so many folk dancers.

See the ad in this issue of Let’s Dance Magazine. Prices include accommodations, dance workshops, 6 outstanding meals, snacks, happy hour, parties, a silent auction (we always come home with a treasure), and dancing, dancing, dancing.

To request flyers for yourself or your groups and for other information, please call Irwin or Beverly at 310-202-6166 or 310-478-4659 or dancingbarrs@yahoo.com.

More on Táncháztalálkozó 2009

Want to see a LOT of folk dancers dancing? Here is a link to some excellent video of the Dance House Festival in Hungary in last month’s Let’s Dance! <http://www.youtube.com/watch?v=NKVKGJdSlcs&feature=related>

Welcome new members

Membership chairperson Marion Rose reports the following new members:

Kenneth Moss
Sherman Oaks, CA

Stacy Rose
North Bend, OR

El Dorado Scandinavian Dancers
Marida Martin, Instructor
5692 Valley Oaks Ct.

Editor

I am late in getting to work on this issue—I’ve been at Stockton Folk Dance Camp for two weeks and I feel it! I hope this isn’t too late getting to you. Our goal is for you to get it by the first of the month (Yes, I know that some post offices are slower than others.)

Stockton FDC was a lot of fun and I think I learned some useable dances—the dances are useable, but I’m not so sure I’ve learned them! Stockton isn’t only about dance though. I think I find as much enjoyment in the talking to friends and new friends from around the country and other countries. This seems to happen more every year.

There will be a comprehensive article about Stockton FDC in next month’s issue.

Statewide 2010

The Statewide 2010 committee met on the Sunday between the two weeks of camp and made some essential progress: We decided on teachers and a band for the event, talked to those involved and we were delighted that our first choices were accepted! Teaching will be Zeljko Jergan and Erik Bendix. The music for the party will be provided by Chubritza and the sound by Andy Kascmar. It will be at the Sonoma Veteran’s Memorial Hall, an excellent facility, June 4, 5 and 6, 2010.

It’s a good committee and we are off to a great beginning. (And we are aware that there is much still to be done.) We welcome volunteers to the committee from the North Bay: send an email to: garychair@statewide2010.com or call 415-488-9197 days or 415-456-0786 eves.

Birthday bash

The Advanced Balkan Dancers sponsored my birthday party in June. I thank everyone who came and who helped set-up and clean-up. It was a wonderful friendly group. —Gary

Folk Dance Scene

This (almost) monthly publication has folk dance events in California and elsewhere, folklore articles, recipes (*folklore*), costume information, photos and lots of good reading.

If you would like to try a subscription, we offer you a *money-back guarantee*. Look at the first two issues, if for any reason you don’t want to continue, we will refund your entire year’s cost.

Annual subscription, \$15 for 10 issues. Send to:

Gerda Ben-Zeev
19 Village Park Way
Santa Monica, CA 90405

Staro Pomashko

Bulgaria (Rhodopes)

Staro Pomashko (STAH-roh poh-MAHSH-koh), an “old style” dance from the Pomak (Moslem) villages around Dospat in the western Rhodopes, is of the general Shirto group. It was presented by Yves Moreau at Stockton Folk Dance Camp 2004 and Mendocino Folklore Camp 2007. Lyrics below are for the song, *Kachi se na Hisarja*.

Music: CDs: Yves and France Moreau, MFL’07, Band 4; YM, Bulg. FD, Vol 5, Band 8
Videos: SFDC 2004; FOLKLORA BALKANA, FB-007 V, Bulgarian
Folk Dances, Introduced by Yves Moreau, Vol.5, #8

Meter (8/8 with some music) = 7/8 = 3/8+2/8+2/8, counted as 1,2,3 or s,q,q.

Formation: Mixed open circle facing R of ctr, wt on L ft, hands joined up in W-pos.

Styling: Light, soft Macedonian style – earthy.

Measure	7/8 meter	PATTERN
8	<u>INTRODUCTION</u> (No action - instrumental music. Dance starts with song)	
	I <u>BASIC PATTERN</u> (vocal)	
1-2	Moving in LOD, step R, L, pause, R, L, R (cts <u>1</u> ,2,3, <u>1</u> ,2,3)).	
3	Facing ctr, step on L and bounce twice, R leg extended close to floor (cts <u>1</u> ,2,3).	
4	Step slightly fwd on R (ct <u>1</u>); lift slightly on ball of R, bringing L leg behind R knee (ct 2); pause (ct 3).	
5	Step slightly fwd L (ct <u>1</u>); raise R leg in front of L, knee bent (ct 2); pause (ct 3).	
6	Lifting slightly on ball of L, bring R leg around to “lock” behind L knee (ct <u>1</u>); come down on full L (ct 2); pause (ct 3).	
7	Step back on R (ct <u>1</u>); lift slightly on R (ct 2); step back on L (ct 3).	
8	Two small steps in place, R, L (cts <u>1</u> , 2); small step fwd on R (ct 3).	
9-12	Repeat meas 5-7; then step back on R (ct <u>1</u>); close L to R (ct 2); pause (ct 3).	
	II <u>TRAVEL FIGURE</u> (instrumental)	
1-2	Six steps in LOD: R, L, R, L, R, L (cts <u>1</u> ,2,3, <u>1</u> ,2,3).	
3	Facing ctr, step on R to R (ct <u>1</u>); lift on R, raising extended L leg to L (ct 2); step on L behind R (ct 3).	
4	Facing ctr, step R to R (ct <u>1</u>); close L with wt, raising R slightly (ct 2); pause (ct 3).	

Sequence: Repeat DANCE as written to end of music, a total of four times.

Song - *Kachi se na Hisarja*

Lyrics / Translation

Kachi, se kachi, gore na Hisarja, Razgjedaj pole shiroko, Razgjedaj pole shiroko.

Come up on the fortress and see the wide plain.

Tumna e mugla libe le padnala. Padnala libe, legnala, Padnala libe, legnala.

The thick fog patches have settled in.

Ti da ne mishlis, che e ot Boga. Padnala libe, legnala, Padnala libe, legnala.

Do not think that they come from God.

Tova sa mojte, libe le vuzdishki. Ot mene libe za tebe, Ot mene libe za tebe.

They are in fact, the sighs of my love for you.

Teaching Tips from Jerry Duke

In my 35 years of university teaching I have taught many classes in "how to teach dance" and have had many opportunities to evaluate student dance teachers. This, of course, has caused me to evaluate the teaching methods of all my favorite folk dance teachers. Here are teaching tips which I have given to all student teachers.

Teaching a dance well is not the same as the ability to dance it well.

- Teaching is not simply doing the dance in front of the students and then hoping they will be able to copy your movements.
- In order to teach a dance well, the various attributes and elements of the dance need to be clear in your own mind. It is not enough to have the "muscle memory" to do the dance.
- Good teaching is breaking the dance down in such a way that it can be remembered, keeping in mind that people learn in different ways (some are auditory learners, some are visual learners, some learn kinesthetically, etc.).

Students learn best when they are enjoying the lesson. Anxiety prevents learning. Keep it fun!

Preparation is of paramount importance.

1. You need to know the dance and music well! You need to analyze the way the movement could be counted and the way the musical meter is counted. Some people will relate more easily to one than the other.
2. You must devise a teaching plan for each dance. Break it down! When the dance is long, decide how to divide the lesson into parts. You don't have to start at the beginning. Difficult parts are often remembered best if practiced at the beginning. Think about how you will describe the "bigger picture" so that students will understand where each section fits.
3. Before the class starts, take the time to review your plans

for each dance you plan to teach.

4. If you are teaching more than one dance, choose dances that are very different or that are related in a way that will help students remember them.
5. Think about the following: Do I know the class? Do I know the students' capabilities? If you do not know the students, plan to teach a simple dance first, so that you can assess what they can do.
6. Decide exactly what you are going to share about the dance (origin, source, organization of the step sequences, etc.) before you begin teaching the movement.

During the class:

1. Face the class to talk about the dance. If it is a circle, turn so that everyone can hear. Stand in the center, and move very little while talking.
2. If the students are in a circle or semicircle, demonstrate the dance from different vantage points. Do not get too close to either side of the circle.
3. While teaching, you may need to explain the movements in more than one way. Some students will relate best to hearing you count, some to an explanation such as, "right, left, right, left" or "side, behind, side, front", and some to a rhythmic sequence of words or sounds.
4. Distinguish between the dance movements and teacher movements. Make it clear that you have stopped the dance movements and that you are walking. (Keep your movements around the class to a minimum.) For instance, say: "That is the end of the step sequence" or, "I am going to turn around." Don't just start walking immediately after you have completed the sequence you have demonstrated. Let it "soak in".
5. Avoid extraneous movements. Be precise as you demonstrate. Do not stop in the middle of a sequence to clarify minutiae.
6. Decide how much of the step sequence you are going to demonstrate before the next explanation, and stick to your plan.

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Bansko Horo

Bulgaria (Bansko, Pirin)

Bansko Horo (BAHN-skoh hoh-ROH) was learned by Toba Goddard from Iglia Andonova in Bansko, Bulgaria on August 7, 2008. Also called Svatbarsko (Wedding), it is danced at weddings. This dance is unrelated to Atanas Kolarovski's Macedonian dance, Banjsko Oro.

CD: *More Pile, Slavej Pile*, Pirin Folk Songs, *Gega GD1727*, Site Momi Tikvesshanki, Band 2, or any other good Dajchovo music.

Rhythm: meter = 9/8 = 2/8+2/8+2/8+3/8, counted 1,2,3,4 or q,q,q,s
or 9/8 = 2/8+2/8+2/8+1/8+2/8, counted 1,2,3,u^h,4 or q,q,q,u^h,q

Video: You Tube: Toba Goddard presentation at the 2008 Gypsy Camp North, Camp Sacramento, Twin Bridges, CA.

Formation: Mixed open circle, hands joined up-fwd in W-pos.

Styling: The body is erect at all times, but danced loosely so that the shoulders move slightly up and down in time with the music.

Measures	9/8 meter	PATTERN
8	<u>INTRODUCTION.</u> No movement.	
	<u>PATTERN</u>	
1	Facing R of ctr and moving in LOD, step R, L, R (cts 1, 2, 3); small lift on R (ct u ^h); step L across R (ct 4).	
2	Facing ctr, step R to R (ct 1); close L to R with wt (ct 2); step R to R (ct 3); touch L heel fwd (ct 4).	
3	Continuing to face ctr, repeat meas 2 with opp ftwk and direction.	
	Repeat dance as written to end of music.	



Ethnic Dance's Third Dimension

By Richard Duree

Folk dancers have benefited from the dance in more ways than we can know.

The physical exercise alone has enhanced and preserved our health and active life style far beyond that of the vast majority of the population. It is no longer unusual to have active members well into their 80s in our midst, hale, hearty and happy.

The dance has created and inspired an appreciation for artistic and cultural concerns in a way few activities can. Our fellow dancers have a kinder and more understanding view of cultures which are viewed with mistrust and even contempt by less enlightened folk. We have been blessed with a view of the true heritage of cultures behind the posturing of politicians and aristocrats. We travel. We study. We appreciate. We learn.

To give the dance the true depth of understanding it deserves, we need to learn to view the dance as a messenger with a story to tell. That story is about the question: "Why do people dance the way they do?" This question and the quest to answer it will be folk dance's greatest gift.

Folk / ethnic dance exists for one basic reason - and hundreds of directly related ones: It fulfills or satisfies the aesthetic needs and standards of its creators. If those social urges which foster the dance are removed, the dance declines and disappears. Only those of us who love it solely as an art form are committed to saving it.

What are those aesthetic forces that shape the dance? Why does the dance of Telemark in Norway differ so profoundly from that of Seville in Spain? Or from Radomir in Bulgaria? For that matter, why does the dance of Radomir in Shope differ so much from that of Novo Zagorsko, just a few miles away in Thrace?

In Transylvania, why do Romanians delight in nurturing highly complex syncopations in their dance, while the Hungarians living in the next village are perfectly happy with dance rhythms in 4/4? Why are the Hungarian men's dances competitive, while the Romanians dance together as one?

Why do some Balkan chain dances circle clock-wise, while others go counter? (It's been offered that one of them follows the direction of the sun across the sky.)

These are questions which learned ethnologists in many countries spend their entire lives happily exploring for answers. They are questions that can give folk dance that "third dimension" that gives this dance more educational value than any other. They are questions that can teach us to "read" the story the dance tells us of people with whom few of us will ever meet.

Let's explore some of the possible answers to "why people dance the way they do."

Topography – The people's response to the land which they inhabit, particularly in non-technical cultures, determines many things: how they dress, form of shelter, diet, their concept of the horizon. Mountain dwellers have a more stationary and vertical concept of the world than do those riding freely across the steppes. Observation: Poland's Gorale people in the Tatra Mountains dance in place with rapid footwork, displaying prized leg strength and stamina; while the people of nearby Krakow have developed the rapidly-moving "krakowiak" which mimics the view of the horseman.

Livelihood – How people feed and shelter themselves is determined by what is available to them. To the nomad, mountains are a barrier to be crossed in search of open grazing land for their herds of animals. Those who do live in mountains are more likely to be loggers or miners. Lands with fertile soils will be populated with sedentary farmers and may be relatively wealthy compared to nomads and mountain dwellers.

Climate – Norwegian winters are not like Spanish winters. Weather changes much more slowly in Scandinavia than in Iberia. Observation: Could the slow change from winter to summer have some bearing on the typical calm of the Norwegians and Swedes, while the radical difference in day and night temperatures in Spain effect the mood changes of the "hot-tempered" Spaniard? Can the extreme anger witnessed in Middle Eastern desert countries be caused by the extreme heat?

Clothing / Footwear – It's a rare horse culture that does not use boots. Heavy boots. Being around horses can be hazardous to one's feet and lower leg. Heavy boots are not the best footwear for climbing mountain paths where a sure step is necessary to prevent injury or worse. Stamps and heel-beats are a natural in boots; not so in a lightweight moccasin (opanke) which permit rapid and flexible steps and gestures.

The width and length of women's skirts will effect how they will be used in the dance; either left alone or standing straight out in a spin or to create beautiful images and gestures as in the dances of Vera Cruz and Jalisco.

Foreign Occupation / Cultural Fusion – The world is populated by cultures which have dominated or been dominated by others, usually through armed invasion and conquest. Dominant cultures impose their values upon the vanquished, frequently attempting to erase their language and culture. People whose behavior is controlled by an unkind conqueror over many generations will tend to tread quietly and carefully; those accustomed to imposing themselves on less aggressive folk will dance with greater force and bravado. Observation: The Macedonian "lesnoto oro" gently tests the ground as it shifts weight; the Ukrainian "hopak" does not, rather, it displays a confidence and aggressiveness born of generations of hard-riding warfare.

This could go on forever, but hopefully, this gives an indication of what and how we can learn from the dance. What does "u šest" tell us about the Serbs? Or the "verbunk" the Hungarians? Can we discern the relationship between the sexes in "sevillanas" and "hambo"?

What might the almost total absence of couple dances in the Balkans tell us about their history? That the Muslim values of 500 years of the Ottoman Empire might have prevented the influence of the Renaissance of western Europe? That the chain dance form predates that of dancing with a partner? Let your curiosity run wild.

This is what dance ethnology is about – the quest for answers. You don't need all the answers; you just need to ask the questions. The question, after all, is more important than the answer and the fun is in seeking it.

Richard Duree

Where to dance

Federation clubs

CENTRAL STATE

Bay Osos International Folk Dancers. Tuesday afternoons, 1-3 pm. South Bay Community Center, 2180 Palisades Avenue, Los Osos. First hour is beginner-intermediate instruction, 2nd hour is all request. For information call Anne Tiber, 805-534-1501 or email: anetiber@charter.net

NORTH STATE

Humboldt Folk Dancers meet Fridays from 8:00 p.m. to 11 p.m. at the First Presbyterian Church, 11th and G Streets in Arcata. All level of dancers are welcome and you don't need a partner. Instruction from 8 - 9:30 followed by request dancing. Every First Friday of the month (except January and July) live music with 2-3 bands. For more information, go to www.humboldtfolk dancers.org.

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 p.m. at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm-up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

SOUTH STATE

West L.A. Folk Dancers meet Mondays and Fridays, 7:45-10:30 pm. Brockton School, 1309 Armacost Ave. in West Los Angeles. Info: Beverly Barr 310-202-6166, email: dancingbarrs@yahoo.com

SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is **Family Folk Dance Night** at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

Greek Folk Dancing. Meets every Monday at the Presidio Dance Academy, 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour is practice. Contact Mary Ann Karonis, 510-530-5140 makaronis@earthlink.net or www.greekfeet.com

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. Meets every Wednesday 10:00 — 11:30 a.m. at The Polish Club, 2040 22nd Street at Shotwell. Lines, sets, partners, trios—we do it all. Beginners welcome! Contact: Ann Colichidas at 415-902-7690. Free parking, public transportation.

SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

MODESTO

Every Wed. night—Modesto Folk Dancers meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

Every Friday night—Village Dancers of Modesto meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to

9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

Every Saturday—Modesto Tango (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

ALBANY

Albany Y Balkan Dancers. Every Friday, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Ave., Albany. Contact Kay James, 925-376-0727.

BERKELEY

Advanced Balkan Dance class. Every third Sunday, 2-4:00 pm in the Rear Dance Studio at Ashkenaz. A few year's dancing experience is needed. Experienced instructors, friendly people. Entry via the left hand door at Ashkenaz, 1317 San Pablo Avenue, Berkeley. Information: Gary Anderson, 415-488-9197 days or email: editor@lets-dancemag.net

Cape Breton Step Dance at Ashkenaz—2nd Sundays, beginners, 1:00 pm, experienced dancers, 2-4 pm. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. For info call Bob Schultheisz 209-745-9063, bobschul@softcom.net

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Ave., Berkeley, 7:45-9:35 pm Contact: Naomi Lidicker at 510-524-2871 or <http://berkeleyfolk dancers.org>.

September 8. BFD reconvenes after its annual break. New schedule for 2009-10:

Mondays, starting Sept. 14: **Advanced Intermediate Class**, Lone Coleman 510-526-5886 and Tom Sha 510-614-5522

Tuesdays, starting Sept. 8: **Intermediate Class**, Bill Lidicker 510-528-9168 and Marija Hillis 510-549-0337

Wednesdays, starting Sept. 9: **Advanced Class**, Judy Stonefield 510-655-3074 and Yaqi Zhang 510-525-1865

Thursdays, starting Sept. 10: **Beginners Class**, Claire and Al George 510-841-1205

Fridays: Requests. Contact Peter and Lynne D'Angelo 510-654-3136

If you're joining the Beginners' Class, come at 7:30 on Sept. 10, to leave time to sign in. Still only \$30 for an eight-week session! Contact: Claire and Al George, 510-841-1205.

September 25. BFD and Scandiadans co-host a dance in memory of Jane Myers, featuring dances that BFD and Scandiadans have in common, as well as other favorites. 7:30-9:30 pm at Live Oak Recreation Center. Contact: David Hillis, 510-549-0337.

OAKLAND

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or ftripi@juno.com

Scandia Saturday. Four times a year. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or ftripi@juno.com.

PENINSULA COUNCIL

Dec. 25. Peninsula FD Council Party. 7:30 pm. \$7.00. Bring a little finger food to share. St. Bede's Church, 2650 Sand Hill Rd. Parking entrance from Monte Rosa, Menlo Park. Info: 408-252-8106

Mostly Balkan. Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

Menlo Park Folk Dancers Parties—Sept. 19, Oct. 17, Nov. 21, Dec. 12, Dec. 31. Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. \$7.00.

Tuesdays—Menlo Park Folk Dancers. Classes, International, Beg., 7:00, Inter. 7:30, requests 8:30 pm. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759

Palomanians IFD parties—Oct. 3, Dec. 5. First Methodist Church, Broadway at Brewster, Redwood City. Starts at 8:00 pm. Free refreshments and only \$7.00. Info at 408-252-8106 or 650-592-3673.

Palomanians IFD—Class on Tuesdays at Menlo Park Rec. Center, 700 Alma St near Ravenswood, Menlo Park. Intermediate and advanced partner and non-partner dances. Denise Heenan, instructor. Info 408 252-8106.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Docey Doe FD Potluck and dance—8:00 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Call 650-368-7834 for info.

Docey Doe FD—Note new location—class on Wednesdays, 8:00 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Bruce Wyckoff, instructor 650-368-7834.

Santa Clara Valley Folk Dancers Parties—Sept. 12, Nov. 14. St Bebe's Episcopal Church, 2650 Sand Hill Rd. at Monte Rosa, Menlo Park. Parking entrance from Monte Rosa. Starts at 7:30 pm. Free refreshments, only \$7.00. Info at 408.739-0500.

FRESNO FOLK DANCES

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

First, Third & Fifth Saturdays—International Dancers. 8:00 to 10:00 pm at California Arts Academy, 4750 N. Blackstone near Gettysburg Street, Fresno. Info: Marty 559-227-7051, Gary 559-439-1416

REDWOOD COUNCIL

Napa Valley Folk Dancers. Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. Party Every 4th Saturday, 1:00 - 4:00 p.m.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

Petaluma Snap-Y Dancers Folk Dance Class, Mondays 7-9:15 p.m., at Herman Sons Hall, 860 Western Ave, Petaluma. Telephone contact: Carol Friedman 415-663-9512, cjay@horizoncable.com <http://carolfriedmanfolkdance.blogspot.com/>

Note day change: Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Thursday 1:15-3:15 p.m. except June - Aug.

Snap-Y Dancers (Sonoma). Beginners welcome! Seven Flags Club-house, 1400 W. Watmaugh Rd., Sonoma, 95476. Thursdays 7:00-

9:00 pm. through April. Contact Paul Smith 707-996-1467 for summer schedule.

Petaluma International Folk Dancers party dates: Sept. 5, Oct. 17, Nov. 14 and Sunday-Dec. 13. 2:00 to 6:00 pm at Herman Sons Hall, Petaluma. For more info: 707-546-8877.

Balkan Dancers of Marin—Every Thursday. 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday with reviews following weeks. 4140 Redwood Highway, San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Kopachka International Folkdancers will resume their regular Friday dancing on Friday, September 11. There will be a special beginners class (drop-in) from 7:30 to 8:00 pm, followed by programmed dancing and some teaching, until 10:30. They meet at Scout Hall, 177 E. Blithedale, Mill Valley. Cost \$5 (\$4 for members), first time is free. For more information, contact Nadav Nur (415)497-4890 or Susie Shoaf, susieshoaf@aol.com.

RENO

RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International. 7:15-8:30 pm. 1st Congregational Church, 627 Sunny-side Dr., Reno. Party First Saturday, 7-9:30 pm, at the Nevada Dance Academy, 1790 4th St., off Keystone, Reno. Contact: 775-677-2306 or wigand@gbis.com

SACRAMENTO

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyexpress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181
Where to dance in the Greater Sacramento Area

SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL

Website: www.folkdance.com/sacramentocouncil/

*indicates "Beginner-friendly class"

(Note: Federation members are in bold type, others do not belong to the Federation.)

*CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at <http://www.scds.ca> or call 916-739-6014 or 916-371-0739.

MONDAY

*El Dorado International Dance. Scandinavian class. All levels, couple. Beginners 7-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-672-2926. website: www.folkdance.com/scandi

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30 -9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

TUESDAY

*EL DORADO INTERNATIONAL DANCE. Beg. & Int. International, line & couple. 7:00-10:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198.

*TUESDAY DANCERS. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St, Sacramento. Contact 530-888-6586 or 916-923-1555.

WEDNESDAY

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael.

Contact: 916-487-0413 or 916-923-1555

KOLO KOALITION. Mostly Balkan, Intermediate, non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014.

SACRAMENTO VALLEY CAPE BRETON STEP DANCERS. All levels. 5:30-7:00 pm. Sierra 2 Community Center, Studio 1, 2791 24th St., Sac. Contact: 209-745-9063, website: www.softcom.net/users/bobschul/index.html

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 530-888-6586

THURSDAY

***EL DORADO INTERNATIONAL DANCE.** Teens Plus class. All levels Couple and line. 7-8:30 pm. 3100 Ponderosa Road, Shingle Springs. Contact 530-677-1134.

***PAIRS & SPARES.** Beg. & Int. International, Rounds, Squares, & Contras. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

FRIDAY

***EL DORADO INTERNATIONAL DANCE.** Beg. & Int. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grade, Garden Valley. Contact: 530-622-6470.

***EL DORADO INTERNATIONAL DANCE.** All levels, Couple & Line. 8:00-10:30 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-677-1134

***EL DORADO INTENATIONAL DANCE.** Parent's class. Beg. Couple and line, International. 7:30-8:30 pm. 3100 Ponderosa Road, Shingle springs. Contact 530-677-1134.

***NEVADA COUNTY FOLK DANCERS.** Beg. & Int. International & Balkan. Selected Fridays. 8-? pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

ROYAL SCOTTISH COUNTRY DANCE SOCIETY. 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.

***SACRAMENTO COUNTRY DANCE SOCIETY.** All levels. 1st Fridays. 7:30-11:00 pm. Clunie Clubhouse, 601 Alhambra Bl., Sacramento. Contact 916-739-6014. Website: www.scds.ca

SATURDAY

BBKM. Party, All Levels, Mostly-Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-923-1555

FIRST & LAST DANCERS. Country-Western, Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pm-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug. & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party, All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly except June, July & Aug. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folsom Bl., Sacramento. This is a gated community. Planned late arrivals should contact for the gate code number to open the gate which is closed at 7:00 pm. Contact: 916-428-6992 or 916-682-2638.

***ROYAL SCOTTISH COUNTRY DANCE SOCIETY.** 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.

***SACRAMENTO COUNTRY DANCE SOCIETY.** All levels. 2nd & 4th Sat. 7:30-11:00 pm. Coloma Community Ctr., 4623 T St., Sac-

ramento. Contact 916-739-6014. Website: www.scds.ca

***SACRAMENTO VALLEY CAPE BRETON STEP DANCERS.** 3rd Sat. monthly. All levels. 1-5 pm Galt. Call for location. Contact 209-745-9063. Website: www.softcom.net/users/bobschul/index.html

SUNDAY

***DAVIS INTERNATIONAL FOLKDANCERS.** All levels. Mostly non-partner Balkan & International. 7:00-10:00 pm, Davis Art Center, 1919 F st., Davis. Contact: 530-756-4100 or 530-758-0863. Website: www.davisfolkdance.org

***ENGLISH COUNTRY DANCE.** All levels. 1st Sun. monthly. 2-5 pm. Masonic Temple, 235 Vernon St., Roseville. Contact: 916-739-6014. Website: www.scds.ca

***ISRAELI plus SOCIAL DANCES OF THE WORLD.** Beg. & Int. International line & couple. 3rd & 4th Sun. monthly except July & Aug. 4-6 Israeli 2:00-3:30 pm. International 3:30-5:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-371-4441 or 916-632-8807.

EXHIBITION GROUPS. Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTLER, Austrian exhibition group. Contact 916-988-6266 Website: www.alpentanzer.org

BALLIAMO. Italian performing group. Contact: 916-482-8674

CAMTIA. German/Bavarian exhibition group. Contact: 916-933-4619 or 530-888-6586. Website: www.geocities.com/camtiafest/

CAPER DUCK. Cape Breton Step Dance (Scottish Hard Shoe). Contact: 209-745-9063. Website www.softcom.net/users/bobschul/index.html

EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-2926.

STEPPING OUT WITH THE CAPER KIDS. Scottish. Contact 916-786-8448. Website: www.steppingout.org

TANCE EL DORADO. International. Teens plus. Contact 530-677-1134.

VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 Website: www.waltz@strauss.net

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s. Couple. Contact 530-888-6586.

ZADO SINGERS. Performing group singing songs of Eastern Europe & beyond. Contact: 916-923-1555 Website: www.ercregistry.com/zadosingers

Note: Information is subject to change. Telephone contact numbers for current information.

For information on other Federation activities call 510-524-2871

Other groups and classes—

BAY AREA—

Rina Israeli Dance. Everyone is welcome. Thursdays, Beginners 10:00 am, Intermediates 11:00 am to 12:30 pm. Osher Marin Jewish Community Center, 200 N. San Pedro Road, San Rafael. For information call 415-444-8000.

Stockton in Exile—First and third Sundays. 10:30 am to 12:30 pm. All requests, mostly Stockton dances. Saratoga School of Dance, 18776 Cox Ave., Saratoga. Call to confirm, Marion Earl 650-793-1166.

Folkdances of Hungary and Transylvania—Wednesdays 8:00 to 10:30 pm. Todd Wagner and Sarah Tull. \$7.00 drop-in. Menlo Park Rec. Center, 700 Alma Street, Menlo Park. Call for info: 650-941-0227 or email todd@wagnerhaz.com

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Mel Mann, folk dancer & organizer c/o BERKELEY TRAVEL
1301 California St Berkeley, CA 94703 (510) 526-4033
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