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IN THIS ISSUE: Costumes of Peru America Dancing Index 1992

THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

### Let's Dance

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#### **NEW INFORMATION**

SUBMISSION DEADLINE: Submission deadline for each issue is the 1st day of the preceeding month.



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**On our cover:** Happy Holidays from *Let's Dance* 



# President's Message

It is difficult for me to realize that another year is finished and we are looking forward to 1993 with our annual scheduled events. We will be experiencing a few changes in some of our regular activities due to the lack of location and high rent costs, so we need to <u>fully support</u> each function scheduled. How else are we going to promote folk dancing?

I appreciate some of the fine suggestions I have been receiving and will try to incorporate them in the months to come. We need to attract more young people into folk dancing and hopefully develop new teachers. This might mean a restructure of Steps & Styling and a teacher training workshop combination to get more teachers. Eunice Udelf, President of the South, is working along these same lines. We have been discussing a multicultural event for the entire State of California, where each and every dance group can plan a dance on the same date.

Some of you might have seen the article in *VITLIS*, "America Dancing," set for April and May, 1993. The Public Broadcasting System will air this extraordinary 8-hour series exploring the diversity of dance as cultural expression throughout the world. It is a co-production of WNET (New York), RM Arts, and the BBC, and is called simply "Dancing." It will attempt to illustrate the many ways in which dance reflects life. All High Schools in America have been sent visual material and a 20-page curriculum guide which can be integrated into Social Studies or Dance. Why can't we get involved in something like this? It is already set up and ready for action.

We are also hoping to explore obtaining funds from grants to help us promote folk dancing with more free activities. With the cooperation of all you fine people, we can give the Federation a big push, shift gears, and get our show on the road. Many thanks for your support.

Fran Ajoian, President

# America Dancing

In April and May of 1993, the Public Broadcasting System will air an extraordinary eight-hour series exploring the diversity of dance as cultural expression throughout the world. It is a co-production of WNET (New York), RM Arts and the BBC. Called simply <u>Dancing</u>, it will attempt to illustrate the many ways in which dance reflects life.

In conjunction with this series there will be another first: a nationally-coordinated but community-designed educational and audience development campaign for dance, called <u>America Dancing</u>. Objectives include to encourage collaboration between public TV stations' outreach departments and the dance resources in their communities, to broaden awareness of the multicultural diversity of dance, and to make dance a more important part of community life.

Those involved in dance are encouraged to increase their own outreach efforts -- establishing educational programs, making dance more accessible, taking on greater social responsibility. Representatives of community folk dance organizations should contact their affiliate station's community outreach coordinator to make known the folk dance resources which are available and to participate in any meetings the affiliate may hold with the local dance community. (If the station does not have funds to produce a follow-up program about the local dance scene, some ideas are: ask for "spots," or at least a "trailer" showing names and phone numbers of local nonprofit dance organizations which viewers can contact for further information; volunteer your assistance; invite station personnel to an event.)

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All high schools in the U.S. have been sent visual materials and a 20-page curriculum guide, which can be integrated into Social Studies or Dance. Staff expertise in folk dancing is probably lacking. If you can help, let your local schools know! Here is an opportunity to arouse young people's interest in traditional forms of dance. If a high school has not received the materials, the contact is: <u>Dancing</u> Educational Materials, Educational Publishing Dept., P.O. Box 245, Little Falls, NJ 07424-9876.

According to the series overview, in general, the first program will convey the primal power of dance; the second will explore how religions have shunned dance or combined it with worship; the third will examine the central role dance played in royal courts; the fourth will look at social dancing; the fifth will explain how the rise of the middle class changed theatrical traditions; the sixth will illustrate the cultural fusion which shaped the popular dances of the New World; the seventh will showcase the modern phenomenon of the individual artist creating dance; and the final program will ask whether we are racing toward a single global culture or whether ancient dance traditions will continue into the 21st century. Although it appears that there will be some emphasis on dance as performance, many of the topics could transition nicely into participatory folk dancing.

The <u>Dancing</u> series is intended to create public interest in and awareness of dance. The <u>America Dancing</u> campaign is meant to reach out beyond the airwaves to involve people in dance. A unique opportunity presents itself. Now is the time to get all of America up and dancing!

By Donna Hurst

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# Costumes of Peru

# by Sharen Skorup

Peru is the third largest country in area on the South American Continent. It is a land of cold and forbidding mountain regions, vast deserts and hot, humid plains, and jungles. Peru is still the most populus and biggest of the Andean nations. The art of weaving and dyeing, and the use of colors and patterns, all showing the strong Inca influence, are still in use in Peru today; also reflected is European influence in the costumes.

The colors and decorative motifs also indicate where the textile came from. Throughout the Andes, traditional dress is still worn. The women wear a double shawl; the small one, the *lliclla*, protects from the cold and is often fastened with a pin called a *tup*. This ornament in ancient times was made of silver. The larger shawl, the *inkuna*, is for carrying objects. The design of the *lliclla*, radiates from a symmetrical axis that separated two bands of complicated motifs. The background is dark, in most cases black. These double-warped weavings demonstrate the excellence of the Cuzco weavers.

The sashes and ornamental borders of the *llicllas* and the *inkunas* relate true incidents of marriages, deaths, epidemics, etc. The color of the sash indicates who it belongs to: green is for a child, blue is the color of the shaman, and a belt of vague or indefinate color is an adult. These ceremonial items which belong to people who are important in the community, may never fall into the hands of strangers. The only way thay may be discarded is by being burned or buried.

The women wear full, gathered, hand woven skirts; black is the most popular color. A touch of color is introduced in the trimming on the jacket and on the bright border of the hem. Women in the mountain regions like green or blue skirts. For weddings, red is used in place of the black and colored skirts.

Skirts of all different colors are worn one on top of the other, which is effective for dancing the huayano. The numerous skirts also give added warmth in the winter. White or brightly colored green or blue blouses are worn. These can either be worn separately or under jackets. A *mantas*, or short cape, is worn either around the shoulders or over the head. If it is worn over the head, it is fastened under the chin. Made in a woolen material, it reflects Spanish influence.

The men wear calf-length or long trousers, usually black. These are worn with a shirt, coat, or waistcoat. Over a colored sash a belt is sometimes fastened. A brightly colored *poncho* or open *serapes* are an essential part of the costume.

A flat hat with a slightly turned up brim is worn. It can be worn either over the *manta* or cape or over the *chollo* or knitted helmet. The designs on the *chollo* indicate their wearer's place of origin. Sometimes a felt hat is worn in light brown or black. One hat is often worn on top of another. They are seldom removed except to sleep. If the hat has flowers, it means that the wearer requires a husband. The feet are bare or sandles are worn. Both men and women carry small striped scarves in which they carry money, coca, and even amulets. In other regions of the Andes, money is carried in pouches or bags called *chuspa*. It is an essential item since the traditional costume has no pockets. It has small flaps into which amulets can be tucked to prevent them from being stolen.

The residents of the jungle use lightweight cotton and linen for making their fabrics. Textiles, although sometimes embroidered or appliqued, have painted motifs. Textile decoration is linear like on their pottery. It may seem to the casual observer just to be geometric design. It is really designed to worship the gods, even on items of everyday usage.

For their celebrations and religious processions, special costumes are worn. These highlight the Indians' love of color as well as festivities.



#### Sources:

Lands and Peoples V. VII., NY, Toronto: Grollier Society, 1938. Wilcox, Ruth Turner, Folk and Festival Costumes of the World, NY: Scribner 1965. Harrold, Robert, Folk Costumes of the World, Blandford Press, 1978. Panyella, Augusto, Folk Art of the Americas, Abrams 1981.

## Thank You, Delegate Assembly!

The Delegate Assembly has awarded the Costume Research Committee \$250.00 to put our list of authentic or good reproduction folk costumes on computer. If you have a costume suitable for our list, please fill out a post card or 3 x 5 file card as in the example below and mail to: Barbara Lynch, 1719 Capella Ct., Petaluma, CA 94954. This list will be available to members of the Federation who might wish to do research or to put on a fashion show. If you do not wish to have your costumes used in either of these two ways, please say so on the card. The Costume Committee is ready and able to give you advice about cleaning, mailing, and storing your costumes also.

			Estimate Date
Original/Repro		Sex	Size
Owner Name	last	first	Phone
Address			
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festival, wedding	, iunerai.		
iestival, wedding	, iunerai.		

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#### FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE: Bill Wenzel, Carol Wenzel, Ruth Ruling

#### Hora lăutărească de la Mitreni (Romania)

Hora lăutărească de la Mitreni (HOH-rah luh-oo-tuh-reh-AHS-kah deh la mee-TREHN), from Muntenia, was introduced by Theodor Vasilescu at the 1992 University of the Pacific Folk Dance Camp. The lead instrument is the pan pipe; but the music is in the style of the musicians (lăutăr) who played traditional folk music on stringed instruments including the lute (lăută) or violin.

CASSETTE:	Theodor Vasilescu, Romanian Folk Dances, Stockton '92, Side A/10.	2/4 meter

FORMATION: Closed circle of dancers with hands joined in W-pos.

STYLING: Arms in W-pos move down and up with body as knees flex softly.

MUSIC	2/4 meter	PATTERN	
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Measures

16 meas INTRODUCTION No action.

#### I. GRAPEVINES FROM SIDE TO SIDE

- 1 Facing ctr and leaning slightly to right, touch ball of L to L (ct 1); facing slightly L of ctr, step on L behind R (ct 2).
- 2 Moving to R (LOD), step on R to R (ct 1); turning to face diag R, step on L in front of R (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-6 Repeat meas 1-2.
- 7 Step on R to R (ct 1); turning to face diag L, step on L behind R (ct 2).

8-13 Repeat meas 2-7.

- 14 Facing LOD, move fwd with a long step on R, bending knees (ct 1); step fwd on L (ct 2); step on R beside L (ct &).
- 15 Repeat meas 14 with opp ftwk.
- 16 Repeat meas 14, turning on last ct to face ctr as arms come down and back.

Hora lăutărească de la Mitreni p2

#### II. FORWARD-BACK AND CCW BOX

- 1 Move fwd with a long step on L twd ctr, extending arms fwd slightly above head level with elbows straight (ct 1); lifting slightly on ball of L, bend R knee, bringing foot behind L knee (ct 2).
- 2 Move back with a long step on R, arms move down and back (ct 1); step on ball of L beside R (ct 2); step on R in place (ct &).
- 3 Move fwd with a long step on L, bringing arms fwd into W-pos, and raising bent R knee close beside L knee (ct 1); lift on ball of L, pivoting CCW as raised R knee remains close beside L knee (ct 2).
- 4 Facing diag L and moving in RLOD, step on R (ct 1); step on L (ct 2).
- 5 Step on R, turning CW to face ctr (ct 1); lift on ball of R raising bent L knee (ct 2).
- 6 Move back with a long step on L (ct 1); lift on ball of L, raise bent R knee, and pivot CW to face diag R (ct 2).
- 7 Moving in LOD, step fwd on R (ct 1); step fwd on L (ct 2).
- 8 Step fwd on R (ct 1); pivot CCW to face ctr, lifting on ball of R and bending L knee, as arms come down and back (ct 2).
- 9-16 Repeat meas 1-8.

#### III. STAMPS AND CROSSED LEGS

- Facing ctr, stamp L slightly fwd L, taking wt with bent knee, as arms are raised slowly in front (ct 1); raise arms to shldr height with elbows straight as bent R leg moves fwd to left in CCW arc (ct 2).
- 2 Placing R ft against L side of L ft to share wt, straighten legs, bend fwd from hips, and bend arms into W-pos (ct 1); holding positions of body and arms, shift wt to R ft (ct 2); stamp L near heel of R without wt, as arms extend fwd (ct &).
- 3 Move back with a long step on L, as arms come down and back (ct 1); step on R next to L (ct 2); step on L in place (ct &).
- 4 Extending arms fwd, step on R fwd slightly to L (ct 1); step on L next to R (ct 2); step on R in place (ct &).
- 5-12 Repeat meas 1-4 twice, except that arms are already raised on meas 5 and 9.
- 13-15 Repeat meas 1-3, except that arms are already raised on meas 13.
- 16 Raising arms fwd, step on R fwd slightly to L (ct 1); with arms in W-pos, stamp L next to R without wt (ct 2).

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Dance sequence: Dance pattern three times as written.

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### INTERNATIONAL CUISINE

Vi Doxhoimor

#### FINLAND

May Day is an important occasion for celebration in Finland. The night of April 30 is spent in reveling, and on May 1 the festivities begin. This includes folk dancing, singing, drinking sima, and eating crullers.

Bread, pancakes, and puddings are important at all meals.

#### FINNISH SPINACH PANCAKES

- 1 cup milk
- 1 teaspoon salt
- 1/8 teaspoon grated nutmeg
- 1 cup flour
- 2 tablespoons melted butter
- 2 eggs
- 1 teaspoon sugar
- 1 package frozen chopped spinach, thawed and drained Butter

Season milk with salt and nutmeg. Sift in flour, a little at a time, beating constantly. Stir in melted butter. Let mixture stand for 30 minutes to 1 hour. Beat eggs with sugar and stir into batter. Add spinach.

Cook pancakes in buttered pan. In Finland, these pancakes are served with lingonberries.

#### FINNISH SOUR POT ROAST

- 1 4-pound beef round
- 2 quarts beer
- 2 cups cider vinegar
- 1 cup sugar
- 1 teaspoon salt
- 1 teaspoon peppercorns
- 1 teaspoon allspice
- 1/2 teaspoon ground ginger
- 2 teaspoons bottled horseradish
- 12 juniper berries, crushed

Trim beef of excess fat. Combine all other ingredients. Place meat in a deep bowl. Pour marinade over meat. Let stand in refrigerator for 5 days. Rinse, dry, and pot-roast in the usual manner, i.e., simmer, covered, for about 2 hours, until meat is tender.

- 1 pound mushrooms Lemon juice
- 2 tablespoons grated onion 1/2 cup butter
- Salt and pepper to taste
- 2 tablespoons flour
- 2 cups heavy cream
- 4 egg yolks, beaten lightly
- 1/4 cup fine dry bread crumbs

Trim mushrooms and slice thin. Sprinkle with lemon juice. Simmer, with onion and 1/4 cup butter, tightly covered. Season with salt and pepper and stir in flour. Cook about 3 minutes. Place in a 2-quart baking dish. Beat together cream and egg yolks. Pour mixture over mushrooms. Sprinkle with bread crumbs and dot with remaining 1/4 cup butter. Bake in a 425° oven for 10 minutes or until aolden brown.

#### FINNISH FRUIT PUDDING

1 11-ounce package mixed dried fruits 2 cups water, or more 1 cup corn syrup 1/4 cup guick-cooking tapioca 1/4 teaspoon ground cinnamon 1/4 teaspoon grated nutmeg 1/8 teaspoon salt Whipped cream

Combine fruit and water; simmer over low heat for 30 minutes. Drain; reserve fruit and liquid. Add enough water to fruit liquid to make 1=1/2 cups. Add the syrup. Combine tapioca, cinnamon, nutmeg and salt and stir into fruit liquid. Bring to a boil over medium heat. Remove from heat and let stand until slightly thickened. Pour half of the tapioca into a serving dish. Arrange fruit over tapioca. Cover with remaining tapioca. Cool. Serve with whipping cream.

#### MAY DAY CRULLERS

3 eggs

5 tablespoons granulated sugar 1-3/4 cups sifted flour 1 cup heavy cream 0il for deep frying

Confectioner's sugar

Beat eggs with granulated sugar until thick. Alternately stir in flour and heavy cream. Beat until smooth. Heat oil for deep-frying to 380°. Spoon bat-

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ter into pastry tube. Squeeze batter into oil in a crisscross stream to make a circle the size of a doughnut. Fry on both sides about 2 to 3 minutes or until browned. Drain on paper towels and sprinkle with confectioner's sugar. Serve hot with *sima*.

#### SIMA, the MAY DAY DRINK

- l lemon
- 4 quarts water
- 2 cups plus 2 teaspoons sugar
- 2 cups light brown sugar
- 1 12-ounce can of beer 1/4 teaspoon dry yeast
  - Raisins

With a sharp knife pare off the yellow part of the lemon rind and reserve. Peel off the white part and throw it away. Slice the lemon and remove seeds.

In a large kettle combine water, 2 cups each, of the sugars, lemon slices and lem-

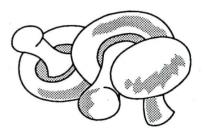
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on peel. Bring mixture to a boil. Remove from heat and add the beer. When mixture has cooled to lukewarm, dissolve yeast in 1/2 cup of the mixture and stir into brew. Cover tightly and let stand overnight at room temperature. Strain sima. Prepare 4 quart bottles by rinsing

Prepare 4 quart bottles by rinsing in boiling water. Place 1/2 teaspoon of sugar and 3 to 4 raisins in each bottle. Fill bottle with *sima* and cap. Store in a cool place. The *sima* is ready when the raisins have risen to the surface. Serve chilled.

Source: Classic Scandinavian Cooking, by Nika Hazelton



The Holiday Season is upon us once again, and what better gift to give your favorite folk dancers than a subscription to *Let's Dance*? Keep your friends and family on top of all the ins and outs in the Folk Dance Movement. *Let's Dance* tells you which dances people are doing, and where they're doing them. We offer news, monthly dance descriptions, costume articles, tasty ethnic recipes, and fascinating travelogues. Don't let the folk dancers in your life miss out on another issue. Fill out the subscription form in this issue and send it in today.

## CALENDAR of EVENTS

Ed Kremers, 155 Turk Street, San Francisco, CA 94102, 415-775-3444

Dec. 5 Sat PENINSULA:	Palomanians Party 415-593-0517
Dec. 6 Sun SONOMA:	FEDERATION'S ANNUAL TREASURER'S BALL 126 1st St, West, Sonoma, CA 11 AM Board Meeting; 11:45 AM Assembly Meeting. Dancing 1:30-5:50 PM
Dec. 12 Sat PENINSULA:	Santa Clara Valley F.D. Party 408-452-1890
Dec. 12 Sat PENINSULA:	Menlo Park F.D. Party 415-327-0759
Dec. 18 Fri SAN FRANCIS	CO: Changs Int'l Folk Dancers Christmas Party; 415-221-2147; 415-661-9426; and 510-933-1263
Dec. 19 Sat PENINSULA:	Palo Alto Folk Dance Party. 415-493-5033 415-952-4565 (new number), 415-775-3444
Dec. 26 Sat PENINSULA:	Docey Doe FD Party; 415-368-7834
Dec. 31 Thu PENINSULA: MARIN:	Menlo Park Folk Dance Party, Menlo Recreation Center 415-327-0759 AND Council Party, Veterans Memorial Building, Redwood City New Year's Eve Party
1993 Jan 15 & 16 PENINSULA: Fri & Sat	ANNUAL HERITAGE FESTIVAL. "Our Pacific Rim". Seif Ebertz, Chairman. Institute & dancing. Meetings.
Feb. 14 Sun NAPA:	Annual Sweetheart Festival; First Presbyterian Church, 1333 Third St. 1:30 - 5:30; 707-258-0519 or 252-4719
Feb. 21 Sun OAKLAND:	Festival of the Oaks. Edna M. Brewer School, 13th Ave. at 38th St. (near Park Blvd) 11:00 Council Presidents' meeting, 11:15 Exec. Bd. Meeting; 11:45 Assembly Meeting. Dancing from 1:30 to 5 P.M.
Mar. 28 Sun DAVIS:	Beginners' Festival at UC, Davis- Lower Hickey Gym. Teaching from 1 to 2, dancing from 2 to 5. Everybody welcome. \$3.00 Free- light refreshments Committee - Teddy Wolterbeek 916-677-1134 Lona Coleman 510-527-2491 Ed Kremers 415-775-3444

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# **CLASSIFIED ADS**

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 510-654-1124. Folk dance records

COME DANCE - with Millie von Konsky. Sgles, cpls welcome. Day classes in Folk, Line, Square, Round. Mon., 1 P.M., 300 Estudillo, San Leandro. Tues., 1:30 P.M., 22325 N. 3rd, Hayward.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

#### FOLK DANCE RECORD SHOP

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.

Events South

Note: Federation-oriented events are shown in bold.

#### DECEMBER

- 12 Holiday Party, 12-5. Recital Hall, Balboa Park, SAN DIEGO.Free. Exhibitions, food. Info: (619) 238-1771.
- 12 Hungarian Tanchaz Dance Evening. 7:30 teaching, 9PM party. Gypsy Camp, 3265 Motor Ave. L.A. Info: (310) 202-9024.
- 26 Skandia Holiday Ball. Masonic Temple, 9635 Venice Blvd, CULVER CITY Info: (213) 459-5314.
- 31 New Years Eve Party hosted by Pasadena Co-op. Westminster Church, 1757 N. Lake, PASADENA. Info: (818) 794-9493.

31-Jan 3 New Year's Camp at Hess Kramer sponsored by California Traditional Music Society. Folk dancing with Barry Glass; contra, cajun dancing; folk music workshops and performances; singing, storytelling, crafts. Full or part-time. MALIBU location. Info: (818) 342-7664.

1993

#### JANUARY

- 10 Pasadena Co-op Festival. Glendale Civic Auditorium 1401 N. Verdugo Rd. GLENDALE. 1:30-5:30. Council meeting at 11.
- 19 Ballet Folciorico de Mexico, 8PM. Cultural Center, PORT HUENEME. Info: (805) 986-6598.

# **COUNCIL CLIPS**

#### **GREATER EAST BAY COUNCIL**

The Berkeley Senior Citizen Dancers will have their party on Sunday, December 20, 1:00 to 4:00 p.m., at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley. Stan Valentine will call squares, Lloyd Day will emcee.

Merry Mixers - come dance with us, we do intermediate and advanced folk dances at our class on Wednesdays, from 1:30 to 4 P.M., under the direction of our teacher Charles Emerson, at the Hillside Presbyterian Church, corner of Hillside and Ritchie Avenues, Eastmont District, Oakland.

The Concord Folk Dancers will have their party on Sunday, December 6, 1:00 to 4:00 p.m., with refreshments at 2:30, at the Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord. Stan Valentine will call squares, Jean Williams will emcee.

#### SAN FRANCISCO COUNCIL

WHAT'S HAPPENING AT CHANGS -Changs is pleased to report that the Introductory Classes started in October have proven to newcomers what fun it is to learn more about folk dance. Classes in December will be held on the 4th and the 11th. The Christmas Party will be held on December 18. Changs is known for its outstanding Christmas Parties. Don't miss this one-mark your calendar now! Of course, Changs will be closed on the fourth Friday, December 25 - Christmas Day. Changs wishes all folk dancers a very happy holiday.



# FOLK DANCE NEWS

1993 LAGUNA FESTIVAL - The Laguna Folkdancers will host the 23rd Annual Laguna Festival starting at 7:30, Friday evening February 5, and continuing through 5:30, Sunday, February 7. The festival will feature workshops with master teachers Atanas Kolarovski (Macedonian) and Richard Powers (Vintage American and European). Two dance parties, two afterparties, and a dance concert are also scheduled. The festival will be in the North Gym of Laguna Beach High School in Laguna Beach, CA. For more information call 714-646-7082 or 714-533-8667.

**NEW CAMP** - The famous Moravian spa town of Luchacovice will be the site for a new folk dance camp in the summer of 1993. The camp will begin with the famous Straznice Folk Festival the last week of June and will end with the Wallachian Folk Festival in Roznov the following weekend. Arrangements are being made for people attending the camp to stay in private homes in Luhacovice, if desired. For more information, call Richard Duree at 714-642-1052.

SCANDIA CAMP MENDOCINO - Pre-

sents a Telemark Experience, June 12-18, 1993. Accommodations are rustic cabins with no electricity. Three nutritious meals will be served each day, plus snacks. The camp is situated in a 720-acre redwood forest, approximately 8 miles from picturesque Mendocino. Mornings will be devoted to classes, dance, fiddling, and folklore sessions. Afternoons will offer crafts, singing, hiking, and dance practice. Evenings will include happy hour and dinner followed by entertainment and dancing. Call Nancy at 415-383-1014 or Roo Lester at 303-545-9852.



### A BULGARIAN SEMINAR LIKE NO OTHER:

Friend, how would **you** like to be a professional dancer in **Bulgaria**? Rehearse with a State Ensemble? Learn the songs and dances? Wear the costumes? Perform with them in public concert? Well, **now you can**. For 14 days / 13 nights, you may join the folk artists of the: State Ensemble for Folk Songs and Dances "Gabrovo."

Our **dance program** will teach you the inner functioning of a professional ensemble and put you on stage, trained, in costume, in a public concert of Gabrovan, Dobrudzhan, and Shope folklore. Beyond your immediate training in warm-up and dance, you will receive audio and video cassettes, and complete dance notes for the material covered.

Simultaneously, our **context program** will teach you the historic, social, artistic, and political context of Bulgarian folk songs and dances:

- Meetings with neighboring ensembles and ethnographers.
- The opportunity to buy costumes, footwear, and other folk art.

• Tours of important sites: Veliko Tûrnovo, Bozhentsi, Dryanovo Monastery and cave, Shipka Pass, Sokolski Monastery, Tryavna, Sevlievo, Etûra Ethnographic Museum, and the World Center of Humor and Satire.

So join us next June 27 in Gabrovo, the geographical and cultural center of the Bulgarian Renaissance, and Industrial and Educational Revolutions. No other Bulgarian town contains so much of interest to you. And the price? Only \$995 for 2 weeks of room, board, and tuition. Spaces are limited. Write now for details: The Society of Folk Dance Historians, 2100 Rio Grande, Austin TX 78705.





## Adult Dance Classes in Marin



SUNI	DAY:

Novato Sausalito Square Dancing, Bud Kunst, 456-1621 Belly Dancing, Terry Del Giorno

MONDAY:

San Rafael







Larkspur TUESDAY:

Mill Valley

Novato

San Rafael

Corte Madera Mill Valley Folk Dancing, Romie Drexler, 388-1521 Belly Dancing, Dhyanis, 485-3337 Beginning Waltz, Frank Flores, 479-2000 Tap Dancing, Rosalyn Jordon, 510-741-7284 Beginning Salsa, Frank Flores Beginning West Coast Swing, Frank Flores Beginning Cha-Cha, Frank Flores Scandinavian, Nobi Kurotoii, 383-1014 Ballroom Dance, Linda Michaels, 383-1370 Square Dancing, Glen Dickey, 456-2497

Beginning Nite Club, Two-Step, 897-4323 Beginning Ballroom Dance, 897-4323 Beginning West Coast Swing, 897-4323 Adult Jazz, 897-4323 Belly Dancing, 897-4323 Beg. Flamenco, M. Butterfield, 485-3337 Country Western, Skip Clippinger, 479-2474 Getting Your Dance Out, Ernie Adams, 485-3337 Broadway Dance, Alan Scofield, 479-2000 Tap Dance, 927-5072 International Folk, Jim Rasella, 388-2170 Hip Hop Jazz, Tedje Rose, 383-1370



Let's Dance, December, 1992

#### WEDNESDAY:

Novato San Rafael	International Folk, Frank Bacher, 892-9405 African Dance, Jeannie Lei, 897-4323 Square Dance, Bud Kunst, 456-1621 Ballroom Dancing, Skip Clippinger, 479-2474
Corte Madera	Country Western, 927-5072
	Free Big Band Dancing, 927-5072
Mill Valley	International Folk, Joyce Clyde, 510-237-1124 Scottish Country, Marghie Goff, 479-5016
THURSDAY:	
Novato	Square Dancing, 456-1621 Ballet, Jazz, Jeannie Mullen, 897-4323
	Beginning East Coast Swing, 897-4323 Country Western, 897-4323
San Rafael	Big Band Dances, Skip Clippinger, 479-2474 Popular Latin Dances, Randall Kala, 485-3337 Israel Dancing, Asha Goldberg, 479-2000 Balkan Line Dancing, Ann Arend, 892-9405 Ballroom Dancing, Skip Clippinger, 479-2474
FRIDAY:	
Mill Valley	International Folk, Kopachkas, 383-1014 Scottish Country, Hilda Gotcher, 388-7031
San Rafael	Square Dancing, 456-2497
Sausalito	Beginning Jazz, Vivian Friedman, 289-4125
SATURDAY:	
San Rafael	Jazz, Naomi Glixman, 479-2000

For more information, call Gwen Rasella, 388-2170



### Folk Dance Federation of California Volume Sale!

Overstock Sale ..... These books don't help dancers if they are sitting on our shelves.

\$5.00 per copy (Tax & Shipping Included) (Limited Time Only - Until the end of 1992)

Folk Dances from Near and Far

Beginner Dances Volume A-1 Includes: Cotton Eyed Joe, Cumberland Square, Korobushka, Road to the Isles, and 26 others Intermediate Dances Volume B-2 Includes: Dodi Li, Dreisteyrer, Elizabeth Quadrille, Vrtielka, and 26 others Advanced Dances Volume C-2 Includes: Ballos from Chios, Bourrées Croisées, Friss Magyar Csárdás, Mairi's Wedding, and 13 others No-Partner Dances Volume D-2 Includes: Ciuleandra, Gerakina, Gocino Kolo, Orijent, and 30 others

> Folk Dance Federation of California, Inc. P.O.Box 1282 Alameda, CA 94501

> > (510)814-9282

Let's Dance, December, 1992

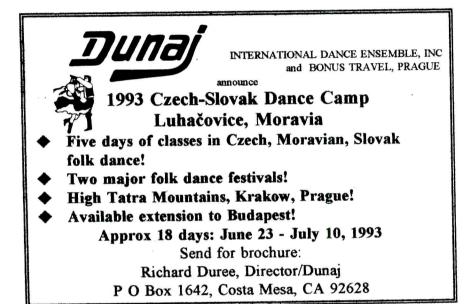


### FOLH DANCE FEDERATION of california, inc.

P.O. BOX 1282, ALAMEDA, CA 94501



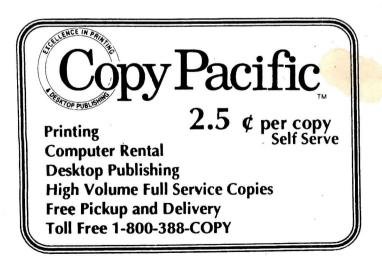
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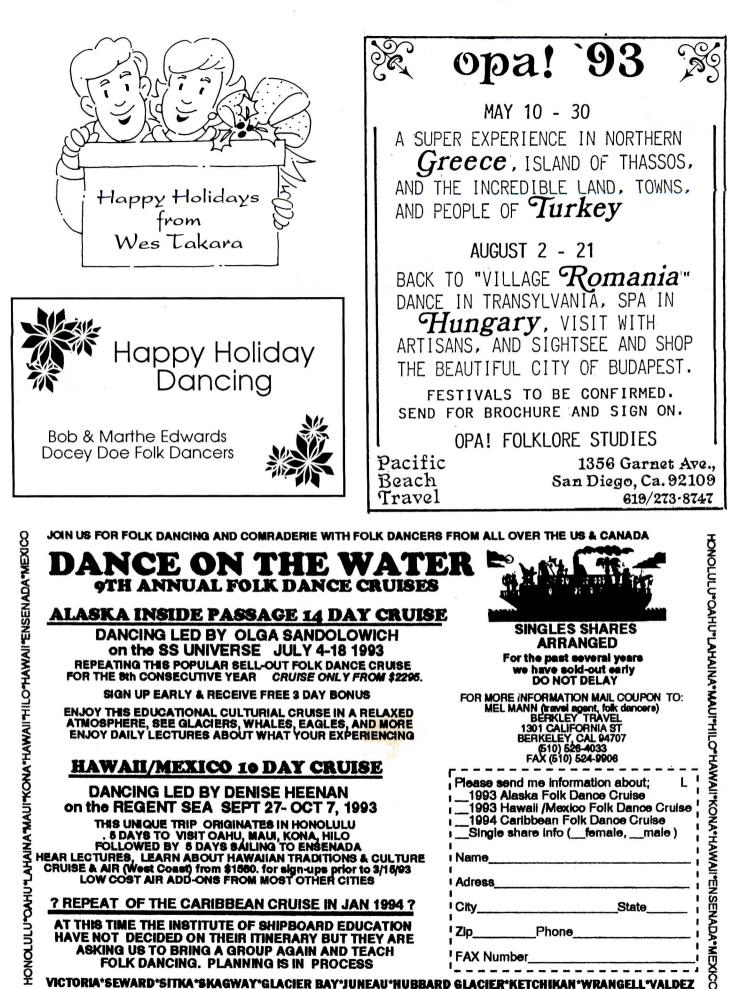


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