

# Let's Dance

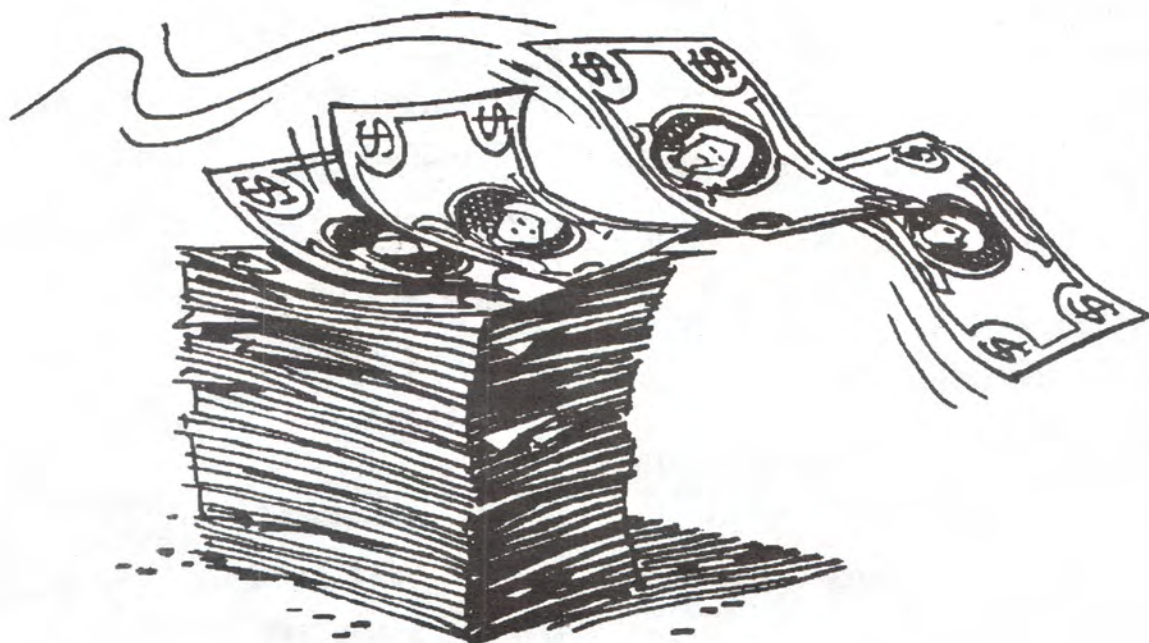
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THE MAGAZINE OF INTERNATIONAL FOLK DANCING

## Welcome to the



## TREASURER'S BALL!

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Official Publication of the Folk Dance Federation of California, Inc.



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**Come  
to the  
Treasurer's  
Ball**



### NEW INFORMATION:

**SUBMISSION DEADLINE:**  
Deadline for each issue is the  
25th of 2 months previous  
(i.e., March deadline would be  
the 25th of January).



### SUBSCRIPTION RATE:

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# President's Message

## "Post-it Notes" from the President's Desk

This time of year is full of transitions—from fall to winter, moving to the end of the year, and adjusting to the idea of moving from one century to another—the Folk Dance Federation is no exception. It's time to evaluate what the Federation's goals are for the next years of folk dancing. This will be the theme for the Executive Board this year. Please be thinking about it yourself and talk about it. Let me know of your ideas.

Let's Dance subscriptions—Share the word about Let's Dance. If you would like to have some subscription forms to share with your club, please contact us.

Treasurer's Ball—December 6 is the date of the 1998 Treasurer's Ball. It will be taking place in Sonoma this year, now that the roof is repaired there. So, you'll have to give up the antique stores of Sebastopol that you enjoyed last year for the restaurants, bookstores, mission and wineries of Sonoma! Seems like a fair trade. Also note that our Treasurer, Page Masson is sending out the raffle tickets for the Treasurer's Ball to the Treasurers of Federation clubs. This raffle has long been a fund raiser for the Federation among many events that just break even. Please help her out by selling raffle tickets in your clubs and returning unused tickets to her. Page does so much work to make this event a good one, and there are always nice prizes, including the gift that always fits: cash.

Post Office Box—The Federation now has a new address: Folk Dance Federation of California / P.O. Box 789 / Kenwood, CA 95452

Let's Dance Material—You can still send Let's Dance material to me at 547 Esplanade / Pacifica, CA 94044 / phone & fax 650-359-9609. But the best way to get stuff to me is by email because then I don't have to re-type it: bbrux@wco.com. Also, material needs to reach me six weeks before the publication date—for example the deadline for the December issue is October 25, for the January issue is November 25, and so on. Please help me out by getting the material to me on time.

Barbara



## **Treasurer's Ball**

### **December 6, 1998**

### **Come one, come all to the Treasurer's Ball**

Help us bring in the Christmas season by attending the Treasurer's Ball again this year! It will be held on December 6, at the Veterans Building at 126 1st Street in Sonoma. Dancing will be from 1:50 to 5:30.

It always makes "cents" to support the Folk Dance Federation, which is always working hard to keep us "all together." Come join us for a great afternoon of dancing.

There will be the usual raffle drawing – \$100, \$50, and other great prizes donated by our clubs and individuals. Don't forget the door prizes too – they are lots of fun. Do you have a door prize to donate?

A Folk Dance Assembly will meet at 11:15 – all are welcome. Why don't you come early and join us? There will be a luncheon served after the meeting.

Please come! Join us! I guarantee a great afternoon!

**Page Masson, Treasurer**



## "Use & Abuse of Dance"

Barbara Lynch

Annie Jenness-Miller was basically a dress reformer. She and her husband sold patterns and manufactured garments that did not require a corset and gave women more freedom of movement. Annie's sister, Mabel, managed one of the nation's first gymnasiums for women.

This dress reform magazine was published from 1887 to 1896. The title changed frequently but always included "Jenness-Miller in the title, except for once when it was called "Dress." Annie also wrote several books—about baby and child care, physical beauty and philosophy—all out of print now.

Here, from the April, 1890 magazine, are Laura Gidding's "Thoughts on Dance." Most of this article is a history of dance, but the end of the article is a plea to include dance in everyone's education.

Today the relation of the physical to the mental and moral being is receiving thought which will result in making dance an essential part of the education of every child of intelligent parents. Mr. Sheldrake, a surgeon who has devoted the greater part of his life to the care and prevention of bodily weakness says, "Dancing, if learned from those who are well qualified to teach it, and practised, as it ought to be, consistently with the instructions given, will contribute more to improve the health as well as the form of the human frame than any other exercise."

The evil results of fashionable dances are not traceable to the physical practice involved in the movements taken, but to false habits of dress, ill-ventilated rooms, and other kindred influences. If women would dress properly, dance within the limits of reasonable hours, and in rooms that were not crowded, and where pure air was a possibility, the grace, health, and beauty of the olden time might be revived among women of this western land.

Dancing, as often practised violates all laws of grace and hygiene; correctly studied it gives poise to the entire being. "Its effects," says a writer on education, "are not confined to the body; it gives children not mere outward gracefulness of motion but manly thoughts and a becoming confidence."

With the growing interest in physical culture, the art of dancing must win new respect. It will be scientifically studied in its relation to grace and physical development; already the more progressive schools include among their methods of physical culture a study of many dances. The minuet is practiced to cultivate ease and dignity, allied to grace and freedom in motion; it develops a firm but elastic step, and gives to the body poise and elegance of form. It is admirable calculated to improve the awkward walk of American girls, as well as to elevate depressed chests and to straighten rounded backs. Certain steps of the ballet tend directly to muscular development and strength. The Highland Fling abounds in graceful and varied movements; while many of the dances of European nations are notably adapted to correct physical defects.

An art which to the world's greatest philosophers and artists, and even to theologians, has been an inspiration, is worthy of the attention of modern science as well as deserving of sympathy from the descendants of those Church fathers who taught that the "glorious company of apostles" is really a chorus of dancers.



# CALENDAR of EVENTS

Craig Blackstone, 207 Monterey Road #1, Pacifica, CA 94044, 650-359-7486

**Deadline for December issue is October 20, 1998**

Plan ahead! Save these dates for upcoming folk dance festivals:

Nov 26-28	SAN FRANCISCO	Kolo Festival
Dec 6, Sun	SONOMA	Treasurer's Ball
Jan 15-16	REDWOOD CITY	Heritage Festival
Nov 7, Sat	PALO ALTO	Council Party, Lucy Stern Center Ballroom, 1305, Middlefield Road, Hank, 650-493-8653
Nov 7, Sat	SACRAMENTO	Kolo Coalition, 8:00-10:30 p.m., YLI Hall, corner 27th & N Streets, Leona, 916-739-6014 H, 916-424-0864 W
Nov 13, Fri	SAN JOSE	Santa Clara Valley FD, 1st Christian Church, 80 S 5th St. Maxine, 408-739-0500, Denise, 408-249-6104
Nov 14, Sat	PETALUMA	Hermann Sons Hall, 8-11:30 p.m. Elsa/Frank, 707-546-8877
Nov 14, Sat	SACRAMENTO	Pairs & Spares, 8:00-11:00 p.m., Babcock School, 2400 Cormorant Way Chuck, 916-428-6992
Nov 14, Sat	SACRAMENTO	Royal Scottish Country Dance Soc., 7:30 p.m., YLI Hall, corner 27th & N Sts. Patsy, 916-635-3477
Nov 18, Wed	SANTA ROSA	Veterans Bldg., Santa Rosa, 2-4 p.m. Elsa/Frank, 707-546-8877
Nov 20, Fri	SAN FRANCISCO	Changs, 7th Ave. Presbyterian Church Social Hall, 1329 7th Avenue Ruth, 415-333-2210
Nov 21, Sat	MENLO PARK	Menlo Park FD, Menlo Park Rec. Center, 700 Alma at Mielke Marcel, 650-327-0759
Nov 21, Sat	BERKELEY	Berkeley FD, Live Oak Park, Shattuck at Berryman, 7:30-11:00 p.m.
Nov 21, Sat	SACRAMENTO	BBKM Party, 8:00-?? Barbara, 916-923-1555
Nov 22, Sun	SACRAMENTO	Scandimanians, 1:30-5:00 p.m., YLI Hall, corner 27th & N Sts. Sallie, 916-789-0987 (H), 916-774-5236
Nov 26-28	SAN FRANCISCO	Kolo Festival, Russian Center, 2450 Sutter. Joanne 800-730-5615, 510-652-7859
Nov 28, Sat	GALT	First & Last Dancers, Country Western, 8:00-midnight Valley Oaks Grange, 5th & D Sts. Eda, 916-682-2638
Nov 28, Sat	NAPA	Grandview Mobile Home Park, 1-5 p.m. Charlie, 707-258-0519
Nov 28, Sat	SAN CARLOS	Docey Doe FD, Community United Church, Arroyo at Elm Bruce, 650-368-7834
Nov 29, Sun	PLACERVILLE	Waltz/Tango Cotillion, Ballroom (upstairs), IOOF Hall, 467 Main Street, 1:30-5:30 p.m. Dress in formal, vintage or folk costume. Theme: Last Tango On The Titanic. Joan 530-644-2298 or Flossie 530-622-7301

Dec 5, Sat	REDWOOD CITY	Palomanians, First Methodist Church Broadway at Brewster Denise, 408-249-6104 or Ruth, 415-333-2210
Dec 5, Sat	SACRAMENTO	Kolo Koalition, 8:00-10:30 p.m., YLI Hall, 27th & N Sts. Leona, 916-739-6014 (H), 916-424-0864 (W)
Dec 6, Sun	SONOMA	Treasurer's Ball, 1:30-5:30 p.m., Veterans Hall, 126 First St. West, Sonoma, Elsa/Frank, 707-546-8877 11:00 a.m.-12:30 p.m., Assembly Meeting
Dec 11, Fri	SAN JOSE	Santa Clara Valley FD, 1st Christian Church, 80 S 5th St. Maxine, 408-739-0500 or Denise, 408-249-6104
Dec 12, Sat	MENLO PARK	Menlo Park FD, Menlo Park Rec. Center, 700 Alma at Mielke Marcel, 650-327-0759
Dec 12, Sat	SACRAMENTO	Pairs & Spares, 8:00-11:00 p.m., Babcock School, 2400 Cormorant Way Chuck, 916-428-6992
Dec 12, Sat	SACRAMENTO	Royal Scottish Country Dance Soc., 7:30 p.m., YLI Hall, corner 27th & N Sts. Patsy, 916-635-3477
Dec 16, Wed	SANTA ROSA	Veterans Bldg., Santa Rosa, 2-4 p.m. Elsa/Frank, 707-546-8877
Dec 18, Fri	SAN FRANCISCO	Changs, 7th Ave. Presbyterian Church Social Hall, 1329 7th Avenue Ruth, 415-333-2210
Dec 19, Sat	MENLO PARK	Council Party, St. Bede's Episcopal Church, 2650 Sand Hill Rd. at Monte Rosa, Hank, 650-493-8653 or Al, 408-252-8106
Dec 19, Sat	PETALUMA	Hermann Sons Hall, 8-11:30 p.m. Elsa/Frank, 707-546-8877
Dec 19, Sat	SACRAMENTO	BBKM Party, 8:00-?? Barbara, 916-923-1555
Dec 26, Sat	GALT	First & Last Dancers, Country Western, 8:00-midnight Valley Oaks Grange, 5th & D Sts. Eda, 916-682-2638
Dec 26, Sat	NAPA	Grandview Mobile Home Park, 1-5 p.m. Charlie, 707-258-0519
Dec 27, Sun	SACRAMENTO	Scandimanians, 1:30-5:00 p.m., YLI Hall, 27th & N Sts. Sallie, 916-789-0987 (H), 916-774-5236
Dec 31, Thu	BERKELEY	Berkeley FD New Year's Eve Party, Live Oak Park, Shattuck at Berryman, 7:30-11:00 p.m.
Dec 31, Thu	FRESNO	New Year's Eve Party, Lafayette Social Hall Fran, 209-255-4508
Dec 31, Thu	GALT	First & Last Dancers Dinner Dance, Country Western Valley Oaks Grange, 5th & D Sts. Eda, 916-682-2638
Dec 31, Thu	MENLO PARK	Menlo Park FD New Year's Eve Party, Menlo Park Rec. Center, 700 Alma at Mielke Marcel, 650-327-0759
Dec 31, Thu	SAN CARLOS	Council Party, Community United Church, Arroyo at Elm Hank, 650-493-8653 or Al, 408-252-8106



# Events South

- Sunday, November 1 Trinity Irish Dance Company concert. 7 p.m. at Royce Hall, UCLA Campus, Westwood. Info: (310) 825-2101
- Friday, November 6 Kypseli Cretan Dance W/ Mary Coros- 818-248-2020. jfried@wiesenthal.com Skandia Hall 2031 Villa St. Pasadena
- Friday, November 6 42nd Annual International Festival San Diego. Music, dance, food 6:30PM SDSU San Diego
- Fri-Sun, November 6-8 **Weekend at Highland Springs** (near Beaumont) sponsored by Tuesday Gypsies. Info: (310) 390-1069.
- Fri-Sat, November 6-7 Street Dance from Japan; 3 performances at Cal State, Northridge. Info: (818) 677-3943.
- Saturday, November 7 Natalie MacMaster, Cape Breton fiddler and step-dancer. Celtic music from Nova Scotia. 8:00 at El Camino College. Info: (310) 329-5345
- Sat-Sun, November 7-8 Intertribal Marketplace; dancers, drummers, and artisans from Eastern and Southwest tribes. At Southwest Museum. Info: (213) 221-2164.
- Saturday, November 7 Israeli Dance Workshop San Diego 619-229-0500 vmaheu@ucsd.edu Dance Workshop - 5-7PM Potluck - 7:15PM Request, International Dancing. Dancing Unlimited / 4569 30th St. / San Diego / Nov 7 - Fr
- Saturday, November 7 Cretan Dinner Dance L. A. sirota@gseis.ucla.edu St. Sophia's Greek Orth. Church / Los Angeles
- Saturday, November 7 Natalie MacMaster, Cape Breton Concert. Cape Breton fiddler and step-dancer 310-329-5345 El Camino College
- Sat-Sun, November 7-8 Intertribal Marketplace Pasadena. Dancers, drummers, artisans. Southwest Museum, Pasadena
- Sunday, November 8 Thalia Studio Hungarian Theatre. Music, song, and skits in Hungarian. 4:00 at Cal State Northridge. Info: (818) 677-3943.
- Friday, November 13 Kypseli Taverna Night w/ Pat Karamanougian 818-248-2020 jfried@wiesenthal.com Skandia Hall 2031 Villa St. Pasadena
- Saturday, November 14 **Folk Dance Scene Benefit House Concert**, 7:30 p.m., a "musical potpourri", featuring the Cantilena String Quartet with Laurette Boarman on violin. Info: (213) 658-8182.
- Saturday, November 14 Tanchaz Los Angeles 818.246.0531 parhuzam@earthlink.net Dances of Del-Alfod taught Gypsy Camp 3265 Motor Ave. Los Angeles
- Sunday, November 15 National Acrobats of China. Magicians, acrobats, tumblers, contortionists, ~owns. Cerritos Center for the Performing Arts. 4 performances. Info: (562) 916-8501.
- Friday, November 20 Israeli FD Marathon with Israel Yakovee. Dance from 8pm to 3 am at 2244 Westwood Blvd. Info: (800) 750-5432.
- Friday, November 20 Mingei Museum Slovak Costume Exhibit, Balboa Park, San Diego. Helene Cincebeau's collection goes on display. Call park for more info.
- Saturday, November 21 Lily Cai Chinese Dance Co. 8:00 at Cal Tech, Pasadena. Info: (888) 2CALTECH.
- Sunday, November 22 L.A. Mariachi Festival. Noon-5:00 at Mariachi Plaza, 1st and Boyle Sts. Free. Info: (213) 485-2437.
- Thu-Sun, Nov 26-29 **Scandia Festival**, Julian, CA. Info: Michael Goode, (818) 342-7111.

Note: Federation events are in **bold**, CALL TO CONFIRM ALL EVENTS.



# What to do when the turkey's all gone? Come to Kolo Festival!



The turkey was stuffed and now so are you? Now you're ready for some excitement? Shed those post-prandial blues and head for the San Francisco Russian Center, 2450 Sutter, November 26-28, and kick up your heels at great workshops and lively parties at the 1998 Kolo Festival!

This year we welcome back the following dance teachers: **Dick Crum** (Kolos); **Joe Kaloyanides Graziosi** (Pontic Greek); and **Steve Kotansky** (Balkan). Teachers new to Kolo Festival this year will be **Mitko Manov** (Bulgarian dances) and **Mark Forry** (Croatian klapa and tamburica songs).

**Mitko**, originally from Kjustendil, Bulgaria, danced with the Philip Koutev Ensemble (Sofia), choreographed for various Bulgarian ensembles, and since 1994 has been Assistant Director for Dance of the Duquesne University Tamburitians. This will be Mitko's first teaching engagement on the West Coast. **Mark** is past vocal director of Aman and other vocal ensembles and has taught singing since 1980. We are already familiar with him at Kolo Festival as a singer and musician with Zapadne Lole and the Yeseta Brothers; now we will have the opportunity to know him as a generous and knowledgeable teacher, too.

To keep you hopping, we also have a great line-up of bands for the Friday and Saturday evening parties: the **Yeseta Brothers** from Los Angeles (Tamburica - Friday & Saturday); **Yuri Yunakov** from Bulgaria via New York, and Friends (Bulgarian Wedding Band Music - Friday; Gypsy music - Saturday); **Anoush Ellas** (Greek / South Balkan - Friday); **Voluta Vox** from Santa Cruz (Balkan - Friday); **Vasil Bebelev** and **Dan Auvil** (Bulgarian - Saturday); and **Bob Beer** from Seattle (Pontic Greek - Saturday).

Starting off Friday evening, the Yeseta Brothers will lead a **sing-along**, which will include songs taught in the Friday afternoon singing class. On Saturday, the evening will begin with a **concert**. In addition to the dance bands, there will be live music for listening both evenings in the **Kafana**. If you find yourself hungry in spite of all the turkey, lunch and dinner will be available on site. If your hunger is for knowledge, there will be **Culture Corners**. To tempt your checkbook, vendors will have music, books, costumes, tapes and other Balkanalia on sale day and night.

If this line-up doesn't get you out of those armchairs and off the sofa, well, maybe you just had a wee bit too much cranberry sauce...So come one, come all! Dance! Sing! Eat! Shop! Enjoy live music with live(ly) people! Meet old friends and make new ones at the 47th annual Kolo Festival in November. If you want to pre-register or would like more information, please contact Joanne Splivalo at (800) 730-5615 or (510) 652-7859, or Kolo Festival, P.O.Box 20181, Piedmont CA 94620-0181.

P.S.: If the turkey insists on coming too, please just make sure that its claws are taped and its dressing is appropriate...



# Folk Dancers We Should Remember

Lawton Harris

by Larry Getchell

In this issue of Let's Dance, the "Folk Dancer We Should Remember" focuses on the late Lawton Harris. He is most deserving of the honor, considering that he is someone most folk dancers either knew or had heard about, but up until now we were unable to obtain sufficient accurate information about him.. Now, thanks to research done by the authors of the recently published Stockton Folk Dance Camp 50-Year History, we have sufficient material regarding his professional career to do justice to Lawton and to his many contributions to the folk dance movement.

Lawton Harris was born in a small Missouri town but his family soon moved to San Diego and later Oakland. While attending the College of the Pacific in San Jose he met Sally Metzger who he married upon graduation. College of the Pacific, a Methodist-affiliated school (and the current University of the Pacific), shaped his early career, working in the broad area of community/religious education and recreation. He trained leaders in church and community recreation, including leaders in the Scouts, the YMCA, YWCA and the church. In time he became nationally known in the field of community recreation. One part of this recreational activity centered around what we know today as folk dancing. Among other things, Lawton's success as a recreation leader resulted in part time teaching at COP in Stockton, commuting from Oakland.

In 1949 Lawton was offered a full time teaching position at COP in Stockton where the family then moved. In Stockton he organized a folk dance group at the YMCA, the Polk-y-Dots. This writer well remembers a folk dance exhibition night held at the Oakland Auditorium during the 1940s where the Polk-y-Dots exhibited a very fast and lively jig dance. Lawton and, I believe, Sally performed with the group. Lawton himself showed a nifty bit of footwork.

Lawton Harris founded the Stockton Folk Dance Camp at College of the Pacific in 1948. The founding, according to my understanding, happened during one of Walter Grothe's terms as President of the Folk Dance Federation of California. Both he and Lawton attended an outdoor festival at the University of California. During an intermission Walter and Lawton were waiting in line for refreshments. Walter mentioned to Lawton something about a folk dance camp held yearly in the East at some wooded retreat. He wondered why a similar camp would not prove a success here in California. It started Lawton thinking and at the next business meeting of the Federation presented a plan for a camp at COP. His plan met with their approval, resulting with the initial 1948 Folk Dance Camp at COP in Stockton. Here, until death suddenly took him in 1967, Lawton was Camp Director just six weeks short of the 20th camp opening. During those years Stockton Folk Dance Camp became known nationally. This writer attended the first 22 years during which time some of the world's better known instructors were invited.

Despite his folk dance camp and other duties at COP, Lawton took time to come to the rescue of the Folk Dance Federation in 1951 when they were without an editor for Let's Dance magazine. Lawton volunteered for the job and handled it very proficiently.

Lawton's unexpected death in 1967 could have meant disaster for the folk dance camp but Jack McKay stepped in as the new director and despite the many difficulties, the 20th camp was another success. Jack continued as director for 20 years. The present director, Bruce Mitchell, is ably following him.

Folk dancing could use many other leaders such as Lawton Harris.



(Macedonia)



- 4 Turning to face ctr, step on R to R (ct 1); bounce slightly on R and pump-kick L diagonally fwd L (ct 2).
- 5 Turning to face slightly L of ctr, step on L in RLOD (ct 1); step on R across in front of L (ct 2).
- 6 Turning to face ctr, step slightly back on L (ct 1); step on R next to L (ct 2); step on L in place (ct &).
- 7 Step on R in place or slightly to R (ct 1); bounce slightly on R and pump-kick L diagonally fwd L (ct 2).
- 8 Step on L in place (ct 1); bounce slightly on L and pump-kick R diagonally fwd R (ct 2).

II. VARIATION A (More common when music is slow)

- 1-6 Repeat Fig I, Basic, meas 1-6.
- 7 Step on R across in front of L (ct 1); step on L in place (ct &); step on R to R (ct 2); step on L in place (ct &).
- 8 Step on R across in front of L (ct 1); step on L in place (ct &); lift on L, raising R in front of L with bent knee (ct 2).

III. VARIATION B (More common as music speeds up)

- (1-4) Repeat Fig I, Basic, meas 1-4, or as music speeds up more:
  - 1 Facing R of ctr, step fwd on R in LOD (ct 1); step on L in LOD (ct 2).
  - 2 Step on R in LOD (ct 1); step on L next to R (ct &); step fwd on R in LOD (ct 2).
  - 3 Step on L in LOD (ct 1); step on R next to L (ct &); step on L in LOD (ct 2).
  - 4 Turning to face ctr, step on R to R (ct 1); bounce slightly on R and pump-kick L diagonally fwd L (ct 2).
  - 5 Turning to face slightly L of ctr, step on L in RLOD (ct 1); step on R across in front of L (ct 2).
  - 6 Turning to face ctr, step slightly back on L (ct 1); step on R next to L (ct &); step on L in place (ct 2).
  - 7 Step on R in place or slightly to R (ct 1); bounce slightly on R and pump-kick L diagonally fwd L (ct 2).
  - 8 Turning to face R of ctr, small leap onto ball of L to L and slightly back (ct ah); step on R in LOD (ct 1); leap onto L across in front of R (ct 2).

IV. VARIATION C (More common as music speeds up)

- 1-6 Repeat Fig III, meas 1-6.
- 7 Step on R across in front of L (ct 1); step on L in place (ct &); step on R to R (ct 2).
- 8 Turning to face R of ctr, small leap onto ball of L to L and slightly back (ct ah); step on R in LOD (ct 1); leap onto L across in front of R (ct 2).

V. VARIATION D (More common during fast music)

- 1-3 Repeat Fig III, meas 1-3.
- 4 Turning to face ctr, step on R to R (ct 1); step on L behind R (ct &); step on R in place (ct 2); step on ball of L in front of R (ct &).



- 5 Step on R behind L to L (ct 1); step on ball of L to L (ct &); step on R across in front of L (ct 2); step on ball of L to L (ct &).
- 6 Step on R behind L (ct 1); step on L to L (ct 2).
- 7 Turning to face L of ctr, fall onto R, raising L ft low behind (ct 1); hold (ct 2).
- 8 Turning to face R of ctr, touch heel of L to L and slightly fwd (ct 1); leap onto L across in front of R (ct 2).

VI. VARIATION E (More common during fast music)

- 1-4 Repeat Fig V, meas 1-4.
- 5 Step on R behind L to L (ct 1); step on ball of L to L (ct &); step on R across in front of L (ct 2).
- 6 Step on L to L (ct 1); turning to face L of ctr, hop on L while raising R leg fwd (ct 2).
- 7 Fall onto R, raising L ft low and behind (ct 1); hold (ct 2).
- 8 Turning to face R of ctr, touch heel of L to L and slightly fwd (ct 1); leap onto L across in front of R (ct 2).

SEQUENCE: As stated in *Steps & Styling*, the sequence danced is the choice of the individual dancer. Some dance only Fig I while the music is slow. Then, as it speeds up, they change to Fig III until the dance ends. Other dancers will do four or five variations.



# FOLK DANCE CAMP vs. THE 49ERS?

by Bruce Mitchell

Bruce Mitchell The 50-year of the Stockton Folk Dance Camp at the University of the Pacific in 1997 was one of those perfect years. A huge camp with many famous teachers from past years: many "special guests" from earlier years made cameo appearances during the two weeks of Camp. Everything looked positive as the Committee started planning for 1998.

Then, WHAM!! The San Francisco 49ers professional football team selected U.O.P. last fall for their summer training site. Alex Spanos and other Stockton individuals donated \$3 million to the University to help improve and/or build facilities to lure the 49ers to Stockton. The P.E. Department was given carte blanche on the selection of facilities for the 49ers' use during the month they were to be on campus. When the dust settled, all of the dance rooms that the Folk Dance Camp had used were no longer available. Three of the dorms used by the Camp were also lost.

Months of negotiations started in an attempt to save Folk Dance Camp from the 49er invasion. Requests for facilities went unanswered for weeks. Many departments and other programs were scrambling in an attempt to get their summer programs organized.

Slowly arrangements were pieced together. The three portable floors built by Folk Dance Camp allowed us some flexibility in selection of rooms. The Grace Covell area became the hub of activities. The dorm there allowed us all to be under one roof again. The dining room and Tiger Lounge on the first level provided easy access for meals and a dance area for one class, our assemblies, and after parties. Two additional rooms were used in the music complex.

The need for a large dance room still had to be solved. We were given a verbal agreement and a deposit was given for the Scottish Rite Hall—three blocks from the University. The room was large and had air-conditioning. The rent for the facility would be about \$350 a day. Six weeks later, the director informed us that there was a "slight problem." The Board of Directors decided the rent should be increased to \$1000 a day. This was obviously impossible. The only other facility near the campus was the Central Methodist Church, which had a large recreation room and no air conditioning. They were willing to rent the facility for \$250 a day. This became our main dance hall with our professionally designed wood floor. The room was close enough to our other rooms and it was fairly easy to get to. The comfort of the air conditioning was missed after so many years in Callison Hall and later in Great Hall.

There is no way Folk Dance Camp can compete with the \$3 million donated to the University or with



the \$3-\$5 million injected into the Stockton community during the month long visit of the 49ers. Yet, the 51 years Folk Dance Camp has been on campus has brought U.O.P to the attention of the dance community all over the world. I have heard repeatedly that Stockto/U.O.P is the one dance camp instructors strive to teach at due to its history and fame. The reputation of the Lawton Harris Library for dance research is one of the best in the United States. An endowment to help support Folk Dance Camp was created in 1997 by Larry and Ruth Miller. The interest from this fund is to help support Folk Dance Camp in the future.

Where do we go from here? The dancers liked having everyone back in one dorm and the close proximity of the activities to it. One could just walk down the hall for meals, assemblies, and after parties. The music building was fairly close and the dancers were able to make it to the recreational hall across the street in a ten-minute time period.

The Committee's goal is to once again get the facilities all back on the U.O.P campus. New facilities are in the planning and the reconstruction of the Callison Hall has just begun. The dancers wanted to impress upon the University the importance of Folk Dance Camp and asked if they would write to the president expressing their feelings. It was emphasized that all comments should be kept positive with the idea of building for the future. The address of the President is as follows: Dr. Donald V. DeRosa, President; University of the Pacific, Pacific Ave., Stockton, CA 95211. Some sample letters follow.

The dancers overwhelmingly voted to increase the tuition to keep the class sizes smaller and agreed with the concept of decreasing the number of teachers to help with the budget. The number of teachers for 1999 will drop from seven to six. There will be Folk Dance Camp at the University of the Pacific in 1999 and we hope you can be part of it. So, the main idea of the Stockton Folk Dance Camp vs. 49ers' should really become the Stockton Folk Dance Camp AND the 49ers at the University of the Pacific.

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## CLASSIFIED ADS

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**MILLIE VON KONSKY DAY CLASSES** - Mondays: Beginning Ballroom, Civic Park Community Center, 1375 Civic Dr., Walnut Creek (free: 1-1:30, class, 1:30-3); Wednesdays: On-going Country Western Line, Dublin Senior Center, 7437 Larkdale Ave., 11:30-1:00 (Beginner, Intermediate, Advanced), 1:30-3, Intermediate Ballroom; Thursdays: On-going Country Western Line, Danville Community Center, 420 Front Street, 10-11 (Intermediate, Advanced), 11-12 (Beginner); Fridays: On-going Country Western Line, Civic Park Community Center, 1:30-2 (Free), 2-3:30 (class Beginner, Intermediate, Advanced). Private lessons available. For more information, call 925-828-5976, Streets, San Leandro.

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## ***SAMPLE LETTER***

Dr. Donald V. DeRosa, President  
University of the Pacific  
Pacific Avenue  
Stockton, CA 95211

Dear Dr. DeRosa:

It has been a pleasure to be part of this prestigious University for the past 51 years. From its early beginnings with emeritus Professor Lawton Harris in 1947, Stockton Folk Dance Camp has grown and is a major influence in international folk dance and heritage dance preservation throughout the world. As part of the University of the Pacific's summer session and Life Long Learning program, individuals have traveled from around the world to join together at U.O.P. to participate and learn from the scholars who are invited to teach each year from around the globe. Each of them present their country's dances and aspects of their culture. This is what makes Stockton Folk Dance Camp a very unique experience.

The addition of the Lawton Harris Memorial Collection housed in your library, since 1968, has proven to be an invaluable resource. We appreciate the support that the University has shown by maintaining this collection. It is growing every year and has become one of the nation's largest collection of Folk Dance literature and music.

Throughout the years, Folk Dance Camp has had its growing pains. There was much anxiety about what would happen to Camp this year with the changes in venue and the addition of the 49ers on campus. We are very pleased with the new housing location. Even though we lost use of the large air conditioned dance spaces we were accustomed to, we were able to relocate and adjust to our new sites. Although we would prefer to remain on the campus, the Methodist Church Recreation Hall was adequate, with the exception of the liability of crossing Pacific Avenue, the cost, and the fact there was no air conditioning.

I hope in the future the University will continue its support for Stockton Folk Dance Camp so that the many traditions in heritage music and dance can be preserved and passed from generation to generation. I look forward to working with University of the Pacific in the future and hope that strides will be made to continue to accommodate us. Thank you.



Barbara Bruxvoort  
President  
Folk Dance Federation of California  
547 Esplanade  
Pacifica, CA 94044  
650-359-9609  
bbrux@wco.com

August 3, 1998

Dr. Donald DeRosa  
President  
University of the Pacific  
3601 Pacific Avenue  
Stockton, CA 95211

Dear Dr. DeRosa:

As you know, this year marks the 51<sup>st</sup> time that the University of the Pacific has hosted the Stockton Folk Dance Camp, and I wanted you to know how valuable that relationship is and what it means for both the Camp and the University. Thank you also for supporting the library. I found it to be a valuable resource for research in dance and music to dance by.

The advent of the 49ers training camp is a financial and publicity boon for the University, but it also made things difficult this year for Folk Dance Camp. I thank you for supporting the Folk Dance Camp in the face of the 49ers' incredible logistical needs, and I would encourage you to work with us so that things can go more smoothly next year.

• **International Exposure for the University of the Pacific.**

Stockton Folk Dance Camp spreads the name of your university to the far reaches of the globe where American Football is only a distant interest. For example, there were people from all parts of Japan, from Brazil and from Canada in only the first week of this year's camp. I'm sure that Bruce Mitchell could give you a more complete list of all the countries that have attended over the past 51 years.

What these people have to offer is the best kind of publicity—word of mouth. They go home and talk to their friends and family about the beautiful buildings and grounds of UOP, and about the friendliness and service-orientation of the staff.

But the impact is even greater than that. The hundreds of Dance Teachers that have shared their knowledge at Folk Dance Camp also teach in other venues all over the world (for example, Japan, the Balkan States, Canada, Europe...). The University of the Pacific is in their hearts and Stockton Folk Dance Camp events are on their mailing lists.

• **What the Folk Dance Camp means to the International Folk Dance Community.**

Stockton Folk Dance Camp is the seminal teaching point for folk dancers on the West Coast. The people who attend Folk Dance Camp go back to their home clubs throughout the state (and indeed, throughout the country) to teach the dances that they learned at your University.

Most of the dances done in the International Folk Dance community are actual dances done by people in towns and villages world wide. Each village has its own dance and is brought together in celebration, in mourning, in times of passage and changes of season by their native dances. In the United States and also the global society that transportation and mass media are creating, villages are disappearing, along with the sense of place and self-confidence they provide. Folk Dance Camp is an opportunity for a two-week long village experience. Attendees go home with a broader understanding of the world and its cultures, and more importantly, an identification with and respect for the real people who dance all over the world in their own villages.

It is a step towards peace, community and civility that the Folk Dance Camp nurtures. Are these not priceless seeds to water and care for? If there is a place that fosters kindness and understanding, should it not be preserved and protected so that it can grow and live?

- **The importance of Folk Dance as a life skill.**

*"Rhythm and harmony penetrate most easily into the soul and influence it most strongly, bringing with it decorum and making those who are correctly trained well-behaved" —Plato*

Dance is one of the keys to unlocking a person's ability to observe patterns, to learn how to work cooperatively with a partner and in a group, and to experience the exhilaration that a harmonious group provides. It is also an ability that persists in usefulness long after the principles of economics 101 are forgotten. There is something about dance—the dynamic balance of it that gives it an ageless appeal. This past week you could have seen children learning, as well as people who can hardly walk because of age and illness to move and dance. I have been astounded observing older people who are easily confused and forgetful, be able to dance with ease in group. Neither physical beauty nor academic knowledge are required. It comes from a kinetic and rhythmic part of our brains that is not reached by literature, jogging or database programming, yet it helps the dancer develop the memory and coordination skills that provide the self-confidence and sense of ability and community that are a foundation for learning.

- **The special relationship between the Folk Dance Camp and the University.**

The Folk Dance camp wants to continue this relationship and build on it so that we can continue to be of service to each other in a world where organizations need all the help that they can give each other.

- **I encourage you to do two things in regards to Folk Dance Camp:**

1. Help the Folk Dance Camp and the University Faculty to get to know one another so that the University of the Pacific can tap into the life-long gift of recreational dancing.
2. Make firm commitments as to facilities so that the relationship between the University and the Camp can continue to grow and thrive.

Sincerely,

Barbara Bruxvoort, President, Folk Dance Federation of California

cc: Bruce Mitchell, Director, Stockton Folk Dance Camp  
Dr. Carol Ann Hackley, Public Relations Director, University of the Pacific



# Dancing on the Internet



by Barbara Bruxvoort (bbrux@wco.com)  
Federation Website: [www.folkdance.com](http://www.folkdance.com)

**Dance TV**  
<http://www.dancetv.com/>

Dance tips for advanced dancers, plus a beginner's "learn online" workshop for the waltz, the fox trot and the East Coast swing. The workshops include a very nice glossary of dance terms, and each dance is broken down into several lessons with photographs of dancers and diagrams of the dance steps.

## Etiquette for the Ball Room

<http://www.stg.brown.edu/projects/hypertext/landow/victorian/history/Etiquette.html>

Nervous about attending your first Victorian ball? Here you'll find out just how a lady (or a gent) should behave. And be sure to remember that "A lady or gentleman should finish their toilet before entering the room for dancing, as it is indecorous in either to be drawing on their gloves, or brushing their hair. Finish your toilet in the dressing rooms."

## Frequently Asked Questions about Leading and Following

[http://www.eijkhout.net/lead\\_follow/](http://www.eijkhout.net/lead_follow/)

This is a very extensive compilation of observations and advice from the participants in the rec.arts.dance newsgroup with varying viewpoints from different members. There are over 50 different topics addressed.

## Cheap Dance Shoe FAQ

<ftp://ftp.std.com/nonprofits/dance/ballroom/cheap-dance-shoe-FAQ.txt>

I never met a folk dancer who was averse to getting better shoes at a lower price, so even though this site has already made the Dancing on the Internet roster once, I'm including it again. This little gem of a site tells you how to glue suede on athletic shoes, has recommendations of bowling shoes and gives suppliers' names and phone numbers.

## See Fred Astaire Dance

<http://dolphin.upenn.edu/~amatth13/fred.html>

An index to all the movies in which Fred Astaire danced.

## Fred Astaire and Ginger Rogers

<http://www.wcinet.net/~arteest/FredGin.htm>

Lovely dance photos and plot summaries from the movies they graced together. Follow the links to the "bio bits"—one studio executive's quip: "Can't act. Slightly bald. Also dances." The biography summarizes his career, his partners and displays photos from many of his movies.

## Folk Dance Events

<http://mail.plovdiv.itdnet.net/selmatic/folkdance/>

This site focuses mainly on Southern California events, but also lists camps throughout the U.S., and events outside of the U.S. to help you plan your travel.



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# COUNCIL CLIPS

Nadine Mitchell, 1941 Danvers Way, Sacramento. CA. 95832-1226 916-392-7357

Deadline for November COUNCIL CLIPS for January is November

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**FRESNO COUNCIL** – Fran Ajoian reports that Fresno had a successful Harvest Festival held in October. It was the 50th Anniversary of that event and was well attended with a great Institute held for our enjoyment. Thanks for coming and supporting us.

**PENINSULA COUNCIL** – Peninsula continues to meet and enjoy folk dancing and will have information for activities happening in the future.

**REDWOOD COUNCIL** – Elsa Bacher reports that Redwood Council Clubs look forward to the Treasurer's Ball being held right here in Sonoma on Sunday, December 6. Federation Treasurer Page Masson puts on such a fine dance party for all folk dancers. Dancing, door prizes, refreshments, raffles, all for our pleasure. Please plan to come; bring a door prize; buy some raffle tickets. Support our Treasurer. Say "thank you" by your presence.

**SACRAMENTO COUNCIL** – October 24 was the first of several Council Parties of the new dance year. The theme was international due to the fact that date was United Nations Day. We had a good attendance and feel this year will be a successful one. Plans are also in the works for our New Year's Dinner Dance on January 9, 1999, and of course, we are working hard on the 1999 Camellia Festival held in March with emphasis on the Sunday portion being held in the Memorial Auditorium.

October was the month of Oktoberfest celebrations with many clubs honoring that occasion, and two of our Council Clubs, the Camtia Dance Ensemble and the Alpentanzer Schuhplatters, being much in demand and on-call for these events.

Two clubs are spotlighted this month in our Sacramento Council. Bruce Mitchell, Master Dancer, heads up both of these special groups. The first one is the Camtia Dance Ensemble. This group has been in existence since 1960 with many dancers still performing from that time and now

the group boasts second-generation dancers. Good for you, Camtia! This club is a German exhibition group only and is in much demand during Oktoberfest celebrations and whenever German dancing is requested. They have always been a mainstay at our own Camellia Festivals.

The second group Bruce heads up is the Vintage Dancers of Sacramento. These equally talented dancers, performing dances of the era 1850-1920 in beautiful vintage costumes. They are much in demand and the goal of this group is the restoration and preservation of American dances done during that time period. Vintage also appears at the Camellia Festival and also at the Woodland Stroll and at various special programs where people request vintage material.

Sacramento is proud of these two clubs, as well as others mentioned in previous issues, and those that will appear in future publications.

**SAN FRANCISCO COUNCIL** – Ruth Ruling reports CHANGS schedule as follows:

Nov. 6 - 13, 1998: Teaching from 8 - 10:00 PM. General Dancing is from 10:00 - 11:00.

November 20- Party night: Members will bring "finger food". We would like you to come and join us on any of these nights.

November 27 - Closed due to Kolo Week and Thanksgiving Holiday.

**BERKELEY FOLK DANCERS** – Naomi Lidicker reports that BFD will hold their last Fun Night for this year on Saturday, November 21, at Live Oak Park Gym, Berryman and Shattuck, Berkeley, from 7:45 - 10:45 PM. Members: \$4; non-members: \$6. (This may be our last 1998 Fun Night but don't forget to mark your calendar for our New Year's Eve party, December 31.)



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## Open the Dower Chests

Folk bridal treasures from the Slovak and Czech Republics will be on display at California's Mingei Museum in San Diego, opening on November 20th and continuing for several months. The exhibit from the **Baine/Cincebeaux Folk Dress Collection** showcases antique wedding finery from Slovak, Moravian and Bohemian villages dating from around the turn of the century. Helen Zemek Baine and her daughter Helene Baine Cincebeaux collected the hand-made treasures during 30 years of travel and research in over 2,000 villages there.

The exhibit will feature elaborate wedding headdresses, embroidered treasures from wedding aprons to men's shirts, ritual wedding shawls and decorated bed covers, even decorated wedding shoes. There are woven pieces, beaded treasures, silver and gold thread embroideries and many of the articles are decorated with elaborate bobbin lace. Each piece was made with love. Many are dated or signed with initials or actual names. The folk dress will be displayed along with the Piersol collection of decorated chests and beds from central Europe.

The Mingei Museum is located in San Diego's Balboa Park at 1439 El Prado, San Diego 92101. Museum hours are Tuesday through Sunday from 10 a.m.-4 p.m., closed on Monday and national holidays. The Museum telephone number is 619-239-0003 and fax number is 619-239-0605. The Nov. 20th opening will run from 5 - 7 p.m. For further information call Helene Cincebeaux at 716 342-9383, e-mail [helenezx@aol.com](mailto:helenezx@aol.com) or write 151 Colebrook Drive, Rochester NY 14617.

### Call For Papers for A Symposium celebrating Eastern European Folk Culture

A Symposium celebrating Eastern European Folk Art, Folk Culture and Folk Ritual is scheduled for January 15 - 17, 1999 at the Mingei Museum in conjunction with the "Open the Dowry Chest: Bridal Treasures from Slovakia, Moravia and Bohemia" exhibit which opens on Nov. 20, 1998. Papers are invited on the topics of folk arts and handicrafts, costumes and textiles, architecture and interiors, myth and ritual, folklore and family history. The submission deadline for 250 word proposals is November 15, 1998. For more information contact Robert Michael Cerello, Ethnic Textile Council of San Diego, P.O. Box 34052, San Diego CA 92163.



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