

Let's Dance

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THE MAGAZINE OF INTERNATIONAL FOLK DANCING

Come to the HARVEST FESTIVAL



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Welcome to the 50th Anniversary Fresno Autumn Harvest Festival



NEW INFORMATION:

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President's Message

Dear Folk Dance Friends:

Over the past year I've seen a few things that I'd like to bring up this month. One is a feeling of interconnectedness that folk dancers all over the country can have by gathering together at various events and dancing together.

In contrast, however, I have also observed a lot of insularity in folk dance groups. If the folk dance movement is to thrive and grow again, we need a strong and knowledgeable support system for ourselves and for new dancers.

It's easy to write neighboring groups off based on old stereotypes, or to ignore them all together. This weakens our support networks and makes it hard to work with one another. If we really are going to keep folk dancing growing in our communities, we need to have strong ties and know what our resources are.

I would like to encourage you to find out about other groups in your area. Know their names, and try to visit around to different clubs when you can. Not only do you find out about their clubs, but they also find out about yours through contact with you. By doing this, you help build up the network on which folk dance community depends. You never know, but I've had the experience of meeting someone 30 miles from my hometown, who has a friend looking for a place to dance who lives right next door to where my home club meets.

These kinds of personal contacts help ideas to circulate and help dance clubs to practice welcoming strangers. It really doesn't take much—an evening you have free to check out another club, a friendly smile and an invitation to dance to a new person in your group.

Another thing I've seen is an "institutional blindness" that happens when people think about an organization like the Folk Dance Federation: an organization that has bylaws, that is a California nonprofit corporation, that publishes a regular magazine, that hosts events, and that answers questions from people all over the world. It's easy to say that "the Federation should do this..." or "the Federation should do that..." and think of the Federation as a taxpayer-supported bureaucracy. It is very difficult to keep in mind the reality that the Federation is simply a collection of volunteers with more or less a common goal, doing the best they know how. Therefore, the best way to get something done is to pitch in yourself, and encourage your friends to help you. Your enthusiasm for a project will have a way of catching fire in the community. I've seen it happen.

There are numerous opportunities for you to find satisfaction in working on a folk dance-related project, meet new people and strengthen your community. Watch for them—specifically the next time you think to yourself, "the Federation should..."

Hope to be hearing your ideas, and working and dancing with you soon.

Barbara

HARVEST FESTIVAL

Fresno Harvest Festival 50th anniversary!

We welcome you to Fresno's "Autumn Harvest Folk Dance Festival" to be held on October 17 and 18, 1998, our 50th, which for your dancing enjoyment will again this year be held at California State University, Fresno South Gym, Campus Drive and San Bruno Avenue, Fresno.

Your feet will enjoy dancing on real wood floors. Refresh yourself in the adjoining hallway between the Gym and the Dance Studio with food and drinks available at nominal cost. There will be no parking restrictions on campus for this weekend. Two motels are within walking distance of the festival.

For enhancing your knowledge of Romanian dances, Mihai David will be revisiting some of your old favorites and. introducing you to additional dances sure to become your new favorites You will want to be here ready to go at 1:30 p.m. Saturday when Mihai begins; An \$8.00 donation includes a dance syllabus for you to write your additional notes and insights in.

Admission is free to all other festival events.; At 7 p.m. dancing begins with a by your request KOLO HOUR with host, Drew Herzig of Sacramento, playing your favorite folk dances. For your enjoyment, beautifully costumed exhibitions will be at 8 p.m. Dancing resumes with the festival folk dance program. Finish dancing with a by your request after party starting around 11 pm. Host, Drew Herzig, will play your favorite folk dance requests.

At 1:30 p.m. Sunday, dancing resumes with the festival folk dance program until 5 p.m. For your enjoyment, beautifully costumed exhibitions will be at 2:30 p.m.

The dance weekend will be capped off with an excellent after party .at Woody's Roadhouse, one mile west on Barstow at First Street. At 6 p.m. for dinner, you will have your choice off Woody's menu ranging from BBQ to vegetarian. Following immediately will be your folk dance requests played by host, Kent Petersen. Hope to see you here.

Michael Norris, President. Fresno Folk Dance Council
P.O. Box 7822, Fresno, CA 93747 (209) 255-4508



Dance Program

SATURDAY

OCTOBER 17, 1998

ŠETNJA	Serbia
BOHEMIAN NATIONAL POLKA	Bohemia
BELASIČKO ORO	Macedonia
DODI LI	Israel
INSTITUTE DANCE	
DOUDLEBSKA POLKA	Czechoslovakia
HORA AGADATI	Israel
BAL DE JUGON	France
RUSTEMUL	Romania
TANGO POQUITO	USA
AT VA'ANI	Israel
ADA'S KUJAWIAK #1	Poland
SITNA ZBORENKA	Bulgaria
WESTERN TRIO MIXER	USA
CIMPOI	Romania
DHIVARATIKOS	Greece
MAIRI'S WEDDING	Scotland
LEGNALA DANA	Macedonia
INSTITUTE DANCE	
LEVI JACKSON RAG	England
POMPOURI	Armenia
LIPA MA MARÝCA	Italy
RUMELAJ	Macedonia
TETON MOUNTAIN STOMP	USA
HOREHRONSKY CHARDAS	Slovakia
FLORICICA OLTENEASCA	Romania
JOVANO JOVANKE	Macedonia
CORRIDO	Mexico
IDAM NE IDAM	Pirin/Bulgaria
STABBERINGLENDER	Norway
SAPRI TAMA	Israel
CIULEANDRA	Romania
TINO MORI	Macedonia
ROBIN DDIOG	Wales
ZAGORÍTIKOS	Greece
MARI MARIKO	Bulgaria
ST. BERNARD WALTZ	Scotland

SUNDAY

OCTOBER 18, 1998

TZADIK KATAMAR	Israel
YAYLALAR	Turkey
LA BASTRINGUE	French Canada
JOC BĂTRÂNESC DIN NICULITEL	Romania
HAMBO	Sweden
SULAM YA'AKOV	Israel
TROPANKA (Moskoff)	Bulgaria
SWEDISH-FINN MIXER	Sweden
INSTITUTE DANCE	
KARAGOUNA	Greece
POSTIE'S JIG	Scotland
KARAMFIL	Bulgaria
ZILLERTALER LAENDLER	Austria
SOMOGYI KARIKAZO	Hungary
INSTITUTE DANCE	
LITTLE MAN IN A FIX	Denmark
SYRTOS	Greece
MAPLE LEAF RAG	USA
DIVČIBARSKO KOLO	Serbia
VE DAVID	Israel
ANDRO RETOURNE	Brittany
INI VITU	Romania
BAL IN DA STRAAT	Belgium
VRAPCHETO	Bulgaria
STRUMIČKA PETORKA	Macedonia
TSÁMIKOS	Greece
KOROBUSHKA	Russia
ALUNELUL	Romania
BAONOPSTEKKER	Netherlands
ALUNELUL DE LA URZICA	Romania
ROAD TO THE ISLES	Scotland
BAVNO ORO	Macedonia
D'HAMMERSCHMIEDSG'S ELLN	Germany
EREV BA	Israel
SWEET GIRL	Armenia
PROMOROACA	Romania
LESNOTO	Macedonia



UKRAINIAN COSTUME

by Marjorie Posner, Costume Editor
(Reprinted from the December 1951 issue of Let's Dance magazine)

Part I—Woman's Costume OF ALL the folk-dance costumes, the Ukrainian seems to be one of the most popular styles, so I am going to describe the woman's costume this month and the man's next.

Fig. I. BLOUSE: The woman's blouse is really blouse and petticoat in one= piece and is cut from white linen or linen-like cotton (Indian Head is a good choice). The diagram shows the shape of the various pieces used. The long rectangle can be from 20 to 30 inches wide depending on where you want the drop-shoulder line to come on you. Sleeves should be at least 20 inches= around and gather slightly at the shoulder and more at the wrist to fit into a cuff about 2 inches wide. If you find the petticoat too narrow at the bottom you may add a long narrow piece under the arm to widen the skirt part but don't make it wider than two yards as it will bunch up under the straight skirt. There should be embroidery on the edge where the sleeve gathers on, a rather heavy piece there; and on the bottom a narrow band in a design similar to that on the shoulder piece. Red and black are best colors to use. There can also be scattered designs on the full sleeve or lines of narrow design down the sleeve, straight or on the diagonal. If you are going to do hand-embroidery on this blouse try to make it of linen as it lasts much longer than cotton. You may use embroidered braid to simulate embroidery, if possible using a geometric= design rather than a floral one. Authentic embroidery designs, which must be worked over canvas or by counting threads, can be found in some embroidery pattern bookscheck your library or university. The neckline has a drawstring or elastic to make it fit snugly. A square gusset is used under the arm to avoid= pulling on the seams when your arm goes up.

Fig. II. SKIRT: The skirt is made of one straight piece of material and= should be of wool or similar heavy material. The original skirts were woven in a checked pattern with flowers or other designs in the squares. The closest we can come to this is to use a checked material plain or with embroidered designs added to the checks. The skirt should be of a dark color red, blue,= green-and should be more of a check than a plaid. For the average figure you will need= a piece of material 36 x 60 inches. This is folded in half so you have a skirt 36 x 30. Along the long edge sew a small seam or casing for a drawstring to tie around your waist. Split the top layer of material up the back in the center and finish the edges with narrow hems. Your skirt should now look like the diagram. You may add six tassels to the corners for decoration, as shown.= This skirt is worn simply by tying the string around your waist so the corners A and B come together. It is a good idea to hook them so they will stay securely. Your blouse is boot-top length so the skirt should be just short enough to show the embroidery on the bottom of the blouse-petticoat.

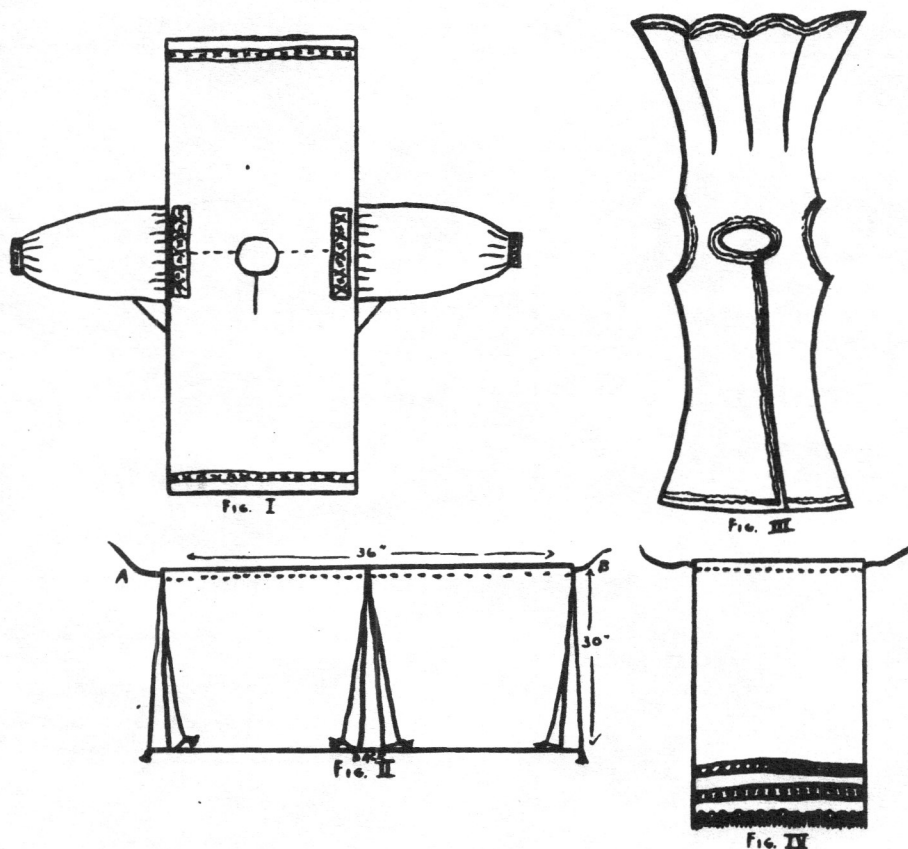
Fig. III. JACKET: This is usually made of velveteen or wool material and is fitted to the wearer. The back

has gores so the jacket will flare out in ripples below the waistline. In front it has a diagonal closing and a high neck. There are no sleeves. All the edges may be trimmed with heavy braid in the same color or a dark color, or it may be left plain. The jacket should be about finger-tip length.

Fig. IV. APRON: This is made of the same material as the jacket or it can be of white linen. It is a straight piece on a drawstring and should not be gathered but should lie flat against the body. The white aprons are embroidered like the blouse, in similar patterns at the bottom. The heavy aprons have embroidery or braid trim at the bottom. Both are fringed. The apron should be a little shorter than the skirt. The above are the main pieces of a woman's Ukrainian costume.

Now to put it together: First comes the blouse. Over that goes the skirt with the opening in front from the waist down which is covered by the apron. All this is held together by a sash, preferably red, and long enough to go around the waist several times. Tie on the left side, and have ends dangling to below the hipline.

Next comes the jacket, boots, jewelry, and a head-dress. The most popular jewelry is corals; crystal or glass beads are next; and old coins or crosses are also worn. The head-dress is a wreath (not a high Russian-style crown) of flowers sewn to elastic, with ribbons in back hanging to the waist. Boots should be black, but red ones may be worn.





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HAROLD
MANSELIAN

Kalle P's Vals

(Sweden/Norway)

Kalle P's Vals (KAHL-leh pehs VAHLS) is a waltz-based figure dance that originated in Sweden and was brought to Norway in the 1980s. A gammeldans instructor in the Oslo area, Idar Thorstensen, believes he is the person who imported the dance, having learned it from a group in Alingsås, Sweden. The dance has become very popular in the Oslo area and it is found nearly everywhere gammaldans is played. Alix Cordray taught the dance at a special afternoon session during the 1998 Stockton Folk Dance Camp. At the time, Alix was conducting a tour of the San Francisco Bay Area and Seattle with Springar'n, an amateur folk dance group from Ski, just south of Oslo, Norway.

Cassette: Springar'n 98, Side A/2. (This is appropriate music because it is a Norwegian band playing a Swedish waltz.)
Any suitably phrased waltz, preferably quite lyrical. 3/4 meter

Formation: Cpls facing in LOD (CCW), W to R of ptr. Inside hands (M R, W L) joined about shldr level and outside hands at sides.

Steps and Waltz*: Usually just 3 small steps per meas (no closing step) with Styling: the longest step on ct 1. Many Norwegians dance only 1 step per meas (on ct 1).

Note: M dance each odd-numbered meas starting with L ft on ct 1; W start with R ft. The even-numbered meas start with M R, W L.

* Described in *Steps & Styling, Rev.*, published by the Folk Dance Federation of CA, Inc.

Measures	3/4 meter	PATTERN
one ct + 2 meas	<u>INTRODUCTION</u>	No action. Will vary with the music selected.
	<u>THE DANCE</u>	
1-2	Beg M L, W R, dance 2 waltz steps in LOD. At the end, turn twd ptr to face RLOD (CW) and join nearer hands (M L, W R).	
3-4	Beg M L, W R, dance 2 waltz steps moving bkwd in LOD.	
5-6	With 2 waltz steps change places with ptr and end facing LOD. M dance under W raised R arm; W move CW around M.	
7-8	With M L and W R hands still joined, repeat meas 5-6 to face RLOD and then continue moving until facing ptr.	
9-10	M change hands by taking W L in his R. With 2 waltz steps M move fwd in LOD as W turns once CW (R) under the raised joined hands. M is slightly behind W.	

11-12 M change hands by taking W R in his L. Dance 2 waltz steps, M still moving fwd in LOD and W turning CW under the joined hands. At the end of meas 12, M move up beside W or slightly in front of her.

13-16 Take ballroom pos* with ptr (M L, W R hands are already joined). Beg M L, W R, dance 4 waltz steps turning twice CW while moving in LOD. At end, open out to original starting pos, facing LOD with inside (nearer) hands joined.

SEQUENCE: Dance pattern as written until end of music.

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Pravo Rodopsko horo (Bulgaria)

Pravo Rodopsko horo (PRAH-voh roh-DOHP-skoh hoh-ROH), a dance from the Rhodope region of Bulgaria, is a variation of the popular pan-Bulgarian *Pravo horo* and is danced to the famous Rhodope folk song, *Pustono Ludo i Mlado*. Yves Moreau learned it from Dimitar Dojčimov in Plovdiv in 1979 and taught it at the 1998 University of the Pacific Stockton Folk Dance Camp.

Cassette: Bulgarian Folk Dances, Yves Moreau YM-UOP-98 Side A/1. 2/4 meter

Formation: Mixed lines of dancers, hands joined in W-pos. Face ctr, wt on L ft.

Styling: Proud and earthy.

Measures	2/4 meter	PATTERN
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No Introduction.

I. PRAVO

- 1 Step on R to R side (ct 1); step on L across in front of R with a small knee flexion (ct 2).
- 2 Step on R to R side (ct 1); step on L behind R (ct 2).
- 3 Step on R to R side (ct 1); raise L leg, knee bent, in front of R leg (ct 2).
- 4 Step on L beside R (ct 1); raise R leg, knee bent, in front of L leg (ct 2).
- 5-16 Repeat meas 1-4 three more times.

II. FORWARD TOWARD CENTER AND BACK

- 1 Beg R, step fwd twd ctr 2 steps (cts 1,2).
- 2 Continuing, step fwd on R (ct 1); raise L leg with knee bent (ct 2).
- 3-4 Moving bkwd, repeat meas 1-2 with opp ftwk.
- 5 Step on R in place (ct 1); light stamp on L beside R, no wt (ct 2).
- 6 Step on L in place (ct 1); light stamp on R beside L, no wt (ct 2).
- 7 Step on R in place (ct 1); step on L beside R (ct 2). Extend joined hands fwd and down on these 2 cts.
- 8 Step on R beside L, no wt (ct 1); hold (ct 2). Joined hands continue down to sides.
- 9-16 Raising joined hands to W-pos on the first 3 steps, repeat meas 1-8.

SEQUENCE; Dance sequence as written 3 times. On last time, Fig II, meas 14, the music retards and continues at a slow tempo for meas 15 and 16; match the ftwk to the music.

SONG WORDS

Pustono ludo i mlado

Pustono ludo i mlado ište mi majčo armagan
ište mi majčo armagan, čorni se oči da mu dam

Chorus (2)

Dali da gi dam, či kak da gi dam, ga ma majka gljoda ot tam.

Pustono ludo i mlado ište mi majčo armagan
ište mi majčo armagan, belu su lice da mu dam

Chorus (2)

Dali da go dam, či kak da go dam, ga ma bubajko gljoda ot tam

Pustono ludo i mlado ište mi majčo armagan
ište mi majčo armagan, tjonka sa snažka da mu dam

Chorus (2)

Dali da ja dam, či kak da ja dam, ga ša ja stori darmadan

CLASSIFIED ADS

MILLIE VONKONSKY DAY CLASSES - Mondays: Beginning Ballroom, Civic Park Community Center, 1375 Civic Dr., Walnut Creek (free: 1-1:30, class, 1:30-3); Wednesdays: On-going Country Western Line, Dublin Senior Center, 7437 Larkdale Ave., 11:30-1:00 (Beginner, Intermediate, Advanced), 1:30-3, Intermediate Ballroom; Thursdays: On-going Country Western Line, Danville Community Center, 420 Front Street, 10-11 (Intermediate, Advanced), 11-12 (Beginner); Fridays: On-going Country Western Line, Civic Park Community Center, 1:30-2 (Free), 2-3:30 (class Beginner, Intermediate, Advanced). Private lessons available. For more information, call 925-828-5976, Streets, San Leandro.

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How to Use Your Dance Descriptions – by Bruce Wyckoff

From Teacher Training Program at Laney College, Oakland, 1977

The Dance Research Committee of the Folk Dance Federation of California, Inc., has published dance descriptions for many years. In addition to placing one or more descriptions in each issue of LET'S DANCE magazine, the Federation has published seven volumes of dance descriptions, which are currently available. These descriptions are useful to the dancer, and are particularly useful to the folk dance teacher. The descriptions are prepared so that everyone can use them without specialized knowledge or extensive use of reference materials. Old descriptions are useful, too, as the committee has been remarkably consistent in how the descriptions are prepared.

While dance descriptions are very helpful, one should not attempt to learn a dance from the description alone. It is best to learn the dance from a qualified folk dance teacher.

No attempt will be made here to explain a description (see example, *Koziorajka*, page 59) as most parts are self-explanatory. Following is a list of important points or items which could use some explanation.

Dance steps are described under STEPS in the description or reference is made to Federation volumes for the sake of brevity.

The meter, 3/4, 4/4, etc., of the music is listed just prior to the description, itself.

Dances are divided into logical parts, which are listed by Roman numerals. Parts are often repeated in a dance.

Musical melody is listed in the description and designated by capital letters, if it is felt that such listing would be helpful.

The detailed description is divided by musical measure.

ABBREVIATIONS

beg	beginning, begin	M	man, man's, men
bkwd	backward	meas	measure
CCW	counterclockwise	opp	opposite
cpl or cpls	couple(s)	orig	original
ct or cts	count(s)	pos	position
ctr	center	ptr or ptrs	partner(s)
CW	clockwise	R	right
diag	diagonal (ly)	RLOD	reverse line of direction (CW)
Fig	Figure	sdwd	sideward
ft	foot	shldr	shoulder
ftwk	footwork	twd	toward
fwd	forward	W	woman, woman's, women
L	left		
LOD	line of direction (CCW)		

COUNCIL CLIPS

Nadine Mitchell, 1941 Danvers Way, Sacramento. CA. 95832-1226 916-392-7357

Deadline for November COUNCIL CLIPS is September 20

FRESNO COUNCIL – Fran Ajoian reports that their Council will be having its Autumn Harvest Festival on October 17 and 18. Mihai David will be teaching a Romanian Institute on Saturday afternoon. He is an excellent teacher and the last time he was in Fresno over 300 people attended his sessions.

There were regular Saturday and Sunday picnics and gatherings activities during the past summer.

SACRAMENTO COUNCIL – Sacramento folk dancers were in high profile on Center Stage at the California State Fair, presenting a two-hour program. Separate performances were also scheduled for Balliamo, Kolo Koalition and the First and Last Dancers at the Global Village. Each group appeared several times and were appreciated by the fairgoers.

This month I would like to feature another club in our Sacramento Council, Pairs & Spares. Many readers will remember Cleo and Walt Baldwin, who were the instructors for well over 30 years until Cleo's passing. Not only did they instruct Pairs & Spares but also Whirl-A-Jigs. Several years ago these two clubs merged and now enjoy a healthy membership. Many of our members have been involved in folk dancing for a very long time and have been active as officers in both the Council and in the Federation. Pairs & Spares is a mainstay in our Council and its members enjoy summer activities as well as the weekly classes and monthly parties. This club does international, rounds, squares, contras, beginner and intermediate dances. Thanks for being there, Pairs & Spares.

– Nadine Mitchell

SAN FRANCISCO COUNCIL – Ruth Ruling reports the following October schedule for Chang's: Oct. 2, 9 Instruction 8:00 - 10:00 PM Dancing 10:00-11:00 PM Oct. 16 Party Night 8:00 - 11:00 PM Oct. 23 Dancing and Requests 8:00-11:00 PM Oct. 30 Fifth Friday No

Meeting. Social Hall, 7th Ave., Presbyterian Church, 1329 7th Ave., San Francisco.

Mandala: Edith Bourdin, Mandala instructor, reminds us that meetings are every Thursday, from 7:30-11:30 PM. She will be teaching dances from the Stockton Folk Dance Camp. 43rd Ave. & Judah St., San Francisco

BERKELEY FOLK DANCERS – Naomi Lidicker reports the fourth Open Teaching Night Party for the year will be held Saturday, October 17, at Live Oak Park Gym, Berryman and Shattuck, Berkeley, from 7:30 - 10:45 PM. There will be teaching and dancing of non-repertoire dances. If you have a favorite or new dance that you would like to introduce to BFD, call Ed Malmstrom. We especially welcome non-BFD dancers introducing non-BFD dances.

FOLK DANCE NEWS

New Home for Ed Kremer's Records

Max Horn reports that he has constructed an air conditioned storage unit at his ranch to house the folk dance record collection that Ed Kremers amassed over the years. Max will be sorting through these records and finding duplicates and eventually cataloguing the collection. If you were ever in Ed's basement shop you know that this is a Herculean task. Max asks that anyone willing to help in the effort please contact him at 510-228-8598.

CALENDAR of EVENTS

Craig Blackstone, 207 Monterey Road #1, Pacifica, CA 94044, 650-359-7486

Deadline for November issue September 20, 1998

Oct 3, Sat	REDWOOD CITY	Palomanians, First Methodist Church Broadway at Brewster Denise, 408-249-6104 or Ruth, 415-333-2210
Oct 3, Sat	SACRAMENTO	Kolo Koalition, 8:00-10:30 p.m., YLI Hall, 27th & N Sts. Leona, 916-739-6014 (H), 916-424-0864 (W)
Oct 9, Fri	SAN JOSE	Santa Clara Valley FD, 1st Christian Church, 80 S 5th St. Maxine, 408-739-0500 or Denise, 408-249-6104
Oct 10, Sat	PETALUMA	Hermann Sons Hall, 8-11:30 p.m. Elsa/Frank, 707-546-8877
Oct 10, Sat	SACRAMENTO	Pairs & Spares, 8:00-11:00 p.m., Babcock School, 2400 Cormorant Way Chuck, 916-428-6992
Oct 10, Sat	SACRAMENTO	Royal Scottish Country Dance Soc., 7:30 p.m., YLI Hall, corner 27th & N Sts. Patsy, 916-635-3477
Oct. 17-18	FRESNO	FRESNO AUTUMN HARVEST FESTIVAL
Oct 16, Fri	SAN FRANCISCO	Changs, 7th Ave. Presbyterian Church Social Hall, 1329 7th Avenue Ruth, 415-333-2210
Oct 17, Sat	MENLO PARK	Menlo Park FD, Menlo Park Rec. Center, 700 Alma at Mielke Marcel, 650-327-0759
Oct 17, Sat	SACRAMENTO	BBKM Party, 8:00-?? Barbara, 916-923-1555
Oct 21, Wed	SANTA ROSA	Veterans Bldg., Santa Rosa, 2-4 p.m. Elsa/Frank, 707-546-8877
Oct 24, Sat	NAPA	Grandview Mobile Home Park, 1-5 p.m. Charlie, 707-258-0519
Oct 24, Sat	SAN CARLOS	Docey Doe FD, Community United Church, Arroyo at Elm Bruce, 650-368-7834
Oct 25, Sun	SACRAMENTO	Scandimanians, 1:30-5:00 p.m., YLI Hall, 27th & N Sts. Sallie, 916-7987 (H), 916-774-5236 (W)
Oct 25, Sun	SUNNYVALE	Sunnyvale Rec., Ensemble Intl., Sunnyvale Com. Ctr, 550 E. Remington Ned/Marian, 408-395-8026
Oct 31, Sat	FRESNO	Fifth Saturday Party, Lafayette Social Hall Fran, 209-255-4508
Oct 31, Sat	GALT	First & Last Dancers, Country Western, 8:00-midnight Valley Oaks Grange, 5th & D Sts. Eda, 916-682-2638
Oct 31, Sat	SAN CARLOS	Council Party, Community United Church, Arroyo at Elm Hank, 650-493-8653 or Al, 408-252-8106
Nov 7, Sat	PALO ALTO	Council Party, Lucy Stern Center Ballroom, 1305 Middlefield Road, Hank, 650-493-8653

Nov 7, Sat	SACRAMENTO	Kolo Koalition, 8:00-10:30 p.m., YLI Hall, corner 27th & N Streets, Leona, 916-739-6014 H, 916-424-0864 W
Nov 13, Fri	SAN JOSE	Santa Clara Valley FD, 1st Christian Church, 80 S 5th St. Maxine, 408-739-0500, Denise, 408-249-6104
Nov 14, Sat	PETALUMA	Hermann Sons Hall, 8-11:30 p.m. Elsa/Frank, 707-546-8877
Nov 14, Sat	SACRAMENTO	Pairs & Spares, 8:00-11:00 p.m., Babcock School, 2400 Cormorant Way Chuck, 916-428-6992
Nov 14, Sat	SACRAMENTO	Royal Scottish Country Dance Soc., 7:30 p.m., YLI Hall, corner 27th & N Sts. Patsy, 916-635-3477
Nov 18, Wed	SANTA ROSA	Veterans Bldg., Santa Rosa, 2-4 p.m. Elsa/Frank, 707-546-8877
Nov 20, Fri	SAN FRANCISCO	Changs, 7th Ave. Presbyterian Church Social Hall, 1329 7th Avenue Ruth, 415-333-2210
Nov 21, Sat	MENLO PARK	Menlo Park FD, Menlo Park Rec. Center, 700 Alma at Mielke Marcel, 650-327-0759
Nov 21, Sat	BERKELEY	Berkeley FD, Live Oak Park, Shattuck at Berryman, 7:30-11:00 p.m.
Nov 21, Sat	SACRAMENTO	BBKM Party, 8:00-?? Barbara, 916-923-1555
Nov 22, Sun	SACRAMENTO	Scandinavianians, 1:30-5:00 p.m., YLI Hall, corner 27th & N Sts. Sallie, 916-7987 (H), 916-774-5236 (W)
Nov 26-28	SAN FRANCISCO	Kolo Festival, Russian Center, 2450 Sutter St. (near Divisadero) Joanne Splivalo, 510-652-7859
Nov 28, Sat	GALT	First & Last Dancers, Country Western, 8:00-midnight Valley Oaks Grange, 5th & D Sts. Eda, 916-682-2638
Nov 28, Sat	NAPA	Grandview Mobile Home Park, 1-5 p.m. Charlie, 707-258-0519
Nov 28, Sat	SAN CARLOS	Docey Doe FD, Community United Church, Arroyo at Elm Bruce, 650-368-7834
Nov 29, Sun	PLACERVILLE	Waltz/Tango Cotillion, Ballroom (upstairs), Placerville. Elmer/Millie, 209-296-4970
Nov 29, Sun	SUNNYVALE	Sunnyvale Rec. Ensemble Intl., Sunnyvale Com. Ctr.



Gary Mukai, O.D.
George Miyake, O.D.
Dewey Jan, O.D.
Robert Hlywa, O.D.

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Dancing on the Internet

by Barbara Bruxvoort (bbrux@wco.com)
Federation Website: www.folkdance.com

The Philosophical Underpinnings of Renaissance Dance

<<http://artsci.washington.edu/drama-phd/bctextp2.html#posture>><http://artsci.washington.edu/drama-phd/bctextp2.html#posture> This well-written and interesting article is part of a larger analysis of a Renaissance court dance performance piece. It talks of Plato's views on dance and the philosophy of dance as a moral and social teacher.

Folk Dancing in Kyoto

<<http://www.momo.it.okayama-u.ac.jp/~sasakura/kolo-eng.html>><http://www.momo.it.okayama-u.ac.jp/~sasakura/kolo-eng.html>

Middle Eastern Dance Videos

<<http://www.lpl.arizona.edu/~kimberly/medance/media/video.html>><http://www.lpl.arizona.edu/~kimberly/medance/media/video.html>

Middle Eastern Dance Information

<<http://www.lpl.arizona.edu/~kimberly/medance/culture/culture.html>><http://www.lpl.arizona.edu/~kimberly/medance/culture/culture.html> Articles and links of all sorts, including directions for several mailing lists, costuming, and culture.

The Dance Gypsy

<<http://pages.prodigy.com/dancegypsy>><http://pages.prodigy.com/dancegypsy> Dance events in the NE states, plus a nationwide listing of dance camps.

Seven-Day Guide to Dance Events in Philadelphia Area

<<http://www.ipcc.com/fdc>><http://www.ipcc.com/fdc> The essential companion for your next visit to PA (Can't you sneak out of the trade show for a few hours?).

The Benefits of Dance

<http://www.pueblo.gsa.gov/cic_text/children/other/nineties.txt>http://www.pueblo.gsa.gov/cic_text/children/other/nineties.txt Information from the National Endowment for the Arts that outlines the benefits of dancing for children. It's an excellent little piece with very good reasons why dance is important, reasons that apply to adults as well. One that will resonate with International Folk Dancers is: "Dance increases understanding and appreciation for forms, choices and rituals from a broad range of historical, social and cultural perspectives."

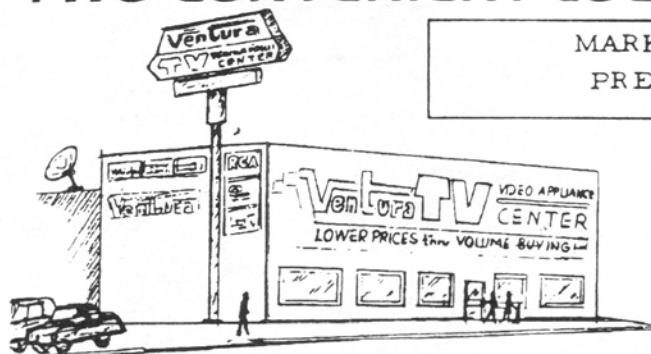
Folk Dance in New York's Capital

<<http://home.earthlink.net/~bertleft/dance/international.htm>><http://home.earthlink.net/~bertleft/dance/international.htm> Weekly dances, festivals, plus locations for contra, swing and cajun in the Albany/Schenectady/Troy area. Put it on your plan for this fall's color tour!



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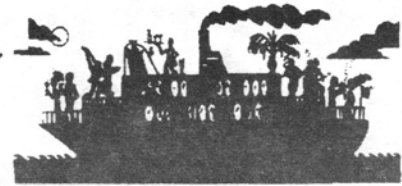
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& LASTLY VISIT, OVERNIGHT IN BUDAPEST (CITY TOUR)

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☐ Single share info (☐ female; ☐ male)

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