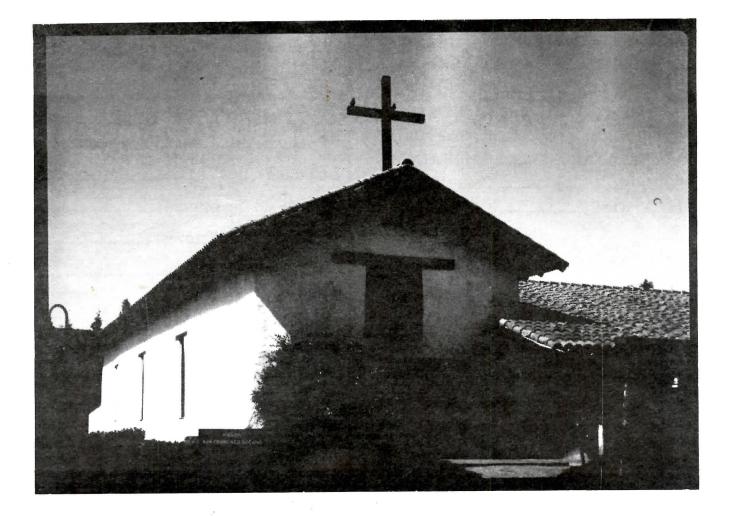


THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

Let's Dance

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On Our Cover Welcome to the Fiesta de Sonoma



NEW INFORMATION:

SUBMISSION DEADLINE: Submission deadline for each issue is the 25th of 2 months previous (i.e., March deadline would be the 25th of January).



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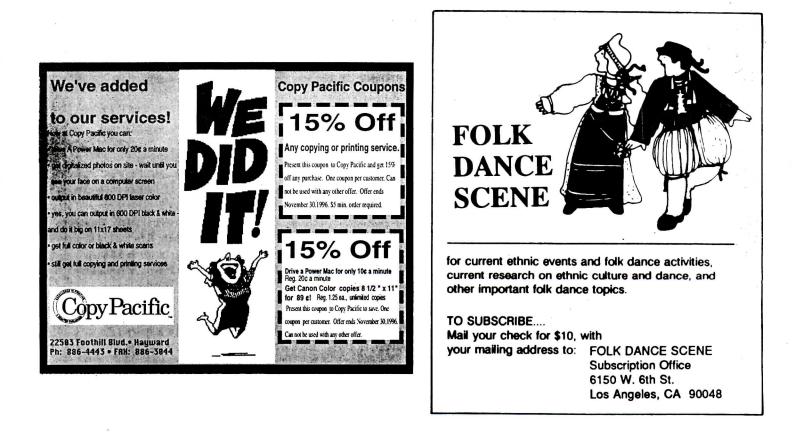
President's Message

One thing I've appreciated about folk dancers is their sense of curiosity, a desire to learn new things and teach what they know. The quest for knowledge and joy in it is part of folk dancing's spark. Folk dancing also provides the opportunity to take round-the-world trips every time we head out to an event. This aspect of International Folk Dancing has gotten me to pay closer attention to countries in the news that meant nothing to me before.

Curiosity and connection with dancers in the community as well as a better awareness of our kinship with people all over the globe are values that seem in short supply these days with all the violence and war happening on this planet. I encourage you to blow on the embers of the folk dance movement so that friendship and multiculturalism will continue to find shelter in it. What better purpose is there than to foster understanding and continue to be a bright spot in a world hungry for friendship and peace.

I wish you joy in your dancing.

Barbara Bruxvoort



Fíesta de Sonoma

Folk Dance Festival



Sunday, September 14 Veterans Memorial Building 282 High Street, Sebastopol

Put on your best "glad rags" and your happiest smile and come for a relaxed afternoon of fun and visiting with old friends of long standing. And there are some "yummy" places to eat and rest with friends after you've whetted your appetites with dancing.

Remember - SEBASTOPOL! See you there!

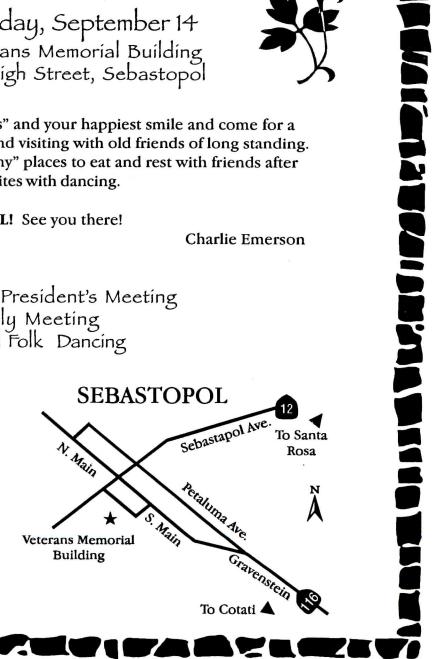
Charlie Emerson

11:00 a.m. - Council President's Meeting 11:45 a.m. - Assembly Meeting 1:30 to 5:30 - General Folk Dancing

Donation - \$4

Note: New Location!

If coming north or south on 101, go first to Santa Rosa and then take 12 west to Sebastopol.



Fíesta de Sonoma

Program of Dances

- 1 Tzadik Katamar
- 2 Corrido
- 3 Bal in da Straat (P)
- 4 Alexandrovska
- 5 Numero Cinco
- 6 Square
- 7 Rumelaj
- 8 **Double Sixsome**
- 9 Bluebell Waltz (P)
- 10 Japanese Soft Shoe
- 11 **Bohemian National Polka**
- 12 Contra
- 13 Joc batranesc din Niculitel
- 14 Hambo
- 15 Tango Poquito (P)
- 16 Polharrow Burn
- 17 La Cachucha
- 18 Square
- 19 Baztan Dantza
- 20 Elizabeth Quadrille
- 21 Skt. Gilgen Figurentanz (P)
- 22 La Encantada Tango
- 23 Frenchy Brown
- 24 Contra

EXHIBITIONS - 3:00 p.m.

- 25 Bapardess
- 26 Maple Leaf Rag

- 27 Pinewoods Two Step (P)
- 28 Dundee Whaler
- 29 Zillertaler Landler
- 30 Grand Square
- 31 Macedonka Kolo
- 32 Vrtielka
- 33 Mona's Festvals (P)
- 34 Let's Have a Ceilidh
- 35 Lights of Vienna
- 36 Caballito Blanco
- 37 Alunelul
- 38 Ada's Kujawiak #1
- 39 Sauerlander Quadrille
- 40 La Bastringue (P)
- 41 Windmill Quadrille
- 42 St. Bernard Waltz
- 43 Kvar Acharay Chatzot
- 44 Posties Jig
- 45 Oslo Waltz (P)
- 46 Ranchera
- 47 **Prince William**
- 48 Somewhere My Love
- 49 **Tino Mori**
- 50 Milondita Tango
- 51 Trip to Bavaria
- 52 Couple Hasapiko
- 53 Lesnoto
- 54 Blue Pacific Waltz

GREEK FESTIVALS OF NORTHERN CALIFORNIA 1997

Dates	Times	Church	Location	Notes
F: 9/5/97 SA: 9/6/97 SU: 9/7/97	5-10 11-10 12-8	Prophet Elias 223 Church St Santa Cruz, 95060 (408) 429-6500	223 Church St Hwy 101 to hwy 17 to Hwy 1 N. Santa Cruz, 95060 2nd major intersection, straight	
F: 9/5/97 SA: 9/6/97 SU: 9/7/97	12-10 11-11 12-8	St. Basil 920 March Lane Stockton, 92507 (209) 478-7564	At the Church I-5 to March Lane, East 2 miles (on right)	Dancing Outdoors Covered Concrete Parking in Rear, shuttled lots Band: Bouzouki Express
F: 9/12/97 SA: 9/13/97 SU: 9/14/97	5-12/1 2-12/1 12-8	St. George 401 Truxtun Ave. Bakersfield, 93301 (805) 325-8694	401 Truxtun Ave. I-99 to Hwy 58, exit at H. St. U Bakersfield, 93301 or Chester Ave., North to Truxtun P	
F: 9/19/97 SA: 9/20/97 SU: 9/21/97	5-10 11-10 12-9	St. Basil 6430 Bose Ln. San Jose, 95120 (408) 268-3214	6430 Bose Ln. I-85 to Almaden Expy San Jose, 95120 South to Camden, Rt. 2 blocks	
SA: 9/20/97 SU: 9/21/97	12-9 11-7	AnnunciationAt the Church313 Tokay Ave.Hwy.99, exit at BriggsmoreMail: P.O. Box 707East 2 miles, Lft. onto McHenryModesto, 953532 Blocks to Tokay(209) 522-7694		No Public Dancing Dance Group Performances Street and Church parking
SA: 9/27/97 SU: 9/28/97	11-9/10 11-6	St Katherine 9734 A. Dino Dr. Elk Grove, 95624 (916) 683-3443	At the Church I-580 to I-205 to I-5 North/Laguna Blvd. exit Rt. at 2nd light onto Laguna Main St., quick Lft., Rt.	"A Weekend in Greece" Dancing Outdoors Uncovered Concrete Parking lot Street Parking also available Live music planned
F: 10/10/97 SA: 10/11/97 SU: 10/12/97	12-10 10-10 12-10	Annunciation Cathedral 245 Valencia St San Francisco, 94103 (415)864-8000	At the Cathedral I-101 off at Van Ness Ave. Cross Mission St., 1 blk to Valencia	Dancing Indoors Wood Floor Lot and Street Parking Band: Greek Compania
F: 10/10/97 SA: 10/11/97 SU: 10/12/97	5-12 10-12 12-8	Resurrection 20104 Center St. Castro Valley, 94546 (510) 581-8950	Centennial Hall (Dntn.Hayward) I-880 to Jackson St. to Foothill Blvd. (North of A St.) Turn Rt. at sign Behind Safeway	Dancing Indoors Wood floor Garage and lot parking

This is the best information available as of April 7 to 11. Accuracy is not guaranteed; if in doubt check with the church.
 Compiled by Mel Kalish: 1753 Cabrillo Avenue
 Santa Clara, CA 95050
 (408) 246-9665

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Let's Dance, September 1997

KOLO FESTIVAL 1997 The premier Balkan Dance Festival of the West Coast-our 46th year

Featuring:

Yvonne Hunt Tanya Kostova István Zoltan Szabó (Kovacs) Alma Franulović Plancich and Binki Franulović Spahi Kolo teacher

Greek Folkdance **Bulgarian Folkdance** Hungarian Non-partner Dances

Croatian and Dalmatian singing to be announced

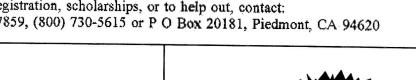
Live Music! Dance! Folklore!

- · Saturday evening Dance and Music Concert
- · Dancing to live music Friday and Saturday evenings
- Folkdance and singing classes, costume workshop
- · Ethnic foods, costumes, folkcraft and music for sale
- · Substantial discount for pre-registration

Parties! Dance Lessons! Fun!

At the Russian Center, 2450 Sutter Street near Divisadero, San Francisco Thursday (Thanksgiving evening) thru Saturday, November 27 - 29, 1997

For more information, pre-registration, scholarships, or to help out, contact: Joanne Splivalo, (510) 652-7859, (800) 730-5615 or P O Box 20181, Piedmont, CA 94620





Frank & Elsa Bacher and Charlie & Page Masson

Look forward to seeing you at the

FIESTA DE SONOMA



WELCOME FOLKDANCING FRIENDS

to the Fiesta de Sonoma

The Redwood Council of Folkdance Clubs



Folk Dancers We Should Remember

by Larry Getchell

Henry Koopman

Our choice this month for the folk dancer we should remember is Henry Koopman. Henry has continued his active interest in dancing, including folk dancing, for over a century and responded in depth to our request for information. We regret it is necessary to edit his story because of space limitations. We quote:

Dancing has been an important part of my life because it has always been a challenge and a joy. Both ballroom and folk dancing have added new dimensions to my life. Though they are different, they each provide the challenge of striving for that sense of perfection and joy of feeling the rhythm and nuances of the music in your body. When you're perfectly synchronized with both music and a partner who follows your lead intuitively-well, to me there are few joys greater than that.

I inherited the ability to dance from my mother. She was a teenager in Germany when she accepted an invitation to come to America. She was having so much fun dancing the popular dances of the time-1910-that she hated to leave. When I was a toddler, she would hold me in her arms and dance around the room to the Victrola music.

I didn't pursue dancing in my early youth but decided to study chemistry and make that my career. At U.C. Berkeley I took as many chemistry courses as I could and graduated with a B.S. degree in 1941. Fortunately during my last year at U.C. I took a ballroom dance class with Margaret Melhase, another chemistry major. After graduation, we dated and enjoyed dancing to the San Francisco "Big Bands". Our enthusiasm and enjoyment were evident and as a result we won second place in a big hotel's amateur dance contest. That was a great thrill to me.

Through Margaret we discovered folk dancing. She had seen it performed at the '39 World' Fair. She then learned about the Berkeley Folk Dancers which met at John Hinkle Clubhouse near her home and invited me to be her partner. Folk Dancing was a new challenge and at first I found it difficult to learn so many dances so I doubled up my lessons by attending Chang's classes in San Francisco. The teacher at Changs was Madelynne Greene, an outstanding teacher. Russian dances were popular then and many included a very energetic step called a "prisjadka", a different maneuver in which you drop into a squatting position, arms held out crossed in front and kick out your legs alternately. Three Berkeley Folk Dancers learned to perform this step comfortably - Buzz Glass, John Bittman, and myself.

Buzz was probably the best known. He first performed his choreographed version of the Hopak on the outdoor stage at San Francisco's Stern Grove before a huge audience. Shortly after I started dancing at Changs, Madelynne Greene organized a specialty group interested in devoting more time to dancing skills, named Festival Workshop. Madelynne invited me to be a member. That started me into one of the most exciting parts of my life. To make our dances look authentic we dressed according to the dance nationality. Having made all my baby clothes mother was well qualified to make my costumes. Eventually I ended up with a total of 10 or 12.

Madelynne, recognizing my great enthusiasm for dancing, invited me to learn with her the Sevillanos. It was a real challenge to perform the footwork, body motion and to play the castanets all at the same time. When Madelynne commented on my serious facial expression I answered, "All this and you want me to smile too". One of the highlights of my dance memories was performing Jarabe Tapatio with Madelynne at German Pioneer House in Oakland. It was sheer joy dancing with this most popular dance teacher. My first club, Berkeley Folk Dancers, has always been very special to me. How well I remember those birthday parties of the forties and the special entertainment. For me the most memorable skit we did was "Sinner's Ball" with the scene set in Hades. Larry Getchell played the devil and I did a take-off on Walter Grothe.

For years I was totally involved in folk dancing. Elected Federation Historian, President Lucile Czarnowski asked Walter Grothe an me to make a trip South to assist the Southern clubs set up bylaws for a Southern section of the Folk Dance Federation. (Note: This writer, L.G., while attending a Past President's party in the South at the home of Marshall Cates, was discussing the aforementioned trip when a stranger to me spoke up saying, "Yes, I remember it well, they stayed at my house". The stranger was Allen Pelton, first President of the South.)

The following year President Walter Grothe appointed me editor of "Let's Dance"...In my last issue I wrote a column titled, Walter Grothe was here." Printed it on raspberry paper to get attention. Walter tried to visit every Federation club.

I drifted away from folk dancing for several years and upon my return in 1977 discovered a whole new repertoire of dances. I was surprised at the relatively few young dancers The majority of those dancing had aged right along with me. It was nice to discover dancing was still alive and well among my own generation and I have continued to enjoy dancing and performing since then. While a member of the Festival Workshop I had greatly enjoyed Polish dancing and became interested again. In 1980 I was accepted as a member of the Lowiczanie Polish Folk Dance Ensemble of San Francisco. Performing the dances was exciting and vigorous exercise, bringing back pleasant memories of my younger years. Eventually I had an opportunity to do some teaching at BFD with Arlene Krentz. I found it very rewarding seeing the class learning the dance. In 1990, at age 70, I decided to quit teaching to give younger people an opportunity.

I have been dancing for more than half a century; and, although I can't do prisjadkas any more, I still love to dance vigorously, both folk dancing and ballroom dancing.

And thank you old friend for the wonderful cooperation.

CLASSIFIED ADS

FOLK DANCE RECORD SHOP

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, downstairs, Afternoons, 415-775-3444.

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 510-654-1124. Folk dance records.

DAY CLASSES - With Millie von Konsky, Line-Country Western, 510-828-5976. Tuesdays, 1:30, 22325 N. 3rd Street, Hayward, \$25/10 weeks. Wednesdays, 11:30, 7437 Larkdale, Adult Education, Dublin, free. Thursdays, 10:00, 400 Hartz Avenue, Danville, \$2/session for drop-ins, \$16/full 10 sessions. Fridays, 2:00, 1375 Civic Drive, Civic Park Community Center, Walnut Creek, \$23/6 sessions. Performance rehearsals: The von Konsky Dancers, Austrian/Bavarian, 8:00 p.m., Davis & Clark Streets, San Leandro.

President's Grand Ball

Folk dancing is drawing good support as seen all over Northern California. The Horns put on a very successful "Down on the Farm" event on July 4th, catering to the crowd by honoring a request program. This keeps the good "Oldies" on the program. Many dancers remember party nights built around a definite theme. Costumes, programs and refreshments held to this theme, which provided a nice continuity.

So what's so special about the President's Grand Ball you might ask? Well, many features...for instance, a smooth program and a concerted effort to dress for the party. Authentic folk dance costumes are always appreciated, and we hope to see a serious break-away from Reboks and sandals. Also feel free to bring out any special "dress up" treasure you have been saving for a special event!

Keep looking for brochures with the dance program and places to stay if you are coming from afar. We are expecting some Southern California dancers as well as Fresno folks. Let's do a practice run and meet at Sebastopol on September 14th. See you on November 1st!

Let's Dance, September 1997

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Folk Dance Federation of California, Inc. August 1997 Dance Research Committee: Joyce Lissant Uggla, Ruth Ruling

The Black Nag

(England)

Originally published in *The English Dancing Master* (1665-1716), The Black Nag was reconstructed and published by Cecil Sharp in *The Country Dance Book, Part 1* (1911). It is also included in John Fitzhugh Millar's Elizabethan Country Dances (1985). A summary of the research on The Black Nag is presented in *The Playford Ball, 103 Early English Country Dances*, by Kate Van Winkle Keller and Gennevieve Shimer (1990).

Music:Country Dance Tunes, collected and arranged by Cecil Sharp, Set IV, p. 2;6/8 meterEnglish Country Dance Tunes, transcribed and edited by Peter Barnes, p.2.6/8 meterRecord:"By Popular Demand," CDS-6, 33 rpm; "World of Fun," WOF 6, 33 rpm; Folkraft 1174, 45 rpm;
"Playford Dances 4," 7EG 8666, EMI 45 rpm (out of print); "English Folk Dances," Folkraft LP-9.

Formation: Longways* for three couples.

Styling:

Steps and <u>Skip</u>*, light running steps (2 per meas).

A Double: Three light springy steps and a close in a specified direction, as in "forward a Double."

Turn Single: Turn in a small circle with four light, springy steps (CW unless otherwise specified).

<u>Arm R</u>: Ptrs move fwd, hook R elbows and turn once around CW with six light springy steps (cts 1-6). Without changing step or rhythm release arm hold and move back into original position with two more steps (cts 7-8).

Arm L: Repeat action, but hook L elbow and turn CCW.

<u>Siding</u>: A movement of courtesy keeping eye contact with ptr. Moving in a CCW arc dance forward a double, exchanging places with partner. Retrace pattern, moving in a CW arc to return to original position.

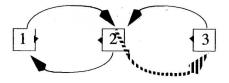
<u>Slip</u>: Move sideward by springing to side on the leading ft and stepping on the trailing ft next to the leading ft (2 per meas).

<u>Hey for Three</u>: Three people in line formation; No. 1 facing Nos. 2 and 3. All moving at the same time, describe a Figure 8 pattern. All go around the Figure 8 in the same direction (follow the leader).

Dancer #1	Dancer #2	Dancer #3
Curve CW passing R shldr with #2	Curve CW passing R shldr with #1	Curve CCW
Dance through center	Curve CW around #1 original place	Continue curve CCW
Curve CCW	Continue curve CW	Dance through ctr passing behind #1
Curve CCW around #3 original place	Dance through (original place)	Curve CW around #l original place

The Black Nag-page 2

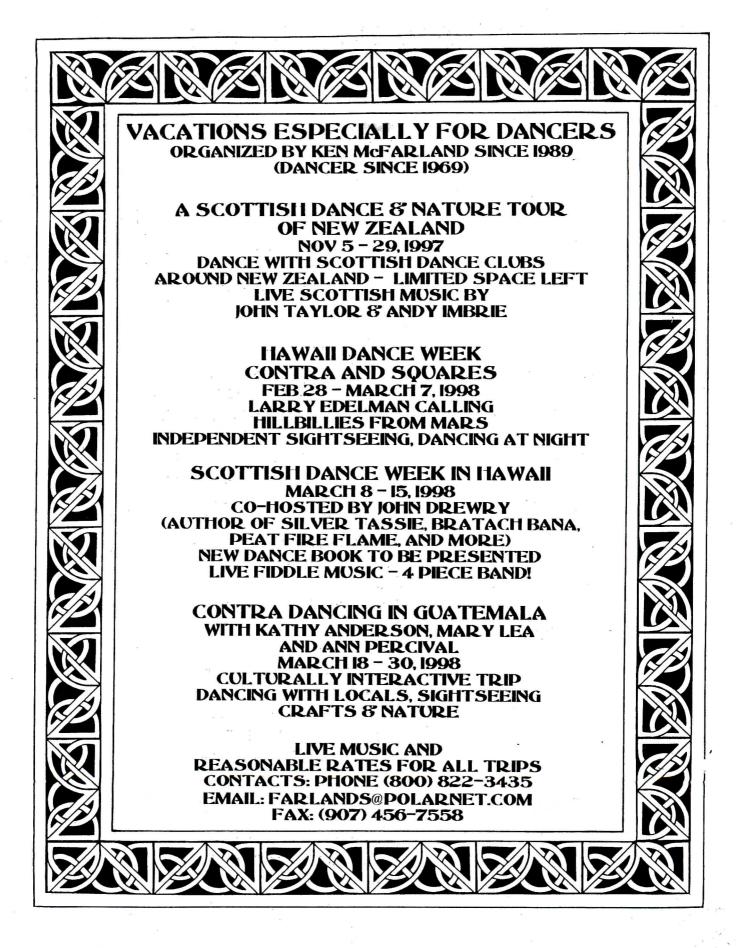
Continue moving in the Figure 8 to return to original places.



Steps are light and springy, posture erect, movements flowing. Make eye contact with other dancers whenever possible.

* Described in Steps and Styling, published by the Folk Dance Federation of California, Inc.

Mea	sures		2/4 meter PATTERN
Cho	rd(s)		INTRODUCTION. No action, varies according to music.
		I.	FORWARD A DOUBLE AND BACK; COUPLES SLIP
A	1-8		Joining inside hands, ptrs lead up a Double and fall back a Double. Repeat.
B1	1-2 3-4 5-6 7-8		Cpl 1 take two hands and move up with four Slip steps. Cpl 2 repeat meas 1-2. Cpl 3 repeat meas 1-2. All Turn Single.
B2	1-8		Repeat B1, meas 1-8, Slipping back to place in reverse order (Cpl 3 beginning).
		II.	SIDING; CHANGE PLACES
A	1-8		Side with ptr twice.
B1	1-2 3-4 5-6 7-8		M1 and W 3 change places with four Slip steps, leading with R shldr and passing back to back. W1 and M3 repeat meas 1-2. Cpl 2 repeat meas 1-2. All Turn Single.
B2	1-8		Repeat B1, meas 1-8, returning to original places.
		III.	ARMING; M HEY; W HEY
A	1-8		Ptrs Arm R, then Arm L.
B 1	1-8		M Hey for Three, skipping.
B2	1-8		W Hey for Three, skipping. Note: Although not in Playford's instructions, in some areas it is traditionathat M Turn Single on meas 7-8 as the W finish their Hey.



CALENDARof EVENTS

Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444

Sept 1	MARTINEZ	Dancing "Down on the Farm"
Mon		Max Horn 510-228-8598
Sept 6	SACRAMENTO	Kolo Party, YLI Hall, 1400 27th at N
Sat		916-485-1324
Sept 6	SAN CARLOS	Council Folk Dance Party
Sat		408-252-8106
Sept 6	FRESNO	Fresno Int'l Folkdancers, Kent Peterson
Sat		209-266-5010; Gary Hughes 209-439-1416
Sept 11	SAN FRANCISCO	Scottish Beginners Nite \$2.00
Thurs		415-323-9372
Sept 12	SAN JOSE	Folk Dance Party
Fri		408-739-0500
Sept 13	PETALUMA	Folk Dance Party, Hermann Son's
Sat		Hall 8-11:30 PM, Bachers 707-546-8877
Sept 13	SACRAMENTO	Folk Damce Party, 2400 Cormorant Way
Sat		8:00-11:00 PM 916-428-6992
Sept 14	SEBASTOPOL	FIESTA DE SONOMA. Veterans Bldg.,
Sun		282 High St. Bachers 707-546-8877
Sept 17	SANTA ROSA	Folk Dance Party, Veterans Bldg.
Wed		Bachers 707-546-8877
Sept 19	BERKELEY	Scottish (Beginners party) Cedar & Walnut
Fri		8 pm 415-323-9372
Sept 19	SAN FRANISCO	Changs party, 1329 7th, 8-11;
Fri		415-661-9426; 510-933-1263
Sept 20	BERKELEY	BFD'S "Fun Nite"
Sat		510-234-2069
Sept 20	SACRAMENTO	Kolo Party, YLI Hall, 1400 27th Ave.
Sat		916-923-1555
Sept 20	MENLO PARK	Folk Dance Party, Recreation Ctr., 700
Sat		Alma at Mielke 415-327-0759
Sept 27	NAPA	Folk Dancing at Grand View Mobile Home
Sat		Park1-5 PM 707-255-0519
Sept 27	SAN CARLOS	Docey Doe Folk Dance Party, Elm at Arroyo
Sat		Sts. 415-368-7834
Sept 28	SACRAMENTO	Scandinavian party YLI Hall 1400-27th st
Sun		at N 1:30-5 PM 916-789-0987
Sept 28	SUNNYVALE	"Dance to the World's Music", 550 E.
Sun		550 E. Remington, 1:30-4:30 PM 408-395-8026
Oct 4	REDWOOD CITY	Palomanians Party, Broadway at Brewster

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Sat		408-252-8106
Oct 18-19	FRESNO	ANNUAL FALL FESTIVAL
Sat & Sun		Fran Ajoian 209-255-4508
Nov 1	SEBASTOPOL	PRESIDENTS' GRAND BALL, 282 High St
Sat		7 to 11:30
Nov 27	SAN FRANCISCO	KOLO FESTIVAL Russian Cemter
28,29		510-652-7859; 415-775-3444
Dec.7	SEBASTOPOL	TREASURER'S BALL, Veterans Bldg
Sun		282 High St.

For further information call:

East Bay:

Santa Rosa Area: Napa Area: Sacramento Area:

Peninsula: Fresno: Pereira 510-814-9082 or Horns 510-228-8598 Rohlfing 510—649-3080 (family & Senior Folk Dancing) Bachers 707-546-8877 Emerson 707-546-8877 General folk Dancing 916-392-7357 Balkan 916-485-1324 916-739-6014 Al Lisin 408-252-8106 Fran Ajoian 209-255-4508

Events South

Note:Federation events are in bold***Call to confirm all eventsSEPTEMBER11Labor Day party, hosted by Crestwood Folk Dancers. 7:30	20	Greek Festival at Antelope Valley Fairgrounds, Lancaster. Info: (805) 945-1212. Greek Festival at Santa Anita		Exhibitions. Council meeting at 10:30 A.M. Info: (619) 459-1336, or (619) 286-0355.
PM at Brockton School, 1309	,	Racetrack, Arcadia. Info:	ОСТОВ	ER
Armacost Ave. Pot-luck snacks, request program. Info: (310)	4	(818) 449-6945.	3-5	Greek Festival at St. Katherine, 722 Knob Hill, Redondo Beach.
202-6166.	21	Dunaj performance at Alpine Village Oktoberfest. 3 and 5 PM,	ι,	Info: (310) 540-2434.
5-7 Greek Festival at St. Paul's, 4949 Alton Pkwy, Irvine. Info:		Torrance. Info: (714) 641-7450.	. 11	Richmond St. Fair with Dunaj. Old Town Music Hall, El
(714) 733-2366.	`27	Watts Towers Day of the Drum Festival. International music and		Segundo. Info: (310) 322-2592.
6,7 Greek Festival at SS Constantine & Helen, Cardiff-By-the-Sea. Info: (619) 942-0920.		dance. Arts Center 1727 E 107 St. Info: (213) 847-4646.	17-19	Camps Review weekend at Hess Kramer , Malibu. Info: (310) 202-6166.
20 Scandia at Masonic Hall, Redondo Beach. info: (310) 540-2051.	28	Oktoberfest hosted by International Dance Assn at Balboa Park Club, Balboa Park, San Diego. 1-5 P.M.	17-19	Greek Festival at St. John, Las Vegas. Info: (702) 221-8245.

COUNCIL CLIPS

GREATER EAST BAY FOLK DANCE COUNCIL

Berkeley Folk Dancers – The Berkeley Folk Dancers' New Beginners Class will be starting on Monday, September 8. This eagerly awaited class only happens once a year and will be taught by an entirely new set of teachers. They are enthusiastic, eager and energetic. These four wonderful people are Cheryl Caraian, Norm Gelbart, Barry Gordon, and Judy Stonefield. The eight week session is only \$20.00. This will be followed by a continuing eight week session.

Tell all your friends, family, neighbors and fellow workers. What a bargain this is and how much fun it is to get exercise this way! You will be making friends and mastering dance skills to boot! The class will meet at Live Oak Park gym at Shattuck and Berryman at 7:45 to 9:45 p.m. on Mondays in Berkeley. Registration begins at 7:30 p.m.

For further information, call Norm at (510) 525-0174, Judy at (510) 655-3074, Barry at (510) 526-0580, or Cheryl at (510) 482-5136. Berkeley Folk Dancers' schedule of classes for 1997-98 is as follow:

Tuesdays	2nd year Lone (510) 527-2491		
	Mark (510) 686-9085		
Wednesday	4th year Claire & Al (510) 841-1205		
Thursdays	3rd year Louise & Bill (510) 528-9168		
Fridays All Request Ruth & Lewis (510) 845-1905			
All classes from 7:45-9:45 Live Oak Park			

FRESNO FOLK DANCE COUNCIL

Oct. 18 & 19 Nov. 29 Dec. 31 Autumn Harvest Festival 5th Sat Party Dance New Years Eve Party Dance

SACRAMENTO COUNCIL

The Sacramento Council is busy attempting to once again get the newly-renovated Memorial Auditorium for use during our 1998 Camelia Festival. If that is possible, we will only be able to rent the auditorium for one day (Sunday) since the fee is very high. We are presently trying to get financial aid to at least pay a portion of the cost. We will still have our usual two-day festival but the Saturday Night portion would be in a separate location, to be announced later. Past President, Greg Mitchell, was working on getting the Auditorium before he left office and our new President, Irene Oxford, is continuing the effort. Keep an eye out each month for further developments!

September begins our folk dance year in earnest and the Council hopes to have several dance parties in addition to the Camellia Festival.





Dancing on the Internet

by Barbara Bruxvoort (bbrux@wco.com)

Japanese Folk Dancing Photo Tour

I thought I'd take some time to look at the Japanese folk dance information the web has to offer. Sadly, since neither I nor my software can read Japanese, my resources were naturally limited. However, I did find one good article and quite a few pictures, most with a short description of costumes or dances. Some of the websites take a bit longer to download because of the size of the pictures, but I've just picked out the ones that I think are worth the wait. You might want to grab a Japan guide book from the library so you can get a fix on some of the places mentioned. I hope you enjoy the tour as much as I did.

Amin Magazine http://www.n-link.com/~ifccsa/febamin.html – The February/March 97 edition of the International Folk Culture Center's magazine features articles and photographs on Japanese folk dancing. In addition to the Bon Odori, the dance article talks about a coal miner's dance. There are also discussions of the Kimono, with detailed photos of the Obi belt.

Bon Odori http://www.nttdata.jp/jtu/bonodori.html – This colorful photo shows hundreds of dancers performing the Bon Odori, the dance performed at the end of the Obon festival—the Buddhist festival of the dead that occurs in mid August throughout Japan. Japanese make the pilgrimage to visit their home village, remember the dead and reunite with friends and family. (For more information about the festival, look up http://www.hql.or.jp/eng/n03/japan.html).

Kurokawa Sansa Dance http://www.sme.co.jp/Music/Info/KODO/Celebration/96/ – A photograph and short description of a dance taught at an Earth Celebration.

Photos from the Sixth Japanese Harvest Festival in New York http://www.japan.way.com/japan.fst/e2-jpfst.html Two costumed folk dancers and some fancily kimono'd street artisans make this page worth waiting for.

Korean Folk Dancing Side Trip OK, so I've gotten off the Japanese dancing track. The first group is based in Japan, and the second has such a good web site that it would be a shame to leave out either. I hope you enjoy them as well.

New Korea Arts Academy http://ss4.inet-osaka.or.jp/~newkorea/NKA.html – The new Korea Arts academy is a group of Korean-Japanese people in Osaka who are promoting cultural exchange through the arts. Their home page has excellent photos of intriguing costumes, including one that looks like a stylized animal with a red mask.

Korean Folk Dance http://expo.dacom.co.kr/eng/info/html/0204.html – An explanation of a number of Korean folk dances including Tal Chum (Mask Dance). Each discussion includes a vivid photograph, a brief description and a video clip.* This site also has information on newer folk dances, as well as performance dances.

*To view the video, you'll need to download a viewer program. There are links from the Korean Folk Dance site that tell you how to do this.

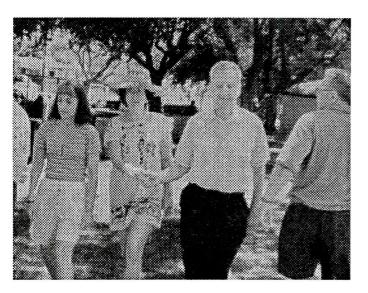
Barbara Bruxvoort bbrux@wco.com 510.210.1367



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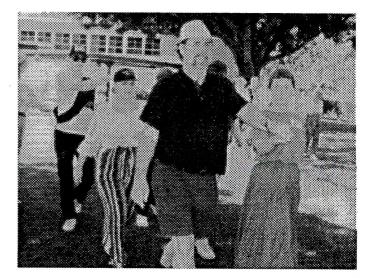








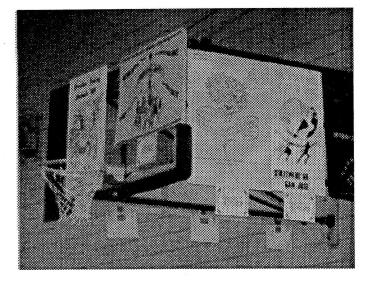




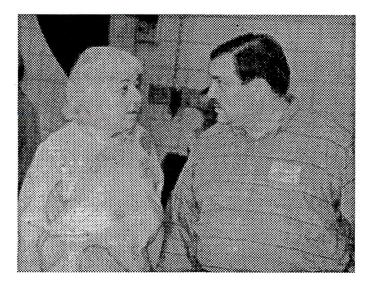
Let's Dance, September 1997

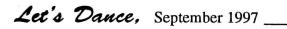
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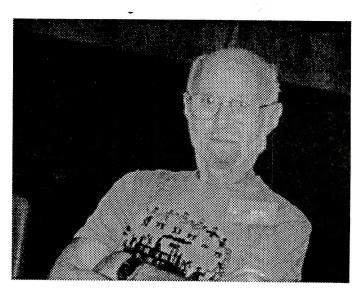














FOLK DANCE NEWS

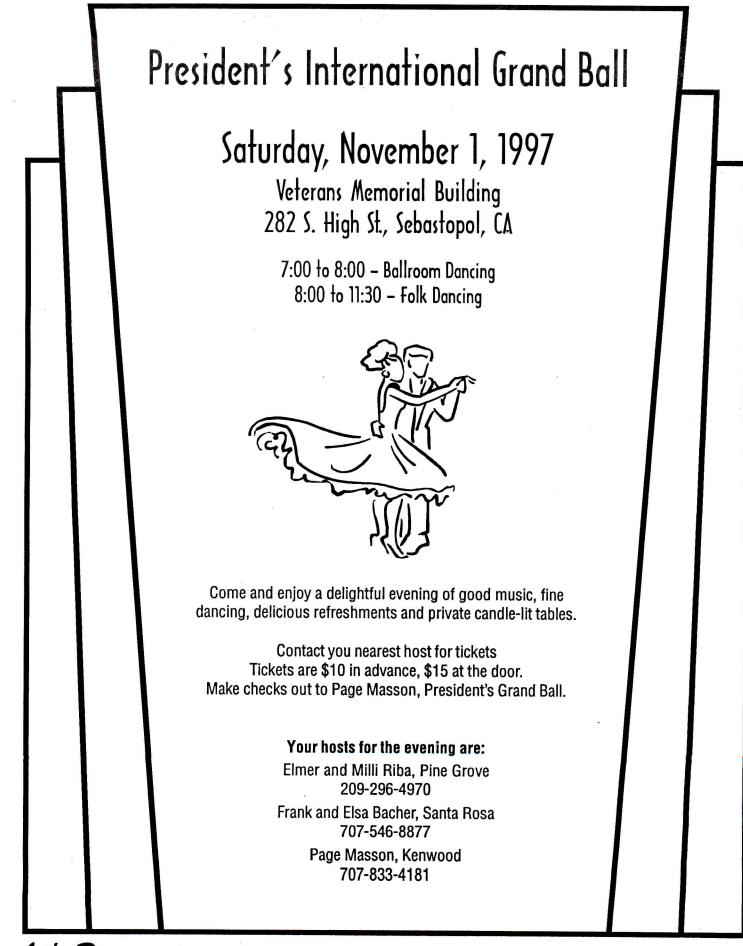
KOLO FESTIVAL – It's never too early to start thinking about the Kolo Festival, the premier Balkan Dance Festival of the West Coast, now in its 46th year. This year the Festival will be held at the Russian Center, 2450 Sutter Street near Divisadero in San Francisco, Thursday (Thanksgiving evening) through Saturday, November 29. Featured teachers will be Yvonne Hunt, Tanya Kostova, Istvan Soltan Szabo (Kovacs) and others to be announced. There will belive music on Friday and Saturday evenings, folkdance and singing classes, a costume workshop, ethnic food, and folkcrafts and music for sale. There is a substantial discount for preregistration. For more information, call Joanne Splivalo at 510-652-7859 or 800-730-5615.

GERMAN FEST 1997 – The United German American Societies of the East Bay present, direct from Germany, for your dancing pleasure, the 40-piece Musikverein Kressbronn, at their German Fest 1997, Sunday, September 21, from noon to 8 p.m., at Centennial Hall, 22292 Foothill Blvd., Hayward. There will be performances by Almenrausch Schuhplattler, Alpentanzer Schuhplattler and the Pacific Singing Societies, plus exhibits, raffles, door prizes, children's arts and crafts, German food, wine and beer. Admission for adults is \$10 in advance and \$12 at the door. Children from 6 to 16 get in for \$5, and children under six are free. For tickets, send a SASE to German Fest, P.O. Box 2337, Martinez, CA 94553-0311 or call 510-671-0405 or 510-530-5229 or 510-372-6665. Or if you are on-line, check out our website at www.ugas-eb.org.

IOFA – The International Organization of Folk Art (IOFA) is the only extensive world organization which is intensively active in all questions and problems concerning folk art and folk culture. Among its goals are: preservation, cultivation, promotion and transmission of folk art and culture; international understanding and world peace; science and research; promotion of international festivals; friendship, humanism, ethics and aesthetics; promotion of respect and human rights of peoples all over the world; and many more. The organization comprises all peoples of the world regardless of their culture, tradition, character or independence. Everybody is invited to contribute and participate in the realization of the world-wide program of IOFA as a member and a colleague. For more information contact Membership Services at 423 W. National Avenue, Milwaukee, WI 53204. NEW NAME – Worldwide Folk Dancers is now known as Worldwide Mexican Dancers to avoid confusion with other groups. The group can be reached at P.O. Box 8033, Columbus, Ohio 43201. Worldwide Mexican Dancers have been performing at celebrations in the eastern US for many years, often under the name "Worldwide Folk Dancers," since they also do ethnic dances of other nations besides Mexico. Director, Bill Stewart, has been an avid folk dancer and teacher since the early 50s, when he lived in Mexico City for three years. He belongs to over a dozen umbrella folk dance organizations from Australia to California, and was named USA/Canada Financial Director of (IOV/IOFA) in March of this year.

HERITAGE DANCE FESTIVAL – This year, the 14th Annual Heritage Dance Festival will be held September 26 to 28, at the Plymouth-Whitemarsh High School near Philadelphia, Pennsylvania. There will be over 100 events for all ages, from beginner to advanced. The festival will feature dance workshops and parties, live music and callers, performances, music and singing workshops, jam sessions, a folk bazaar, family activities and dances, and international and American food. For more information, contact the Heritage Dance Association, P.O. Box 42415, Philadelphia, PA 19101-2415, or call 215-643-4397 or 610-352-4432. Their website is at www.ipcc.com/heritage.





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From "Cooking with International Flavor" Compiled by Vi Dexheimer

MEXICAN STYLE

MEXICAN FRUIT SALAD

1 fresh pineapple, sliced

- 2 ripe avocados
- 2 ripe persimmons

1/2 pound chopped dates
1/4 cup Grenadine
Iceberg lettuce
French dressing

Peel and slice pineapple. Pour grenadine over pineapple and let stand 20 minutes in refrigerator. Peel and slice avocado. Dip each slice in lemon juice to prevent discoloration. Slice persimmons in wedges.

Arrange lettuce on platter with pineapple, persimmons and avocado, arranged alternately.

Garnish with dates. Serve with French dressing. Ada Chambers, Topanga, CA.

FRENCH DRESSING

1/2 cup vinegar
3/4 teaspoon salt
1/4 teaspoon pepper
1-1/2 cups olive oil

Mix all together and serve on Fruit Salad. Grenadine variation for Fruit Salad: 2 tablespoons Grenadine, 1 teaspoon grated orange rind, 1 teaspoon grated lemon rind. Tabasco sauce to taste. Ada Chambers, Topanga, CA.

TACO SALAD

1 pound ground chuck

2 onions, chopped

- 1 green pepper, chopped
- 1-1/2 cups Cheddar cheese, grated

2 cups lettuce

- 2 large tomatoes, chopped
- 1 avocado (optional)
 Enchilada sauce to taste

2/3 bottle Wishbone Dressing Caesar Dressing to taste (about 1/4 bottle) Tortilla chips to taste

(about 3/4 bag)

Brown meat and sauté 1/2 the onions and all the green pepper. Combine with the meat and enchilada sauce.

Mix all remaining ingredients together, except the tortilla chips. Mix well. At the last moment, gently fold in the tortilla chips.

(If chips are added too soon they become soggy. No salt is needed, since this is supplied by the tortilla chips.)

Dorothy Henney, Lakeport, CA.



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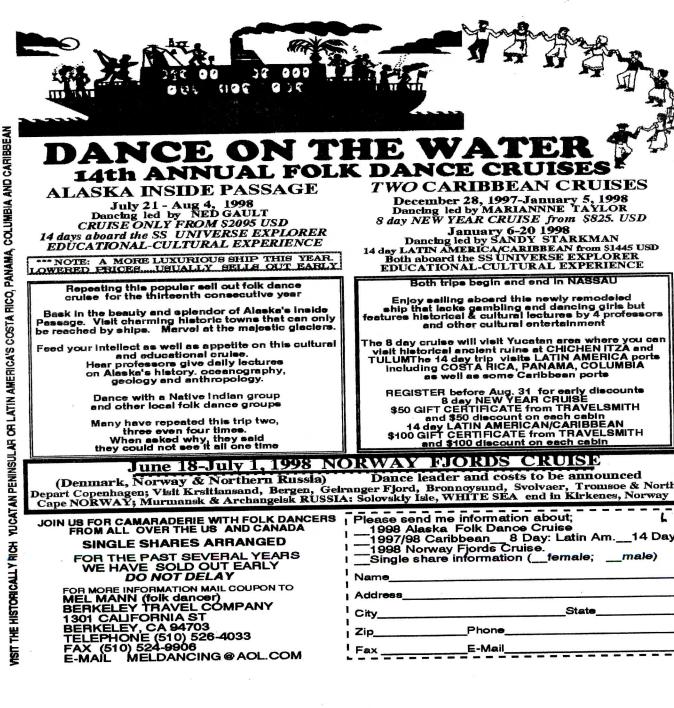
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Please send me information about; 1998 Alaska Folk Dance Cruise

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December 28, 1997-January 5, 1998 Dancing led by MARIANNNE TAYLOR 8 day NEW YEAR CRUISE from \$825. USD

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NORWAY FJORDS CRUISE June 18-July 1, 1998 Dance leader and costs to be announced

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