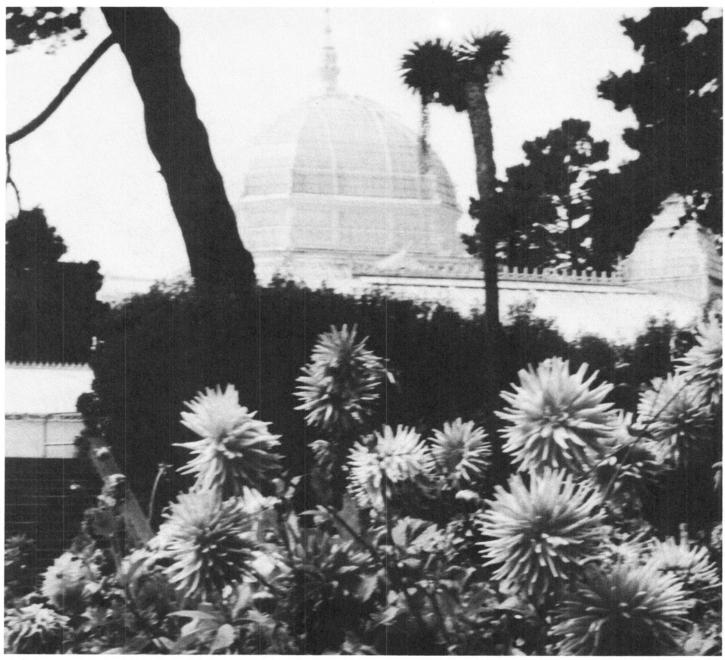
APRIL 1991 • \$1.50





THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

Let's Dance

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ON OUR COVER:

Conservatory of Flowers Golden Gate Park



SUBMISSION DEADLINE FOR THE MAY/JUNE ISSUE: Wednesday, April 3

SUBMISSION DEADLINE FOR THE JULY/AUGUST ISSUE: Wednesday, June 5



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PRESIDENT'S MESSAGE

As the folk dance year nears its end, it is time to take a close look at the Federation. We will be facing deficits each year unless we do something about it.

The folk dance movement as a whole is in a downward swing. Attendance at folk dance events is low. YOU are the solution. Attend events. Bring a friend. Carpool to festivals. Come to the institutes and workshops.

The "4-M" Committee is looking at the Federation and making recommendations to update it. Soon a committee of past-presidents will evaluate the SOPs and recommend changes to the By-Laws Committee. But it doesn't stop there - we need volunteers!

We need people to volunteer their time on Wednesdays to copy and collate material for the federation office. Some people have volunteered already, but they must travel to Hayward from the Sacramento and Sonoma areas. We have one volunteer from San Francisco. We need more volunteers from the Bay Area. If you can donate one day per month, please contact me at 916-456-7128 evenings, or call the Federation office on a Wednesday from 10 to 4 at 415-581-6000. We need YOU! Thanks!

The San Francisco Festival is in April, Statewide is in May, and the Federation's Steps and Styling Guatemala Workshop and luncheon is in June. Steps and Styling will be followed by the Marin Festival. They promise us a video during lunch and a costume parade in the afternoon. Remember, you must sign up in advance if you plan to attend the Steps and Styling Workshop.

That's a lot of traveling, a lot of dancing, and a lot of fun and still with more to come in '91. So be sure to attend all the events you can to support the activity we all love so much.

> See you there! Lupie Barton



-CLASSIFIED ·ADS

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 415-654-1124. Folk dance records

COME DANCE - with Millie von Konsky. Sgles, cpls welcome. Day classes in Folk, Line, Square, Round. Mon., 1 P.M., 300 Estudillo, San Leandro. Tues., 1:30 P.M., 22325 N. 3rd, Hayward.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

FOLK DANCE RECORD SHOP

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.



PROGRAM

Ali Pasa (N.P.)
 Bela Rada (N.P.)
 Vrtielka
 Stabberinglander
 Little Man in a Fix (P.)
 Davy Nick Nack
 Svekrving Oro (N.P.)
 Godečki Čačak (N.P.)
 Road to the Isles
 Amanor Waltz
 Ve David (P.)
 MacDonald of the Isles
 Setnja (N.P.)
 Ajde Jano (N.P.
 Tsiganochka
 Somewhere My Love
 Western Trio Mixer (P.)
 Sauerlander Quadrille
 Lech Lamidbar (N.P.)
 Lights of Vienna
 Numero Cinco

23. Black Mountain Reel 24. Allemannsmarsj (P.) 25. Bapardess (N.P.) 26. Dhivaratikos (N.P.) 27. Square Tango 28. Dreisteyrer 29. Let's Have a Ceilidh 30. Oklahoma Mixer (P.) 31. Elvira (N.P.) 32. Gerakina (N.P.) 33. Maple Leaf Rag 34. Sleeping Kujawiak 35. The Double Sixsome 36. Japanese Soft Shoe
37. Vlaško (N.P.)
38. Never on Sunday (N.P.) 39. Siesta in Sevilla 40. Beal Street Blues 41. Tant' Hessie (P.) 42. Gocino Kolo (N.P.) 43. Belle O' Bon Accord 44. Tango Poquito (P.) 45. Alexandrovska

THE SAN FRANCISCO COUNCIL OF FOLK DANCE GROUPS WELCOMES YOU TO THE BLOSSOM FESTIVAL

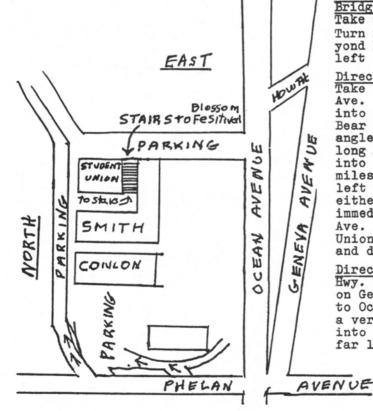
Many of you enjoyed the festival held at the San Francisco City College Student Union last year, and you are all invited to come to this facility again this year on Sunday, April 28, 1:30-5:30 P.M.

Our program of new and old favorites promises to provide an afternoon of happy dancing. This year, the Fun Club Dancers celebrate their 50th anniversary, and what better time for a celebration than the Blossom Festival.

On this month's cover is a photo of the Conservatory of Flowers in Golden Gate Park. At over 100 years old, it is the oldest building in the park. A stroll through it includes tropical plants and outstanding displays of seasonal blossoms.

Leonore Fifer, Council President

EXHIBITIONS DONATION \$4



Directions from Downtown or Bay Bridge: Take Hwy. 101 to 280 South. Take Ocean Ave. off-ramp to right. Turn right into parking lot just beyond Howth St. Ascend stairs at far left of parking lot.

Directions from Golden Gate Bridge: Take Park Presidio Blvd. to 18th Ave. (thru G. G. Park). Left turn into Sloat Blvd. at Stern Grove. Bear right three short Blocks and angle into Junipera Serra Blvd. One long block to green arrow lane left into Ocean Ave. Continue about two miles into Phelan Ave., green arrow left turn lane. Angle to right into either first or second entrance immediately after turning into Phelan Ave. Park and walk between Student Union and Smith Bldgs. to staircase and descend.

Directions from Peninsula: Take Hwy. 280 North to Geneva Ave. Left on Geneva to Howth. Right on Howth to Ocean Ave. Left on Ocean Ave. a very short distance and turn right into parking lot. Ascend stairs at far left of parking lot.

Hosted by the S.F. Council of Folk Dance Groups Sponsored by the Folk Dance Federation of CA, Inc.



CHERRY BLOSSOM FESTIVAL Sunday, April 7, 1991 Sonoma Veterans Memorial Bldg.

PROGRAM -

Setnja
 El Gaucho Tango

- 3. Doudlebska Polka (P)
- 4. Double Sixsome
- 5. Caballito Blanco
- 6. Square

Svekrvino Oro
 Levi Jackson Rag
 St. Gilgen Figurentanz
 Vrapcheto
 Corrido
 Square
 Tzadik Katamar
 Hambo

Hambo
 Tango Poquito (P)
 Black Mountain Reel
 Lepa Anka Kolo Vodi

18. Contra

19. Orijent
20. Ada's Kujawiak #1
21. Trip to Bavaria
22. Tino Mori

- 23. Maple Leaf Rag
- 24. Square

25. Dhivaratikos26. La Encantada Tango27. Swedish-Finn Mixer (P)28. Garry Strathspey29. Dreisteyrer

30. Square

- Ali Pasa
 Japanese Soft Shoe
 Let's Have a Ceilidh
 Karamfil
 Santa Rita
 Contra
 - 37. Divcibarsko Kolo
 - 38. Zillertaler Laendler
 - 39. La Bastringue (P)
 - 40. Elizabeth Quadrille 41. Dobbel Reinlender
 - 42. Grand Square
 - 43. Alunelul
 - 44. Somewhere My Love
 - 45. Arnold's Circle (P)
 - 46. Dundee Whaler
 - 47. Lights of Vienna
 - 48. Vrtielka
 - 49. Baztan Dantza
 - 50. Alexandrovska
 - 51. Bal in da Straat (P)
 - 52. Sauerlander Quadrille
 - 53. La Cachucha
 - 54. Louisiana Saturday Night
 - 55. Lesnoto
 - 56. Frenchy Brown
 - 57. Posties Jig
 - 58. Couple Hasapiko
 - 59. Knodeldrahner
 - 60. Blue Pacific Waltz

MONDAY

WEST VALLEY COLLEGE FOLK DANCERS Beg/Int. Intrn'l 6-8 Beg 8-10pm Int West Valley College Small Gym SPE-8 14000 Fruitvale Ave. Saratoga Ned and Marian Gault 408-395-8026

COMMUNITY SERVICE FOLK DANCERS Beg/int Intm'l 7:30 - 10pm. Foothill College Auxiliary Gym G-2 Los Altos Hills Marcel Vinokur 415-327-0759

LOUI TUCKER Int/Adv Israeli 8-11pm Northwest YMCA 20803 Alves St. Cupertino Loui Tucker 408-287-9999

STAN ISAACS' VINTAGE DANCE Beg Intm'l 8-10pm Single Welcome Palo Alto Masonic Temple 461 Florence St. Palo Alto Stan Isaacs 415-856-8044

BURLINGAME FOLK DANCERS Beg Intrn'l 8:15-9:45pm Burlingame Recreation Center 850 Burlingame Ave. Burlingame Mary and Bruce Wyckoff 415-368-7834

SCOTTISH COUNTRY DANCING Beg/Int 8pm First Christian Church 80 So 5th St, San Jose Kay Thorne 408-297-7774

TUESDAY

SANTA CLARA VALLEY FOLK DANCERS Beg/Int Intrn'l 7:30-9:30pm Prince of Peace Church 12770 Saratoga Ave. Saratoga Christa Werling 408-378-7472

MENLO PARK FOLK DANCERS Beg/Int Intrn'l 7-10:15pm Menlo Park Recreation Center 700 Alma at Mielke, Menlo Park Marcel Vinokur 415-327-0759 PALO ALTO FOLK DANCERS Beg/Int Intrn'l 7:30-10pm Lucy Stern Community Center 1305 Middlefield Rd. Palo Alto Suzanne Rocca-Butler 415-854-3184

SENIOR CITIZEN'S OPPORTUNITIES Beg Intrn'l 10 - 11:30am SCO Center 222 Market St. Santa Cruz Bev Wilder 408-336-8019

PALOMANIANS Int/Adv Intrn'l 8 - 10:15pm Menlo Park Recreation Center 700 Alma at Mielke, Menlo Park Lillian Cohen 415-593-0517

WEDNESDAY

DOCEY DOE FOLK DANCERS Int Intrn'l 8-10pm United Community Church Elm at Arroyo Sts. San Carlos Bruce Wyckoff 415-368-7834

OAK CREEK FOLK DANCERS All levels Intrn'l 8-10pm Oak Creek Apts - Willow Room Oak Creek Drive (off Sandhill) Palo Alto Suzanne Rocca-Butler 415-854-3184

ENGLISH COUNTRY DANCERS 1st and 3rd Weds only - Live Music All levels - drop ins welcome First Christian Church 80 S. 5th St. San Jose Kay Thorne 408-297-7774

THURSDAY

SANTA CLARA VALLEY FOLK DANCERS Int/Adv Intm'l 7:30 - 9:30pm First Christian Church 80 S. 5th St. San Jose Eleanor Bacon 408-379-3545

REDWOOD CITY FOLK DANCERS Beg/Int Intrn'l 7:30 - 10pm Veterans Memorial Senior Center 1455 Madison Ave. Redwood City Bruce Wyckoff 415-368-7834

Peninsula Folk Dance Classes and Parties

MOSTLY BALKAN Int/Adv Balkan 7:30 - 10:15pm Menlo Park Recreation Center 700 Alma at Mielke, Menlo Park Bob Ritz 408-247-2420

SARATOGA INTERNATIONAL FOLK DANCERS Beg/Int Intrn'l 7:45-10pm Saratoga Community Center 19655 Allendale near Fruitvale, Saratoga Loui Tucker 408-287-9999

MID COUNTY SENIORS Beg Intm'l 10 - 11:30am Capitola Senior Center 829 Bay Ave. Capitola Bev Wilder 408-336-8019

METROPOLITAN ADULT EDUCATION Beg Intm'l 7 - 9pm Willow Glen Center 2175 Lincoln, San Jose Bobi Ashley 408-353-8620

SIERRA SINGLES FOLK DANCERS Beg/Adv Intrn'l 7:30 - 10pm Oct.-May Fairmeadow School 500 East Meadow, Palo Alto June- Sept. Mitchell Park Bowl Dan Conway 415-321-5034

FRIDAY

SAN JOSE STATE FOLK DANCERS Beg/Int Kolo 8 - 11pm SJSU Women's Gym 7th at San Carlos, San Jose Andy Kacsmar 415-857-0288

CABRILLO FOLK DANCERS Beg/Int Intrn'l 7:30 - 11pm Cabrillo College Gym, Aptos Al Daoud 408-373-6441

CABRILLO ENGLISH COUNTRY DANCERS Beg/Int English 1st Friday only 8-9:30pm Cabrillo College Gym, Aptos Bev Wilder 408-336-8019

STANFORD FOLK DANCERS Beg/Int Intm'l 8 - 11:30 Roble Gym, Stanford Campus ISRAELI FOLK DANCERS Beg/Int 8:30-12pm Recreation Room 425 Hamilton at Waverly, Palo Alto Mark Tischler 408-249-4912

MID PENINSULA SCANDINAVIAN DANCERS Int Scandinavian Cpl 7:30-10:30pm St Mark's Episcopal Church 600 Colorado, Palo Alto Mary Ellen 415-969-6243

SUNDAY

DARRON FELDSTEIN All levels Israeli 8 - 11pm Masonic Temple 890 Church St. Mtn. View Darron Feldstein 415-566-0896

PARTIES (usually 8 - 11:30pm)

1st. Saturday (odd months + Aug.) PENINSULA COUNCIL LITTLE NITE MUSIC Beg/Adv Intrn'l Call 408-252-8106 for location

1st Saturday (even months exc. Aug.) PALOMANIANS Redwood City Women's Club 149 Clinton St. Redwood City

2nd Saturday SANTA CLARA VALLEY FOLK DANCERS First Christian Church 80 S. 5th St. San Jose

3rd Saturday PALO ALTO FOLK DANCERS Lucy Stern Community Center 1305 Middlefield Road, Palo Alto

4th Saturday DOCEY DOE FOLK DANCERS United Community Church Elm at Arroyo Sts. San Carlos

5th Saturday PENINSULA COUNCIL Call 408-252-8106 for location

Various Saturdays MENLO PARK REC Call 415-327-0759 for info

COUNCIL · **CLIPS**

GREATER EAST BAY

The East Bay Women's Dance Circle will hold a Dance Festival on Thursday, April 18, from 9:30 to 11:30 A.M. The Allendale Senior Folk Dance Group will be the invited guests. The East Bay group is under the direction of Grace Nicholes, assisted by Gwen Heisler and Jerry Washburn Jr. They meet each Thursday morning, 9:30 to 11:30 at the Allendale Recreation Center, 3711 Suter Street, Oakland, The group is open to all women interested in folk dancing.

The Berkeley Senior Citizen Dancers will have their party on Sunday, April 21, from 1 to 4 P.M., at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley. Stan Valentine will call squares, and Lloyd Day will MC.

The Concord Folk Dancers will have their party Sunday, April 7, 1:00 to 4:00 P.M., with refreshments at 2:30, at the Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord. Stan Valentine will call squares, and Jean Williams will MC.

The Merry Mixers do intermediate and advanced folk dances every Wednesday of the month from 1:30 to 4 P.M. Charles Emerson is the instructor. They meet at the Hillside Presbyterian Church, corner of Hillside and Ritchie Avenues, Eastmont District, Oakland. New dancers welcome.

SAN FRANCISCO COUNCIL

WHAT'S HAPPENING AT CHANGS -Changs is pleased to report that the enthusiasm and excitement about folk dancing that was so prevalent in the past is returning. Changs teacher, Ruth Ruling, well known for her excellent instruction, will be teaching two Scottish dances, the Jubilee Jig and MacDonald of the Isles, on April 5 and 12. Changs monthly party will be held on April 19. Mark these dates on your calendar NOW. Besides attending Changs classes, come to the April party and enjoy another excellent dance program by Frank Bacher. Changs will be closed on April 26.

SAN FRANCISCO WOMEN'S DANCE CIRCLE is an activity of the San Francisco Parks and Recreation Department and is open to all women interested in folk and round dancing. It meets every Wednesday from 9:45 to 11:45 at 50 Scott Street, under the direction of Grace Nicholes. Every meeting involves a review of dances taught to help dancers retain what was learned.

FUN CLUB - The club's monthly party will be held on April 6, at 7:30 P.M., at the Church of the Brethren, Noriega and 34th Avenue. A good dance program as well as the usual excellent refreshments will be offered for your enjoyment. Don't forget the San Francisco Blossom Festival will be held from 1:30 to 5:30 P.M., on April 28, at the City College Student Union, Ocean Avenue and Phelan, the same place it was held last year. Mark your calendar.

FRESNO COUNCIL

The Fresno Folk Dance Council hosted the Vera Jones Scholarship Dance on February 9. Request dances and finger food were enjoyed by the group at this well-attended event. Entertainment was a clogging performance by Marty Torbit and Elizabeth Willford. Marty and Ruth Castle decorated the hall with a Valentine theme. DJs for the evening were Frances Ajoian, Kent Petersen, and Gary Hughes.

In other news, our instructor, Louise Petersen, had surgery, and we all wish her a speedy recovery.



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FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE: Larry Miller, Ruth Miller LET'S DANCE April 1991

Jubilee Jig

(Scotland)

The Jubilee Jig is a 32 bar jig for 3 couples. It was presented by Jennifer Kelly at the Heritage Festival Institute in Burlingame, Jan. 1991.

RECORD: World Records WRC1 2626, Northern Jubilee, Bobby Frew Trio; Any suitable phrased 8x32 bar jig.

6/8 meter

FORMATION: 4 Cpl in Lgwy formation.

STEPS and Skip change of step*, cast down*, set*, move up*, bow and curtsey*, STYLING: wrong side* See general styling in the Scottish Glossary.

Skip change of step is used throughout unless otherwise directed.

*Described in the Scottish Glossary of Steps and Styling, published by the Folk Dance

MUSIC	6/8 meter PATTERN					
Measures						
Chord	INTRODUCTION M bow, W curtsey.					
Ι.	CAST DOWN AND SET					
1-2	Beg R, M 1 cast down into 2nd place, as M 2 moves up into 1st place.					
3-4	M 1 and W 3 set twd each other.					
5-8	M 1 and W 3 turn by R hands once CW and back to place.					
9-10	Beg R, W 1 cast down into 2nd place, as W 2 moves up into 1st place.					
11-12	W 1 and M 3 set twd each other.					
13-16	W 1 and M 3 turn by L hands once CW to place.					
II.	HANDS ACROSS AND SET					
1-4	Beg R, W 1 dance up to Cpl 2, as M 1 dance down to Cpl 3. Turn once CW with R hands across. Releasing R hands, Cpl 1 end in the center of the set with L hands joined, facing wrong side.					
5-8	Cpl 1 set. Release hands and dance out to the wrong side in 2nd place.					
9-12	Beg R, W 1 dance down to Cpl 3 as M 1 dance up to Cpl 2. Turn once CW with R hands across. Releasing R hands, Cpl 1 end in the center of the set with L hands joined, facing own side.					
13-16	Cpl 1 set. Release hands and dance out to own side in 2nd place.					

32 meas Cpl 1 repeat the dance with Cpls 3 and 4. M 1 may end in 2nd place and beg with the cast down or eliminate the cast and dance directly down into 3rd place. At the end Cpl 1 dance to the bottom of the set on the outside, as Cpl 4 move up.

Dance the pattern as written from the beginning with Cpls 2, 3 and 4 active each in turn.

Chord M bow, W curtsey.

(C) Folk Dance Federation of California, Inc. January 1991

ERRATA

CASTLE SCHOTTISCHE Published February 1991.

Pg 2 - meas 7-8 Change to read: Walk fwd 3 slow steps R,L,R turning 1/4 CW as a cpl to end W facing LOD (cts 1,3,1). On the 3rd step, M turn an additional 1/2 CW in place to end facing LOD at W R side. Touch L ft beside R to prevent the tendency to take a 4th step; at the same time join L hands at W L waist to assume reverse Skater's pos (meas 8, ct 3).



FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE: Bruce Wyckoff, Ruth Ruling LET'S DANCE April 1991

Lecha Dodi

Lecha Dodi (lekh-HAH doh-DEE) translates as "To You, My Beloved." Shlomo Bachar choreographed the dance and presented it at the 1990 University of the Pacific Folk Dance Camp.

CASSETTE: Shlomo Bachar 1990 Side A/7.

4/4 meter

FORMATION: Dancers in a closed circle, hands joined in "V" pos.

STEPS: Yemenite*, mayim*. Take wt on all stamps. Hands are joined whenever feasible.

*Described in the Israeli Glossary of Steps and Styling, published by the Folk Dance Federation of California, Inc.

MUSIC 4/4 meter

PATTERN

Measures

4 meas INTRODUCTION No action. Beg with vocal.

PATTERN

- 1 Step on R ft to R (ct 1); step on L beside R and begin CW turn (ct 2); step on R to R making a ½ turn CW to face out (ct 3); hop on R (ct 4).
- 2 Repeat meas 1 with opp ftwk and direction but omit the turn to remain facing out of circle.
- 3 Yemenite R (cts 1,2,3); hold (ct 4).
- 4 Step on L ft twd LOD and begin CCW turn (ct 1); step on R toward LOD and complete ½ turn CCW to face ctr (ct 2); step L across in front of R (ct 3); hold (ct 4).
- 5 Stamp on R ft with a big step to R (ct 1); hop on R and extend L leg to L with straight leg (ct 2); step L behind R (ct 3); step on R to R (ct 4).
- 6 Repeat meas 5 with opp ftwk and direction.
- 7 Dance mayim step in RLOD. Begin with R ft across in front of L.
- 8 Step on R ft across in front of L (ct 1); step in place on L (ct 2); turn once CW with R,L while moving LOD to end facing ctr (cts 3,4).
- 9 Moving LOD, leap onto R ft (ct 1); step on L across in front of R (ct 2); repeat cts 1,2 (cts 3,4).
- 10 Facing ctr, step on R ft in place (ct 1); step on ball of L ft beside R (ct &); step on R in place (ct 2); repeat cts 1,&,2 with opp ftwk (cts 3,&,4). Shldr shake may accompany all steps.

Lecha Dodi (pg 2)

- 11 Run to ctr with R,L,R (cts 1,2,3); hop on R ft and turn ½ CW with L leg extended with straight leg (ct 4).
- 12 Repeat meas 11 with opp ftwk and direction, moving out of circle.
- 13 Facing ctr, step to R side on R ft and swing hips to R (ct 1); repeat ct 1 to L side with opp ftwk and direction (ct 2); repeat cts 1,2 (cts 3,4); step on R ft to R (ct 5); step on L ft across in front of R (ct 6).

NOTE: Meas 13 is an extended meas with 6 cts.

DANCE SEQUENCE: Dance pattern as written 5 times total.

(C) Folk Dance Federation of California, Inc. February 1991



Associate Membership Application ()
Let's Dance Subscription ()
Name:	Date:
Address:	
	Zip:
Telephone: ()	
Associate Membership Dues (Let's Dance-\$15 + \$5 Dues = \$20)	<pre>\$20 Let's Dance only\$15 (Add \$5 postage foreign)</pre>
1020 "B" St Hayward,	n of California, Inc. reet, Suite 2 CA 94541 81-6000
	Call Larry Miller 415-588-2251 eacher, & where taught in the last 40 years: p Festival, San Diego, Statewide, & Berkeley) t. 667 Santa Barbara, Millbrae, 94030.
The San Francisco Council of Folk Dance Groups	
Invites you to our	ABLE STEPPERS PARTY
BLOSSOM FESTIVAL	April 27, 8:30 P.M. Almonte Hall Wisteria Way at Shoreline Mill Valley
Sunday, April 28 1:30 to 5:30 P.M.	
San Francisco City College Ocean and Phelan Ave. San Francisco	Ann D'Alvy will play your favorite request program
	Refreshments after the dance \$2.50 Admission
Honoring the 50th Anniversary	
Fun Club folk Dancers	Jim Rasella
	will decorate



INTERNATIONAL CUISINE

Vi Dexheimer

GREECE

Greece does not have an extensive cuisine, for it is largely an agricultural country. The diet of its people is extremely limited. Greek food consists mainly of fish, lamb, olives, fruits and nuts. Greece produces beautiful, large, flavorful lemons, and the Greek housewife takes full advantage of them, using lemon juice on practically everything she serves. Lemons are used in place of the customary vinegar.

PSARIA FLAKI (BAKED FISH)

1/2 cup olive oil
8 large onions, sliced
2 cloves garlic, minced
2 tablespoons butter
6 slices (1/2" thick) mackerel
2 teaspoons salt
1 teaspoon pepper
6 tomatoes, sliced
2 lemons, sliced

1/4 cup water

Heat the olive oil in a skillet and sauté the onions and garlic until golden brown. Melt the butter in a large baking dish. Arrange the slices of fish in the dish, leaving a space between each slice. Sprinkle with the salt and pepper. Spread the onions over and around the fish slices. Place a slice of tomato on each piece of fish and top with a piece of lemon. Spread the remainder of the tomato and lemon slices around the dish. Add the water. Bake in a 375° oven for 30 minutes. Serve with the sauce remaining in the baking dish.

(LAMB AND ARTICHOKES)

- 1/4 pound butter
- 2 pounds lamb, cut in 1" cubes 2 onions, chopped
- 2 cloves garlic, minced
- 2 teaspoons salt
- 1 teaspoon pepper
- 1 bay leaf
- 4 cups boiling water
- 6 artichokes
- 3 eggs

2 tablespoons lemon juice 12 ripe olives

Melt the butter in a saucepan. Add the lamb and brown well on all sides. Add the onions, garlic, salt, pepper, bay leaf and boiling water. Cover, and cook for 40 minutes, stirring occasionally.

Remove the largest outside leaves of the artichoke. Cut the balance of the artichoke in half and add to the lamb mixture. Cover and cook over low heat for 45 minutes.

Beat eggs and lemon juice together in a bowl. Add l cup of the gravy from the saucepan to the contents of the bowl, beating steadily. Return this mixture to the saucepan, beating continuously. Add the olives. Cook over low heat for 5 minutes, but do not allow to boil.

MOUSSAKA MELITZANES (EGGPLANT CASSEROLE)

- 3 tablespoons olive oil
- 2 onions, chopped
- 1 large eggplant, peeled and cut into
 1/2" cubes
- 2 tomatoes, chopped
- 2 teaspoons salt
- 1 teaspoon pepper
- l egg yolk, beaten
- 1/2 cup milk
- 1/2 cup cottage cheese

Heat the olive oil in a saucepan and add the chopped onions. Sauté for 5 minutes. Add the eggplant and continue cooking for an additional 10 minutes over low heat. Add the tomatoes, salt and pepper, and cook for 10 minutes, stirring occasionally.

Butter a 2-quart casserole and place the mixture in it. Combine the egg yolk, milk, and cottage cheese, and mix well. Bake in a 375° oven for 45 minutes.

OUZO CAKE

1 cup chopped walnuts
1 18-1/2 ounce lemon cake mix
1 3-1/2 ounce instant lemon pudding mix
4 eggs
1/4 cup water
1/2 cup cooking oil
1/4 cup Ouzo

Preheat the oven to 325°. Greece and flour a 10-inch tube pan. Sprinkle the walnuts evenly over the bottom of the pan. Combine the cake mix, pudding mix, eggs,

GREECE (continued)

water, oil and Ouzo. Beat for 3 minutes. Pour the batter over the nuts in the tube pan. Bake for 1 hour.

Place on a rack to cool for 30 minutes. Invert on to a serving plate.

Prick with a skewer or meat fork (carefully) and pour on honey syrup. (Recipe below) Let stand at least 1/2 hour, and serve.

HONEY SYRUP

1 cup sugar

1 cup water

1 2-inch piece of cinnamon stick

2 whole cloves

1 cup honey

2 tablespoons Ouzo

Combine the sugar, water, cinnamon stick, and cloves. Bring the mixture to boiling, and reduce the heat.

Cook for 25 minutes, without stirring, or until the mixture is syrupy. Stir in the honey and strain. Stir in the Ouzo.

EGG & LEMON SOUP WITH MEATBALLS

l pound lean ground lamb or beef

- 1/4 cup raw long-grain rice
- 1/4 cup onion, finely chopped
- 2 tablespoons parsley, finely chopped Salt and Pepper
- 2 10-1/2 oz. cans chicken broth
- 2 soup cans of water
- 2 eggs
- 1/3 cup lemon juice
 Parsley for garnish

Combine beef (or lamb), rice, onion, parsley, salt and pepper. Shape into small meatballs.

In a 3-quart saucepan, combine the chicken broth and water and heat to boiling. Add the meatballs, cover, and reduce the heat to simmer. Cook for 20 minutes.

Beat the eggs until thick and lemoncolored. Slowly beat in the lemon juice. Add 1 cup of the soup broth slowly to the egg and lemon mixture, while continuing to beat. Add the mixture to the soup in the saucepan. Heat thoroughly.

Garnish with parsley. Serve immediately. Serves 6

BROILED CHICKEN WITH CUCUMBER SAUCE

- 1/4 cup olive oil
- 1/4 cup lemon juice
- 1 cup dry white wine
- 1 teaspoon dried oregano
- 1 2-1/2 lb. broiler-fryer, split
 and quartered

Combine the oil, lemon juice, wine and oregano and pour over the chicken in a baking pan. Marinate at room temperature for 3 hours. Broil in the oven 4" from the heat source, turning once, and basting with the marinade, until done.

Serve with Cucumber Sauce. Serves 4

CUCUMBER SAUCE

l cup plain yoghurt

- 1/3 cup olive oil
- 1 clove garlic, crushed
- l teaspoon salt
- 1 cucumber, peeled, seeded, and finely chopped

Combine all ingredients and serve over the chicken.

SPINACH & RICE

1 pound fresh spinach 1/2 cup chopped green onions 1/4 cup olive oil 1 cup long-grain raw rice 1/4 cup tomato sauce 2 cups water 2 bouillon cubes 1/2 teaspoon salt

1/4 teaspoon pepper

Rinse the spinach well. Discard the stems. Tear the spinach into bite-size pieces.

Sauté the onions in the olive oil in a large saucepan for 2 minutes. Add the rice and sauté until golden. Add the spinach, tomato sauce, water, bouillon cubes, salt and pepper. Bring the mixture to a boil. Cover, reduce the heat to simmer, and cook for 20 minutes, or until rice is tender.

Serve as a side dish with meat or fowl. Serves 4

Sources: "Round the World Cookbook", By Myra Waldo

> "Creative International Cookbook" Edited by Charlotte Turgeon

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STATEWIDE NEWS

As promised, the registration form for Fun in '91 was in last month's issue. Why not fill it out right away so our Registrar, Bea Pill, can get right on it. We suggest that you pass on the Single Dance Events section and go for the \$30 package - you can't lose, and it will greatly simplify the registration procedure. Bea will send a receipt along with a more detailed map.

Don't forget to check off your preference for chicken or tri-tip at the Memorial Day barbeque. As at past Statewides, the cooking will be done over charcoal on-site by Walt Metcalf and crew, and there will be plenty of slaw, beans, and garlic bread. Serving time will be around 1:00. Of course, it is not necessary to order the barbeque to participate in the free dancing on the grass.

The big news is that Institute Chairman, Burt Scholin, has engaged Steve Kotansky and Camille Brochu as teachers of both partner and non-partner dances. Steve, a former dancer with Aman, is well-known in California, and will be teaching dances of Eastern Europe. Steve did research, taught, and danced in Europe for several years before returning to the states and working on the staff of major folk dance camps and for the Ethnic Folk Arts Center of New York City.

Camille Brochu, popular at the Stockton and Maine camps, will be making her Southern California debut at Statewide. Born in Montreal, Camille became a professional Quebecois dancer with the National Folklore Ensemble Les Feux-Follets. In Toronto, she was Artistic Director and Choreographer of Les Danseurs de la Nouvell France and Director of the Multicultural Traditional Arts Association. She is fluent in both English and French.

Several years ago, Camille decided to add academic credentials to her many years of experience; and in 1987 earned an Honours BA in Anthropology and Ethnomusicology at York University. Since 1988, she has been immersed in Dance Ethnology graduate studies at UCLA, where she has also been a lecturer. Last summer, she did MA thesis fieldwork in a village where traditional Quebecois dances are still done. Her next goal is a PhD program. At Statewide, M1le. Brochu will bring us delightful dances of her native Quebec. She suggests that shoes with sticky soles, such as athletic shoes, not be worn.

Add Camille and Steve to the other exciting elements of Statewide, and what do we have? The chemistry of a wonderful weekend vacation. So send in your registration right away before the \$30 advance registration, representing a savings of \$27, expires on May 10.

For those who wish to attend Statewide in their RV, there is an RV parking area near the auditorium. For more information on this and other local transportation assistance, contact Beth Perkins, 13707 Rossburn Avenue, Hawthorne, CA 90250, 213-643-7397.

Donna Hurst Director of Publicity Folk Dance Federation of CA, South

LET'S DANCE MAGAZINE



Folk Dance Federation of California, Inc. 1020 "B" Street, Suite 2 Hayward, CA 94541 415-581-6000 (office hours - Wed.)

ADVERTISING RATES

MONTHLY: (per year = x 10 less 10% for cash)

Full page.....7 1/2" by 10".....\$80 Half page.....7 1/2" by 5".....\$45 Quarter Page...3 3/4" by 5".....\$25 Eighth Page....3 3/4" by 2 1/2"....\$15 Spot ad.....1 7/8" by 2 1/2"....\$10

CLASSIFIED:

\$2 per line per time, \$4 minimum

GUATEMALA PARTY - On June 9, in connection with the Marin Folk Dance Festival, there will be a Guatemala Party at 9:30 A.M. Dance styling, a syllabus and music will be provided by Stela McCoy. A Guatemala-style lunch will be provided at noon. At the same time, we will be showing a video of the Guatemala Folk Ballet. Only 25 to 30 people can be accommodated. Price, \$12.

The Marin Festival begins at 1:30 P.M. (free), with a break at 2:30 for a costume parade. Dancing will continue until 5 P.M. Spend the day at Park School in Mill Valley. Sign up now for morning session and lunch by returning this pre-registration form:

Mail this form and \$12 before April 28 to the Federation Office at 1020 B Street, Suite 2, Hayward 94541.

ddress		Zip	

CALENDAR of **EVENTS**

FOLK DANCE FEDERATION OF CALIFORNIA. INC. Ed Kremers, 155 Turk, San Francisco 94102, 415-775-3444

- Apr. 7 Sun SONOMA Cherry Blossom Time Folk Dance Festival Veterans Building, 1:30 - 5:30 p.m. \$2.50 707-546-8877
- Apr. 13-14 SS PLANINA Folk Dance Campout. Info: 415-494-1631
- Apr. 13-14 SS Slavic Celebration, Napredak Park Hall (San Jose area) Info: C. Bahr, 2737 La Salle, Mt. View 94040
- SAN FRANCISCO Savina (Slavic Folk Choir), Academy of Apr. 20 Sat Sciences, Hall of Man; 1 P.M.
- MILL VALLEY Party, Almonte Hall; 415-388-2170 Apr. 27 Sat
- Apr. 28 Sun SAN FRANCISCO Blossom Festival; City College of San Francisco, 50 Phelan Ave., S.F. Assembly Meeting 11:45 A.M. Folk & Square Dancing 1:30-5:30 P.M. Exhibitions, donation \$4.00.
- May 4 Sat Peninsula Council Beginners Festival; 415-368-7834

Events South

APRIL

- Bluegrass Festival, Santa 5-7 Maria. (805) 925-2403
- 6 Beginners Festival. 1:30- 5:30, Eagle Rock Recreation Center. Info: (818) 368-1957.
- 6 Dance Workshop in Victorian dance. Given by Richard Duree in preparation for Victorian Ball.1:30-5:30 Veselo Selo, Anaheim. Info: 714-455-9326
- 12 Bulgarian State Female Vocal Choir, 8:00. Royce Hall, UCLA. Info: (213) 825-9261
- 13 Hambo Contest, Cal Lutheran College, Thousand Oaks

Tustin Sr. Ctr. European & American dances to live music. Info: (714) 455-9326.

- 19-21 Westwood Weekend at Camp Hess Kramer. Info: (818) 363-3761.
- 26-28 Skandia Dance Festival Solvang. (800) 468-6765
- 27 Armenian Dance Festival, St. John's Church, Buena Park. Info: Tom Bozigian, (213) 941-0845.
- 28 Westwood Co-op Festival. 1:30-5:30 Culver City Vetrans Memorial Auditorium, Culver Blvd at Overland. Council meeting at 11 am.
- 28 Fiesta Broadway 1991. Cinco de Mayo block party on Broadway, 12-8pm.Free. Info: (213) 620-0444
- Victorian Ball 8-12 P.M. 20 13



FOLK DANCE NEWS

SOLVANG - Conference and Visitors Bureau announces two Scandia Dance Festivals in 1991. The first is Friday through Sunday, April 26-28; and the second is Saturday and Sunday, October 26 and 27. For more information call, write, or FAX the Solvang Conference and Visitors Bureau, Box 70, Solvang, CA 93464, 805-688-6144, FAX-805-688-8620.

CRUISE UPDATE - Mel Mann, organizer of the Dance on the Water cruises, reports that sign-ups for the Greek Isle/Turkey cruise continue. There has been some concern about this trip, and several dancers have delayed sending in there deposits. This is understandable considering the Persian Gulf situation. But Mel has guaranteed that dancers will not lose their money, and he is monitoring the situation closely. He feels there is time to make a final decision later since circumstances are still changing, and he will cancel the trip if there is any danger. Under these conditions, he continues to take inquiries and sign-ups.

It is interesting to note that the cruise is half sold out, and not a single person has cancelled reservations. However, Mel is arranging a seven-day Hawaiian Island folk dance cruise starting June 29, as an alternative should the Greek Isle trip be cancelled. For more information about either trip, contact Mel Mann at 1301 California Street, Berkeley, CA 94707 or call 415-525-4033.

FOLK DANCE WEEK - At Oakland's Feather River Camp has been cancelled due to renovation of the facility. The event was to have taken place August 11 through 17. For more information on the renovation and re-opening of the facility, call the camp office at 415-273-CAMP. CATALOG FOR THE MUSIC LOVER -"The Music Stand" presents a wide variety of unusual gift items for performing artists. There are shirts, mugs, jewelry, and much more for singers, dancers, and musicians of every stripe. You can even order your own walk of fame star made by the same company that makes them for the Hollywood Chamber of Commerce. To request a catalog, write to The Music Stand, 1 Rockdale Plaza, Lebanon, NH 03766.

PLANINA - has announced its 1991 schedule. There will be four upcoming campouts at the Planina facility: Spring Campout, April 13 & 14; Memorial Day Campout, May 25-27; Summer Campout, July 20 & 21; and Labor Day Campout, August 31-September 2. There will also be one or more weekends for working on various projects with dancing in the evening.

The lower road to Planina was oiled late in the summer of 1990, and has held up well over the winter. There will be very little dust on that part of the road, so people can leave their cars at the bottom of the steep part and hike up or take the Planina shuttle to protect their cars from heavy dust. Some day, the road will be oiled all the way up to Planina. In the meantime, don't be tempted to drive too fast on the oiled section. The road is still narrow and has many blind curves.

Dancers are invited to attend Planina's 1991 campouts and to work on camp projects at the scheduled work camps. All skills are needed, including just making coffee for someone who is hammering or sawing. For more information on Planina, contact the Reverend Hiram Pierce, 3498 South Court, Palo Alto 94306.

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Hniversity of the Pacific

44th Annual

Stockton Holk Dance Eamp

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Two Identical Weeks

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Slobodan Slović Dances of Serbia
Tineke van Geel Dances of Armenia

FEATURES

Six Piece Orchestra

<u>Barbara McOwen</u> Chuck Corman Jaap Leegwater Becky Ashenden Janette Duncan Don Sparks

Basic Dance Techniques

Line Suzanne Rocca-Butler Couple Bev Wilder

Round Dance Classics Workshops

Parties and Banquets

1st Week Balkan 2nd Week . . . Swedish



REGISTRATIONS Mr. Bruce Mitchell, Director

Stockton Folk Dance Camp University of the Pacific Stockton, CA 95211

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