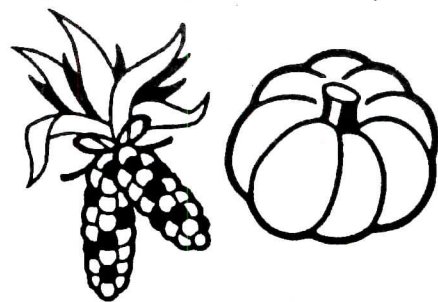
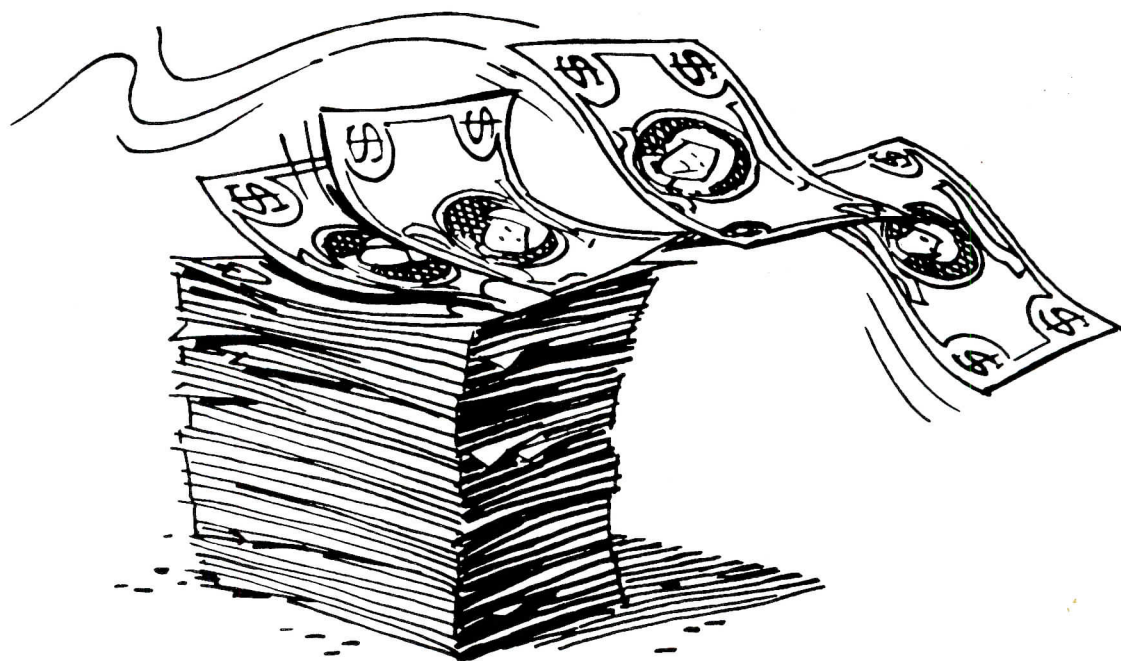


Let's Dance

NOVEMBER 1994 • \$1.50



THE MAGAZINE OF INTERNATIONAL FOLK DANCING



TREASURER'S BALL

Official Publication of the Folk Dance Federation of California, Inc.

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On our cover:

Happy Dancing at the
Treasurer's Ball



NEW INFORMATION:

SUBMISSION DEADLINE:
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PRESIDENT'S MESSAGE

By the time this magazine goes to press we will have all enjoyed another weekend of dancing and camaraderie in our favorite valley town, Fresno.

Time is rapidly flying, and now it's time to get ready for the yearly Treasurer's Ball on December 4th. Even if you are unable to attend, a \$5 donation will make you eligible for one of the many door prizes; and, of course, Treasurer Page Masson will welcome all donations for door prizes also.

We had our second Board Meeting at the home of Secretary Genevieve Pereira on October 2nd at which we made many plans.

Please join us on December 4th in Sonoma.

Dolly Barnes

FOLK DANCE SCENE



for current ethnic events and folk dance activities, current research on ethnic culture and dance, and other important folk dance topics.

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For the past several years we have sold-out early DO NOT DELAY

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Come to the TREASURER'S BALL

It's "Cents-Less" Not to Attend!

**Veterans Memorial Bldg
126 1st Street
Sonoma, CA**

**December 4th
1:30-5:30 p.m.
Donation, \$5**

The Treasurer's Ball will be held on December 4th this year. Mark your calendar - you won't want to miss this gala event! Dancing will be from 1:30 to 5:30 p.m. at the Veterans Memorial Building in Sonoma.

There will be a raffle drawing as before. The Federation has donated \$100, and a folk dancer will give a \$50 cash prize as well. There will be door prizes that you can't possibly live without; as well as homemade cookies, muffins, and coffee to go along with the fun times you will have on that day.

Since this is one of two Federation events that help support the Federation, I hope that you will all participate in this festival. Remember the date-December 4th. See you there

Page Masson
Federation Treasurer

Door Prizes!

Raffle Prizes!



Treasurer's Ball Program of Dances

1:30-5:30 p.m.

Setnja
El Gaucho Tango
Skt. Gilgen Figurentanz - P
Double Sixsome
Bohemian National Polka
Square

Belasicko
Jubilee Jig
Oklahoma Mixer for 3 - P
Ciuleandra
Santa Rita
Contra

Ini Vitui
Hambo
Tango Poquito - P
Mairi's Wedding
Sirto
Square

Orijent
Ada's Kujawiak #1
Black Mountain Reel
Tzadik Katamar
Corridor
Contra

Dhivaratikos
La Encantada Tango
Swedish-Finn Mixer - P

Dundee Whaler
Japanese Soft Shoe
Square

Bela Rada
Alexandrovskia
Let's Have a Ceilidh
Karamfil
Maple Leaf Rag
La Cachucha

Divcibarsko Kolo
Zillertaler Laendler
La Bastringue - P
Elizabeth Quadrille
Dobbel Reinlender
Louisiana Saturday Night

Vlasko
Somewhere My Love
Trip to Bavaria
Vrapcheto
Vrtielka
Grand Square

Lesnoto
Dreisteyrer
Bal in da Straat - P
Posties' Jig
Knodeldrahner
Blue Pacific Waltz

Modern Patterns for Folk Dance Costumes

Have you given any thought to what you will be wearing to your folk dance classes that are starting up again this fall? How about the parties, or a festival? With the weather cooling down you could wear those 'too warm to wear' costumes, or maybe make some casual folkwear to help you get into a festive international mood.

There are several good sewing patterns available now, including a very comfortable shirt for the male dancer (McCalls 7123 at right). This shirt could be a western shirt or a great casual folk dance shirt with plenty of room in the body area, full sleeves, and a slightly open standard collar or a plain small stand-up collar. (Sizes small to XX large) There is also a blouse/shirt pattern that can be converted to an Hungarian style shirt (McCalls 7171). Put a tab across the bottom of the tucks and it is a very European style shirt. Although it is designed as a women's shirt, it can easily be changed to a men's shirt by changing the way it buttons (to L over R) and changing the ruffle to a cuff.

A few of this years Halloween costumes are good patterns for the men's Russian, Ukrainian and Polish pants (Simplicity 7961 and Butterick 6731), and also some nice long jackets (McCall 7339 and Simplicity 7961). The nice thing about Halloween patterns is that they are designed for easy sewing with no fancy padding and such.

What a year for hats! Does your costume need a hat! Maybe you are interested in Medieval costumes (Simplicity 9229). You can be royalty or an amusing court jester.

The early American costume patterns are still available for women (McCalls 5272 and 7198) with a long dress with full length apron with ruffles and a perky pioneer bonnet. The tiered skirts are popular again with 3, 4 or 5 tiers (McCall 6840 and 6889, Simplicity 8193, 8624 and 9737). The skirts can be made plain, with lace, or turn it into a broomstick skirt following the directions in the pattern. Simplicity 8193 is a good full circle skirt with 1 or 2 ruffles, great for general dancing or by making a two-circle skirt (two skirts sewn side by side onto one waistband) for a Mexican skirt. The peasant blouse patterns come in several styles, some good ones are **McCalls** 7134, 5993, Simplicity 9162, 9041, and a Halloween costume Butterick 6731.

For the women's Scottish costume there are some nice long vest patterns and an excellent pattern (Simplicity 9080) for the jabot, a long one and a short one, plus cuff ruffles. Two kiltie skirt patterns (McCalls 7243 and New Look 6280) are available, a little short but it is very easy to add a few inches to the hemline for proper length.

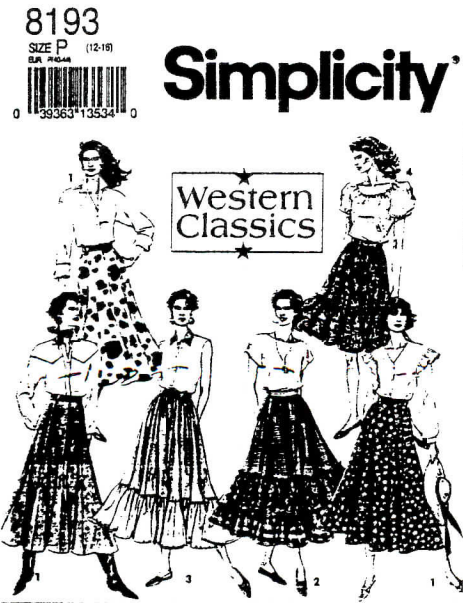
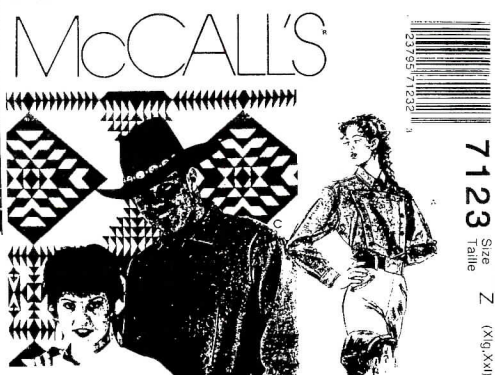
McCalls 7299 is a good pattern for a women's Israeli dress. This flared "A" line dress is very popular this year so if this one isn't exactly what you want, there are many more to choose from.

Unless you are going for authenticity, make your costume or dance wear comfortable and out of a fabric you will be happy with. If you are not comfortable or happy with your choice, you will not wear it.

Whatever you decide to look at in the pattern books, buy the pattern NOW! While they are available! Pattern companies have a habit of discarding patterns that are great for dance costumes but not popular for the general public.

Happy dancing and sewing

Eleanor Bacon,
Costume Research



FOLK DANCE EXPERT BELIAJUS DIES ON EVE OF CELEBRATION

By Glenn Giffin
Denver Post Dance Critic
September 22, 1994

For 50 years, a man and magazine have been inextricably bound: Vytautas ("Vyts") Finnadar Beliajus --"Mr. Folk Dance" to scores of students, friends and associates--and Viltis Magazine (which means "hope" in Lithuanian)

The link was broken Tuesday evening when Beliajus, 86, died of various medical complications at Rose Medical Center.

Tribute and memorial

Until just a month ago, Beliajus was active, still teaching and planning the 50th anniversary celebration for his magazine. His friends are determined that the celebration--and gathering of friends--slated for tomorrow and Saturday will go on as planned, both in tribute to Beliajus and as a memorial.

No Service

There will be no funeral service, Beliajus never married. He is survived by two nephews and a niece, and an adopted son, Geronimo Adams, his wife, Sherrie, and their four children.

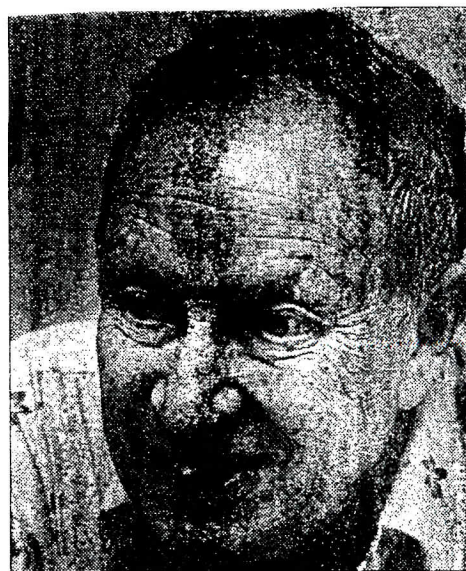
A native of Lithuania, Beliajus came to America at age 14 with his grandmother. He was spurred by having read a Lithuanian translation of Jules Verne's "Around the World in 80 Days". They settled in Chicago and its extensive Lithuanian immigrant community.

He formed a Lithuanian folk dance ensemble, thought to have been the world's first, which performed at the 1933 Chicago World's Fair. From there his interest expanded to all varieties of folk dance and lore. His practical knowledge soon led to teaching assignments through the Chicago Parks System and the University of Chicago International House. During this time he choreographed folk ballets based on traditional rural themes. Beliajus also became a recognized expert and pioneering folk dance teacher, introducing his American students to European, Asian and Latin American folk dances.

Beliajus began Viltis in 1942 as a mimeographed newsletter. It was a simple affair; a means to keep everyone in touch during the dark days of World War II. The newsletter was a taste of home to the boys overseas and sometimes the only way former Chicago chums could keep in touch. It took on a life of its own, becoming a full magazine in 1944.

Beliajus had three serious bouts with tuberculosis, the first in 1942, to which he lost a kidney, again in 1951; and once more in 1958, to which he lost a lung. Since 1959 he has been a Denver resident, publishing Viltis largely out of his home while traaveling the world teaching folk dance.

The Viltis anniversary/memorial weekend will include a international folk dancing weekend at 7:30 p.m. tomorrow at Mason Gymnasium on the Park Hill campus of the University of Denver. Tickets are \$10. Besides plenty of dancing, several ensembles will be giving short performances, including the storm Mountain Dancers from Fort Collins; the Ukrainian Postoley Dancers and Pumehana Hula Dancers from Boulder; and from Denver the Fotia Greek Dancers, Zagharit Mid-Eastern Dancers Latvian Virpulitis Dancers, Ruta Lithuanian Dancers and flamenco dancer Jeanette Trujillo.



Vytautas Finnadar Beliajus in 1976.

Part two is a full-evening performance at 7:30 p.m. Saturday in Corkin Theatre of the Houston Fine Arts Center, at Montview Boulevard and Quebec Street. Tickets are \$10; call 452-7732 for reservations.

The concert will have nine artists and groups headed by the Brigham Young University International Folk Dance Ensemble, which had been working with Beliajus to re-create part of the folk ritual of a Lithuanian peasant marriage ceremony. Other participants are flamenco guitarist Rene Heredia and dancers, Tialoc Aztec Dancers, Irepo Afro Dancers and Drummers, Postoley Dancers, the Hoofin' High Country Cloggers, Linanne Wick Irish Step Dancers and soloists Jeanette Trujillo, presenting Mexican dances with a mariachi band, and Reuel Zielke, presenting Scottish Highland Flings.

The third part of the Viltis Weekend brings Yves Moreau of Montreal to Denver to teach workshops on Saturday and Sunday afternoons beginning at 2 p.m. Moreau is a recognized authority on Bulgarian (he was decorated by the Bulgarian government for his expertise) and French Canadian dances. The workshops are \$5 each in advance; \$7 at the door.

Beliajus received the Governor's Award for Excellence in the Arts and was honored by the National Dance Association and National Folk Organization. In 1992, when Beliajus returned to a recently freed Lithuania, the Lithuanian government cited him for preserving Lithuanian folk culture abroad during the Nazi and Soviet occupations of his country. The author of eight books, Beliajus was working on his memoirs when he died.

CLASSIFIED ADS

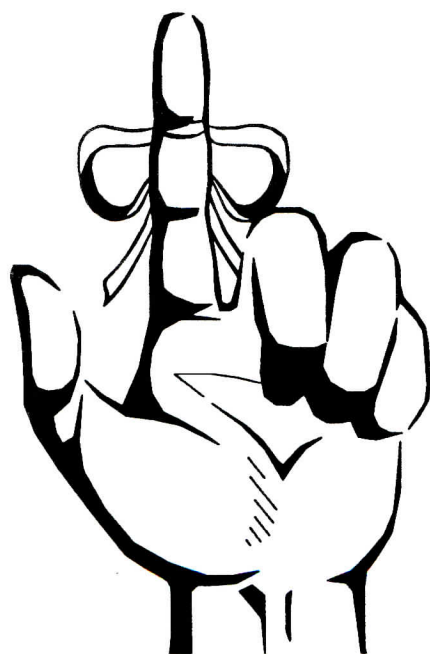
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ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, downstairs, Afternoons, 415-775-3444.

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 510-654-1124. Folk dance records.

DAY CLASSES - With Millie von Kinsky, Line-Country Western, 510-828-5976. Tuesdays, 1:30, 22325 N. 3rd Street, Hayward, \$25/10 weeks. Wednesdays, 11:30, 7437 Larkdale, Adult Education, Dublin, free. Thursdays, 10:00, 400 Hartz Avenue, Danville, \$2/session for drop-ins, \$16/full 10 sessions. Fridays, 2:00, 1375 Civic Drive, Civic Park Community Center, Walnut Creek, \$23/6 sessions. Performance rehearsals: The von Kinsky Dancers, Austrian/Bavarian, 8:00 p.m., Davis & Clark Streets, San Leandro.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 p.m., Emerson Jr. High School, Selby near Santa Monica Bl., W.L.A. 310-839-6719 or 310-478-6600.



Don't Forget!!!

The Holiday Season is upon us once again, and what better gift to give your favorite folk dancers than a subscription to *Let's Dance*? Keep your friends and family on top of all the ins and outs in the Folk Dance Movement. *Let's Dance* tells you which dances people are doing, and where they're doing them. We offer news, monthly dance descriptions, costume articles, tasty ethnic recipes, and fascinating travelogues. Don't let the folk dancers in your life miss out on another issue. Fill out the subscription form in this issue and send it in today.

Voronezhkaya Matanya

(Russia)

Voronezhkaya Matanya (voh-ROH-nyezh-kah-yah mah-TAHN-yah) is from the Voronezh region of south-west Russia. Matat' in Russian means to "turn" or "spin." Research for this dance was done by Hennie Konings who introduced it in Holland in 1992. Hennie taught the dance at the 1994 University of the Pacific Folk Dance Camp in Stockton, CA.

Cassette: Russian Dances Stockton 1994 Side B/1 2/4 meter

Formation: Single circle of couples facing ctr, W to L of ptr, hands joined in V-pos.

Steps and Walk: One step to a ct (2 to a meas).

Styling: Two-Step: Step fwd on R (ct 1); step on ball of L near R (ct &); step fwd on R (ct 2). Step alternates.

Hands (formal position): W put fists on hips with wrist straight; M put hands on hips with fingers fwd. Hennie says the village dancers are not too fussy about the hand pos.

Measures	2/4 meter	PATTERN
4 chords + 8 meas	<u>INTRODUCTION</u> No action, except on the last ct rise on ball of L ft.	
	I. <u>BIG CIRCLE</u> (vocal)	
1	Step on R to R side, bending knee (ct 1); step on ball of L behind R with straight knee (ct 2).	
2-7	Repeat meas 1 six times.	
8	Step on R to R side, bending knee (ct 1); stamp L (no wt) beside R, straightening knees (ct 2).	
9-16	Moving to L side, repeat meas 1-8 with opp ftwk.	
	II. <u>INTO CENTER AND OUT</u>	
1-3	Beg R, walk 6 steps twd ctr raising joined hands to about head level.	
4	Releasing hands, turn 1/2 CCW (L) with 2 more steps. Rejoin hands with ptr (R with R, L with L, R hands on top), lowering joined hands to waist level.	
5-7	Beg R, walk 6 steps fwd away from ctr.	
8	With 2 more steps, turn as a cpl 1/4 CCW forming one large circle of cpls facing LOD with W to R of ptr.	
	III. <u>IN LOD AND WHEEL CCW</u> (vocal)	
1-8	Beg R, dance 8 Two-Steps fwd in LOD.	
9-12	With 4 Two-Steps, wheel CCW once.	
13-15	With 3 more Two-Steps, release R hands with ptr and W continue to circle CCW 1/2 more around ptr as M dance more or less in place.	
16	Releasing L hands, dance 1 Two-Step progressing to new ptr (W to M behind, M to W ahead).	

IV. ELBOW TURN

- 1-8 Hook R elbows with new ptr, L hands on hips. Beg R, turn CW with 8 Two-Steps. Make 2 revolutions and release elbows to end in a double circle with ptrs facing, M on inside.

V. CIRCLES TO RIGHT AND LEFT (vocal)

- 1-16 With hands on hips, repeat ftwk of Fig I with each circle moving to own R and back to L.

VI. ELBOW TURN

- 1-8 Repeat Fig IV, but end in a single circle as in Fig I with W to L of ptr (M turn 1/2 CW to face ctr). Join hands in V-pos.

DANCE SEQUENCE: Dance pattern as written five times in all. On the last repetition, Fig V has eight meas of vocal and eight meas of instrumental music.

**HAPPY
THANKSGIVING**



from Let's Dance

opa! AUGUST 1995

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etc. #2 Bulgaria, followed by workshops in Gabrovo,
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etc. #3 Bulgaria and Turkey. The sights of Istanbul
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Greco-Roman antiquities, and visits with nomadic tribes

TURKEY, GREEK Islands 21 days in Sept.
East to Lake Van, the curious landscapes of
Cappadocia, and from the coast to Rhodes, Karpathos,
Crete, and to Athens.

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Svetit mesyats

(Russia)

Meaning "the moon is shining," Svetit mesyats (SVYEH-teet MYEH-syats) is a traditional dance from Central Russia. E. Zaslomova, teacher of ethno-musicology at the Cultural Institution of Moscow, introduced the dance in Holland in 1987. Hennie Konings taught the dance at the 1994 University of the Pacific Folk Dance Camp in Stockton, CA.

Cassette: Russian Dances Stockton 1994 Side A/3 2/4 meter

Formation: Couple (W to R of ptr) facing couple in a column. Each set of two couples join hands in V-pos to make a small circle of four dancers.

Steps: Walk: One step to a ct (2 to a meas).

Step-Scuff: Step onto R (ct 1); scuff L heel fwd (ct &); repeat with opp ftwk (cts 2,&). As dance progresses, this step may be substituted for walking steps.

Measures	2/4 meter	PATTERN
----------	-----------	---------

24 meas INTRODUCTION No action.

I. CIRCLE CCW AND CW

- 1 Beg R, each circle walk two steps CCW (cts 1,2).
- 2 In place, step R, L, R (cts 1,&,2), turning to face ctr.
- 3-4 Repeat meas 1-2 with opp ftwk and moving CW. End facing diag L of ctr.

II. PROGRESS TO NEW COUPLE

- 1-2 Releasing hands with other couple, walk 4 steps R, L, R, L diag fwd to L passing opp cpl by W R shldr.
- 3-4 Walk 4 steps R, L, R, L diag R to meet new cpl, joining hands in V-pos.

DANCE SEQUENCE: Dance pattern as written until music ends. As each cpl reaches the end of the set, turn CW as a cpl (or W turn CCW under joined R hands as ptrs change places walking R, L) to face twd the column and wait out one pattern.



SWING JITTERBUG AND CAJUN/ZYDECO DANCE
DIANA R. CASTILLO, DANCEMASTER

Diana R. Castillo, a native of Austin, Texas, began teaching dance in 1977, at a time when the comeback of Texas Swing was giving rivalry to the disco scene. Trained at the Fred Astaire Dance Studios as a Ballroom instructor and studying Jazz and Tap, she specializes in all forms of Swing Dance adapting the styles to the current trends in music. Swing and Jitterbug Classes were among the first of many series of dance classes taught in Austin along with classes in Disco and Country Western Dance. Field trips enjoyed Rockabilly, Rythum and Blues and 50's dance bands at ANTONES BLUES CLUB in Austin. Latin Dances were also taught at the famous LIBERTY LUNCH CLUB in Austin. Between 1978 and 1983 she was a regular dancer on the PBS music series AUSTIN CITY LIMITS. She also produced a music series in Austin featuring the same type of music and dance called "Let's Have a Party".

Moving to New Orleans in the Spring of 1984, she was the first dance instructor at JEWISH COMMUNITY CENTER to begin teaching Cajun Dance which broken down as a partner dance has a swing flare. At the same time, working under a grant from the CITY OF NEW ORLEANS and COX CABLE, she produced a music series entitled "LE BON TON ROULE" featuring Louisiana originated music, which included interviews with the musicians and featured dancing.

Moving to San Francisco in 1984 she found Cajun and Zydeco musicians with enthusiastic audiences who didn't have a clue as to how to dance to this uplifting snappy music. So she began teaching Cajun/Zydeco Dance classes and workshops in the Bay Area and Los Angeles to supplement the Cajun and Zydeco music popularity there and in doing so created a growing dance scene. You can find Diana teaching around the Bay Area in Berkeley, San Francisco, and Marin. Ashkenaz and the Great American Music Hall are two places you can find her teaching a lesson, if there's Cajun & Zydeco music booked that night. One-on-one private lessons are available and with over 15 years of experience to draw from she is able to handle large groups for workshops at music festivals around the country.

On the West Coast, Swing/Jitterbug and Cajun/Zydeco Dance classes offer instruction in contemporary and traditional Cajun and Zydeco styles, Lindy Jitterbug, Cajun Swing Jig (aka Cajun Jitterbug, One-Step and Pony), Cajun Waltz, Zydeco Two-Step and Zydeco Shuffle. She has choreographed "Le Dance de Trois" (a three-person jitterbug) for exhibition dance performances as well as dance parts for theater. In the fall of 1991, a Beginning Instructional Cajun Dance Video was produced for Pacifica's Channel 20 "Dancing Feet" as a promotional tool for their Cajun Dance Benefit. Since 1986, she has worked with both the Bay Area and Southern California Cajun and Zydeco Festivals as the Dance and Cultural Workshop Coordinator for both of these wonderful culturally entertaining events.

For more information on DANCE or Cajun and Zydeco music call or write:

Diana R. Castillo
P.O. Box 26192
San Francisco, CA 94126
(510) 549-3591

CALENDAR *of* EVENTS

Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444

1994

Nov. 5	PENINSULA	Peninsula Council FD Party;
Sat		Lisin 408-252-5106
Nov. 5	SAN FRANCISCO	Family Dancing at Jewish Com. Ctr
Sat		3200 Calif. 415-333-1707 or 566-0896
Nov. 12	SACRAMENTO	Pairs & Spares FD Party
Sat		Baldwin 916-455-5000
Nov. 12	SACRAMENTO	Stockton Folk Dance Camp Review
Sat		Coloma Com Cen, 4623 "T" St. Sac.
		Donation \$2 Info: Toba 371-4441
Nov. 12	SAN JOSE	Santa Clara Valley FD Party
Sat		Burnham 408-739-0500
Nov. 12	PALO ALTO	Los Quadros FD Party
Sat		MacDonald 415-493-5033
Nov. 12	PETALUMA	Petaluma-Novato Party
Sat		Hermann Sons Hall; 707-546-8877
Nov. 12	MILL VALLEY	Scandia; Sweger 415-388-6790
Sat		
Nov. 18	SAN FRANCISCO	Changs Party 415-661-9426
Fri		
Nov. 19	SACRAMENTO	BBKM (Balkan) Party
Sat		Bevan 916-422-5131
Nov. 19	PALO ALTO	Peninsula Council FD Party
Sat		Lisin 408-252-8106
Nov. 19	SUNNYVALE	Scandinavian Party
Sat		Kirton 415-323-2226
Nov. 19	SANTA ROSA	Santa Rosa FD Party Piner Elem Sch.
Sat		Bacher 707-546-8877
Nov. 19	MENLO PARK	Folk Dance Party at Recreation
Sat		Ctr.
Nov. 24, 25, 26	S.F.	KOLO FESTIVAL, Russian Center
Th, Fri, Sat		510-547-6355 Further info this issue
Nov. 26	SAN CARLOS	Docey Doe FD Party, Community Church
Sat		415-368-7834
Dec. 4	SONOMA	TREASURER'S BALL See other info in
Sun		this issue
Dec. 31	FIFTH SATURDAY	Also New Year's Eve. Check your
Sat		Councils for information.

1995

Jan 20 & 21	REDWOOD CITY	FESTIVAL & INSTITUTE
Sat & Sun		
Feb 12	NAPA	Sweetheart Festival, 1st Pres. Church
Sun		1:30-5:30 Emerson 707-258-0519

Folk Dancers - Lost and Found

by Larry Getchell
Past President 1948-49



You know and I know and if not you should know a fellow by the name of Frank Kane. Frank has been associated with the Folk Dance Movement since the early 1940s. If one tried to mention his many contributions in a single statement, so much would spill over we would be certain to overlook many important facts. So we will start someplace near the beginning.

If you read the article regarding Eldon Kane in last month's Let's Dance under the perhaps temporary title, Folk Dancers, Lost and Found," you are aware we are planning to insert in the magazine a series of short articles having to do with former dedicated workers on behalf of the folk

dance movement, who for unknown reasons have disappeared from the dance scene. Such a person is the afore mentioned, Frank Kane.

Frank is a talented artist who time and again over the years has shared with the folk dancers his special gift, freely and with cost only to himself. As President of the Federation, North, 1956-57, he provided office space for them in his 150 Powell Street address. This was at a time when Federation finances were in a precarious condition.

As to his artistic contributions, they have been too many to mention in total here. One of the deserving would have to do with the Statewide '76 in Hayward. He started things rolling by staging a show at the 1975 Santa Maria Statewide, where he and a group put on quite a demonstration promoting Hayward's Statewide '76. Frank, as the featured performer, was all decked out as a Colonial Drummer Boy. He capped this all off the following year at Hayward, Statewide '76, by hand sketching caricatures of every Past President, both North and South and hanging the size four foot by four foot drawings on the hall balcony for all to see. He also designed those great programs for the 1982, Concord de Elegance Statewide. His latest contribution were specialties for the 1992 Dublin Statewide. Having mentioned all this, what about his today's whereabouts?

Our Federation office is aware that Frank Kane has resided for the past year in Homer Alaska. In researching for our History of the Folk Dance Movement in California, we sent Frank a request for information regarding his 1956-57 term as Federation President. A prompt reply was received in the mail with a promise to meet our request in the very near future. He even volunteered information on what he was doing up there in Homer Alaska. Answering his own

question he said, "Having a great time, volunteering, dancing and lots of art"

So now we waited for his promise to put a few words on paper but heard nothing further. The thought crossed our mind that in that land of tundra and polar bears and with winter on its way, he might be busy putting a new roof on his iglo. Hopefully he was not lost mushing his way over the Dawson trail.

We had about given up on hearing from Frank again when in the mail from out of the frozen North came a warm six page letter, supplying the promised information and a lot more. In his letter, he is not quite so modest in evaluating his present status. After having previously admitted to being busy, he now updated his situation to being a board member of the Elks, the Lion's Club and the Senior's Center, the latter being in the midst of a huge building program.

And where is all this taking place? In the May 1994 issue of the National Geographic there happens to be a fine article on Alaska. "Sky High Wilderness," containing a map of this huge State. Actually, in size, Alaska compares to that of seven Mid-Western states. When I attempted to pin point Homer on the map without help of a legend, it was like trying to find a needle in a haystack. Surprise, I found it. ON my map it sort of resembled a tiny fly speck. For your enlightenment, Homer would appear to be about 125 miles south of Anchorage as the crow flies. By motor road it probably is twice that distance from Anchorage.

With further reference to Frank's experiences while President of the Federation, he claims there was a time when he was faced with two rebellious factions, as sometimes occurs in organizations such as ours. He maintained a middle course and was finally able to bring the situation to a happier conclusion.

Frank takes pride in his contribution to the College of the Pacific Folk Dance Camp Scholarship Fund. With sketchbook under his arm he visited festivals and other functions, sketching individuals in costume at a charge of \$1.00 each, the money going to the fund. One of the first to benefit was Bruce Mitchell, who as you all know, later served the Federation as President and is presently the Director of the University of the Pacific Folk Dance Camp.

While we may have lost Frank to the land of the Mid-Night Sun he has assured us he is the same fun loving fellow, enjoying life to the hilt. We miss him but are happy to learn he too is happy up in the shadows of all those glaciers, remnants of the Ice Age. WHAT A GUY!

Vytautas F Beliajus (Vyts) was nationally known as Mr Folk Dancer. He traveled all over the country teaching folk dancing.

In 1952, Vyts had tuberculosis and was presumably dying from it. John Filcich put on a festival (later termed the first Kolo Festival) to raise money for him. The festival was just one night, Saturday, at a hall on Castro Street in San Francisco where John taught. All profits went to Vyts.

At this festival, there was no teaching, just a Saturday night party with live music - a genuine ethnic Yugoslav orchestra. John's mother cooked Croatian pastries.

During the party, an accordionist played the Pillow Dance. Traditionally, the Pillow Dance is done to raise money for the bride's dowry, but for this event, it was done to raise extra money for Vyts.

In the center of a circle of dancers, there's a host with a table with a special loaf of bread, wine and boutonnieres, and one person with a pillow. This person selects a partner, brings the partner into the inside, and then both people kneel on the pillow and embrace. They then dance a short polka together. The pillow passes to the new partner, who then goes on to select another partner.

The original partner goes to the table. The bread was cut horizontally, the upper half tied with colored ribbons, and the lower half hollow. The dancer puts a donation of money in it. The dancer then received a drink of wine and a red, white and blue boutonniere from the host.

The Second Kolo Festival was held in 1953 in California Hall in San Francisco. Vyts had survived the year, and had recuperated to such an extent he was able to teach. At the Festival he taught Lithuanian dances and as well as introduced the dance Makedonka to California, which is still popular.

Vyts taught Friday night and Saturday afternoon, two sessions. The Filcich family provided ethnic foods.

Many people, including the ethnic community, came to the Friday night and Saturday night parties dressed "to the nines," suits and ties for men and high-heels for the women - yes, they danced kolos in high heels. The orchestra played kolos, waltzes, and dalmatian-style polkas. (Dalmatian polkas have no bounce, just step-step-down.)

The Kolo Festival is now in its 43rd year. Vyts had survived all of this time, and the Kolo Festival this year is dedicated to his memory.

Brom its modest beginning, the Kolo Festival is now three evenings and two days of Thanksgiving weekend: November 24 to 26. It consists of a party to tapes and records Thursday night, classes Friday and Saturday mornings and afternoons, and parties to live orchestras Friday and Saturday evenings. Plus a music and dance concert Saturday evening. The Kolo Festival takes place in the Russian Center in San Francisco, at 2150 Sutter Street. For more information, call Asha Goldberg, at 510-547-6355.



INTERNATIONAL CUISINE

by Vi Dexheimer

A U S T R I A

RADISH SALAD

- 24 white radishes, thinly sliced
- 2 teaspoons salt
- 1/2 cup white wine vinegar
- Black pepper to taste
- Lettuce leaves
- 1/2 to 1 cup sour cream
- 1/2 teaspoon paprika
- 2 tablespoons parsley, minced
- 1/4 to 1/3 cup olive oil to taste

Place radishes in a bowl and sprinkle them with salt. Let them stand for 1 hour at room temperature. Add vinegar and toss lightly. Refrigerate for 3 hours.

Drain the radishes and add oil to taste, starting with 1/4 cup. Place lettuce leaves on 6 salad plates. Pile radishes onto the lettuce. Place a few teaspoons of sour cream on top of the radishes. Sprinkle with paprika and parsley. Serve immediately.

CHICKEN, WACHAU STYLE

- 2 3-pound broiling chickens, cut in half
- 1 teaspoon salt
- 6 strips of bacon
- 2 onions, cut into thin strips
- 1 pound sliced mushrooms
- 4 large potatoes, thinly sliced
- 1 pound green beans, sliced
- 1/2 teaspoon pepper
- 1/2 cup white wine
- 1/4 teaspoon tarragon

Sprinkle chickens with salt and set aside. Cut bacon into small pieces.

Place bacon and onions into a large pot. Cook until onions are slightly browned. Remove onions and pieces of bacon from the pot and set aside.

Brown chickens in the pot on all sides. Add bacon, onions, sliced mushrooms, potatoes, beans, pepper, wine, and tarragon. Cover and cook for 1-1/2 hours, until chicken is very tender.

NOISETTE OF BEEF WITH MUSHROOMS

- 1 pound fresh mushrooms, sliced
- 4 tablespoons butter

- 6 1-1/2" thick filets of beef
- 1/2 teaspoon salt
- 1/8 teaspoon black pepper
- 1/4 teaspoon basil
- 1/2 teaspoon red port wine
- 1/4 cup beef stock
- 1 tablespoon tomato paste
- 1/3 cup bread crumbs

Preheat oven to 400°. Slice mushrooms. Melt butter in a large skillet. Brown beef filets quickly in hot butter, about 1 minute on each side. Remove and place in a well-buttered baking dish.

Put sliced mushrooms into the same skillet. Add salt, pepper, basil, red port, and beef stock mixed with tomato paste. Simmer for 10 minutes, stirring occasionally. Pour mushroom sauce over the meat. Sprinkle with bread crumbs and bake in a 400° oven for 15 minutes.

POTATO KUGEL

- 5 cups mashed potatoes
- 3 eggs, plus 2 egg yolks, well-beaten
- 1/2 cup heavy cream
- 1/2 cup grated Swiss cheese
- 3 tablespoons melted butter
- 2 to 3 tablespoons grated Parmesan cheese
- Salt and pepper to taste

Beat eggs and add to mashed potatoes. Add cream, salt and pepper, and cheese and butter. Grease well and dust an oven-proof dish with Parmesan cheese. Put potato mixture into the dish and bake for 20 to 30 minutes in 375° oven, or until puffy and brown. Serves 8 to 10

CHOCOLATE TRUFFLES

- 4 ounces semi-sweet chocolate
- 3 tablespoons sifted powder sugar
- 2 tablespoons butter
- 2 lightly beaten egg yolks
- 1-1/2 teaspoons rum
- 1 ounce grated semisweet chocolate

In a double boiler, melt together the chocolate, sugar, and butter. Remove from heat. Stir the chocolate mixture, one tablespoon at a time, into the egg yolks, beating well after each addition. Blend in rum. Refrigerate for 1 hour.

Shape into small balls about 1 inch in diameter. Roll the balls in grated chocolate and refrigerate.

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COUNCIL CLIPS

GREATER EAST BAY COUNCIL

The Piedmonter Folk Dancers meet on Monday nights, 8:00 - 10:00 p.m., at the Redwood Heights Recreation Center, 3883 Aliso Avenue (Redwood Road at Warren Freeway), Oakland. They do intermediate and advanced folk dancing. Teachers are Lucia and Duke Edwards.

The Berkeley Senior Dancers meet every Friday, 1:00 p.m. to 3:00 p.m. They do intermediate and advanced folk dancing. Gertrude Kuhner teaches the group at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley.

The Concord Senior Folk Dancers will have their party on Sunday, November 6th, 1:00-4:00 p.m., with refreshments at 2:30. Stan Valentine will call squares, and Jean Williams will MC. Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord.

SACRAMENTO COUNCIL

Last month the folk dance community suffered a loss when Jack Hedgecock, council president

from 1981-1983, and former writer for Latest Steps, died of a heart attack. He was a very likable person and contributed a great deal to folk dancing. He will be greatly missed by all who knew him. Our sympathy goes to Edie Hedgecock, his widow.

HAPPY DANCING AT THE TREASURER'S BALL



Wes Takara

CALENDAR OF EVENTS, SOUTH

Laguna Folkdance Festival

Reserve February 10-12, 1995, for the exciting 25th Annual Laguna Folkdance Festival. The festival will include dance workshops, parties with live music, afterparties, and a concert. Special guest Sunni Bloland will join workshop teachers Steve Kotansky and Yves Moreau for the festival. All activities will be at the Ensign Intermediate School Gym in Newport Beach. The schedule for the weekend is as follows:

2/10	7:30-2:00	Workshop & Party
2/11	10:00-noon	Advanced Workshop

2/11	1:30-4:30	Workshop
	7:30-2:00	Valentine Dance and Afterparty
2/12	12:00-5:30	Kolo Hour, Concert Festival Dance

Pre-registration for the entire weekend is \$30 before February 1. Please send your name and \$30 for each person, plus \$2 for each syllabus desired and a SASE to:

Laguna Folkdancers
24751 Castle Hill Road
Laguna Niguel, CA 92656
714-646-7082 or 714-533-8667

FOLK DANCE NEWS

COSTUME WORKSHOP - at the Kolo Festival. The Costume Research Committee of the folk Dance Federation will sponsor a costume workshop at the Kolo Festival this year. The Kolo Festival will be held November 24-26, 1994, at Russian Center, 2450 Sutter at Divisadero, San Francisco. The costume workshop will be held on Saturday during the lunch hour. The cost will be \$2. Please either bring a bag lunch or there will be food available at Russian Center. The workshop will cover 2 topics:

1. How to easily make a costume that is light-weight, looks authentic, and is washable.
2. How costumes have changed over the last 75 years. A slide show will be presented.

There will be a question and answer period at the end of the workshop as time permits.

COMMUNITY COLLEGE, SF - will hold a Folk Dance Concert & Party on Saturday, November 19, 7:00-10:00 p.m., in the North Gym Dance Studio. \$2 donation, no street shoes please. This event is open to the public. For more information, call 415-239-3419. Campus parking regulations will be in effect.

ACCORDIONIST - Need a good accordion player for folk dancing? Give Simon Shtauber a call at 415-731-0272 or 415-564-7272. Mr. Shtauber's repertoire includes music from Italy, France, Greece, Israel, and Eastern Europe. He specializes in Jewish and Latin American folklore and dance music. He is an excellent entertainer for a variety of events and parties, and has many glowing references.

SLAVYANKA CONCERT SCHEDULE - the Slavyanka men's chorus will be performing on November 6th at the Community Church of Mill Valley, at 2:00 p.m., and on November 13th at the Albert L. Schultz Jewish Community Center in

Palo Alto, at 4:00 p.m. For more information on this highly successful and talented group, call 415-979-8690.

DIRECTORY - The 1994 International Folk Dance Directory (formerly the People's Folk Dance Directory) is a great reference for recreational groups, performing groups, teachers, bands, and others. The price is \$6 before publication, and \$8 after publication. For display advertising, a free listing, or a copy, contact Folk House Publications, San Antonio, TX 78207-4689.

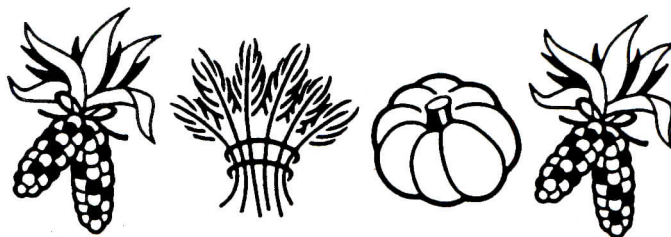
NEW BOOK - *Christy Lane's Complete Book of Line Dancing*, by Christy Lane is a new book which combines favorite line dances with the energy of a personal dance instructor. Lane covers information ranging from suggestions to beginners to strategies for teachers to lead a successful class and makes it easy for dancers at all levels to join in on this exciting dance craze. For more information on this book, contact Human Kinetics, P.O. Box 5076, Champaign IL 61825-5076.

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What's a dancer to do? Jazz shoes provide a terrific surface for pivot turns and smooth sliding. Athletic shoes and tennis shoes provide the necessary support for legs and feet and cushion for your back.

For dancers looking for the right footwear which combines the comfort and support of your favorite old tennis shoe and the ease in pivoting provided by the flat suede leather of jazz dancing shoes on a wooden dance floor -- read on. Here is one solution that worked well for me.

Take a pair of those favorite old worn-out athletic shoes that you are willing to dedicate to dancing alone. Go ahead -- you were probably thinking of throwing them out anyway. The flatter the front part of the shoe the better.

Go to your local sporting goods store and buy some shoe repair glue appropriately called "Shoe Goo." It sells for about \$4. Then find a piece of suede scrap leather from either a large hobby shop or, better yet, a store that sells different kinds of sheet and scrap leather. Finding just such a store was the hardest part of this project for me. If you live in the San Francisco Bay area, I can recommend Tandy Leather in San Jose.

The suede that I used is a bit more than 1/16th of an inch thick and I paid \$4 for a piece of scrap suede that is large enough to half-sole 3 or 4 pairs of shoes. You are now ready to attach the suede leather to the your old athletic shoes.

Trace the outline of the front part of the shoe with a pencil on the suede, and cut out the sized piece of leather. Cover the front part of the tennis shoe with an ample amount of Shoe Goo using a disposable plastic knife to spread it evenly. Press the leather onto the shoe and make sure the goop is attaching the leather around the periphery. The leather should not extend past the sole's periphery.

Let the Shoe Goo set for a day, preferably in a warm place. You're done! You've got the support your feet and legs need, and yet your new footwear is smooth enough on the ball of your foot to make pivots a breeze. Happy dancing!

by Mike Rosenheim
reprinted from *The Grapevine*



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For more information, pre-registration, scholarships, or to help out, contact:
Asha Goldberg, 510/547-6355, 811 Arlington Avenue, Oakland, CA 94608

