

# Let's Dance

DECEMBER 1993 • \$1.50



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THE MAGAZINE OF INTERNATIONAL FOLK DANCING



# Merry Christmas

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Official Publication of the Folk Dance Federation of California, Inc.

EDITOR &  
BUSINESS MGR ..... Genevieve Pereira  
DESIGN & LAYOUT ..... Jeanne Bertolina

## DECEMBER CONTRIBUTORS

Bill Wenzel	Carol Wenzel
Fran Ajoian	Hadi Babuzadeh
Bob Gardner	Jay Michtom
Page Masson	Ed Kremers
Rae Tauber	Eunice Udelf
Sam Kermoian	Bruce Wyckoff
Bob Young	Larry Miller
Frank & Elsa Bacher	Ruth Ruling
Joyce Lissant Ugcla	Jean Williams

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PUBLICATIONS ..... Carlos Ruling  
MEMBERSHIP ..... Melvin Mann  
PUBLIC RELATIONS ..... Michael Norris  
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### NEW INFORMATION:

**SUBMISSION DEADLINE:**  
Submission deadline for each issue  
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(i.e., March deadline would be  
the 25th of January).



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## *President's Message, North*

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It doesn't seem possible that we are already coming to the end of another year! We are finishing off a great year with our Treasurer's Ball in Sonoma on December 5th. I will be there shortly after 11 a.m. to conduct a Board Meeting, followed by the General Assembly Meeting.

The President's Ball last month is a special event that is always a must attend on my list, even though there is no room at the Inn and we have to sleep in the Fresno Van. This group of volunteers deserve our support with their activities. Also, we need to start thinking about supporting the Federation by serving as an officer. Dolly Barnes will be asking about this issue shortly. Our Beginners Festival in March is shaping up to be a good one again.

I cannot thank enough the nice people who have helped me get through the year by taking on activities in their areas and doing what they could to keep our Federation going. I am looking forward to a super duper year for our Federation, and my best wishes to you all for a healthy and happy holiday season. Ho, Ho, Ho, off we go!

Fran Ajoian, President

## *President's Message, South*

---

I lay awake last night pondering the richness that folk dance has added to my life. I danced four to seven nights a week for many years. The Intersection, Cole Avenue Rec. Center, Gypsy Camp, Webster Jr. High Israeli class, UCLA International Student Center, Westwood Co-op, and the Hollywood Peasants filled my cup in the 70s. Scottish dance added to my dance pleasure in the 80s. When the turn of the century comes, I hope to look back on the 90s as years of widened dance horizons.

As I lay abed, visions of wonderful dance experiences abroad appeared like sugar plums dancing. Whirling around with the local Hambo champion in Stockholm, practicing Gamel Shottis with an engineer in Oslo, learning the Birds Dance in Peru. The smiles and caresses in so many places where the local people were so pleased that an American tourist knew their dances. These memories are my treasures, but one stands out like the star at the top of my Christmas tree.

I wandered through a park at dawn, somewhere in China, observing various groups and individuals doing T'ai Chi, ribbon dances, or sword practice. As the sun peeked over the horizon, I felt moved to step into the embrace of a clump of bushes where I greeted the day with the silent devotion of Sapri Tama.

As we dance the dances of the world, we dedicate ourselves to the world community. We are the caretakers of the smiles and caresses of "the local people." Let us hope that the New Year will begin an era in which people will respect the differences in their various cultures just as we enjoy and appreciate the different dances of our international folk dance world. OPA!

Eunice Udelf, President

# 1993 Teachers Dance List

The following three pages contain the 1993 Teachers Dance List. Below is the participation:

Number of teachers	89
Teachers responsible for a class	76
Teachers responding	54
Classes represented	88
Dancers represented	2294

The number after each dance on the list is the percentage of dancers on those lists submitted who do the dance. We hope you will find this dance list useful in preparing programs of area-wide interest. It is also helpful to know what others are doing when selecting dances to teach.

This list is presented by the Teachers Committee - Hadi Babazadeh, Elsa Bacher, Ruth Ruling, Bill Wenzel, Bruce Wyckoff, and Bob Young. The computer work was done by Bob Young and Larry Miller.

## opa! 1994

### GREEK Islands & TURKEY

20 DAYS, APRIL 28 - MAY 17

ATHENS, THREE ISLAND CRUISE, PLUS SPECTACULAR SANTORINI AND MEDIEVAL RHODES. IN TIME FOR EPHEUSUS FESTIVAL, THE FROZEN WATERFALLS, AND CURIOUS CAPADOCIA. ISTANBUL OFFERS PALACES, MOSQUES, BAZAARS AND FOLKLORE EVENINGS.

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# BEGINNING DANCES

	%	Country
NON-PARTNER:		
Adjon az Isten	24	Hungary
Ajde Jano	39	Serbia
Aluneul	84	Romania
Aluneul de la Urzica	25	Romania
Arap	36	Bulgaria/Macedonia
Armenian Misirlou	27	Armenia
At Va'ani	59	Israel
Biserka-Bojerka	56	Serbia
Bufcansko	29	Macedonia
Čoček	24	Yugoslavia
Dhivaratikos	45	Greece
Erev Ba II	49	Israel
Ersko Kolo	53	Serbia
Guhnega	19	Armenia
Ha'shual	31	Israel
Hiotikos	25	Greece
Hora mare	27	Romania
Ivanice	47	Macedonia
Jovano Jovanke	33	Macedonia
Karagouna	52	Greece
Kleistós (Graziosi)	19	Greece
Körtánc	29	Hungary
Kostursko Oro	45	Macedonia
Le Maître de Maison	34	France
Lesnoto	62	Macedonia
Ma Na'avu	66	Israel
Makazice	22	Serbia
Makedonka	28	Macedonia
Mari Mariiko	38	Bulgaria
Mayim	57	Israel
Milanovo Kolo	27	Serbia
Misirlou	75	Greece
Nebesko Kolo	22	Serbia
Neda Grivne	19	Serbia
Never on Sunday	53	U.S.A./Greece
Novoselsko Horo	38	Bulgaria
Pinosavka	32	Serbia
Plataniótiko Neró	21	Greece
Pleskavac	21	Serbia
Pravo Horo	47	Bulgaria
Promoroaca	27	Romania
Ridée (Bannielou Lambaol)	37	France
Robin Ddiog	20	Wales
Sadi Moma	19	Bulgaria
Savila Se Bela Loza	55	Serbia
Seljancica	20	Croatia
Setnja	83	Serbia
Sham Hareh Golan	33	Israel
Sulam Ya'akov (Jacob's Ladder)	63	Israel
Sweet Girl	59	Armenia
Syrtós	63	Greece
Tropanka (Moskoff)	24	Bulgaria
Trugnala Rumjana	46	Bulgaria

	%	Country
NON-PARTNER (cont'd):		
Tsámikos	46	Greece
Tzadik Katamar	70	Israel
Vranjanka	39	Serbia
Vrapcheto	71	Bulgaria
Zemer Atik	37	Israel
COUPLE:		
Alexandrovska	32	Russia
Bal de Jugon	22	France
Blue Pacific Waltz	29	U.S.A.
Castle Schottische	38	U.S.A.
Corrido	38	Mexico
Cotton Eyed Joe	36	U.S.A.
Couple Hasapiko	33	Greece
Knödelrahner	21	Tirol
Körcsárdás	30	Hungary
Milondita Tango	27	U.S.A./Argentina
Miss Frenchy Brown	23	U.S.A.
Road to the Isles	51	Scotland
Salty Dog Rag	65	U.S.A.
Scandinavian Polka	29	U.S.A./Norway
Square Tango	24	England
St. Bernard Waltz	25	Scotland
MIXERS:		
Allemannsmarsj	38	Norway
Apat-Apat	24	Philippines
Bal in da Straat	36	U.S.A./Belgium
Circle Schottische	31	U.S.A./Sweden
Das Fenster	27	Germany
Doudlebska Polka	61	Czechoslovakia
Kohanotchka	39	Russia
Korobushka	67	Russia
La Bastringue	73	French Canada
Little Man in a Fix	36	Denmark
Niguno Shel Yossi	26	Israel
Numero Cinco	22	U.S.A.
Oklahoma Mixer	35	U.S.A.
Oslo Waltz	37	England/U.S.A.
St. Gilgen Figurentanz	46	Austria
Swedish-Finn Mixer	62	Sweden
Talgøxen	47	Finland
Tango Poquito	39	U.S.A./Argentina
Tex-Mex Mixer	21	U.S.A.
Ve'David	48	Israel
SETS:		
Cumberland Reel	24	Scotland
Cumberland Square	21	England
D'Hammerschmiedsg'selln	29	Germany
Grand Square	35	U.S.A.
TRIOS:		
Troika	25	Russia
Western Trio Mixer	30	U.S.A.

# INTERMEDIATE DANCES

NON-PARTNER:			COUPLE (Cont'd.)		
	%	Country		%	Country
Abdala	15	Bulgaria	El Shotis Viejo	18	Mexico
Ali Paşa	53	Turkey	Folsom Prison Blues	16	U.S.A.
Assoulis	24	Armenia	Gypsy Wine	16	U.S.A.
Bapardess Leyad Hashoket	28	Israel	Hava Nagilla	20	Israel
Bavno Oro (Boxell)	46	Macedonia	Japanese Soft Shoe	35	U.S.A.
Baztan-Dantza	22	Spain	La Cachucha	20	Early California
Bela Rada	30	Serbia	Lepa Anka Kolo Vodi	30	Croatia
Belasičko	49	Macedonia	Lights of Vienna	18	U.S.A.
Cerešnički	32	Czechoslovakia	Livavteenee	17	Israel
Ciuleandra	53	Romania	Lucky (Mr. Lucky)	18	U.S.A.
Dospatsko Horo	37	Bulgaria	Maple Leaf Rag	39	U.S.A.
Drmeš iz Idenčina	24	Croatia	Marklaender	27	Germany
Eleno Mome	28	Bulgaria	Na'ama	17	Israel
Gerakina	25	Greece	Siamsa Beirte	19	Ireland
Gocino Kolo	26	Serbia	Sirto	24	Bulgaria
Godečki Čačak	44	Serbia	Skater's Tango	16	U.S.A.
Harmonica	15	Israel	Somewhere My Love	20	U.S.A.
Haroa Haktana	23	Israel	Ta'am Hama	15	Israel
Hasápihos (slow)	52	Greece	Tsiganochka	30	Russia
Hora Agadati	29	Israel	Vo Sadu	15	Russia
Hora Fetelor	38	Romania	Vossarul	27	Norway
Hora lăutarească de la Mitreni	15	Romania	Vrtielka	29	Slovakia
Horehronsky Chardas	40	Slovakia	Zillertaler Laendler	24	Austria
Ikariotikos	25	Greece	Zwiefacher	24	Bavaria
Imate Li Vino	31	Macedonia			
Iste Hendek	19	Turkey			
Joc de leagane	47	Romania			
Karamfil	67	Bulgaria			
Kriči, Kriči, Tiček	19	Croatia			
Lech Lamidbar	30	Israel			
Moravac/U Šest	19	Serbia			
Opsaj Diri	20	Croatia			
Orijent	44	Serbia			
Pajduško Horo	38	Bulgaria			
Panagjursko Horo	16	Bulgaria			
Prekid Kolo	33	Serbia			
Ravno Oro	30	Macedonia			
Rumelaj	41	Turkey			
Sandansko Oro	20	Bulgaria			
Sestorka	18	Bulgaria			
Shiri Li Kineret	35	Israel			
Somogyi Karikazo	26	Hungary			
Svekrvino Oro	22	Macedonia			
Tarina de la Abrud	22	Romania			
Tino Mori	57	Macedonia			
Yedid Nefesh	22	Israel			
Yevarechecha	24	Israel			
	%				
COUPLE:			SETS:		
Ada's Kujawiak No. 1	60	Poland	Bare Necessities	17	England
Brandiswalzer	18	Switzerland	Belle of Bon Accord	16	Scotland
Caballito Blanco	27	Mexico	Double Sixsome	29	Scotland
Dodi Li	39	Israel	Dundee Whaler	23	Scotland
El Gaucho Tango	29	U.S.A./Argentina	Elizabeth Quadrille	29	U.S.A.
			Garry Strathspey	20	Scotland
			Italian Quadrille	19	U.S.A./Italy
			J. B. Milne	19	Scotland
			Levi Jackson Rag	35	England
			Mairi's Wedding	28	Scotland
			Postie's Jig	40	Scotland
			Prince William	15	England
			Rotheray Rant	16	Scotland
			Sauerlaender Quadrille	16	Germany
			Shiftin' Bobbins	23	Scotland
			St. John River	24	Scotland
			Trip to Bavaria	30	Scotland
			MIXERS:		
			Arnold's Circle	40	England
			Margaret's Waltz (by cpl)	25	England
			Teton Mountain Stomp	39	U.S.A.
			TRIOS:		
			Three-hand Fling	15	Ireland



# ADVANCED DANCES

	%	Country
NON-PARTNER:		
Al Gemali	7	Israel
Aluneul de la Băilești	8	Romania
Balta	9	Romania
Bičak	15	Bulgaria
Briul de la Făgăraș	13	Romania
Briuletul	8	Romania
Bulinič	29	Bulgaria
Čačak	19	Serbia
Čekurjankino	14	Bulgaria
Četvorka	13	Macedonia
Četvorno Horo	30	Macedonia
Cimpoi	29	Romania
Dajčovo	18	Bulgaria
Dedo Mili Dedo	19	Macedonia
Divčibarsko Kolo	31	Serbia
Dobruđanska Reka	17	Bulgaria
Floricič Oltenească	23	Romania
Gankino	19	Bulgaria
Gjuševska Račenica	19	Bulgaria
Hora de la Chircani	10	Romania
Jove Male Mome	35	Bulgaria
Keshenavo	23	Israel
Kjustendilska Račenica	23	Bulgaria
Kokiče	11	Bulgaria
Kulsko	26	Bulgaria
Mindrele	24	Romania
Oláhok	23	Hungary
Ovčepolsko	23	Macedonia
Pandalas	18	Bulgaria
Pasarelska	19	Bulgaria
Polonka/Brass Band	20	Serbia
Raca	26	Croatia
Rekansko	9	Macedonia
Rustemul	40	Romania
Sirba Pe Loc	14	Romania
Strumička Petorka	10	Macedonia
Vlaško (Moreau)	34	Bulgaria
Vulpiča	26	Romania

	%	Country
COUPLE:		
Békési Páros	14	Hungary
Bohemian National Polka	23	Bohemia
Feiar med vals	9	Norway
Gammal Polska	11	Sweden
Gammalschottis fr. Lingbo	9	Sweden
Hambo	47	Sweden
Innherredspols	13	Norway
Kujawiak (Kerchief)	12	Poland
Kujawiak No. 3	18	Poland
La Encantada Tango	16	U.S.A./Argentina
Lipa na Marýca	22	Italy
Maxixe	8	U.S.A./Brazil
Neapolitan Tarantella	10	Italy
Palóc Csárdás	9	Hungary
Pariserpolka	12	Norway
Poniewierany	8	Poland
Rórspols	21	Norway
Santa Rita	13	Mexico
Sønderhoning	13	Denmark
Stabberinglender	19	Norway
Tango Campana	11	U.S.A.
Viper Tango	11	U.S.A./Argentina

SETS:		
Black Mountain Reel	13	Scotland
Bratach Bana	9	Scotland
Let's Have a Ceilidh	19	Scotland
Luckenbooth Brooch	8	Scotland
MacDonald of the Isles	17	Scotland
Nessie's Reel	10	Scotland
Picking Up Sticks	11	England
Polharrow Burn	16	Scotland
Rest and Be Thankful	8	Scotland
Thirteen-Fourteen (1314)	12	Scotland
White Heather Jig	13	Scotland

TRIOS:		
Dreisteyrer	14	Austria

The number listed after each dance represents the percentage of dancers who know the dance. 54 teachers submitted dance lists representing 88 groups and 2294 dancers.

Dance tabulation prepared by Larry Miller and Bob Young



## Argentine Tango

**Alberto Toledano and Loreen Arbus** were booked out to perform in Argentina, end of July - all of August. They were the first non-Argentines ever to be invited to perform at the oldest and most prestigious tango festival in Argentina, "X<sup>o</sup> Congreso Nacional del Tango". They received a standing ovation, people stood in line to get their autographs, and their appearance was covered by all the local media. And, in another first for non-Argentines, the renowned stars of "Tango Argentino" and "Forever Tango", Gloria and Eduardo, showcased Alberto and Loreen at their club, "La Galeria Del Tango". Additionally, they were featured in several other shows at various clubs in Buenos Aires.

In July, 1993, **Alberto and Loreen** performed in the Dance Kaleidoscope concert series (now into its 10th year), held at the State Playhouse, in Los Angeles. Every year over 100 companies audition--this year just 26 were chosen. Their performance got a sensational review by Lewis Segal in the Los Angeles Times: "First came deadpan stylists Alberto Toledano and Loreen Arbus in perhaps the most unpredictable drop-dead footwork 'Dance Kaleidoscope' has ever seen."

**ALBERTO AND LOREEN WILL TRAVEL TO YOUR AREA.**

***Don't miss out! ... Most of Nov '93, Jan '94, May '94, and June '94  
already committed...Don't delay, book today!***

**For more information regarding performances, workshops, private lessons, the instructional video and/or interviews, please contact  
Alberto Toledano (818/506-0780).**

***(Spanish . English . French)***

**For television and movie appearances, please contact their agents Julie McDonald/Riley Day of Joseph Helfond & Rix, Inc. (213/464-7167).**



# CLASSIFIED ADS

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**WESTWOOD CO-OP FOLK DANCERS** - meet Thursday nights, 8:00 to 10:45 p.m., Emerson Jr. High School, Selby near Santa Monica Bl., W.L.A. 310-277-6699.

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# FOLK DANCE NEWS

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**Slavonijo** - is a performing Kolo Ensemble doing dances and songs from Croatia, Bosnia, and Macedonia. The highlight of their year last year was dancing in the Ethnic Dance Festival in San Francisco. They are looking for people who like to dance and sing to join their performing group. Rehearsals are held on Monday evenings at Slavonic Cultural Center, 60 Onondaga Avenue, San Francisco, from 7:30-9:30 p.m. They currently do 4-5 performances a year. For more information, contact John Daley at 510-841-0934.

**Greater East Bay Council** - The Concord Folk Dancers will have their party on Sunday, December 5, 1:00 to 4:00 p.m., with refreshments at 2:30. Stan Valentine will call squares, and Jean Williams will emcee. Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord.

**Attention Let's Dance Contributors** - Please note on the inside front cover the change made in deadline requirements for submissions to *Let's Dance*. Previously, we requested that news and articles be submitted by the first day of each preceding month. However, with this deadline, copy has been coming in late, and it has been difficult to get the magazine out on time. From now on, copy should be sent to the Federation Office to arrive on the 25th of the month, 2 months preceding the publication month. For example, copy for the March issue should be sent to arrive on the 25th of January. This will give us more time to put the magazine together and get it printed and mailed so you will receive it before the first of each month. Thank you for your cooperation.

**Alaska!** - Don't miss the boat! Make your plans now to sail through the fabled Inside Passage to Alaska right after the 43rd National Square Dance Convention next June 23-25 in Portland. Imagine the thrill of sailing into pristine Glacier Bay National Park where glaciers plunge into icy blue waters filled with whales, seals, and colorful puffins. Imagine the excitement of setting the hook on an Alaskan King Salmon on a fishing excursion near Ketchikan. There won't ever be a more enjoyable cruise than this ship filled with friendly squares. Since it is the official post-convention cruise for square dancers and their friends, you can expect something special - special

events, special mementos, and an especially low price.

For information on how to book, call Cruise Holidays of Oregon at 800-624-7779, 800-633-2732, or 800-848-7120. This cruise is sure to sell out and space is limited on the ship, so book early. Reservations will be made on a strict first-come, first-served basis. A deposit is required, credit cards are accepted, and a payment plan is available. Bon Voyage!

---

**In Memoriam** - Folk dancers in the Akron, Ohio area were saddened by the loss of Antoinette M. Vydra (Fenello) long-time dancer and wife of Richard Vydra, Director of the Akron Kolo Club. Mrs. Vydra was born in Akron and was a teacher in the Akron public schools for 18 years, and the Cleveland public schools for 10 years. She will be greatly missed by her family and many friends.

---

## Happy Holidays

From Let's Dance

### DON'T FORGET

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makes a great Christmas gift  
for all the folk dance  
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## Lemonia

Epiros, Greece

Lemonia (leh-mohn-YAH), meaning "little lemon tree" is a very popular melody from Epiros, northwestern Greece. It is usually danced as a simple "Sta Tria", or even as a rhythmically modified "Sta Dhio". The version described here, presented at the 1993 Stockton Folk Dance Camp by Joe Graziosi, is from the repertoire of the dance troupe of the Lykiion Ellinidhon of Athens. As is often the case in Epiros, the "Sta Dhio" or "Poghonisios" is added at the end.

CASSETTES: Joe Graziosi, Stockton Camp Tape, 1993, Side A/6; Greek Dances 1992 #2, Side B/5.  
3/4, 4/4 meter

FORMATION: Open circle with hands joined in W-pos or escort hold\*.

\*Described in *Steps and Styling* published by the Folk Dance Federation of California, Inc.

Measures	3/4, 4/4 meter	PATTERN
3/4 16 meas	<u>INTRODUCTION</u> No action. Leader may take 8 meas introduction and dance Part I once more.	
	<u>I. VOCAL</u>	
1-3	Facing slightly R of ctr and moving in LOD (CCW), step on R (cts 1-3); step on L across in front of R (cts 1-3); step on R (cts 1-3).	
4	Turning to face ctr, step fwd on L in front of R (ct 1); step back onto R (cts 2-3).	
5-6	Step on L behind R (cts 1-3); step back onto R (ct 1); turning to face slightly R of ctr, step on L in front of R (cts 2-3).	
7-8	Pivoting to face ctr, step on R to R (cts 1-3); step on L beside R (cts 1-3).	
	<u>II. INSTRUMENTAL</u>	
1-2	Facing ctr, step on R to R (cts 1-3); step on L behind R (ct 1); step on R to R (cts 2-3).	
3-4	Step on L in front of R (cts 1-3); touch ball of R in front of L (cts 1-3).	
	<u>III. INSTRUMENTAL (VARIATION)</u>	
1-2	Repeat Part II, meas 1-2.	
3-4	Step on L in front of R (cts 1-3); step on R in front of L (ct 1); step back on L (cts 2-3).	
4/4	<u>IV. STA DHIO (or DYO)</u> 4/4 (or 2/4) meter, counted here as 1,2,3,4 = S,Q,Q	
1	(Begins with meas 2 of Poghonisios) Facing ctr, step on R to R (cts 1-2); step on L across behind R (ct 3); step on R to R (ct 4).	
2	Step on L across in front of R (cts 1-2); step on R to R (ct 3); step on L across in front of R (ct 4).	

DANCE SEQUENCE: Part I (3x); II (4x); I (3x); III (4x); I (3x); II (4x); I (3x); IV (4x).

# OPA! FOLKLORE STUDIES

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by Rae Tauber

JASZBERENY, HUNGARY: A Folk Art Fair in conjunction with the Csango Festival last August brought many of the Csango people from Transylvania. With them came a diverse collection of costumes and costume pieces, wood carvings, unusual older pieces of pottery, beaded necklaces, woven runners and wall hangings. Friday afternoon, this collection was casually arranged near the hotel on the local street. Villagers spoke of difficult economic times and how their children and grandchildren were trying to seek a better life in Hungary. While the ties to their "homeland" remain strong, folk art is diminishing as the older skilled craftsmen pass on and supplies for making the embroidered and beaded pieces are in short supply.

The same appears to be true in Romania. Villagers welcomed us into their homes to show and sell costume pieces from earlier generations. Particularly beautiful were the "sit-upons", the front and back aprons which are worn over an embroidered chemise. At the painted monasteries in the north, women used fences to display their collection of hand-work. It is possible that the immediate connection of people to their folk art will be supplanted by professional costume makers servicing the performing groups. The most significant and characteristic pieces will find their way into the folk art museums. The group had an excellent lecture/demonstration of costumes at the Deri Museum in Debrecen, Hungary. These pieces had to be brought out of storage, as there is no room to display them.

TAPÉ, HUNGARY. Gypsy musicians lead Csango choral group from church to the local czardas for a goulas party. While we listened to the group in church, the gypsy band waited outside. Although Christian, they do not enter churches other than their own. They played non-stop at the party, with the singers breaking into small groups and recalling their archaic musical heritage in four and six part harmony. The band was in the courtyard and when the huge goulas kettles ran out, the dancing started. There were some really fine local dancers, and many of our group joined in.

BISTRITA, ROMANIA. This group of Romanians gave us a full program; evening performance followed by a party where everyone joined in. In the morning they held a workshop, followed by a light lunch, and an opportunity to buy costumes which had been collected in neighboring villages. We then visited a nearby town, were welcomed into homes to visit (and buy costumes) and as it was St. Mary's Day, also went to church. The dancers are an amateur group with few opportunities to perform these days, so considered our visit an real highlight.



## Picking Up Sticks

(England)

Originally titled "Picking of Sticks" and published in *The English Dancing Master* (1st Ed. 1650), the title was changed by Cecil Sharp to "Picking Up Sticks," and published in *The Country Dance Book, Part 4* (1916). He used the tune from another dance, "Lavena." Elsie Whiteman of the Benacre Band introduced the tune of "Kitty Magee," which is sometimes played for the third figure of the dance. The dance notes and a summary of the research on this dance are presented in *The Playford Ball, 103 Early English Country Dances*, by Kate Van Winkle Keller and Genevieve Shimer (1990).

MUSIC: *Country Dance Tunes, Set VII* by Cecil J. Sharp has the tune "Lavena." "Kitty Magee" is in *Community Dances Manual 5* from EFDSS. *English Country Dance Tunes* by Peter Barnes gives both tunes.

RECORD: CDS-7 "Popular English Country Dances of the 17th and 18th Centuries" Side A/3; Country Dance Series #3 (45 rpm); Folkraft 1410X45; EFDSS PLA3 Side B/2. 6/8 meter

FORMATION: Longways for three couples, facing the head of the hall, inside hands joined.

STEPS and Skip\* (2 to a meas): Step (cts 1-2); hop (ct 3); repeat (cts 4-6).

STYLING: Walk\* or Run\* (2 to a meas): Step on cts 1,4.

Forward a Double and Back: Move fwd with three light springy steps (usually R,L,R) and a close with L (2 meas); move bkwd three steps (L,R,L) and close with R (2 meas). Can also be danced with four steps fwd and four steps back, or with a small, light balance (three quick steps) instead of the last step and close.

Arm R: Ptrs move fwd, hook R elbows and turn once around CW with six light springy steps (meas 1-3). Without changing step or rhythm release arm hold and move back into original position with two more steps (meas 4).

Arm L: Repeat action, but hook L elbow and turn CCW.

Siding: A movement of courtesy keeping eye contact with ptr. Moving in a CCW arc dance Forward a Double, exchanging places with partner (2 meas). Retrace pattern, moving in a CW arc to return to orig pos (2 meas).

Slipping: Move sideward by springing to side on the leading ft (cts 1-2); step on the trailing ft next to the leading ft (ct 3); repeat (cts 4-6).

Steps are light and springy, posture erect, movements flowing. Make eye contact with other dancers whenever possible. Free hands are relaxed at sides.

\* Described in *Steps and Styling*, published by the Folk Dance Federation of California, Inc.

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MUSIC	6/8 meter	PATTERN
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Measures

INTRODUCTION. No action. Introduction varies with recording.

I. FORWARD A DOUBLE AND BACK; DIAGONAL CHANGE.

1-8 Joining inside hands, all lead Forward a Double and Back. Repeat.

- 9-12 M1 change places with middle dancer on the opposite side passing R shldr (4 running steps), then with the last dancer on his own side (again passing R shldr with 4 running steps).
- 13-16 Joining inside hands, all lead Forward a Double and Back.
- 17-20 W1 change places with middle dancer on the opposite side passing R shldr, then with the last dancer on her own side (again passing R shldr).
- 21-24 Joining inside hands, all lead Forward a Double and Back.
- 25-32 Repeat meas 9-16 with W2, now at the top on M's side, changing places.
- 33-40 Repeat meas 17-24 with M2, now at the top on W's side, changing places.
- 41-48 Repeat meas 9-16 with M3, now at the top on M's side, changing places.
- 49-56 Repeat meas 17-24 with W3, now at the top on W's side, changing places.

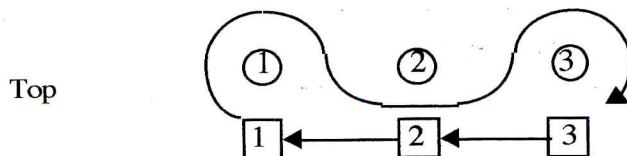
## II. SIDING; SLIPPING AND SKIPPING.

- 1-8 Siding with ptr twice.
- 9-10 Cpl 1 join both hands and Slip down the ctr four steps between Cpl 2 *while* Cpl 2, facing across the set, Slips up four steps on the outside into Cpl 1's place.
- 11-12 Repeat meas 9-10 with Cpl 2 joining hands and Slipping down the ctr *while* Cpl 1 Slips up the outside.
- 13-16 Repeat meas 9-12.
- (9-16) **Meanwhile**, Cpl 3, cross passing R shldr and skip around the outside of the set, crossing again at the top passing R shldr, and returning to place.
- 17-24 Repeat meas 9-16 with Cpl 3 beginning by Slipping up the ctr, then down the outside *while* Cpl 2 Slips down the outside, then up the ctr and Cpl 1 skips around the outside of the set.

## III. ARMING; SHEEPSKIN HEY.

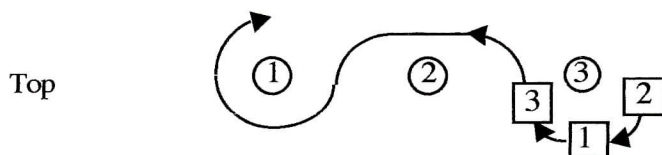
- 1-8 Ptrs Arm R, then Arm L.
- 9-12 W remain in place while M dance the Sheepskin Hey.

M Sheepskin Hey (skipping): M 1, followed by M 2 and 3, dance across top of set and pass behind W 1, between W 1 and 2, in front of W 2 and between W 2 and 3. M 1 and 2, upon reaching W 3 pass CW around her.

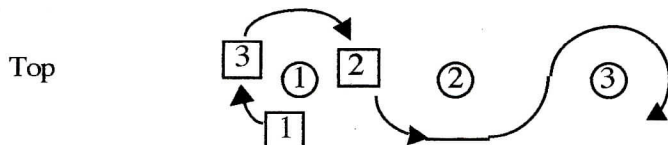




M 3, instead of following M 2, passes CCW completely around W 2 and faces up, thus becoming the leader.



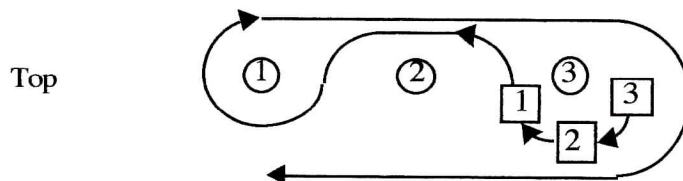
- 13-16 M 3, followed by M 1 and 2, continues weaving to the top, and M 2, who is last in line, instead of following M 1 around W 1, passes CCW around W 2 and faces down, thus becoming the leader.



- 17-20 M 2, followed by M 3 and 1, continues weaving to the bottom, and M 1, who is last in line, instead of following M 3 around W 2, passes CCW completely around W 2 and faces up, thus becoming the leader.

- 21-24 M 1, followed by M 2 and 3, continues weaving to the top of the W line.

- 25-32 M dance CW around W 1, dance down the outside of W line, across the bottom of set and up to original places.



- 33-56 W repeat Sheepskin Hey (mirror image) while M line remains in place.

On final chord acknowledge ptr.

Description written October 1993.

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# CALENDAR of EVENTS

Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444

Dec 4 Sat	SACRAMENTO	Kolo Koalition party; 916-923-1555
Dec 4 Sat	VINEBURG	Napa Val. F.D. Party, Schaal Hall, 707-258-0519
Dec 4 Sat	PENINSULA	Palomanians F.D. Party; 415-333-2210
Dec 5 Sun	SONOMA	FEDERATION TREASURER'S BALL Veterans Memorial Bldg. 126- 1st St W 1:30 - 5:30; \$5.00 donation. PRIZES
Dec 5 Sun	SUNNYVALE	Beginning International Folk Dance Party, Sunnyvale Community Center 408-395-8026, 408-730-7350
Dec 11 Sat	PALO ALTO	Los Quadros party, 1st Cong. Church 415-493--5033
Dec 11 Sat	MENLO PARK	Folk Dance Party at Recreation Center 415-327-0759
Dec 11 Sat	SACRAMENTO	Pairs & Spares, Babcock School 916-455-5000
Dec 11 Sat	SACRAMENTO	New England Dance, School; 916-481-1974, 916-736-0845
Dec 11 Sat	PETALUMA	Folk Dance Party, La Tercera School 707-546-8877
Dec 11 Sat	SAN JOSE	Santa Clara Valley Folk Dance Party First Christian Church
Dec 16-19 Th,F,S,S	EAST BAY	"REVELS" benefit programs, pre- Christmas celebrations. 510-526-3575, 510-841-6628
Dec. 17 Fri	SAN FRANCISCO	Changs Annual Christmas Party 415-661-9426
Dec 18 Sat	SACRAMENTO	BBKM (Balkan) Party; 916-923-1555, 916-482-2491
Dec 18 Sat	SUNNYVALE	Scandinavian FD Party, Masonic Temple 415-323-2226
Dec 18 Sat	PENINSULA	Council Folk Dance Party 408-252-8106
Dec 18 Sat	SANTA ROSA	Folk Dance Party, Piner School 707-546-8877
Dec 31	NEW YEAR'EVE PARTIES	Marin's Karlstad Ball 415-388-2170 Peninsula 415-348-7834 Menlo Park 415-327-0759
1994 Jan 14-15 Sat Sun	REDWOOD CITY	PENINSULA FOLK DANCE COUNCIL FESTIVAL honoring our Greek heritage. Veterans Memorial Building. A new wrinkle - judging of costumes.



# CALENDAR of EVENTS SOUTH

Note: Federation events are in bold type.

\*\*\* Call to confirm all events

## DECEMBER

1-11 Workshops in Greek Dancing with Joe Graziosi.

1 Sacramento

3 South Bay FD - Torrance

4 FD Center - San Diego

7 Tuesday Gypsies-Culver City

8 Cafe Danssa - West LA

9 Westwood Co-op

10 Kypseli Greek Dancers - Pasadena

11 Veselo Selo - Fullerton

Info:(818) 774-9944.

4 Israeli Folk Dance Party with David Edery. Westside Jewish Community Center. 8:00. Info:(213) 938-2531, X2228.

4 The Chieftains, traditional Irish music concert. Royce Hall, UCLA. 8 pm. Info: (310) 825-2101.

4 Czech & Slovak Dances taught by Richard Duree. 1:30-4:30 at Hillcrest Rec. Ctr., Fullerton. Info: (714) 641-7450.

4 No Strings Attached, house concert by California Traditional Music Society, 8:00. Info: (818) 342-SONG.

30-Jan.2 New Years Camp at Hess Kramer, Malibu. Folk and contra dancing, music, singing, crafts. Info: California Traditional Music Society, (818) 342-SONG.

31 Veselo Selo New Year's Eve Folk Dance Party, 8:00-1:00am. Hillcrest Rec. Ctr. 1155 N Lemon St. Fullerton. Info: (714) 254-7945.

31 Pasadena Co-op New Year's Eve Party, 8:00. Westminster Presbyterian Church, 1757 N. Lake. Info: (818) 794-9493.

## 1994

## JANUARY

3-15 Macedonian and Bulgarian Workshops with Ventsi Sotirov.

3 San Pedro Balkan Dancers

4 Cal Tech FD - Pasadena

5 Cafe Danssa - West LA

8 Veselo Selo - Fullerton

10 Conejo Valley FD - Thousand Oaks

14 UC Riverside FD

15 Folk Dance Center - San Diego

Info:(818) 774-9944.

8 Czech & Slovak Dances taught by Richard Duree. 1:30-4:30 at Hillcrest Rec. Ctr., Fullerton. Info: (714) 641-7450.

8 Israeli Folk Dance Party with David Edery. Westside Jewish Community Center. 8:00. Info:(213) 938-2531,X2228.

9 Pasadena Co-op's Winter Festival, 1:30-5:30. Glendale Civic Auditorium. Council meeting at 11. Info: (818) 794-9493.

29 Masters of the Banjo at CalTech. Info: (818) 395-3700 or 395-4652

## FEBRUARY

6 The Yakut Dance Company of Siberia. 2 pm. Pasadena Civic Aud, 300 E. Green St., Pasadena. Info: (818) 304-6161

11-13 Laguna Folkdance Festival, Ensign Intermediate School, 2000 Cliff Dr, Newport Beach. Workshops with Joe Graziosi and Dick Crum. Festivals, after-parties, concert. Info:(714) 646-7082.

12 Israeli Folk Dance Party with David Edery. Westside Jewish Community Center. 8:00. Info:(213) 938-2531, X2228.

13 Peking Acrobats. 2 pm. Pasadena Civic Aud, 300 E. Green St., Pasadena. Info: (818) 304-6161

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# Where to Dance in Sonoma County

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## MONDAY

Scottish Country Dance  
7pm Beg 8:30 Int  
Santa Rosa Senior Center  
704 Bennett Valley Rd., Santa Rosa  
Ron: (707) 887-2082

Scandinavian Dance  
7pm Beg - Adv  
Santa Rosa Vets. Bldg  
1351 Maple Ave., Santa Rosa  
Dean Linscott (707) 546-2434

SRJC Greek/Balkan  
6:45pm Beg Greek  
8:30pm Adv Balkan  
Hermann Sons Hall  
860 Western Ave., Petaluma  
Carol Hirsh

International  
7-9pm Beg - Int  
Sebastopol Vets. Bldg  
282 S. High St., Sebastopol  
Joan Marler-Smith

## TUESDAY

Santa Rosa Folk Dancers  
7-9:30pm Beg - Adv  
Kawana Ele. School  
2121 Moraga Ave., Santa Rosa  
Elsa Bacher (707) 546-8877

SRJC International  
6:30-8:30 Int  
Santa Rosa Jr. High School  
500 E St., Santa Rosa  
Marilyn Wathen

SRJC Greek  
7-9pm Beg  
Vintage House  
264 1st St. E, Sonoma  
Carol Hirsh

Napa Valley Folk Dancers  
7-10pm Beg - Int  
First Presbyterian Church  
1333 3rd St., Napa  
Charles Emerson (707) 258-0519

## WEDNESDAY

SRJC Greek/International  
6-8pm Greek  
8-10pm International Int  
Hermann Sons' Hall  
860 Western Ave., Petaluma  
Carol Hirsh

Kawana Folk Dancers  
7-9pm International/Line  
Santa Rosa Senior Center  
704 Bennett Valley Rd., Santa Rosa  
Edith Mager (707) 545-2745

Petaluma/Novato International Folk Dancers  
8-10:30pm Beg - Adv  
Lynwood School  
1320 Lynwood Dr., Novato  
Frank Bacher (707) 546-8877

International  
7-9pm Beg  
Odd Fellows Hall  
First St., Guerneville  
Morris Dab (707) 869-0285

## THURSDAY

SRJC International/Balkan  
5:30-7:30 Beg International  
7:30-9:30 Adv Balkan  
Santa Rosa Jr. High School  
500 E St., Santa Rosa  
Marilyn Wathen

Napa Valley Folk Dancers  
2-5pm Beg - Int  
The Meadows  
1800 Atrium Prkwy., Napa  
Marvel De Lonzor (707) 252-4719

SRJC International/Balkan  
6:30-8:30 Int  
8:30-10pm Adv  
Vintage House  
264 1st St. E, Sonoma  
Carol Hirsh



## FRIDAY

Santa Rosa Country Dance Society  
7pm Early Amer. & English Contras  
Willowside Middle School Gym  
5285 Hall Rd., Santa Rosa  
Robin Cohen (707) 792-1877

Napa Valley Folk Dancers  
9-Noon  
Rancho de Napa Mobilehome Park  
6468 Washington St., Yountville  
Charles Emerson (707) 258-0519

## SATURDAY

International Folk Dance Parties 8-11:30pm  
First Sat.: Schaal Hall, Vineburg  
Second Sat.: Hermann Sons' Hall, 860 Western Ave., Petaluma  
Third Sat.: Piner Elementary School, 2590 Piner Rd., Santa Rosa

## SUMMER

Snap-y Dancers Mondays  
7-9:30pm  
Hermann Sons' Hall  
860 Western Ave., Petaluma

Snap-y Dancers Thursdays  
7:30pm  
Vintage House  
264 1st St. E, Sonoma

CONSULT LOCAL PAPER FOR:  
Square Dancing

Every night of the week, all levels, various cities.

## Country Western

Every night, mostly in clubs and restaurants.

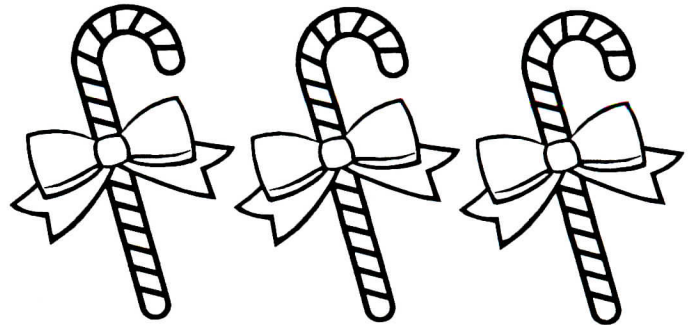
## Line Dancing

Various times and locations. (Means no-partner popular dance routines, not Balkan folk dancing.)

Beg = beginner; Int = intermediate; Adv = advanced; SRJC = Santa Rosa Jr. College  
Prepared by Frank and Elsa Bacher, Redwood Council of Folk Dance Clubs

**Happy  
Holiday  
Dancing**

**Wes Takara**



# Treasurer's Ball

---

Veterans Memorial Bldg.  
126 1st Street West  
Sonoma, CA

December 5, 1993  
1:30 - 5:30 p.m.  
Federation Meeting, 11:45

**COME ONE COME ALL!**

Donation \$5.00  
1st Prize - \$100.00



## A Message from the Treasurer

This year has flown by so quickly. I find it hard to believe that plans are again being made for the annual Treasurer's Ball. This year it will be held on December 5th, at the Veterans Building, 126 1st Street, Sonoma. Dancing will be from 1:30 to 5:30 p.m. Frank Bacher will provide the usual fine dancing program.

There will be a raffle drawing as before. The Federation has donated \$100, and a folk dancer will give a \$50 cash prize as well. We also have a convection oven to give away - a value of well over \$100! These prizes should provide a great incentive to purchase lots of raffle tickets. There will also be many door prizes as well as homemade cookies and coffee to go along with the fun you will have on that day. Be sure to mark your calendar so that you don't miss this special event. See you ALL on December 5th!

Page Masson, Treasurer



# Changs and the First World Dance Congress

---

by Sam Kermoian

Delegates from around the globe gathered in San Francisco on October 20-24, 1993 for the First World Dance Congress at the call of the Founder and Director, Professor Nontsizi Cayou of San Francisco State University.

The primary goal of the gathering was to further a broad international network and to improve the status of dance as an art form. The discussions and demonstrations were focused on the theme: Urgent Issues in Dance -- Its survival, preservation, and future. The panel discussions and demonstrations and dance concerts with experts and artists from various regions of the world, were all held at the new and beautiful Yerba Buena Center for the Arts.

Welcoming addresses included thoughts from numerous representatives of dance organizations selected for their activities in the field of dance. These representatives were called "custodians of dance" and were invited to enter into any discussions with appropriate ideas. CHANGS INTERNATIONAL FOLK DANCERS, INC., as the first club of its kind, was invited to participate as one of the custodians and to make a few comments on the focus of dance survival. Jeanie Kermoian, current President of Changs, prepared and presented the following:

I am here today representing CHANGS INTERNATIONAL FOLK DANCERS, INC. We are a club devoted to learning folk dances of all countries around the world. We have been in continual operation for 55 years and received the 1992 Isadora Duncan Award for Sustained Achievement.

According to Grace Perryman Nicholes, our first elected president, our founder Song Chang agreed to the use of his name without the apostrophe. He said the dancers did not belong to him but to the world. I am sure that all of us here today feel that dancing is a wonderful gift to the world.

If we truly believe this, the focus for the future survival of dance must be in education. Dancing, as is true of all the arts, must not be considered a frill to be abandoned when the money gets tight. Education will have to embrace dancing as earnestly as reading and writing, an integral part of every child's curriculum from early childhood--ongoing and continuous through all school years and carrying through adult life. Through dance the child finds a freedom of expression and through that freedom discovers his true self. This often serves as a springboard for success in other areas.

After retirement many senior citizens return to interests that were kindled early in life. I do not know any who do arithmetic for fun but I do know many who dance for pleasure and self-fulfillment in their personal lives. The aged Hawaiian women say that when they are too old to stand on their feet they can still dance with their arms and hands.

Dance should accompany us through life's journey.



FOLK DANCE FEDERATION  
OF CALIFORNIA, INC.

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## Statewide 1994 - International Mayfest

Mark you calendar! Make your plans! The time and place for Statewide have been set. In 1994 Statewide will be held on the campus of the College of Notre Dame in Belmont, Memorial Day Weekend, May 27, 28, 29, and 30, 1994. The theme -- International Mayfest.

Centered on the magnificent Ralston Hall, the College of Notre Dame is 85 acres of secluded countryside in Canada del Diablo, half way between San Francisco and San Jose. Originally built in 1850 as a country villa, it was acquired by energetic Bank of California founder William Chapman Ralston and his wife Lizzie Fry in 1864. They expanded the villa to its present design, an imposing four stories, 55,000 square feet, and 81 rooms, plus a dairy and stable. In spite of its size, Mary Ellen Bolying, the present curator, insists that the house "has the feeling of a home...You will hear people say it is haunted," she continued, "I say it has many benign presences ... I never feel afraid."

Lost to the family after Ralston's death, the property was purchased for a college in 1922 by the San Jose-based Sisters of Notre Dame de Namur. It has been declared a Registered National Historic Landmark and a California State Historical Landmark.

Plans for 1994 include an institute (teachers are still being confirmed), a concert, picnic, dancing in two rooms, and (of course) after parties. In addition, the Duquesne University Tamburitians will be in concert Thursday, May 26, 1994, the day before Statewide begins, in the nearby community of Mountain View.

Plan to join us at this extraordinary location for Statewide 1994! And watch for more information in upcoming issues of *Let's Dance*.