

# Let's Dance

FEBRUARY 1995 • \$1.50



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THE MAGAZINE OF INTERNATIONAL FOLK DANCING



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Official Publication of the Folk Dance Federation of California, Inc.



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# FOLK DANCE NEWS

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**VALENTINE'S BALL** - Sponsored by the San Francisco Branch of the Royal Scottish Country Dance Society, Saturday, February 18, 7:30 p.m. (Sherry 7:00), at the Scottish Rite Center, 1547 Lakeside Drive, Oakland. Music by Fiddlesticks and Ivory. No tickets will be sold at the door. For more information, contact the society at 1224 Peralta Avenue, Berkeley, CA 94706.

**CHOREOGRAPHERS** - The Outdoor Dance Project of Emeryville '95 needs talent for May 27 and 28. Soloists and companies, new choreographers welcome. New ideas, talent, and enthusiasm wanted. This is an outdoor event. Call 510-547-0442 as soon as possible for more details.

**FOLK DANCE CLASSES** - This spring at the City College of San Francisco. Starting Tuesday, January 17 (5:30-7 p.m., Intermediate and 7-8 p.m., Production) and Saturday January 21 (12-2 p.m., Beginner). Each class is offered for 1 unit with the current fee of \$13 per unit for those without a B.A. The fee is \$50 per unit with a B.A. Students may register in advance or at the first or second class meeting. For more information, call Gail Barton in PE North at 415-239-3419 or the Fee Office at 415-239-3521.

**ANNUAL MEETING AND CONFERENCE** - of the National Folk Organization will be held on February 3-5, at the Sheraton Tara Hotel in Boston Massachusetts. For more information call the hotel at 617-969-3010.

**NEW CLASSES** - There will be lots of dance classes, parties, workshops, and festivals at the Mahea Vchiyama Center for International Dance this coming year. The center is located at 729 Heinz Street, Berkeley (Ashby exit - turn left at Whole Earth Access). For more information on this exciting, creative, multi-cultural center, 510-444-3201.

**SQUAREDANCECRUISE** - Join your fellow square dancers after the '95 convention in Birmingham, Ala-

bama. The Caribbean Cruise begins on Sunday, June 25, on Carnival's stunning Sensation. There will be special square dance events on board. For more information, call toll-free 800-848-7120.

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## CAMPS - CAMPS - CAMPS

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**MENDOCINO FOLKLORE CAMP** - June 17-24. Enjoy seven days of dancing, swimming, and hiking in the beautiful setting in the Mendocino Woodlands. Teachers will include: Jerry Duke, Western; Michael Ginsburg, Balkan; Ingvar & Sally Sodol, Norwegian; and Theodor Vasilescu, Romanian. For more information, or to make reservations, call 707-253-7735.

**BALKAN** - Music and Dance Workshops. Mendocino, June 24-July 1 and Ramblewood, Maryland, July 22-30. Dance classes, singing workshops, concerts, daily dances, hiking and swimming, delicious ethnic food. Folk music and dance of Albania, Bosnia, Bulgaria, Croatia, Greece, Macedonia, Romania and Serbia. Part-timers and beginners welcome. For more information, contact the East European Folklife Center, P.O. Box 3969, Eugene, OR 97403, 503-344-6349.

**UNIVERSITY OF THE PACIFIC** - Stockton Folk Dance Camp. July 23-29 and July 30-August 5. Two identical weeks. Teachers include Alix Cordray, Norway; Michael Ginsburg, Balkans; Nina Kavardjikova, Bulgaria; Kovacks, Hungary; Robert McOwen, Scotland, Theodor Vasilescu, Romania; Eliot Khuner, Cajun and Zydeco; Jerry Helt, Squares; and Barbara McOwen, Bicoastal Band. This is the 48th year for this popular camp. For more information, contact Bruce Mitchell, Stockton Folk Dance Camp, University of the Pacific, Stockton, CA 95211.

**HAPPY VALENTINE'S DAY!**







A HISTORIC VIEW OF THE STATEWIDE FESTIVAL  
AND THE FOLK DANCE FEDERATION

Ojai will be the site of this years Statewide Festival hosted by the Folk Dance Federation of California, South, Inc. Ojai Odyssey, 1995's Festival, will be a nostalgic journey into the past. Approximately fifty years ago, when Southern California Folk Dance Clubs were beginning to form their Federation, the first Statewide Festival was held in Ojai.

Paul Pritchard, an outstanding folk dance leader, teacher and founder of SCENE (the South's folkdance publication), recalls the early years of folkdance history. The Folk Dance Federation had its beginnings in the North of California. Around 1942 folk dance clubs began to form in the South and leaders like Kathren Jett of the Westwood Co-op and others actually visited the North to learn about their Federation. Lucile Czarnowski, then President of the Folk Dance Federation (at that time there were no distinct branches), was consulted. With the assistance of Walter Grothe and Henry Koopman of the Northern Federation, who journeyed south to sit in on the organization meeting, a resolution was passed to form the Southern section of the Folk Dance Federation of California with its own bylaws and officers. Both branches pledged to maintain close cooperation and agreed to join in the first State-wide Festival to be held on May 11, 1946 in Ojai.

# Festival of the Oaks

We hope you will enjoy our program and return again next year. Let's resolve to make 1995 the year of the turn around, find ways to entice more people out to enjoy one of the finest forms of recreation known to man for thousands of years.

- 11:00 - Set-up and any special committee meetings.
- 11:30 - General Assembly meeting for all Federation members and friends.
- 12:30 - Luncheon for meeting attendees.
- 1:30 - Festival Dance Program
- 3:00 - Exhibitions.
- 5:30 - That's All Folks. . . . . See You Next Year

Max Karm



# 1995 FESTIVAL OF THE OAKS 1995 PROGRAM

MC -

1. Armenian Miserlou
2. Somewhere My Love
3. Karamfil
4. Mairi's Wedding
5. La Bastringue
6. Ciuleandra
7. Grand Square

MC -

8. Šetnja
9. El Gaucho Tango
10. Horehonsky Chardas
11. Elizabeth Quadrille
12. Santa Rita
13. Vulpita
14. SQUARE -

MC -

15. Rumelaj
16. Hambo
17. Tango Poquito
18. Posties' Jig
19. Haroa Haktana
20. Tehuantepec
21. CONTRA -

EXHIBITIONS AT 3:00

5th Saturday parties all year in the East Bay.

4th of July and Labor Day picnics "Down On The Farm."

Classes 5 nights a week at the Berkeley Folk Dancers.

MC -

22. Keshenavo
23. Corrido
24. Divčibarsko
25. Double Sixsome
26. Japanese Soft Shoe
27. Livavteenee
28. SQUARE -

MC -

29. Āni Vitui
30. La Encantada Tango
31. Bavno Oro
32. Bal in da Straat
33. Vrtielka
34. Velasicko
35. CONTRA -

MC -

36. Dhivaratikos
37. Drejsteyrer
38. Vlasko
39. Trip to Bavaria
40. Oslo Waltz
41. Sulam Ya'akov
42. SQUARE -

MC -

43. Jovano Jovanke
44. Knödeldrahner
45. Tino Mori
46. Dundee Whaler
47. Maple Leaf Rag
48. Jove Male Mome
49. CONTRA -

MC -

50. Vrapcheto
51. Swedish-Finn Mixer
52. Erev Ba
53. Alexandrovka
54. WALTZ

We hope you have enjoyed our program.

## FOLK DANCE SCENE



for current ethnic events and folk dance activities, current research on ethnic culture and dance, and other important folk dance topics.

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WELCOME TO THE  
Festival of the Oaks

WES TAKARA



# Folk Dancers - Lost & Found

Clarice (Dechent) Wills

By Larry Getchell

This former California folk dancer, folk leader and third President of the Folk Dance Federation of California, 1944-45, was selected for the present issue of "LET'S DANCE", Folk Dancers-Lost and Found and is really not that lost and not at all difficult to find.

Clarice (Dechent) Wills and her husband Wayne presently dwell in their "Dream Home", bearing the romantic address, "Sudden Valley", Bellingham, Washington. That they have been lost to our California folk dance movement is the State of Washington's gain. In response to our request for information as to the path the Wills' have tread the past few years, we will let Clarice tell us mostly in her own words. Quote:

Wayne and I have actually been "Lost and Found" twice. In 1951, when Wayne was recalled to active duty with the Air Force, Clarice and her young daughter joined him in Europe. We lived for four months in Luxembourg, then for six months in Munich, Germany (where we met up with the Morry Gelman family and their schuhplattling) then to Haute Marne of France for two and a half years. There we started a folk dance group in our "petit" chateau for the young people of the village of Juzennecourt and from the Claumont Air Base. The children (now two) and Clarice spent the final three months before our return to the United States, in Copenhagen, Denmark. There we danced with Edgar and Hjordis Raofeldt's Danish group, and also attended an all Scandinavian folk festival. We also attended one of Anta Ryman's folk dance camps in Naas Floda, Sweden (and got to sleep in the castle).

Back in the States we spent time in Elkins, West Virginia, Biloxi, Mississippi, and Lubbock, Texas and started folk dance groups in all three locations as well as attending workshops and festivals.

Next assignment, to Japan in 1962, finding ourselves dancing as the only caucasians with the Tokyo YMCA group that had been founded some years earlier by members from Changs.

Finally, in 1965, we returned to California - settling in Palo Alto and folk dancing again with California clubs and attending festivals regularly.

Four years later, Clarice's new job took us all to Bellingham, Washington. In 1970 we founded the Fourth Corner Folk Dancers, which is still going on. Clarice had a short term on the board of NFDI (Northwest Folk Dancers, Incorporated), and also did some workshops on teaching techniques.

During two years in Vancouver, B.C. where Clarice taught at the University, we danced with and taught for Vancouver Folk Dancers.



Back in the Bellingham area we continued with Fourth Corner until 1985 when foot surgery ended participation for Clarice. However, it has never ceased to be a "spectator sport".

Since our retirement we have traveled extensively (42 countries) and focused on folk dance music and culture. Mostly we shun tours and travel on our own. Exceptions to this were: a 72 day bus trip from London to Katmandu (via Iran, Afghanistan, India, Greece, Turkey, Yugoslavia, etc.): in 1975-76 a tour of China (before they allowed tourists to travel on their own); an Elderhostel trip to the U.K., and most recently our 20 days in Russia. We have just returned from cruising down the Volga from Moscow to Volgograd (Stalingrad) and visiting St. Petersburg. We enjoyed nightly folk performances of dance and song. What a treat! Our fellow passengers were Russian and Americans.

We are still pretty frisky for a couple of old folks and look forward to visiting the parts of the world we have not yet seen. Oh yes, we still go to Octoberfests and Midsommarfests and join in the polkas and waltzes until the feet give out. Once a folk dancer, always a folk dancer.

It should be of interest to readers of "Let's Dance" that the publication they subscribe to got its start with a 2-page mimeograph copy, Volume 1 No. 1, in January of 1944. It took place during the Presidency of Ed Kremers that he and then Secretary-Treasurer of the Federation, Clarice (Dechent) Wills, prepared the aforementioned 2 page magazine which they titled, Federation Folk Dancer. They ran off enough copies for each of the Federation clubs and a few extras which were offered for sale at .05 each.

In February, 1944, newly appointed Editor, Bret von Kriedt issued Volume 1, No 2, a second two page mimeographed Federation Folk Dancer, continuing an unbroken sequence to the present day. The name, Federation Folk Dancer was changed in October to "Let's Dance". The Hermans in New York were publishing a paper, The Folk Dancer, prompting this change.

### **Northern California Spelmanslag News**

- Feb. 12            **Traveling Dance Class**, Norwegian dance class at location that changes month by month. For information contact Mette Hellested at (408) 448-1639 or Gudrun Tolefson at (510) 638-6454.
- Feb. 18 - 19      **Scandia Festival 1995**, - Place to be announced. Ernst Grip and Beret Bertilsdotter will teach dances from Föllinge (Jämtland), Sweden. Fiddle instruction and evening dance music by Ulf Andersson and Tommy Hemmingsson (Jämtland), and Jonas Holmén and Hans Ehrling (Dalarna). Loretta Kelley will play springars during the evening parties. Pre-registration required. For dance workshops contact Nobi J. Kurotori at (415) 851-7077. For fiddle workshops contact Fred Bialy at (510) 215-5974.
- Feb. 26            **Sacramento Scandinavian Workshop**, 1:00-5:00 pm, at the Y.L.I. at 27th and N Street in Sacramento. Instruction by Dick Livingston (916-477-9559) and Sallie Odom (707-257-2061).

# SCOTTISH COUNTRY DANCING IN NORTHERN CALIFORNIA 1995

**Let's Dance readers:** Please call contact person before attending a class to confirm information and to be sure the class is appropriate for your dance experience. Basic classes start in September in most cities. Some groups offer beginner sessions starting at other times. Some classes do not meet in the summer. For general information contact: Susie Langdon Kass, 25 Vista Verde Court, San Francisco, CA 94131 or call: 415-333-9372.

## SAN FRANCISCO BRANCH CLASSES

### **Berkeley**

**Basic:** Fridays 8 P.M.; North Church Fellowship Center, 2138 Cedar at Walnut;  
**Experienced Social:** Fridays 7:30 P.M.; All Souls Episcopal Parish, 2220 Cedar at Spruce. *Contact Mary Judd 510-548-4950 or John Kadyk 510-524-7376.* (Party once a month).

### **Berkeley**

**Advanced:** 1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> Sundays 7 P.M.; Prerequisite: 3 years of SCD or teacher's permission. Thousand Oaks Baptist Church, Colusa & Catalina Avenues. *Contact Linda Turner 415-861-3048.* (ECD/SCD party 5<sup>th</sup> Sundays).

### **Berkeley**

**Intermediates:** 8 P.M. Tuesdays; Thousand Oaks Baptist Church, Colusa & Catalina Avenues, Berkeley. *Contact Heather MacKay 510-528-2669.*

### **Berkeley**

**Movement, Grace & Elegance in SCD:** 7:30 P.M. Thursdays; Finnish Brotherhood Hall, 1970 Chestnut. *Contact Susan Shaw 510-843-1426.*

### **Lafayette**

**Basic & Social:** Thursdays 8 P.M.; *Contact Eugene or Virginia Bissell 510-837-9483 or Bill Wakeman 510-283-3908.* **Children's Class:** Thursdays 7 P.M.; *Contact Kathleen McAdam 510-934-6148.* Veteran's Hall, 3491 Mt. Diablo Blvd. at First Street.

### **Livermore**

**Beginners & Intermediates:** Mondays 7:30 P.M.; *Contact Gale Holladay 510-447-5771.* **Children's Class:** Mondays 6:30 P.M. *Contact Sheena MacQueen 510-447-1833.* Livermore Presbyterian Church, 2020 Fifth Street at L Street.

### **Monterey**

**Beginners:** 6:30 P.M.; **Experienced:** 8 P.M. Mondays; Monterey Senior Center, Lighthouse & Dickman Avenues. *Contact Kathy Wendell 408-663-3227 or Sara Gratiot 408-384-7005.*

### **Mountain View**

**Beginners & Intermediates:** Wednesdays 8 P.M.; Mountain View Sports Pavilion, 1185 Castro Avenue. *Contact Terry Barron 408-266-2495.*

### **Palo Alto**

**Book-a-Month Class:** 4<sup>th</sup> Sundays 2 P.M.; J. L. Stanford Middle School, 480 East Meadow Drive. *Contact Carolyn Hunt 510-443-7471 or 510-422-3768.*

### **San Francisco**

**Basic & Experienced Social:** Thursdays 8 P.M.; Noe Valley Ministry, 1021 Sanchez Street at 23<sup>rd</sup> Street. *Contact Trina Merriman 415-759-1916.*

### **San Francisco**

**Basic:** Mondays 8:15 P.M.; UCSF Millberry Union, 500 Parnassus Avenue. *Contact Susie Langdon Kass 415-333-9372.* **New class starts 1/23/95!**

### **San Jose**

**Beginners, Basic-Intermediates, & Intermediates:** Mondays 8 P.M.; First Christian Church, 80 South Fifth Street. *Contact Diane Shearer 408-279-1858.*

### **San Jose**

**Technique Enhancement Class:** 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 8 P.M.; First Methodist Church, 24 North Fifth Street. *Contact Moira Theriault 408-370-6310.*

### **Santa Cruz**

**Intermediates/Beginners:** Thursdays 7:45 P.M.; First Congregational Church, 900 High Street. *Contact Karen MacQuarrie Gerkey 408-479-1615.*

### **Santa Rosa**

**Beginners:** 7 P.M.; **Intermediates:** 8:15 P.M. Mondays; **Advanced:** 1<sup>st</sup> Fridays (call for permission). Santa Rosa Senior Center, 704 Bennett Valley Road. *Contact Ron Wallace 707-887-2082.*

### **Stanford**

**Beginners, Technique Development, & Social:** Tuesdays 7:30 P.M.; **Team:** Wednesdays 7:30 P.M.; J.L. Stanford Middle School, 480 East Meadow Drive. *Contact Doug or Gloria McConnell 415-493-5974.*

## DEMONSTRATION TEAMS

### **Dunsmuir Scottish Dancers**

**Advanced** (by invitation only): Tuesdays 7:30 P.M. *Contact Ron Wallace 707-887-2082 or Victoria Williams 510-526-5854.*

### **Red Thistle Dancers**

**Advanced** (by invitation only): Thursdays 8 P.M. *Contact Jennifer Kelly 415-327-1350.*

## OTHER CLASSES

### **Arcata**

**Beginners/Intermediates:** Saturdays 10 A.M.; *Contact Virginia Rumble 707-822-1854.*

### **Berkeley (North)**

**Beginners:** 6:30 P.M.; **Intermediates:** 7 P.M. Sundays; Northbrae Community Church, 941 The Alameda. *Contact Don or Kathy Kennedy 510-523-1397.*

### **Mill Valley**

**Basic:** Mondays 8 P.M.; 469 Miller Avenue. *Contact Margbie Goff 415-884-2716.*

### **Mill Valley**

**Intermediates:** Fridays 8 P.M.; Almonte Hall, Wisteria Way at Almonte. *Contact Hilda Gotcher 415-388-7031.*

### **Patterson**

**Beginners:** Tuesdays 7 P.M. *Contact Barry Lewis 209-892-5229.*

## SACRAMENTO BRANCH CLASSES

### **Davis**

**Beginners:** Thursdays 7 P.M.; UCD Campus (call for directions). *Contact Bruce Herbold 916-678-8685 or E.C. 916-752-9118.*

### **Roseville**

**Beginners:** Mondays 8:15 P.M.; Maidu Library. *Contact Ed Johnston 916-363-1502.*

### **Rancho Cordova**

**Beginners & Experienced:** Fridays 7:30 P.M.; Rancho Cordova Community Center. *Contact Ed Johnston 916-363-1502.*

### **Sacramento**

**Beginners & Experienced:** Fridays 7 P.M.; YLI Clubhouse, 1400 27<sup>th</sup> Street. **Technique & Demonstration Class:** Mondays 7 P.M. *Contact Patsy or Jeff Corrigan 916-635-3477.* **Children's Class:** Saturdays 10 A.M. *Contact Dottie Carr 916-922-9351.*

### **Stockton**

**Beginners & Experienced:** Wednesdays 7:30 P.M.; Unitarian Church *Contact Charles Wood 209-465-8871.*

### **Truckee**

**Basic:** 7 P.M. & **Intermediates:** 7:30 P.M. Thursdays. *Contact Marian Adams 916-582-8736.*

## STEP DANCING CLASSES

### **Palo Alto**

**Beginners:** 7 P.M.; **Intermediates:** 8:00 P.M. Thursdays; **Twasome:** Fridays 7:30 P.M.; J.L. Stanford Middle School, 480 East Meadow Drive. *Contact Jo Hamilton 415-328-0474.*

### **San Francisco**

**Beginners:** 7 P.M.; **Novice:** 8 P.M.; **Experienced:** 9 P.M. Wednesdays; Jon Sims Center For The Performing Arts, 1519 Mission Street. *Contact Ron Wallace 707-887-2082.*

**Step classes** are held also in **Monterey, Stockton, Santa Rosa.** Call Jo or Ron for information.

Compiled January, 1995 by Susie Langdon Kass



# Scottish Country Dancing



In San Francisco

## THE TRADITIONAL BALLROOM DANCING OF SCOTLAND!

- Fun, Energetic, Social Dancing With Partners In Groups
- Great Music! Fiddle & Piano Or Band Music
- Lively Jigs & Reels, Elegant Strathspeys
- No Partners Needed To Attend!

A new basic session starts

**Monday, January 23, 1994, 8:00 P.M.**

University of California San Francisco, Millberry Union Fitness Center  
500 Parnassus, San Francisco

**10-class session: \$35/37/40**

(UCSF Students & MU Members/UCSF Employees/General Public)

Registration begins January 3 for students & members and January 4 for employees & the general public. A continuation series begins April 10.

*Please bring tennis shoes or dance slippers.  
NO street shoes allowed in the studio.*

**For information call Susie**

**415-333-9372**

RSCDS  
S.F. Branch

UCSF  
University of California San Francisco

## WHAT IS SCOTTISH COUNTRY DANCING?

Scottish Country Dancing is the traditional ballroom dancing of Scotland. The Royal Scottish Country Dance Society, based in Edinburgh, was founded in 1923 to preserve this joyful social dance tradition. Since then Scottish Country Dancing has spread all over the world.

Unlike Highland dances, which are usually solo performances accompanied by bagpipes, Country dances are danced with partners in sets of two or more couples doing an exciting variety of formations. The music is provided by a fiddle and piano, or by a band. Talented musicians play for parties and some classes. The dances vary in tempo, including lively jigs, hornpipes and reels, and the slower, elegant strathspeys.

Dance demonstrations can be seen at the Marin County Games in May, the San Francisco Free Folk Festival and the Campbell Games in June, the Dunsmuir House Scottish Fair in July, the Monterey Scottish Games in August, the Pleasanton Highland Games Labor Day weekend (formerly in Santa Rosa), and at other games, fairs and events.

The San Francisco Branch of the RSCDS sponsors classes in many Bay Area cities. The Branch holds monthly social dances, an annual formal Valentines Ball, a gala party at the Labor Day Games, an annual weekend at Asilomar, special events and workshops, and publishes a bimonthly newsletter.

*No partners are needed* to attend classes or parties, and one need not be Scottish to join the fun. Sessions for new beginners start every September in most locations and at other times in some cities. The cost is generally \$4 or less per class.

For information about a specific class or other activities, call the contact person listed. For general information call 415-333-9372.

## Calendar of Events South

### February

- 10-12 25th Laguna Festival at Ensign Intermediate School, 2000 Cliff Drive, Newport Beach. Workshops with Steve Kotansky, Yves Moreau, and special guest Sunni Bloland. Dance parties, kolo hour, concert. Info: 714-646-7082 or 714-533-8667.
- 11 Valentine Victorian Ball, 7:00, Glendale Civic Auditorium.
- 11 Ladysmith Black Mambazo; singers from South Africa. Cal Tech 8 p.m. Info: 800-423-8849.
- 18 Chinese Acrobats, 8 p.m., Beckman Auditorium, Cal Tech. Info: 800-423-8849.
- 18-19 The Flying Karamozov Brothers, 8:30 p.m. on 2/18 or 2:00 p.m. on 2/19, Ambassador Auditorium, Pasadena. Info: 818-304-6161.
- 26 Preservation Hall Jazz Band, traditional New Orleans Jazz. Concert at 2:00 p.m., Ambassador Auditorium, Pasadena. Info: 818-304-6161.

# CLASSIFIED ADS

## FOLK DANCE RECORD SHOP

**ED KREMERS' FOLK SHOWPLACE** - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, downstairs, Afternoons, 415-775-3444.

**FOR SALE: CALIFONE SOUND SYSTEMS** - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 510-654-1124. Folk dance records.

**DAY CLASSES** - With Millie von Konsky, Line-Country Western, 510-828-5976. Tuesdays, 1:30, 22325 N. 3rd Street, Hayward, \$25/10 weeks. Wednesdays, 11:30, 7437 Larkdale, Adult Education, Dublin, free. Thursdays, 10:00, 400 Hartz Avenue, Danville, \$2/session for drop-ins, \$16/full 10 sessions. Fridays, 2:00, 1375 Civic Drive, Civic Park Community Center, Walnut Creek, \$23/6 sessions. Performance rehearsals: The von Konsky Dancers, Austrian/Bavarian, 8:00 p.m., Davis & Clark Streets, San Leandro.

**WESTWOOD CO-OP FOLK DANCERS** - meet Thursday nights, 8:00 to 10:45 p.m., Emerson Jr. High School, Selby near Santa Monica Bl., W.L.A. 310-839-6719 or 310-478-6600.

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### THIS MAY BE THE LAST YEAR WE GO TO ALASKA

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LEARN FROM AN ANTHROPOLOGIST ABOUT THE TLINKET INDIANS.  
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VIEW WHALES, DOLPHINS, SEALS, EAGLES, OWLS, BEARS  
AND ALL FORMS OF WILD LIFE AND LEARN ABOUT THEM  
FROM PROFESSORS

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EXPLORE THE NINE PORTS YOU WILL VISIT AT A RELAXED PACE.

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WITH TLINKET INDIAN DANCERS

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\_\_\_ Single share info (\_\_\_ female, \_\_\_ male)

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City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

FAX Number \_\_\_\_\_



## Shoofni (Israel)

Shoofni (SHOOF-nee), meaning "watch me," was choreographed by Israel Yakovee to music by Naomi Amrani and Adani. It was taught by Israel at the 1994 University of the Pacific Folk Dance Camp in Stockton, CA.

**CASSETTE:** I.Yakovee Stockton Folkdance Camp 1994 Side A/1. 4/4,2/4 meter

**FORMATION:** Short lines facing ctr with hands joined in V-pos. Dancers may take a closer hold by joining hands and then bending elbows at right angles.

**STEPS and STYLING:** Yemenite L: Step on L to L side, bending knees (ct 1); step on ball of R ft near L heel, straightening knees (ct 2); step on L across in front of R, bending knees (ct 3); hold, straightening knees easily (ct 4). Yemenite R uses opp ftwk and direction.

Steps are light and bouncy.

Measures	4/4,2/4 meter	PATTERN
4/4		
11 meas	<u>INTRODUCTION</u> No action. Begin with vocal.	
	<u>I. FACING CENTER; BACK TO CENTER</u>	
1	Step on L to L side (cts 1-2); step on R across in front of L (cts 3-4).	
2	Yemenite L but step diag bkwd L on L on ct 1.	
3	Step on R to R side (ct 1); step on L beside R (ct 2); step on R to R side (ct 3-4)	
2/4		
4	Step on L across in front of R (ct 1); step back onto R (ct 2).	
4/4,2/4		
5-8	Repeat meas 1-4.	
4/4		
9	Step on L to L side (cts 1-2); rock fwd onto R, releasing hands (ct 3); step back onto L, pivoting 1/2 R (CW) to face away from ctr (ct 4).	
10	Step fwd on R (ct 1-2); rock fwd onto L (ct 3); step back onto R (ct 4). On cts 3,4 rejoin hands.	
11-20	Facing away from ctr, repeat meas 1-10. End facing ctr with hands joined.	
	<u>INTERLUDE I</u>	
1	Step back onto L (cts 1-2); step sdwd R on ball of R ft (ct 3); step on L across in front of R (ct 4).	
2	Repeat meas 1, cts 3-4 (side, cross) twice.	
3	Step fwd on R (ct 1); hop on R, raising L knee (ct 2); step bkwd on L (ct 3); step on R beside L (ct 4); step fwd on L (ct 4).	

II. ROCK FORWARD, BACK, TURN HALF

- 1 Hands are free at sides. Rock fwd onto R (ct 1); step back onto L turning 1/2 CW (R) to face away from ctr (ct 2); step on R slightly fwd (ct 3); step L beside R (ct 4); step R slightly fwd (ct 4).
- 2 Facing away from ctr, repeat meas 1 with opp ftwk. The turn is 1/2 CCW (L) to end facing ctr.
- 3 Rock fwd onto R (ct 1); step bkwd onto L (ct 2); hop on L, lifting R knee (ct 3); step fwd on R (ct 4).
- 4 Step fwd on L (ct 1); clap hands while pivoting 1/4 CCW (L) to face RLOD (ct 2); step on R to R (cts 3-4).
- 5 Yemenite L.
- 6 Step on R to R side, swaying body to R (ct 1); step on L to L side, swaying body to L (ct 2); moving away from ctr, step on R across in front of L (ct 3); step on L to L side (ct 4).
- 7 Step on R across in front of L (ct 1); step on L to L side pivoting 1/4 CW (R) to face ctr (ct 2); step on R (ct 3); step on L across in front of R (ct 4).
- 8-14 Repeat meas 1-7.

INTERLUDE II

- 1-2 Facing ctr, dance a Yemenite R and L while joining hands.
- 3 Facing LOD, step fwd on R (ct 1); step on L beside R (ct 2); step fwd on R (ct 3-4).
- 4 Continuing, step fwd on L (ct 1); step on R beside L (ct 2); step fwd on L (ct 3); step back on R, turning to face ctr (ct 4).

SEQUENCE: Dance pattern as written three times.  
Dance Interlude I, meas 3  
Dance Fig II, meas 1-7  
Dance Interlude II, meas 1-2.



## Baba Djurdja

Macedonia

Baba Djurdja (BAH-bah DJOOR-djah) is from Dračevo, near Skopje. The story of Grandmother Georgia, as learned from Atanas Kolarovski, concerns a cook whose granddaughter was commanded to dance before her master, a Turkish Pasha. The girl and grandma protested vigorously that she didn't know any dances. Finally the Pasha allowed Georgia to substitute for her granddaughter in a performance that elicited laughter and derision. The dance was taught by Atanas at Stockton Camp ('66, '80) and Kolo Festival ('64, '82). Here we follow the patterns taught at NS Teachers' Workshop ('93) and Stockton Camp ('94) by Michael Ginsburg, who learned the dance from Pece Atanasovski.

Records: Atanas Kolarovski: AK-005, Side B/3; Folkraft LP-24, Side A/3.

Cassettes: Michael Ginsburg: NS Teachers' Conference, Oct. '93, Side A/3; Balkan Feast, Side B/3.

Rhythm: Meter: 7/8 = 2+2+1+2 (AK), or 11/8 = 3+3+2+3 (MG); counted here as 1,2,3,4 = S,S,Q,S.

Formation: Mixed lines with hands joined in W-pos. Face diagonally right of center.

Steps: Each step on ct 2 is preceded by a preparatory lift on the supporting foot.

Measures	7/8 or 11/8 meter	PATTERN
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INTRODUCTION None. Dance begins with any musical measure at discretion of leader.

### I. TRAVEL, LIFT AND SCOOP

- 1 Lift on L and raise R leg in front of L (ct 1); leaving L ft in place, take a long step on R in LOD (ct 2); low leap onto L as R lifts bkwd, knee bent (ct 3); step on R in LOD (ct 4).
- 2 Leap low across R onto L in LOD (ct 1); repeat meas 1, cts 2, 3, 4 (cts 2, 3, 4).
- 3 Repeat meas 2.
- 4 Facing diag R of ctr, step on L across in front of R (ct 1); pivoting to face ctr, step back on R, raising L leg fwd in front of R with bent knee (ct 2); lift on R (ct 3); bouncing on R, scoop L leg diagonally down and bkwd across R (ct 4).
- 5 Lifting on R, raise L leg fwd in front of R with bent knee (ct 1); step on L beside R, raising R leg in front of L with bent knee (ct 2); with reversed ftwk, repeat meas 1, cts 3, 4 (cts 3, 4).
- 6-7 Repeat meas 5 twice with alternating ftwk.

### II. TRAVEL AND CROSSING STEP

- 1-3 Repeat Figure I, meas 1-3.
- 4 Facing LOD and bending fwd with knees bent, circle L leg in CW arc around in front of R and leap fwd onto L (ct 1); circling R leg in CCW arc around in front of L, leap fwd onto R (ct 2); straightening body, repeat movement of ct 1 (ct 3); pivoting to face ctr, step back on R, lifting L leg in front with bent knee (ct 4).  
Note: Lower arms to V-pos during first two counts of measure 4.
- 5 Hopping on R, raise L knee fwd (ct 1); step on L beside R (ct 2); step on R across in front of L (ct 3); step back on L, raising R in front with bent knee (ct 4).
- 6-7 Repeat meas 5 twice with alternating ftwk.

SEQUENCE: Figure I is repeated until the leader signals change. Figure II then continues to the end. With his music Michael Ginsburg preferred to change to Figure II at the return of the Gaida, after Figure I had been danced approximately ten times.

# CALENDAR of EVENTS

Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444

Feb 4	MENLO PARK	Palomanians, Methodist Church Rec Ctr
Sat		415-333-2210
Feb 4	SACRAMENTO	Kolo Koalition, YLI Hall;
Sat		916-725-3986
Feb 4	PENINSULA	Council Party
Sat		Lisen 408-252-8106
Feb 5	SAN RAFAEL	KITKA vocal concert, 1 St. Vincent's
Sun		Drive, 415-925-9913
Feb 11	FRESNO	Scholarship Ball, Lafayette Center,
Sat		Garabedian, 209-255-1786
Feb 11	MILL VALLEY	Scandia dance, Park School
Sat		Sweger 415-388-6790
Feb 11	PALO ALTO	Los Quadros party, 1st Cong Church
Sat		MacDonald 415-493-5033
Feb 11	SACRAMENTO	Whirl-A-Jig party, Babcock School
Sat		Baldwin 916-455-5000
Feb 11	SAN JOSE	SCVFD, 1st Christian Church
Sat		Burnham. 408-739-0500
Feb 11	PETALUMA	Petaluma/Novato FD Party
Sat		Hermann Sons Hall Bacher 707-546-8877
Feb 12	NAPA	SWEETHEART FESTIVAL, 1st Presb. Church
Sun		1:30 - 5:30 Emerson 707-258-0519
Feb 17	SAN FRANCISCO	Changs IFD Party, 7th Ave. Presb. Ch.
Fri		Kermioian 415-661-9426
Feb 18	SACRAMENTO	BBKM Balkan Party, YLI Hall, 27th & N
Sat		Bevan 916-923-1555
Feb 18	PALO ALTO	Peninsula Council Party
Sat		Lisen 408-252-8106
Feb 18	SUNNYVALE	Scandinavian party,
Sat		Kirton, 415-323-2226
Feb 18	SANTA ROSA	Santa Rosa Folk Dancers, Piner School
Sat		Bacher 707-546-8877
Feb 25	MENLO PARK	Menlo Park FD at Menlo Park Rec Ctr
Sat		Vinokur 415-327-0759
Feb 25	SAN CARLOS	Docey Doe FD, United Community Ch
Sat		Wyckoff 415-368-7834
Feb 25	NAPA	Napa Valley FD, Grandview Mobile
Sat		Home Park, Emerson 707-258-0519
Feb 26	OAKLAND	FESTIVAL OF THE OAKS, Redwood Heights
Sun		Recreation Center, 3883 Aliso Ave,
		Oakland. 11:30 Federation Assembly
		Meeting, 1:30-5:30 Dancing with
		Exhibitions 3 PM. Horn 510-228-8598
Mar 26	SAN FRANCISCO	BEGINNERS FESTIVAL, Polish Hall,
Sun		3040 -22nd St., corner of Shotwell
		1:30-5:30, \$3.00 pre-registration
		\$5.00 door. Stela McCoy 415-584-9046



**TEACHERS COMMITTEE DANCE LIST  
BY COUNCIL, 1994 (cont. from last month)**

	FEDER- ATION	EAST BAY	FRESNO	MARIN	PENIN- SULA	RED- WOOD	SACRA- MENTO	SAN FRAN- CISCO	OTHER
	%	%	%	%	%	%	%	%	%
<b>SETS:</b>									
Cumberland Reel	24	84	0	0	2	30	0	33	14
Cumberland Square	23	10	0	0	33	0	63	13	35
ü Hammerschmiedsg selln	29	0	38	0	21	30	100	23	55
Grand Square	35	39	38	0	29	49	100	47	9

<b>TRIOS:</b>									
Troika	37	5	0	0	54	0	37	26	73
Western Trio Mixer	34	70	38	0	22	49	100	38	3

**INTERMEDIATE DANCES**

<b>NON-PARTNER:</b>									
Ali Paşa	59	100	38	36	42	30	100	67	62
Assoulis	20	62	0	36	14	0	0	0	30
Bapardess Leyad Hashoket	32	47	38	0	22	44	63	27	34
Bavno Oro (Boxell)	47	66	38	100	39	53	37	27	57
Baztan-Dantzä	37	37	0	100	29	30	0	55	48
Bela Rada	40	49	0	36	33	30	12	46	57
Belasičko	55	80	0	100	43	69	75	46	47
Čerešničky	43	67	38	0	26	30	63	36	71
Ciuleandra	62	72	38	100	54	81	0	58	74
Deninka	17	37	0	100	10	0	0	0	32
Dobrudžanska Pandela	21	4	0	0	35	14	0	20	27
Dospatsko Horo	44	41	0	100	47	35	0	27	70
Drmeš iz Zdenčina	24	49	0	64	23	0	0	0	42
Eleno Mome	40	41	38	100	41	64	0	40	25
Gavotte D'Honneur	23	49	0	100	25	0	0	25	4
Gerakina	38	17	38	64	26	30	63	39	70
Gocino Kolo	28	49	0	0	41	0	0	9	33
Godečki Čačak	55	66	0	100	55	64	0	59	54
Harmonica	21	0	0	0	34	0	0	13	45
Haroa Haktana	32	7	0	0	36	35	0	47	48
Hasápiškos (slow)	53	58	38	100	60	35	63	27	62
Hora Agadati	34	7	0	0	45	51	12	22	48
Hora din câmpie	30	53	0	0	12	51	37	19	48
Hora Fetelor	51	71	38	100	46	49	63	39	45
Hora lăutarească de la Mitreni	23	55	0	0	36	0	0	9	6
Hora miresii	22	10	0	36	14	0	0	18	70
Horehronsky Chardas	50	49	0	100	55	64	37	20	60
Ikariotikos	36	41	0	0	41	44	0	39	35
Imate Li Vino	37	85	0	0	43	0	63	9	32
Iste Hendek	30	22	0	0	31	51	37	31	28
Joc de leagane	50	95	0	100	35	46	0	76	35
Karamfil	69	71	38	100	55	84	100	59	85
Kol Dodi	26	0	0	64	31	0	12	20	58
Kriči, Kriči, Tiček	22	7	0	64	33	0	0	0	46
Le Laride	34	10	0	100	40	35	0	0	70
Lech Lamidbar	35	31	38	0	41	39	63	27	28
Lemonia	51	90	38	36	30	64	37	36	69
Opsaj Diri	37	76	0	100	29	0	0	25	54
Orijent									

	FEDER- ATION	EAST BAY	FRESNO	MARIN	PENIN- SULA	RED- WOOD	SACRA- MENTO	SAN FRAN- CISCO	OTHER
INTERMEDIATE DANCES (cont'd)	%	%	%	%	%	%	%	%	%
NON-PARTNER (cont'd):									
Pajduško Horo	63	56	0	100	59	64	63	59	81
Povrateno	42	76	0	100	41	35	0	20	45
Prekid Kolo	21	20	0	100	31	35	0	0	8
Ravno Oro	37	41	0	100	19	30	0	48	64
Rumelaj	34	53	0	100	37	35	0	20	28
Sandansko Oro	62	95	0	0	72	30	0	54	76
Sestorka	22	10	0	100	25	0	0	32	25
Shiri Li Kineret	25	4	0	64	33	35	0	18	31
Somogyi Karikazo	41	26	38	100	42	30	63	27	54
Stara Vljajna (Gajicki)	32	10	0	100	46	35	0	22	33
Svekrvino Oro	20	10	0	0	23	51	0	22	11
Tarina de la Abrud	29	22	0	0	7	30	63	39	70
Tfilah	28	10	38	100	15	30	37	20	62
Tino Mori	25	42	0	0	48	0	0	9	6
U Sest Koraka	65	66	38	100	59	69	75	59	75
Yedid Nefesh	31	59	0	100	22	35	0	12	39
Yevarechecha	31	12	0	0	44	39	0	9	53
	35	80	0	0	39	21	63	9	22
COUPLES:									
Ada's Kujawiak No. 1	53	67	0	64	45	69	100	52	40
Bourrées Bourbonnaises	23	18	0	0	12	64	12	30	25
Brandiswalzer	19	42	62	0	12	30	63	9	0
Caballito Blanco	21	61	38	0	10	30	75	9	3
Dodi Li	44	67	0	64	51	30	63	9	44
El Gaucho Tango	27	65	38	0	8	34	100	35	3
El Shotis Viejo	17	5	0	0	7	30	100	40	3
Japanese Soft Shoe	28	20	38	36	17	49	100	36	14
La Cachucha	19	17	38	0	7	30	100	40	0
Lepa Anka Kolo Vodi	35	66	38	100	37	30	0	39	0
Livavteenee	24	65	0	0	33	0	0	9	13
Lucky (Mr. Lucky)	21	80	38	0	8	39	0	9	3
Maple Leaf Rag	32	75	100	0	18	44	100	18	8
Marklaender	25	55	38	0	11	30	100	13	15
Na'ama	20	12	38	0	33	30	63	0	0
Siamsa Beirte	23	7	0	0	32	30	100	13	11
Sirto	25	11	38	0	33	64	0	18	13
Tehuantepec	23	48	0	0	12	30	63	39	0
Tsiganochka	37	65	38	0	37	30	100	36	3
Vo Sadu	22	44	38	0	21	18	100	9	0
Vossarul	38	65	38	64	42	53	12	13	24
Vrtielka	43	49	38	64	45	39	75	27	35
Zillertaler Laendler	28	42	38	0	29	30	75	26	3
Zwiefacher	35	42	0	64	39	30	75	19	25
MIXERS:									
Arnold's Circle	50	86	0	100	57	44	100	27	16
Familjevals	18	0	62	64	7	18	100	19	19
La Salamandre	31	75	38	64	12	30	100	36	0
Margaret's Waltz (by cpl)	31	90	38	0	12	39	63	36	3
Teton Mountain Stomp	36	55	38	0	18	30	100	48	34



	FEDER- ATION	EAST BAY	FRESNO	MARIN	PENIN- SULA	RED- WOOD	SACRA- MENTO	SAN FRAN- CISCO	OTHER
ADVANCED DANCES	%	%	%	%	%	%	%	%	%
SETS:									
Bare Necessities	26	11	0	0	31	30	63	18	29
Double Sixsome	35	75	0	0	34	34	63	36	3
Dundee Whaler	25	52	0	0	12	44	63	36	0
Elizabeth Quadrille	23	52	38	0	10	34	100	22	0
Garry Strathspey	18	10	0	64	12	44	63	19	3
J. B. Milne	25	48	0	64	29	25	63	9	0
Levi Jackson Rag	42	81	0	64	50	30	100	19	3
Mairi's Wedding	39	65	0	100	37	39	63	27	15
Postie's Jig	46	70	38	64	50	49	100	40	3
Prince William	18	52	0	0	12	49	0	9	0
Shiftin' Bobbins	22	60	0	0	12	39	0	36	0
St. John River	21	70	0	0	8	30	63	9	5
Trip to Bavaria	36	65	38	64	39	30	63	27	3
TRIOS:									
Machar	18	0	0	0	33	0	63	13	12
Three-hand Fling	32	72	38	36	18	30	37	31	24
NON-PARTNER:									
Alunelui de la Băilești	12	10	0	0	27	14	0	0	0
Balta	16	31	0	100	17	14	0	9	0
Bičak	12	10	0	0	21	14	0	0	13
Brîul de la Făgăraș	26	10	0	100	29	14	0	38	31
Bučiak	34	37	0	36	44	35	0	20	34
Čačak	29	41	0	64	31	14	0	20	37
Čekurjankino	20	10	0	100	25	0	0	12	31
Četvorka	15	0	0	0	29	0	0	0	33
Četvorno Horo	33	41	0	100	35	35	0	20	31
Cimpoi	32	35	0	36	43	0	0	20	46
Dajčovo	31	31	0	100	34	51	0	12	28
Dedo Mili Dedo	21	7	0	0	49	0	0	0	20
Divčibarsko Kolo	34	53	38	100	28	30	63	9	33
Dobrolushko Horo	14	10	0	0	21	14	0	0	25
Dobrudžanska Reka	25	22	0	64	34	14	0	12	31
Floriciță Oltenească	22	4	0	100	29	14	0	12	36
Gankino	23	10	0	64	31	35	0	12	25
Gjuševska Račenica	24	10	0	100	31	14	0	12	33
Jove Male Mome	38	53	38	100	38	14	0	27	50
Keshenavo	31	79	38	0	20	30	0	27	26
Kjustendilska Račenica	30	53	0	36	35	14	0	20	29
Kokiče	15	0	0	100	25	14	0	0	13
Kujawiak Niebieski	13	7	0	0	23	0	0	12	13
Kulsko	26	35	0	64	21	51	0	12	28
Lamba Lamba	13	0	0	0	21	0	0	12	25
Mîndrele	32	53	0	100	34	35	0	9	32
Oláhós	29	41	0	100	29	35	0	9	31
Our Katia	17	7	0	0	29	0	0	0	34
Ovčepolsko	21	10	0	100	31	14	0	0	25
Pandalas	21	41	0	0	25	0	0	12	25
Pasarelska	25	7	0	100	30	35	0	20	28
Polomka/Brass Band	26	18	0	64	33	35	0	18	24
Raca	25	4	0	100	29	51	37	22	11

	FEDER- ATION	EAST BAY	FRESNO	MARIN	PENIN- SULA	RED- WOOD	SACRA- MENTO	SAN FRAN- CISCO	OTHER
	%	%	%	%	%	%	%	%	%
Rekansko	14	10	0	0	22	14	0	0	20
Rustemul	45	66	38	100	47	35	0	20	57
Sirba Pe Loc	21	10	0	100	31	35	0	12	6
Sitna Zborenka	21	41	0	36	33	0	0	9	11
Strumička Petorka	17	0	0	100	28	0	0	0	31
Vlaško (Moreau)	37	22	0	100	40	64	0	9	57
Vulpiča	36	41	0	100	47	35	0	20	31

#### ADVANCED DANCES

##### COUPLES:

Békési Páros	22	37	0	64	25	14	0	0	25
Bohemian National Polka	35	55	62	0	34	30	100	32	11
Bourrees Croisees	12	42	0	0	4	35	0	4	0
De-a lungui	13	0	0	64	18	44	12	0	0
Gammal Polska	15	55	62	64	7	0	12	9	0
Hambo	56	49	100	100	54	64	100	30	61
Hopak	13	42	0	0	0	0	12	29	13
Innherredspols	24	55	0	64	32	0	12	0	16
Kujawiak (Kerchief)	14	42	0	64	12	0	37	0	0
kujawiak No. 3	26	48	38	64	37	0	0	27	0
La Encantada Tango	17	36	38	0	8	30	75	9	3
Lipa na Marýca	23	31	0	100	28	35	0	0	18
Maxixe	16	42	0	0	20	0	37	0	6
Palóc Csárdás	13	42	0	64	10	0	0	0	13
Pariserpolka	12	0	62	0	15	30	37	0	7
Ryżospols	28	31	62	100	36	14	12	0	33
Santa Rita	27	36	0	64	24	30	63	35	3
Sønderhøning	23	31	0	64	42	0	12	0	13
Stabberinglender	30	42	62	64	37	18	75	0	16
Stegvals	14	42	0	0	12	0	12	0	16
Tango Campana	14	42	0	0	8	12	63	9	0
Viper Tango	14	55	0	0	1	0	12	35	0

##### SETS:

Black Mountain Reel	24	36	0	0	29	30	63	19	0
Bratach Bana	15	36	0	0	29	0	0	0	0
Let's Have a Ceilidh	27	48	0	0	29	30	63	27	0
MacDonald of the Isles	17	10	0	0	12	49	63	23	0
Picking Up Sticks	20	65	0	0	29	0	0	0	2
Polharrow Burn	24	36	0	0	29	30	63	19	0
Rest and Be Thankful	14	10	0	0	29	30	0	0	0
Thirteen-Fourteen (1314)	16	52	0	0	12	30	0	9	0
White Heather Jig	12	10	0	64	18	30	0	0	0

##### TRIOS:

Dreisteyrer	14	0	0	0	8	44	63	23	3
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The number listed after each dance represents the percentage of dancers who do the dance. 47 teachers submitted dance lists representing 76 groups and 2061 dancers.

Dance tabulation prepared by Bob Young



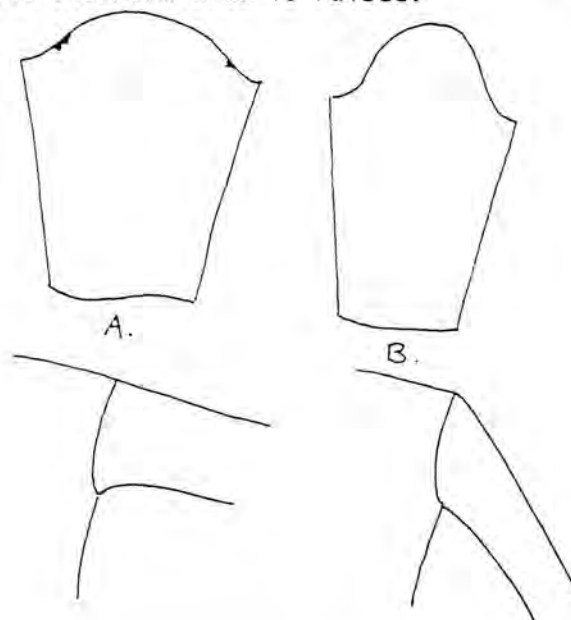
## Can You MOVE in Your Costume?

Clothing is designed and constructed to meet the needs of the occasion, but often dancers pick a style of clothing designed for a sedate occasion and then try to use it for active folk dancing. Work clothes are built loose and roomy, sport clothes are sleeveless or have built in ease, but when we pick a court costume, or use a garment pattern designed for show, not, active wear, we find movement restricted. A folkdancer needs costumes usable for all types of movements, not for just waltzing or walking.

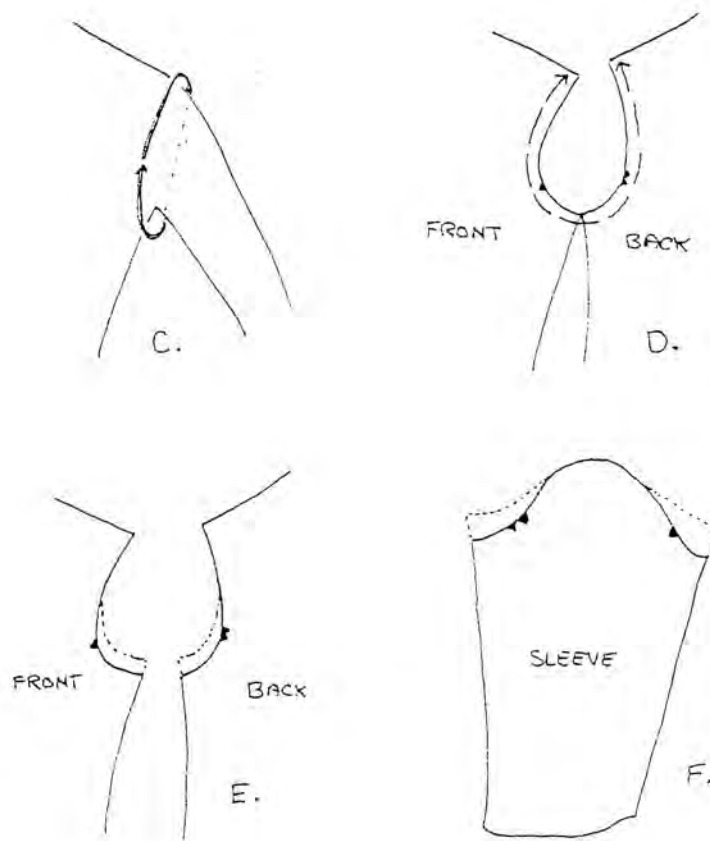
Here are some hints on how to make your Statewide costume danceable, but these ideas can easily be applied to most any costume or garment.

The biggest problem in the Bi-centennial costumes seems to be in the arm and shoulder movements of both the men and the women's costumes. As the costumes were copied from the 1776 court attire, they were designed for stately Minuets, not a German Schuhplattler, Polish Oberek, or Russian Peasant Dance. The answer to this problem seems very simple, but it takes some trial and error experimentation, which does take time and patience.

You may have noticed that on a men's regular shirt sleeve the shoulder cap is wide and flat; this is to give arm movement to the working man (A). Compare it to a woman's sleeve or a man's jacket sleeve (B), which has a high shoulder cap for a smooth fit, but not allowing much freedom of movement. To make a sleeve that will allow movement, the shoulder cap is not flattened, but the underarm area is raised.

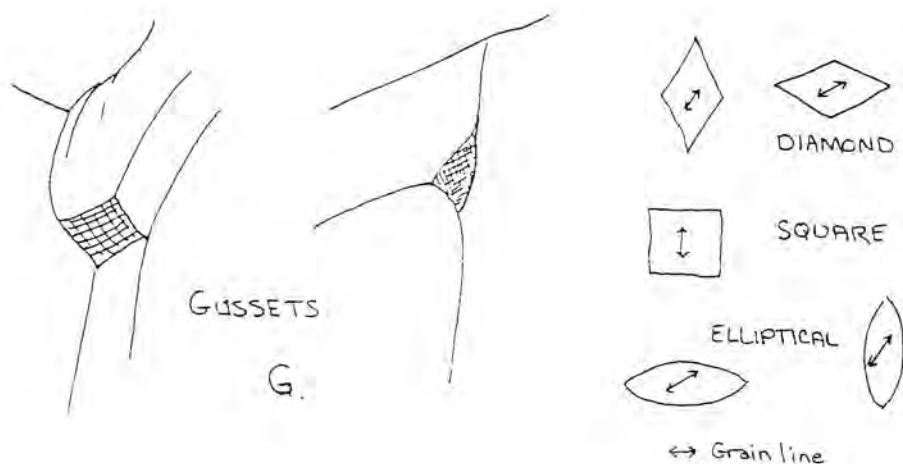


On a large piece of paper, trace your sleeve pattern and the body pattern, including the seam lines as it is the seam lines that you work with. Add the seam allowances after your alterations are completed. On the body pattern piece, raise the underarm area two or three inches or more (E). Measure your shoulder and arm circumference (C). Use this measurement to compare with the measurement around the pattern armhole (D) to give you an idea of what the minimum measurement should be on the pattern. This will vary and must be determined by trial and error. Raise the underarm area on the sleeve pattern the same amount as you have raised the body underarm area (F). The armhole measurement and the shoulder seam on the sleeve should almost be the same, with a little extra on the sleeve to be eased in.



Using this altered pattern, make a sample out of sheeting or muslin. Put it on and move around. Can you move, is it cutting you under the arm, is it too baggy somewhere? Trim the sleeve and body down a little at a time, if necessary, until it fits and you can still move comfortably. Sometimes an added amount in the back armhole is needed also, and can be tried by





using a  $\frac{1}{2}$ " or  $\frac{3}{4}$ " seam allowance rather than cutting a new sample piece. (Remember to change your paper pattern if this adjustment is used) Remember, you can look like a fashion plate, smooth and sleek, or you can be active and dance comfortably, but not necessarily both at the same time, so be reasonable about the fit. No need to look sloppy, but unless you make your clothes out of a stretchy knit, you need to put in the ease by adding fabric where ease is needed.

Some seamstresses feel that lowering the underarm seam, rather than raising it, will give more ease, but this only makes the armhole larger and less fabric to move about in.

Gussets can also solve the shoulder movement problem, but often the gussets show, which is okay on a peasant blouse or shirt, but not as nice on a men's jacket or coat. If you already have a garment that has the movement problem, try a gusset. Gussets can be square, diamond-shaped, or elliptical (G). The diamond can be used vertically or horizontally, depending on whether it is up and down or forward and backward movement needed. Gussets are always cut on the bias so they can give maximum stretch. A woman's gusset is usually about 3 or 4 inches square, the size, of course, is determined by the woman and the garment itself. A man's peasant shirt gusset is usually 5 or 6 inches.

Sometimes it is a good idea to allow ample room in the back of men's pants to prevent splitting during a bend or sit. Don't make them skin tight unless you are using a knit.

THINK STATEWIDE!! THINK COSTUME!!

Eleanor Bacon  
Costume Research Committee

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# COUNCIL CLIPS

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## GREATER EAST BAY COUNCIL

The Piedmonter Folk Dancers meet on Monday nights, 8:00 - 10:00 p.m., at the Redwood Heights Recreation Center, 3883 Aliso Avenue (Redwood Road at Warren Freeway), Oakland. They do intermediate and advanced folk dancing. Teachers are Lucia and Duke Edwards. Donation, \$3.

The Berkeley Senior Dancers meet every Friday, 1:00 p.m. to 3:00 p.m. They do intermediate and advanced folk dancing. Gertrude Kuhner teaches the group at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley.

The Concord Senior Folk Dancers will have their party Sunday, February 5th, 1:00 to 4:00 P.M.

with refreshments at 2:30. Stan Valentine will call squares, and Jean Williams is MC. Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord.

## SACRAMENTO COUNCIL

The Vintage Dancers of Sacramento invite you to partake of an evening of living history on the dance floor. A beginners class of vintage dances of the 1800s and 1920s will be held on Wednesday evenings from 7:30 to 9:30 starting on January 11th and ending on March 1st, at the Arcade Creek Park and Recreation Department facilities at the west end of Myrtle Avenue. The course will be conducted by Bruce Mitchell, and will cost \$30 for each person. For further information, call 988-7920 or 446-6290.

### A Few Tips on Dance Etiquette - by Morris Jerome

1. Join set dances at the bottom of the set, never at the head of the set.
2. Don't join a line dance at the head of the line.
3. If you are not sure you know a line dance, dance behind the line until you feel comfortable with the dance. Beginners should dance in the middle of the line, not the end, since the line may move in both directions and need experienced dancers at each end.
4. In a line dance, the dancer should keep up with the person ahead of him. Don't pull the line apart.
5. In a line dance the hand hold is right palm up and left palm down if the leader is to the right. The reverse if the leader is to the left. In couple dances, the man holds both palms up to support the woman.
6. The arm position may be a "W" or a "V", but not half way between.
7. In contra dances, maintain the proper distances between couples. There is a tendency for the line to stretch out down the hall.
8. In contra dances, listen to the music. The call is at the end of the measure prior to the measure used for the call. Don't execute the call during the call.



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On Our Cover:  
Welcome to the  
Festival of the Oaks



## NEW INFORMATION:

**SUBMISSION DEADLINE:**  
Submission deadline for each issue  
is the 25th of 2 months previous  
(i.e., March deadline would be  
the 25th of January).



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