

Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING 🐾 May/June, 2008



Family night at Changs—*Photo from Esther Landau*

OFFICIAL PUBLICATION OF THE FOLK DANCE FEDERATION OF CALIFORNIA, INC.

Let's Dance!

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Treasurer

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Website:

You can now post your folkdance event flyers on the Federation's web site: www.folkdance.com. If you need assistance, contact Dick Rawson at FDFC1.rawson@xoxy.net

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TABLE OF CONTENTS AND CONTRIBUTORS

Calendar of Events/page 4

Camellia Festival 2008/Barbara Malakoff, page 3

Changs—Building Community Through Dance/Esther Landau, page 13

Changs Celebrates 70th Anniversary/Esther Landau, page 16

Come and dance in Pt. Reyes/Carol Friedman, page 7

Council & Club Clips/Barbara Malakoff, Naomi Lidicker, page 7

Dance Descriptions: Chamcheto/Bill and Carol Wenzel, page 19

Valle Pogonishte/Loui Tucker, Bill Wenzel, Bill Lidicker,

Joyce Uggle, page 15

Eye on dance, Leaving New Zealand/Eileen Kopec, page 11

March Dancing Madness/Gary Anderson, page 12

Mel Mann's Folk Dance Elderhostel/Esther Mosse Mann, page 16

President's Message/Bill Lidicker, page 3

Thank you letter to family and friends/Arden Pierce, page 7

The Bumper Sticker Are Available!/ Loui Tucker, page 14

Where to Dance/pages 21,22 & 23

The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor

Box 548, Woodacre, CA 94973

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Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

Join now: Membership rate is \$22.50 per year (plus \$10.00 for foreign)

Mail applications, renewals & checks to:

Folk Dance Federation of California, Inc.

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P.O. Box 561

Sausalito, CA 94966

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email: tspolaris1@aol.com

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Member <u>clubs</u>	\$10.00	\$20.00	\$35.00
All others	15.00	30.00	50.00

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email: wildwood_press@comcast.net

or call 415-488-9197 (9:00am to 3:00 pm)

Camellia Festival 2008 was great!

By Barbara Malakoff

It was non-stop fun and dancing at the 52nd (!) annual Camellia Festival in Sacramento, March 14-16. We had two lively parties both Friday and Saturday evenings dancing to the tunes of California Kapela! Barbara Deutsch, Rumen Shopov, Milen Slavov, and Evan Stuart have such super skill and artistic interpretation, it was a joy to dance to their music. Some of us have taken it as a personal challenge to learn the Schneider Schweifacher after being unable to do it during the party!

Roy Butler brought both our Friday and Saturday night parties into the 21st Century with two huge overhead screens: one projecting the party dance program from his computer, and the other with a live video feed of the party activities from the balcony. On Saturday evening he showed the workshop dances to help everyone remember them before the reviews. It was way cool! Our kids would have been proud!

Saturday we had two fun workshops. Loui Tucker taught Debka Dror, Eretz Israel Yaffa, Mi Yeten, and Shabbat Menucha. Apparently they were smokin' because something set off the fire alarm and we ended up having to evacuate the building! It was ok because there was beautiful spring weather outside, and it was a chance for everyone to say "hi" to their friends from all around northern California. We spoke sternly to Loui and told her to "cool it" so we were able to get through the rest of the workshop with no more alarms.

The second workshop featured Scandinavian dances taught by Jane and Frank Tripi. They taught quite a variety of dances: Finnish Mazurka, Gammalpolska Fran Follinge, and Stockholm Schottis Mixer. We, in Sacramento, are already enjoying all of these great dances!

A new custom was started this year and we hope to include it every year from now on. During the Saturday evening party, Barbara Bevan led us in singing and dancing a Silent Kolo in honor of dancers who have passed on. Our President, Barry Moore, read the list of all the deceased dancers before the dance. It was beautiful and touching.

Sunday was the Folk Dance Concert, which just seems to get better every year under the direction of Bruce Mitchell. More than half of groups contained children or teens. All were very entertaining and professional.

If you would like to see for yourself, Roy Butler has posted videos of all the Camellia Festival performances on our website at folkdance.com/sacramento council. Look for the "Camellia International Dance Concert" button on the left of the main page of our website. There are also videos of previous years' concerts. It's hours of entertainment! And it will make you feel inspired to see how much great dancing is going on out there!

As usual, we hosted a program of easy dances for the audience to join in on right after the concert. This year we had two hours available and Yvonne Couvillon organized eleven regional teachers, who took turns teaching/leading Kalina, Hora de la Soroca, Chilili, Sabila Sa Bela Loza, Zonaradikos, Bal de Jugon, Ramino Oro, Nine-pin Reel, Oy Memo, Zemer Atik, Syrtos*, Kuuden Kolmeinen*, Hora de la Saratoga, Carnavalito, Horon, Chaos (Swiss) Mixer, Maitre de la Maison, Kvar Acharey Chatsot, and a closing Swing (by request). It was all fun! The audience really looks forward to this every year! And we hope all our guests look forward to our Camellia Festival every year! Thanks for coming!

PRESIDENT'S MESSAGE

By the time that this message is published and distributed, my term as your President will be almost finished. Perhaps this then is a good time to take stock of how the Federation has fared over the past year. As this is the first full year that we have operated under our new "constitution" since the re-written Bylaws became effective as of January 1, 2007, it is fair to ask whether the new procedures have been effective and helpful for us?

The easy answer is that it is too soon to tell. But, there are some signs that we are on the right track. One objective was to increase the involvement of dancers in the business of the Federation. Our membership has grown steadily, albeit slowly; participation by the members of the Board of Directors in Board meetings has been wonderful, with no worries about achieving a quorum (as it has been in the past); and our committees have been enlarged, and all are actively working for the common welfare. A related objective has been to improve the spirit of teamwork that, because we are an all-volunteer organization, needs to permeate our corporate culture if we are to succeed in the long run. This is less tangible, and hence harder to assess, but I think there are optimistic signs that this is happening. Enlarging many committees to spread the workload has been a contributor to this goal.

One of the motivations in re-writing our Bylaws was to streamline our meetings so as to remove redundant sessions, and thereby make participants feel that their time was well spent. There is no doubt that this has occurred. We now have only one Assembly meeting per year, and at this event, all members of the Federation have a vote. We have also experimented with electronic meetings of the Board. We had one last June to deal with budget issues, and one this March that also concerned budget and a few other matters. These have so far not been wildly successful at least as judged by Board member participation, but novel procedures often need time for full acceptance. Given increasing resistance to car travel as I discussed in my message for the October issue, I have not given up on our utilizing this meeting protocol in the future, at least occasionally.

Thinking of other accomplishments, I just have to mention that a) the Fresno Harvest Festival trumped the dire predictions of its morbidity (the successful elimination of the conflict between this event and the N/S Teachers' Seminar should help bring vitality to this traditional festival); and b) Joel Bruxvoort, Chair of the Publications Committee, has put out a Federation roster for the first time since 2005, and it is available free to members. So, I rate the Federation as having a report card worth some pride, and am cautiously optimistic about the immediate future. Sincere thanks are due to all of you who have contributed to this team effort.

Statewide 2008 in Placerville/Shingle Springs May 30 to June 1 is looking like a sure winner. You won't want to miss it! Before that is the Rose Festival in Sebastopol on May 10.

See you dancing.

—Bill Lidicker



May/June, 2008 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy
Send future events information to Gary Anderson, Editor, Let's Dance!,
Box 548, Woodacre, CA 94973, e-mail: wildwood_press@comcast.net
The deadline for listings is one month prior to the magazine date.

Upcoming Events—

- May 10** **Santa Rosa Folk Dancers' Rose Festival** will be Saturday, May 10, 2008 from 1:00 - 4:30 p.m. at Wischemann Hall in Sebastopol (same as last year).
- May 10-11** **Israeli Dance Shabbaton.** Teachers are Loui Tucker, Binh Au. Noon. Red Lion Hotel Sacramento at Arden Village. For more info: 916-486-0906 or email 284mike@gmail.com See ad on page 8
- May 30-June 1** ***Statewide 2008.** Placerville—see ad on next page.
- July 20-26 & Stockton Folk Dance Camp.** Two identical weeks. Website: www.folkdancecamp.org.
- July 27-Aug. 4** Teaching this year will be Robert Bagnoli, Italian; Cristian Florescu and Sonia Dion, Romanian; Jerry Helt, squares; Daniela Ivanova, Bulgarian; Radboud Koop, Russian; Richard Schmidt, Polish; Tinecke Van Geel, Armenian; Workshop: Island Dances with Marilyn Gentry and Nora Nuckles. California Kapela will provide live music and Barbara Bevan will have the singing class. See ad page 9
- June 27** **Changs 70th anniversary Party.** Live music with Pochti Gotov and Vecernica plus recorded music. Please bring a dish to share. \$5 per person, \$10 per family, 7-11 pm. Janet Pomeroy Center Gymnasium, 207 Skyline Blvd., San Francisco. See ad page 17.
- June 21-28** **Mendocino Folklore Camp.** See ad below.

**denotes Federation events*

The Council, club and class listings are in the back of the magazine

Mendocino Folklore Camp

With Dance Teachers

June 21st - June 28th, 2008

Lynn Ackerson - American Squares & Contras
Istvan Szabo & Ellie Wiener - Hungarian
Zeljko Jergan - Croatian

And Music Teachers

Carlo Calabi - American Singing
Erik Hoffman - American Folk Instruments

Live Music

For our nightly international dance parties is provided by:

The Folklore Camp Band

Directed By: Becky Ashenden

with Paul Brown, Bill Cope, Chuck Corman and Miamon Miller

Daily Themes - Each day's theme brings together meals, happy hour festivities, decorations & parties to create an atmosphere of celebration and learning. Each day combines folk arts, traditions, high spirits, humor and magic into our stunning international tapestry.

Come Join The Fun!

For more information please visit our web site at www.mendocinofolkloreamp.com

Or call our registrar (Emma) at (707) 823-4145 //via email at emma@mendocinofolkloreamp.com

SIERRA STATEWIDE 2008 GOLD RUSH JAMBOREE

MAY 30-JUNE 1, 2008

Placerville/Shingle Springs, CA

KOVACS (with Ellie Wiener)
teaching couples dances from Hungary



Kovacs & Ellie



**Michael
Ginsburg**

**MICHAEL
GINSBURG**

teaching dances from the BALKANS

Friday :

7:00 - 11:00 PM

Saturday :

9:30 - 12:30 PM

12:30 - 2:00 PM

2:00 - 5:00 PM

5:00 - 7:30 PM

7:30 - 8:00 PM

8:00 - 11:00 PM

Sunday:

9:00 - 10:30 AM

10:30 - 11:00 AM

11:00 - 5:00 PM

1:00 PM

Miners' Ball

Institute Classes

Lunch (box lunch available*)

N/S Committee Meeting

Institute Classes

Dinner on your own

Institute Review with Michael Ginsberg

Jamboree Dance Party

Free Pancake Breakfast

Installation of New Officers

Institute Review with Kovacs & Ellie

"Dancing on the Deck" Party

Catered BBQ**

Join the fun!

(*preregistration required)

**The Miners' Ball will feature
Dancemaster James Letchworth!**

Live music by Legacy! Most dances will be cued!

Gold Rush Era Costumes encouraged!

Beginners, Singles and Couples Welcome!

Experience not required!

**Our Host hotel this year: Best Western Placerville Inn
6850 Greenleaf Dr., Placerville, CA 95667 (530) 622-9100**

**Mention the Folk Dance Federation for discounted rate of \$99, with 24 hours
cancellation notice**

**For more information: www.statewidefolkdance.com
Email: info@StatewideFolkdance.com or Teddy Wolterbeek (530) 677-1134**

Statewide 2008 Gold Rush Jamboree Registration

May 30 – June 1, 2008 – Placerville/Shingle Springs

Name: _____

Address: _____

Telephone: (____) _____ Email: _____

Do you wish email acknowledgement of registration? Yes ____ No ____

(Students)

(Adults)

Full Weekend Package* (excludes meals)

Postmarked by May 15 (\$30.00) \$55.00 X ____ = \$ ____

After May 15 (\$35.00) \$65.00 X ____ = \$ ____

~~~~~PRICES PER EVENT~~~~~

Friday May 30:

7:00 – 11:00 PM Miners' Ball (\$8.00) \$15.00 X ____ = \$ ____

Saturday May 31:

9:30 am – 12:30 PM Classes (\$8.00) \$15.00 X ____ = \$ ____

Box Lunch (pre-registration required) \$ 6.00 X ____ = \$ ____

2:00 – 5:00 PM Classes (\$8.00) \$15.00 X ____ = \$ ____

8:00 – 11:00 PM Jamboree Party (\$8.00) \$15.00 X ____ = \$ ____

Sunday June 1:

11:00 - 5:00 "Dancing on the Deck" Party \$10.00 X ____ = \$ ____

1:00 – Catered BBQ (pre-reg. required) \$15.00 X ____ = \$ ____

Dance syllabus \$ 3.00 X ____ = \$ ____

Total : \$ ____

Children under 13 free for all dance events, excludes meals!

* Weekend Package includes all classes, institute reviews, parties and syllabus;
excludes meals.

Make checks payable to: Folk Dance Federation of California

Mail payment to: George Fairbrook

1001 W. Lincoln Rd - Unit Q

Stockton, CA 95207

For Any questions about payments, please call : (209) 474-1718

Council & Club Clips

Sacramento International Folk Dance and Arts Council—As we catch our breath from a wonderful Camellia Festival (see article in this issue), we immediately start looking forward to Statewide, May 30 - June 1, which is being hosted this year by those crazy "foothill people". That is, people from the general area of Placerville, about 45 minutes out of Sacramento up Highway 50. This is the home of the El Dorado International Folk Dancers as well as the "Wolterbeekers" teens, who live on Stockton Folk Dance Camp on occasion.

This will be a slightly different Statewide, and that is in a good way! For starters, it's called a **Gold Rush Jamboree**. Friday evening there will be a Miner's Ball from 7-11 pm. It will feature live music by "Legacy" and all dances will be cued by Dance Master, James Lechtworth. Beginners, singles, and couples are welcome for Early California dancing, mixers, dance games and refreshments. Folk dancing will be done during the band breaks. Don't miss it!

On Saturday there will be workshops by Michael Ginsberg and Kovacs and Ellie Werner. The big Jamboree ("party" to you flatlanders) starts at 8:00 pm and goes to 11:00 pm.

And that's not all! Stay over for the Sunday morning Pancake Breakfast and dancing on the Wolterbeek's beautiful outdoor deck. There will be Institute reviews and dancing on the deck until 5:00 pm, and a BBQ at 1:00 pm.

Plan to stay a while, and enjoy sightseeing in the beautiful foothills. There is lots of natural beauty, rustic historical sites, and many excellent wineries to visit. You can find charming Bed and Breakfast Inns, and interesting hotels, as well as unique shopping in the small, historic Gold Rush towns.

Complete information and links to tourist sites are available on our website at folkdance.com/sacramento council. Look for the Statewide button on the left side of the home page. Y'all come!
—Barbara Malakoff

BERKELEY FOLK DANCERS. Back by popular request, Vecernica will play on Friday, May 16 for BFD's All-Request-Night Pre-Summer Solstice Party. This is the third year Vecernica returns as we celebrate 14 hours and 15 minutes of sun (if it isn't foggy!). Dance at Live Oak Park Recreation Hall at Shattuck and Berryman, Berkeley. For just \$5 we will dance from 7:45 - 9:45 PM. Besides live music there will be finger food. Join us! For further information call Peter D'Angelo at 510-654-3136.

BFD Fun Night on March 21 morphed into "Springtime in Romania" from the theme printed in March Let's Dance. The change seemed magical as we had a wonderful party with a great crowd of enthusiastic dancers, many wearing new-to-them Romanian blouses acquired at the Festival of the Oaks costume sale. Colorful flowers decorated the center of the dance floor. And for the second month we enjoyed the presence of Sunni Boland who told us a little about celebrations in March in Romania.
—Naomi Lidicker

ALBANY YMCA BALKAN DANCERS—Teaching is between 8:00 and 9:00 p.m., followed by all-request dancing from 9:00 p.m. until 11:00 p.m. or later. Albany YMCA, 921 Kains Street, just south of Solano and a block off San Pablo

Avenue. Contact Kay James (925) 376-0727 or kay.james@comcast.net

BALKAN DANCERS OF MARIN. Wow! What a great Balkan *Plus* party March 29. What a great crowd of dancers! We had a wonderful time and we hope everyone else did also. We thank all of you for coming and making it such a success.

Left Behind: As is usually the case there were a couple of items left behind. A hooded brown sweatshirt/jacket with zipper and printing on the front "Polo Jeans" and "Ralph Lauren". Also one pair of brown loafers size 11C. If either of these is yours please call Irene Croft at 415-456-0786.

ADVANCED BALKAN DANCERS. We started a new cycle of dances on April 20th and will re-teach them May 18th. We are taking a break from some of the truly difficult dances we have been doing. Come and join us as Dan Unger teaches us Skopsko Crnogorka, Zborenka and Triti Puti. The Skopsko Crnogorka is an intermediate dance. The Zborenka is a man's dance that is often done behind the lines when Dobrudzanka Reka is played. The Triti Puti is the 4-part one that Dan leads at Albany Y Balkan Dancers. Note that some of these are advanced dances and at least a few year's experience is needed. The class meets on the third Sunday of every month in the back dance studio at Ashkenaz from 2:00 to 4:00 pm. Ashkenaz is located at 1317 San Pablo Avenue in Berkeley. Entry is via the side door (on the left), not the main dance studio door. For information call Gary Anderson, 415-488-9197 days or Irene Croft/Gary Anderson eves at 415-456-0786. Email editor@letsdancemag.net.

Thank you letter to family and friends

—from Arden Pierce

To my family and friends: I want to extend my heartfelt thanks to all of you who helped make the celebration of my 80th birthday a truly momentous and wonderful occasion. My children who came from afar, Alix Cordray from Norway, Jacqui McGreal and her husband and three grown children, including Gwen Cordray, from Iceland, my son, Eddie Cordray and his wife, Leslie Hyll, from Dayton, Ohio, and my step-daughter, Lynn Kuchenbecker from Texas along with my two daughters, Gail Webster and Ginny Harrington and their families who live in the area made for a very exciting, energizing time of celebration for the five days, March 11 through March 15, culminating with a terrific folk dance party. A special thank you to Marcel Vinokur for hosting a celebration at his regular monthly party on March 15, to all of you who attended the party and/or sent me greetings, to the members of Zaedno who provided live music and especially to my daughter, Ginny Harrington, who did most of the planning as well as having the large family gatherings at her home.

—With love to all, Arden

Come and dance in Pt. Reyes!

Carol Friedman announces an International Folk Dance Class to be on Wednesday nights from 7-8:15 p.m. April 2-May 28 (no class April 30 or May 14) At the Dance Palace, corner of 5th & B, Point Reyes Sta. Info: 415-663-9512 or cjay@horizoncable.com

Hope to see you all on the dance floor.—Carol Friedman

ISRAELI DANCE SHABBATON

WHEN? SAT-SUN, NOON, May 10-11, 2008

WHERE? Red Lion Hotel Sacramento
at Arden Village

WHAT? Full program of dance sessions led by
Loui Tucker & Binh Au.

WHO? You, your family, friends, and anyone
interested in folk dancing!

WHY? Because we love Israeli dance and we're
celebrating Israel's 60th!

JOIN US FOR A FUN-FILLED WEEKEND!



- ☀ Special Saturday Night Israeli Dance Party!
- ☀ Meals...Kids activities...Swimming pool
- ☀ Easy access to Sacramento attractions
- ☀ Reasonable price!

PLUS! The Shabbaton will culminate with
the annual "Salute to Israel" celebration at the
Capitol's West Steps, May 11, 2008 1-4pm.

Event sponsored by the
Jewish Federation of the Sacramento Region.

For more info contact call 916-486-0906
or email: 284miko@gmail.com



Stockton Folk Dance Camp

July 20-26, 2008

July 27 – August 2, 2008

University of the Pacific Campus
Stockton, California

Enjoy a week (or two) of total immersion in folk dance and folk culture with these outstanding teachers:



Robert Bagnoli – Italian. Roberto Bagnoli is teacher and choreographer for *Terra di Danza* from Reggio Emilia and *Concordanze* from Cremona in Italy. This will be his first teaching appearance in the United States.



Cristian Florescu and Sonia Dion – Romanian. Cristian Florescu and Sonia Dion are a very popular teaching couple, specializing in the dance styles of Romania. Cristian danced with many folk ensembles while he lived in Romania (*Cumuna Carpatilor*, *Izvor*, *Balada* and *Joc*). Sonia Dion was a principal dancer and choreographer for *Les Sortileges Dance Company* in Montreal, Canada, where they met. This will be their fourth teaching appearance at Stockton Folk Dance Camp.



Jerry Helt – Squares – Jerry Helt is internationally known for his expertise in the calling and teaching field and for his ability to bring fun and joy into the dance world. Jerry has been at camp every year since 1956, delighting us with great squares and contras, building up to exploding and progressive squares on Friday night.



Daniela Ivanova – Bulgarian – Daniela Ivanova has many years of experience as a dance teacher and choreographer with several groups, including the *Medina Pitka* school ensemble, *Tropanka* folk dance group (New Bulgarian University), *Zornitza* University Students' folk ensemble in Bulgaria, and the *Chigra* Ensemble of Novi Sad, Serbia. This will be her second teaching appearance at Stockton Folk Dance Camp.

NEW!! Radboud Koop – Russian Radboud Koop has been studying Russian dances with Hennie Konings for the past 20 years and comes to us highly recommended.



Richard Schmidt – Polish Richard Schmidt was the artistic director of the Podhale Folk Dance company of Montreal, Canada from 1991 through 2007. In 2000 he was given a Lifetime Achievement Award from the government of Poland for his work in promoting Polish Folk culture abroad. He is currently the artistic director of the *White Eagle Dance Company* of Montreal.



Tinecke Van Geel – Armenian Tineke Van Geel has been teaching folk dance since 1977 and researching and teaching Armenian Folk Dances since 1985. In 2006 she received a special award from government of Armenia for her devotion and energy in promoting Armenian dance, music and culture in many countries over the past twenty-five years. She lives in the Netherlands



Workshop: Island Dances with Merilyn Gentry and Nora Nuckles Merilyn and Nora are back with their ever-popular teaching of dances from "The Islands." Join in the fun while the other campers are taking their naps.



California Kapela – Live Music From L to R: Milen Slavov (accordion), Evan Stuart (bass), Susan Worland (fiddle), Barbara Deutsch (woodwinds), and Rumen Shopov (percussion)
Singing Classes with Barbara Bevan



Stockton Folk Dance Camp

Week One: **July 20 to July 26, 2008**

Week Two: **July 27 to August 2, 2008**

Enjoy seven days of dancing with dance masters from around the world at the University of the Pacific Campus, Stockton, California. From your arrival Sunday evening to the after party the following Saturday night, you will experience a week of folk dance, folklore, and music. Although the schedule is the same each week, the experiences are different. Saturday night party theme first week – Romanian; second week – Polish. Expect an Island theme for Wednesday night. Come both weeks to take it all in.

Each day there are dance classes with the master teachers; afternoon workshops; dances for children of all ages; daily cultural assemblies with knowledgeable speakers; evening review of each day's material; dance parties; late night coffee house; auction; weekly talent show; and weekly theme party. All dances are on wood floors in air-conditioned venues. Vendors provide folk items and music for purchase. Included in the camp registration is a research dance syllabus. A DVD of the dances presented at camp will be available for purchase.

The Lawton Harris Folk Dance Collection located at the University of the Pacific is one of the largest folk dance research libraries in the nation, containing dance descriptions, hardbound books, records, CD's, and videos for extensive dance research

Partial Scholarships are available on a limited basis—application forms available on our website www.folkdancecamp.org.

University Extension Credit is available for an additional fee. Let us know if you are interested.

Questions? Ask Jan (530) 474-3231 or jmwright32@frontiernet.net

REGISTRATION FORM – 2008

Name(s) _____ Address _____
City _____ State _____ Zip (or postal) Code _____ Country (if not USA) _____
Phone _____ E-mail _____ Gender (M/F) _____ Age, if under 18 _____
Roommate preference (for shared room) _____ This will be my _____ year at Folk Dance Camp

I will attend (check one): ☐ 1st Week (7/20-7/26) ☐ 2nd Week (7/27-8/2) ☐ Both Weeks (7/20-8/2)

☐ A: \$400 Commuter Camper (tuition only) ☐ C: \$825 Tuition, private room and all meals
☐ B: \$750 Tuition, shared room and all meals ☐ Add a \$10 per week linen fee, or ☐ I'll bring my own linens

Enclosed is my deposit of \$ _____ (\$75 per person per week due now, with an additional \$225 per week due by May 15)
No deposit refunds after May 15, unless your position is filled by a person on the waiting list.

Make checks payable to: FOLK DANCE CAMP – or you may charge the amount to your Visa or Master Card:

Card No _____ Exp. Date _____ Amount to charge: _____
Name as it appears on card: _____ Signature _____

(OR download registration form from www.folkdancecamp.org and e-mail to jmwright32@frontiernet.net)

Return Registration Form to:
Folk Dance Camp
Attention Jan Wright
36676 Viola Meadows Court
Shingletown, CA 96088

Leaving New Zealand -- End of Summer Parties

—By Eileen Kopec

At the end of February, the summer season in NZ starts to wind down and the “swallows” start to fly home. People like me who come to NZ for the summer until our visas run out are called swallows by the locals and there are many of us. So why not have a farewell party...or three? Any excuse is welcome. Each weekend before I returned to California there was a dance party – and each one was quite different.

First was the “unofficial” ballroom dance party at a gorgeous estate called Moojebing, held on a stormy night. The theme was ethnic pot luck. Since we have members of various backgrounds from America, England, Germany, Scotland, New Caledonia, Australia, Vietnam, Italy and even New Zealand, we had quite the variety of delicious foods, including a rich pot roast, moussaka (from the NDS* who is not Greek, but cooks like one), sauerkraut, lasagna, and vegetarian hagus. Dinner was followed by many desserts. Almost too full to dance, we managed to work off the food on a beautiful wood dance floor. Angela, our hostess, has a big modern jukebox that plays CD's, which was loaded with all manner of Latin dances and waltzes. The big hits of the evening were 50's nostalgia -- crazy tunes like Papa Oom Mau Mau, Rocking Goose, Whole Lotta Shakin' and even Speedy Gonzales by Pat Boone. We definitely were not doing our usual sequence dances to those tunes.

Then in the middle of jitterbugging, there was a blackout! It was pitch black. Amidst much hilarity, a few candles were found and luckily after about 20 minutes of chit-chat and speculation, the power came back on and the party took off again. Then very late, when only the die-heart dancers were left, the song Spanish Eyes came on. Somehow we all got into a circle holding shoulders and someone suggested I lead them in the Miserlou! And it worked! Well, we might have had a few drinks by this point. A bit later we drove home to see that the storm had abated, with a full moon shining through a few lingering clouds. Did we drive the storm away with our dancing?

My penultimate weekend was the “official” ballroom dance party held at our usual venue, the Masonic Hall, with a picture of the Queen on one wall and various past Masonic leaders on the far wall. It was a very hot steamy night. My friend Christel dried many hydrangea flowers for the wall decorations and tables were set up at the end of the room with candles set in glasses, held with sand and shells from the beach. Again, we brought a pot luck dish but this time the instructions called for finger foods, so we didn't have to worry about utensils...or another black out. Dancing started immediately, with mostly sequence dancing for most of the night, with names like the Marquette, the Square Tango, the Ladbroke, the Silver Wedding Waltz, the Gypsy Tap, the Islington Sway, the Festival Glide and the Sparkle Two-step.

One couple brought their eleven year old daughter, who came with a young boy. The two children have been taking dancing lessons together. They did not dance like children! When I saw that she had proper high heeled dance shoes, I

knew they were serious dancers. Speaking to her mother the next day, she told me she danced while she was pregnant and then put the baby in a back-harness every week when coming to the dance group. Once while doing a particularly hard dance with many turns she was advised to sit



Eileen in the lead!—Photo by Jack Kopec

down because the baby was turning green! Obviously it didn't turn her daughter off dancing, because the young couple were quite accomplished, and had loads of style. I loved that they were not intimidated by a large group of “old” people dancing with them! Boo to the one comment I heard from someone saying “what are kids doing here?” With that attitude, where is the next generation of dancers going to come from? I'm glad the kids, or should I say young dancers, didn't hear the remark. Thankfully, everyone else treated them graciously, especially one of our oldest members – who was a champion NZ ballroom dancer back in the 40's! It seemed like a passing of the baton. It was a great evening.

The last party was hosted by me -- and my folk dance class. Instead of meeting at our usual place (also the Masonic Hall), the class held a party at the local pub, inviting all our NDS's. Not only did most partners attend, but some visitors came and some locals watched and a few even participated. The pub has a big room in the back, open to the outside air with tables around the perimeter and a big wood dance floor. Unfortunately the floor was unfinished, but it was manageable. One of the members of the class, June Jacobson, is also a musician and so is her husband Larry. They live in Paihia across the bay and ferried over with their instruments. June played the djembe and Larry played the oud and the cumbus. It was a real treat to have live music and a great experience for the class. Some of the dances they and my class knew were Ivanica, Ma Na'avu, Ajde Jano, Zemer Atik, Imate Le Vino, and a lively syrtos. We did a few others to CD's with June or Larry strumming and/or drumming along, and even got the “audience” to participate in a few, like Nigun Shel Yossi and Miserlou.

We had a lovely meal at the pub, one (or two) drinks and many hugs and tears. The evening was bittersweet for me, knowing I'd be leaving New Zealand in a few days. But soon I'd be hugging all my CA friends. I truly appreciate being able to live a double life! The class eventually drifted home and I walked June and Larry to the ferry on a gorgeous late summer evening with a slight hint of fall in the air. I waved goodbye to the Southern Cross.

Now I'm home and hope to see you all at the various events and festivals in the Bay Area!

*NDS – non-dancing spouse

March Dancing Madness

Oh, what a month it was!

By Gary Anderson

The month got off to a great start with "Mendocino Memories," March 8, a fund raiser for Mendocino Folklore Camp. It started at 12 noon with institutes until 5:00 pm. Jerry Duke led off the teaching with some easy Greek dances. Other teachers were Lynn Ackerson, squares and contras; Billy Burke, Balkan favorites; Emma Charlebois and Vince Taylor, Scandinavian and Erik Hoffman, French Canadian. In the middle of the afternoon an energetic lady arrived with a vehicle loaded to the gunnels with a variety of drums. The featured teacher, Sarah "Anindo" Marshall had arrived for the West African Dance and Drums class. She soon had the drummers doing interesting rhythms and soon after a hall full of dancers dancing to them. This amazing lady had driven up from the LA area that day and, after leading the drumming/dancing again at the start of the evening party, loaded her car again to drive back to LA to be ready for another event the next day.

The institute was followed by a singing class led by Michele Simon. Then came a very good banquet with a swing dance demonstration and open swing dancing during dinner.

The evening party featured the wonderful music of Chubritza, but exhausted by the long day, I left well before the last dance at 11:00 pm. A long and interesting day.

March 9. The next evening was a party celebrating the 70th birthdays of both Sharon Gardner and Jerry Duke at Ashkenaz. The fine musicians of Edessa played lots of village dances. Jerry had a great time fooling around with the dances, the cake was wonderful (two different kinds so I had to have two pieces).

March 14 was the Razzmatazz Black and Red Ball in Santa Rosa. This popular event was a huge success as the hall filled with dancers of all ages. Marilyn Smith's classes at Santa Rosa JC accept kids from high school who can get PE credit for folk dancing. Some children from lower grades came also.

In the huge main room of the Memorial Building was an event for middle schoolers that included dancing. Many of them, when they heard the live music of Edessa, came into Marilyn's dance where they were welcomed into the lines. Well behaved young guys in suits and ties and girls in gowns! Something about dressing up young people seems to effect a change in their demeanor! It is wonderful to see a lot of young people on the dance floor.

March 14-16 was the annual Camellia Festival in Sacramento. This is always one of the year's big events. See the excellent coverage by Barbara Malakoff elsewhere in this issue.

March 15 brought another birthday at an excellent party. Arden Pierce celebrated her 80th birthday at the Menlo Park Folk Dancers monthly party at the Menlo Park Rec. Center. Arden's relatives came from various parts of the world to help her celebrate. Aliz Cordray, the noted Norwegian dance teacher came from Norway and Gwen Cordray came from Iceland. Zaedno provided live music for the event. More wonderful birthday cake.

March 16 was the quarterly UC Berkeley Folkdancer's Reunion at Ashkenaz. These events offer dancers a chance to do the

great old dances that built folk dancing into a major pastime. They do dances that were originally on records.

March 21 was a party at Kopachka in Mill Valley to celebrate again the birthday of Jerry Duke. He is dance leader for the group. Zabava played the live music. This is an excellent Balkan band. This was another fine party and another chance to get some excellent birthday cake!

March 29 The month finished with one of the year's biggest Balkan events—the always popular Balkan Dancers of Marin Balkan Plus Party. 114 people paid admission. It is interesting to speculate on the reasons for their continued success. It is a great hall with a sprung floor that seems to ask to be danced on. The members present a great selection of finger foods to build up the energy. The program has to have a lot to do with it—it's not uncommon to hear people say that they came to do a particular dance that they hadn't seen for years. The group keeps older worthwhile dances alive with a computer rotation program and people seem to like them. There are some newer dances and, of course, they allow some requests. They keep the dances coming—they did about 56 dances during the evening, starting with warm-up dances before the listed starting time. However they do it, it was a super ending to a great month of dancing!



In center are Aliz Cordray, Arden Pierce and Gwen Cordray



Edessa playing for a crowd at the Black and Red Ball

—Photos by Gary Anderson

Changs Celebrates 70 Years of Building Community Through Dance

By Esther Landau

In 2003, Laila Messer wrote a lengthy and thoughtful article for *Let's Dance*; it was in honor of the 65th anniversary of Changs International Folk Dance Club.

Now, five years later, we prepare to celebrate the club's 70th anniversary. As I read through the pages of Changs history, I am struck by the various passions and level of dedication that has kept this club alive for all these years. Begun in 1938 by Song Chang, a student and then teacher of international folk dancing, the club has filled a variety of purposes for its members through the years. In the club's beginning, a fascination with learning about other cultures drew many dancers to the club. Then, as the club grew to a point where dancing was offered five nights a week, it clearly became the focal point of members' social lives.

It is hard now, in our over-scheduled, multi-tasking, compressed lives, to imagine joining a club that meets multiple times a week, or even weekly. And now that we have a greater access to information on world cultures, the longing to learn about village customs in, say, Estonia, may be satisfied by Googling "Estonia" or looking it up on Wikipedia.

This change didn't happen overnight. We could blame television, a growing presence in the households of many Americans throughout the 1950s and 60s. We could blame the changing economy, forcing an increasing number of families to send two adults into the workforce with fewer people at home to manage the household and make regular nights out a possibility. We could blame computers, for sucking up all our "free" time, and for creating the illusion that we are connecting with other people, even falling in love with them, without ever meeting them in person.

We could play the blame game forever. But whatever the reason, folk dancing has changed, and Changs has had to change along with it. Gone are the days when members formed a Research Committee who scoured the pages of *National Geographic* for images of traditional attire from around the world, who sought out sewing patterns, who created their own clothing by hand with elaborate embroidery. Gone are the days when 150 enthusiastic dancers would show up for Party Night.

But while we may mourn the passing of what seem to be folk dancing's halcyon days, I feel that it's time to celebrate the place we have come to, which, while very different, fills no less an important role for those who visit our club and join in this warm and friendly activity. True, we don't research or even wear traditional attire most of the time at Changs; many of the women wear slacks or jeans to dance in, instead of skirts and dresses, just as we do in our daily lives. But this means we can come to dance without elaborate preparations, a blessing at the end of a busy day. And our Party Nights may not be the mob scenes they were in the old days, but we do usually expect around 50 people, ready to swing, stomp, buzz and smile – a respectable turn-out.

What we might lack in numbers, we make up for in age diversity. Family Folk Dance Night, a monthly tradition for two years now, has created a little sub-community of dancers, with our youngest dancers ranging in age from under a year to

12. Our hope is that these children will grow up dancing together and will gradually become part of the larger club family and bring new blood into the folk dance community. Our eldest dancing members are 90 or close to it.

Dancing together five nights a week certainly led to the development of strong bonds. Lifelong friendships and often marriages were formed; milestones were celebrated, and all with dancing woven throughout. And even though we meet only weekly now, this still happens – week after week, month after month into years and decades, countless friendships begin and grow.

This is where I think we find the thread of continuity between the Changs of the early decades and the Changs of today. When I conducted a survey of club members, asking about favorite dances, least favorite dances (eliciting wildly divergent response, I might note) I also asked: "What do you like about Changs?" The answers came back with remarkable uniformity. What did club members like about Changs? The music? The dances? Learning about other cultures? Nope. They like... the people!!!

This is what I think is the secret of Changs' survival. By gathering regularly, holding hands with others, making eye contact, laughing together, humming along to the haunting and catchy tunes, and shaking our hips, we create community. Beautiful costumes and elaborate parties are wonderful, but it is the quiet, regular, and consistent in-gathering that feeds us as humans, that nourishes us in this crazy, disconnected world.

As long as Changs, and folk dancing in general, keeps providing this nourishment, it will survive every cultural shift, every new technology. Here's to another 70 years!

Photos from Changs archives:



THE BUMPERSTICKERS ARE AVAILABLE!

by Loui Tucker
loui@louisutucker.com

The “**International Folk Dancers - Dancers Without Borders**” bumperstickers are available, and are flying out of my hands faster than you can say “Hey Hopa!”

I decided to start with one run of the most popular bumpersticker, and I had 250 printed. My dance class quickly took about 50 of them; another 50 or so went to dancers attending Sacramento’s Camellia Festival. I have mailed about 30 more to various folks who emailed me that they wanted them to hand out to their own dance groups (one of them is in Oregon!)

And we have had nearly immediate positive results. I got this email:

I put it up at work this morning. By lunch time two people came up to me saying that they used to dance in their youth and would really like to start up again. So, we may have two new people for the group.

As I have written in the past, I am giving stickers away to anyone who promises to put one **on their vehicle or some other place where it will be seen regularly in public**. I don’t think it will do our community any good if you put them on your refrigerator or your home computer or your dance bag.

You can ask for a dozen and I will mail them to you (or deliver them if you’re local) so long as **you promise to give them away**. You cannot ask for a bunch and then sell them at our local dance class.

A few generous people have offered to help with the financing, or offered to make a donation to our scholarship fund in return for taking a bumpersticker. Please be aware that, while I am not rolling in dough, I really can afford to do this bit of advertising on behalf of our international folk dance community. However, if you would like to send a check to help defray the costs of production, I am willing to accept small donations. If I receive more in total donations than the cost of the graphic artist’s fee and the printing costs, I will put the excess towards postage and envelopes for mailing, and then to the next round of printing.

My address is 153 Race Street, San Jose, CA 95126. And... thank you!



Valle Pogonishte

(Albania)

Valle Pogonishte (VAHL-leh poh-goh-NEESH-teh) is from southern Albania and related to the Greek dance Pogonisos or Sta Dyo from Epirus. It was presented by Yves Moreau in March 2007 at the National Folk Organization annual conference in Salt Lake City, Utah; it was presented by Loui Tucker in February 2008 at the Festival of the Oaks in Berkeley, California.

CDs: *Festival of the Oaks 2008* (L. Tucker), Track 2 2/4 meter
Folk Dances from Bulgaria... and Elsewhere, NFO-07 (Y. Moreau), Track 6

Formation: Open circle, hands joined down in V-pos, leader on R.

Styling: Light and proud, bouncing slightly on each step.

Measure	2/4 meter	PATTERN
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1-4 INTRODUCTION. No action.

I. TRAVELING

- 1 Facing ctr, step on R to R (ct 1); step on L behind R (ct 2); step on R to R (ct &).
- 2 Facing LOD, step fwd on L (ct 1); step fwd on R (ct 2); step fwd on L (ct &).
- 3-8 Repeat meas 1-2 three more times.
- 9 Facing ctr, step on R to R (ct 1); step on L next to R (ct 2).
- 10-18 Repeat meas 1-9.

II. CROSS-BEHIND, STEP-LIFT

- 1 Still facing ctr, step on R to R (ct 1); step on L behind R (ct 2); step on R in place (ct &).
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Repeat meas 1.
- 4 Facing ctr, step on L slightly to ctr (ct 1); raise R knee in front (ct 2).
- 5-16 Repeat meas 1-4 three more times.

III. CROSS-BEHIND, LEG SWINGS AND TRAVEL

- 1 Repeat Fig I, meas 1, with slightly larger steps.
- 2 Step on L in front of R (ct 1); come up onto ball of the L ft while swinging R leg up in front of L (ct 2); step on R crossing in front of L (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat Fig I, meas 5-8 (traveling).
- 9-16 Repeat meas 1-8.
- 17 Facing ctr, step on R to R (ct 1); step on L next to R (ct 2).

Sequence: Figs I, II, III, Fig I (meas 1-9), Fig II, Fig III, Fig I (meas 1-7), Fig II (ct 4).

MEL MANN'S FOLK DANCE ELDERHOSTEL

By Esther Mosse Mann

When Mel, first told me about his idea to plan an Elderhostel about dance, my first thought was---"That's a lot of work. You are out of your cotton picking mind. With all the activities you have, you can hardly get through a meal without being interrupted by a telephone call. You haven't had a warm meal in weeks."

By now, you would think that I should have learned to trust his judgment. Both of us were right. It was a wonderful experience and, also, a lot of work. The work of organizing was all done by him. We have just come home from the five day Elderhostel program in San Francisco called "Dancing for your Mind, Body and Spirit." Don't tell him, but I had a ball and am glad he thought of it.

We were blessed all week with clear, comfortably warm days. The Elderhostel was held in the Whitcomb Hotel, (built immediately after the 1906 earthquake and for many years served as San Francisco's City Hall). To this day, it even has the old city jails in it's basement, now used as storage rooms. It is located near the city's interesting Civic Center.

The 27 participants at this Elderhostel came from all over this country. They hailed from Texas, Washington, Ohio, Minneapolis and of course both northern and southern California. They all had a lot of interest in dance and had a wide variety of skill and experience in dance. After welcoming them, an orientation and introductions the group went for a family style Mediterranean dinner followed by an evening of dancing led by us.

Monday and Tuesday began with a lecture by Jerry Duke, on the history and variety of dance, followed by a dance lesson by the terrific Loui Tucker who catered to all the levels of dance experience of the participants. She taught mostly easy dances from Europe and Israel. Monday's lunch included a visit to the famous San Francisco landmark the Ferry building which was one of the few buildings that survived the 1906 earthquake, then a tourist boat excursion around San Francisco Bay. In the evening, we were treated to Jewish soul music, a Klezmer performance by the "Red Hot Chachkas." They were great and they taught and led some dancing to their music.

Tuesday, we boarded a private coach to take us on a private, custom sightseeing tour led by Mel to the East Bays Jack London Square and the famous "Heinholds First and Last Chance Bar" that Jack London frequented. It has not been painted or cleaned since Jack drank beer there. We saw the lovely jewel of central Oakland, Lake Merritt, the Claremont Hotel, and the ravaged Oakland hills fire area of 1997?. Then, we drove above Berkeley to enjoy the spectacular view from the hills near the Lawrence Hall of Science. The group had a brief tour of Berkeley's famous "Gourmet Ghetto", home of Chez Panisse and other famous food establishments. Dinner was held at Cha Am, a charming, family run Thai restaurant, in that neighborhood. Following dinner, we headed to our own Berkeley Folk Dance beginner night class taught by Bill and Louise Lidicker. Mel had arranged refreshments for the intermission and socializing. We were having such a good time it

was hard to leave.

Loui Tucker taught dances all Wednesday morning. Following a Dim Sum lunch in Chinatown, the Elderhostelers were broken into two groups with professional guides who took us in and out of the nooks and alleys of Chinatown. We visited Temples, famous gathering places, a fortune cookie factory, heard exotic instruments, we saw the two Chinatowns, the tourist one and the fascinating markets for the locals, as well as some unique architecture. The evening was free to explore San Francisco on your own, go to the theater, or came back to the hotel for dancing with us.

Thursday morning, Jerry Duke gave a lecture on the physical and mental health through dancing. Following an excellent lunch in a private dining room at the Asian art museum we had a guided tour of the beautiful City Hall, and enjoyed the afternoon at the Asian Art Museum.

After a farewell dinner with wine and gourmet desert, the piece de resistance, was a performance by the Jubilee American Dance Theatre. They included a band of four musicians and twenty dancers. Following their outstanding performance in the Grand Ballroom of the hotel, they led and taught several dances that we did together with the performers. The evening ended with refreshments and socializing with the members of the company.

Friday morning a wrap up lecture by us was on the schedule, but, the group preferred to dance, so we did. During our five days together, we had eaten Turkish, Thai, Chinese, and American food. What a glorious week we had.

Once the group had left, we met with representatives of Seimer and Hand to review the week and we were told that Elderhostel headquarters in Boston have asked us to repeat the program again next year. They already have it on schedule beginning March 22, 2009. We need more participants next year, so tell your out of town friends about it and/or plan to entertain any snow bird relatives or friends and let someone else do the dishes and make the beds. Koodos to Mel, again.

Changs celebrates 70th Anniversary

Save the date! On Friday, June 27, from 7 pm until 11 pm-ish, we will dance the night away to celebrate the 70th anniversary of America's oldest continuously operating folk dance club.

We're starting at 7 pm so our dancing families can attend with their children. We'll have TWO live bands playing (not simultaneously): Potchi Gotov and Vecernica. We'll share delicious food, and there will be plenty of club history to check out while you're resting or eating - a slide show, photo albums, articles. Come learn about Song Chang, the founder of the club, and how it has survived all these years. As a friend of Changs, you are part of folk dance history now, too! Help us spread the word so we get a big happy crowd.

If you have ideas for the party, or you'd like to help out in some way, just let me know. Here are the basic details: Friday, June 27 7 pm - 11-ish Janet Pomeroy Center Gymnasium, 207 Skyline Blvd., San Francisco, CA 94132

More details will come as we get closer to the date (directions, admission charge, etc.) but mark your calendars now! More details will be posted at <http://changsfolkdancers.blogspot.com>. —Best, Esther Landau

**Join us to celebrate
the 70th Anniversary of
Changs International Folk Dance Club**



Friday, June 27, 2008

7 - 11 p.m.

**Janet Pomeroy Center Gymnasium
207 Skyline Blvd., San Francisco**

**Lots of recorded favorites,
plus two live bands:**

**Pochti Gotov
&
Vecernica**

**\$5 per person at the door; \$10 per family with kids
Please bring a dish to share.**



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SERBIA ! BULGARIA ! GREECE and the GREEK ISLANDS ! NORWAY! HUNGARY! POLAND! BUDAPEST!

Travel with international folklore and folk dance experts:

Jim Gold, Lee Otterholt, Richard Schmidt

Cheryl Spasojević, and Adam Molnar

SERBIA! . . . June 8-19. Led by Jim Gold and Cheryl Spasojević.

Picturesque villages, dancing, and exciting music.

Belgrade, Boljevac Folk Festival, Kragujevac, Zlatibor, Vrnjačka Banja

BULGARIA! . . . August 3-17. Led by Jim Gold.

A mysterious, magical country with unbeatable dancing, music, and folklore. See the best of its historic sights, folk arts, ethnic museums, villages, and folklore! **Sofia, Bansko, Pamporovo, Plovdiv, Veliko Turnovo, Koprivshtitsa Folk Festival**, day trip to Northern Greece.

GREECE and the GREEK ISLANDS! . . . October 19-31.

Led by Jim Gold and Lee Otterholt.

Dance hasapicos, syrtos, and more! Mountains, markets, archeological wonders, and sun-kissed islands.

Classical tour of **Athens, Olympia, Delphi, Meteora, Mycenae. Greek cruise to Mykonos,**

Crete, Rhodes, Patmos, Ephesus, Santorini. Santorini extension: Oct. 30-Nov. 2.

NORWAY! . . . June 14-24. Led by Lee Otterholt.

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings!

Oslo, Bergen, Hovin (Telemark), Fjord Cruise, Voss, Aal, Midsummer in Norway!

BUDAPEST! . . . March 21-30. Led by Adam Molnar. Easter/Spring Festival Tour.

Gypsy music, csardas, and folk dance in the fiery Land of the Magyars. .

HUNGARY! . . . July 26-August 5. Jaszbereny and Matyo Folk Festivals.

Led by Adam Molnar.

Magyar adventures in **Budapest, Eger, Nyiregyhaza, Mezökövesd, Debrecen.**

POLAND! . . . May 3-17, September 6-20. Led by Richard Schmidt.

Dance the Polonaise, Krakowiak, and more!

Krakow, Zakopane, Torun, Gdansk, Olsztyn, Warsaw.

ISRAEL! . . . March 15-27, 2009. TURKEY! . . . October 18-31, 2009

For itineraries and details: Visit www.jimgold.com

REGISTRATION FORM: I can't wait to go! Sign me up immediately! Check off desired destination(s) and enclose \$200 per person deposit to insure your place.

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Chamcheto (Macedonia)

Chamcheto (CHAHM-cheh-toh), meaning small boat, was described in 1934 (Folk Dances, Vol I, #100) by the Jankovich sisters of Belgrade. It was introduced in 1956 at the Santa Barbara Folk Dance Conference and S.F. Kolo Festival by Anatole Joukowsky and taught by him at Idyllwild 1982, by Dean Linscott at the 1970 Sacramento Institute and by Michael Ginsburg at the 1994 Stockton Folk Dance Camp. It is described by Jack Peirce in the Folk Dance Federation of California's 1973 Folk Dances from Near and Far, Vol D-2.

Michael Ginsburg relates the continual up-down movements of the dance to those of a small boat. The word Cham refers also to a mostly Muslim minority in the often contested boundary regions between Albania and the Macedonias, also the sites of legendary Lakes Ohrid and Prespa.

Music: Record: 45rpm XOPO 304A, (XO speeds are nonuniform in Figs I & II)
Cassettes: Rounder C6054; Michael Ginsburg; Zlatne Uste, side A6
(Zlatne Uste speeds are uniform in Figs I & II.)
Meter: $7/8 = 3/8 + 2/8 + 2/8$, counted 1, 2, 3 or s, q, q (slow music of Part I)
or $7/8 = 4/8 + 3/8$, counted 1, 2 or S, s (fast music of Transition and Part II)

Formation: Line(s) or open circle(s). M & W are separated, either in separate lines or with M on R end of a single line. M are in T-pos; W are in W-pos for Part I and V-pos for Part II. All face center throughout.

Steps: Bounce: Lifting on ball of supporting ft, raise heel ahead of the beat and lower heel to floor on the beat.
Hop: Flexing supporting knee, raise full wt above floor ahead of the beat and return wt to floor on supporting ft on the beat.

Styling: Knees bend freely. M's steps and knee movements are larger than W's.

Measure	7/8 Meter	Pattern
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INTRODUCTION None, but hold first two measures at the beginning.

I SLOW MUSIC ($3/8 + 2/8 + 2/8 = \underline{1}, 2, 3 =$ slow, quick, quick)

- 1 Step R across L, raising L behind ankle (ct 1); bounce twice on R (cts 2,3).
- 2 Step back on L, raising R fwd (ct 1); hold (cts 2,3).

Chamcheto, pg 2, Part I (continued)

- 3 Lift on ball of L, raising R leg fwd with thigh parallel to floor and lower leg vertical (ct 1); hold (cts 2,3).
- 4 Step R to R (ct 1); bring L behind R ankle and step on L behind R (cts 2,3).
- 5 Step on R to R (ct 1); two slight bounces as L moves behind R (cts 2,3).
- 6 Step on L behind R (ct 1); hold (cts 2,3).
- 7 Lifting on ball of L, circle R to bring ft behind L knee (ct 1); hold (cts 2,3).
- 8 Step fwd on R (ct 1); lifting on ball of R ft, raise L fwd, knee bent and thigh parallel to floor (cts 2,3).
- 9 Step fwd on L, raising R behind L ankle (ct 1); bounce twice on L (cts 2,3).
- 10 Step back on R (ct 1); raise L in front, knee bent (ct 2); hold (ct 3).
- 11 Circle L ft behind R knee (ct 1); lift on ball of R ft (ct 2); hold (ct 3).
- 12 Step fwd L (ct 1); lift on ball of L, raising R fwd (ct 2); hold (ct 3).
- 13-76 Repeat meas 1-12 five and one-third times (six and one-third total).

TRANSITION (no movement) Fast Music – XO (ZU) waits 3 (2) meas.

II FAST MUSIC ($4/8+3/8 = 1, 2 =$ slower, slow) Pattern is similar to that of Part I, but approximately twice as fast with the corners smoothed.

- 1 Step fwd on R (ct 1); step back on L (ct 2).
- 2 Hop on L, raising R fwd (ct 1); step R to R (ct &); step L behind R (ct 2).
- 3 Step on R to R (ct 1); step on L behind R (ct 2).
- 4 Circle R CW around L knee (ct 1); step on R beside L (ct 2).
- 5 Step on L across R (ct 1); step on R in place (ct 2).
- 6 Circle L CCW around R (ct 1); step on L beside R (ct 2).
- 7-63 Repeat meas 1-6 nine and one-third times (ten and one-third total).

Let's Dance! advertising rates

Size	width and length	Fed. club	Others
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Let's Dance!

Box 548,
Woodacre, CA 94973-0548



Folk Dance Scene

The official magazine of the Folk Dance Federation, South, Inc.

This (almost) monthly publication has folk dance events in California and elsewhere, folklore articles, recipes and lots of good reading.

To get a copy, just write to:

Gerda L. Ben-Zeev
19 Village Park Way
Santa Monica, CA 90405

Where to dance

Federation clubs

NORTH STATE

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 p.m. at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm-up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

SAN FRANCISCO COUNCIL

Chang's International Folk Dancers, Inc. Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is **Family Folk Dance Night** at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

Greek Folk Dancing. Meets every Monday at the Presidio Dance Academy, 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour is practice. Contact Mary Ann Karonis, 510-530-5140 makaronis@earthlink.net or www.greekfeet.com

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. Meets every Wednesday 10:00 — 11:30 a.m. at The Polish Club, 2040 22nd Street at Shotwell. Lines, sets, partners, trios—we do it all. Beginners welcome! Contact: Ann Colichidas at 415-902-7690. Free parking, public transportation.

SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

MODESTO

Every Wed. night—Modesto Folk Dancers meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

Every Friday night—Village Dancers of Modesto meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to 9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

Every Saturday—Modesto Tango (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

ALBANY

Albany Y Balkan Dancers. Every Friday, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Ave., Albany. Contact Kay James, 925-376-0727.

BERKELEY

Advanced Balkan Dance class—May 18. Dan Unger will be teaching Skopska Crnogorka, Zborenka and Triti Puti (4-part). Every third Sunday, 2-4:00 pm in the Rear Dance Studio at Ashkenaz. Experienced instructors, friendly people. Entry via the left hand door at Ashkenaz, 1317 San Pablo Avenue, Berkeley. Information: Gary Anderson, 415-488-9197 days or email: editor@lets-dancemag.net

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Avenue, Berkeley, CA. 7:45 — 9:45 pm. Contact Naomi Lidicker at 510-524-2871.

May 16. All-Request-Night Pre-Summer Solstice Party. Celebrate by dancing to the music of Vecernica at Live Oak Park at the above address. Everyone welcome. For just \$5, live music from 7:45 - 9:45 PM. Contact Peter D'Angelo 510-654-3136.

Weekly class schedules:

Mondays—Fourth Year, Lone Coleman 510-526-5886 and Tom Sha, 510-614-5522

Tuesdays—Beginners, Louise and Bill Lidicker 510-528-9168

Wednesdays—Third Year, Judy Stonefield 510-655-3074 and Yaqi Zhang 510-525-1865

Thursdays—Second Year, Claire and Al George 510-841-1205

Fridays—Requests. Contact Peter and Lynne D'Angelo 510-654-3136

Cape Breton Step Dance at Ashkenaz—2nd Sundays 1:00 to 4:00 pm. 1st hour, beginners, (experienced dancers welcome); 2nd and 3rd hours emphasis on experienced dancers. \$23.00 for each 3 class session, \$9.00 drop-in. 14 years and up. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. 510-525-5099. For info call Bob Schultheisz 209-745-9063, bobschul@softcom.net

OAKLAND

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or fjtripi@juno.com

Scandia Saturday. We meet the second Saturday of every month from September to January, then from March to May. (Not Feb., June, July or August). 7:30pm teaching, 8:30pm dance to live music with refreshments. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or fjtripi@juno.com.

PENINSULA COUNCIL

June 21, July 12. Peninsula FD Council Party. 8 pm. \$7.00, free refreshments. Bring a little finger food to share. St. Bede's Church, Sand Hill Rd. at Monte Rosa, Menlo Park. Info: Al (408) 252-8106.

Mostly Balkan. Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

Menlo Park Folk Dancers Parties—May 17, June 21, July 19. Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. \$7.00. Call Marcel Vinokur at 650-327-0759 for details.

May 10—Santa Clara Valley FD Party—Free refreshments, Only \$7.00 St. Bede's Church, 2650 Sand Hill Road at Monte Rosa, Menlo Park, parking entrance on Monte Rosa. 8:00 pm. Contact is Maxine or Don at 408-739-0500.

Tuesdays—Menlo Park Folk Dancers. Classes, International, Beg., 7:00, Inter. 7:30, requests 8:30 pm. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759.

Palomanians IFD Parties—June 7, October 4 and December 6. First Methodist Church, Broadway at Brewster, Redwood City. Starts at 8:00 pm. Free refreshments and only \$7.00. Info at 408-252-8106 or 650-368-7834.

Palomanians IFD—Class on Tuesdays at Menlo Park Rec. Center, 700 Alma St near Ravenswood, Menlo Park. Intermediate and advanced partner and non-partner dances. Denise Heenan, instructor. Info 408 252-8106.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Docey Doe FD—Note new location—class on Wednesdays, 7:30 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Bruce Wyckoff, instructor 650-368-7834.

FRESNO FOLK DANCE COUNCIL

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Tuesdays—Central Valley-CAFY, Lafayette Center, Princeton Street, West of Blackstone. Contact Fran Ajoian, 559-255-4508.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

First and Third Saturdays—International Dancers. 8:00 to 10:00 pm at Cynthia Merrill's Dance Studio, 4750 N. Blackstone near Gettysburg Street, Fresno.

Fifth Saturday Party at Cynthia's Merrill Dance Studio, 4750 N. Blackstone near Gettysburg St., Fresno. Fran Ajoian 559-255-4508.

REDWOOD COUNCIL

Napa Valley Folk Dancers. Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. **Party** Every 4th Saturday, 1:00 - 4:00 p.m.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

Petaluma Snap-Y Dancers - Every Mon. 7:00 - 9:15 pm. Telephone contact: 415-663-9512 or 707-778-0130. Hermann Sons Hall, 860 Western Ave., Petaluma, 94952.

Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Rd., Santa Rosa, 95401. Every Wednesday 1:15-3:15 p.m. except June - Aug.

Snap-Y Dancers (Sonoma). Resume September 6. Beginners welcome! Vintage House, 264 First St. East, Sonoma, 95476. Every Thurs 7:00 - 9:15 p.m. Info: Art Babad 707-542-2132



Balkan Dancers of Marin—Every Thursday. 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday with reviews following weeks. 4140 Redwood Highway, San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Kopachka. Fridays, 8:00pm. Scout Hall, 177 East Blithedale in Mill Valley. Programmed & request dances. Jerry Duke is main teacher/leader. Contact Toni Denmark 415-789-0061

SACRAMENTO

SACRAMENTO VALLEY CAPE BRETON STEP DANCERS. **Note address change.** Our performance group is **Caper Duck**. Third Sunday dance workshop in Galt, 1:00 to 5:00 pm. Call for address and directions. Contact for more information Bob Schultheisz, 209-745-9063, bobschul@softcom.net.

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyexpress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181
Where to dance in the Greater Sacramento Area

SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL

Website: www.folkdance.com/sacramentocouncil/

*indicates "Beginner-friendly class"

(Note: Federation members are in bold type, others do not belong to the Federation.)

CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at <http://www.fussell.org/sacramento/index.htm> or call 916-739-6014 or 916-371-0739.

MONDAY

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30 -9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

***SCANDINAVIAN DANCE CLASS.** All levels. Beginners 7-8 pm. Review and intermediate 8-9 pm. Requests 9-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-358-2807.

TUESDAY

EL DORADO INTERNATIONAL DANCE. Beg. & Int. line & couple. 7:00-9:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198

TUESDAY DANCERS. Beg. & Int. International & Country Western, line & couple. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 916-923-1555

WEDNESDAY

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael. Contact: 916-487-0413 or 916-923-1555

KOLO KOALITION. Mostly Balkan, Int. & Adv., non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-888-6586 or 916-446-6290

THURSDAY

ALPENTANZER SCHUHPLATTNER. Bavarian & Austrian. 7:30-9:30 pm. Call for location. Contact: 916-988-6266

* **PAIRS & SPARES.** Beg. & Int. International, Rounds, Squares, & Contrasts. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

* **RENO INTERNATIONAL FOLK DANCE CO-OP.** Beg. & Int. International. 7:15-8:30 pm. 1st Congregational Church, 627 Sunnyside Dr., Reno. Party First Saturday, 7-9:30 pm, at the Nevada Dance Academy, 1790 4th St., off Keystone, Reno. Contact: 775-677-2306 or wigand@gbis.com

FRIDAY

* **EL DORADO INTERNATIONAL DANCE.** Beg. & Int. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grade, Garden Valley. Contact: 530-622-6470 or 530-333-4576

* **EL DORADO INTERNATIONAL DANCE.** All levels, Couple & Line. 8:00-10:30 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-677-1134

* **NEVADA COUNTY FOLK DANCERS.** Beg. & Int. International & Balkan. Selected Fridays. 8 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

SATURDAY

BBKM. Party, All Levels, Mostly-Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-923-1555

BALLIAMO. 12:00-2:00 pm, Sierra II Center, 2791 24th Street, Room 14, Sacramento. Contact: bdbeckert@sbcglobal.net or 916-482-8674.

FIRST & LAST DANCERS. Country-Western, Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pm-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug., & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party, All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-10:30 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folsom Bl., Sacramento. Contact: 916-428-6992

RENO FOLK DANCE CO-OP. Party, International. 2nd Sat. monthly (Sept.-June). 7:00-9:00 pm. 1st Congregational Church, 627 Sunnyside Dr., Reno (off Keystone Ave.). Contact: 775-677-2306 or wigand@gbis.com

SUNDAY

* **DAVIS INTERNATIONAL FOLKDANCERS.** All levels. 7:00-10:00 pm, International House, 10 College Park, Davis. Corner of College Park and Russell Blvd. Across from the north entrance to UCD campus. Contact: 530-758-0863. Website: www.davisfolkdance.org

* **ENGLISH COUNTRY DANCE.** All levels. 2nd Sun. monthly. 2-5 pm. Roseville Masonic Temple, 235 Vernon St., Roseville. Contact: 916-739-8906

* **SACRAMENTO 3RD SUNDAY SOCIAL DANCES OF THE WORLD PLUS ISRAELI.** *2-4 pm beg. & int. Israeli line & couple. 4-5 pm international line couple & mixers. 5-6 pm all requests. YLI Hall, 27th & N, Sacramento. Contact: 916-632-8807 or 916-371-4441.

* **SACRAMENTO 4TH SUNDAY SOCIAL DANCES OF THE WORLD PLUS SCANDI.** All levels. 2-3:30 pm. International line, couple, & mixers. 3:30-5:30 pm Scandinavian. Requests till 6:30 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-632-8807.

SACRAMENTO SUNDAY ISRAELI DANCE. Beg. & Int. Israeli, Non-Partner. 3rd Sun. monthly. 2-4 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-371-4441.

STEPPING OUT. Teach & perform various forms of Scottish Dance including Scottish Country Dancing, Ceilidh dancing Twasome & Cape Breton Step Dancing. Meets 2 pm Sundays in Roseville (call for location). Contact: Charles Todd, 916-786-8448 or email chuck-todd@surewest.net

EXHIBITION GROUPS. Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTNER, Bavarian/Austrian exhibition group. Contact 916-988-6266 or see website: www.alpentanzer.org

BALLIAMO. Italian performing group. Contact: 916-482-8674

CAMTIA. German exhibition group. Contact: 916-933-4619 or 530-888-6586. Website: www.geocities.com/camtiafest/

EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-2926

VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 or 916-765-2229 or 16-714-2527. Website: www.waltz@strauss.net

ZADO SINGERS. Performing group singing songs of Eastern Europe & beyond. Contact: 916-923-1555 Website: www.zadosingers.org

Note: Information is subject to change. Telephone contact numbers for current information.

*For information on other Federation activities
call 510-524-2871*

Other groups and classes—

BAY AREA—

International Folk Dance Class. Wednesdays 7-8:15 p.m., starting April 2 at the Dance Palace, 503 B Street, Point Reyes Sta. Info: 415-663-9512 or cjay@horizoncable.com

Rina Israeli Dance. Everyone is welcome. Thursdays, Beginners 10:00 am, Intermediates 11:00 am to 12:30 pm. Osher Marin Jewish Community Center, 200 N. San Pedro Road, San Rafael. For information call 415-444-8000.

Stockton in Exile—First and third Sundays. 10:00 am to 12:00 pm. All requests, mostly Stockton dances. Saratoga School of Dance, 18776 Cox Ave., Saratoga. Call to confirm, Marion Earl 650-793-1166.

Folkdances of Hungary and Transylvania—Wednesdays 8:00 to 10:30 pm. Todd Wagner and Sarah Tull. \$7.00 drop-in. Menlo Park Rec. Center, 700 Alma Street, Menlo Park. Call for info: 650-941-0227 or email todd@wagnerhaz.com

Point Reyes International Folk Dance. Wednesdays, 7:00 pm at the Dance Palace, 5th and B Streets, Pt. Reyes Station. Contact Carol Friedman 415-663-9512 for information.

Saratoga International Folklore Family. Thursdays 7:00-8:00 beginners lesson; 8:00-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, email: loui@loutucker.com

Stanford International Dancers. 8-11:00 pm. Fridays, Flex-it Aerobics Studio, 425 Evelyn Avenue, Mountain View. For info call Barbara 650-966-1775. No street shoes.

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:30, 7:30—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

Little Switzerland—Food and bar. Occasional live polka music. Call first—707-938-9990. Corner of Riverside and Grove, El Verano (Napa Valley).

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