# Let's Dance



#### THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

# Let's Dance

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#### WELCOME ONE AND ALL!

The Santa Rosa Folk Dancers would like to have you join us for a bright, flower-filled afternoon of folk dancing, Sunday, May 19. We look forward to gathering and arranging many varieties of roses in bloom for your enjoyment. The festival will be in the Lodge Room of the Santa Rosa Veterans Memorial Building, 1351 Maple Avenue, with dancing from 1:30 to 5:30 P.M. We have included the dance program, a mixture of old and new, to entice you. Your donation of \$2.50 includes a chance for a door prize. Perhaps you will win a rose bush for your garden. We hope to see all of you at our Rose Festival.

> Sharon Meier Santa Rosa Folk Dancers

- 1. ŠETNJA
- 2. BRANDISWALZER
- DOUDLEBSKA POLKA (P)
- 4. ELIZABETH QUADRILLE
- 5. SALTY DOG RAG
- 6. SOUARE
- DHIVARATIKOS
- 8. KNÖDELDRAHNER
- BAL IN DA STRAAT (P)
- 10. GARRY STRATHSPEY
- 11. JAPANESE SOFT SHOE
- 12. SQUARE
- 13. TZADIK KATAMAR
- 14. HAMBO
- 15. TANGO POQUITO (P)
- 16. SAUERLANDER QUADRILLE
- 17. LEPA ANKA KOLO VODI
- 18. CONTRA
- 19. BELASIČKO
- 20. ALEXANDROVSKA
- 21. BLACK MOUNTAIN REEL
- 22. LADY ASKED WALTZ
- 23. VRTIELKA
- 24. SQUARE 25. HORA BĂNĂTEĂNA

- 26. BARE NECESSITIES
- 27. ST. GILGEN FIGURENTANZ (P)
- 28. LA CACHUCHA
- 29. DOUBLE SIXSOME
- 30. SQUARE
- 31. TINO MORI
- 32. ADA'S KUJAWIAK #1
- 33. LET'S HAVE A CEILIDH
- 34. DREISTEYRER
- 35. CORRIDO
- 36. CONTRA
- 37. SULAM YA'AKOV
- 38. MAPLE LEAF RAG
- 39. OKLAHOMA MIXER FOR 3 (P)
- 40. CABALLITO BLANCO
- 41. SANTA RITA
- 42. SQUARE
- 43. KARAMFIL
- 44. LE BAL DE JUGON
- 45. DUNDEE WHALER
- 46. SOMEWHERE MY LOVE
- 47. SIAMSA BEIRTE
- 48. SOUARE
- 49. KESHENAVO
- 50. ZILLERTALER LAENDLER
- 51. LA BASTRINGUE (P)
- 52. DOBBEL REINLENDER
- 53. GRAND SQUARE
- 54. LOUISIANA SAT. NIGHT
- 55. SVEKRVINO ORO
- 56. EL GAUCHO TANGO
- 57. TRIP TO BAVARIA
- 58. COUPLE HASAPIKO
- 59. FRENCHY BROWN
- 60. BLUE PACIFIC WALTZ



# STATEWIDE REMINDER

The countdown is on for the 46th Annual Statewide Folk Dance Festival! The deadline for advance registration is May 10. See your March issue of Let's Dance for the form. The package of all dance events, including the concert, is only \$30. A receipt will be sent, along with a schedule, directions, details on RV facilities, and information on local transportation from the Ramada to the auditorium. The hotel has a free airport shuttle service.

The following information is for those planning to stay at the Ramada Inn. Driving south on the 405 freeway, the exit closest to the Ramada is Sepulveda/Centinela. From the off ramp, continue right on Howard Hughes Parkway, right on Sepulveda, right on Centinela, left on Bristol, and into the parking lot on the left. Those of you who are interested in complimentary hors d'oevres may wish to check

with the hotel about the weekday Happy Hour. There are many restaurants nearby.

All Statewide dance events will be located inside the Veterans Memorial Auditorium, except for two events which will be at the adjoining park. The Installation Party will be at the Ramada.

Culver City officials are delighted to have our Statewide convention in their community for the first time. Some other firsts this year will be the display of the newly-created club banners and the concert debut of the costumes donated to the Scandia Dancers by the citizens of Finland. Culver City is "The Heart of Screenland," the home of MGM (which now has another name) and other studios. where countless films have been made. One last reminder: don't forget your camera. Welcome to Fun in '91.

# **CLASSIFIED · ADS =**

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 415-654-1124. Folk dance records

MILLIE VON KONSKY - Day classes - folk, line, round, ballroom - Mon., San Leandro; Tues., Hayward; Wed., Dublin FREE; Thur., Danville. 415-828-5976, evenings for schedule and info re: Austrian - Bavarian group auditions.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

#### **FOLK DANCE RECORD SHOP**

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.

# STATEWIDE DANCES

Ada's Kulawlak #1 Ada's Kujawiak #3 Adion az Isten Aišino Oro Alexandrovska Ali Ali Ali Pasa Alunelul Alunelul de la Urzica Arap Ashrei Ha'eish At Va'ani Bal in da Straat Balta Bayno Oro Baztan-Dantza Bela Rada Belasičko Berovka (Tomov) Békési Páros Blooms of Bon Accord Brîul De La Fagărăs Capkan Dimco Čardáš "Z" Čarlama Četvorno (Jaap) Čiča Obrenovo Kolo Cimpoi Ciuleandra **Contras** Corrido Cotton-Eyed Joe Couple Hasápiko De Doi Din Banat Debka Dor Debka Oud Dedo Mili Dedo Dela din Oprisor Dhivaratikos Divčibarsko Kolo Dobbel Reinlender Dobrudžanska Pandela Leši Dodi Li Dospatsko Horo Dreisteyrer Eleno Mome Erev Ba

Ersko Kolo

Familjevalsen Fiäskern Floricică Oltenească Gavotte d'Honneur Gay Gordon Gjuševska Račenica Godečki Čačak Good Old Days Gothenbura Mazurka Guhneega Gypsy Wine Hambo Haro'a Haktana Hesitation Waltz Hora Bănățeană Hora de la Medaidia Hora Fetelor Hora Mare de la Munte Pirinska Igra Hora Spoitorilor Horehronsky Chardás Hot Pretzels Ikariótikos Imate Li Vino Innherredspols Iste Hendek Italian Quadrille lyanice Joc de Leagane Joshua Jovano Jovanke Jove Male Mome Karamfil Kasapsko Horo (Jaap) Keshenavo Korobushka Kostursko Oro Körcsárdás La Bastringue La Faira Da Strada laz Bar Lea Musat Armina Lesnoto Oro Let's Have A Ceilidh Lipa ma Marýca

Makedonsko Devojče Maple Leaf Rag Marino Masquerade Milanovo Kolo Milondita Tango Mîndrele Moravac Ne Féll Lányom Od Buczka Do Buczka Oláhos Orijent Öves Pe Batute Picking Up Sticks Pinewood Reel Pinosavka Polharrow Burn Postie's Jia Prekid Kolo Promoroaca Raca (Putnik) Raca (Sokčič) Rakefet Rayno Oro Razvivai Dobro Râčenica Na Horo Road To The Isles Rørospols Rumelai Rustemul Salty Dog Rag Santa Rita Sarajevka Scandinavian Polka Šestorka Šetnia Sheikhani

Shiftin' Bobbins

Shiri Li Kineret

Siamsa Beirte

Sitna Zborenka

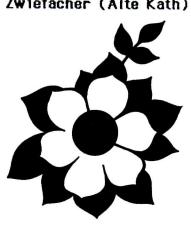
Sleeping Kujawiak

Somogyi Karikázó

Sîrba Pe Loc

Širto

Sønderhoning Squares St. Bernard Waltz St. Gilgen Figurentanz Stabberinglender Strumička Petorka Svekrvina Swedish-Finn Mixer Sweet Girl Syrtos Tango Poquito Teen Tehuantepec 1314 Tino Mori To Ting Trip To Bavaria Tropanka (Moskoff) 12th Street Rag 2-4-6 Zwiefacher Yari Hasápiko Ve David Vlashko Vo Sadu Vossarull **Yranianka Vrapcheto** Vrtielka Walpole Cottage Waltz Wattentaler Masolka Ying Bin Wu Zagoritikos Zalna Maika Zillertaler Landler Sauerlander Quadrille Zwiefacher (Alte Kath)



Ma Na'ayu

Mairi's Wedding

Machar

# Jun In Marin

# Sunday, June 9

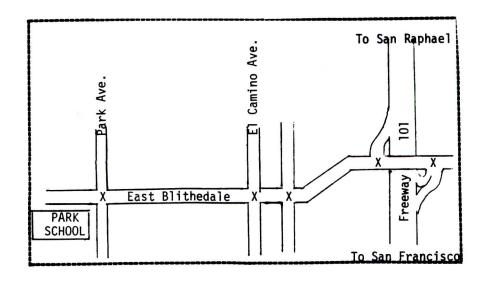
HOSTS - THE ABLE STEPPERS
1:30 to 5:30 P.M.

PARK ELEMENTARY SCHOOL
East Blithedale and Elm Aves.
Mill Valley, California

FREE

Tango Poquito
Vrtielka Czardas
Tzadik Katamar
A Trip To Bavaria
El Gaucho Tango
Hofbräuhaus Laendler
Ali Pasa
Maple Leaf Rag
American Squares

FREE



Swedish-Finn Mixer
Caballito Blanco
Orijent
Double Sixsome
Ada's Kujawiak #1
Bella Franca
Sauerlander Quadrille
Dodi Li
American Squares

Teton Mountain Stomp Duke's Slow Hasapiko Santa Rita Dutch Foursome Garry Strathspey Ikariotikos Lights of Vienna La Chilena Guerrerense La Bastrinque Tino Mori Kor Czardas Shan Yuen Tao Hua Hambo Čerešničky Polharrow Burn La Encantada Tango American Squares

Sank Gilgen Figurentanz Vo Sadu Baztan Dantza McDonald of the Isles Brandiswalzer Sulam Ya Akov Corrido Dreisteyrer

Salty Dog Rag Himig Sa Nayon Alunelul Siesta In Seville Tarantella di Peppina Blue Pacific Waltz

Costume Parade, 2:30 p.m.

# BEGINNERS FESTIVAL \_\_\_\_\_



# **COUNCIL**·**CLIPS**

GREATER EAST BAY COUNCIL

The East Bay Women's Dance Circle will hold their May party on Thursday, May 23, from 9:30 to 11:30 A.M. The East Bay group is under the direction of Grace Nicholes, assisted by Gwen Heisler and Jerry Washburn Jr. They meet each Thursday morning, 9:30 to 11:30 at the Allendale Recreation Center, 3711 Suter Street, Oakland, They will hold their last class of the spring term on Thursday, June 6.

The Berkeley Senior Citizen
Dancers will have their parties on
Sunday, May 19, and Sunday, June
16, from 1 to 4 P.M., at the
Berkeley Senior Center, Old Grove
Street and Hearst Avenue, Berkeley.
Stan Valentine will call squares,
and Lloyd Day will MC.

The Concord Folk Dancers will have their parties Sunday, May 5, and Sunday, June 2, 1:00 to 4:00 P.M., with refreshments at 2:30, at the Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord. Stan Valentine will call squares, and Jean Williams will MC.

The Greater East Bay Folk
Dance council will have their 5th
Saturday Party on Saturday, June
29, 7:30 to 11:00 P.M, at the Live
Oak Center, 1801 Shattuck Avenue,
Berkeley. The Berkeley Folk
Dancers will host.

#### SAN FRANCISCO COUNCIL

WHAT'S HAPPENING AT CHANGS On May 3 and 10, Ruth Ruling will
be teaching Krasnata Divitsa and
Stenka, two very simple Russian
dances. Changs 53rd Anniversary
Party will be held on Friday, May
17. All local folk dancers are
invited to attend. The admission
charge will be your donation of a
COLD finger food. Mark your
calendar now and plan to join the
festivities. Changs will be closed
on May 24 and 31. On June 7 and
14, Ruth Ruling will review the

dances taught since last September. Don't miss this opportunity to refresh your memory or learn some dances you might have missed. The monthly party will be held on June 21. Hope to see you there. Changs will be closed on June 28. Changs meets in the Social Hall of the 7th Avenue Presbyterian Church, 1329 7th Avenue.

SAN FRANCISCO WOMEN'S DANCE CIRCLE will continue meeting throughout May and June every Wednesday from 9:45 to 11:45 at 50 Scott Street (corner of Duboce Street), under the direction of Grace Nicholes. All interested women are invited to join the group for dances, old and new. Why not bring your husband along to watch? During intermission he could dance to a number or two.

FUN CLUB will not have monthly parties in June, July, or August. The Mexican Party on May 4 will be the last party until September. The club will be celebrating 50 years of folk dancing at a dinner-dance on Saturday, September 7, at our hall at the Church of the Brethren, Noriega and 34th Avenue. For more details, former members and friends may call 415-566-0573 or write to Lee Fifer, 1701 22nd Avenue, San Francisco, CA 94122. The San Francisco Council of Folk Dance Groups thanks everyone who came to the Annual blossom Festival.

#### FRESNO COUNCIL

The Fresno Central Valley Folk Dancers will host the Fifth Saturday Potluck & Request Dance at Lafayette Playground Social Hall, 7 P.M. Admission is \$2 with a pot, \$5 with no pot. Dancing will begin at 8 P.M. Louise Petersen will host the event, assisted by Frances, Kent, and Gary. Come enjoy an evening of great dancing.

On June 8, officers of the Fresno Folk Dance Council will be installed at a potluck and request dance at the Lafayette Playground Social Hall. Dinner at 7, dancing at 8, installation later.

Admission is \$2 with a pot, \$5 with no pot. Enjoy the evening.

#### REDWOOD COUNCIL

Preparations are under way for the annual Rose Festival, Sunday, May 19, 1:30 to 5:30 P.M., at the Lodge Room in the Veterans Building, 1351 Maple Avenue, Santa Roas. There will be a \$2.50 donation and some door prizes including the rosebush from Del. It makes a nice warm-up party for those of us going to Statewide in Culver City.

#### PENINSULA COUNCIL

The Menlo Park Folk Dancers parties will be on May 11 (preceded by a potluck supper) and June 8, at the Menlo Park Recreation Center. For information call 327-0759.

The Peninsula Council party will be on May 4. For information call 408-252-8106.

The Santa Clara Folk Dancers parties will be on May 11 and June 8, at the First Christian Church, 80 S. Fifth Street, San Jose.

The Palo Alto Folk Dancers parties will be on May 18 and June 15, at the Lucy Stern Community Center in Palo Alto.

The Docey Doe Folk Dancers parties will be on May 25 (French theme) and June 22, at the Community Church in San Carlos.

The next Redwood City Folk
Dance party will be on June 29, at
the Veterans Community Center in
Redwood City.

Docey Doers will hold their annual Mystery Trip sometime in May to someplace to do something fun. Members are diligently studying clues in hopes of finding out where and when.

Fifty years and growing!
Docey Does will celebrate their
Golden Anniversary in October and
hope that former members and
teachers will join in the
celebration. Call Barbara,

415-369-2074, for more information.

June 1 is the date for the Palomanians party at the Redwood City Women's Club.

The Santa Clara Folk Dancers have classes on Tuesday and Thursday evenings. Call Eleanor Bacon, 408-379-3545, for more information.

FOLK DANCE WEEK AT OAKLAND'S FEATHER RIVER CAMP REINSTATED! August 11-17. Call 415-273-2267.

#### Folk Dance Scene

For into on the many aspects of various ethnic communities in the world, for up-to-date into on "folk" happenings in the U.S. and abroad, for interviews with notable folk dance personalities, and much more, you should be reading



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THE ABLE STEPPERS

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FUN IN MARIN

SATURDAY, JUNE 9 1:30 - 5:00 P.M. PARK ELEMENTARY SCHOOL

East Blithedale Ave. & Elm Mill Valley, California

FREE FREE FREE



### SANTA BARBARA FOLK DANCE SYMPOSIUM

HELD AT THE UNIVERSITY OF CALIFORNIA

LABOR DAY WEEK/WEEKEND

AUGUST 28 - SEPTEMBER 2, 1991

ALEX PIPERKOV - Guitarist from Radio SKOPJE DIMITRI VALKANOFF - Macedonian/Greek

TOM BOZIGIAN - Percussionist, with his Armenian

Orchestra

TERPARTIES

clarinetist extraordinaire

TOM BOZIGIAN

ARMENIA

JOE GRAZIOSI

**GREECE** 

STEVE KOTANSKY

HUNGARY

JAAP LEEGWATER

BULGARIA

RICHARD & MELANIE POWERS

**VINTAGE** 

PACKAGES in Paid in FULL \$35/day (Includes all classes, parties, after parties. Food at picnics not covered)

\$15, BALKAN PICNIC (Goleta Beach, live music, food) \$15, ARMENIAN PICNIC (On campus, with Armenian Community, live music, food) \$15, Evenings Only (Includes

party with teacher reviews, afterparties & snacks)

ALL FULL-TIME PACKAGES must be paid in full by August 15, 1991. NO REFUNDS AFTER THAT DATE.

\$150 (non-refundable) deposit due by July 15 to reserve your space!

PART & FULL TIME PACKAGES FULL TIME (Includes room, meals, all classes, parties, afterparties & special events) FULL PACKAGES \$375, double \$455, single

\$315, Weekend Only

\$175, Tuition Only

Return form and make checks payable to: FOLK DANCE SYMPOSIUM, P.O. Box 242, LaMirada, CA. 90637 (213) 941-0845

NAME ADDRESS \_\_\_\_\_ PHONE (WORK) \_\_\_\_ PHONE (HOME) ROOMMATE PREFERENCE SMOKER \_\_\_\_\_NON-SMOKER \_\_\_



#### MacDonald of the Isles

(Scotland)

MacDonald of the Isles is a 3x32 bar strathspey for three couples and is from the Glendarroch Collection. The dance was taught at the Heritage Festival Institute in Burlingame, California, in January 1991 by Jennifer Kelly.

RECORD:

Caledonian Ball BSLP 104S Side A/2

4/4 meter

Dance with the London Highland Club, Frank Reid's Ceilidh Band LHC LP2,

Side B/2.

CASSETTE:

Caledonian Ball BSC 104S Side A/2; or any suitable 3x32 bar strathspey.

FORMATION: Set of 3 cpls in longways formation.

STEPS and STYLING:

Bow and curtsey\*, reel of four\*, strathspey travelling step\*, wrong side\*, polite turn\*.

Half Rights and Lefts: Dance meas 1-4 (2 changes) of Rights and Lefts\*. On meas 4, M 2 and M3 make polite turns.

The strathspey travelling step, beg R, is used throughout the dance.

\*Described in the Scottish Glossary of Steps and Styling, published by the Folk Dance Federation of California, Inc.

MUSIC

4/4 meter

**PATTERN** 

Measures

Chord

INTRODUCTION M bow and W curtsey to ptr.

#### I. DIAGONAL REELS OF FOUR WITH CORNERS

- 1-8 Cpl 2 beg dance as active cpl. Beg M 2 passing R shoulder with W 3 and W 2 passing R shldr with M 1, dance a full reel of four diag across the set. On meas 8 Cpl 2 dance L shidr around each other in the middle of the set to end with M 2 facing W 1 and W 2 facing M 3.
- Cpl 2 dance another full diag reel of four, beg M 2 passing R shldr with W 1 9-16 and W 2 passing R shldr with M 3. All finish in original places.

#### II. PROGRESSIVE GRAND CHAIN

- Cpl 1 cross over to ptr's place, giving R hands in passing. 1-2 End facing down the set on the wrong sides.
- 3-4 On the sides, Cpl 1 change places with Cpl 2, giving L hands in passing.
- On the sides, Cpl 1 change places with Cpl 3, giving R hands in passing. 5-6 Meanwhile, Cpl 2 cross over at the top of the set, giving R hands in passing. 11

#### MacDonald of the Isles (page 2)

- II. PROGRESSIVE GRAND CHAIN (Continued)
- 7-8 Cpl 1 cross over at the bottom of the set, giving L hands in passing.
  Meanwhile, Cpl 2 change places with Cpl 3 on the sides, giving L hands in passing. End with Cpl 3 in first place, Cpl 2 in second place on wrong sides, and Cpl 1 in third place.

#### III. HALF RIGHTS AND LEFTS; HALF FIGURE OF EIGHT

- 1-4 Cpls 2 and 3 dance Half Rights and Lefts. End with Cpl 2 in first place, Cpl 3 in second place on wrong sides and Cpl 1 in third place.
- 5-8 Cpl 3 dance half figure of 8: W 3 dance down the set between Cpl 1, CCW around W 1 and into second place while M 3 dance up the set between Cpl 2, CCW around M 2 and into second place. Cpl 3, now Cpl 2, is ready to start the dance.

64 meas Repeat dance twice (3 times total) with original Cpl 3 and Cpl 1 active each in turn.

Chord <u>ENDING</u> M bow and W curtsey to ptr.

(C) Folk Dance Federation of California, Inc. March 1991

#### ERRATA

JUBILEE JIG Published April, 1991

Fig I - meas 13-16 Change to read W 1 and M 3 turn by L hands once <u>CCW</u> to place.

#### **Tfilah**

(Israel)

Tfilah (fee-LAH) means "prayer." This non-partner dance was choreographed by Shlomo Bachar to music composed by H. Berter. It was taught at the 1990 University of the Pacific Folk Dance Camp.

CASSETTE: Special by Shlomo Bachar for UOP Camp 1990 Side B/1.

4/4 meter

FORMATION: Dancers in a closed circle, hands joined ("V" Pos).

STEPS:

Yemenite\*.

STYLING:

The styling is a mixture of the characteristic bouncing by flexion of knees and the more athletic modern Israeli style.

\*Described in the Israeli Glossary of Steps and Styling, published by the Folk Dance Federation of California, Inc.

MUSIC

4/4 meter

PATTERN

#### Measures

- 3 notes + INTRODUCTION No action. Begin with vocal.
- 9 meas

#### I. YEMENITE STEP

- A 1 Facing ctr, dance yemenite R without a hold (cts 1,2,3); step on L ft to L (ct 4).
  - 2 Step on R ft across in front of L (ct 1); dance a yemenite L without a hold (cts 2,3,4).
  - Leap onto R ft to R in LOD, moving joined hands fwd but keeping them low (ct 1); step on L ft across in front of R, moving joined hands back to "V" pos (ct 2); repeat cts 1,2 (cts 3,4).
  - Step on R ft twd ctr, bending R knee and moving joined hands fwd (ct 1); step on L ft bkwd away from ctr, moving joined hands back to "V" pos (ct 2); step on R ft in place (ct 3); step on L ft across in front of R (ct 4).
  - Release hands and turn once CW stepping R,L and moving LOD (cts 1,2); rejoin hands and step on R ft twd LOD and bend R knee (ct 3); step on L ft twd RLOD (ct 4).
  - Step on R ft across in front of L, bend R knee and sway body to L (ct 1); step on L ft in place with body directly over ft (ct 2); step on R ft with a small step and slightly sway body to R (ct 3); repeat ct 3 with opp ftwk and direction (ct 4).
  - 7 Moving RLOD, step on R ft across in front of L (ct 1); step on L ft to L (ct 2); repeat ct 1 (ct 3); step on L ft in place (ct 4).

#### Tfilah - pg. 2

- Step on R ft beside L (ct 1); step fwd on L ft, thrusting body slightly fwd with L shldr leading (ct 2); step back on R ft (ct 3); step on L ft beside R (ct 4).
- 9-16 Repeat meas 1-8.

#### II. SHOULDER SHAKE

- B 1 Bending fwd from the waist, step R,L,R in place while shaking shldrs (cts 1,&,2); repeat cts 1,&,2 with opp ftwk (cts 3,&,4).
  - 2 Turn 1/4 CCW and step on R ft to ctr with R shldr leading (ct 1); step on L ft beside R (ct 2); repeat cts 1,2 (cts 3,4).
  - Turn ½ CW with steps R,L,R,L to face LOD (cts 1,2,3,4).
  - Step on R ft away from ctr with R shldr leading (ct 1); step on L ft beside R (ct 2); repeat cts 1,2 (cts 3,4).

    NOTE: On meas 2,3,4 look in the direction of travel.
  - Turn % CCW to face ctr and step on R ft across in front of L (ct 1); step back on L ft (ct 2); hop on L ft bringing R knee up and to R side with a circular movement (ct 3); step on R ft to R (ct 4).
  - Step on L ft across in front of R (ct 1); step back on R ft (ct 2); hop on R ft bringing L knee up and to L side with a circular movement (ct 3); step on L ft to L (ct 4).
  - Facing ctr, step on R ft to R (ct 1); step on L ft beside R (ct 2); step on R ft to R (ct 3); stamp on L ft beside R with no wt (ct 4).
  - 8 Repeat meas 7 with opp ftwk and direction.
  - 9-16 Repeat meas 1-8.

#### INTERLUDE

Facing ctr, step on R ft to R (ct 1); stamp on L ft beside R with no wt (ct 2); repeat cts 1,2 with opp ftwk and direction (cts 3,4).

#### ENDING

Facing ctr, step on R ft to R (ct 1); stamp on L ft beside R with no wt (ct 2); step on L ft to L (ct 3); raise arms high and fwd and stamp R ft fwd 4 times quickly, taking wt on last stamp (cts ee, &, uh, 4).

DANCE SEQUENCE: Dance pattern as written 3 times but omit the INTERLUDE the last time. Add Fig II once more and the ENDING.

© Folk Dance Federation of California, Inc. December 1990

# FOLK DANCE NEWS

IN MEMORIAM - Dorothy
Tamburini passed away on Saturday
evening, March 30. She will be
missed by many. She was a member
of the Research Committee of the
Folk Dance Federation of
California, Inc. A scholarship is
currently being planned in her
name.

THREE TOURS BY JIM GOLD - June 21-23, Huff House Weekend, Roscoe, NY; July 17-21, Camp Smorgasbord, Solway House, Saugerties, NY; and August 5-19, Bulgaria. Jim also offers ongoing dance classes. For more information on tours or classes, contact Jim Gold International, 497 Cumberland Avenue, Teaneck, NJ 07666, 201-836-0362.

Austria's world of ballroom dance and classical music. Markus Huber of The Sound of Travel is offering two package tours (9 days and 13 days) from June 4 to Vienna, Salsburg, and Innsbruck. The tours are dedicated to presenting the authentic Viennese ball season along with Austria's beautiful cities and alpine landscape. For more information, contact The Sound of Travel, P.O. Box 18, Livermore, CA 94551, 415-373-7433.

VLADIMIR RIAZANTSEV - lead dancer for 17 years with the Moiseyev Dance Company of the Soviet Union, will perform with the Neva Russian Dance Ensemble May 3-5, at the Russian Center of San Francisco, 2450 Sutter Street at Divisadero. For more information, contact Neva, 535 21st Avenue, San Francisco, CA 94121, 415-386-3086.

NORTHWEST FOLKLIFE FESTIVAL - This year, the 20th Northwest Folklife Festival, May 24-27, at Seattle Center, will host 5,000

participants and more than 190,000 visitors. There will be music, dancing, traditional crafts, food, workshops, and more. For more information, contact Northwest Folklife, 305 Harrison, Seattle, WA 98109, 206-684-7300.

#### THE AMERICAN DANCE FRIENDSHIP

TOUR - Invites you to bring a gesture of peace and friendship to the people of the USSR. Travel as an international citizen diplomat on one of two contradance tours to the Soviet Union in 1991: Soviet Georgia, July 21 to August 8; and The Ukraine, October 3 to 19. There are no dance skill requirements. For more information, contact American Dance Friendship Tour, P.O. Box 190462, San Francisco, CA 94119.

MONTREAL CAMP - The Montreal International Folk Dance Camp will be held August 4 to 9. The camp will feature Tom Bozigian (Armenian), Steve Csillag (Balkan), Joe Graziosi (Greek), Moshiko Halevy (Israeli), and Ahmet Luleci (Turkish). For more information, contact Steve Csillag, 5635 Hudson Avenue, Montreal, Quebec, Canada H4W 2K3, 514-481-3867 (very late evenings).

MAINE CAMP - The Maine Folk Dance Camp will meet again this summer for eight one-week sessions beginning June 29. The camp is held on the shores of Woods Pond, in Bradton, Maine, at the Pioneer Lodge. Camp features a host of teachers, special nationality meals, festivals, and special events. For more information, contact Maine Folk Dance Camp, P.O. Box 2305, N. Babylon, NY 11703, 516-661-3866.

ONTARIO CAMP - The Ontario Folk Dance Camp '91 will be held on



# Rose Embroidery For Your Costume

Roses are grown in many parts of the world, and they are a popular subject for the decoration of ethnic clothing in all of those areas. When roses are embroidered on costumes for dancing and other festive occasions, they can be particularly attractive and eye catching. For the person who has little or no experience at embroidery, the entire notion of decorating a costume this way can be quite intimidating. This is indeed unfortunate, because embroidery can bring great satisfaction both while it is being done, and later when the finished product is worn. It is also an excellent project to carry along and work on while waiting in medical or dental offices, or to occupy your hands during boring meetings. You can feel productive while you're waiting.

Rose embroidery isn't nearly as difficult as it first appears. It requires primarily practice, patience, and confidence. Practice is the key to the entire process, and it will extend whatever patience you have in the beginning. Confidence will come as you go along. Talent has nothing to do with it, unless you equate it with coordination which will also develop as you go along.

European rose embroidery is done primarily using one of two different stitches: cross stitch or satin stitch. The Ukraine is one area where both the women's and men's costumes use cross stitch, worked in the designated areas before the garment is assembled. The individual stitches are worked over a given number of threads of fabric known as waste canvas, which is available at needlework shops in several "thread counts" (the number of threads woven in each direction per inch). The fewer the number of threads, the smaller the X-shaped

stitches will be. Stitching over two threads in each direction will make your flower twice as tall and twice as wide as it would be if you only stitched over one thread in each direction (Figure 1).



FIGURE 1

Begin with your unassembled shirt front, chemise front, or sleeve. Select the areas in which the embroidery is to be worked, and baste on pieces of waste canvas slightly larger than the area to be embroidered. This will provide you with a grid over which to place the stitches and ensure stitches of uniform size. The floral design is read from a chart in an embroidery pattern book or other source, and this design also appears as a grid. You will reproduce what is on the chart, over the threads of the waste canvas, directly onto the piece of garment below. After you have finished stitching, you will remove the basting threads, unravel the waste canvas, and pull out the threads of the waste canvas one by one. Believe me, understanding cross stitching from printed instructions if you've never done it before is far more difficult than doing the stitching.

Clamp the garment piece with its attached waste canvas tautly into an embroidery hoop of about 8" diameter, exposing the area where the embroidery will begin. Embroidery floss comes with six strands twisted together loosly. Cut off a piece about 24" long. Separate out two of the six strands, or three if you're planning to make large stitches, so

they will show better. Always use the same number of strands. Thread an embroidery needle (with a larger eye than a sewing needle) with the two or three strands you have just pulled out and knot the end of the strands as if they were one.

Working from right to left, come up between the threads of the waste canvas at Point A (Figure 2) Go back down through both the waste canvas and the garment fabric at Point B, and come up again at Point Keep your stitches snug, but not so tight as to distort the canvas or the fabric. When you complete the first half of all the crosses of that color in the first row, turn around (Figure 3) and stitch back to your starting point, completing the Xs by inserting the needle into the same spaces between the waste canvas threads you used before.

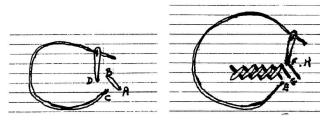
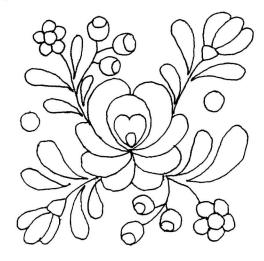


FIGURE 2

FIGURE 3

Now continue to work all the stitches of that color in the next row. All the stitches should have their second half pointing on the same diagonal. Whether you choose to do the upper right to lower left diagonal on the first or second pass doesn't matter, so long as each cross has the same diagonal on top. When you run out of thread, take a couple of tiny stitches on the back side of the garment under a nearby cross, and run the end of the thread under a couple more stitches on the back side before clipping the end. Rethread the needle and resume stitching where you left off. When you have finished all the areas of that color within the hoop, work the areas of the second color within the hoop, etc., until you have finished all of the design you can reach without moving the hoop.

Then move the hoop and continue the design.



**HUNGARIAN ROSE** 

Satin stitch is used in the rose embroidery of Hungary and many other countries. For this, you will also need a hoop and embroidery floss, pearle cotton (a heavier, more tightly twisted thread) or yarn. Waste canvas is not used. The design is applied to the unassembled garment piece directly by means of a hot iron transfer or by drawing directly on the fabric. One can trace the chosen design on tracing paper, then go over the traced lines on the reverse side of the paper with a transfer pencil (from your needlework or yardage store), which turns the tracing into a hot iron transfer that can be ironed onto the garment piece.

In satin stitch, it is especially important not to pull the stitches so tightly as to create puckers in the fabric. tendency to stitch the "down and up" needle movements all in one motion is particularly conducive to pulling the thread too tightly. Use two or three strands of the six-strand embroidery floss or pearle cotton or yarn straight from the ball. Work from the center of the flower outward, one petal at a time, beginning at the center of the petal and doing one half then the other half. The stitches can

be worked straight across the petal or on the diagonal, keeping the stitches parallel and close together without getting them stacked on top of each other (Figure 4).

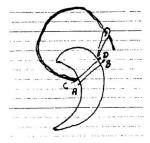


FIGURE 4
HUNGARIAN ROSE PETAL
KEEP STITCHES
CLOSE TOGETHER

If you notice a gap between the stitches you have just done, go back and insert another stitch or two in the gap. The object is to make the surface appear as if it is satin fabric. Bring the needle up at Point A just outside the outline of the petal, and go back down just outside the outline on the other side of the petal at Point B, then back up at Point C, etc. If you discover your stitching is leaving a slightly jagged outline, unlike

the printed line you are following, consider that your eyes are closer to the completed embroidery than anyone else's will ever be, and that they will see the overall composition rather than a few irregular stitches. Move the hoop away from you to nearly arm's reach, and if the stitching still looks ragged, only then rip it out. If someone had told me this a few years ago, I'd have become much more comfortable with doing satin stitch much sooner.

My Statewide article in the May/June 1987 Let's Dance issue gives some suggestions on countries and areas using rose embroidery, but it doesn't say much about which stitch to use. If you need this type of help, write me at 600 Coventry Road, Kensington, CA 94707, or call me at 415-524-7452, and I will try to help. Happy stitching.

Evelyn Woodworth Costume Research Committee

#### FOLK DANCE NEWS Continued

May 17 to 20, at the University of Waterloo in the heart of Mennonite country, 100 km west of Toronto. Camp staff includes Ya'akov Eden, Yves Moreau, Christine Chattin, and Henk van der Gaag. For more information, contact Laya Skrzydlo, 508-600 Eglinton Avenue West, Toronto, Ontario M5N 1Cl.

BALKAN WORKSHOPS - Two Balkan workshops will be held in 1991: Mendocino, June 29-July 6; and Buffalo Gap, West Virginia, July 20-28. Events include classes, concerts, parties, and language & culture instruction. For more information, contact Bill Cope, Program Director, East European Folklife Center, 402 South Henry Avenue, San Jose, CA 95117-1627, 408-984-8786.

DANCE SYMPOSIUM - The University of California Santa Barbara International Dance Symposium celebrates its 16th year this August 28 through September 2. Scheduled teachers include Richard Powers and his wife Melanie, Steve Kotansky, Joe Graziosi, Jaap Leegwater, Tom Bozigian, and Sheree King. The facilities, overlooking the Pacific Ocean, are excellent with single and double rooms and three daily meals. The activity calendar will be full and varied. For more information, contact Folk Dance Symposium, P.O. Box 242, LaMirada, CA 90637, 213-941-0845.

SUMMER SOLSTICE FESTIVAL - A celebration of traditional music and dance will be held June 22-23, in Calabasas, California. This event is presented by the California Traditional Music Society. For more information, contact them at 4401 Trancas Place, Tarzana, CA 91356-5399.

# CALENDAR of EVENTS

FOLK DANCE FEDERATION OF CALIFORNIA, INC. Ed Kremers, 155 Turk, San Francisco 94102, 415-775-3444

May 8-9 BERKELEY Folk Dancers Turkish workshop; Wed & Thurs Claire George, 1216 Oxford, Berkeley 94709

May 17 Fri SAN FRANCISCO: Change International Folkdancers 53rd Anniversary Party; Info from 415-933-1263; 415-775-3444

May 19 Sun SANTA ROSA: Rose (folk dance) Festival, Veteran's Bldg. 1351 Maple; 1:30-5:30; 707-546-8877

May 24-27 CULVER CITY (Southern California) STATEWIDE Folk Dance Festival weekend; 213-277-6699

May 25-27 PLANINA's Camp-Out (also one in July, Aug. & Sept.) Info: Palo Alto 415-494-1631

June 8 Sat FRESNO Council Officers Installation Pot-luck & Dance. Info: 209-255-1786

June 9 Sun MARIN FOLK DANCE FESTIVAL and GUATEMALAN STEPS & STYLING Guatemalan luncheon by reservation only. Park School in Mill Valley.

June 15 Sat JACKSON: Annual Dance in the Pines with the Ribas; Potluch 5:30 at Pine Acres; Dancing 8-11 at Senior Center in Jackson (near Hwy 49 & 88, near Hospital) 209-296-4970

June 27-30 SAN LUIS OBISPO: Israeli Folk Dance Camp at Cal-Poly campus. Info 415-668-1487.

June 29 FIFTH SATURDAY PARTIES

SACRAMENTO

Jun 29-Jul 6 MENDOCINO Balkan Music & Dance Workshop Info 408-984-8786

July 4 Thurs MARTINEZ: Pot-luck BBQ and Dance on the Farm Max & June Horn 415-228-8598.

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### International Cuisine

Vi Dexheimer

#### IRELAND

Much of the Irish diet is based on the fisherman's catch. The Irish folk are fond of the potato. A favorite combination of vegetables is potato, cabbage and onions boiled together. Chicken and ham are often served together. A pot of porridge or oatmeal is kept on the stove the entire day.

#### SAINT PATRICK'S SOUP

4 tablespoons butter 1 cup raw diced potatoes 1/2 cup sliced onions 1 cup sliced mushrooms 1 pound spinach 4 cups chicken broth 1/4 teaspoon ground cloves 1/2 cup Irish oatmeal Salt and pepper to taste Heavy cream

Melt butter over low heat. Add diced potatoes, sliced onions and mushrooms. Cover skillet and saute vegetables for 10 minutes until soft and translucent.

Wash spinach, remove stems and chop

finely.

Add potatoes, onions, mushrooms and spinach to broth. Season with salt and pepper and 1/4 teaspoon ground cloves. Add 1/2 cup Irish oatmeal. Simmer for 20 minutes.

Serve with heavy cream floating on top.

#### BANTRY BAY BAKED FISH with PRAWN STUFFING

2 tablespoons melted butter

4 slices toasted white bread, crumbed

2 tablespoons water

Salt and pepper to taste

1 teaspoon chopped chives

1 teaspoon chopped parsley

1/2 lb. small shrimp, cooked, peeled, and deveined

1-1/2 lbs. filleted white fish Lemon slices / Sprigs of parsley

Melt butter and add to bread crumbs with water, seasonings, chives, and parsley. Mix well and fold in shrimp. Spread mixture over fillets and roll. Fasten with toothpick.

Place in buttered shallow baking dish. Bake in oven at 350° for 30 minutes. Garnish with parsley and lemon slices.

#### BEEF STEW with GUINNESS and PRUNES

2 lbs. lean stewing beef 2 tablespoons flour

1-1/2 teaspoons salt Pepper to taste

2 tablespoons cooking oil

2 small sliced onions

2 bay leaves

1/2 cup Guinness stout

1/2 cup water

4 medium carrots, thinly sliced

1 cup pitted prunes, soaked & drained

Cut beef into serving pieces. Mix flour, salt and pepper. Dredge the beef in the seasoned flour. Brown the meat on all sides in the cooking oil. Add bay leaves and onions and continue cooking until lightly browned.

Place in dutch oven or casserole and add Guinness and water. (If necessary, add more water to cover meat.) Add sliced carrots. Cover and bake for 40 minutes at 350°. Add prunes and contin-

ue cooking for 1/2 hour.

Serve with parsleyed potatoes.

#### IRISH MIST PUDDING

3 ounces unsweetened chocolate 1/4 cup Irish Mist l tablespoon instant coffee 3/4 cup sugar 1/8 teaspoon salt

3 egg yolks

1-1/4 cups heavy cream; reserve 1/4 cup for garnish

Combine chocolate, Irish Mist and coffee in small saucepan. Cook gently over low heat until the chocolate melts. Add sugar and salt, stirring until sugar dissolves. Remove from heat and cool.

Beat egg yolks; add cooled chocolate mixture and stir over low heat until smooth.

Whip cream until stiff. Reserve 1/4 cup for garnish. Fold the remaining cream into the chocolate mixture. Spoon into six Irish coffee glasses and chill. Garnish with remaining whipped cream and serve.

#### SAINT PATRICK'S SOUP

4 tablespoons butter
1 cup raw diced potatoes
1/2 cup sliced onions
1 cup sliced mushrooms
1 pound spinach
4 cups chicken stock
1/4 teaspoon ground cloves
1/2 cup oatmeal (Irish preferred)
Salt and pepper to taste
Heavy cream

Melt butter over low heat. Add diced potatoes, sliced onions, and mushrooms. Cover skillet and saute vegetables for 8 to 10 minutes until soft and translucent.

Wash spinach, remove stems, and chop

finely.

Add potatoes, onions, mushrooms and spinach to stock. Season with salt and pepper and 1/4 teaspoon ground cloves. Add 1/2 cup oatmeal. Simmer for 20 minutes.

Serve with heavy cream floating on top.

#### BAY PRAWNS IN SAUCE

3 tablespoons butter

3 tablespoons flour

1-1/2 cups milk

2 tablespoons lemon juice

1 scallion, chopped

1 bay leaf

1/2 pound small shrimp, cooked and
peeled

Salt and pepper to taste

1 hard-cooked egg, grated

Melt butter in saucepan, stir in the flour, and cook for 2 to 3 minutes. Add the milk gradually, stirring continuously. Bring to a boil and simmer for 5 minutes, stirring constantly. Add lemon juice, scallion and bay leaf and simmer for 3 minutes. Fold in shrimp and reheat.

Serve on toast slices and garnish with grated egg.

#### BOILED BEEF WITH HORSERADISH SAUCE

3 pounds fresh brisket of beef

3 onions, sliced

2 stalks celery, chopped coarsely

2 bay leaves

2 sprigs parsley

1 teaspoon thyme

1 teaspoon black pepper

1 teaspoon salt

3 cups water

4 carrots, sliced 4 white turnips, quartered

For the Sauce \*

1/2 cup heavy cream
1/2 cup sour cream
3 tablespoons prepared horseradish
1/2 teaspoon salt

Place beef in dutch oven, add onions, celery, bay leaves, parsley, thyme, pepper and salt. Add three cups of water, or enough to cover the beef. Cover and simmer for 1-1/2 hours. Add sliced carrots and turnips and continue to cook for 1/2 hour, or until the meat is tender when pierced with a fork. Remove beef, slice and arrange on heated platter surrounded by vegetables. Serve sauce separately.

\*Whip 1/2 cup of heavy cream and fold in the sour cream. Add 3 tablespoons of prepared horseradish and 1/2 teaspoon salt and mix well.

#### IRISH MIST PUDDING

3 ounces unsweetened chocolate
1/4 cup Irish Mist
1 tablespoon instant coffee
3/4 cup sugar
1/8 teaspoon salt
3 egg yolks
1-1/4 cups heavy cream; reserve 1/4
cup for garnish

Combine chocolate, Irish Mist and coffee in a small saucepan. Cook gently over low heat until chocolate melts. Add sugar and salt, stirring until sugar dissolves. Remove from heat and cool.

Beat egg yolks; add cooled chocolate mixture and stir over the heat until smooth

Whip cream until stiff. Reserve 1/4 cup for garnish. Fold the remaining cream into the chocolate mixture. Spoon into six Irish coffee glasses and chill. Garnish with remaining whipped cream.

Source: "The Irish Heritage Cookbook"
By Mercedes McLoughlin and Marian
McSpiritt

# Events South

MAY 17	Karpatok Hungarian Folk Ensemble and AVEZ Int'l Dance Theatre, 8:00, Citrus College, Glendora, Info: 818-963-9411.
MAY 18	Skandia Workshop and Party, Workshop 3-5 P.M., Party 7:30-11 P.M., Women's Club, 121 S. Center, Orange.
MAY 19	Armenian Cultural Festival, Barnsdall Park, Hollywood, noon-6 P.M., Free, Info: Tom Bozigian, 213-941-0845.
MAY 19-21	Philippine Heritage Festival, Temple & Carondelet Streets, L.A., Free, 213-669-1377.
MAY 24-27	Statewide Festival, Veterans Memorial Auditorium, Culver City, Dancing Friday through Monday, Institutes Saturday and Sunday, Steve Kotansky and Camille Brochu, Concert Sunday, Picnic Monday, Info: 818-348-6133.
JUNE 1-2	Ho'olaule's Hawaiian Festival, Northridge Park, Free, Info: 818-366-3967.
JUNE 1-2	Feria do los Ninos, Children's Fair, Hispanic Cultures, noon to 9 P.M., Free, Hollenbeck Park, L.A., Info: 213-261-0113.
JUNE 3	Los Angeles Jewish Festival, Rancho Park, West L.A., 10 A.M. to 5 P.M., Free, Info: 213-938-1531.
JUNE 8-9	Irish Fair, Equestrian Center, Griffith Park, 10 A.M. to 7 P.M., Info: 213-395-8322.
JUNE 14-16	AMAN at Japan Theater, Info: 213-629-8387.
JUNE 22-23	Summer Solstice Folk Music and Dance, Soka University, Calabasas, teaching by Sherry Cochran, Attan Karras, Info: 818-342-SONG.
JUNE 28- JULY 5	Idyllwild Camp, Mesorah Mountain Retreat, Weekend 6/28 to 6/30, Ya'akov Eden, Morry Gelman, Jaap Leegwater, Richard Powers, Slobodan Slovic, Info: 213-556-3791.
JUNE 29	Skandia Workshop and Party, Workshop 3-5 P.M., Party 7:30-11 P.M., Masonic Temple, 9635 Venice Blvd., Culver City, Info: 213-459-5314.

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Jacek & Bozena Marek Dances of Poland
Yves Moreau Dances of Bulgaria
Slobodan Slović Dances of Serbia
Tineke van Geel Dances of Armenia



#### **FEATURES**

Six Piece Orchestra

Barbara McOwen Chuck Corman Jaap Leegwater

Becky Ashenden lanette Duncan Don Sparks

Basic Dance Techniques

Line ...... Suzanne Rocca-Butler Couple . . . . Bev Wilder

- Round Dance Classics Workshops
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1st Week . . . . Balkan 2nd Week . . . Swedish



#### REGISTRATIONS

Mr. Bruce Mitchell, Director Stockton Folk Dance Camp University of the Pacific Stockton, CA 95211

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## WELCOME!

The SRFDC cordially invites folk dancers to our annual Rose Festival on Sunday, May 19, 1991, 1:30-5:30 p.m. at the Veteran's Bldg., 1351 Maple Ave., in Santa Rosa.

Our dance club also sponsors a beginning and intermediate dance class every Tuesday eve. and dance parties on 3rd Saturdays. Call 546-8877 for info. Please come to other Sonoma and Napa Co. dance festivals:

Cheese Factory Picnic, July 13 Petaluma Cheese Factory

Little Festival in the Redwoods Aug. 11, Guerneville

Fiesta de Sonoma, Sept. 8, Sonoma

Treasurer's Ball, Dec. 1, Sonoma

Grand Ball, Dec. 28, Sonoma

Sweetheart Festival, Feb. 2, Napa

Cherry Blossom, Ap. 5, Sonoma

