

JANUARY 1993 • \$1.50

# Let's Dance

## IN THIS ISSUE:

- Where to Dance in the Sacramento Area
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- Scottish Country Dancing

THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

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On our cover:  
Our Pacific Rim  
Heritage Festival



## NEW INFORMATION:

SUBMISSION DEADLINE:  
Submission deadline for each  
issue is the 1st day of the  
preceding month.



SUBSCRIPTION RATE:  
\$15 per year  
\$20 foreign & Canada  
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## PRESIDENT'S MESSAGE

We have just finished another outstanding event, our annual **TREASURER'S BALL**, by Chair, Page Masson and her co-workers. I would like to thank everybody for helping and attending this super affair. As we start a new year, we should all keep in mind ways in which we can get more people involved in folk dancing and try to attend our scheduled events. This should not be a problem, considering our 1993 annual calendar of events.

Please be sure to mark the date of Saturday, January 16th, to be at Redwood City Veterans Hall, where Carol Wenzel and committee have planned an Institute from 1:30 to 4:30 p.m., followed by a dance later that evening. There will also be a **BOARD MEETING** the same day at 11:00 a.m., followed by an **ASSEMBLY MEETING** at 11:45 a.m. I will appreciate chairpersons sending me any requests that need Board approval a week before the meeting.

I have been talking to Eunice Udelf, President of the FDF Cal., South, and they have agreed with us that November 13th & 14th, 1993, is a good time for the International Folkdance Weekend. Each group will plan a dance, party, exhibition, demonstration, etc., at a shopping mall or similar location during that weekend. Michael Norris has contacted the Governor's office to research the procedures for obtaining a Proclamation for this weekend. He will also be checking with Washington for a Presidential resolution. We will need the cooperation of all folk dancers to make this happen. The Federation officers, North and South, will keep in close touch, and all dance groups should keep their Federation representative informed of their plans. The South has 50 events already set up. I would also like to know if any of our Councils are getting involved in **AMERICA DANCE**, the National event set for April and May of 1993. I do appreciate hearing from you fine people with any comments. Thank you for all your efforts.

Fran Ajoian, Federation President

# Come To The Pacific Rim Heritage Festival!

The Peninsula Council invites all dancers to the 1993 Heritage Festival which will take place on Friday and Saturday, January 15th and 16th. This year the theme will recognize the Pacific Rim lands and peoples. Seif Ebertz is back by popular demand as the General Chairman, and he has organized a great occasion for dancing.

All events will take place at the Veterans Memorial Building at 1455 Madison Avenue in Redwood City. Marcel Vinokur will be the MC for the Friday night Warm Up Party, starting at 7:30 p.m.

On Saturday, the 16th, there will be Federation meetings in the morning. The Federation Institute is planned for 1:30 to 4:30 in the afternoon, with registration beginning at 1 p.m.

The General Dancing session will begin at 8 p.m. and end at 11:30. There will be Exhibitions at approximately the midpoint of the evening. Refreshments will be available during both the Friday and Saturday Dances.

With these events, the Pacific Rim Heritage Festival will make Friday and Saturday, January 15th and 16th, a great weekend of folk dancing. The Peninsula Council extends a warm welcome to all.

Alex MacDonald, Peninsula Council President

<p><b>DOCEY DOE FOLK DANCERS</b> An International Folk Dance Group</p> <p>Meetings Every Wed., 8-10 p.m. At the Community Church Hall Arroyo near Laurel, San Carlos Parties: 4th Saturdays</p> <p>For more info., call (415) Bruce at 368-7834 or Len at 593-6098</p>	<p><b>BURLINGAME FOLK DANCERS</b></p> <p>April 12 - June 7, 1993 less May 31 8:00 - 9:30 p.m.</p> <p>Burlingame Recreation Center 850 Burlingame Avenue</p> <p>Mary and Bruce Wyckoff, Instructors</p>
<p><i>Redwood City Folk Dancers</i></p> <p>Classes on Thursday Evenings Beginners - 7:30 - 9:00 p.m. Intermediate - 8:15 - 10:00 p.m.</p> <p>Veterans Memorial Building 1455 Madison Avenue, Redwood City</p> <p>Mary and Bruce Wyckoff, Instructors</p>	<p>Vintage Belles Folk Dance Class</p> <hr/> <p>Beginning and Intermediate</p> <p>Welcome to <u>THE</u> Sweetheart Festival</p> <hr/> <p>C. &amp; M. Emerson, Instructors</p>



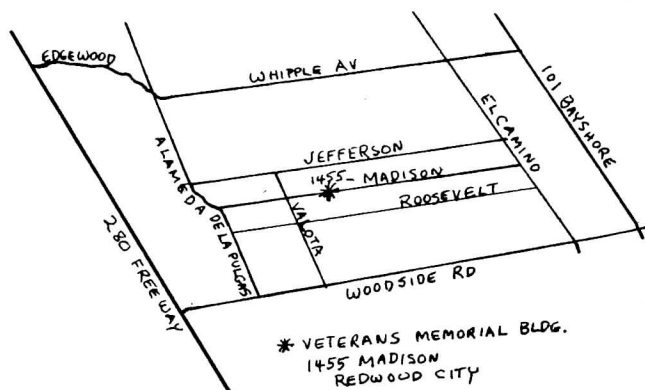
Veterans Memorial Building  
1455 Madison  
Redwood City

Friday, January 15, 1993  
Warm-Up Party.....7:30 pm to 11:30 pm

Saturday, January 16, 1993  
Institute.....1:30 pm to 4:30 pm  
General Dancing....8 pm to 11:30 pm



\$5.00 donation



## A Discreet Ad for the Gung-Ho Traveler

Explore the ethnic diversity in music, dance, culture  
and crafts of Kazakhstan, Kyrghystan and  
Uzbekistan. June 1993

# CENTRAL ASIA

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Pacific Beach Travel  
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NAPA VALLEY WOMEN'S FOLK DANCERS

Senior Citizens Center  
1500 Jefferson St., Napa

Beginning  
Intermediate

Marvel DeLonzor  
(707) 252-4719

# SWEETHEART FESTIVAL

SUNDAY, FEBRUARY 14

1:30 - 5:30 p.m.

First Presbyterian Church  
1333 Third Street, Napa

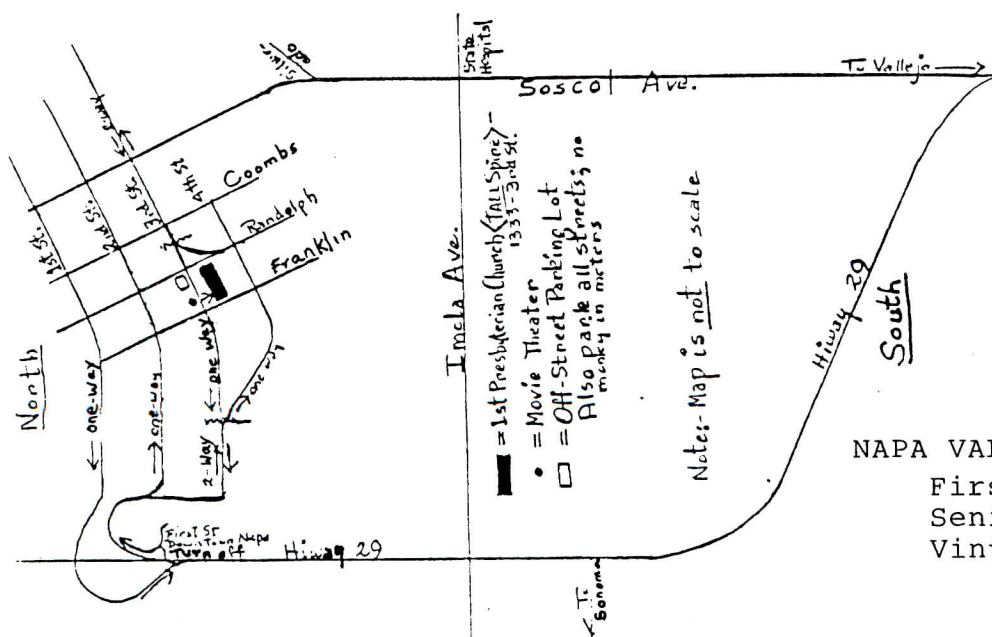


Here's the perfect way to celebrate Valentine's Day, 1993. Come join all the rest of us "Sweethearts" at the Sweetheart Festival in Napa, California. Dances will include those most everyone knows, including easy squares and contras.

Initially and through the years, this festival was conceived, promoted, and put together almost single-handedly by June Schaal. Again we dedicate this festival to the memory of June and her long and extensive service as a teacher. For those who wish to do so, there will be an opportunity at the festival to contribute to the "June Schaal Memorial Scholarship Fund." This year's scholarship candidate (1992) was sent to the Teacher Training Course in Canon City, Colorado.

Again, we invite you to wear costumes to the festival. We think it enhances the festivities.

Come join us for an afternoon of dancing, fun, and sociability. We look forward to seeing you there.



NAPA VALLEY FOLK DANCERS  
First Presb. Church  
Senior Center  
Vintage Belles

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# COUNCIL CLIPS

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## GREATER EAST BAY COUNCIL

The Berkeley Senior Citizen Dancers will have their party on Sunday, January 17, 1:00 to 4:00 p.m., at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley. Stan Valentine will call squares, Lloyd Day will emcee.

Merry Mixers - come dance with us, we do intermediate and advanced folk dances at our class on Wednesdays, from 1:30 to 4 P.M., under the direction of our teacher Charles Emerson, at the Hillside Presbyterian Church, corner of Hillside and Ritchie Avenues, Eastmont District, Oakland.

The Concord Folk Dancers will have their party on Sunday, January 3, 1:00 to 4:00 p.m., with refreshments at 2:30. Stan Valentine will call squares, and Jean Williams will emcee. Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord.

The Piedmonters will host the 5th Saturday Party on January 30 at the Veterans Memorial Senior Center, 200 Grand Avenue, Oakland, in the front room on the second floor. Dancing will begin at 7:30 p.m., refreshments at 9:00 p.m., and more dancing until 10:30 p.m. Contributions for the refreshments table will be much appreciated. Half of the program will be line dances, and the rest couple dances, sets, and mixers. We hope this will encourage both singles and couples to put on their dancing shoes and join us on January 30th!

## SAN FRANCISCO COUNCIL

WHAT'S HAPPENING AT CHANGS - We are pleased to report that Changs Introductory Class has been a happy success. It has been decided to continue teaching "easier dances" for one hour, 7:30 to 8:30 p.m., on regular dancing nights. Changs will meet on January 8, 15, and 22. The regular class will start at 8:30 p.m. on January 8 and 15. Our January Party will start at 8:30 p.m., on January 22. Changs will be closed on New Year's Day, January 1, and on January 29. Come and dance with us.

## FRESNO COUNCIL

The Fresno International Folk Dancers hosted the 5th Saturday Dance with Halloween motifs in keeping with the season. The event featured costumes, finger food, and request dancing. Gary Hughes, Kent Petersen, and Frances

Ajoian were responsible for the dances. Marty Torbit decorated for the event. Our next 5th Saturday Party will be held on January 30th. February 13 will be the Vera Jones Scholarship Dance.

Recently, the Fresno Philharmonic Association presented "Octoberfest 1992." Millie von Konsky's dancers performed at Coombs Ranch in Madera with Joe Smiell and his Bavarian Band with Alphorn Yodler and Dancers. It was beautifully performed. Thank you Millie and your dancers.

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## IN MEMORIAM

**Helen Allen (July 8, 1910 - November 19, 1992)**

Changs has lost a long-time, loyal and faithful friend, Past President Helen Allen, who died on November 19. She had been seriously ill for some time.

Helen joined Changs in 1946 and soon became a very active member. She served as Registrar for three years; Secretary for eight years; Exhibition Chairman for one year; and Entertainment Chairman for one year. She served as Changs President for the term 1958-59.

In 1949, she became a member of Changs Exhibition Group with Charlie Allen as her dance partner. And that wasn't all! Helen also served as Changs Receptionist from 1976 to 1988, a total of 12 years.

Helen did all of this and more for the benefit and welfare of Changs. Truly, she was Changs greatest benefactor in many different ways. She did not want to see Changs fold. She positively wanted Changs to continue to operate.

Helen and Charlie Allen were married in 1969. This faithful couple worked very hard together for Changs. In later years, they also became very active members of the Caper Cutters, a square dance club. Charlie died in December 1983. Nevertheless, Helen still remained an active member of both Changs and the Caper Cutters.

Helen will be missed by her many friends. We will never forget her dedicated service to Changs. She will be remembered for her pleasing personality and fine personal qualities. We extend our deepest sympathy to her immediate family: her stepson, Charlie Allen, his wife and family, of Daly City; and her sister, Marjorie Foster, of Palmdale. We share their grief and sorrow.

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# Where To Dance In the Sacramento Area

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## MONDAY

**EL DORADO INTERNATIONAL DANCE ASSOCIATION** - 7:00-9:00 p.m. Beginner and intermediate partner and non-partner. Town Hall, 549 Main St., Placerville. Instructors: Al & Teddy Wolterbeek 1-677-1134

**LET'S DANCE** - 8:00-10:00 p.m. English Country (All dances taught). Arcade Creek Park, Hamilton St. between Pasadena Ave. and Myrtle Ave. Instructor: Marvin Blanchard 487-9317

**HOROS** - 7:45-9:30 p.m. Coloma Community Center, 47th & T Streets, Sac. Balkan, intermediate and advanced. Instructor: Fusae Senzaki Carroll 731-4675

**SCOTTISH COUNTRY DANCING** - 8:15-10:00 p.m. Beginner Scottish. Maidu Regional Ctr., 1550 Maidu Dr., Roseville. Instructor: Ed Johnson 363-1502

**SUTTER STOMPERS** - 6:30-9:00 p.m. Beginning and easy intermediate clogging. Sierra 2, 2791 24th St. Sac. Contact: Mary Reilly 967-9250

**ISRAELI FOLK DANCING WITH HILLEL** - 7:00-9:00 p.m. Jewish Fellowship of Davis, corner of Oak Ave. and Covell Blvd. (Mace Rd. north from I-80), Davis. Co-instructor: Mary Schiedt 1-661-6061

## TUESDAY

**GOLD COUNTRY CLOGGERS AND DANCERS** - 7:45-9:15 p.m. Country Swing, beginner to advanced. Mission Oaks Community Ctr., 4701 Gibbons Dr., Carmichael. Instructors: Gil & Milly Humphreys 483-0363

**RENO FOLK DANCE CO-OP** - 8:00-10:00 p.m. International non-partner, beginner and intermediate. 1st Congregational Church, 627 Sunnyside Dr. Reno, NV. Contact: Vera Barr 702-323-0413 or Derise Wigand 702-677-2306

**ROYAL SCOTTISH COUNTRY DANCE SOCIETY** - 7:00-9:30 p.m. Basic Scottish. Congregation B'nai Israel, 3600 Riverside Blvd., Sac. Contact: Dorothy Carr 922-9351

**CALICO FOLK DANCERS** - 1:00-2:30 p.m. Line and couple international, beginner and easy intermediate. Mission Oaks Community Ctr., 4701 Gibbons Dr., Carmichael. Instructors: Jaap & Marilyn Leegwater 971-9545

**WHIRL-A-JIGS** - 7:30-10:00 p.m. International, rounds, squares and contras; beginner and intermediate. Babcock School, 2400 Cormorant Way, Sac. Instructors: Cleo & Walt Baldwin 455-5000

## WEDNESDAY

**GOLD COUNTRY CLOGGERS** - 6:00-7:00 p.m. Line non-partner, 7:10-8:10 p.m. Beginner Clogging. 8:15-9:15 p.m. Street Hustle. American River College Cafeteria Stage, 4700 College Oaks Dr., Sacramento. Instructors: Gil & Milly Humphreys 483-0363

**KOLO KOALITION** - 7:30-10:30 p.m. Balkan non-partner, intermediate. YLI Hall, 27th & N Streets, Sac. Instructor: Drew Herzig. Contact: Florence Beller 485-1324

**ROYAL SCOTTISH COUNTRY DANCE SOCIETY** - 7:30-10:00 p.m. Scottish all levels. Unitarian Church, 2737 Pacific Ave., Stockton. Instructor: Charles Wood 209-465-8871

**RUSCH FOLK DANCERS** - 8:00-9:30 p.m. Beginner international line dances. Rusch Park East/West Room, 7801 Auburn Blvd., Citrus Heights. Instructor: Roy Butler 1-652-5087

**SUTTER STOMPERS** - 6:30-9:30 p.m. except 3rd Wed. Intermediate and advanced clogging. VFW Hall, 3300 U Street, North Highlands. Contact: Mary Reilley 967-9250

**RAGTIME DANCE** - 7:30-9:30 p.m. Vintage partner dances. Starting January, 1993. Arcade Creek Park, Hamilton St. between Pasadena Ave. and Myrtle Ave. Instructor: Bruce Mitchell 988-7920

#### THURSDAY

**GOLD COUNTRY DANCERS** - 7:45-9:15 p.m. Line non-partner dances. Mission Oaks Community Ctr., 4701 Gibbons Dr., Carmichael. Beginning January 1993. Instructors: Gil & Milly Humphreys 483-0363

**PAIRS & SPARES** - 7:30-10:00 p.m. International, Rounds, Contras, and Squares; beginner and intermediate. Babcock School, 2400 Cormorant Way, Sac. Instructors: Cleo & Walt Baldwin 455-5000

**ROYAL SCOTTISH COUNTRY DANCE SOCIETY** - 7:00-9:30 p.m. Experienced Scottish. Congregation B'nai Israel, 3600 Riverside Blvd., Sac. Contact: Dorothy Carr 922-9351

#### FRIDAY

**CSUS CREATIVE ARTS** - 7:30-10 p.m. Beginner Balkan non-partner. CSUS Gym 187, 6000 J Street, Sacramento. Instructor: Drew Herzig. Contact: Florence Beller 485-1324

**EL DORADO INTERNATIONAL DANCE ASSOC.** - 7:30-10:00 p.m. International line and couple dances, all levels. 3100 Ponderosa Road, Shingle Springs. Instructors: Al & Teddy Wolterbeek 1-677-1134

**FRIDAY FOLK DANCERS** - 8:00-? p.m. Intermediate and advanced non-partner, mostly Balkan. YLI Hall, 27th & N Streets, Sac. No dancing June, July & August. Instructor: Barbara Bevan 422-5131

**NEVADA COUNTY FOLK DANCERS** - 7:30-10:00 p.m. Teach first hour; all levels international non-partner and couple. Partner not needed. United Methodist Church, 433 Broad Street, Nevada City. Contact: Nancy Fuji 1-265-3530 David Unterman 1-265-5748 Call to confirm

**SCOTTISH COUNTRY DANCING** - 7:30-10:00 p.m. Scottish beginner and low intermediate. Rancho Cordova Community Clubhouse, 2197 Chase Dr., Rancho Cordova. Instructor: Ed Johnston 363-1502

#### SATURDAY

**ISRAELI FOLK DANCERS** - 8:00-11:00 p.m. Israeli beginner and intermediate. 2nd & 4th Saturday only. Jewish Community Center, 2351 Wyda Way, Sac. Instructor: Mary Schiedt 1-661-6061

**SCOTTISH COUNTRY DANCING** - 10:00-11:30 a.m. Scottish for children 7-11 years. For location and information Call Dorothy Carr 922-9351

#### SUNDAY

**SACRAMENTO SCANDINAVIAN DANCE** - 4th Sunday of each month except December. 1:00-5:00 p.m. Scandinavian partner dances taught by guest teachers. Y.W.C.A., 17th & L Sts., Sacto. Contact: Lupie Barton 456-7128 or Theresa Commet 457-3505

# Where To Dance in the Sacramento Area (Cont)

## PARTIES

- 1st Saturday monthly - Kolo Koalition, YLI Hall, 27th & N, Sacramento. Non-partner request program. 8:00-10:30 pm. Contact: Florence Beller 485-1324
- 2nd Saturday monthly - Pairs & Spares or Whirl-A-Jigs, Babcock School, except March 2400 Cormorant Way, Sacramento. Couple and non-partner. 8:00-11:00 p.m.
- 2nd & 4th Saturdays - Sacramento New England Country Dancers, monthly. California Middle School, Vallejo and Land Park Dr. Sac. Contra Dancing. 8-11 pm. Instruction 7:30-8:00 p.m. Contact: Anne Missavage 481-1974, Casey Morrigan 736-0845
- 3rd Saturday monthly - BBKM, YLI Hall, 27th & N, Sacramento. 8:00-?? p.m. Non-partner. except July & Aug. 8:00-9:00 p.m. easier dances. 9:00-?? p.m. All request easier-harder format.

## FOLK DANCE INFORMATION

Hadi Babazadeh 923-1555 or Morris Jerome 482-2491

### S & S FOLK FESTIVAL TOUR OF '93

With SAM and SARAH STULBERG

#### Albania/Greece - May 6-24

The land that time forgot...the history and mythology of ancient Greece. Classical ruins, museum towns, colorful folklore, meeting the people, dance workshops, and traditional firewalking ritual.

#### Czech/Slovak/Hungary - June 24-July 12

THREE folk festivals - Moravia, Slovakia, and Hungary, plus medieval villages, castles, rafting in the Tatras, wine caves, Hortobagy herdsman, dance workshops, and traditional embroidery ladies.

#### Russia/Ukraine by Air, Boat, and Train

##### July 17 August 9

Moscow, St. Petersburg, and the waterways between with folk musicians, concerts and village dance groups. Lvov, Kiev, and the land between with spires, domes, and villages along the rolling steppe, spiced with dance workshops and parties.

#### Contradance Trip to Bohemia & Moravia October 3-18

Dancing with Czechs and hosted by Czechs culminating in the Czech Country Dance Festival in Praha, arranged by Jasan & Jitka Bonus. We'll bring our renowned dance caller & musicians for a repeat of the 1992 highly successful sold-out event.

#### S & S THE TRAVEL PLACE

2001 Merrimac Drive, Stafford, VA 22554,  
Telephone: 703-527-8998

## A Highland Welcome

(Scotland)

A Highland Welcome is a 32 bar jig for 3 couples devised by John Bowie Dickson. It was presented by Marianne Taylor at the 1992 University of the Pacific Folk Dance Camp.

CASSETTE: Muckle Carfuffle FAC CS134 Side B/4; or any suitable 8x32 bar jig.  
6/8 meter

FORMATION: Set of 4 cpls in Longways Formation\*.

PATTERNS, STEPS and STYLING: Skip Change of Step\*, Bow and Curtsey\*, Cast Off\*, Move Up\*, Figure of 8\*, Reel of Three\*, Cast Up\*, Set\*, Wrong Side\*.

Promenade Position: Dancers side by side facing in the same direction. Hands are joined, R with R, L with L. R arms are above L arms. W may be on R or L side of M.

Half Reel of Three: Dance meas 1-4 of Reel of Three\*. Active dancer makes one loop and end dancers change places.

Skip Change of Step (beg R) is used throughout unless otherwise noted.

See Scottish Glossary for general styling.

\*Described in the Scottish Glossary section of Steps and Styling, published by the Folk Dance Federation of California, Inc.

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MUSIC	6/8 meter	PATTERN
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Measures

Chord INTRODUCTION Bow and Curtsey to ptr.

I. REELS OF THREE ACROSS THE SET

- |       |  |
|-------|--|
| 1-4   | Cpl 1, taking R hands, cross over and Cast Off one place. Cpl 2 Move Up on meas 3-4.   |
| 5-8   | Cpl 1 dance half Figure of 8 through and around cpl 2 to end in 2nd place facing down in Promenade Position, W on L side of M.   |
| 9-12  | Acting as one dancer, cpl 1 dance Half Reel of Three across the set with cpl 3 giving R shldr to M 3 to begin.   |
| 13-16 | Moving across the set, cpl 1 dance Half Reel of Three with cpl 2 giving L shldr to W 2 to begin and ending in the ctr of set, opp 2nd place. Release hands and face out. |

## II. REELS OF THREE ON THE SIDES

- 1-8 Cpl 1 dance Reel of Three with cpls 2 and 3 up and down the set. To begin, M 1 and W 3 pass L shldrs and W 1 and M 3 pass R shldrs. Cpl 1 finish in ctr, facing down and take R hands momentarily.
- 9-12 Cpl 1 dance down through cpl 3 and, releasing hands, cross over below them and Cast Up into 2nd place on the Wrong Side.
- 13-16 Taking hands on the sides, all three cpls Set and, giving R hands to ptr, cross over to own side.
- 32 meas Cpl 1 repeat dance from 2nd place dancing with cpls 3 and 4. On the repeat of Fig II, meas 15-16, cpls 1 and 4 join R hands and dance to own side by turning the resulting wheel one-half CW to end with cpl 1 in 4th pos. Cpl 3 cross giving R hands as before.
- 192 meas Dance the pattern as written from the beginning with cpls 2, 3, and 4 active each in turn.
- Chord Bow and Curtsey to ptr.

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Petaluma	732 E. Washington	762-4095
Novato	940 7th Street	415-897-5655

# CLASSIFIED ADS

**FOR SALE: CALIFONE SOUND SYSTEMS** - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 510-654-1124. Folk dance records

**COME DANCE** - with Millie von Konsky. Sgles, cpls welcome. Day classes in Folk, Line, Square, Round. Mon., 1 P.M., 300 Estudillo, San Leandro. Tues., 1:30 P.M., 22325 N. 3rd, Hayward.

**WESTWOOD CO-OP FOLK DANCERS** - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

## FOLK DANCE RECORD SHOP

**ED KREMERS' FOLK SHOWPLACE** - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.

JOIN US FOR FOLK DANCING AND COMRADERIE WITH FOLK DANCERS FROM ALL OVER THE US & CANADA

## DANCE ON THE WATER 9TH ANNUAL FOLK DANCE CRUISES

### ALASKA INSIDE PASSAGE 14 DAY CRUISE

**DANCING LED BY OLGA SANDOLOWICH**  
on the SS UNIVERSE JULY 4-18 1993

REPEATING THIS POPULAR SELL-OUT FOLK DANCE CRUISE  
FOR THE 8th CONSECUTIVE YEAR CRUISE ONLY FROM \$2205.

SIGN UP EARLY & RECEIVE FREE 3 DAY BONUS

ENJOY THIS EDUCATIONAL CULTURAL CRUISE IN A RELAXED  
ATMOSPHERE, SEE GLACIERS, WHALES, EAGLES, AND MORE  
ENJOY DAILY LECTURES ABOUT WHAT YOUR EXPERIENCING

### HAWAII/MEXICO 10 DAY CRUISE

**DANCING LED BY DENISE HEENAN**  
on the REGENT SEA SEPT 27- OCT 7, 1993

THIS UNIQUE TRIP ORIGINATES IN HONOLULU  
. 5 DAYS TO VISIT OAHU, MAUI, KONA, HILO  
FOLLOWED BY 5 DAYS SAILING TO ENSENADA

HEAR LECTURES, LEARN ABOUT HAWAIIAN TRADITIONS & CULTURE  
CRUISE & AIR (West Coast) from \$1590. for sign-ups prior to 3/15/93  
LOW COST AIR ADD-ONS FROM MOST OTHER CITIES

### ? REPEAT OF THE CARIBBEAN CRUISE IN JAN 1994 ?

AT THIS TIME THE INSTITUTE OF SHIPBOARD EDUCATION  
HAVE NOT DECIDED ON THEIR ITINERARY BUT THEY ARE  
ASKING US TO BRING A GROUP AGAIN AND TEACH  
FOLK DANCING. PLANNING IS IN PROCESS

VICTORIA\*SEWARD\*SITKA\*SKAGWAY\*GLACIER BAY\*JUNEAU\*HUBBARD GLACIER\*KETCHIKAN\*WRANGELL\*VALDEZ



### SINGLES SHARES ARRANGED

For the past several years  
we have sold-out early  
DO NOT DELAY

FOR MORE INFORMATION MAIL COUPON TO:  
MEL MANN (travel agent, folk dancers)  
BERKLEY TRAVEL  
1301 CALIFORNIA ST  
BERKELEY, CAL 94707  
(510) 526-4033  
FAX (510) 524-9908

Please send me information about; L

☐ 1993 Alaska Folk Dance Cruise

☐ 1993 Hawaii /Mexico Folk Dance Cruise

☐ 1994 Caribbean Folk Dance Cruise

☐ Single share info ( ☐ female, ☐ male )

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

FAX Number \_\_\_\_\_

HONOLULU\*OAHU\*LAHAINA\*MAUI\*KONA\*HAWAII\*HILO\*HAWAII\*ENSENADA\*MEXICO

HONOLULU\*OAHU\*LAHAINA\*MAUI\*HILO\*HAWAII\*KONA\*HAWAII\*ENSENADA\*MEXICO

# *Scottish Country Dance Parties*

Have you attended a Scottish Country Dance Party? Here's a description of an eighteenth century party in Edinburgh. This description is in Henry G. Graham's book *The Social Life of Scotland in the Eighteenth Century*. London: Adam and Charles, 1899-1909, pages 97-100:

In the dearth of Public pleasures, the worldly energies of society found expression in concerts and dancing assemblies. The private houses were far too small to allow of dancing parties. There was not space enough for a country dance or minuet, no place wherein to pile up the superabundant furniture, no room for guests to sit, or refreshments to be eaten, or be-hooped ladies to move...

...so from 1710, when the first assembly was opened, it was at public balls that society met. The pulpits rang with denunciations of this seductive temptation to sin, lust, and worldliness; "promiscuous dancing" was condemned as an incentive to sensuality, and these rooms were pictured as nurseries of vice. But, in spite of all, society danced, and dancing masters drove as flourishing a business as the barbers. These dancing teachers gave their own balls, in bigger rooms of a wynd. Tickets cost 2s. 6p; dancing began at five o'clock and went on till ten or eleven... There was also the assembly in the West Bow...and in the narrow lane, from four o'clock, there was a crowd of sedan-chairs with their gaily attired occupants, the noisy mob pressing to witness the fine sight, the objurgations in safe Gaelic of competing chairmen, the clanking of swords of gentlemen in bright silken coats. Up the winding turnpike stair to a flat ladies ascended, holding up their hoops to gain difficult entrance by the narrow passage...

Under the patronage of ladies of high degree, such as my Lady Panmure, or beautiful Susanna, Countess of Eglinton, the minuet and country dance went on with stiffness and with state in the low-roofed, hot, ill-ventilated room to the meagre music of a few fiddlers. By eleven o'clock the company dispersed, the stream of fashion poured down the dark stair, and then, as the Countess of Eglinton, lovely herself, and her seven lovely daughters were borne, off in their sedan chairs, the gentlemen with drawn swords escorted them to their lodgings in Jack's Land.

Years passed on; new leaders of fashion came as the old departed. In the middle of the century, as the companies arrived up the stairs to the ballroom, at the entrance stood the old glover, Lord Kirkcudbright, selling white gloves to the dancers as they entered. At the end of the room sat the majestic figure of Miss Nicky Murray (sister of Lord Mansfield), decorated with a gold medal as insignia of her office as Lady Directrice, in which capacity she exercised undisputed sway.

Each partner had been chosen by a gentleman before the ball, the selection being made at some private party, when all the fans were placed in a cocked hat, and the owner of fan picked out became the partner for the night—each having a shrewd guess who was the fair owner of the fan he took. The tickets were then bought by the gentleman, who sometimes had one or two oranges stowed away in his coat pocket for the refreshment of his lady, who sucked them during pauses of conversation and intervals in the dance—a succulent process which she varied by presenting to her nose delicate pinches of snuff, which she extracted from the dainty snuff-box hanging by her side. The customary price for the ticket was two shillings and sixpence, not defraying the modest expenses of tea and coffee which were consumed in the card-room, and the proceeds of the ball were devoted to charity - especially to the new Royal Infirmary, which was enlisting popular interest...

In 1753, "when a stranger enters the dancing room, he sees one end of the room taken up by ladies, who sit dismally in a group by themselves, and at the other end stand their pensive partners that are to be. The ladies may ogle and the gentlemen may sigh, but an embargo is laid upon any close converse. At length the lady directress pitches upon a gentleman and a lady to a minuet, which they perform with a formality approaching despondency. After five or six couples have thus walked the gauntlet, all stand for the country dance, each gentleman furnished with a partner from the aforesaid directress. So they dance much and say nothing, and this concludes an assembly."—Oliver Goldsmith.

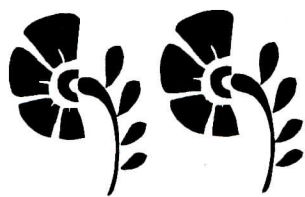
...Neither in that room, nor in the larger apartment to which dancers adjourned in 1756 in Bell's Wynd, was dignity dissociated from discomfort at these balls; from the draughty stair-case came cold air, the smoke of flambeaux of footmen stationed at the entry, and the rooms were crowded on occasions when a supper was laid in one of the dancing apartments. As the St. Giles' bells sounded eleven, the despotic Miss Nicky with firm dignity waved her fan, the music ceased, the concourse dispersed, the gentlemen saw their partners home to their flats, and thereafter adjourned to some tavern to drink and each to toast the lady of his choice. Each man proposed his own as the loveliest of her sex, drank to her glory, vowing to die in her defence, the one who drank most and fell prone last being the victor. Thus one after another followed in tipsy folly the barbarous custom called "saving the ladies" till the chivalrous party became helplessly drunk.

With all their inconveniences and social crudities, in spite of all their shabbiness and discomfort, these entertainments, at which modern nerves shudder, were the charm of Edinburgh fashion, and lived long in the memories of old people, who remembered the bright days when they were young.

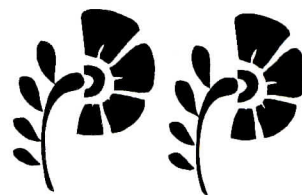
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The opinions in the above article are those of Henry Graham, writing in 1909. The editing of this selection was done by Barbara Lynch





# STATEWIDE '93 MAYTIME MAGIC



The dictionary definition of Arcadia, "any place of rural peace and simplicity," stems from an ancient pastoral district of the central Peloponnesus in Greece called Arcadia. In those days there must have been occasions when the folk would set aside their labors and gather together to celebrate life and to dance. The tradition continues: here we are in 1993, preparing to converge on another Arcadia for the Statewide Folk Dance Festival! As always, the time is Memorial Day weekend; the dates are May 28 through 31.

The charming city of Arcadia, California, welcomes us. The two gymnasiums at Arcadia High School offer ample space. About a mile away is a two-story, 112-room hotel, the Santa Anita Inn (130 W. Huntington Drive, Arcadia, CA 91007, 818-446-5211), which is set on five acres of landscaped grounds. Mention the Folk Dance Federation to get the special rate of \$45, single or double. Four can share a room for about \$60. Parking is free. The hotel is just a few minutes from the Santa Anita Avenue exit of the Foothill Freeway (Route 210), north of Los Angeles.

For those planning to fly in, the nearest airport is Burbank-Glendale-Pasadena, about twenty miles west of Arcadia. If ground transportation assistance is needed, contact the Hospitality Coordinator in advance: Christine Owenson, 1020 Inverness Drive, La Canada, CA 91011, 818-790-7682.

A source of pride to Arcadians is the float representing the city each New Year's Day in the Rose Parade. Among Arcadia's attractions are many parks, a championship golf course, the Los Angeles County Arboretum, and the famous Santa Anita race track. But forget the horses and head for Statewide, where there will be unbridled folk dancing! And don't wear blinders, because some new sights are in store! For example, there will be a free event for novices and beginners in one of the gyms following the dance concert. And the Statewide Committee hopes to have some musicians playing during prime time for everyone's enjoyment.

Decorations will have a Maytime Magic theme. This will be a memorable Statewide. Don't miss out on the magic. Help make history. Be there. It's a lot closer than Greece.

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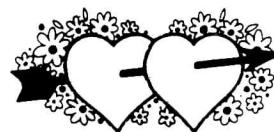
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Charlie & Melba

## Greater East Bay Folk Dance Council

### Fifth Saturday Party

January 30, 1993, 7:30 p.m.  
Veterans Memorial Senior Center  
200 Grand Avenue, Oakland

Hosted by THE PIEDMONTES

Come one Come All! HALF of the program will be line dances  
and the rest couple dances, sets, and mixers.  
Refreshment contributions gratefully accepted.  
For more information, see Council Clips or  
Call Lucia Edwards at 415-285-8409

## CALENDAR *of* EVENTS

**Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444**

- |                                     |             |  |
|-------------------------------------|-------------|--|
| Jan 2<br>Sat.                       | SACRAMENTO: | Kolo Koalition All Request Line Dance Party. YLI Hall, 8 PM to ?? \$3.00<br>Contact 916-485-1324   |
| Jan 9<br>Sat.                       | PENINSULA:  | Santa Clara Valley Folk Dancers Party<br>Contact 408-452-1890  |
| Jan 9<br>Sat.                       | SACRAMENTO: | Sacramento County Dance Society<br>7:30 PM - 11 PM California Middle School<br>Aud. Contact 916-736-0845 or 481-1974   |
| Jan 9<br>Sat                        | PETALUMA:   | Folk Dance Party - La Tercera School<br>Contact: 707-546-8877  |
| Jan 15 & 16<br><u>Fri &amp; Sat</u> | PENINSULA:  | ANNUAL HERITAGE FESTIVAL. "Our Pacific Rim". Seif Ebertz, Chairman.<br>Friday--Warm Up Party 7:30 PM- 11:30 PM<br>Saturday--Institute 1:30 PM to 4:30 PM<br>General Dancing 8 PM to 11:30 PM |
| Jan. 16                             | SANTA ROSA: | Folk Dance Party. Piner Elem. School<br>Contact 707-546-8877   |
| Jan 16<br>Sat.                      | SACRAMENTO: | BBKM All Request Line Dance Party<br>Contact 916-422-5131  |
| Jan 23<br>Sat.                      | SACRAMENTO; | Sacramento Country Dance Society<br>YLI Hall. Contact 916-422-5131   |
| Jan 23<br>Sat.                      | PENINSULA:  | Docey Doe Folk Dance Party<br>United Community Ch, Santa Clara<br>Contact 415-368-7834   |
| Jan 23<br>Sat.                      | PENINSULA:  | Menlo Park Folk Dancers<br>Menlo Park Recreation Center<br>Contact 415-327-0759  |
| Jan 30<br>Sat.                      | OAKLAND:    | GEBFDC Fifth Saturday Party<br>7:30 PM Veterans Memorial Senior Center<br>Contact: Lucia Edwards 415-285-8409  |
| Jan 30<br>Sat.                      | FRESNO:     | Fresno Folk Dance Council, Inc.<br>Fifth Saturday Dance<br>Contact: Lilas Mathers  |
| Jan 30<br>Sat.                      | SACRAMENTO: | Council New Year's Party. 7:30-11:30 PM<br>Arcade Creek Rec & Park Dist.<br>50/50 couple and line dances. \$5.00<br>Live and taped music. Contact: Hadi<br>Babazadeh 916-923-1555            |

## FEB

- Feb. 14 Sun NAPA: Annual Sweetheart Festival;  
First Presbyterian Church, 1333 Third St.  
1:30 - 5:30; 707-258-0519 or 252-4719
- Feb. 21 Sun OAKLAND: Festival of the Oaks. Edna M. Brewer  
School, 13th Ave. at 38th St. (near Park  
Blvd) 11:00 Council Presidents' meeting,  
11:15 Exec. Bd. Meeting; 11:45 Assembly  
Meeting. Dancing from 1:30 to 5 P.M.
- Mar. 28 Sun DAVIS: Beginners' Festival at UC, Davis- Lower  
Hickey Gym. Teaching from 1 to 2, dancing  
from 2 to 5. Everybody welcome. \$3.00  
Free- light refreshments  
Committee - Teddy Wolterbeek 916-677-1134  
Lona Coleman 510-527-2491  
Ed Kremers 415-775-3444

## Events South

### JANUARY

12/31-1/3 New Year's Camp  
at Hess Kramer, MALIBU.  
Sponsored by California  
Traditional Music Society  
Folk dance with Barry  
Glass; contra, cajun  
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time. Info: (818) 342-  
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Saturday night events,  
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Lemon St, FULLERTON.  
Info: (714) 254-7945

- 2 Instruction & Requests
  - 9 Instruction & Requests
  - 16 Beginners & Old Time  
Favorites
  - 23 International Night
  - 30 Instruction & Requests
- 10 Pasadena Co-op Festival.  
Glendale Civic Auditorium  
1401 N. Verdugo Rd.  
GLENDALE. 1:30-5:30.  
Council meeting at 11.

- 19 Ballet Folclorico de  
Mexico, 8PM. Cultural  
Center, PORT HUENEME.  
Info: (805) 986-6598.

### FEBRUARY

- 5-7 Laguna Festival, hosted  
by Laguna Folk Dancers.  
\*\*\*NOTE NEW LOCATION\*\*\*  
Ensign Intermediate  
School, 2000 Cliff Dr. at  
corner of Irvine Ave.,  
NEWPORT BEACH.  
\*\*\*NOTE NEW LOCATION\*\*\*  
Institutes with Atanas  
Kolarovski and Richard  
Powers, Fri. night and  
Sat. afternoon. Valentine  
party Sat. 7:30-11. After  
parties Fri. and Sat.  
nights. Sun Afternoon:  
Kolo hour, concert,  
festival.  
Info: (714) 646-7082.
- 12 Valentines Day Party, by  
West L.A. Folkdancers.  
7:30 at 1309 Armacost,  
West L.A., All-request  
program, pot luck.  
Info: (310) 202-6166,  
or (310) 478-4659.

# FOLK DANCE NEWS

**1993 LAGUNA FESTIVAL** - The Laguna Folkdancers will host the 23rd Annual Laguna Festival starting at 7:30 p.m., Friday evening, February 5th, and continuing through 5:30 p.m., Sunday, February 7th. The gym at Ensign Intermediate School, 2000 Cliff Drive (corner of Irvine Avenue) Newport Beach, is the location for this festival. Festival workshops on Friday evening and Saturday will feature master teachers Atanas Kolarovski (Macedonian) and Richard Powers (Vintage American and European). Two dance parties, two afterparties, and a dance concert are also scheduled. The Interfolk Band will play for the Valentine Dance on Saturday evening. Cost for the entire weekend is \$32. Individual event admission is also available. For more information, call 714-646-7082 or 714-533-8667.

**CITY COLLEGE OF SAN FRANCISCO** - is offering international folk dance classes starting on Saturday January 16, noon to 2 p.m. (PE518); Tuesday January 19, 5:30 to 7 p.m.; and Wednesday January 20, noon to 2 p.m. Also offered is a class in Folk Dance Production (PE5) on Tuesdays from 7 to 8 p.m. Each class is offered for one unit. Classes cover a wide variety of partner and non-partner dances from around the world. The production class performs suites of dances from Romania, Poland, Austria, Bulgaria, and others. Students may register in advance or at the first or second class only. For more information, contact Gail Barton on PE North, 239-3419 or the Fee Office, 239-3521.

**ENSEMBLE ZDRAVETS** - is having auditions for dancers on Saturday, February 14, at 10:00 a.m., at Ashkenaz, 1317 San Pablo Avenue, Berkeley. For further information, contact Anastasia Moskova, 415-731-8604. Ensemble Zdravets is named after the Bulgarian word for "Wild Geranium," and its members are students of the Bulgarian Cultural Institute of California.

**FOLK ALLIANCE** - The North American Folk Music and Dance Alliance announces its Fifth Annual Conference, February 18-21 in Tuscon Arizona. If you are involved in music, dance, or story telling, you owe yourself the trip. The conference will feature panels, workshops, special presentations, showcases, and excursions. For more information, contact the Folk Alliance 1993 Conference, P.O. Box 5010, Chapel Hill, NC 27514-5001.

**GREEK FOLKDANCE AND FOLKLORE WEEKEND** - Featuring Joe Graziosi teaching folkdance, Anna Efstathiou serving a sumptuous Greek feast, and George Chittenden & Friends playing music for your dancing and listening pleasure. Register before January 23rd, and receive a 10% discount. the event will be held at the Slavonic Cultural Center, 60 Onondaga Street, San Francisco. For reservations and information, call 510-797-3160.



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Yugoslavian cuisine is rich, oily and highly flavored. Each region shows traces of foreign influence in some of its dishes, although Yugoslavian cooks have created their own independent cuisine with specific specialties.

### RED BEET SALAD

- 8 to 10 red beets
- Salted water to cover
- 1/4 cup wine vinegar
- 1/2 cup vegetable oil
- 2 teaspoons sugar
- 2 tablespoons minced scallions
- 1/8 teaspoon nutmeg
- 1/8 teaspoon ginger
- 2 teaspoons horseradish
- Salt and pepper to taste

Cook beets in salted water until tender. Peel beets and slice into thin strips. In a bowl beat together all ingredients and pour over the beets.

Marinate the beets overnight in the dressing in the refrigerator.

### EGGPLANT CROQUETTES

- 2 large eggplants, peeled
- 4 to 6 cups water
- Salt to taste
- 1 cup minced parsley
- 2 cloves garlic, minced
- 2 tablespoons scallions, minced
- Salt and cayenne pepper to taste
- 1/8 teaspoon nutmeg
- 2 beaten eggs
- 1/2 cup grated Gruyere cheese
- 1 cup bread crumbs
- 2 to 4 cups oil for frying

Halve the eggplants lengthwise. Place them in a pot of cold salted water. Bring to a boil, reduce heat, and cook for 5-7 minutes. Drain eggplants and squeeze the water out of them. Purée them in a blender. Mix the purée thoroughly with minced parsley, garlic, scallions, salt, cayenne pepper, and nutmeg. Add and mix beaten eggs, Gruyere cheese, and bread crumbs.

Heat oil in a deep pan or deep-fat fryer. Drop a teaspoon of eggplant mixture into hot oil and fry on both sides until well browned.

## RIČET

(Beans with Smoked Pork)

- 1/2 pound navy beans
- 1/2 pound smoked spareribs
- 1/4 pound barley
- 1 small onion, diced
- 2 tablespoons vegetable oil
- 1/2 teaspoon paprika
- Salt and pepper to taste
- 1/4 cup chopped parsley

Soak beans in water over night and drain. Place beans in a pot, cover with water, and cook for 2 hours, or until tender. Cut spareribs into serving pieces, place in a pot with water to cover and boil for 35 minutes. In a saucepan cook barley until tender. Drain the beans, reserving the cooking liquid. Mix beans with barley, adding 1 cup of cooking liquid. Add to the spareribs. Sauté onion in oil and add to the bean mixture. Add paprika, salt, and pepper. Cover the pot and simmer for 15 minutes. Garnish with parsley.

Source: *All Along The Danube*  
By Marina Polvay

## FOLK DANCE SCENE



for current ethnic events and folk dance activities, current research on ethnic culture and dance, and other important folk dance topics.

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Theodore & Yvonne de Lusignan, Docey Doe folk dancers, are the owners of Cambridge.



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Our **dance program** will teach you the inner functioning of a professional ensemble and put you on stage, trained, in costume, in a public concert of Gabrovan, Dobrudzhan, and Shope folklore. Beyond your immediate training in warm-up and dance, you will receive audio and video cassettes, and complete dance notes for the material covered.

Simultaneously, our **context program** will teach you the historic, social, artistic, and political context of Bulgarian folk songs and dances:

- Meetings with neighboring ensembles and ethnographers.
- The opportunity to buy costumes, footwear, and other folk art.
- Tours of important sites: Veliko Tŭrnovo, Bozhentsi, Dryanovo Monastery and cave, Shipka Pass, Sokolski Monastery, Tryavna, Sevlievo, Etŭra Ethnographic Museum, and the World Center of Humor and Satire.



So join us next June 27 in Gabrovo, the geographical and cultural center of the Bulgarian Renaissance, and Industrial and Educational Revolutions. No other Bulgarian town contains so much of interest to you. And the price? Only \$995 for 2 weeks of room, board, and tuition. Spaces are limited. Write now for details: The Society of Folk Dance Historians, 2100 Rio Grande, Austin TX 78705.



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