THE MAGAZINE OF INTERNATIONAL FOLK DANCING - November, 2009



Heritage Festival—Join the fun January 15 and 16!

Happy dancers at a recent Heritage Festival

—Photo by Gary Anderson

Marcel Vinokur, Part One—The early Years/Loui Tucker, page 6 An Important notice for Statewide 2010 attendees/Kay James, page 8

Set's Dance!

Volume 66, No. 9 November, 2009

Editor: Gary Anderson

Email: wildwood_press@comcast.net PO Box 548, Woodacre, CA, 94973

415-488-9197

(9:00 am to 3:00 pm, Mon.-Fri.)

Council Clips: Contributions from clubs Address change and membership: Sidney Messer, tspolarisl@aol.com Calendar: Gary Anderson, editor Proofreaders: Irene Croft, Denis and Rosa Savage

Federation Officers, North

President: Bill Lidicker, dancefdf@aol.com

Vice President: Loui Tucker, loui@louitucker.com Treasurer: Sabine Zappe

Recording Secretary: Teddy Wolterbeek

Editor: Gary Anderson Membership: Sidney Messer Parliamentarian: Vick Vickland

Federation Officers, South

President: Gordon Wall
Vice President: Valerie Daley
Secretary: Charlotte Edginton
Lynn Bingle

Treasurer: Rick Bingle
Membership: Steve Himel
Publicity: Sylvia Stachura
Historian: Robert Jowitt
Website: http://us.geocities.com/
FDFedSouthInc/

Donations:

Gifts and donations are welcome. Send to:

The Folk Dance Federation of California, Inc.

Treasurer 153 Race Street San Jose, CA 95126

Website:

You can now post your folkdance event flyers on the Federation's web site: www.folkdance.com. If you need assistance, contact Dick Rawson at FDFC1.rawson@xoxy.net

©Let's Dance! (ISSN#0024-1253) is published monthly by the Folk Dance Federation of California, Inc., with the exception of the May-June and July-August issues, which are released each two month period. Standard mail postage paid at Sacramento, California.

TABLE OF CONTENTS AND CONTRIBUTORS

Annual Harvest Festival/page 3

Calendar of Events/editor, page 4

Council & Club Clips/Barbara Malakoff, Naomi Lidicker, page 7 Dance descriptions: Alunelu from Varn/Cricket Raybern, Toba

Goddard, page 15

Kiladiotiko/Bill and Carol Wenzel, page 11

Žensko za raka/Bill and Carol Wenzel, page 13

Dance description notes, availability/page 16

Errata: Mori Shej/page 16

Eye on Dance by Eileen—LIVE-n Up Our Festivals/Eileen Kopec,

page 14

Folk dance poster/page 9
Have an idea? Need money?/page 7

It doesn't take much/Laila Messer, page 12

Marcel Vinokur, Part One—the Early Years/Loui Tucker, page 6

President's Message/Loui Tucker, page 3

Returning to Camp Hess Kramer/Suzanne Rocca-Butler, page 12

Statewide 2010—Reservation caution/Kay James, page 8

Welcome to our new members/Marion Rose, page 3

Where to dance/pages 17—19

The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor Box 548, Woodacre, CA 94973 email: wildwood_press@comcast.net

Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

Join now: Membership rate is \$22.50 per year (plus \$10.00 for foreign)

Mail applications, renewals & checks to: Folk Dance Federation of California, Inc. M. Rose 2315 Ravine Court San Jose, CA 95133-1226

Your advertising helps support Let's Dance! Ad rates:

 ½ page
 ½ page
 full page

 Member clubs
 \$10.00
 \$20.00
 \$35.00

 All others
 15.00
 30.00
 50.00

Contact: Editor, Box 548, Woodacre, CA 94973 or email: wildwood press@comcast.net

or call 415-488-9197 (9:00am to 3:00 pm)

President's Message

By Loui Tucker

If you read my Mission Statement in Let's Dance! a few months ago, you might remember the second program I planned to institute:

Colorful, eye-catching advertising. We're working on some really amazing, full-color flyers with tear-off strips along the bottom reading: "www.folkdance.com." ...The goal, of course, is to get these flyers displayed in many places, to attract attention, and to get viewers to go to the Federation website for more information.

Did you notice the flyer included in this month's Let's Dance! magazine? Colorful and eye-catching, isn't it? This is the first of three we plan to publish, each with a different headline.

Now comes YOUR job: please read the instructions on the back of the flyer, carefully cut it out, and find a place in your community to post it. The Federation Publications Committee and Communications Committee have worked very hard to get the flyer and instructions prepared. Don't let their efforts be wasted!

Here's how I'd like it to play out: We have about 400 members who will get a copy of Let's Dance! magazine. Some are clubs, some are libraries and other institutions. Some recipients live overseas where a flyer in English is probably pointless. And, of course, not everyone will want to participate in this advertising campaign. I'm hoping that at least 200 recipients of Let's Dance! take the time to cut out the flyer and make the effort to get it posted. [By the way, if you don't want to mutilate your copy of Let's Dance!, the flyer is also available on the Federation website (wwww.folkdance.com - the link to the flyer is on the left) where it can be downloaded and printed.]

Now, let's imagine that at least 100 people over the next few months stop to read each flyer. That's 20,000 viewers. Dare I hope that a mere 1% of them like what they see enough to tear off a strip with the website printed on it (or make an effort to remember it), visit the website, find a class listing in their area, and actually go to a dance class? One percent of 20,000 viewers is 200 potential new dancers!

In my wildest dreams I imagine some Let's Dance! readers take the time to make color copies of the flyer and post multiple copies in their area. [Please DO NOT print the flyer in black and white!] Multiple flyers means more people are exposed to our message and the potential for new dancers increases.

Having a flyer for your local group is great. The problem with a flyer for a specific group is that, if someone spots that flyer and thinks international folk dancing might be fun to try, but the date or location is not convenient, that's the end of it. This advertisement is about getting people to visit the Federation website, listen to some sample folk dance music, perhaps watch a video, review the listings of places to dance, read the Frequently Asked Questions file, and then hopefully find a class or club that meets on a day and in a location that is convenient.

If someone from outside of the Northern California area (where most of these flyers will be posted) sees the flyer, the website is still going to be useful. On our website there are links to the Folk Dance Federation of Southern California website as well as and the National Folk Organization website which has links to lists of places to dance all over the United States.

Now comes YOUR job: please read the instructions on the back of the flyer, carefully cut it out, and find a place in your community to post it. The Federation Publications Committee and Communications Committee have worked very hard to get the flyer and instructions prepared. [A very big special "THANK YOU!" to Susan Gregory for her artistic talents and patience.] Don't let their efforts be wasted!

Somebody out there is waiting for their life to be changed by folk dancing - just like yours was! Don't disappoint them! Post your flyer TODAY!

January 15 & 16, 2010

Annual Heritage Festival

The Peninsula Folk Dance Council's two day Heritage Festival will take place on Friday, January 15 and Saturday, January 16. Festivities begin with a party on Friday from 7:30 until 11 pm.

On Saturday, there will be a Federation meeting at 11 am. Lunch will be available for attendees. Some of the most popular dances from the 2009 Stockton Folk Dance Camp will be taught at the Institute, starting at 1:30. Both partner and non-partner dances will be presented. Stephanie Johnson and David Heald will teach: The Bonnie Cuckoo, Giga and Margot's Valsen. Tom Sha will teach: Sokacko Kolo, Drianovska Racenica II, Kardamska Zborenka and (if there is time) Aj Lipo ti je.

General dancing, with a review of the institute dances, will take place in the evening, starting at 7:30 and ending at 11 pm. Doors will open 1/2 hour prior to each event.

The location is the Community United Church in San Carlos. The church is located at the corner of Elm and Arroyo Streets. Come and dance on a nice, sprung wood floor.

Don't forget to check the Federation website: www.folkdance.com for more information.

Welcome to our new members

Membership chair person Marion Rose reports the following new members:

Steve Himel Newport Beach, CA

Pulaski Polish Dancers of Fresno, CA 5414 N. Lafayette Ave. Fresno, CA 93711-2525

Beth Beresovsky Cupertino, Ca

Catherine Castanos Sacramento, CA

Robert & Joyce Pennell San Mateo, CA

November, 2009 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy Send future events information to Gary Anderson, Editor, Let's Dance!, Box 548, Woodacre, CA 94973, e-mail: wildwood_press@comcast.net

The deadline for listings is one month prior to the magazine date.

Upcoming Events—

- Oct. 30, 31, Nov. 1 Celebrating 25 years—2009 Camp Hess Kramer Workshop Weekend. For additional information call Beverly or Irwin Barr (310) 202-6166 or (310) 478-4659.
- Nov. 27 & 28 Kolo Festival 2009—The Thanksgiving classic will feature Yves Moreau teaching Bulgarian dances, John Filich teaching kolos and Jerry Duke teaching dances of Northern Greece, Macedonia and Thrace. Bill Cope, Kolo music director, will soon announce music teachers and bands. Croatian-American Hall, 60 Onondaga, at Alemany Blvd., three blocks from Balboa Park Bart station. For info e-mail Jerry Duke jcduke@sfsu.edu or phone 415-759-5136.
- January 15 & 16 *Heritage Festival—The Peninsula Folk Dance Council's two day event will take place on
 Friday, January 15 and Saturday, January 16. Festivities begin with a party on Friday from 7:30 until
 11pm. On Saturday, there will be a Federation meeting at 11 am. Lunch will be available for
 attendees. Some of the most popular dances from the 2009 Stockton Folk Dance Camp will be taught
 at the Institute, starting at 1:30. Both partner and non-partner dances will be presented. General
 dancing, with a review of the institute dances, will take place in the evening, starting at 7:30 and
 ending at 11 pm. Doors will open 1/2 hour prior to each event. Location is the Community United
 Church in San Carlos. The church is located at the corner of Elm and Arroyo Streets. Come and dance
 on a nice, sprung wood floor. More information to come. Don't forget to check the Federation
 website: www.folkdance.com
- March 19-March 21 54th Annual Camellia International Folk Dance Festival—Friday features a free student workshop at 6-7 pm, followed by an opening Party. Saturday workshops (1-5 pm) will be presented by Jaap Leegwater with dances of Bulgaria, followed by Andre and Yvonne Couvillion with international couple dances. The Saturday party will be from 7-11 pm. Sunday brings the much regaled Concert from 1-3:30 pm, followed by general, easy dancing. The venue is CSUS Ballroom, 6000 J St., Sacramento, California. For on-going updated information contact Toba Goddard at (916) 371-4441 or visit www.folkdancesag.org
- March 27 Balkan Dancers of Marin Balkan <u>Plus</u>—Save the date for the popular annual party in Marin, in the beautiful, spacious Masonic Hall in San Rafael. Excellent snacks, wonderful music, request slots, excellent leaders and dancers and a great wood floor. Admission is \$7.00.
- April 9-11, The 2010 Arcata International Folk Dance Festival will take place on Friday, Saturday and Sunday, April 9-11, 2010. As usual, we will have a great lineup of dance, singing and instrumental music teachers with great parties and food! More details will follow in the next few months. Please go to www.humboldtfolkdancers.org as we approach festival time! Craig Kurumada, Humboldt Folk Dancers, 707-822-8045 ckurumada@aol.com
- June 4, 5 & 6 *Statewide 2010, "Dancing in the Valley of the Moon"—Great location and teachers. We are in historic Sonoma, birthplace of the California wine industry. We are fortunate to have Zeljko Jergan and Erik Bendix as teachers, Chubritza to play for the party and to have a superb facility for our dances. The Sonoma Veteran's Memorial Hall, 126 First Street West, Sonoma. Accommodations note: If you want to stay in the town of Sonoma we recommend that you make reservations soon! The town is a popular destination and housing is expensive and fills fast. We have arranged less expensive accommodations in Santa Rosa—See Kay James' article in this issue for contact info. More information will be forthcoming as we get closer to the date. Phone days: Gary Anderson 415-488-9197 Email: editor@letsdancemag.net

^{*} Denotes Federation sponsored events



Jim Gold International Folk Tours: 2010 www.jimgold.com

ISRAEL! BULGARIA! GREECE and the GREEK ISLANDS! HUNGARY! NORWAY! POLAND!

Travel with international folklore and folk dance experts:
Jim Gold, Lee Otterholt, Adam Molnar

Tours in 2010

ISRAEL!... March 7-19. Led by Jim Gold and Joe Freedman.

Meet the people of Israel, learn their songs and dances, visit historic sites. Meet and dance with Israeli, Arab, Druze, Balkan, Yemenite, Bedouin, and Kurdish cultural groups. Jerusalem, Tel Aviv, Galilee. Jordan extension: March 19-22. Amman, Petra, Jerash, and more!

- BUDAPEST! ... March 26-April 5. Led by Adam Molnar. Spring Festival Tour!

 Gypsy music, csardas, and folk dance in the fiery Land of the Magyars.
- NORWAY!...June 12-22. Led by Lee Otterholt.

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings! Midsummer in Norway! Oslo, Bergen, Hovin (Telemark), Fjord Cruise, and Voss.

- HUNGARY!... July 30-August 9. Led by Adam Molnar. Magyar adventures in Budapest, Eger, Hortobagy Plain, Jaszbereny Folk Festival, and Csango Folk Festival!
- BULGARIA!... August 2-15. Koprivshtitsa Festival Tour! Led by Jim Gold.

 The one you've been waiting for! Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshtitsa.

 Colorful, unforgettable, mountain-top Folk Festival held every five years! Register early.
- POLAND!...September 3-17. Warsaw, Krakow, Zakopane, Wroclaw, Torun, Malbork, Gdansk.
- GREECE, Crete, and the GREEK ISLANDS! ... October 9-24.

Led by Jim Gold and Lee Otterholt.

Dance hasapicos, syrtos, and more! Mountains, markets, archeological wonders, and sun-kissed islands! Classical tour of Mycenae, Sparta, Byzantine Mystra, Olympia, Delphi, Meteora. Four glorious days on Crete! Greek cruise extension to Mykonos, Crete, Rhodes, Patmos, Ephesus, Santorini. Oct. 24-29. Santorini extension includes Ochi Day!: Oct. 28-31.

For itineraries and details: Visit www.jimgold.com

TOUR REGISTR.	ATION: I ca	n't wait to go!	Sign me up.	Enclosed is my \$200 p	er person deposit.
Tour(s) desired					
Name			Address		
No. of people	Phone (Email	

Jim Gold International, Inc. 497 Cumberland Avenue, Teaneck, NJ 07666 U.S.A. (201) 836-0362 www.jimgold.com Email: jimgold@jimgold.com



Marcel and Kathy Vinokur at a Menlo Park Folk Dancers' party celebrating their 80th birthdays—Photo by Gary Anderson

Marcel Vinokur - Part One

THE EARLY YEARS

By Loui Tucker

Marcel has been a part of the Northern California international folk dance movement for over 50 years. Marcel agreed to be interviewed in September of 2009. Although not a word-forword transcript, this article is based on that interview.

Marcel was born in 1929 in Ostrava, the third largest city in Czechoslovakia. He was the only child of his Czech mother and Ukranian father. He was given the French name Marcel because his family lived in France in his early years. They were living in Czechoslovakia, however, when Germany occupied the country in 1939, an event Marcel remembers. While almost all his classmates died in concentration camps, Marcel and his parents were lucky enough to be able to emigrate to the United States. They arrived in New York City as refugees when Marcel was 10 years old.

Marcel attended one of the three science high schools for boys, and graduated second in his class. He attended Cornell and was enrolled in Engineering Physics. He lived in the men's dormitories and there were no women in his classes. Most of the other men in this classes were war veterans, older and more mature, and they easily attracted the attention of the girls on campus.

In spring of 1950, one of men in the dormitory, after several attempts, finally talked Marcel into going to the folk dance club which met in an out-of-the-way gym at the edge of campus. Marcel had never heard of folk dancing, and did not know how to dance. He had some musical training and a good sense of rhythm and quickly found that when taught a dance, he could do it. As Marcel put it, "This changed my whole life!" He discovered that "if a shy, socially-challenged young man could learn to dance, he got to dance with a gir!!"

The club at Cornell University was attended by 50-60

students, and it seemed natural that it would lean in the direction of an academic approach to teaching and mastering dances. The adviser to the club was Roger Knox, who had an administrative position at Cornell. He and his wife Marjorie had been members of the Berkeley Folk Dancers, and he instilled the principles that they followed in the club. Most importantly, new dances were taught three weeks in a row, and records were kept to be sure they were done sufficiently often afterwards (a practice Marcel follows to this day). Another important practice was that the person charged with running the program had to be sure dances recently taught were reviewed and played. It was not permissible for a leader to simply put on his or her favorite dances.

When a new person attended a few weeks in a row, he or she was given a set of mimeographed dance notations the club members had produced based on existing syllabi, instructions that came with records, and notes written by club members. Marcel obtained such a set, which he still has. That was the first item that went into his treasure trove of dance notations!

Near the end of the spring semester, Michael Herman came to give a workshop, which Marcel attended. Marcel remembers that the Hambo was taught, and when he tried doing it with another beginner, they both landed on the floor!

International folk dancing in 1950

- Almost exclusively couple dances from Northern and Central Europe, with the exception of a few Serbian kolos.
- The main sources of dances were the ethnic communities in the United States and a few books.
- Squares and contras were an integral part of every folk dance club's repertoire.
- There were essentially no Polish, Israeli, Middle Eastern, Greek, Czech, Slovak, Hungarian, French, Scottish Country, English, or Scandinavian (except for the Hambo) dances. There were no Balkan dances except for a few kolos.
- With a few exceptions, almost all the dances that are popular today had not been introduced yet. Dances being done then that are still done today include Korobushka, Alexandrovski, Kohanochka, Russian Two Step, Troika, Meitschi Putz Di, Little Man in a Fix, Totur, Road to the Isles, Miserlou, and Corrido.
- The repertoire of any dance group was rather limited, probably fewer than 100 simple dances. With a little effort, you could learn al. the dances in a year or so.
- Mainewoods Dince Camp (run by the Michael and Mary Ann Herman) and Stockton Folk Dance Camp (run by Lawton Harris) were in their infancy.
- Dance music was recorded on 78 rpm records (33 rpm records first came on the market in 1949).
 The folk dance communities on the West Coast and East Coast did not have identical repertoires and some dances

were done differently.

That summer Marcel worked at the Naval Ordnance Lab in Washington, D.C.. The lab operated former German wind tunnels, and his experience there re-enforced his decision to go into Aeronautical Engineering. More importantly, Marcel learned a lot about folk dancing that summer. He attended the

two main dance groups. There was another very small group whose teacher was an older man with very poor eyesight. He owned a large collection of records and various syllabi. Marcel spent much of his weekends at this teacher's apartment copying things by hand (remember, it was 1950 and there were no Xerox machines). When he returned to Cornell in the fall for his senior year, Marcel knew enough to become one of the student teachers at their dance club. Another activity that Marcel discovered at Cornell with fellow dancers was camping, which would play a large role in his activities in California.

From there Marcel went to graduate school in Princeton (another all-male school) to study Aeronautical Engineering. There was an active folk dance group, and most of the male dancers who attended were mathematicians and engineers. It seemed to Marcel that all the mathematicians he knew were dancers. Marcel did some of the teaching.

Princeton is near New York City, where Marcel also danced. One of the women at Michael Herman's class started an Israeli exhibition group which Marcel joined. He would travel to New York City for rehearsals and performances and spend the night at his parents' apartment. While a member of that group, he attended Israeli weekend workshops and learned the latest Israeli dances.

He also attended the Kolo Jamboree (the New York version of the Kolo Festival), the high point of which was dancing to the live music of the Banat Tamburitza orchestra, whose recorded kolos they had danced to all those years. It was there where Marcel got to know Dick Crum.

During his time at Princeton, Marcel learned many new dances and began buying records. He was also introduced to two musical activities – singing madrigals and playing the recorder – activities that he continued when he came to California.

Michael Herman

Marcel credits Michael Herman with the direction and structure of folk dancing on the East Coast. It was Michael Herman who saw the need for music, and he arranged to either acquire recordings or have recordings made and then marketed them under his own Folk Dancer label. He also stressed the need for standardization. He envisioned a world where folk dancing would be portable and consistent so dancers could go to different folk dance events and be confident that they would be able to do the dances.

Though his dissertation was not yet finished, Marcel accepted an offer from the Lockheed Missiles Division in Van Nuys, California. He arrived in California in December 1955. The day he reported for work, he heard talk that Lockheed would be moving to the San Francisco Bay Area. Although Marcel found a couple of dance groups in the Los Angeles area, they required long drives and there were no freeways in those days. He also quickly discovered that some of the dances he knew were done a little differently in California.

Seven months later, in June of 1956, Marcel moved to the San Francisco Bay Area.

TO BE CONTINUED

Council & Club Clips

Sacramento International Folk Dance and Arts Council—Dance in the Woods reports that they had a perfectly wonderful weekend in every way. It is really fun that dancers come from all parts of northern California for this relaxed but fun filled weekend. Thanks very much to Roy and Patty Butler for organizing it, as well as many teachers who donated their time to bring some fun new dances to the occasion. Look for pictures and videos on our website www.folkdancesac.org.

Zado Singers will give a concert of mostly Eastern European songs as part of the Crocker Art Museum Classical Concert Series on Sunday, November 22, 2009, 3:00-4:00 PM, in Capistrano Hall on the Calif. State University campus, 6000 J St., Sacramento. Free parking in the adjacent Parking Structure II. Admission: \$12, \$5 students & seniors, free to museum members. Info: 916-923-1555. Website:www.ercregistry.com

Mark your calendar. This is a not-to-be-missed year for the Camellia International Dance Festival, March 19-21, 2010, Calif. State University Sacramento, Student Union. Featured teacher: Jaap Leegwater. Live music with Chubritza. Join us for parties, institutes, and concert. We will again have the Friday free party for young(er) people. This is gaining momentum and we hope to see it become much bigger in the future! See www.folkdancesac.org

-Barbara Malakoff

BERKELEY FOLK DANCERS.

Join us for an evening of who knows what? "Anything Goes" at the Fun Night on November 20th hosted by the AI class of BFD. It is neither about the song by Cole Porter nor an invitation to a garage sale but refers to the 1930's and to vintage dances and costumes. Deck yourself out with fabulous fineries and feathers. Dancing starts at 7:45 and end at 10:30 PM. There will be food and drinks (sorry, non-alcoholic. Prohibition, remember). Fabulous fun for only \$5 for BFD and \$7 for others. Questions? Call Lone Coleman at 510-526-5886 or Tom Sha at 510-614-5522.

BFD will be dancing on Wednesday, November 11 but not on Thursday or Friday, November 26 and 27. See you at the Kolo Festival in SF instead.

-Naomi Lidicker

HAVE AN IDEA? NEED MONEY?

The Folk Dance Federation of California, Inc has a promotion fund for the purpose of promoting and encouraging folk dancing. Grants for as much \$2000.00 can be awarded.

The committee welcomes written applications at any time. Applications must be from members of the Federation or from member clubs or organizations.

Applications must include: Name of the sponsoring individual, club or committee; time frame of the proposed project; description of the proposed project, including objectives and planned methodology; discussion of how the project is intended to promote International folk dance; and a budget, including contributions of funds from other individuals or institutions if any are anticipated.

More information can be obtained by contacting Ann Brown, chair, aewbrown@comcast.net

He Who Hesitates...

Is left without a place To Stay in Sonoma for Statewide 2010

By Kay James

Statewide 2010 is coming, Statewide 2010 is coming! "Dancing in the Valley of the Moon" will be happening on Friday through Sunday, June 4, 5 and 6 in the beautiful town of Sonoma. The committee would like all of you folk dancers who are planning on attending this wonderful event to be aware of some important details about lodging. The cost of most lodging in the town of Sonoma proper is quite expensive; and, additionally, places fill up well in advance because it is a popular destination for weddings, vacations, getaways, wine tasting, etc. Therefore, if you think you would like to stay in Sonoma, we would strongly urge you to make your reservations NOW. If you change your mind at a later date, you can always cancel within a time frame closer to the event, as almost all places of accommodation allow cancellation in advance without a fee. However, if you wait too long to make an initial reservation, then your chances of finding any availability later on, and closer to the time of the event, will be extremely difficult, and therefore even more expensive.

Here is a link from the Visitors Bureau in Sonoma, with alphabetical listings for lodging in or immediately near Sonoma: http://www.sonomavalley.com/index.php/Table/lodging/

A less expensive alternative: For those of you who discover that the cost of staying in Sonoma proper is prohibitive, there is another alternative. We have blocked out a number of rooms in Santa Rosa at The Sandman Motel at 3421 Cleveland Avenue, Santa Rosa. The motel is located just off Highway 101, not far from the exit for Highway 12, which leads to Sonoma. The drive is approximately 30 minutes away. Their telephone number is (707) 293-2100. The cost of a room in this facility is \$95.50, plus tax, totaling \$103.01 per night. Mention the code "FOLK" to get this special rate. The Inn will be holding a limited number of rooms for our group until approximately three weeks prior to the event, when any unused rooms will be released to the general public. Here's a link to their website: www.sandmansantarosa.com

Also, there are reviews you can read about this facility at Trip Advisor: http://www.tripadvisor.com/Hotel_Review-g33055-d577309-Reviews-Sandman_Motel-Santa Rosa Sonoma County California.html

Several of us have visited the Sonoma area recently to scope out some of the places to stay, some local restaurants and the facility where our event will take place. Although the price for lodging was somewhat of an initial shock to us, the rest is all good news. The Veteran's Memorial Hall, located at 126 First Street West is beautiful, with lovely wooden floors and lots of space within and there is a parking lot with plentiful spaces for your cars. Also, it is conveniently located approximately two blocks away from Sonoma's historic square, where there are a multitude of excellent restaurants, with a choice of price ranges to fit everyone's pocketbook. A favorite plan for some people might be to simply go to the square and visit the Sonoma Cheese Factory, buy some cheese and/or

cold cuts, go to the nearby bakery and get some bread, and find that you have the perfect makings for a picnic right there in the park on the square. There are also many wineries and other shops to visit and even a chocolate tasting retail shop, to top off your meal.

If you haven't already heard, the teachers for Statewide 2010 are Erik Bendix and Zeljko Jergan, two of our favorite teachers, who will be teaching a mixture of non-partner and couple dances. And the perfect accompaniment to this excellent teaching staff will be music by Chubritza, who are definitely a favorite band. So, if you consider these initial ingredients for your dancing pleasure and you add the lovely Sonoma Valley as the backdrop for this experience, you'll probably conclude that it will be the perfect dancing getaway and mini-vacation for you next summer. So, do plan ahead and make sure you don't miss this unique and exciting dance experience!

If you have any questions, please contact Gary Anderson by email at garychair@statewide2010.com or by telephone at (415) 488-9197.



Sonoma County Scandia Dancers

Come learn the dances of Norway and Sweden

Beginners Welcome!

Tuesdays 7:15 to 9:15 At Hermann Sons Hall 860 Western Ave. Petaluma

No partner needed

Bring leather or smooth soled shoes First night free, thereafter \$4

For questions call Vince at 996-8300 or Emma at 823-4145

Want to dance hat have no partners



Fun! Easy! Great Exercise!

Learn dances from other countries!

Beginners Welcome!

No partner needed & no special equipment required.

We are waiting to dance with you!

CHECK OUT OUR WEBSITE!

| www.folkdance.com |
-------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------	-------------------

www.folkdance.com

We're asking EVERYBODY to put up at least ONE poster to let people know about the benefits of giving International Folk Dancing a try.

What to do

- ✓ Before you put up a poster, comply with any instructions advising you to check with someone before posting.
- ✓ Before putting up the poster, cut along the dotted lines so people can easily pull off the tags at the bottom.
- ✓ Consider putting a poster up in places like:
 - o College Campuses
 - o Fitness Centers
 - o Places of Worship
 - o Community Centers
 - o Coffee Shops

- o Senior Centers
- o Supermarkets
- o Laundromats
- o Assisted Living Centers
- o Other Dance Classes
- ✓ Be creative. Is there a dance supply store, shoe store, or weight loss meeting room where you can put up a poster? Keep your eyes open for interesting, inventive places.
- ✓ Check back after a week or two. If the tags are all gone, print out another poster and put it up.
- ✓ Print out more posters! You can download this poster at www.folkdance.com.

What NOT to do

- Public property Don't put the poster on telephone poles, fences, street sign poles, benches, or other public property.
- Car windshields We don't want to generate trash and most people just toss flyers slipped under their windshield.
- Don't take down someone else's poster to put this one up.

Questions

Email <u>loui@louitucker.com</u> or <u>beni@pacbell.net</u> with any questions.

Post any interesting ideas or experiences you have at the Yahoo! group at http://groups.yahoo.com/group/InternationalFolkDance/.

© Folk Dance Federation of California, Inc. August 2009 Dance Research Committee: Bill and Carol Wenzel

Kiladiotiko

(Greece, Peloponnese)

Kiladiotiko (KILL-ah-dee-AW-tee-koh) is from the town of Kilada in the NE Peleponnese, about 40 miles SE of Nafplion, where it was learned from the local folk dance group by Lee Otterholt, who taught it at Stockton Folk Dance Camp 2009, at University of the Pacific. Oddly enough, it is often danced to Island-style syrto music, often from Naxos.

Music:

CD: Balkan and Beyond - Stockton 2009, Band 4.

4/4 meter

Video: Stockton Folk Dance Camp 2009*.

Formation:

Mixed line of dancers, leader on R, hands joined up in high W-pos.

Steps & Styling: Energetic.

Measure	4/4	meter	PATTERN
	IN	RODUCTION	No action. Leader begins dance with any musical phrase.
1	Fac	ing ctr, step R	e: Knees bend and straighten on each ct. diag R fwd (ct 1); touch L heel in front of R (ct 2); step L behind R (ct 3); eap on L across and slightly in front of R. (ct &).
1		— ing ctr, stamp l	R diag R of ctr, taking wt with sound (ct 1); touch L heel in front of R (ct 2); t 3); hop twice on L, raising R ft fwd (cts 4,&).
1	Fac	•	VE IN LOD diag fwd with wt and sound (ct 1); turning to face LOD, touch L heel fwd ont of R shin (ct &); moving in LOD stamp L with wt and sound (ct 3); step

R, L in LOD (cts 4,&). III STAMP IN PLACE WITH KICKS

Facing ctr stamp R with wt and sound (ct 1); hop on R, kicking straight L across in front of R (ct 2); leap L onto L, kicking straight R in front of L (ct 3); step R in place, raising L ft behind body, knee bent (ct 4); repeat ct 4 with opp ftwk (ct &).

IV TRANSITION STEP

Facing ctr, step R in LOD (ct 1); raise L ft fwd to brush it back in front of R shin (ct 2); step L, R in CCW turn (cts 3, 4); leap onto L to complete full turn (ct &).

Sequence: Leader calls figure-changes, including each TRANSITION to return to BASIC. Suggested order: 4xBASIC, 3xFig I, Fig IV; 4xBASIC, 3xFig II, Fig IV; 4xBASIC, 3xFig III, Fig IV.

Repeat to end of music.

^{*} Stockton Folk Dance Camp video's can be viewed in the library at U of P, or by contacting a camp participant who purchased it.

IT DOESN'T TAKE MUCH

By Laila Messer

All Federation boards and clubs in the past have explored ideas to attract people to folk dancing. President Loui Tucker and the Board of the Folk Dance Federation continue to explore ideas to entice people to this activity we folk dancers so enjoy. One of their new ideas is the poster page in this November issue of *Let's Dance!*

It doesn't take much to take the poster page out of this magazine and post it where you think it would best attract someone to come to dance at your club. When that person does come to check things out, it doesn't take much to say "Welcome". You can do that all by yourself. Words are often the very first way we connect with others.

It can be an unpleasant experience for the guest if no one comes to say "Hello. That person is very likely not to make a return visit. I speak from experience. Years ago my husband and I went to a club where the only words said to us during the entire evening were "thank you" when we paid at the door. Except for those two words, nothing was said to us by any of the members that evening.

After seeing we knew something about folk dancing, no one was curious as to where we folk danced or anything else. They did give us fleeting smiles however. That night the members of that club were enjoying their dancing and each other. They imagined themselves to be a friendly club. They were, but only to each other. You can imagine how we felt during our time there. You can also imagine whether we ever wanted to dance there again.

It doesn't take much to be welcoming. Nor does it take much to show an interest in your guests. It doesn't take much to ask "How did you hear about our club?" It doesn't even take much to introduce the newcomer to the group. "Hey, everyone. This is John Doe. He found out about us on the poster/flyer from *Let's Dance!* that was posted at his gym. Let's all welcome him to our club."

It certainly doesn't take much to connect by our hands when we dance. Nor does it take much to connect by words, our eyes or our smiles. It doesn't take much to make sure your visitors go home with these kinds of connections. It is we folk dancers who are the most important persons in welcoming visitors, in generating interest in folk dance and membership in our clubs.

It doesn't take much to be nice. We can even get used to it.



The official magazine of the Folk Dance Federation, South, Inc.

This (almost) monthly publication has folk dance events in California and elsewhere, folklore articles, recipes and lots of good reading.

To get a copy, just write to:

Gerda L. Ben-Zeev 19 Village Park Way Santa Monica, CA 90405

Returning to Camp Hess Kramer

By Suzanne Rocca-Butler

It has been almost one year since I taught at Camp Hess Kramer, my first time attending that wonderful camp. I was very pleased when Beverly Barr asked me to return to teach this year for the celebration of the Camp's 25th anniversary.

Recently she called and asked me to write about how I felt to be returning. In a word, <u>delighted</u>. I had had such fun there last year - pure and simple pleasure - that I was really happy to receive the invitation to return.

I know everyone has their own unique experience at any dance event. People go for different reasons. People go in different roles - that of a teacher, of a long time dancer or of a new dancer. I really feel that whatever dance stage or role a person is in, Camp Hess Kramer offers a memorable experience for everyone. I know it was for me.

I had heard of Camp Hess Kramer before, but really knew nothing about it until last year. This small camp, located about a quarter mile from the Pacific Ocean, north of Malibu, is a gem and is sponsored by the Folk Dance Federation of California, South. The warmth and graciousness spread by Beverly is contagious and the Camp and campers are welcoming, relaxed and fun-loving.

Last year the teachers were Beverly with her husband Irwin, Anthony Ivancich and I. This year all the teachers will have taught there before and are returning in honor of the 25th Anniversary of the Camp. Music and DVDs of the material will again be available for purchase, so one can not only enjoy the pleasure of the weekend, but can take the material home for use there.

Fond memories recall the endless platters of guacamole and other healthy and tantalizing appetizers that introduced the delicious meals that were served. Still hungry? Or tired? Snacks and fruit were always available and most importantly, for the sleep-deprived, good strong coffee as well.

The whole weekend was festive with one highlight being the Saturday night theme party, beginning with happy hour (wine included in the fees), lots of dancing and delicious food.

Another highlight was the silent auction. Campers brought treasures to donate and the money raised is used to help keep costs down, so the camp is affordable for everyone. As Beverly explained, everyone gets a "scholarship" that way. There were some lovely pieces donated and I came home grateful for a few prized items, as did most everyone else.

Camp will occur again in about six weeks from my writing this article. I look forward to returning to see both the new friends I met last year and my many long-time friends in the dance world. Last year dancers came from as far away as New Mexico, Utah and Washington, Arizona, Nevada and Northern California. I am hopeful that they return again!

When I think about returning I look forward to experiencing the pleasure I felt while I was there last year. I look forward to hearing the ocean at night and seeing the occasional deer grazing near a path. I look forward to learning new dances and re-learning old ones. Mostly I look forward to reconnecting with old and new friends and the feeling of welcoming and friendliness that was the most memorable part of the weekend for me.

© Folk Dance Federation of California, Inc. August 2009 Dance Research Committee: Bill and Carol Wenzel

Zensko za raka

(Western Macedonia)

Zensko za raka (ZHEHN-skoh zah RAH-kah), a 'women's dance with hands,' was learned from Sashko Anastasov by Yves Moreau, who taught it at Mendocino Folklore Camp 2007 and 2009 Stockton Folk Dance Camp held at the University of the Pacific. The music, by the famous accordionist and singer, Zoran Marsovski, used also by Ljupco Manevski for the similar dance, Navestinsko Za Raka, is accessible also in several performances via Google and YouTube.

Music: CDs: Yves and France Moreau, MFL'07, Band 11;

2/4 meter

Yves Moreau, Stockton Folk Dance Camp 2009, Band 5.

Video: 2009 Stockton Folk Dance Camp, DVD*

Formation: Open circle of W and suitably courteous M facing LOD (R), wt on L ft, with hands joined

up in W-pos.

Steps & Styling: Slight knee bend with soft down-up (cts 1-2) movement of body.

Measure	2/4 meter PATTERN	
	<u>INTRODUCTION</u> (No action for 8 meas, o	er as determined by leader, on the R)
	DANCE PATTERN	
1	Facing and traveling LOD, step on R (ct 1);	; slight lift on R, raising L leg (ct 2).
2	Repeat meas 1 with opp ftwk.	
3	Walk R, L in LOD (cts 1, 2).	
4	Step on R, turning to face ctr (ct 1); raise L	ft, knee slightly bent (ct 2).
5	Step fwd on L (ct 1); raise R ft behind L cal	If (ct 2).
6	Still facing ctr, step on R to R (ct 1); step or	L across R (ct 2).
7	Step back on R (ct 1); raise L fwd (ct 2).	
8	Step fwd on L (ct 1); raise R ft behind L cal	lf (ct 2).
9	Step back on R (ct 1); raise L fwd (ct 2).	
10	Still facing ctr and moving RLOD, step on	L to L (ct 1); step on R across L (ct 2).
11	Step on L to L (ct 1); step on R behind L (ct	t 2).
12	Facing ctr, step on L to L (ct 1); raise R ft, b	pending knee (ct 2).
	Sequence: Repeat DANCE PATTERN as v	written to end of music.
	Note: The music, which is in 8-measure pl	hrases, speeds up near the end.

^{*} Stockton Folk Dance Camp video's can be viewed in the library at U of P, or by contacting a camp participant who purchased it.

Eye on Dance by Eileen

LIVE-n Up Our Festivals

This is a re-run of an article Eileen wrote last year. Eileen will be back with an interesting article next month.

One of the international folk dance community's concerns is how to attract young people or new people of any age. We want them to love folk dancing as much as we do, and to carry on the dances to future generations. We'd like to get them off the couch and away from video games, cell phones, Netflix and all the other new modern attractions and distractions out there. I have attended a few events recently that made me aware of some of the problems we face in trying to attract people to folk dancing.

Most of our dances are very intricate and take a high degree of skill to master. Each dance is done for the three or four minutes the recorded music lasts. Should a person learn one of them, there are perhaps thirty or forty or more they might have to learn in order to know enough of them to have fun dancing at a folk dance event. The mind reels with the mine field of ethnicities, styling, hand holds and rules one has to step through. A dance leads to the left. Huh? Sprcad your hands out for a basket hold. What? The dance protocols we take for granted are often subtle and confusing, but definite. And our events often have teaching sessions, which make them seem more like work than fun.

How can a newcomer negotiate this complicated maze of rules, styles, steps and rhythms – only to repeat a different complex combination every four minutes? How the heck do we do it? Well, we love the challenges, complexities and variety. We love the music and camaraderie. We want everyone to love it. And since the skills needed come more easily now to many of us, we tend to forget what it was like when we first started out. Contemplate the obstacles.

At a sparsely attended Ashkenaz event and at a recent Federation event I watched a few young people valiantly try to dance with us. After several attempts they mostly gave up, even when well meaning dancers tried to take them under their wing. Sometimes that only makes them more uncomfortable. Or usually it doesn't help much. Even if they start to "get it", the dance is just about over. Then they might never see that dance again, or not for many weeks or months. During which time they will have forgotten it.

As a contrast, a few weeks ago I was at the Belmont Greek Festival. Huge crowds. Tons of people of all ages dancing. What was the difference?

- 1. Live music. Young people like loud live music and the energy that generates. Dances can last ten, fifteen minutes. Or more. So you can eventually learn by doing or at least have fun while being schlepped around the floor. The luxury of only needing to learn four or five different dances to join in. No partner needed. The dancing is inclusive rather than exclusive.
- 2. Food. People love to eat. At folk dance events you might get a few cookies or healthy cut up fruit slices if lucky. At the Greek festivals you have your choice of every Greek dish imaginable from fried calamari, to roast lamb, to gyros, to loukoumades and baklava. I'm drooling just thinking about them
 - 3. Liquor. People like to drink. A glass of retsina can



Eileen dancing with friends, from left: Kay James, Marion Earl, Eileen Kopec, Susan Gregory and behind Susan, Gerda Ben-Zeev

— Photo by Gary Anderson

loosen them up to where they can be less self-conscious on the dance floor. It is as ethnic as the dances. It goes with the food.

4. Community. Everyone is involved, lots of volunteers, etc.

Don't yell -- I realize it is very hard for international folk dancing to compete with the Greek model. First of all, only one style of dance is done at the Greek festivals. The children grow up in a community/church that provides opportunities to learn those dances at an early age. The whole community pitches in and does the cooking. They have the church grounds as a venue and can sell liquor. But maybe we can get some ideas from them!

The folk dances we have learned and love were mostly done at parties, weddings, festivals etc. where the whole village got together in a happy, joyous atmosphere with food and wine and live music. I sometimes feel that we have overanalyzed, sterilized and compartmentalized the dances and in so doing have lost some of the raw spirit and exuberance of the experience. Venues like Max and June Horn's Farm captured some of the village atmosphere, especially on Friday nights when families came to barbeeue, watch the dancing and jump in to the easier dances at the gentle urging of Walt and Chris Lang. It would be great to have more venues like that. Know of anyplace?

Maybe at times we can try to be a little like the Greek festivals and villages. Maybe try "beginner" festivals, with live music, great food, a little vino and easy dances. Grab some of our children and grandchildren and get them involved in the planning.

What do you think?

—By Eileen Kopec, Publicity Chairperson (If you have an idea about publicity, contact Eileen at: eisiek@sbcglobal.net

Alunelu from Varv

(Varv, Bulgaria)

Alunelu (ah-loo-NEH-loo). "Alunelu" either means "hazelnut," or "Nelu," the man who loves to dance this dance. It is a dance for both men and women, and comes from the village of Varv in Northwest Bulgaria, the Vidin-Danube river area. It is usually performed with instrumental accompaniment. Daniela Ivanova learned it in 2006 while documenting the folklore festival in Vidin and presented it at the 2008 Stockton Folk Dance Camp held at the University of the Pacific.

Music: 2/4 meter
CDs: Ya si te daruvam surtseto, dushata CD (I Give You My Heart, My Soul)
Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 5.

Dances from Serbia & Northwest Bulgaria. Band 1.

Video: 2009 Stockton Folk Dance Camp, DVD*

Formation: Open circle; belt hold, facing ctr.

Steps & Styling: Feet parallel.

Meas		2/4 meter	Pattern
1-4		INTRODUCTION No action.	
	I.	IN AND OUT	
1			e R (ct &); step fwd on R (ct 2); hop on R with L slightly
2		Step on L fwd (ct 1); step on R besid lifted (ct &).	e L (ct &); step fwd on L (ct 2); hop on L with R slightly
3-4		Repeat meas 1-2.	
5-6		Step on R, L bkwd (cts 1,&); step on on R and stamp L in place, no wt (ct	R, L, bkwd (cts 2,&). Step on R, L bkwd, (cts 1,&); step s 2,&).
7		Step on L in place (ct 1); stamp R, no	wt (ct &); step R in place, (ct 2); stamp L, no wt (ct &).
8		Step on L in place (ct 1); stamp R, no	wt (ct &); stamp R, no wt (ct 2).
9-16		Repeat meas 1-8.	
	II.	PAS DE BAS	
1	11.		front of R (ct &); step on R in place (ct 2); small L kick
•		fwd (ct &).	
2		Repeat meas with opp ftwk.	
3-5		1	n front of R, step on R in place (step-cross-step)
		(cts 1,&,2); repeat step-cross-step 3 t	imes alternating ftwk (4 total) (cts &,1,&, 2,&,1, &,2,&).
6		Step on R in place (ct 1); step on L ir	front of R (ct &); step on R in place (ct 2); small L kick
		fwd (ct &).	
7-12		Repeat meas 1-6.	

Alunelu from Vary - page 2

III. HEEL STEPS

- 1-2 Step on R heel to R (ct 1); step on L behind R (ct&); step on R heel to R (ct 2); step on L behind R (ct &). Step on R heel to R (ct 1); step on L behind R (ct &); step on R to R (ct 2); lift L (ct &).
- 3-4 Repeat meas. 1-2 with opp ftwk and direction.
- 5-8 Repeat meas. 1-4.

IV. STEP STAMPS

- Leap onto R (ct 1); stamp L in place, no wt (ct &); leap onto L (ct 2); stamp R in place, no wt (ct &). Leap onto R (ct 1); stamp L in place twice, no wt (cts &,2).
- 3-4 Repeat meas. 1-2 with opp ftwk and direction.
- 5-8 Repeat meas. 1-4.

SEQUENCE: Fig I, Fig II, Fig III, Fig IV, then Fig II, Fig III, Fig IV, then repeat from the beginning.

* Stockton Folk Dance Camp video's can be viewed in the library at U of P, or by contacting a camp participant who purchased it.

Errata:

In Last month's issue, the dance description for "Mori Shej" was titled "Mori Shej Hungary (Rom)". The "Hungary (Rom)" should have been on another line. It is not part of the title of the dance.

Dance descriptions note:

PDF files of dance descriptions can be found on the Federation website:

Www.folkdance.com



How about a membership in the Folk Dance Federation which includes a subscription to Let's Dance!

You read it - you enjoy it - why not share it with others?

Contact Membership Chair Marion Rose at marion-rose@att.net for more information

Where to dance

Federation clubs

CENTRAL STATE

Bay Osos International Folk Dancers. Tuesday afternoons, 1-3 pm. South Bay Community Center, 2180 Palisades Avenue, Los Osos. First hour is beginner-intermediate instruction, 2nd hour is all request. For Information call Anne Tiber, 805-534-1501 or email: annetiber@charter.net

NORTH STATE

Humboldt Folk Dancers meet Fridays from 8:00 p.m. to 11 p.m. at the First Presbyterian Church, 11th and G Streets in Arcata. All level of dancers are welcome and you don't need a partner. Instruction from 8 - 9:30 followed by request dancing. Every First Friday of the month (except January and July) live music with 2-3 bands. For more information, go to www.humboldtfolkdancers.org.

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 p.m. at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm -up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

SOUTH STATE

West L.A. Folk Dancers meet Mondays and Fridays, 7:45-10:30 pm. Brockton School, 1309 Armacost Ave. in West Los Angeles. Info: Beverly Barr 310-202-6166, email: dancingbarrs@yahoo.com

SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is Family Folk Dance Night at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

Greek Folk Dancing. Meets every Monday at the Presidio Dance Academy, 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour is practice. Contact Mary Ann Karonis, 510-530-5140 makaronis@earthlink.net or www.greekfeet.com

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. New Location! San Francisco Dance Circle meets every Wednesday 10-11:30 at the newly renovated Harvey Milk Recreation Center, 50 Scott Street @ Duboce. Lines, sets, partners, trios-we do it all! Beginners welcome to start anytime. Gorgeous dance studio. Good public transportation. Free! Contact: Ann Colichidas at 415-902-7690.

SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

MODESTO

Every Wed. night—Modesto Folk Dancers meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

Every Friday night—Village Dancers of Modesto meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to 9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

Every Saturday—Modesto Tango (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

ALBANY

Albany Y Balkan Dancers. Every Friday, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Ave., Albany. Contact Kay James, 925-376-0727.

BERKELEY

Advanced Balkan Dance class. Every third Sunday, 2-4:00 pm in the Rear Dance Studio at Ashkenaz. A few year's dancing experience is needed. Experienced instructors, friendly people. Entry via the left hand door at Ashkenaz, 1317 San Pablo Avenue, Berkeley. Information: Gary Anderson, 415-488-9197 days or email: editor@lets-dancemag.net

Cape Breton Step Dance at Ashkenaz—2nd Sundays, beginners, 1:00 pm, experienced dancers, 2-4 pm. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. For info call Bob Schuldheisz 209-745-9063, bobschul@softcom.net

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Ave., Berkeley, 7:45-9:35 pm Contact: Naomi Lidicker at 510-524-2871 or http://berkeleyfolkdancers.org.

November 20. Fun Night "Anything Goes." Hosted by the Al class from 7:45 – 10:30 PM at the above address. Donation \$5 for members and \$7 for others. Contact Lone 510-526-5886 or Tom 510-614-5522.

No dancing on November 26 and 27 at BFD. See you at the Kolo Festival!

Weekly class schedules:

Mondays—Advance Intermediate, Lone Coleman 510-526-5886 and Tom Sha 510-614-5522

Tuesdays— Intermediate, Bill Lidicker 510-528-9168 and Marija Hillis 510-549-0337

Wednesdays—Advanced, Judy Stonefield 510-655-3074 and Yaqi Zhang 510-525-1865

Thursday—Beginners, Claire and Al George 510-841-1205 Fridays—Requests. Contact Peter and Lynne D'Angelo 510-654-3136

OAKLAND

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or fjtripi@juno.com

Scandia Saturday. Four times a year. March and May 2009. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or fittipi@juno.com.

PENINSULA COUNCIL

Dec. 25 Peninsula FD Council Party. 7:30 pm. \$7.00, free refreshments. Bring a little finger food to share. St. Bede's Church, Sand Hill Rd. at Monte Rosa, enter from Monte Rosa. Menlo Park. Info: 408-252-8106...

Mostly Balkan. Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

Menlo Park Folk Dancers Parties—Nov. 21, Dec. 12, Dec. 31. Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. \$7.00. 700 Alta St. near Ravenswood Ave, Menlo Park. Call Marcel Vinokur at 650-327-0759 for details.

Tuesdays—Menlo Park Folk Dancers. Classes, International, Beg., 7:00, Inter. 7:30, requests 8:30 pm. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759

Palomanians IFD party—Dec. 5. First Methodist Church, Broadway at Brewster, Redwood City. Starts at 8:00 pm. Free refreshments and only \$7.00. Info at 408-252-8106 or 650-592-3673.

Palomanians IFD—Class on Tuesdays at Menlo Park Rec. Center, 700 Alma St near Ravenswood, Menlo Park. Intermediate and advanced partner and non-partner dances. Denise Heenan, instructor. Info 408 252-8106.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Docey Doe FD Potluck and dance—8:00 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Call 650-368-7834 for info.

Docey Doe FD—Note new location—class on Wednesdays, 8:00 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Bruce Wyckoff, instructor 650-368-7834.

Santa Clara Valley Folk Dancers Parties—Nov. 14. St Bede's Episcopal Church, 2650 Sand Hill Rd. at Monte Rosa, Menlo Park. Parking entrance from Monte Rosa. Starts at 7:30 pm. Free refreshments, only \$7.00. Info at 408.739-0500.

Saratoga International Folklore Family. Thursdays 7:00-8:00 beginners lesson; 8:00-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, email: loui@louitucker.com

FRESNO FOLK DANCES

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

First, Third & Fifth Saturdays—International Dancers. 8:00 to 10:00 pm at California Arts Academy, 4750 N. Blackstone near Gettysburg Street, Fresno. Info: Marty 559-227-7051, Gary 559-439-1416

REDWOOD COUNCIL

Sonoma County Scandia Dancers—Scandinavian dance class in Petaluma. Beginners welcome. Come learn the dances of Norway and Sweden on Tuesdays from 7:15 to 9:15 pm. at Hermann Sons Hall, 860 Western Ave. Petaluma. No partner needed. Bring leather or smooth soled shoes. The first night is free, thereafter \$4 per class. For questions call Vince at 996-8300 or Emma at 823-4145.

Napa Valley Folk Dancers. Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. Party Every 4th Saturday, 1:00 - 4:00 p.m.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

Petaluma Snap-Y Dancers Folk Dance Class, Mondays 7-9:15 p.m., at Herman Sons Hall, 860 Western Ave, Petaluma. Telephone contact: Carol Friedman 415-663-9512, cjay@horizoncable.com http://carolfriedmanfolkdance.blogspot.com/

Note day change: Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Thursday 1:15-3:15 p.m. except June - Aug.

Snap-Y Dancers (Sonoma). Beginners welcome! Seven Flags Clubhouse, 1400 W. Watmaugh Rd., Sonoma, 95476. Thursdays 7:00–9:00 pm. through April. Contact Paul Smith 707-996-1467 for summer schedule.

Petaluma International Folk Dancers party dates: Sept. 5, Oct. 3, Nov. 14 and Sunday-Dec. 13. 2:00 to 6:00 pm at Herman Sons Hall, Petaluma. For more info: 707-546-8877.

Balkan Dancers of Marin—Every Thursday. 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday with reviews following weeks. 4140 Redwood Highway, San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Kopachka International Folkdancers will resume their regular Friday dancing on Friday, September 11. There will be a special beginners class (drop-in) from 7:30 to 8:00 pm, followed by programmed dancing and some teaching, until 10:30. They meet at Scout Hall, 177 E. Blithedale, Mill Valley. Cost \$5 (\$4 for members), first time is free. For more information, contact Nadav Nur (415)497-4890 or Susie Shoaf, susieshoaf@aol.com.

RENO

RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International. 7:15-8:30 pm. 1st Congregational Church, 627 Sunnyside Dr., Reno. Party First Saturday, 7-9:30 pm, at the Nevada Dance Academy, 1790 4th St., off Keystone, Reno. Contact: 775-677-2306 or wigand@gbis.com

SACRAMENTO

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyepress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181 Where to dance in the Greater Sacramento Area

SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL

Website: www.folkdance.com/sacramentocouncil/ *indicates "Beginner-friendly class"

(Note: Federation members are in bold type, others do not belong to the Federation.)

*CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at http://www.scds.ca or call 916-739-6014 or 916-371-0739.

MONDAY

*El Dorado International Dance. Scandinavian class. All levels, couple. Beginners 7-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-672-2926. website: www.folkdance.com/

scandi

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30 -9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

TUESDAY

- *EL DORADO INTERNATIONAL DANCE. Beg. & Int. International, line & couple. 7:00-10:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198.
- *TUESDAY DANCERS. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St. Sacramento. Contact 530-888-6586 or 916-923-1555.

WEDNESDAY

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael. Contact: 916-487-0413 or 916-923-1555

KOLO KOALITION. Mostly Balkan, Intermediate, non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014.

SACRAMENTO VALLEY CAPE BRETON STEP DANCERS.

All levels. 5:30-7:00 pm. Sierra 2 Community Center, Studio 1, 2791 24th St., Sac. Contact: 209-745-9063, website: www.softcom.net/users/bobschul/index.html

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 530-888-6586

THURSDAY

- *EL DORADO INTERNATIONAL DANCE. Teens Plus class. All levels Couple and line. 7-8:30 pm. 3100 Ponderosa Road, Shingle Springs. Contact 530-677-1134.
- *PAIRS & SPARES. Beg. & Int. International, Rounds, Squares, & Contras. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

FRIDAY

- *EL DORADO INTERNATIONAL DANCE. Beg. & Int. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grade, Garden Valley. Contact: 530-622-6470.
- *EL DORADO INTERNATIONAL DANCE. All levels, Couple & Line. 8:00-10:30 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-677-1134
- *EL DORADO INTENATIONAL DANCE. Parent's class. Beg. Couple and line, International. 7:30-8:30 pm. 3100 Ponderosa Road, Shingle springs. Contact 530-677-1134.
- *NEVADA COUNTY FOLK DANCERS. Beg. & Int. International & Balkan. Selected Fridays. 8-? pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

ROYAL SCOTTISH COUNTRY DANCE SOCIETY. 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.

*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. 1st Fridays. 7:30-11:00 pm. Clunie Clubhouse, 601 Alhambra Bl., Sacramento. Contact 916-739-6014. Website: www.scds.ca

SATURDAY

BBKM. Party, All Levels, Mostly-Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-923-1555

FIRST & LAST DANCERS. Country-Western, Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pm-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug. & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party, All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly except June, July & Aug. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folsom Bl., Sacramento. This is a gated community. Planned late arrivals should contact for the gate code number to open the gate which is closed at 7:00 pm. Contact: 916-428-6992 or 916-682-2638.

- *ROYAL SCOTTISH COUNTRY DANCE SOCIETY. 7:30 pm. YLI Hall, 1400 27th St. at N, Sacramento. Contact 916-716-3696.
- *SACRAMENTO COUNTRY DANCE SOCIETY. All levels. 2nd & 4th Sat. 7:30-11:00 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact 916-739-6014. Website: www.scds.ca
- *SACRAMENTO VALLEY CAPE BRETON STEP DANCERS. 3rd Sat. monthly. All levels. 1-5 pm Galt. Call for location. Contact 209-745-9063. Website: www.softcom.net/users/bobschul/index.html

SUNDAY

- *DAVIS INTERNATIONAL FOLKDANCERS. All levels. Mostly non-partner Balkan & International. 7:00-10:00 pm, Davis Art Center, 1919 F st., Davis. Contact: 530-756-4100 or 530-758-0863. Website: www.davisfolkdance.org
- *ENGLISH COUNTRY DANCE. All levels. 1st Sun. monthly. 2-5 pm. Masonic Temple, 235 Vernon St., Roseville. Contact: 916-739-6014. Website: www.scds.ca
- *ISRAELI plus SOCIAL DANCES OF THE WORLD. Beg. & Int. International line & couple. 3rd & 4th Sun. monthly except July & Aug. 4-6 Israeli 2:00-3:30 pm. International 3:30-5:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-371-4441 or 916-632-8807.

EXHIBITION GROUPS. Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTLER, Austrian exhibition group. Contact 916-988-6266 Website: www.alpentanzer.org

BALLIAMO. Italian performing group. Contact: 916-482-8674

CAMTIA. German/Bavarian exhibition group. Contact: 916-933-4619 or 530-888-6586. Website: www.geocities.com/camtiafest/

CAPER DUCK. Cape Breton Step Dance (Scottish Hard Shoe). Contact: 209-745-9063. Website www.softcom.net/users/bobschul/index.html

EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-2926.

STEPPI9NG OUT WITH THE CAPER KIDS. Scottish. Contact 916-786-8448. Website: www.steppingout.org

TANCE EL DORADO. International. Teens plus. Contact 530-677-1134.

VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 Website: www.waltz@strauss.net

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s. Couple. Contact 530-888-6586.

ZADO SINGERS. Performing group singing songs of Eastern Europe & beyond. Contact: 916-923-1555 Website: www.ercregistry.com/zadosingers

Note: Information is subject to change. Telephone contact numbers for current information.

For information on other Federation activities Check website: Folkdance.com FOLK DANCE FEDERATION OF CALIFORNIA, INC. PO BOX 561 SAUSALITO, CA 94966

ADDRESS SEVRICE REQUESTED

PRST STD U.S. Postage Paid Sacramento, CA Permit #2352



SHANGHAI*NANJING*THREE GORGES DAM*LESSER GORGES*XIAN*BEIJING*HUANGSHAN*YICHANG

DANCE ON THE WAT *LESSER GORGES*XIAN*BEIJING*HUANGSHAN*YICHANG*SHANGHAI* 26th ANNUAL FOLK DANCE CRUISE \$

Yangtze River Cruise & Classic China tour S2779 June 10 (or13) -29, 2010

8 day, 3 city guided tours 5* hotels 8 day 5* luxury cruise

2 domestic China flights,

all excursion included most meals included

DANCING LED BY SANDY STARKMAN

YOUR CRUISE/TOUR INCLUDES

Eight night cruise from Shanghai to Chongqing, seven nights in five star hotels, fly from Chongging to Xian & Xian to Beijing, shore excursions, tours and entrance fees, insightful lectures, English speaking guides, dance lessons and all request sessions.

NOTE: . There are almost daily excellent excursions included (no other excursions offered). All cabins have air conditioning, an satelite TV, telephone and all have bath tub/shower plus a large sliding glass door to a small outside patio. Cabins in China are larger then most river boats. This trip has excellent food, a very accomodating staff, lovely entertainment, large areas for dancing.

Mel Mann, folk dancer & organizer c/o BERKELEY TRAVEL 1301 California St Berkeley, CA 94703 (510) 526-4033 meldancing@aol.com www.folkdanceonthewater.org

*LESSER GORGES*XIAN*BELJING*HUANGSHAN*YICHANG*SHANGHAI*