# Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING 🔑 September, 2007

Watch for the October
issue of Let's Dance! magazine for
coverage of the
60th Anniversary
Stockton Folk Dance Camp



TWO HUNDRED of Millie Von Konsky's students in performance! See Laila Messer's article on page 5

# Let's Dance!

#### Volume 64, No. 7 September, 2007

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#### Website:

You can now post your folkdance event flyers on the Federation's web site: www.folkdance.com. If you need assistance, contact Dick Rawson at FDFC1.rawson@xoxy.net

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#### The deadline for Let's Dance! is one month prior date of publication.

We welcome submissions, letters and comments from our readers.

Please send to: Gary Anderson, Editor Box 548, Woodacre, CA 94973 email: wildwood press@comcast.net

#### Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

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#### THE NEW TEAM

One of my goals for this year is to expand the participation of members in the business of the Federation, and hence to enhance the spirit of teamwork that should ideally engulf all our activities. The health, indeed the survival, of our organization will require the selfless contributions of a growing cadre of volunteers. If we truly believe in the values of world folk dance, we all need to think of what we can do to promote our goals as an organization. While we may profit individually from Federation programs (the journal, institutes, etc.), we will profit much more by having a healthy Federation that can work for the welfare of the dance community in general, that is for all of us.

It therefore gives me great pleasure to announce this year's team of committee members. It is after all the committees that do the important work of the Federation. The chairs of the Standing Committees constitute most of the Board of Directors, and they and their committee members accomplish the bulk of the Federation business. Of course the officers provide some guidelines and facilitation, but their role is overshadowed by that of the committees. The following list is incomplete as some chairs still need to be appointed and some committees are still assembling their rosters. Nevertheless, I want to recognize the many volunteers that already constitute our Federation team.

STANDING COMMITTEES

Finance - Chair Louise Lidicker, Irene Croft and Bill Lidicker (ex officio)

Institute - Chair Judy Kropp, Toba Goddard, Dick Rawson, and I to be appointed

Insurance - Chair Elsa Bacher, Margaret Harrison, and 1+ to be appointed

North/South Liaison - Chair Laila Messer

Promotion - Chair Ann Brown, Gary Anderson, Marion Earl, Bruce Mitchell, and Loui Tucker

Publications - Chair Joel Bruxvoort, Dick Rawson, Vick Vickland

Publicity - Chair Eileen Kopec, and 3+ to be appointed

Research - Chair Bill Wenzel, Martha Awdziewicz, Laura Bremer, Bill and Louise Lidicker, Mary Painter, Cricket Raybern, Suzanne Rocca-Butler, Rick Sherman, Loui Tucker, Joyce Uggla, Carol Wenzel, Karen Wilson-Bell, Teddy Wolterbeek, Sabine Zappe

Scholarship - Chair Mel Mann, Esther Mann, and 1+ to be appointed.

Statewide Festival - Chair Vick Vickland, Lorraine Biner, John Hingtgen, Philip Liberman, Marilyn Piazza, Andy Schlidt, Joan Stouffer, Al and Teddy Wolterbeek, Marion Earl and Bill Lidicker (ex officio)

Committees without appointments: Archives, Nominating (to be formed in Fall '07 by Vice-President)

Inactive Committees: Costume, Teachers

AD HOC COMMITTEE — 501c(3) – Chair Dick Rawson, Bill Fleenor

So, this is where we are at this time. I will keep you informed of future additions. Meanwhile, I would sincerely welcome your suggestions for additional appointments, including self-nominations.

Finally, let me call your attention to the next meeting of the Board of Directors, and remind you that all members of

#### PRESIDENT'S MESSAGE

(Editor's note: This message was written for the July/August issue of Let's Dance! We regret that it wasn't in that issue as it should have been. We didn't receive it. It disappeared somewhere in email limbo where several others have recently disappeared also. To prevent that in the future, we are returning to our old email address: wildwood press@comcast.net.

Well, the Federation is off and running for another new year. It is an honor and privilege for me to be entrusted with being your President, and I hope I can keep the organization healthy for this 12 month period. We have a new set of bylaws that give us a slimmer and hopefully more efficient structure, and improved democratic machinery with the enfranchisement of the individual Federation members. My intention is try to get more dancers involved in the business of the organization, not only so we can provide more services to the folk dance community, but also to give some needed vibrancy to its core being.

So far, I can report some good news. Two of the appointed officers have agreed to continue serving. These are Gary Anderson as editor of Let's Dance! and Sidney Messer as Membership Chair. Vick Vickland will continue on the Board as Immediate Past-president, and thereby continue to give us the benefit of his experience. Of the 14 Standing Committees, whose chairs are automatically members of the Board of Directors, half of the chairmanships have been filled. In the next Let's Dance! I hope to be able to report a full complement of chairs plus names of committee members.

It has been an interesting, if sometimes frustrating, month for me since the elections at the Blossom Festival, in that I have communicated, often extensively, with many Federation members. It is an up roller coaster when someone agrees to be part of the leadership team, and a downer when they decline. One thing I have learned is that some of our committees require too much commitment from busy people, and I am working to reduce workloads by dividing up the jobs among more of us folks. Also, I have encountered a number of misconceptions about the Federation, such as the feeling that the Federation only supports certain kinds of folk dance, or that it has lost its relevancy for the dance community. We all need to spread the word more effectively. And, a good reference for this is Gary Anderson's editorial in the April ('07) issue of this magazine where he asks and answers the question: "What can the .... Federation do for you?" This is a critically important question, but it is only a part of the matter. The other, even more important question in my view, is "What can each of us do for the Federation?" If we believe in the value of world dance for society at large as well as for us personally, we must take a more holistic view of organizations like the Federation, and give them as much support as we can.

- Bill Lidicker

the Federation are welcome to attend Board meetings. Although only Board members can vote, everyone is encouraged to participate in the discussions. The next meeting will be at the Sonoma Festival in Sonoma and is scheduled for 11:30 am. on Sunday September 9 in the Veterans Memorial Building (126 1st St. West). Hope to see you there.

—Bill Lidicker, President

## September, 2007 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy Send future events information to Gary Anderson, Editor, Let's Dance!, Box 548, Woodacre, CA 94973, e-mail: wildwood\_press@comcast.net

The deadline for listings is one month prior to the magazine date.

#### Upcoming Events—

- September 1-2 142nd Scottish Highland Games. Alameda County Fairgrounds, Pleasanton. Information: www.caledonian.org
- September 3 Labor Day Family Picnic Down on the Farm. Potluck picnic and dancing. 10:30 am until dusk. 6200 Alhambra Avenue, Martinez. Information Mel/Esther Mann (510) 527-2177
- September 9 \*Fiesta de Sonoma. 1:30 to 4:30 pm. Donation \$6.00. Federation Board meeting at 11:30 am. Veterans Memorial Building, 126 1st St. West, Sonoma
- Sept. 22 & 23 Oktoberfest 2007. Balboa Park Club, Balboa Park, San Diego. Call Anne at 619-422-1584 or email Georgina at gbsham@san.rr.com, website: www.hofshi.net/idasdc/#events
- Oct. 15-27 Dance tour to Armenia. For information: Tineke van Geel, www.tinekevangeel.nl, Email: info@tinekevangeel.nl
- Oct. 19-21 Camp Hess Kramer workshop weekend "Camps Review". Beverly Barr, Gary and Jane Diggs and Denise Heenan. Located at 11495 E. Pacific Coast Highway in Malibu, one mile north of the Ventura County line. For information call Irwin at 310-202-6166 or 310-478-6600
- \*Harvest Festival. The Annual Fresno Harvest Festival is on! Registration for the institutes in the morning will begin at 1:00 pm. The institute is from 1:30 to 4:30 pm. The evening party is 7:00 to 11:00 pm with requests from 7-8:00 pm. Live music from 9-11:00 pm. \$8.00 charge for the dance. California Art Academy (Former Cynthia Merrill Dance Studio), 4750 N. Blackstone near Gettysburg Street, next to Wendy's, Fresno. Contact Fran Ajoian for more info: 559-255-4508
- **Thanksgiving weekend—Family Dance Camp.** Dancing for adults and children near Asheville in North Carolina. Featuring Jerry and Kathy Helt, Mihai David and Lee Ann Bannerman. Begins with Thanksgiving dinner. For information call 828-669-7323.
- 2008 March 29 Save the date! Balkan Dancers of Marin's Balkan Plus Party in San Rafael. We're planning ahead. Watch for information about a <u>plus</u> feature at next year's party.
- May 30-June 1 Statewide 2008. Placerville—Watch for more information!

\*denotes Federation events

The Council, club and class listings are in the back of the magazine





Millie Von Konsky

## THE LOVE OF DANCE

By Laila Messer

To be a great dancer, does it help to have danced the Viennese Waltz with your grandfather at age three?

To be an accomplished folk dancer, does it help to have started folk dancing with Henry Glass, the founder of the Folk Dance Federation of California, in 1942?

To be known as an excellent teacher of dance and movement, is it necessary to have taught folk dancing in four Oakland parochial schools for 35 years?

The answer, of course, is no. Yet that is a small part of what is Millie Von Konsky's history. Millie is a well-known and highly esteemed dancer and teacher. She has an extensive folk dance history starting in 1942 when she got a call from friends that a folk dance class was starting in Oakland. She and her husband, Vernon, went with the other couple to check it out and were immediately smitten. They both fell in love with folk dancing.

The teacher was Henry "Buzz" Glass in a "very large class at the Roosevelt Junior High School in Oakland." Later she danced mostly with a class in the Adult Education Department. "Soon I was being asked to demonstrate. I loved the dancing, I loved the music We were all very enthusiastic." Reflecting a moment, she continued, "This was during the war. There was gasoline rationing; tires were rationed."

"How often did you dance in those days?" I asked.

"We danced every night," she smiled, emphasizing very.

"Which did you enjoy more, learning or teaching?" I asked.

"Teaching," she answered without hesitation.

For more than sixty years she taught folk dancing, rhythms and movement, ballroom, line dancing and Country Western at various clubs, groups and organizations such as: International House in Berkeley, Berkeley Folk Dancers, Changs International Folk Dancers and other folk dance clubs which no longer exist.

She started two performing groups, the *East Bay Women's Dance Circle*, (the first women's group), and *The Oakland Recreation Dance Arts*, which was sponsored by the Oakland Recreation Department. She promoted concerts and participated in workshops and teacher training institutes.

She also promoted dance for children in small as well as large classes. She initiated the *Junior Dancers International* which was sponsored by the city of Oakland. Some of those young dancers won in competitions. One photo shows 400 (four hundred!) children in five circles on an auditorium floor, hands in W formation, ready to perform. In 1955 she headed the Federation Junior Scholarship Program. The first money for that fund came from a showing of a movie she and Vernon made of their 1952 trip to Europe.

In addition to teaching in the Oakland Catholic schools, she taught at the Idyllwild Arts Foundation, at UC Santa Barbara, Brigham Young University and Cal State Hayward. She and her husband led tours, some as long as three months, to Europe and to World Folk Dance Festivals. In Spain, they were the official representatives for the Folk Dance Federation of California at the World Dance Festival in Pampalona, Spain.

Her husband died in 1984. He was not only her partner but a great supporter of her work. They were a striking couple. Both were tall, graceful and with excellent posture. Photographs reveal their good looks, she with her long, brown hair braided and formed like a crown on her head; he handsome with a neat moustache. Their two children, a son and a daughter, have inherited their love of dance. The daughter, like her mother, became a teacher of movement and dance to children in Catholic schools.

Millie served the Federation as editor of *Let's Dance* in 1947 - 1948 and as Federation president in 1959 and 1960. She was also editor of the National Folk Organization newsletter from 1990 to 1995. She has been honored by many schools, folk dance groups and civic organizations, even by the State of California, with certificates, pictures and plaques.

Millie was born in San Francisco to parents of English, Irish, French and Dutch back grounds. Her mother, father and grandparents were dancers and always encouraged the children to dance. As young children, she and her two brothers liked to swim and sing and dance. At age three she sang, You're Mean To Me and Sheik of Araby in a talent show. At 16 she was invited by Captain Gahagan to try out for the Olympics in swimming. However, her mother preferred that she follow a career in dance.

She retired from teaching dance only two years ago...at age 92. Now, 94, she still stands tall, is still graceful and has excellent posture. Her hair is white now, no longer braided on top of her head but she is still beautiful. It was the love of movement, the love of dance that was the major force in her life.

The long list of her accomplishments over the many years is testimony to the power that love of dance had on her. "It was my life," she said. "A greater part of my whole life."



The Groupe du Costume Tournugeois doing a Maypole dance

—Photo by Eileen Kopec

# Dance on the Water Cruise to Provence and Burgundy

By Eileen Kopec

I eagerly look forward to Dance on the Water cruises for many reasons, not the least of which is meeting up with good friends from past cruises. This summer our group of six geographically diverse women, which we have named Canzus (for Canada, New Zealand and the US), reunited while cruising down the Rhone and Saone Rivers in France. We originally met on a previous Dance on the Water cruise to Greece six years ago and have remained friends ever since. This year was our forth reunion which is a rousing endorsement of these trips.

Uniworld's well-appointed ship, the River Royale, started us out in Arles and ended in a small town called Chalon sur Saone, stopping in Avignon, Lyon, Viviers, Macon and Tournon along the way. Mel Mann and his lovely wife Esther did a magnificent job of looking after our every need while the ship's cruise director, Alexandra, cheerfully kept us entertained and educated. Mel's group of 60 or so dancers (including some Non-Dancing Spouses) constituted half the passengers aboard. Mel never missed a chance to chat up the other passengers on the benefits of folk dancing. He should be appointed Folk Dance Ambassador of the Waters. Indeed, many of the other passengers enjoyed watching our twice daily dance sessions as they sipped their fancy cocktails, sprawled out in deck chairs, while we sweated and gulped water. We still had plenty of time for cocktails later, but at least we got some exercise first.

Sandy Starkman was our dance leader. She has led the dancing for so many of Mel's cruises that she's lost count, but reckons this was her 13<sup>th</sup> or 14<sup>th</sup>. Sandy lives in Toronto and teaches dance classes at the Jewish Community Center there. She is chairperson of the Mainewoods and Ontario dance camps and has also taught in Kentucky, Nova Scotia, West Virginia, Alaska, Portugal, Hawaii and many other places. For anyone interested, she will be teaching a Seminar at Sea program later this year in the Caribbean, leaving Dec. 27<sup>th</sup>. For more information go to <a href="http://www.semesteratsea.com/seminar2007/ports.html">http://www.semesteratsea.com/seminar2007/ports.html</a>. Sandy taught us eleven fun dances, including Hora Bacuana (my favorite), Hora Banateana, Achat

Sha'alti, Shar Planina, Davorika Dajke and a crowd favorite Chilili from Bolivia.

Along the way we experienced many wonderful musical performances. The Tourist Office of Viviers organized an organ recital for us in the stunning Cathedral of St. Vincent, which was high on a hill overlooking the town and the surrounding countryside. The organist was Valery Imbernon, presently the organist at the St. Thomas Church in Privas (main town in Ardeche). He thrilled us with pieces by Couperin, Clerambault, Franck and a surprise encore from Phantom of the Opera. There was a large chandelier above us! After the concert we were served a picnic lunch at the Town Hall consisting of local specialties of the region. Delicious!

The following night we were treated to a concert by a classical pianist who performed flawlessly in the lounge as we floated to Lyon. Cynthia Caubisens has studied at the Versailles and Paris Conservatories and she received her Masters Degree with distinction at the Koninklijk Conservatorium, Brussels. She was delightful, full of personality and her playing reflected that.

Many evenings we danced on deck. We were lucky to be cruising during a full moon – which shone upon us and the water as we glided past families camping along the river banks between picturesque small towns. Some truly magical moments occurred dancing in the moonlight, while enjoying the gorgeous scenery, slipping under low bridges that you could practically touch. Old dances became new again in the romantic atmosphere. I wished that my NDS had come along.

After our dance session on deck one night several of us heard music coming from the lounge. Of course we had to check it out. Someone was playing dance music on a keyboard. We coerced him into playing Never On Sunday, Hava Nagila and a Hasapiko! We snaked around the tables and chairs in the lounge to the amusement of the other passengers. Never a dull moment.

One evening our head waiter, Gabor, showed remarkable talent. Amazingly, he was previously in a Hungarian dance troupe! He started dancing as a young boy in Gyor, which is Northwest of Budapest and in his early 20's spent four years with the Bokreta Folk Dancers. We were all shocked and enchanted when Gabor grabbed Esther and demonstrated a Hungarian dance. It is just such unexpected moments that make travel so pleasurable.

The most enjoyable entertainment was arranged by our tireless host, Mel. He arranged for The Groupe du Costume Tournugeois (from Tournus in Burgundy - about half way between Lyon and Dijon) to come aboard ship and perform for us one afternoon. They are one of the oldest current performing groups in France, founded in 1930. I wish you could have seen their fantastic costumes. Four musicians accompanied them with a flute, an accordion and two people on the hurdy gurdy (also called a viella a roué, or wheel fiddle, in French). The group performed with enormous enthusiasm and included members that spanned the generations. They even selected people from our group to dance with them for two dances. I was lucky to be chosen to take part in a Maypole dance that wound blue and white ribbons around the pole in a regular pattern – and then unwound them. A little tricky, but fun. My friend Janet got to dance with them for a partner dance and she later said her partner was surprised that she could speak French, but even more surprised when they started dancing,

## Council and Club Clips

FRESNO FOLK DANCE COUNCIL and area activities. By Fran Ajoian

We just finished a busy June with the Annual Serbian Food Festival. A half-day of food, drink and dance with music by Brača from Sacramento. The performing dancers, directed by Kathy Hindman, did Kriva Kruška, Čačak, Bibersko Kolo, Šavano, Gocino Kolo, Šestorka and Senjačko Kolo. 500 people attended.

We next made our way to the Annual Father's Day Picnic at the Garden Pavilion of the California Armenian Home which started with a shish kebab-hamburger lunch and drinks and then dancing to Richard Hagopian's band till dark. Cooks prepared food for 900 and it was all gone by 6 pm.

August 5th and 12th will be the Blessing of the Grapes Picnic at the California Home Garden Pavilion featuring a shish kebab-hamburger lunch and dinner with dancing to the music of the Richard Hagopian band.

August 24th thru August 26th will be the Annual Greek Festival at St. George's Church grounds with plenty of food and drinks and dancing to live music Saturday night. Admission is charged the 24th and 25th. Last year over 3000 of us had fun.

September 1st thru 3rd will be the Annual Mashdot-Ongar picnic—location to be announced.

October 20th will be the Fresno Annual Harvest Festival. The institute will be from 1:30 to 4:30 pm. Party from 7:00 to 11:00 pm at the California Arts Academy. Free parking in back. There is an admission charge of 8.00. Dancing to Pete Dorians band and recorded music with a DJ. For more information call Fran Ajoian 554-255-4508.

saying "You can dance!" The troupe also sang for us and I wish I could have understood the words, as at least one song seemed a little risqué. The performance was truly a highlight and one I won't soon forget.

We had many other great experiences -- touring towns with our very knowledgeable guides, lectures on board by our cruise director and cruise manager, a quiz night, negotiating several locks a day, wine tasting, a chocolate lecture and tasting (yes!), shopping at local markets and of course the incredible, plentiful, gourmet food and local wines. Sigh. Some of my personal highlights were seeing the actual sites of famous Van Gogh paintings, Christian Etienne restaurant in Avignon, sailing under impossibly low bridges leaving Lyon, waving to lots of people on shore or on other boats, discovering regional differences for dances I knew and reestablishing relationships with friends. It was also a revelation to talk to people that I dance with in the Bay Area and to learn more about them. You all know what it's like - you're talking to someone and a great dance comes on and there goes the conversation. It was a luxury to have meals together and actually get to know people you thought you knew.

The next Dance on the Water cruise will be on the Volga, between Moscow and St. Petersburg. I'm already signed up! Hope to meet you there in July 2008.

Au revoir and do svidaniya. —Eileen Kopec

Sacramento International Folk dance and Arts Council—Many of us in Sacramento are still basking in the glow of a great 60th anniversary Stockton Folk Dance Camp and looking forward to regular dancing starting in September. We are performing at the State Fair and having a big bar-b-que at the Wolterbeeks to kick off the fall season.

We are also looking forward to a Gypsy Camp North at Camp Sacramento September 28 - 30. There are still spaces available if you would like to join. All dancers are welcome and last year we had quite a few people from OTS (Other Than Sacramento). It makes it really fun and a time to make new friends and dance with people we don't get to see very often. Teachers will be (tentatively) Al and Teddy Wolterbeek - French, Barry Moore - Scandi, Bruce Mitchell - Vintage, Jan Stephens - Turkish, Sandra Kesler - Scottish, Toba Goddard - Bulgarian and Roy Butler - Romanian. Some of the dances taught will be from Stockton Folk Dance Camp this year. Be the first on your block! Join us for a fun dancing weekend!

There is a great slide show about Camp Sacramento on our website at folkdance.com/sacramentocouncil. All of your questions will be answered there! And much, much more! For registration and additional lodge information, contact Patty Butler at patroy@ssctv.net, phone (916) 652-6315.

-From Barbara Malakoff

BERKELEY FOLK DANCERS. After our two weeks vacation, BFD is raring to jump into our new dance year. Immediately after Labor Day our New Beginners Class will begin. That is Tuesday, September 4! Please let all those people who have shown interest in folk dance that this is the time to try it. Louise and Bill Lidicker will begin the class at 7:30 pm at Live Oak Park Recreation Hall, Shattuck at Berryman, Berkeley. The following 8 Tuesdays will be from 7:45 to 9:45 pm for a mere \$30. Everyone is welcome, be they couples or singles.

Because we are beginning a new dance year be sure to check the Where to Dance section which tells you our new class schedules. Remember we dance five nights a week. Come join us anytime.

BFD welcomes you to join us at the Solano Stroll in Berkeley and Albany on Sunday, September 9. If you have never been to the Stroll this will be a great year to come. It is probably the largest, longest street event as it straddles two cities. Join the thousands as bands, jugglers, dancers and musicians entertain us as we nibble and walk along the Avenue. BFD usually dances in the afternoon. Pickup a program to find our location and time of dancing.

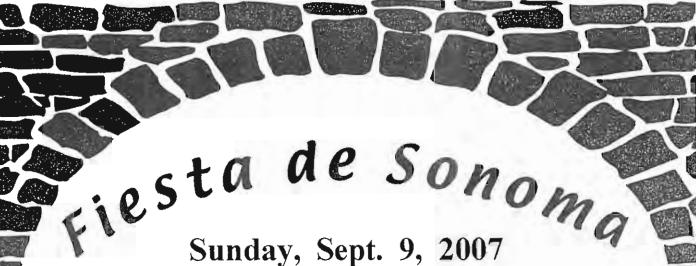
Our traditional third Friday Fun Night for this month has been shifted to Friday, September 28. Don't let that deter you from joining us as we jump into the "Roaring 20's." We'll be shimming and shaking from 7:30 to 10:30 pm at our hideaway at Live Oak Recreation Hall, Shattuck at Berryman, Berkeley. In between we will be refreshing ourselves with food and drinks. For a good time be at BFD's speakeasy.

A quick reminder: BFD will not be dancing from August 20th to September 3rd. We will be at Max and June Horn's Farm on Monday, Labor Day and will look for you there.

-By Naomi Lidicker

Let us know what your club is doing!

Email: Editor@letsdancemag.net



1:30 - 4:30 p.m. Veterans Memorial Building 126 1st St. West, Sonoma, CA Donation \$ 6.00

- 18. The Double Sixsome

- 19. Cobankat
- 20. Bohemian National Polka
- 21. Bluebell Waltz (P)
- 22. Hambo
- 23. Tzadik Katamar
- 24. The Fandango (Eng.)
- 25. Linerender
- 26. Neapolitan Waltz
- 27. Tex-Mex Mixer (P)
- 28. Vlaško
- 29. Horehronsky Čardáš
- 30. Picking Up Sticks

- 31 Kohala Waltz
- 32. Beale Street Blues
- 33. San Antonio Stroll (P)
- 34. Tino Mori
- 35. Ikariotikos
- 36. Grand Square
- 37. Tfilati
- 38. Margaret's Waltz (P)
- 39. Zillertaler Ländler
- 40. Swedish-Finn Mixer (P)
- 41. An Dro Retourné
- 42. MacDonald of the Isles
- 43. St. Bernard Waltz
- 44. Karamfil
- 45. Hora Miresii
- 46. Lo Ahavti Dai
- 47. Lugovan'ka
- 48. Waltz

1. Ini Vitui
2. Corrido
3. Korobushka (P)
4. Orient.
5. Tervelska Råka
6. The Saint John River
7. Keshenavo
8. Japanese Soft Shoe
9. Ba La (P)
10. Ada's Kujawiak #1
11. Rumelaj
12. Elizabeth Quadrille
13. Hora Fetalor
14. Maple Leaf Rag
15. La Bastringue (P)
16. Opinca
17. Gerakina
18. The Double Sixsome Meeting: Federation Board at 11:30 a.m. Presented by the Redwood Council of Folk Dance Clubs Sponsored by the Folk Dance Federation of CA, Inc.

# 2007 Mendocino Balkan Music & Dance Camp

By Mike Lipsey

The woods were filled with the sound of music from early morning to the wee hours. Music was playing from almost every cabin, inside and outside of the dining and dance halls, in the meadow, on the dusty roads. I counted twenty-three scheduled bands, singing groups and ensembles. There were fifty-five dances taught this year. By the third day my brain was fudge. I did the dance classes and Louise did the frame drum and dumbek classes. The teachers for both were uniformly excellent.

The dance teachers were Steve Kotansky, Joe Graziosi and Michael Ginsburg. Their dances and teaching compliment each other well. And there was more teaching and less talking, which is what I like. Once again Michael Ginsburg was many dancers' favorite for his ability to convey the relationship between the music and the dancing and his precise teaching. I also liked that when he taught Signa, he honestly introduced it as a choreographed dance that might have some elements of folk dance. He said there is nothing wrong with folk dancers learning choreographed dances, but they should be called choreography and not presented as if they were regional folk dances. He also talked about being beautiful when you dance, that is, by having the feeling in your mind that you are a beautiful dancer, you can become much more so.

I learned about that eternity in Macedonian dance between when your foot touches the floor and when you put weight on it—and the main element of Greek dancing, which is time. Steve taught a lot of Pravo steps, including some I have never seen before. One included the men sort of beating their chests like gorillas. I am finally beginning to have an idea of what is actually happening when all that left-right, left-right-left and right-right stamping is going on.

This year's star was Albanian singer Merita Halili and her husband accordionist Raif Hyseni. She was famous in Albania and he had a successful band in Kosovo, but they gladly each traded their lives in Europe for low-paid jobs in New Jersey. They were big fish in a very small pond here, playing Albanian weddings and clubs, ekeing out a small living and then some folkies came to hear them at a club on Staten Island and that was the beginning of their being heard by a larger audience.

With the fall of communism large parts of Albania, which had been almost a prison camp, became depopulated. Entire villages are completely empty. Raif said Greece is to Albania as the U.S. is to Mexico, but now the Greeks are trying to keep the rest of Albania from crossing the border. Albanians in exile developed their own regional styles, which Raif demonstrated, perhaps because Albania was so closed off from the rest of the world.

Although America is hardly free of bigotry, on the whole we value our cultural diversity and it is a given that we are a melting-pot of cultures from around the globe. It is hard for us to grasp the intensity of the ancient hatreds between ethnic and religious groups in Eastern Europe. We were told that after the breakup of Yugoslavia different ethnic groups gained control of local archives of folk material and videos, and most system-

atically destroyed everything that was not of their own ethnicity.

Last year I wrote that one does not go to the Woodlands dance and music camps for the accommodations and the food. But this year the food was really good with Jeff O'Connor back in charge. The baked goods and breads were just excellent.

The evenings were quite cool and it was funny to see people arrive in the dance hall with five layers of clothing and then the music started and soon it was four layers, three, two, one, and pouring sweat. There is a very good new dance floor in the hall. The EEFC people claim most of the glory for it.

Brass Band Night is a high point of the camp with Michael Ginsburg leading an ensemble large enough to fill half the room. And it is awesome that they are so together after three days of practice.

I have an appreciation of how difficult it must be to learn tupan because for five days I walked thru Rumen Shopov's class in the meadow and on the last day they were still struggling with the same dum-tekka-tek line. To hear Rumen play a line and then his students try to play it makes me appreciate the years of practice it takes before one is ready to play these instruments in a band.

Balkan music and dance is a vast, vast subject because the musical forms are complex and this part of the planet is so intensely regional. Bulgaria or Romania are not large countries, but they contain worlds of regional and local music and dances. I am always impressed by the dedication of folkies who tackle the difficult instruments, melodies, rhythms and languages of these countries. And there were young people all over the camp playing with impressive skill and knowledge.

One of the teachers described dancing as making beats on the floor. The more intensely you can hear the music and the more you learn about how the music is constructed, the better you can dance. I hear things in music when I am dancing that I do not hear if I am just sitting and listening to it—the accents, for example. There are a lot of different reasons why people go folk dancing: because they just like dancing, to see friends and make new ones or for exercise. But I think the best reason is if you are really into the kinds of music that folk dancing is done to. If so, Balkan camp is the place to go.

I would recommend Balkan camp to any folk dancer, even though it is primarily a music camp. First, because the dance teaching is at a high level and the classes are not crowded, so it is a good chance to learn a lot. And second, because there is nowhere else you can hear and get to dance to as large a variety of live music played with such a high degree of expertise. Very good musicians come here not just to teach, but to study also, so the general level of musicianship is very high.

# Jim Gold International Folk Tours 2007 Mad Shoe Travel Guide

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POLAND!
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# Dance Behavior Basics for Beginners

by Loui Tucker

This article appeared originally in the April, 1997 issue of The Grapevine and was reprinted in the November. 2004 Let's Dance!

Okay, so you've talked a friend into going to a dance class with you. Before dinner you demonstrated some of the basic steps -- grapevine, cherkassiya, Yemenite. You showed them how to hold hands in a circle (right palm in, left palm out, thumbs free). You talked to them about basic dance etiquette:

- \* If you don't know a circle or line dance, stand behind the dancers and follow.
- \* If you don't know a couple dance, dance in the outermost circle of dancers.
- \* Line dances usually move to the right, so join a line on the left.

Now, over dinner, it's time to talk about those unspoken "facts of life" in the dance community that will sometimes take beginners by surprise.

Oh, I Have to do This Dance! You are in the midst of an interesting conversation and the face you're looking at suddenly becomes very alert, like a dog that tips its head and perks up its ears at an unusual sound. The person you've been talking to turns and dances away.

Tell your beginner friend not to become alarmed. This is an instance when the normal rules of etiquette are suspended. Remind them that Israeli dancing is unlike ballroom dancing or nightclub dancing where you can do any dance to any piece of music that fits that rhythm. In Israeli dancing Dance A is done to Music A and Dance B is done to Music B. If a favorite dance comes on, you rarely get a second chance later in the evening; it's a case of "Dance it now or not at all." Sometimes the dancer who left in the middle of the conversation will come back and pick up the conversation where you left off. Sometimes they won't. Don't take it personally.

Can a Woman Ask a Man to Dance? In some social situations this may be viewed as inappropriate. In Israeli dancing, it's accepted and, in some cases, expected. If a beginning dancer of either gender wants to avoid the direct rejection that can come as a reply to "Would you like to dance?" a handy alternative is "Do you know this dance?" A negative response to this question does not, however, stop the invitee from suddenly remembering the dance and waltzing off with another partner -- which brings up the next point.

Rude Dancers, Reserved Dancers. Your beginner friend gets up the courage to ask someone to dance. That someone declines. Twenty seconds later your friend sees them on the dance floor with someone else.

Tell your beginner friend that there are rude people in this world and some of those rude people also dance. Those people probably also run stop signs and don't write thank-you notes either. Not all dancers are gracious and well-mannered, and we can't screen everyone before allowing them on the dance floor. And we don't have Etiquette Police who write citations or send offending dancers to the penalty box.

Beginners can save themselves from this special kind of pain by watching for a while who dances with whom. There are couples who dance only with each other. There are also couples who promise that "No matter what, we will always dance Dance X together!"

It is ironic that some beginners forget how this rejection feels when they become proficient dancers and start rejecting the next generation of beginning dancers.

<u>Dancing with Beginners</u>. A trio of axioms revolves around beginning dancers:

- (1) Some experienced dancers will dance with beginners because they are beginners.
- (2) Some experienced dancers will not dance with beginners because they are beginners.
- (3) Once a beginner is no longer a beginner, the selection of people to dance with changes. Sometimes (but not always) this change is positive.

In addition to individual dancers welcoming or not welcoming beginners, different dance groups are more or less accepting, and beginners should not assume that all groups are equal. Suggest to a beginner that, if their first encounter with the dance scene proves to be less than warm and friendly, they should not give up, but should try another group.

The Dance Floor Is for Dancing. Perhaps at a nightclub you can linger on the dance floor, finish your conversation, decide whether to return to your own table or join your partner's. Not so in Israeli dancing! A slow couple dance can give way to a fast-paced circle dance in the span of 4 seconds. Beginners are often vociferously admonished to get off the dance floor by a line of dancers that must swerve to avoid them.

Beginners often think experienced dancers who almost run them over or yell at them to get off the floor are being impolite. Tell your friend that this loud reproach may appear to be inconsiderate, but is really for the safety of all dancers. Beginners should watch to see the area the line or circle of dancers appears to be using and walk outside that area to talk. Keep an eye on the dancers for sudden direction changes and expansion of the circle.

Ah, That Rich Aroma! Talk about garlic. Talk about onions. Beginners sometimes equate Israeli dancing with an exercise program instead of dancing. In an exercise program or aerobics class, you're pretty much by yourself on the floor, so your breath is rarely any concern. In Israeli dancing there are lots of line dances and circle dances, but you're also going to be breathing in your partner's face during the couple dances and garlic/onion breath is not pleasant.

On the flip side, some beginners worry too much about body odor and apply the wrong solution to this problem. Specifically, they fear they will offend when they sweat and overcompensate by applying too much perfume or cologne. They may not realize that warming the body through exercise will over activate the perfume/cologne and that can also be offensive

Rings On Your Fingers, Bells on Your Toes. Beginners may not be aware that jewelry, particularly large rings, can be uncomfortable -- both to the wearer when their hand is squeezed firmly, and to the other dancers if the ring scratches bare skin or catches on clothing. Beginners may also hear the word "dance" and envision a certain type of footwear -- heels for women, dress shoes for men. Talk about appropriate jewelry, clothing, and footwear.

Beginning dancers can be fragile and the more we can do to ease their way into our community, the better off our community will be.

P.S. If any experienced dancers saw some of their own behaviors described in this article and modify their behavior accordingly, our dance community will receive an additional benefit.

#### **Editor**

Back from Stockton and five days past my own deadline! (Stockton ended August 5—the deadline for info is August 1) Tired and operating on caffeine. There isn't much coverage of Stockton Folk Dance Camp in this issue as there simply was not time for our writers to get their articles to us.

Some comments though: I always have a great time at Stockton regardless of whether or not I particularly like the types of dances being taught. This year there was a lot to like. In addition to the scheduled teachers, there were many cameo appearances. We'll have more information about that and the dances that were taught in the next issue.

The people who come are one of my real interests. At lunch time we would sit at an empty table and see who joined us. Sometimes we would approach a table of people we didn't know and ask to if we could sit. Sometimes you find great conversations, sometimes you have nothing in common but it's always interesting. (Sometimes we couldn't communicate well because of the language barrier.) We met people from all over the world.

Partners Ships that pass in the night, etc. You are in a circle of couples, the music is a swinging two-step, changing partners frequently and you come to someone you really get in the groove with. Wow, you think, she makes me look good and she seems happy also. Oops, time to change partners again and you don't have your glasses on. Didn't get her name and the next person is waiting for you to get going again. Comes the evening party and you can't find her—women look so different in costume! Ah, well, she probably had a husband or friend she wanted to dance with anyway.

Sad news Nadine Mitchell passed away July 20. Nadine was an active member of the Folk Dance Federation for many years. She was secretary of the Federation and, when there was difficulty finding an editor for Let's Dance, she stepped in and kept it going. Our condolences go out to Greg Mitchell and their family. We will have a memorial article in the next issue.

—Gary Anderson, editor

#### Error on CD label

Oooops! It was brought to my attention that the label for the CD that was sold at Stockton Dance Camp this summer for the Israeli Dance Cameo has an error on it. Track #7 on the CD is labeled "Shir Al Etz (female vocal)". It is a female vocal, but the song is "Boker"—not "Shir Al Etz." There is a dance to this song that I hope to teach some day, but was put on this CD by mistake and then mislabeled. I am so sorry for the error.

—Loui Tucker

WOW, What a ride!

Life is not a journey to the grave
with the intention of
arriving safely in an
attractive and well preserved body.
But rather to skid in broadside, thoroughly used up,
totally danced out
and loudly proclaiming:
"WOW, What a ride!"

## More request vs. programmed

In response to last month's question regarding an all request program vs. a preplanned one, I prefer a request program, if the person in charge is able to take the requests and turn them into a well balanced program. It makes perfect sense to me that an evening of dancing is best if the dances are those the dancers desire to dance. The programmer could have a half dozen or so dances in mind to start off with, or to fill in when needed, but the program should fit the dancers. One of my favorite evenings of dance was one in which a mini-disc of newly learned dances was put on the player and allowed to run, uninterrupted. The group just danced one dance after the other and everyone seemed to be supercharged by the evening.

—Sandy Helperin

\_\_\_\_\_

To be fond of dancing was a certain step towards falling in love... — Jane Austen, *Pride and Prejudice* 

## I Am Happily Exhausted!

I am happily, exhausted
But my Spirit, is high
With a satisfied peace
While reminiscing, - on many dances
With Souls, from magic realms...

Yes, I am fulfilled, in this moment even though, I am sore!

I felt love, and utter joy I saw faces, full of light
I felt hearts, radiate from the joys, of shared delight.
I saw eyes, full of sparkle I felt the auras, inter-mix
Like an, 'energy-overhaul' or an inward, 'Spiritual-fix'.

There is a greater, depth of feeling There is connection, with another that goes beyond planning.

An on-looker - could not assess,
The beautiful - sense of oneness
That is transferred, in a glance or flowing through the hands,
Uniting, two dancers and causing hearts, to expand.

I have held, in my hands
I have felt, in my hands
I wonder, if it differs

the joy of another,
from the joy, of two Lovers!

An on-looker - would never guess

I am happily, exhausted
But my Spirit, is high and is lost, in Magic Realms.
I am content, with inner peace as my mind re-explores
For I have danced, with Magic Souls and I am grandly, overwhelmed.

Yes, I am fulfilled, in this moment even though I am sore
But I know, in several days I will still want more
And I will dance, once again until it permeates my core.

If the world, was filled with dancers this would be, a 'Magic Realm'

Billy Mac, July 30, 2006

On the combined nights of Friday, 7-28 and Saturday, 7-29, I danced about 60 dances, with 21 different partners. While reminiscing, about each partner that I danced with, this poem was created.

Continued existence

# Snap-Y Dancers, Sonoma will resume September 6

From Art Babad

By Popular demand and a whole lot of phone calls, the Snap-Y Dancers (Sonoma branch) have been resurrected from its previous state of non-existence (May 2007). We are NOT having summer dancing this year but will resume our weekly dance meetings on September 6, 2007. Please note that the Petaluma branch of the Snap-Y Dancers is having summer dancing.

Note also that reciprocity exists between the two branches of Snap-Y Dancers: a member of either branch may attend dance meetings of the other branch, without payment of extra dues. The Petaluma snap-Y Dancers meet on Monday evenings (7:00 to 9:15 pm) at Hermann Sons Hall, 860 Western Street, Petaluma and the Sonoma Snap-Y Dancers will meet on Thursday evenings (7:00 to 9:15 pm) at Vintage House, 264 First Street, East, Sonoma.

The Petaluma Snap-Y Dancers have a great teacher, Carol Friedman but the Sonoma Snap-Y Dancers have no formal teacher. Art Babad will provide the music for the Sonoma Snap-Y Dancers.

Both branches welcome new dancers. Cost is just \$50.00 per semester. For information: Art Babad, 707-542-2132

#### Conversation from the middle of the line

From Mike Lipsey

Me: Look how flawlessly he dances, he always does every step perfectly.

Them: But he's so cold, he dances without any feeling.

Me: He leads with such style!

Them: Yeah, but he isn't stepping in time to the music.

Me: I love her enthusiasm, look at the energy she's putting

out!

Them: She shouldn't be lifting her leg so high.

Me: I really love this music.

Them: The sound system here stinks.

Me: I like the way she teaches, everyone learns the dance quickly.

Them: That's because she only teaches easy dances.

Me: I really love this dance.

Them: When you've been dancing as long as I have, you'll

realize how boring it is.

Me: Her class really moves along. Them: She's like a drill sergeant.

Me: I really like dancing here.

Them: This is nothing. You should have seen it in 1974.

No doubt in 1974 they were saying, "You should have seen it in 1947."



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# · AN IDEA IS BORN .

MAY 3, 1942 WAS NATAL DAY FOR AN IDEA WHICH HAD BEEN DEVELOPING IN THE MIND OF HENRY BUZZ GLASS AND OTHERS. BUZZ HAD FELT THAT THE VARIOUS FOLK DANCE GROUPS IN CALIFORNIA COULD DO MUCH TO PROMOTE THE STUDY AND ADYANCMENT OF FOLK DANCING AND RELATED ARTI BY UNITING IN AN ASSOCIATION. TO BRING THESE GROUPS TOGETHER ALL WERE INVITED TO A PICNIC AND OUTDOOR FESTIVAL AT LODI WHERE EACH GROUP DANCED FOR AND WITH THE OTHERS. AT THE CLOSE OF THE DAY THOSE FOLKS HELD A MEETING. FORMED A temporary organization & Set May 16 at Wardel HALL, 43RD AYE & JUDAH STI, SAN FRANCISCO AS THE TIME & PLACE TO SET UP THE PERMANENT ORGANIZATION OF THE FOLK DANCE FEDERATION OF CALIFORNIA

AT THIS SECOND MEETING - CONSTITUTION AND BY LAWS WERE ADOPTED AND THE FOLLOWING

OFFICERS WERE ELECTED:

BUZZ GLASS -- PRESIDENT. FRANCES SHINN -- VICE PRES. FRANCES GLASS - SECT. TREAS. SIXTEEN GROUPS IN MAY, 1942.

DOVER TWO HUNDRED IN 1949

GREAT OAKS FROM LITTLE ACURNS GROW GREAT ACHES FROM LITTLE TOECORNI GROW



















#### Postupano Macedonia (Skopje)

Postupano (poh-STOO-pah-noh), or "gradually," is a classic men's dance from the Skopje region, described by the Jankovic sisters of Belgrade in Narodne Igre #3, based on observations as early as 1935-6. An important source was Dennis Boxell's 1948 video recording of "Folk Dances of Yugoslavia" by Jadran-Film of Zagreb. Atanas Kolorowski, a member of that early performing group, taught the dance at Kolo '66. Earlier, also with music featuring the original "two zurlas and a tupan," the dance had been taught at Kolo '63 by Rick Tejada-Flores, who learned it from Tihomir Bardzovski, a member of the Orce Nikolov Ensemble of Skopje. Following his famous workshops at Oteshevo, Lake Prespa, Pece Atanasovski presented his version of the dance at Kolo '82. Featuring Pece's popular gajda-led music, this has since been described and/or taught by Michael Ginsburg at Mendocino Folklore Camp '95, Larry Weiner at MFL '04, Tom Deering at Google Online and Paul Mulders at Stockton Folk Dance Camp '05. Mostly we follow the last.

Music:

Record: Folkcraft LP-24, side B-4; (Jugoton) LPY-50985; side A-1;

Folkraft 1557, 7-in, 45 rpm; Oro se Gaida I Orkestar on Sperry LP-60.

Cassette: Michael Ginsburg: Balkan Feast '95, Side B/5; Balkan Bits '96, Side A/2;

CD: Macedonian FDs with Pece Atanasovski, Vol.2, Band 1, BMA-1008.

Larry Weiner: MFL 04; Paul Mulders: SFDC 05: PAMUK CD1104/06

Video: Dennis Boxell presents "Folk Dances of Yugoslavia", #13.

Macedonian Folk Dances with Pece Atanasovski: #19 & #30, filmed in

Germany and at his camp at Otesevo, Macedonia.

BMA-1007-V: Macedonian FD with Pece Atanasovski, Vol.2, #1. Paul Mulders: Video or DVD of Stockton Folk Dance Camp 2005,.

Rhythm: meter = 13/16 = 2/16+2/16+2/16+2/16+2/16+2/16 = q, q, q, s, q, q.

Formation: Segregated open circles: M in T-pos; W in W-pos; leaders call transitions. Styling: M moves are often macho; W are more subdued, but graceful and elegant.

Measure

13/16 meter

**PATTERN** 

<u>INTRODUCTION</u> The "ezgija" (gajda improvisation) + 2 measures.

#### 1. BASIC STEPS IN PLACE AND TRAVELLING

- Bounce on L, raising R leg with knee bent and thigh horizontal (ct 1); step on R beside L (cts 2-3); straightening R knee, raise L, knee bent and thigh horizontal (ct 4); holding L position, bend and straighten R knee (cts 5-6).
- 2-4 Repeat meas 1 three times, alternating ftwk to end with R leg up.
- Facing and moving in LOD, bounce on L, bending R knee with lower R leg crossed in front of L (ct 1); step on R (cts 2-3); bounce on R, raising L leg with thigh horizontal (ct 4); turning to face ctr, step on L (cts 5-6).
- 6-24 Repeat Fig. I (meas 1-5) four times, omitting meas 5 of final repeat.

#### Postupano, pg 2

#### II. TRAVEL STEP WITH CROSSING

- Facing R of ctr and moving LOD, hop on L, raising R in front (ct 1); step on R beside L (ct 2); step on L across in front of R (ct 3); repeat cts 1-3 (cts 4-6).
- 2-5 Turning to face ctr, repeat Fig I, meas 1-4.
- 6-20 Repeat Fig II (meas 1-5) three times.

#### III. CROSSING STEP (W change hands down to V-pos)

- Facing and moving LOD, hop on L (ct 1); step on R (cts 2-3); hop on R (ct 4); step on ball of L ft and turn to face ctr (cts 5-6). (Using the same ftwk during this measure, W may substitute a slow CW turn, hands relaxed low or on hips.)
- Facing ctr and dancing in place, hop on L (ct 1); bounce on L (ct 2); step on R slightly to R (ct 3); step on L across in front of R (ct 4); bounce on L (ct 5); step back on R to place (ct 6).
- 3 Repeat meas 2 with opp ftwk
- 4-5 Repeat meas 2-3.
- 6-20 Repeat Fig III (meas 1-5) three times.
  - IV. SOLO TURNS AND SQUATS (men only and optional; others dance Fig. III)
- Release arm hold, face and move LOD and hop on L, raising R fwd (ct 1); step on R, raising L fwd (cts 2-3); hop on R, raising L fwd (ct 4); step fwd L, R (cts 5-6).
- Twist CW with big leap fwd onto L in front of R (cts 1-2), twist CCW, leaping onto R in front of L (ct 3); facing LOD, squat on both ft (ct 4); rise on R (cts 5-6).
- Hopping on R, turn CCW once in place (cts 1-2); step on L (ct 3); facing LOD, squat on both ft (ct 4); rise on R (cts 5-6).
- 4 Leap onto L across R and hop on L, turning CW once in place (cts 1-2); step on R (ct 3); facing LOD, squat on both ft (ct 4), rise on both (cts 5-6).
- With flat ft apart, knees slightly bent and arms and torso wound slightly CW, jump onto both in a full CCW turn (cts 1-3); squat on both (ct 4); rise on both (cts 5-6).
- 6-15 With arms free at sides, repeat Fig III solo and Fig IV.
- 16-17 Rpt Fig IV, meas 1&2; step L, R on meas 2, cts 1-3, to face ctr for final squat-rise.

#### Postupano Grapevine

This very different dance, of unknown origin but popular in San Francisco, was taught by Jerry Duke in 2001 at the 50th San Francisco Kolo Festival.

Formation: Mixed line facing R of center, hands joined down in V-pos.

- Moving in LOD, step on R (ct 1); step on L behind R (ct 2); step on R (ct 3); step on L in front of R (ct 4); step on R (ct 5); step on L behind R (ct 6).
- Hop on L (ct 1); step on R (ct 2); step on L behind R (ct 3); step on R (ct 4); step on L across in front of R (ct 5); turning to face L of ctr, step back on R (ct 6).
- 3 Repeat meas 2 with opp ftwk and direction.

Repeat pattern to end of music.

© Folk Dance Federation of California, Inc., August 2007 Dance Research Committee: Cricket Raybern and Bill Wenzel

#### Tâkanata

Bulgaria

Tâkanata (TUH-kah-nah-tah), observed at the August 1971 Koprivštica Festival, is from The village of Bjala Reka near Veliko Târnovo in northeastern Bulgaria. The dance was taught by Yves Moreau at the 2006 San Francisco Kolo Festival, the 2007 Mendocino Folklore Camp and the 2007 Stockton Folk Dance Camp.

Music:

CDs: Yves and France Moreau, Mendocino Folklore Camp '07, track 8 Yves Moreau CD YM-UOP-07, track 2 2/4 meter

Formation: Short (2-8 dancers) mixed lines face ctr, hands joined in V-pos or belt hold.

Leader on R calls transitions at will between Figures I and II.

Styling:

Light, happy, bouncy and somewhat Romanian.

Measure

2/4 meter

PATTERN

1-8 INTRODUCTION Instrumental music. No action.

#### I. SIDE OR REST STEP

- 1 Step on R to R (ct 1); step on L behind R with marked flexion (ct 2).
- 2 Step on R to R (ct 1); close L to R (ct 2).
- 3 Step on L to L (ct 1); close R to L (ct 2).
- 4 Repeat meas 3.

#### II. FORWARD AND BACK

- 1 Starting with R, dance a 'two-step' fwd twd ctr. upper body leaning fwd (cts 1&2).
- 2 Starting with L, repeat 'two-step' fwd (cts 1&2).
- 3 Jump sharply onto ft together (ct 1); hop on R, raising and twisting L knee across R (ct 2). Dancers may shout, "Hey! Hope!"
- Straightening body to face ctr, hop on R (ct 1); step bkwd L, R (cts &,2). 4
- 5 Step bkwd L, R, L (cts 1,&,2); 'flick' R ft approximately one ft straight R on ct 2.
- 6 Sharply click R to L with wt (ct 1); shifting wt sharply to L, repeat 'flick' to R (ct 2).
- 7 Repeat meas 6. During 'flicks' and 'clicks' knees are straight with feet parallel.
- Step on R slightly across L (ct 1); step on L in place (ct &); step slightly back on R 8 (ct 2); step on L in place (ct &).
- Rpt meas 8, cts 1,&,2 (cts 1,&,2); step on L slightly across R (ct &). 9
- 10 Step on R in place (ct I); step on L beside R (ct &); step on R slightly across L (ct 2); step on L in place (ct &).
- 11 Still facing ctr, jump lightly onto both ft (ct 1); leap onto R in place, kicking L ft fwd and down (ct 2).
- 12 Rpt meas 11 with opp ftwk and direction.

Repeat Figures I and II as called by leader.

# APPLICATION PROCEDURES

For grants from the Folk Dance Promotion Fund of the Folk Dance Federation of California, Inc.

The purpose of the Folk Dance Promotion Fund is to promote international folk dance in the northern California region through a competitive grants program. Grants *up to \$2000* can be awarded with a limit of \$6000 to be spent in any one year. In extraordinary circumstances, the Folk Dance Promotion Fund Committee (FDPFC) may recommend approval of grants exceeding these limits.

The Committee welcomes written applications at any time.

Applications must be from Associate Members of the Federation or from member Clubs or Federation committees.

#### **Applications must include:**

- √ Name of sponsoring individual, club, or committee
- √ Time frame of proposed project
- ✓ Description of the proposed project, including objectives and planned methodology
- ✓ Discussion of how the project is intended to promote international folk dance
- ✓ A budget, including contributions of funds from other individuals or institutions if any are anticipated.

Successful awardees will be required to submit a final report that summarizes the results, potential benefits anticipated, and a budget summary explaining the use of grant funds.

Submit applications to any member of the Folk Dance Promotion Fund Committee or to the Federation President. Committee members are:

Ann Brown, chair
Gary Anderson
Marion Earl
Bruce Mitchell
Loui Tucker

aewbrown@comcast.net
editor@letsdancemag.net
marionkearl@yahoo.com
dancebruce@aol.com
loui@louitucker.com

© Folk Dance Federation of California, Inc., August, 2007

Dance Research Committee: Cricket Raybern, Bill Lidicker and Bill Wenzel

#### Megdansko Horo

Bulgaria (Dobrudža)

Megdansko Horo (mehg-DAHN-skoh hoh-ROH) is a Dobrudžan line-Râčenica of the Kucata or Pandalaš type. It was learned from Dančo Iliev by Yves Moreau, who taught it at Kolo Festival 2006, Mendocino Folklore Camp 2007 and Stockton Folk Dance Camp 2007. The meter-reversal (7/8=sqq rather than qqs) is untypical for this region.

Music:

CDs: Yves and France Moreau, MFL '07, track 10.

Yves Moreau CD YM-UOP-07, track 4

7/8 meter

Rhythm:

Meter = 7/8 = 3/8 + 2/8 + 2/8 = s, q, q, counted here as 1, 2, 3

Formation: Mixed lines facing ctr, hands joined down in V-pos. Leader calls transitions.

Styling:

Proud, heavy, strong and earthy.

Measure

7/8 meter

**PATTERN** 

#### 1-8 INTRODUCTION Instrumental - no action.

#### I. BASIC TRAVEL

- Facing slightly R of ctr and moving LOD, step on R as arms extend fwd, elbows straight (ct 1); swinging arms back, step on L across R (ct 2); pause (ct 3).
- 2 Step on R as arms swing fwd (ct 1); swinging arms back, step on L across R (ct 2); pause (ct 3).
- 3-4 Rpt meas 2 twice.
- Facing ctr, step on R beside L as arms come up to W-pos (ct 1); stamp L sharply beside R, no wt (ct 2); pause (ct 3).
- Facing slightly L of ctr and moving RLOD, step on L as arms extend fwd, elbows straight (ct 1); swinging arms back, step on R across L (ct 2); pause (ct 3).
- 7 Step on L, as arms swing fwd (ct 1); swinging arms back, step on R behind L (ct 2); pause (ct 3).
- Facing ctr, step on L beside R, as arms swing fwd (ct 1); stamp R beside L (no wt) as arms swing up to W-pos (ct 2); pause (ct 3).

#### II. VARIATION WITH ARM EXTENSION

- 1-2 Rpt Fig I, meas 1-2.
- 3-6 Rpt Fig I, meas 5-8.
- Step back on R, leaving L in place (no wt), as arms extend softly up, fwd and slightly down to end parallel to floor (Avoid leaning fwd or bending down.) (ct 1); step fwd on L in place, as arms return to W-pos (ct 2); pause (ct 3).
- 8 Stamp R twice beside L, no wt (cts 1, 2); pause (ct 3).

Leader calls figure changes to end of music.

From the Folk Dance Calendar, April, 1965—with the permission of Marian Gault

# POLAND



HEADPIECE:

Made of small flowers of various colors, 2-3" wide, and goes across top of hair to behind each ear.

Lightweight white cotton, high neck with about a 3" lace or eyelet ruffle at neck. Full, elbow-length sleeves, gathered at shoulder and around arm leaving about a 2-3" ruffle at bottom of sleeve which is edged with lace. BODICE:

Dark green, dark red, or dark blue velveteen laced down front opening with narrow ribbon. Has about 14 tabs at bottom which overlap slightly. Bodice is heavily embroidered front and back. (see bodice detail) SKIRT:

Small flowered print, cotton or sheer wool: red. deep rose, orange or green color predominating. Quite full, gathered at top, edged at bottom with very short heavy cotton red (or appropriate color) fringe with narrow band of gold metallic braid next to fringe and another row of gold braid about 6-8" up from bottom of skirt; length: just covers knees.

APRON:

Fine white cotton or linen with deep row of crocheted lace across bottom and white embroidery above lace; apron slightly gathered at waist; length: 2-3" above skirt bottom.

PETTICOATS:

Three layers of white full petticoats, with fullest layer on top. Bottom edged with lace.

JEWELRY:

Necklace of coral, or imitation, may be worn --2 or 3 strands.

SHOES & STOCKINGS: White stockings; Polish high-top shoes, red or black; or black slippers.

Tabs are edged with narrow braid and each one is embroidered near bottom with small white four-petal flower

> Heavily embroidered front and back with flower design in shades of red, green, and white.

> > DETAIL OF BODICE BACK

Ribbons, fairly wide and embroidered with flowers, hang from right shoulder to row of braid on skirt.

Research courtesy of LUCY WNUK

#### Where to dance

# Federation clubs NORTH STATE

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 p.m. at the Redding Ballet Aeademie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm -up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, eall Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiemet.net

#### SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets the first four Fridays of each month at the Lincoln Park Presbyterian Church at the corner of 31st Avenue and Clement Street, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 pm., Third Friday is party night, 8:00-11:00 PM. Fourth Friday is Family Folk Dance Night at 7:00 pm, followed by general dancing, 8:30-10:30 pm. Contact Sidney Messer, 415-332-1020.

Greek Folk Dancing. Meets every Monday at the Presidio Dance Academy. 1158 Gorgas Rd. at Marshall. Adjacent to Crissy Field, San Francisco. 8:00-10:00 pm. First hour is teaching and second hour is practice. Contact Mary Ann Karonis, 510-530-5140 makaronis@carthlink.nct or www.greekfeet.com

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. Meets every Wednesday 10:00 — 11:30 a.m. at The Polish Club, 2040 22nd Street at Shotwell. Lines, sets. partners, trios—we do it all. Beginners welcome! Contact: Ann Colichidas at 415-902-7690. Free parking, public transportation.

#### **MODESTO**

NEW TIME! Every Wed. night—Modesto Folk Dancers meet at Raube Hall in Ceres. 7:00 to 10:00 pm. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers (209-578-5551 for directions)

NEW TIME! Every Friday night—Village Dancers of Modesto meet at Sylvan Elementary School auditorium, 2908 Coffee Road, Modesto. 7:00 to 9:30 pm. Cost \$5.00 per night per person (students \$1.00). Contacts Don and Judy Kropp (209) 847-4439 and Floyd Davis and Barbara Summers.

Every Saturday—Modesto Tango (Argentine) meets at Modesto Fitness & Racquet Club, 200 Norwegian Ave. (off McHenry), Modesto. Cost \$12 per person. Beginning lesson at 12:30 pm. Contact Mary Menz 209-522-1571.

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee. but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

#### ALBANY

Albany Y Folk Dancers. Every Friday, all levels, instruction 8:00 to 9:00 pm, all request dancing until 11:00 pm. 921 Kains Street, just south of Solano, off San Pablo Avc., Albany. Contact Kay James, 925-376-0727.

#### BERKELEY

**BERKELEY FOLK DANCERS.** All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Avenue, Berkeley, CA. 7:45 – 9:45 pm. Contact Naomi Lidieker at 510-524-2871.

September 4, BFD New Beginners Class begins. Live Oak Park Recreation Center, Shattuck at Berryman, Berkeley, from 7:30 to 9:45 PM. A mere \$30 for 8 weeks. Contact Bill & Louise Lidicker 510-528-9168 or <a href="mailto:lidicker@aol.com">lidicker@aol.com</a>.

September 28. BFD Fun Night. On the last Friday of September, the Advanced Class will host "The Roaring 20's." Join us at Live Oak Park Recreation Center, Shattuck at Berryman, Berkeley. from 7:30 to 10:30 pm as we shake off all remnants of the Victorian era. Shimmy and shake. Dance, eat and drink all for \$5 for members and \$7 for others. Contact Lone Coleman 510-526-5886 and Tom Sha 510-614-5522.

Weekly class schedules:

Mondays—Fourth Year, Lone Coleman 510-526-5886 and Tom Sha, 510-614-5522

Tuesdays—Beginners, Louise and Bill Lidicker 510-528-9168 Wednesdays—Third Year, Judy Stonefield 510-655-3074 and Yaqi Zhang 510-525-1865

Thursdays—Second Year, Claire and Al George 510-841-1205 Fridays—Requests. Contact Ed Malmstrom 510-525-3030

#### **OAKLAND**

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile, On the Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or fjtripi@juno.com

#### PENINSULA COUNCIL

Peninsula FD Council Parties. 8 pm. \$7.00, free refreshments. Bring a little finger food to share. St. Bede's Church, Sand Hill Rd. at Monte Rosa, Menlo Park. Info: A1 (408) 252-8106.

Mostly Balkan. Thursdays, teaching 7:45 to 8:45, request dancing 8:45 to 10:15. \$6.00. Menlo Park Recreation Center. Information: Sue 408-247-2420 or Derek 650-851-8498.

Menlo Park Folk Dancers Party September 22. Burgess Recreation Center, 700 Alma at Mielke in Menlo Park. Preceded by a potluck starting at 6:00 pm, call for location. 8:00 pm until midnight. Lots of dancing in two halls. Free refreshments provided. \$7.00. Call Mareel Vinokur at 650-327-0759 for details.

September 1—Santa Clara Valley FD Party—Free refreshments, Only \$7.00 St. Bede's Church, 2650 Sand Hill Road at Monte Rosa, Menlo Park. 8:00 pm. Contact is Maxine or Don at 408-739-0500.

Tuesdays—Menlo Park Folk Dancers. Classes, International, Beg., 7:00, Inter. 7:30, requests 8:30 pm. Menlo Park Recreation Center, 700 Alma at Mielke, Menlo Park. Marcel Vinokur 650-327-0759.

Palomanians IFD—Class on Tuesdays at Menlo Park Rec. Center, 700 Alma St near Ravenswood, Menlo Park. Intermediate and advanced partner and non-partner dances. Denise Heenan, instructor. Info 408 252-8106.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Docey Doe FD—Note new location—class on Wednesdays, 7:30 pm at First United Methodist Church, 2915 Broadway (corner of Brewster) in Redwood City. Bruce Wyckoff, instructor 650-368-7834.

#### FRESNO FOLK DANCE COUNCIL

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contaet Wilma Andersen, 559-291-3176.

Tuesdays—Central Valley-CAFY, Lafayette Center, Princeton Street, West of Blackstone. Contact Fran Ajoian, 559-255-4508.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

First and Third Saturdays—International Dancers. 8:00 to 10:00 pm at Cynthia Merrill's Dance Studio, 4750 N. Blackstone near Gettysburg Street, Fresno.

Fifth Saturday Party at Cynthia's Merrill Dance Studio, 4750 N. Blackstone near Gettysburg St., Fresno. Fran Ajoian 559-255-4508.

#### REDWOOD COUNCIL

Napa Valley Folk Dancers. Telephone contact: 707-255-6815. Napa Valley College, 2277 Napa-Vallejo Highway, Napa, 94558. Party Every 4th Saturday, 1:00 - 4:00 p.m.

Novato Folk Dancers Class - Telephone contact: 415-892-9405. Lynwood School, 1320 Lynwood Dr., Novato, 94947. Every Wednesday 8 - 10 p.m.

Petaluma International Folk Dancers Parties: Telephone contact: 707-546-8877. Hermann Sons Hall, 860 Western Ave., Petaluma, 94952. Parties—2:00 - 6:00 p.m. July 14, September 1, October 20, November 3 and December 1.

Petaluma Snap-Y Dancers - Telephone contact: 415-663-9512 or 707-778-0130. Hermann Sons Hall, 860 Western Ave., Petaluma, 94952. Every Mon. 7:00 - 9:30 pm.

Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Rd., Santa Rosa, 95401. Every Wednesday 1:15-3:15 p.m. except June - Aug.

Snap-Y Dancers (Sonoma). Resume September 6. Beginners welcome! Vintage House, 264 First St. East, Sonoma, 95476. Every Thurs 7:00 - 9:15 p.m. Info: Art Babad 707-542-2132

Balkan Dancers of Marin—Every Thursday. 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday with reviews following weeks. 4140 Redwood Highway, San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Kopachka. Fridays, 8:00pm. Scout Hall, 177 East Blithedale in Mill Valley. Programmed & request dances. Jerry Duke is main teacher/leader. Contact Toni Denmark 415-789-0061

#### **SACRAMENTO**

9063, bobschul@softcom.net.

SACRAMENTO VALLEY CAPE BRETON STEP DANCERS. Our performance group is Caper Duck. Every Wednesday evening for step practice from 6-7:30 pm, and every 3rd Saturday for a dance workshop: 9-10:30 am, beginners; 10:30 am-12 noon, intermediates; 12 noon-1:30 pm, advanced. All classes are held at the St. Francis School lunchroom behind St. Francis Church, 2500 K Street, Sacramento. Contact for more information Bob Schuldheisz, 209-745-

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8pm. Open dance 8-11:00pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyepress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181

Where to dance in the Greater Sacramento Area

# SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL

Website: www.folkdance.com/sacramentocouncil/ \*indicates "Beginner-friendly class"

(Note: Federation members are in bold type, others do not belong to the Federation.)

\* CONTRA DANCE. All levels. No partner needed. All dances taught & prompted. Always live music! Held in Sacramento, Auburn, Nevada City, Chico, Sonora, Guinda, and Cool. See schedule online at http://www.fussell.org/sacramento/index.htm or call 916-739-6014 or 916-371-0739.

#### MONDAY

El Dorado Scandinavian Dancers. 2nd and 3rd Mondays. 7-10 pm. 3100 Ponderosa Rd., Shingle Springs, Contact: 530-672-2926.

HOROS. Mostly-Balkan, non-partner, intermediate & advanced. 7:30 -9:30 pm. Coloma Community Ctr., 4623 T St., Sacramento. Contact: 916-731-4675

\*SCANDINAVIAN DANCE CLASS. All levels. Beginners 7-8 pm. Review and intermediate 8-9 pm. Requests 9-9:30 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-358-2807.

#### **TUESDAY**

EL DORADO INTERNATIONAL DANCE. Beg. & Int. line & couple. 7:00-9:00 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-1198

TUESDAY DANCERS. Beg. & Int. International & Country Western, line & couple. 1:00-3:00 pm. Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 916-446-6290 or 916-923-1555

#### **WEDNESDAY**

CALICO FOLK DANCERS. Beg. & Int. International, line & couple. 3:00-4:30 pm. Mission Oaks Ctr., 4701 Gibbons Dr., Carmichael. Contact: 916-487-0413 or 916-923-1555

KOLO KOALITION. Mostly Balkan, Int. & Adv., non-partner. 7:30-10:00 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-739-6014

VINTAGE DANCERS OF SACRAMENTO. Late 1800s to early 1900s, couple. 7:30-9:30 pm. (Sept.- May) Hamilton St. Park, 4855 Hamilton St., Sacramento. Contact: 530-888-6586 or 916-446-6290

#### **THURSDAY**

ALPENTANZER SCHUHPLATTLER. Bavarian & Austrian. 7:30 -9:30 pm. Call for location. Contact: 916-988-6266

- \* PAIRS & SPARES. Beg. & Int. International, Rounds, Squares, & Contras. 7:30-9:30 pm. (Sept.-June). Babcock School, 2400 Cormorant Way, Sacramento. Party 2nd Sat. 7-10 PM. Golden Palms Mobilehome Estates Activity Rm., 8181 Folsom Bl., Sacramento. Contact: 916-428-6992
- \* RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International. 7:15-8:30 pm. 1st Congregational Church, 627 Sunny-side Dr., Reno. Party 3rd Sat. Faith Lutheran Church, 2075 W 7th Ave., Reno. Contact: 775-677-2306 or wigand@gbis.com

#### FRIDAY

- \*EL DORADO INTERNATIONAL DANCE. Beg. & Int. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grade, Garden Valley. Contact: 530-622-6470 or 530-333-4576
- \*EL DORADO INTERNATIONAL DANCE. All levels, Couple & Line. 8:00-10:30 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 530-677-1134
- \* NEVADA COUNTY FOLK DANCERS. Beg. & Int. International & Balkan. Selected Fridays. 8 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-2149

#### **SATURDAY**

**BBKM**. Party, All Levels, Mostly-Balkan, Non-Partner. 3rd Sat. monthly except July & Aug. 8-11 pm. YLI Hall, 27th & N, Sacramento. Contact: 916-923-1555

BALLIAMO. 12:00-2:00 pm, Sierra II Center, 2791 24th Street, Room 14, Sacramento. Contact: bdbeckert@sbcglobal.net or 916-482 -8674.

EL DORADO SCANDINAVIAN DANCERS. Couples, all levels. Selected 1st Saturdays. 2-5 pm workshop, 7-12 pm Party. Wolterbeck Dance Barn. 3100 Ponderosa Rd., Shingle Springs. Contact 530-672-2926.

FIRST & LAST DANCERS. Country-Western. Couple & Line. Last Sat. of Jan., Feb., Mar., Apr., Sept., Oct., & Nov. 8 pin-Midnight. Valley Oaks Grange, 5th & D, Galt. May, June, July, Aug., & Dec.: special dates & times. Contact: 916-682-2638

KOLO KOALITION. Party. All Levels, Mostly Balkan, Non-Partner. 1st Sat. monthly. 8:00-10:30 pm. YLJ Hall, 27th & N. Sacramento. Contact: 916-739-6014

PAIRS & SPARES. Party, International. 2nd Sat. monthly. 7:00-10:00 pm. Golden Palms Mobilehome Estates Activity Room, 8181 Folson Bl., Sacramento. Contact: 916-428-6992

RENO FOLK DANCE CO-OP. Party, International. 2nd Sat. monthly (Sept.-June). 7:00-9:00 pm. 1st Congregational Church, 627 Sunnyside Dr., Reno (off Keystone Ave.). Contact: 775-677-2306 or wigand@gbis.com

#### SUNDAY

\*DAVIS INTERNATIONAL FOLKDANCERS. All levels. 7:00-10:00 pm, International House, 10 College Park, Davis. Corner of College Park and Russell Blvd. Across from the north entrance to UCD campus. Contact: 530-758-0863. Website: www.davisfolkdancc.org

EL DORADO SCANDINAVIAN DANCERS. Ist Sunday. 3-6 pm. 3100 Ponderosa Rd., Shingle Springs. Contact 530-672-2926.

\*ENGLISH COUNTRY DANCE. All levels. 2nd Sun. monthly. 2-5 pm. Roseville Masonie Temple, 235 Vernon St., Roseville. Contact: 916-739-8906

\*SACRAMENTO 3RD SUNDAY SOCIAL DANCES OF THE WORLD PLUS ISRAELI. \*2-4 pm beg. & int. Israeli line & couple. 4-5 pm international line couple & mixers. 5-6 pm all requests. YLI Hall, 27th & N, Sacramento. Contact: 916-632-8807 or 916-371-4441.

\*SACRAMENTO 4TH SUNDAY SOCIAL DANCES OF THE WORLD PLUS SCANDI. All levels. 2-3:30 pm. International line, couple, & mixers. 3:30-5:30 pm Scandinavian. Requests till 6:30 pm. YLI Hall. 27th & N, Sacramento, Contact: 916-632-8807.

SACRAMENTO SUNDAY ISRAELI DANCE. Beg. & Int. Israeli. Non-Partner. 3rd Sun. monthly. 2-4 pm. YL1 Hall, 27th & N, Sacramento. Contact: 916-371-4441.

STEPPING OUT. Teach & perform various forms of Scottish Dance including Scottish Country Daneing, Ceilidh daneing Twasoine & Cape Breton Step Daneing. Meets 2 pm Sundays in Roseville (call for location). Contact: Charles Todd, 916-786-8448 or email chucktodd@surewest.net

**EXHIBITION GROUPS.** Contact the following, if interested, for further information.

ALPENTANZER SCHUHPLATTLER, Bavarian/Austrian exhibition group. Contact 916-988-6266 or see website: www.alpentanzer.org

BALLIAMO. Italian performing group. Contact: 916-482-8674

CAMTIA. German exhibition group. Contact: 916-933-4619 or 530-888-6586. Website: www.geocities.com/camtiafest/

EL DORADO SCANDINAVIAN DANCERS. Contact 530-672-2926

VIENNESE WALTZ SOCIETY. Contact: 916-395-8791 or 916-765-2229 or 16-714-2527. Website: www.waltz@strauss.net

ZADO SINGERS. Performing group singing songs of Eastern Europe & beyond. Contact: 916-923-1555 Website: www.zadosingers.org

#### Other groups and classes—

#### BAY AREA--

Rina Israeli Dance. Everyone is welcome. Thursdays, Beginners 10:00 am, Intermediates 11:00 am to 12:30 pm. Osher Marin Jewish Community Center, 200 N. San Pedro Road, San Rafael. For information call 415-444-8000.

Stockton in Exile—First and third Sundays. 10:00 am to 12:00 pm. All requests, mostly Stockton dances. Saratoga School of Dance, 18776 Cox Ave., Saratoga. Call to confirm, Marion Earl 650-793-1166.

International Folk Dance, City College of San Francisco, Contact the registration office 415-239-3285, www.cesf.edu (search: dance)

Folkdances of Hungary and Transylvania—Wednesdays 8:00 to 10:30 pm. Todd Wagner and Sarah Tull. \$7.00 drop-in. Menlo Park Rec. Center, 700 Alma Street, Menlo Park. Call for info: 650-941-0227 or cmail todd@wagnerhaz.com

Point Reyes International Folk Dance. Wednesdays, 7:00 pm at the Dance Palace, 5th and B Streets, Pt. Reyes Station. Contact Carol Friedman 415-663-9512 for information.

Saratoga International Folklore Family. Thursdays 7:00-8:00 beginners lesson; 8:00-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenuc, Saratoga. Contact Loui Tucker 408-287-9999, email: loui@louitucker.com

Stanford International Dancers. 8-11:00 pm. Fridays, Flex-it Acrobics Studio, 425 Evelyn Avenue, Mountain View. For info call Barbara 650-966-1775. No street shoes.

Monthly Scandidance, Third Sundays, beginner class at 2:00 pm, party at 3:00 pm. Misson Blue Center, 475 Mission Blue Drive, Brisbane. \$6.00. Info: 415-467-6330 or Anja 415-467-8512.

Friday Night Waltz—American Social Dance, see website for lots of locations: www.fridaynightwaltz.com

Monterey International Folk Dancers meet on Wednesdays at the Monterey Senior Center, corner of Lighthouse and Dickman, New Monterey. Teaching begins at 6:30 pm and request dancing at 8 pm. Parties are held on fifth Wednesdays. \$1.00 donation requested per session. Contact/teacher: Mary Hancock 831-372-7730.

San Francisco Second Saturday Israeli. From 6:30 to 7:30 beginning dances, 7:31 to 10:30 will be request dancing. St. Paul's Presbyterian Church at 43rd and Judah.

Friday Night Dancers. Samy Salsa Rucda and Robin Social Ball-room dancing at the Cubberly Pavilion. Lesson at 8:00, general dancing from 9:00 until midnight. \$7.00, students \$3.00 Robin Rebello, 4000 MiddleField Road, Palo Alto.

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:30, 7:30—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

Greek festivals—To find Greek Festivals anywhere in California, use the website: www.greekfestivals.bravehost.com. This site lists the festivals from all over California and has other information and links about Greek dancing.

Papa's Taverna—Live Greek music and dancing and belly dance shows Saturday and Sunday. Greek food. 5688 Lakeville Road, Petaluma. Reservations, info: 707-769-8545.

Little Switzerland—Food and bar. Occasional live polka music. Call first—707-938-9990. Corner of Riverside and Grove, El Verano (Napa Valley).

Teske's Germania Restaurant—255 North 1st St., San Josc. 408-292-0291. Monthly Bavarian dance music, call first.

FOLK DANCE FEDERATION OF CALIFORNIA, INC. PO BOX 561 SAUSALITO, CA 94966

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JOIN US FOR FOLK DANCING AND COMRADERIE WITH FOLK DANCERS FROM ALL OVER THE US & CANADA

# PETERSBURG'YAROSLAVAL'UGLICH'GORITSY'KIZHI'MONDRAGA DANCE ON THE 24 th ANNUAL FOLK DANCE CRUISES

MOSCOW/ST PETERSBURG VOLGA RIVER CRUISE

June 28-July 9, 2008 Cruise.SFO air, excursions from \$3098

#### DANCING LEAD BY LEE OTTERHOLT

SAVE MONEY, SIGN UP BEFORE SEPT 15, PAY 2007 PRICES

THE OPULENCE OF RUSSIA AWAITS YOUR ARRIVAL WITH IT'S IMPERIAL CITIES & GRAND TREASURES, SPECTACULAR ART & ARCHITECTURE & VAST POLITICAL CHANGES. CELEBRATE RUSSIAN'S MAGNIFICENT PAST AND PROMISING FUTURE. DISCOVER MOSCOW'S ANCIENT GOLD-DOMED MONASTERIES, RED SQUARE, THE KREMLIN, & ST. BASIL'S CATHEDRAL. EXPLORE ST. PETERSBURG, CONCEIVED BY PETER THE GREAT, TOUR THE HERMITAGE. SAIL THROUGH HISTORY ALONG THE MIGHTY VOLGA RIVER AND VISIT SOME OF THE LOVELIEST CITIES OF THE GOLDEN RING (UGLICH, YAROSLAVL, GORITZY). TRAVEL WITH EXPERTS AND GET INSIDE TIPS ON RUSSIAN HISTORY, CULTURE AND CONTEMPORARY RUSSIA. EXPERIENCE THE GRAND SWEEP OF RUSSIA TODAY AND YESTERDAY AS YOU CRUISE THE VOLGA

SINGLES SHARES ARRANGED



For the past several years we have sold-out early DO NOT DELAY

FOR MORE INFORMATION MAIL COUPON TO: MEL MANN (travel agent, folk danœr) BERKELEY TRAVEL COMPANY 1301 CALIFORNIA ST BERKELEY, CAL 94703 PHONE (510) 526-4033; FAX (510) 524-9906 MELDANCING@aol,com E-Mail WWW.FOLKDANCEONTHEWATER.ORG

Piease send me information about; Russia Folk Dance Cruise Add name to mailing list for future cruises. Single share info (_female;male)
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MOSCOW:ST PETERSBURG:YAROSLAVAL:UGLICH:GORITSY:KIZHI:MONDRAGA