

THE MAGAZINE OF INTERNATIONAL FOLK DANCING & October, 2008

The Kolo Festival 2008 article is on page 10



Having a ball at last year's Kolo Festival!



John Filcich teaching Kolos at Kolo 2007—Photos by Gary Anderson

Let's Dance!

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Editor: Gary Anderson

Email: wildwood_press@comcast.net PO Box 548, Woodacre, CA, 94973

415-488-9197

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Council Clips: Contributions from clubs Address change and membership: Sidney Messer, tspolaris l@aol.com Calendar: Gary Anderson, editor Proofreaders: Irene Croft, Denis and

Rosa Savage

Visit our website: letsdancemag.net
Site designer: Mindy Pines,
mindy@messageframer.com

Federation Officers, North

President: Bill Lidicker, dancefdf@aol.com

Vice President: Loui Tucker, loui@louitucker.com Treasurer: Sabine Zappe

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Website:

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The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor Box 548, Woodacre, CA 94973 email: wildwood press@comcast.net

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Join the fun!

The annual Autumn Harvest Festival is on!

Thanks to the efforts of Fran Ajoian, the Autumn Harvest Festival is on again. It will be held at the California Arts Academy Saturday, October 18. The institute will start with registration at 1:00 pm followed by teaching from 1:30 to 4:30 pm or until finished. Judy Yamahiro will be the featured teacher leading us through four Stockton dances (Tamzara, Armenia; Opincuţa, Moldavia; and two other dances probably one Russian and one other Armenian). Louise and Bill Lidicker will also teach two couple dances: Sor Cesare (Italy) and Danţ din Grosį (Romania). The evening dancing will begin at 7:30 pm with kolos to be followed by an all-request dance program from 8:00 to 10:00 pm.

There will be a \$5.00 charge for the evening program and a minimum charge for the institute. The address is 4750 N. Blackstone Ave., near Gettysburg Street, Fresno. For more information, call Fran Ajoian, chairlady, at 559-255-4508.

Elderhostel promoting folk dance

By Mel Mann

For five days beginning with February 24th 2008 Mel and Esther Mann, members of the Berkeley Folk Dancers, organized and led a 27 person folk dance Elderhostel entitled "Dancing in San Francisco: For Mind, Body and Spirit." Both Loui Tucker and the Manns taught dance sessions. San Francisco State college dance professor Jerry Duke gave lectures on the variety and history of international dance. Evening programs included a private show by the wonderful performing group Jubilee Dancers. After their show the Jubilee Dancers invited the class to join in to the delight of the participants. There was a joyous evening of Klezmer music and dance and one evening there was a delightful visit to the Beginner Class at the Berkeley Folk Dance club. Also included each day were sight seeing of the San Francisco area.

The participants came from Texas, Washington, Ohio, New Jersey, Minnesota, Oregon, New Hampshire and of course California. By the end of the program Mel was leaving them with information on where they could find dance groups in their areas.

The Boston headquarters of Elderhostel were so impressed with the program that they have asked Mel and Esther to repeat that program. The 2009 program, March 22-29, will once again be held in the San Francisco Whitcomb Hotel. One can see more details by going to the www.elderhostel.com and typing in program 15597. New this year, Mel arranged that locals can attend as "commuters" at a lower rate.

If you too want to promote membership in the folk dance groups, please spread the word about this program among your colleagues, friends and family that are over fifty-five years of age. This is a good way for people to learn about folk dance, explore the beauty of San Francisco and if they are back East enjoy the lovely sunshine (hopefully) in SF. It is a good way to entertain out of town relatives and friends.

PRESIDENT'S MESSAGE

It is all good news this time, folks!

- 1. In my last message I mentioned that it was unclear whether or not there would be a Fresno Harvest Festival this year. Well, stalwart organizer Fran Ajoian has once again stepped up to the plate. Yes, indeed there will be a festival on October 18 (Saturday); see details elsewhere in this issue. In addition to a Saturday evening party, the Institute Committee under the leadership of Denise Heenan is putting together a not-to-be-missed institute in the afternoon, starting at 1:30 pm (registration beginning at 1:00). Teaching arrangements are still not finalized, but I can say that Judy Yamahiro will be the featured teacher leading us through four Stockton dances (Tamzara, Armenia; Opincuta, Moldavia; and two other dances probably one Russian and one other Armenian). Louise and Bill Lidicker will also teach two couple dances: Sor Cesare (Italy) and Dant din Grosi (Romania). Please plan to join us for what promises to be a fun festival. The Board of Directors has not yet decided if we will have a meeting at this festi-
- 2. Also since last month there have been a few additions to our Federation committee memberships: a) Research Toba Goddard has been added; b) Scholarship Gary Anderson and Mel Mann have joined.
- 3. A glimmer of optimism regarding international folk dance can be gleaned from the latest edition of Ron Houston's Folk Dance Phone Book and Directory (2008). After years of small but steady declines in various indices of folk dance health in North America, this year there is evidence of a leveling off of this decline or even a little improvement. Both the numbers of individuals and dance groups in the directory's data base have increased from previous years. Moreover, the mean number of years of folk dance experience has dropped from 40.1 to 39.1 suggesting that more younger dancers are joining the movement. The estimated average attendance per class for the international dance groups in the directory has also increased to 23.3 from 22.3 (in '06). This is not much, but at least it is not a decline. At the same time contra groups have increased greatly in attendance. Finally, the number of teachers per group also did not decline as it has been doing, but remained steady at 0.57. This last number doesn't mean that groups are taught by half a teacher, but that many teachers teach more than one group. These numbers do not yet add up to a time for celebration, but then any good news these days is always welcome.

Happy dancing!

—Bill Lidicker



October, 2008 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy Send future events information to Gary Anderson, Editor, Let's Dance!, Box 548, Woodacre, CA 94973, e-mail: wildwood_press@comcast.net

The deadline for listings is one month prior to the magazine date.

Upcoming Events—

- September 26-28 Gypsy Camp North at Camp Sacramento. Friday evening dance party, Saturday dance workshops and evening party, Sunday dance reviews plus many extras all in a beautiful alpine setting off Hwy 50, 1 mile east of Twin Bridges, 85 miles from Sacramento, 17 miles from Lake Tahoe. \$110. Registration & information: patroy@ssctv.net or phone (916) 652-6315 or www.folkdance.com, click on Gypsy Camp North.
- October 3-4 Oktoberfests are happening around town. The granddaddy of them all is the one at the Turn Verein, 3349 J St., Sacramento. http://www.sacramentoturnverein.com/It will feature a great dance floor, delicious German food, Sacramento's own Camtia Dancers, and the very popular Al Gruber Band. It doesn't get any better than that! Doors open on Friday at 6 pm and Saturday at 5 pm.
- October 11 Strauss Octoberfest—Join us for our fall fundraising event at Laguna Town Hall, 3020 Renick Ave., Elk Grove. 6:30 to 10 pm. Info (916) 714-2527, email www.straussfestival.com
- October 15 Kabile, a traditional Bulgarian Wedding Band will present a Concert which will recreate a Thracian Wedding, followed by general dancing to their authentic music. The Wedding starts at 7:30 pm, at YLI Hall, 1400-27th Street (27th & N Streets) in Sacramento. A \$10.00 donation is requested. This is a rare opportunity to hear the "real thing" live!! Feel free to wear your Bulgarian finery to participate in the Wedding! For more information contact:: Lonna (530) 346-0099 or Toba (916) 371-4441
- *The Autumn Harvest Festival will be at the California Arts Academy, Fresno. The institute will start with registration at 1:00 pm followed by teaching from 1:30 to 4:30 pm or until finished. The evening dancing will begin at 7:30 pm with kolos to be followed by an all-request dance program from 8:00 to 10:00 pm. There will be a \$5.00 charge for the evening program and a minimum charge for the institute. The address is 4750 N. Blackstone Ave., near Gettysburg Street, Fresno. For more information, call Fran Ajoian, chairlady, at 559-255-4508.
- October 18-19 San Francisco Croatian Festival Saturday is 6:00 to 12 pm. No charge Saturday. Dancing to live music. Sunday is \$15.00 for the concert/dance. Info John 510-649-0941. Croatian American Cultural Center, 60 Onondaga St., San Francisco
- November 28 & 29 57th Annual California Kolo Festival will be at the IDESST Hall, at 511 Caledonia Street, in Sausalito, California. Our featured dance teachers this year will be Jaap Leegwater, from the Netherlands, presenting Bulgarian dances; and Nikola Krcadinac, presenting Serbian dances. John Filcich will be teaching some Croatian dances that he learned earlier this year. This year we will need some help beforehand also. If you would like to join or simply help out the Kolo Festival Committee, please contact Jan Rains, (925) 682-3727; sherpajmr@yahoo.com
- March 28, 2009 Balkan Dancers of Marin Balkan <u>Plus</u>—Save the date for the popular annual party in Marin, in the beautiful, spacious Masonic Hall in San Rafael. More information as the date becomes closer.
- July 26-Aug.1 Stockton Folk Dance Camp 2009 Two identical weeks. Already on board are Yves Moreau, Lee Aug. 2-8

 Otterholt, Zelko Jergan, Roberto Bagnoli and Jerry and Kathy Helt. Two more are still to be confirmed. One week's deposit is \$75.00. Send to: Folk Dance Camp, Jan Wright, 36676 Viola Meadows Court, Shingletown. CA 96088, email:jmwright32@frontiernet.net

*denotes Federation events

The Council, club and class listings are in the back of the magazine



Jim Gold International Folk Tours: 2009

Mad Shoe Travel Guide: www.jimgold.com

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GREECE and the GREEK ISLANDS! NORWAY! HUNGARY! POLAND!

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Jim Gold, Lee Otterholt, Richard Schmidt, Joe Freedman, Adam Molnar

ISRAEL!... March 15-27. Led by Jim Gold and Joe Freedman.

Meet the people of Israel, learn their songs and dances, visit historic sites. Israeli, Arab, Druzc Debka, and Balkan dance workshops. Meet Yemenite, Bedouin, and Kurdish cultural groups. Inbal Dance Theater. Jerusalem, Tel Aviv, Galilee. Eilat, Petra-Jordan ext. Mar 26-29

BALKAN JOURNEY! ALBANIA, MACEDONIA, GREECE, BULGARIA!

August 2-15 Led by Jim Gold. Thrilling adventure across four rarely-visited countries. Unbeatable dancing, music, and historic sites! Tirana, Ohrid, Thessaloniki, Bansko, and Sofia.

TURKEY!... October 18-31. Led by Jim Gold and Lee Otterholt.

From Hittites to Ataturk, Halay to Horon. Enjoy the hospitality and history of this mysterious and exotic land. Learn Turkish and international folk dancing. Istanbul, Ankara, Cappodocia, Pamukkale, Izmir, Kusadasi, Cannakale, and Bursa.

NORWAY!...June 13-23. Led by Lee Otterholt.

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings! Midsummer in Norway! Oslo, Bergen, Hovin (Telemark), Fjord Cruise, and Voss.

GREECE, the GREEK ISLANDS, and GREEK EASTER!... April 9-24.

Led by Lee Otterholt. Hasapicos, syrtos, markets, mountains, archeological wonders, and sunkissed islands. Three exciting Greek Easter celebration days on island of Mykonos! Classical tour of Athens, Olympia, Delphi, Meteora, and Mycenae. Greek Island Cruise to Mykonos, Crete, Rhodes, Patmos, Ephesus, and Santorini.

- HUNGARY!...July 31-August 11. Led by Adam Molnar. Magyar adventures in Budapest, Eger, Hortobagy Plain, Jaszbereny Folk Festival, and Csango Folk Festival!
- POLAND!...September 5-19. Led by Richard Schmidt. Dance the Polonaise, Krakowiak, and more! Krakow, Zakopane, Torun, Gdansk, Olsztyn, and Warsaw.
- BULGARIA! August 2010: KOPRIVSHTITSA FESTIVAL TOUR! Led by Jim Gold. Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshtitsa. This colorful, unforgettable, mountain-top Folk Festival is held once every five years. Register early!

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Eye on Dance by Eileen

Reflections on Stockton from a Single Lens

By Eileen Kopec

Ginger had to dance backwards and in heels – but at least she did not have to learn Fred's part. And then dance either one, depending on Fred's availability. Which is what a lot of women have to do to at Stockton, or they are sitting out half the night. I asked many men at Stockton if they have ever danced the women's part. I got one answer – NO. Some men said that it's a huge amount of pressure on them to lead all the time but at least they are always coming at things from the same angle, starting on the same foot and with the same hand holds.

I have been married to a non-dancer for 40+ years and except for this one flaw, I love him dearly. I have also always loved to dance and about eighteen years ago took up "folk dancing" so I could indulge my passion without needing a partner. Apparently when I say folk dancing, I do not mean the same thing as other people who say folk dancing. Those people are usually men, or women with dance partners, who do squares, contras, Scandinavian, Hungarian, Polish... you get the picture. Partner dances. My world consists of Balkan, Greek, Turkish, Bulgarian, Armenian, Israeli and other non-partner dances.

Of course I had heard about Stockton for many years, and seven years ago I finally got up the courage to go. I knew a handful of people. I struggled through classes, convinced I was the world's worst dancer after seeing the high quality of dancers attending. I only went to the non-partner classes. Then in the evening, I realized that all the dances were reviewed each night, and I was sitting for half the evening. More than half, when you count the squares and contras, which I had never done before. This year I was at Stockton for the seventh time, and the situation hasn't changed much for me for the partner dances, even though I am a more experienced dancer and know a lot of people.

Let's say I finally give in and learn the men's part out of desperation. In some genres I feel strong enough to do that, but not in all. Then if by some miracle a real man asks me to do the dance at Once Over Lightly, I am confused, start on the wrong foot, try to lead and am all turned around. Chances are that guy will think I'm a mess and not ask me to dance again. And then I get discouraged and turn away the next guy out of embarrassment. So then I don't get experience dancing with men and the lack of partner situation is perpetuated.

I asked some men about the imbalance of men to women. Most men just smiled. Or said, "What problem?" Mr. X told me that women call him the week before Stockton and leave messages on his answering machine saying, "Let's do squares Monday night". Mr. Y said that when men see Balkan dancing, they run screaming from the room and you can never get them back, so many partner dances are necessary to attract men. He may be right – in Daniela Ivanova's class one day this year I counted 35 women and 9 men. I asked Mr. Z why he dances. His reply was, "I like the ladies". Here's my not so new theory – women love to dance. Men love women.

When a woman finally gets assertive and asks a man to dance, some men take that as a come on. How do you get the message across that you just want a *dance* partner? No future romance, no hidden agenda, no fooling. Should we wear a sign? Or sometimes we have to endure the disapprov-

ing stare of their usual partner. Complicating matters, one married man I spoke to but whose wife wasn't at Stockton, said that "we" (meaning all the men) really had to "watch out". When asked what he meant, he wouldn't elaborate, but implied that women were coming on to him. Sigh.

I asked some women about the gender imbalance. Some have accepted that they are "multi-sexist" as one person called herself. Women who teach couples dances certainly benefit from learning both parts. From other women, I got earfuls! Many were upset about the lack of rotating in any of the couple's classes this year. All the teachers basically said "find a partner for the dance" and left it at that. Great advice. If only. One woman suggested that the teachers who teach both partner and non-partner dances schedule one day to be only one or the other, instead of splitting the class. Then single women could come to the whole class one day, not just to half a class, and then skip the partner classes if they choose. And the non-partner days could be alternated with the other teacher's schedule of non-partner dances.

Here are a few more suggestions I got from women when I asked them to think outside the box. 1. Hire male "hosts", the way they do on cruise ships. 2. Give college credit to male students who come to camp. Someone suggested the students could also assist us older folks with carrying our luggage up three flights of stairs, helping with moving tables, the floors, etc. I won't get into the foot massage suggestions. 3. Only let as many women register as men. (Yikes). 4. Schedule more non-partner teachers. Or have more dances that just appeal to women, like belly dancing, or schedule the Polynesian dancing as a "real" class. 5. Some nights don't put squares and contras on the OOL roster, which would also allow the after party to start earlier. 6. One night make all the men dance the women's part at least once. 7. Give the men a dance card and stipulate they couldn't book more than two dances with the same partner. That's not bad – maybe one or two nights.

Some suggestions from me -- have workshops for the standard couple dances that are done frequently (like at Federation events), so we partner-less people can at least learn them. For instance, I have never been taught the hambo. Ask the teachers who teach couple dances to be more aware of the gender imbalance so they can be more sensitive to it. Have them rotate in class - and when they rotate have some women who were men change back into women if they want to. Maybe ask partnerless women to dance occasionally. Cloning? Any other ideas out there?

At Stockton this year I felt there was a slight awareness of the gender situation only a few times. The contras were often Ladies Choice. Having permission to be assertive is welcome. And one night the men were asked to throw a shoe into the center of the floor before the square dancing. My days of shopping and fighting off other women at sales benefited me greatly, as I came away with a shoe! That was the only night I had a male partner at squares. Or should I just take Ms. X's advice on getting a dance partner? Look good, smile and have big... um...eyes.

From talking to a lot of women at Stockton, I became aware that I wasn't the only partner-challenged person out there. I know this is a sensitive issue, but one that has been largely ignored for a long time and I felt that by talking about it, maybe some ideas could be generated. Next year Stockton Folk Dance Camp is moving to a new location on campus. Maybe it is also time for new changes in the programs. Or does folk dance need to split into two camps?

Council & Club Clips

FRESNO COUNCIL—We have had a fun filled summer of eating and dancing and are looking forward to a great fall!

June 7th the Annual Serbian Church Festival was held at the church grounds starting with a delicious lunch followed by dinner and dancing to a band from Sacramento. What a huge crowd! We had to use the outside area.

June 8th the Fresno Folk Dance Council had it's installation of officers with a dance and ice cream social. Installed were: President, Marty Torbit; Vice-president, Jeanette Abrahainian; Secretary, Pauline Phillips; Treasurer, Fran Ajoian and Historian, Marilyn Smith.

June 15—Annual Fathers Day picnic and Armenian dancing to Richard Hagopian's music.

August 10—Grape Blessing Picnic and Armenian dancing to Richard Hagopian's band. Tom Bozigian and Sherry were on hand to lead many of the dances.

August 17—Grape Blessing Picnic and dancing to more good music by Richard Hagopian.

August 22-24—the St. George Greek Festival was held on the church grounds with plenty of food and dancing to live music Friday and Saturday.

August 30—The Annual Mushdoh picnic and dancing to their traditional dayoul and zurna music.

October 18—The Autumn Harvest Festival will be at the California Arts Academy. The institute will be 1 pm to 4:30 pm or until finished. The evening dancing will begin at 7:30 pm with kolos to be followed by an all-request dance program from 8 pm to 10 pm. There will be a \$5.00 charge for the evening program and a minimum charge for the institute. The address is 4750 N. Blackstone Ave., near Gettysburg Street, Fresno. For more information, call Fran, chairlady, at 559-255 -4508.

November 29 will be our 5th Saturday dance from 8 pm to 10 pm, charge \$5.00, at the California Arts Academy. There will be finger foods,

December 20—Saturday, New Year's Dance, 8 pm to 10 pm. Finger foods, charge \$5.00. All dances are held at California Arts Academy, 4750 Blackstone Ave., Fresno.

-Fran Ajoian

Sacramento International Folk Dance and Arts Council—October will be a month of very special events in Sacramento. Of course, the usual Oktoberfests are happening around town. The granddaddy of them all is the one Oct. 3-4 at the Turn Verein http://www.sacramentoturnverein.com/It will feature a great dance floor, delicious German food, Sacramento's own Camtia Dancers, and the very popular Al Gruber Band. It doesn't get any better than that! Doors open on Friday at 6 pm and Saturday at 5 pm.

Many of us have a new appreciation for Italian dances after the appearance this year of Roberto Bagnoli, teaching Italian dances, at Stockton Folk Dance Camp. The Annual national conference of Italian Folk Dancers (IFAFA) will be held here in Sacramento (a rare occurrence) on October 24, 25, 26 at the Radisson Hotel. Lots of work has been going into this event, hosted by Balliamo and their sponsor, the Italian Cultural Society. It will feature three dance workshops, plus Sicilian cart history and art, Gold Rush opera, Siena Palio cos-

tumes and more. If you are interested, go to bdbeckert@sbcglobal.net or (916) 482-8674.

Sacramento will also be hosting Kabile, a traditional Bulgarian Wedding Band. They will present a Concert which will recreate a Thracian Wedding, followed by general dancing to their authentic music. The Wedding starts at 7:30 pm, Wednesday, October 15, at YLI Hall, 1400-27th Street (27th & N Streets) in Sacramento. A \$10.00 donation is requested. Bring your friends and neighbors to this one. It is a rare opportunity to hear the "real thing" live!! Feel free to wear your Bulgarian finery to participate in the Wedding! For more information contact:: Lonna (530) 346-0099 or Toba (916) 371-

If you are into Vintage dance, mark your calendar for the annual Ragtime Festival to be held November 21-23, 2008. The Festival is the best and biggest ragtime festival in the world. It has dancing, and dance instruction, every day, taught by Bruce Mitchell and Richard Duree, with grand balls on Friday and Saturday evenings. For info: www.west-coastragtime.com —Barbara Malakoff

The BALKAN DANCERS OF MARIN are making plans for their great party at the end of March. It will be Saturday, March 28, 2009. Save the date for great dancing to classic folk dances!

ADVANCED BALKAN DANCERS. Come and enjoy the thrill of doing the dances that built folk dancing! Note that these are advanced dances and at least a few year's experience is needed. The class meets on the third Sunday of every month in the back dance studio at Ashkenaz from 2:00 to 4:00 pm. Ashkenaz is located at 1317 San Pablo Avenue in Berkeley. Entry is via the side door (on the left), not the main dance studio door. For information call Gary Anderson, 415-488-9197 days or Irene Croft/Gary Anderson eves at 415-456-0786. Email editor@letsdancemag.net.

ALBANY Y BALKAN DANCERS—We have been enjoying some great teaching and large crowds of dancers lately. We have room for more—why don't you join us? Every Friday with teaching from 8 to 9 pm, request dancing until 11 or so. Albany YMCA, 921 Kains, Albany (near Solano and San Pablo). For more information contact: Kay James (925) 376-0727.

BERKELEY FOLK DANCERS. Our new dance year began on Tuesday, September 2. It promises to be a great year. Some thirty-two new dancers showed up for the first Beginners Class. We are very delighted by that. We wish to thank all of you who encouraged anyone.

As usual, starting in September BFD has a different dance schedule for the rest of the dance year. Please check the Where to dance for the classes. And BFD is not dancing on Thursdays. Our requests nights are still on Fridays. Please join us. Everyone is welcome.

—Naomi Lidicker



The Power of Dance and Music

By Suzanne Rocca-Butler

The readers of this magazine love to dance, as I do. Even as a child who never had dance lessons, I always loved to dance. I would hear music and would start moving in time to the rhythm. It felt natural and I always took this for granted. That is I'd always taken this for granted until a few months ago, when I witnessed what I can only call the mysterious power of dance and music, as I watched two dear friends, Eleanor Hansen and Jean Brown, each terminally ill with cancer, dance their last dance.

Eleanor Hansen, my beloved friend for many, many years, died April 24, 2008, of metastatic esophageal cancer. She was born and raised in San Francisco of Dutch immigrant parents who owned a bakery in the Mission District. They had danced with the Belles and Beaux in Mission Dolores. Eleanor began dancing at age sixteen at Changs when it was still in North Beach, and dance remained a major love all her life. She continued to dance until the year before she died, having attended Stockton Folk Dance Camp a number of times.

Before our paths crossed she had taught ballroom dance at the Arthur Murray Dance Studio in Antioch, California, and had performed in many Gilbert and Sullivan operettas in England and in Virginia. She and her husband would go to the Dawn Club in San Francisco, where they could hear Turk Murphy, and dance and enjoy the music. One of her favorite songs to come from that era was "Your Feets Too Big" - a Fats Waller tune. That song will feature later in my story.

I knew her through folk dance - Greek especially - but we met first through various dance classes I had begun to take as an adult. Every dance class I attended - tap, Hawaiian, Armenian, flamenco, whatever - there was Eleanor, the pretty blond lady, as I thought of her.

After her diagnosis of cancer, Eleanor lived nine months, being fortunate to have a transient remission but being without energy to dance. Her tumor returned with metastases and she became unable to swallow. On a Thursday in March, just four weeks prior to her death, she was in Stanford Hospital awaiting a procedure the following day that might enable her to swallow again and to go for hospice care at the home of her daughter, Robin Ann. I was there visiting her and Robin Ann that Thursday.

A gifted physical therapist came to her hospital room and said she would like to help Eleanor try walking, since Eleanor was expected to be going to her daughter's home on Saturday. Because she had not been able to swallow, Eleanor had been unable to eat or drink for five days, so she was very weak.

The therapist and Robin Ann assisted her as she used her walker and went out into the hall by the nurses' station. The therapist said, "Eleanor, can you cross your feet when you walk?" Eleanor didn't know what she meant by that, so I said, "You know, just like doing a grapevine." The therapist quickly responded, "As in Hava Nagila?" and began singing that song.

Eleanor, who had a lovely voice, and had taken singing classes for years, begin to sing with the therapist, stamping her foot in rhythm at the appropriate rousing parts. The nurses stopped their work and looked up. Then Eleanor began dancing the "hora", with Robin Ann supporting her on one side, the therapist on the other, leaving her walker behind. The nurses cheered, "Go, girl!"

That was just her first dance. I had been Emailing music to Robin Ann for her to play for Eleanor on her laptop, which she had brought to Eleanor's room in the hospital. So I took her place next to Eleanor while she went to find "karagouna" - what I will always think of as "Eleanor's Dance". In the meantime, I started calling the footwork to the "syrto" so the therapist could dance it in step. I knew Greek was Eleanor's favorite dance form, and we three began dancing the "syrto" together. Robin Ann returned with "karagouna" playing on her laptop, and the three of us danced it with Robin Ann following us with the music.

It was a magical day and word of Eleanor's dancing spread around the hospital. Aides, doctors, nurses, whoever came in to see her said "I heard you were up dancing today!" What made this even more special was that earlier in the day Eleanor had told me she was very sad knowing she would never dance or sing again. Thanks to the gifted therapist who tailored her therapy to her patient, who immediately found what resonated with her patient and who made it possible for it to happen, Eleanor was able to dance again - one last time. It was a gift to Eleanor and it was a gift to all of us who witnessed it. It is an image I will never forget.

Eleanor's singing came later - just two weeks before she died. I had made a CD for her of some of her favorite songs from her Turk Murphy days in San Francisco and had sent it to her at Robin Ann's home. The first song on the CD was "Your Feets Too Big". Robin Ann had begun to play the CD and had gone into the kitchen where she said she thought she was suddenly hearing stereo. It was Eleanor, lying in her hospital bed in the next room, joining the CD as she sang "Your Feets Too Big" with exact lyrics, timing and intonation. The memory of the song was still there, and she sang one last time.

I was so struck by this experience I began to tell people the story. I knew there was something more to it than just that Eleanor had danced in the hospital. I felt there was some visceral connection to dance and music in the mind and body that can somehow transcend illness. I couldn't then and still cannot say just what that connection is, but there seems some intrinsic power in music and dance.

I told this story to a neurosurgeon friend of my husband's and mine; his response was that he had read of patients with Parkinson's, who had progressed in their disease to the point of being rigid and moving in a shuffling fashion. In one instance, one such man heard tango music and suddenly began dancing, moving with fluidity and ease - as long as the music played. When it stopped, he again became rigid. What is it that makes this possible?

My next experience of witnessing the power of dance and music was when I went to visit my friend, Jean Brown, in July. Many of you who attended the second week of Stockton Folk Dance Camp this year already know her story, but it is another example of the power of dance and music on illness.

Jean Brown, born in Oklahoma but a California resident since age four, was a dedicated teacher who attended Stockton Folk Dance Camp for thirty years, teaching a Recreation Folk Dance Class there for many of those years. Dance played an important part in her life professionally as well. She had been an elementary school teacher at O.S. Hubbard in San Jose for thirty years, where she developed a program in which she taught an after school international folk dance class for students, who in turn performed at various community events in



Eleanor Hansen—photo by Suzanne Rocca-Butler



Jean Brown
—photo by Georgia Milton

the San Francisco Bay Area. She impacted many lives with her love of dance and continued teaching folk dance with her husband, Norm, until shortly before she died.

Jean and I had been in touch the past 18 months by Email, and I had told her how much I was looking forward to attending her class at Stockton Folk Dance Camp again in 2008. I had previously learned and taught two dances that she had presented in her elass, and I was hoping for more good material from her.

It was with great sadness that I learned she was unable to come to Stockton this year. She had planned to come, had prepared a special dance she wanted to present, but her eolon cancer had metastasized and she was in hospice at her home in Galt. At different times during the two weeks of Camp several of us eampers went to visit her.

I went on the second Wednesday of Camp. She was then very weak, talking with her eyes closed, head lowered, needing oxygen frequently. I told her how sorry I was she was not at Camp - that everyone missed her and her class. She said how sorry she was to not be there and to not be able to present her dance. Without thinking, I asked her, "Would you like me to present your dance for you?"

"YES!" She opened her eyes and raised her head. She was energized. She told Norm and me to get her up into her wheelchair and for Norm to call Linda, the woman who was taking over her classes. I wheeled Jean into her office and Linda showed up within minutes, complete with dance notes. Norm burned a CD for me so I would have the music, and Jean instructed Linda to teach me the dance.

Jean was a perfectionist, even then. Linda was patient with Jean's corrections, but Jean was not satisfied with the timing on one of the steps. Finally she said "Here, let me show that part. Get me up!" So Norm and I got her up out of her wheelchair and supported her on either side while she carefully demonstrated the way she wanted that particular step done. She then made me do the dance, with Linda, seven or eight times and finally said, "She's got it."

Back at Folk Dance Camp I taught Jean's dance to about twelve wonderful people - some who knew Jean - some who had never met her but were touehed by her story and just wanted to pay tribute. We knew we were just the vehicles to enable Jean to give her last gift to Camp.

We performed "Jean's Last Dance" as I call "Sea Salt Sally/My Girl Sally", August 2nd at the second Saturday Tal-

ent Show, at around 2:30 PM. I called Norm about 4:15 when the show was over. I said "Please tell Jean we presented her dance. Tell her that there are at least five of us who will be taking her dance home and teaching it to our groups. Tell her her dance will live on." He promised he would tell her as soon as he hung up. Jean died that very night, August 3, 2008, at 1 AM Sunday morning - just after the official end of Folk Dance Camp. It was just three-and-a-half days after she taught me her dance and less than nine hours after she learned her danee had been presented to the entire Camp. I hope she was at peace.

What is it that makes this possible? What enables someone so ill they cannot hold their head up to suddenly have the energy to be able to dance? Is it endorphins that help us transcend pain? Is it the memory of movement that comes surging back when we hear music? Is the need to dance so powerful that we use every last bit of strength we have to dance? I have a dear non-folkdancing friend who said simply, "You hear music and you want to dance". Perhaps her uncomplicated answer is the best.

Whatever the reason, I have learned that dance and music have great healing powers - if not long-term, then at least for the moment. And sometimes that is all we can hope for.

Memory. Music. Dance. So powerful. If they can't heal, they can give healing moments and improve the quality of life - whether we are healthy and still dancing, or ill and dancing only in our hearts, with limited moments of our lives still to live. To dance with one another is a gift. It is a gift we can give our loved ones and a gift we can give to ourselves.

(As an aside, Luiselle Yakas Emailed me a YouTube video of Abbot and Costello "dancing" to the music of "karagouna", which I sent to Robin Ann for Eleanor's enjoyment. It was hysterically funny and I know it gave Eleanor much pleasure in her repeated viewing of it. Laughter is good medicine as well, a theory supported by Norman Cousins in his book Anatomy of an Illness.)



Welcome to Marin

Kolo Festival 2008

By Jan Rains

Many folkdancers have been wondering if there will be a 2008 Kolo Festival. The answer is yes; the 57th annual California Kolo Festival will take place on Friday and Saturday, November 28 and November 29, in Sausalito, California. This event has become more traditional than turkey for many of us. However, the "tradition" of the Kolo Festival being in San Francisco will change this year. Due to another event planned over a year ago, we will not be able to return to the Croatian American Cultural Center in 2008. The Kolo Festival is moving to the IDESST Hall, at 511 Caledonia Street, in Sausalito.

Nikola is from Serbia and currently resides in Chicago, Illinois. John Filcich will be teaching some Croatian dances that he learned earlier this year.

We will also have at least two singing teachers (to be announced) and two "Culture Corners." We will have fantastic bands, both jamming and playing for dancing for our evening parties. Our wonderful, talented caterers, Ani Toroyan and Tanya Kostova will once again delight the palate with exquisite and healthy ethnic lunches and dinners to be served at the site.

Many of us have attended dance events at IDESST Hall already, such as the Mendocino fundraiser. The capacity is 400, which is approximately 50 more dancers than we could have in the CACC, so perhaps the Saturday night wristband-exchange won't be required! Parking will be convenient. There are plenty of interesting restaurants (there will be a list at the registration table). There are hotels in Sausalito and in nearby San Francisco, several of them on Lombard Street, just on the other side of the Golden Gate Bridge. Two of the hotels on Lombard Street are the Lombard Motor Inn, 1475 Lombard St., (415) 441-6000; and Travelodge, 1450 Lombard St., (415) 673-0691.

To get to the Hall from San Francisco, drive North, over the Golden Gate Bridge, go right, onto the Alexander exit, to downtown Sausalito. Follow Bridgeway North, turn left onto Turney, and right onto Caledonia St. IDESST Hall is at 511 Caledonia St.

The prices will be the same as in 2007; \$75 for the full package; and approximately \$10 less for full-time students and youths (11-18 years).

As always, we encourage you to pre-register, in order to save money, and to save time at the door. We will be mailing flyers during the month of September; later in the month there will also be a registration form on our website: balkantunes.org/kolofestival

We will need volunteers at the event. You will be able to exchange volunteer hours for classes and/or parties. We will mainly need people to help with door registration, and to help the caterers with food prep and service (taking money or serving meals), and with dishwashing and cleanup. Additionally, we will need volunteers to assist the dance instructors (anything from running their music during workshops to providing them with a ride to and from the Hall); to keep the water jugs and coffee urns full; to pitch in at Saturday night clean-up; and to generally keep the "chaos-of-a-brand-new-venue" at bay!

A new teacher for Kolo

Welcome Nikola Krčadinac!

(Info from Nikola's bio)

We welcome Nikola Krčadinac to Kolo for the first time. Mr. Nikola, originally from Pančevo, Serbia, began a folklore career in 1972 with his town's local group "Stanko Paunović, Železničar." He then took the opportunity to dance with KUD "Abrašević" under Serbia's pioneering choreog-rapher, Dobrivoje Putnik, where he continued for eleven years. In



Nikola Krčadinac

1984, Nikola joined the Sonja Marinković Academ-ic Ensemble in Novi Sad under the capable direction of Milan Ognjanović and Milorad Lonić - Lonče. He has performed in Europe, Asia Minor and Africa.

Coming to America in 1991, he began teaching at Holy Resurrection Serbian Orthodox Church (Palmer Square) in Chicago, and was director of folklore there for ten years. He has also taught at Holy Resurrection Serbian Orthodox Cathedral (Redwood Drive) also in Chicago. Currently, Nikola teaches two youth groups at St. Basil of Ostrog Serbian Orthodox Church in Lake Forest, Illinois in addition to "Sloboda 2000" (adults) under the Serbian National Defense Council of America (SND) in Chicago.

He lives in Hinsdale, Illinois with his wife, Christine, his mother, Vukica and his two children, Dušan and Jovan.

This year we will need some help beforehand also. If you would like to join or simply help out the Kolo Festival Committee, please contact Jan Rains, (925) 682-3727; sherpajmr@yahoo.com

There will be updates, changes, and additional details on BBMDE and on our website.

We hope you are looking forward to celebrating our 57th Kolo Festival in charming Sausalito.

A new class

Sacramento Valley Cape Breton Step Dancers

We have a new introductory beginners' class starting in Sacramento at Sierra 2 Center for the Arts & Community, Studio 1, 2791 24th Street, Sacramento, CA, (916) 452-3005. Website for information & location: www.sierra2.org/ Wednesdays. October 1, 8, 15, & 27, 2008. From 5:15-6:45 pm. The cost is \$30 for a session of 4 classes, to be paid at first class. \$9 drop-in fee. Age limit 14 years & up.

We also have a continuing class at Ashkenaz in Berkeley at the Ashkenaz Music & Dance Community Center, Back Studio, 1317 San Pablo Avenue (near Gilman St.), Berkeley, CA, (510) 525-5099. Website for map & directions: www.ashkenaz.com 2nd Sunday of the month, Oct. 12, Nov. 9, & Dec. 14, 2008, at 1:00-4:00 pm. 1st hour—new dancers (experienced dancers welcome also), 2nd & 3rd hours—experienced Cape Breton Step dancers. The cost is \$23 for a session of 3 classes, to be paid at first class. \$9 drop-in fee. Age limit 14 years & up.

In Memoriam

Bora Gajicki

(We wish to thank Dick Oates and Phantom Ranch for permission to use the following information and photo—Editor.)

Borivoj Z. "Bora" Gajicki was born in Gospodjinci, Serbia, on july 24, 1937. As a young lad, be went to Belgrade (Beograd), where he began dancing with an amateur group. Years later, after completeing his military service,



he auditioned for Ansambl KOLO, was accepted, and traveled extensively in Yugoslavia and Europe as a solo dancer with this famous troupe.

After dancing professionally with KOLO for seven years, he met and married Margareta "Marge" Tappia while she was vacationing in Yugoslavia. Bora immigrated to California in 1967 and started a small bookbinding business. In order to meet a need among folk dancers for Yugoslavian Opanci (dance shoes) and other items, Bora and Marge started a cobbler business in 1970, eventually giving up the bookbinding business.

He had conducted classes in Yugoslavian folk dance, directed the "Borino Kolo" Folk Ensemble, and appeared as a guest instructor at many folk dance functions throughout California and other states. Bora was on the staff of the Stockton Folk Dance Camp for several years and was a guest teacher at many folk dance institutes and camps.

In addition to devoting his time with his wife Marge and daughter Anna to the Folk Motif, a Long Beach, store specializing in opanci, folk costumes, books and related fold items, Bora continued to direst "Borino Kolo," which appeared at ethnic and international folk dance functions.

Bora and Marge bought the Veselo folk dance café, remodeled it, changed its nme to Veselo Selo (happy village) and ran the popular Orange County folk dance venue for many years.

Bora produced several recordings with his orchestra on the Borino Kolo label. These recording are available from The Folk Motif, e-mail: folkmotif@aol.com

Bora died in a fall from a ladder in which he suffered a fatal head trauma at his home on August 17, 2008. He had two sisters, Lyubica Radović and Katrica Tudorović and a brother, Ratomír Gajicki, all of Serbia.

Dances Bora taught include Bačko Kolo, Basara, Basarka (Bosarka, Basara), Belo Lence, Bre Devojce-Pod Ona, Cigančica, Čuberka, Dascalica, Denino Kolo, Devojački Povoz, Divčibarsko Kolo, Gocino Kolo, Gružanka, Juriška, Kajo Kalino, Kolovodja Diko Nasa, Kolubarska Seljančica, Kolubarski Vez, Lesnoto, Lile Lile, Lilka, Mangupsko, Metkališteto, Mileševka, Momačka Šetjna, Moravac, Niška Banja, O Ubava Mala Moma, Pešačka, Piperana, Popova Mi Stojna, Popovičanka, Raca, Radujevačko Kolo, Saranac, Šareno Oro, Sašino Kolo, Šetjna—U šest Medley, Sirotica, Splitska Igra, Stara Ocmica, Stara Vlainja, Strumička Petorka, Treskavica Naokolo, Vranjanski Čačak, Trojno, Zavrzlama and Zorica Devojko.

In Memoriam

Marianne Taylor

August 18, 2008

Our thanks to Dick Oates for information for this article

Marianne Taylor was a master folk dance teacher, teaching folk dance as a profession from 1955 to 2008. Her warmth and enthusiasm had inspired several generations of dancers. With "clarity and charity," she taught hundreds of school programs and residencies, Scottish and English country dance classes and international folk dance



workshops. She was featured at Stockton Folk Dance Camp, Mendocino Folklore Camp, Pinewoods Camp and workshops in Alaska, Australia, Hawaii, Switzerland, and from British Columbia to Newfoundland in Canada.

Marianne graduated from Sargent College, Boston University, in 1951 with a B.S. in Physical Education and a minor in Dance. In 1957 she received her teacher's certification in Scottish Country Dance from the Royal Scottish Dance Society (RSCDS) and in 2005, she received Scroll of Honour from the RSCDS.

With her then-husband Conny Taylor, she started running weekly international folk dance classes in the Boston area. She co-founded the Folk Arts Center of New England with Conny Taylor in 1975 and served as its Program Director through 2004.

Marianne said that major influences in her dance career were Ralph Page, Dick Crum and Andor Czompo—not just dances, but teaching and dancing techniques.

She played piano for contra, Scottish and other kinds of dance since the early 1950s and was a regular member of Tullochgorum. She played monthly with the Lamprey River Band at a contra dance in in Dover, New Hampshire and was sometimes a musician and sometimes the caller at the Deerfield Town Hall Contra Dances, which organized since 1991.

In 2008, the National Folk Organization honored her with its Preserving Our Heritage Award. An avid traveler in later years, she co-led a small group tour in Portugal, helped organize two concert tours in Scotland with the Strathspey and Reel Society of New Hampshire and played piano for a Scottish dance tour on a schooner in the Greek Islands.

She appeared as backup on several Scottish/Celtic music compact discs available from the Little Shop of Horas.

Marianne died on August 18, 2008, after months of battling cancer. She encouraged all to "take hands four from the top" and was always one to say "you don't have to go home, but you can't stay here."

She leaves her partner and common-law-husband, Don Gorman, of Deerfield, NH, and is survived by her children and their spouses: Micky Taylor-Pinney and Marcus Pinney, Tina and Bryant McBride, all of Lexington, MA; Andy Taylor-Blenis and John Blenis of Newton, MA; and Mark and Judy Taylor of Southampton MA. She was predeceased by one daughter, Joanna Taylor. She also leaves eight grandchildren and her devoted brother, Michel Patterson, Jr., and eight nieces and nephews. Tributes and information can be made and found at www.caringbridge.org/visit/mariannetaylor1

Letter to the editor

Stockton Folk Dance Camp 2008

What a camp! What terrific teachers! What great weather! What fun! Well, that about covers it. This was my 31st year attending this premier camp and I've already made my deposit for next year. Cristian Florescu & Sonia Dion with their delightful and fun personalities taught Romanian and Rom (Gypsy) dances. Daniela Ivanova taught very nice Bulgarian dances along with singing and interesting cultural information. Roberto Bagnoli taught dances from different regions in Italy which were almost as fun to watch as to do. Richard Schmidt taught lovely Polish dances and brought a group of young dancers from his performing group who entertained us several times. Tineke Van Geel taught lovely, graceful Shoror and had us shouting and singing in other Armenian dances. Radboud Koop was a pleasant and very competent replacement for Hennie Konings and taught Russian dances to glorious music. Merilyn Gentry had her van stuffed with all the props and gifts she needed for teaching Hawaiian, Maori, and Tahitian dances. We used poi balls, uli uli, ipu, and lei with varying degrees of success and lots of laughter. Jerry Helt had almost everyone square dancing and having fun. Understanding English was not a requirement! Our band, California Kapela keeps getting better and better. It's amazing how quickly they learn the music for the new dances. I was honored to teach the singing class again. We sang with the band most nights and in both Talent Shows. I can't begin to tell you about all the memorable little unexpected things that happened, some amazing (flaming poi balls), some hysterical (men in short hula skirts). Spend some entertaining time looking at the photos on the camp website ably managed by Roy Butler, <www.folkdancecamp.org> Thank you to Director Bruce Mitchell and all the hard-working staff who helped put on this wonderful camp.

On the sad side, dear friends of camp, Leona Faoro, Jean Brown, Marianne Taylor, and Bora Gajicky have all passed away this year. Their spirits live on.

—Barbara Bevan



Top 10 Dances at Stockton FDC

From Denise Heenan

Listed in order of popularity

Disted in order of popularity						
Name	Country	<u>Teacher</u>				
Tamzara	Armenia	Tineke VanGeel				
Shoror	"	"				
Tarantella Bim	Italy	Roberto Bagnoli				
Incalcita	Romania	Dion & Florescu				
Hai Zelenenky	Russia	Radboud Koop				
Kujawy Kujawiak	Poland	Richard Schmidt				
Taniec Wielki	"	" "				
Maneaua	Romania	Dion & Florescu				
Ya Da Kalinushku	Russia	Radboud Koop				
Opincuta	Romania	Dion & Florescu				

Folk Dance Scene

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Hineh Ma Tov

(Israel)

The words for Hineh Ma Tov come from Psalm 133, and have been set to a number of melodies. One of those melodies was used in the 1950's by Rivka Sturman when she created a simple circle dance which is still done today. This version of Hineh Ma Tov was created in 2000 by Silvio Berlfein, an Argentine Jew currently living in Florida, and it has become popular as well, particularly with young dancers, due chiefly to the infectious, upbeat music.

The music for this line dance is an arrangement by Yerachmiel Begun, the director of the Miami Boys Choir. The Miami Boys Choir, which sings in this recording, is modeled after the Vienna Boys' Choir. Pre-adolescent Orthodox Jewish boys audition to sing in the choir and are released when their voices change.

Line dances such as this one are a small but popular sub-set of Israeli dances done by individual dancers in rows facing the same direction. Many dancers assume this dance is Israel's attempt to mimic Country-Western line dances or the more recent recreational line dances being done in the U.S. On the contrary, Israelis have been doing dances like this since the mid-1960s when such dances as Sapri Tama, Debka Lahat, and Shalom Al Israel were first created. Line dances represent 10-12% of the Israeli dance repertoire.

This dance was presented by Loui Tucker at Stockton Folk Dance Camp in the summer of 2006.

CDs:

Israeli Dances Stockton 2006

Video:

Cassette or DVD, SFDC 2006

Pronunciation:

ee-NAY mah tohv

Formation:

Dancers stand individually, in rows, all facing the same direction,

usually the front of the hall.

Steps & Styling:

Light, bouncy, joyous. Unless otherwise noted, arms are bent at the elbow so hands are at waist level. Fingers snapping with the beat is

common.

Meas.

PATTERN

1-6 INTRODUCTION. No action. Begin dance with the lyrics to the song.

FIGURE I

- Step on R to R, bending and straightening the R knee slightly during the transfer of wt (ct 1); step on L to L, bending and straightening the L knee slightly during the transfer of weight (ct 2).
- 2 Step on R to R (ct 1); step on L next to R (ct &); step on R to R (ct 2).
- 3-4 Repeat meas 1-3 with opp ftwk and direction.

2/4 meter

- Kick R sharply fwd with a flexed ft, almost touching the heel to the ground and hopping lightly on the L (ct 1); step fwd on R (ct &); kick L sharply fwd with a flexed ft, almost touching the heel to the ground and hopping lightly on the R (ct 2); step fwd on L (ct &).
- Step fwd on R while turning 1/4 L (ct 1); step on L in place (ct &); step fwd on R while turning 1/4 L (ct 2); step on L in place (ct &).

 Note: Having executed a half-rotation in place, dancers now face the opp wall.
- 7-8 Repeat meas 5-8 with the same ftwk, ending in the beginning position and orientation.

FIGURE II

- A large step to R on R while arms reach high and straight, fingers of the hand spread (ct 1); step on L slightly behind R (ct 2); step in place on R as arms bend at the elbow and come down to about shidr height, fingers relaxing (ct &).
- 2 Repeat meas 1 with the opp ftwk and direction.
- Fast grapevine: step on R to R (ct 1), step on L behind R (ct &); step on R to R (ct 2); step on L in front of R (ct &).
- Jump lightly on to both feet with feet spread about shldr distance apart and arms stretching wide to the sides with palms up (ct 1); jump on both feet with feet together, bringing arms high over head and clapping hands (ct 2).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.
- 9 Repeat Fig I, meas. 5 (heel-steps).
- Repeat meas 4.
- 11-12 Repeat meas 9-10.
- 13 Step bkwd onto R, bending and straightening the knees slightly during the transfer of wt to effect a light bounce on both feet (ct 1); step bkwd onto L with the same action as ct 1 (ct 2).
- 14 Repeat meas 13, continuing to back up.
- 15-16 Repeat Fig I, meas 6 twice (full rotation instead of half-rotation).

SEQUENCE:

Each figure is danced twice, ending with Fig. II, meas 9-10.

Dorozhka

(Russia)

Dorozhka (duh-ROHZH-kah) was choreographed by Hennie Konings to this marching song, and is based on folk dance movements from the repertoire of the Cossaks of southern Russia. The name translates as "small road," and is a word from the title and first line of the accompanying song: *Proljegala stepj-dorozhka* ("the small road over the steppe"). It was introduced by Konings at the Russian Summer Dance Camp in Germany in 1998. Hennie taught this dance at the 2006 Stockton Folk Dance Camp. It was later taught at the Heritage Festival in San Carlos, CA (Jan. 13, 2007) by Denise Heenan, and at the Festival of the Oaks in Berkeley, CA (Feb. 24, 2007) by Suzanne Rocca-Butler.

CD: Russian Dances Selected by Hennie Konings, Stockton 2006, Band 8 2/4 meter

Video: Cassette or DVD; Hennie Konings: Stockton Folk Dance Camp, 2006.

Formation: Closed circle, hands joined in V-pos.

Steps: Walk: Stride with feet close to floor but not dragging, two steps per measure. Lead

with the toe, but foot is relaxed.

<u>Stamp</u>: All stamps are flat-footed and taken with weight unless otherwise noted.

Styling: Body is held erect throughout. Figs. II and IV, especially, are danced with vigor and

strong forward movement. Arm movements given are those taught by Hennie, but some variation is acceptable. For example, in Fig. II both Hennie and his ptr often

held both arms high and outstretched to the sides with palms fwd.

Measures 2/4 meter PATTERN

INTRODUCTION None, but see Fig. I, meas 1-4.

- I. CIRCLING, TO CENTER AND BACK (instrumental)
- 1-4 Walk 8 steps CCW (LOD) beginning with R. These steps may be omitted at the beginning of the dance, with these 4 meas serving as an introduction.
- Facing ctr walk 2 steps fwd (R, L) while slowly raising straight arms fwd about 30 degrees (cts 1,2); step fwd on R (ct 1), scuff fwd on L, flat-footed (ct &); gently fall fwd on L with stamp (ct 2).
- 7-9 Walk backward away from ctr with three steps (R,L,R) slowly lowering arms; release hand hold and tum CCW, stepping L,R,L to complete 3/4 circle and end facing LOD.
- 10-18 Rejoin hands and repeat meas 1-9, except stamp on L with wt on last ct (meas 18, ct 2).
 - II. SCUFF, HEEL, STEP, STAMP (vocal)
- Moving in LOD, swing R ft fwd with light heel scuff (ct &) and step on R heel (ct 1); step

on L behind R (ct &); still moving fwd, stamp heavily on R taking wt with slightly bent knee (ct 2). During this meas, both arms swing strongly in a curve starting downward and moving swd to the R ending with R arm fully extended and L arm bent, forearm near and in front of chest. Palms are closed in a loose fist. If arms are both extended up and to their own side, then palms are open and facing fwd.

- 2 Repeat meas 1 with opp. ftwk and arm movements.
- 3-6 Repeat meas 1-2 two more times (3 total).
- 7 Repeat meas 1.
- Scuff L heel (ct &) while turning to face ctr and stamp L, R with wt (cts 1,2). At the same time bring L arm behind back at waist level, palm facing out, and bring bent R arm near front of chest with palm facing in (or slightly down).

III. SIDE STEPS (vocal)

- 1-2 Facing ctr and moving in LOD, step on L (L instep beside R heel) with knees slightly bent (ct 1); straighten legs and make small step sdwys in LOD with stamp on R (ct &); repeat cts 1,& (cts 2&). Repeat meas 1. During these 4 side-steps, R arm opens slowly to R side as forearm rotates, moving palm from facing in to up.
- 3-4 Repeat meas 1-2, but with R arm slowly returning to original pos across chest as palm moves from up to in.
- 5-8 Repeat meas 1-4, but on meas 8 step L,R,L (cts 1,&,2) and turn to face LOD.
 - IV. SMALL ARCS WITH STAMPS, STAMP-LEAP, SCUFF-STEPS (vocal/instrumental)
- Moving in small arc to R and a little fwd, step on R (ct 1), step on L next to R (ct &), stamp R (no wt) (ct 2), step on R (ct &). Arms are held parallel to the floor with R arm bent at elbow, hand in front of chest, and L arm extended straight out to L, but arms are not rigid and can be moved about somewhat.
- 2 Swinging arms to R side, repeat meas 1 with opp direction, ftwk, and arm positions.
- Facing LOD, stamp on R ft (no wt) in place or slightly fwd as arms move quickly from pos out to R, across and out to the L (ct 1); small leap fwd onto R with emphasis while raising L ft up behind and swinging arms down and back to the R (ct &); while swinging arms back to L, swing L ft from back to front with scuff fwd (ct 2) and touch L heel fwd (ct &).
- Transfer wt to ball of L ft, raising R up behind (arms can extend more strongly to L) (ct 1), swing R ft fwd with scuff (ct &); touch R heel fwd while arms swing down and across in front of body and extend to R side (ct 2); transfer wt to ball of R ft while raising arms to shldr ht (ct &).
- Keeping arms out to R side (L elbow bent) and still moving in LOD, repeat meas 1-4 with opp direction, ftwk, and arm movements (start with L ft dancing small arc to L).
- 9-16 Repeat meas 1-8.

Repeat Figs. II, III, IV, II, III

- V. FINALE (instrumental)
- 1-18 Join hands down in circle and repeat Fig. I. On meas 18, cts 2, &, step on L (ct 2) while turning to face ctr (no stamp), and shift wt to R ft (ct &).
- 19-26 Retaining hand holds, repeat Fig. III, but with softer, smaller movements; on meas 26, step on L (ct 1), and then softly stamp R, L with wt (cts &,2).

Sequence: FIGS. I, II, III, IV, II, III, IV, II, III, V

Where to dance

Federation clubs

NORTH STATE

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 p.m. at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm -up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is Family Folk Dance Night at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

Greek Folk Dancing. Meets every Monday at the Presidio Dance Academy, 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour is practice. Contact Mary Ann Karonis, 510-530-5140 makaronis@earthlink.net or www.greekfeet.com

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. Meets every Wednesday 10:00 — 11:30 a.m. at The Polish Club, 2040 22nd Street at Shotwell. Lines, sets, partners, trios—we do it all. Beginners welcome! Contact: Ann Colichidas at 415-902-7690. Free parking, public transportation.

SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

MODESTO

Every Wed. night—Modesto Folk Dancers meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

Every Friday night—Village Dancers of Modesto meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to 9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

Every Saturday—Modesto Tango (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

Please keep us informed of your group's meeting dates, places and times. The information on these pages is supplied by the groups and we need your help to keep it current.

Thanks, Editor

ALBANY

Albany Y Balkan Dancers. Every Friday, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Ave., Albany. Contact Kay James, 925-376-0727.

BERKELEY

Advanced Balkan Dance class. Every third Sunday, 2-4:00 pm in the Rear Dance Studio at Ashkenaz. A few year's dancing experience is needed Experienced instructors, friendly people. Entry via the left hand door at Ashkenaz, 1317 San Pablo Avenue, Berkeley. Information: Gary Anderson, 415-488-9197 days or email: editor@lets-dancemag.net

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Avenue, Berkeley, CA. 7:45 – 9:45 pm. Contact Naomi Lidicker at 510-524-2871.

Weekly class schedules:

Mondays—Second Year, Lone Coleman 510-526-5886 and Tom Sha, 510-614-5522

Tuesdays—Beginners, Claire and Al George 510-841-1205

Wednesdays—Third and Fourth Year, Judy Stonefield 510-655-3074, Yaqi Zhang 510-525-1865, and Louise and Bill Lidicker 510-528-9168

Fridays—Requests. Contact Peter and Lynne D'Angelo 510-654-3136

Cape Breton Step Dance at Ashkenaz—2nd Sundays, Oct. 12, Nov. 9 & Dec.14. 1:00 to 4:00 pm.1st hour, beginners, (experienced dancers welcome); 2nd and 3rd hours emphasis on experienced dancers. \$23.00 for each 3 class session, \$9.00 drop-in. 14 years and up. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. 510-525-5099. For info call Bob Schuldheisz 209-745-9063, bobschul@softcom.net

OAKLAND

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or fjtripi@juno.com

Scandia Saturday. Four times a year. September 13, December 13, March and May 2009. However, there is a strong possibility of a THIRD Sat. meeting on November 15th to host Lena Jonsson, a young and very vibrant Swedish fiddler. Stay tuned for further information. December is the holiday party. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or fitripi@juno.com.

PENINSULA COUNCIL

September 6. Peninsula FD Council Party. 8 pm. \$7.00, free refreshments. Bring a little finger food to share. St. Bede's Church, Sand Hill Rd. at Monte Rosa, Menlo Park. Info: A1 (408) 252-8106.



Mostly Balkan. Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

Menlo Park Folk Dancers Parties—Oct. 18, Nov. 15, Dec. 6 & Dec 31. Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. \$7.00. Call Marcel Vinokur at 650-327-0759 for details.

Tuesdays—Menlo Park Folk Dancers. Classes, International, Beg., 7:00, Inter. 7:30, requests 8:30 pm. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759

Palomanians IFD Parties—October 4 and December 6. First Methodist Church, Broadway at Brewster, Redwood City. Starts at 8:00 pm. Free refreshments and only \$7.00.Info at 408-252-8106 or 650-368-7834.

Palomanians IFD—Class on Tuesdays at Menlo Park Rec. Center, 700 Alma St near Ravenswood, Menlo Park. Intermediate and advanced partner and non-partner dances. Denise Heenan, instructor. Info 408 252-8106.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Docey Doe FD—Note new location—class on Wednesdays, 7:30 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Bruce Wyckoff, instructor 650-368-7834.

FRESNO FOLK DANCE COUNCIL

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Tuesdays—Central Valley-CAFY, Lafayette Center, Princeton Street, West of Blackstone. Contact Fran Ajoian, 559-255-4508.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

First and Third Saturdays—International Dancers. 8:00 to 10:00 pm at Cynthia Merrill's Dance Studio, 4750 N. Blackstone near Gettysburg Street, Fresno.

Fifth Saturday Party at Cynthia's Merrill Dance Studio, 4750 N. Blackstone near Gettysburg St., Fresno. Fran Ajoian 559-255-4508.

REDWOOD COUNCIL

Napa Valley Folk Dancers. Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. Party Every 4th Saturday, 1:00 - 4:00 p.m.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

Petaluma Snap-Y Dancers Folk Dance Class, Mondays 7-9:15 p.m., at Herman Sons Hall, 860 Western Ave, Petaluma. Telephone contact: 415-663-9512 or 707-778-0130.

Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Wednesday 1:15-3:15 p.m. except June - Aug.

Snap-Y Dancers (Sonoma). Beginners welcome! Vintage House, 264 First St. East, Sonoma, 95476. Every Thurs 7:00 - 9:15 p.m. Info: Art Babad 707-542-2132

Petaluma International Folk Dancers party dates: Oct. 4, Nov. 1 and Dec. 14 (a Sunday). 2:00 to 6:00 pm at Herman Sons Hall, Petaluma. For more info: 707-546-8877.

Balkan Dancers of Marin—Every Thursday. 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday with reviews following weeks. 4140 Redwood Highway,

San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Kopachka. Fridays, 8:00pm. Scout Hall, 177 East Blithedale in Mill Valley. Programmed & request dances. Jerry Duke is main teacher/leader. Contact Toni Denmark 415-789-0061

SACRAMENTO

SACRAMENTO VALLEY CAPE BRETON STEP DANCERS.

Beginner's class, Wednesdays, Oct. 1, 8, 15 & 27. 5:15-6:45 pm. \$30 for 4 classes to be paid at first class. \$9 drop-in fee. Age 14 and up. Sierra 2 Center for the Arts and Community, Studio 1, 2791 24th St., Sac. (916) 452-3005, www.sierra2.org/

Note address change. Our performance group is Caper Duck. Third Sunday dance workshop in Galt, 1:00 to 5:00 pm. Call for address and directions. Contact for more information Bob Schuldheisz, 209-745-9063, bobschul@softcom.net.

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyepress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181 Where to dance in the Greater Sacramento Area

SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL

Website: www.folkdance.com/sacramentocouncil/ *indicates "Beginner-friendly class"

(Note: Federation members are in bold type, others do not belong to the Federation.)

CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at http://www.fussell.org/sacramento/index.htm or call 916-739-6014 or 916-371-0739.

MONDAY

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30 -9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

*SCANDINAVIAN DANCE CLASS. All levels. Beginners 7-8 pm. Review and intermediate 8-9 pm. Requests 9-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-358-2807.

TUESDAY

EL DORADO INTERNATIONAL DANCE. Beg. & Int. line & couple. 7:00-9:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198

TUESDAY DANCERS. Beg. & Int. International & Country Western, line & couple. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 916-923-1555

WEDNESDAY

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael. Contact: 916-487-0413 or 916-923-1555

KOLO KOALITION. Mostly Balkan, Int. & Adv., non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-888-6586 or 916-446-6290

THURSDAY

ALPENTANZER SCHUHPLATTLER. Bavarian & Austrian. 7:30 -9:30 pm. Call for location. Contact: 916-988-6266

- * PAIRS & SPARES. Beg. & Int. International, Rounds, Squares, & Contras. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992
- * RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International. 7:15-8:30 pm. 1st Congregational Church, 627 Sunnyside Dr., Reno. Party First Saturday, 7-9:30 pm, at the Nevada Dance Academy, 1790 4th St., off Keystone, Reno. Contact: 775-677-2306 or wigand@gbis.com

FRIDAY

- *EL DORADO INTERNATIONAL DANCE. Beg. & Int. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grade, Garden Valley. Contact: 530-622-6470 or 530-333-4576
- *EL DORADO INTERNATIONAL DANCE. All levels, Couple & Line. 8:00-10:30 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-677-1134
- * NEVADA COUNTY FOLK DANCERS. Beg. & Int. International & Balkan. Selected Fridays. 8 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

SATURDAY

BBKM. Party, All Levels, Mostly-Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-923-1555

BALLIAMO. 12:00-2:00 pm, Sierra II Center, 2791 24th Street, Room 14, Sacramento. Contact: bdbeckert@sbcglobal.net or 916-482 -8674.

FIRST & LAST DANCERS. Country-Western, Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pm-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug., & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party, All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-10:30 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

RENO FOLK DANCE CO-OP. Party, International. 1st Sat. most months. 7:00-9:30 pm. Nevada Dance Academy, 1790 W. 4th St.(off N. Keystone but south of I-80). Contact: 775-677-2306

SUNDAY

- *DAVIS INTERNATIONAL FOLKDANCERS. All levels. 7:00-10:00 pm, International House, 10 College Park, Davis. Corner of College Park and Russell Blvd. Across from the north entrance to UCD campus. Contact: 530-758-0863. Website: www.davisfolkdance.org
- *ENGLISH COUNTRY DANCE. All levels. 2nd Sun. monthly. 2-5 pm. Roseville Masonic Temple, 235 Vernon St., Roseville. Contact: 916-739-8906
- *SACRAMENTO SUNDAY ISRAELI DANCERS. Beg. & Int., line & couple. 3rd & 4th Sun. monthly except July & Aug. 2-4 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-371-4441.
- *SOCIAL DANCES OF THE WORLD. Beg. & Int. International line & couple. 3rd & 4th Sun. monthly except July & Aug. 4-6 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-632-8807.

SACRAMENTO SUNDAY ISRAELI DANCE. Beg. & Int. Israeli, Non-Partner. 3rd Sun. monthly. 2-4 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-371-4441.

STEPPING OUT. Teach & perform various forms of Scottish Dance including Scottish Country Dancing, Ceilidh dancing Twasome & Cape Breton Step Dancing. Meets 2 pm Sundays in Roseville (call for location). Contact: Charles Todd, 916-786-8448 or email chucktodd@surewest.net

EXHIBITION GROUPS. Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTLER, Bavarian/Austrian exhibition group. Contact 916-988-6266 or see website: www.alpentanzer.org

BALLIAMO. Italian performing group. Contact: 916-482-8674

CAMTIA. German exhibition group. Contact: 916-933-4619 or 530-888-6586. Website: www.geocities.com/camtiafest/ EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-

VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 or 916-765-2229 or 16-714-2527. Website: www.waltz@strauss.net

ZADO SINGERS. Performing group singing songs of Eastern Europe & beyond. Contact: 916-923-1555 Website: www.ercregistry.com/zadosingers

Note: Information is subject to change. Telephone contact numbers for current information.

For information on other Federation activities call 510-524-2871

Other groups and classes—

BAY AREA—

Rina Israeli Dance. Everyone is welcome. Thursdays, Beginners 10:00 am, Intermediates 11:00 am to 12:30 pm. Osher Marin Jewish Community Center, 200 N. San Pedro Road, San Rafael. For information call 415-444-8000.

Stockton in Exile—First and third Sundays. 10:00 am to 12:00 pm. All requests, mostly Stockton dances. Saratoga School of Dance, 18776 Cox Ave., Saratoga. Call to confirm, Marion Earl 650-793-1166.

Folkdances of Hungary and Transylvania—Wednesdays 8:00 to 10:30 pm. Todd Wagner and Sarah Tull. \$7.00 drop-in. Menlo Park Rec. Center, 700 Alma Street, Menlo Park. Call for info: 650-941-0227 or email todd@wagnerhaz.com

Point Reyes International Folk Dance. Wednesdays, 7:00 pm at the Dance Palace, 5th and B Streets, Pt. Reyes Station. Contact Carol Friedman 415-663-9512 for information.

Saratoga International Folklore Family. Thursdays 7:00-8:00 beginners lesson; 8:00-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, cmail: loui@louitucker.com

Stanford International Dancers. 8-11:00 pm. Fridays, Flex-it Aerobics Studio, 425 Evelyn Avenue, Mountain View. For info call Barbara 650-966-1775. No street shoes.

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:30, 7:30—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

Little Switzerland—Food and bar. Occasional live polka music. Call first—707-938-9990. Corner of Riverside and Grove, El Verano (Napa Valley).

FOLK DANCE FEDERATION OF CALIFORNIA, INC. PO BOX 561 SAUSALITO, CA 94966

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