Let's Dance

THE MAGAZINE OF INTERNATIONAL FOLK DANCING



TREASURER'S RAIL



Official Publication of the Folk Dance Federation of California, Inc.

Let's Dance

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MENDOCINO FOLKLORE CAMP A WONDERFUL FOLK DANCE EXPERIENCE

Mendocino Folklore Camp is held in Camp One of the Mendocino Woodlands Camp. It is located about 8 miles inland from the village of Mendocino, California in a beautiful setting on the wooded slopes of Little North Fork Big River adjacent to its confluence with Big River. The facilities were constructed in the late 1930's and remain much as they were then with improvements in electric, telephone, and plumbing systems. Cabins with fireplaces (wood provided if desired) and balconies house 2 to 4 people. There are three shower/restroom buildings with hot water and electricity. In the center of camp is a kitchen/dining room/social hall complex. Nearby is a dance hall with a wooden floor.

There are 4 dance classes each morning. Teachers may have journeyed from their own distant homelands or be highly qualified dance specialists from this country. Afternoons are free for hiking, swimming and sunbathing at the river, napping, or special interest activities such as singing or crafts — coin necklaces are made each year. Evening activities begin with a happy hour and theme party. The party themes come from each of the various ethnic groups represented by the dance instructors and may take many forms. Typically, it could be a national festival or a wedding. It could also be total fantasy — a jungle safari or a trip on the Orient Express.

Nearly all campers get into the mood of the party theme and come in costumes which may be authentic or a total spoof put together from the contents of the camp's costume barrels. Volunteer committees, chaired by an instructor, plan activities and decorate for each theme. A few yards of cloth and painted paper magically transform the social hall into a Turkish taverna or decorated cabins become a Catalonian village around which the planned events occur. Each day concludes with a review of the camp dances and dancing continues as long as people wish. Late night jam sessions by the camp musicians are common in the social hall.

Live music is played for a major part of the dancing. The musicians are extremely versatile and switch from one musical style to another with ease. They frequently play for class as well as parties. Their ability to learn new material from recordings is amazing. They add greatly to the spirit of the camp and enthusiasm of the campers.

An auction of donated items is held one evening. The items may be dance related, art objects, a service (massage is popular), or anything else that will bring bids to help support the work-scholarship program. Contact the camp if you are interested in a work-scholarship. Another evening event is a talent show where nearly anything goes - skits, dances, and musical performances.

Food is an outstanding feature of the camp and the menus are derived from the ethnic group represented by that day's party theme. It is plentiful, varied, and delicious. Snacks are provided in mid-morning and during the evening. Vegetarian dishes are available for those requesting them at registration.

Flyers for the camp usually appear at Kolo Festival (Thanksgiving) or shortly thereafter and advertisements may be found in Let's Dance magazine. Scheduled for teaching in 1991 are Balkan, French-Canadian, American swing, and Greek dances. The current camp address is Mendocino Folklore Camp, PO Box 8501, Berkeley, CA 94707-8501.

Close fellowship between campers and between campers and teachers adds to the special feeling of the camp. This camp is a truly wonderful and unique folk dance treat.

Stan Cummings Judy Faoro



TREASURER'S BALL VETERANS MEMORIAL BUILDING SONOMA, CA

SUNDAY, DECEMBER 2, 1990

DANCE PROGRAM



- 1. SETNJA
- 2. EL GAUCHO TANGO
- 3. SANKT GILGEN FIGURENTANZ (P)
- 4. DOUBLE SIXSOME 5. HOFBRÄUHAUS LAENDLER
- 6. SQUARE
- 7. BELASICKO
- 8. LEVI JACKSON RAG
- 9. OKLAHOMA MIXER FOR 3 (P)
- 10. CIULEANDRA
- 11. SANTA RITA
- 12. SQUARE
- 13. SVEKRVINO ORO
- 14. HAMBO
- 15. TANGO POQUITO (P)
- 16. TRIP TO BAVARIA 17. ŠIRTO
- 18. CONTRA
- 19. ORIJENT
- 20. ADA'S KUJAWIAK #1
- 21. BLACK MOUNTAIN REEL
- 22. TZADIK KATAMAR
- 23. CORRIDO
- 24. SQUARE
- 25. PLATANIOTIKO NERO
- 26. LA ENCANTADA
- 27. SWEDISH-FINN MIXER (P)

Folk Dance Scene



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- 29. JAPANESE SOFT SHOE
- 30. CONTRA
- 31. BELA RADA
- 32. ALEXANDROVSKA

28. DUNDEE WHALER

- 33. LET'S HAVE A CEILIDH
- 34. KARAMFIL
- 35. MAPLE LEAF RAG
- 36. LA CACHUCHA
- 37. DIVČIBARSKO KOLO
- 38. ZILLERTALER LAENDLER
- 39. LA BASTRINGUE (P)
- 40. ELIZABETH QUADRILLE
- 41. DOBBEL REINLENDER
- 42. LOUISIANA SATURDAY NIGHT
- 43. VLASKO
- 44. SOMEWHERE MY LOVE
- 45. MAIRI'S WEDDING
- 46. VRAPCHETO
- 47. VRTIELKA
- 48. GRAND SQUARE
- 49. LESNOTO
- 50. DREISTEYRER
- 51. BAL IN DA STRAAT (P)
- 52. POSTIES JIG
- 53. KNODELDRAHNER
- 54. BLUE PACIFIC WALTZ





A MESSAGE FROM THE TREASURER

I am especially hopeful that all clubs will support the Treasurer's Ball this year. The Federation expenses are rising faster than our income. Projects are not making enough money to keep up with the costs of operating the Federation. What happens to the organization has a direct effect on you and your clubs as you well know.

The Treasurer's Ball is one money making project the Federation sponsors; this is why a special request is being sent to you and your clubs to really support us this year. You can do this by attending the dance and by helping sell raffle tickets that will be sent out shortly. Your cooperation is most appreciated by all of us on the Federation Board.

There will be the usual great dance program with lots of door and raffle prizes, costume sale by Genevieve Pereira and a chance to visit with all your fellow folk dancers.

This year we will be adding to our program a room of Scandinavian dancing. Dean Linscott is graciously donating his time to M.C. this affair. I know all you Scandinavian dancers will be delighted to read this; so I'm sure to see lots of new faces at this gala event.

A Council Presidents meeting will be at 11 a.m. followed by the Assembly Meeting at 11:45. Lunch follows after the meetings.

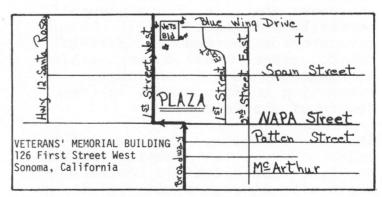
To all folk dancers near and farcome join your friends for a great afternoon. See you all on DECEMBER 2, 1990

COME ONE, COME ALL!
TO THE

TREASURER'S BALL
VETERANS MEMORIAL BUILDING
SONOMA, CA

SUNDAY, DECEMBER 2, 1990 1:30 to 5:30 P.M.







TEXTILE CONSERVATION (Cont.)

you can. Often old fabrics change color under the wet heat, but regain original colors, or near it, when they cool and dry.

These are the general rules for hand washing antique clothing:

Do a test strip first on all fabrics in the garment.

Use Orvus soap (if possible) or powdered Woolite. Liquid Woolite has a different formula than the powdered. Orvus can be purchased at livestock supply houses that carry sheep supplies. It is expensive but lasts a long time.

Use Snowy or any other sodium perborate color brightener, if needed. Do not use a chlorine bleach; hard on fibers.

Most wet fabrics weigh more than dry and tend to rip easily, so cradle the costume in a towel when you pick it up. Or support the outfit at several points.

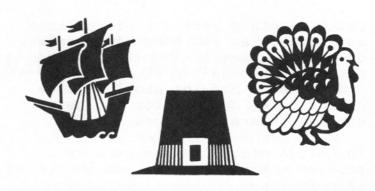
Soaking overnight is okay unless the colors are bleeding badly.

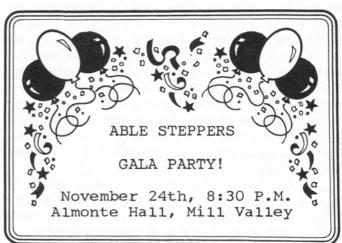
Most dirt is yellow brown in water. Blue dye often looks reddish or purple when it runs.

You need to rinse the garment three to five times. Distilled water is best for rinsing, but very expensive. Soap is out when bubbles in rinse water pop quickly and look clear, not milky.

Never wring, but pat dry in towel before placing on a fiberglass screen or another towel. If fabric is very strong, you can hang it, supported by plastic clothespins at several points. A towel on the clothes line, prevents those fold-over lines. Do not dry in direct sunlight unless the garment is cotton, strong and you are trying to bleach it.

The foregoing are general rules for conservation of antique and vintage clothing. If you love the old costume, you need lots of courage when you begin cleaning at home and the ability not to brood overlong about your failures. There are several books available now about clothing conservation.





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NEW IN 1990:

ALASKA F.D./CULTURAL CRUISE June 2 - 16

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CLASSIFIED ADS

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 415-654-1124. Folk dance records

COME DANCE - with Millie von Konsky. Sgles, cpls welcome. Day classes in Folk, Line, Square, Round. Mon., 1 P.M., 300 Estudillo, San Leandro. Tues., 1:30 P.M., 22325 N. 3rd, Hayward.

JOSETTA DANCERS - Josetta Dance Studio, 3280 El Camino, Santa Clara. Folk Dancing, Wed, 7:30 P.M.; Latin/Ballroom/Disco Mon. and Fri, 7:30 P.M.; Studio Party, Tues, 8:30 P.M. Josetta.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

FOLK DANCE RECORD SHOP

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.

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FOLK DANCE NEWS

DANCE RECOGNITION AWARDS - The Oakland Office of Parks and Recreation and the Dance and Music Advisory Committee presented the First Annual Dance Recognition Awards on Monday, October 1st, at the Lakeside Park Garden Center. Honored were Ruth Beckford, Millie von Konsky, and Louise Jorgensen.

Ruth Beckford, former member of the Katherine Dunham Dance Company, brought her expertise and knowledge to the Oakland Recreation Department in the 1940s. During her years with the Department, she developed the very vital Modern Dance Program. By bringing dance classes, workshops, and performance experiences to the children of Oakland, she succeeded in training a generation of dancers who are prominent in dance communities throughout the nation.

Millie von Konsky, beginning in 1947, lead numerous children and adults in recreational folk dance for Oakland Parks and Recreation. Skilled in many different folk dance forms, she is known for her versatility and superb dance technique. She participated as a leader of the Special Folk Dance Week at Feather River Camp, and designed and produced the stunning Annual Children's Folk Dance Festival.

Louise Jorgensen was raised and educated in Oakland and began her career with the Department as a Recreation Leader. Following a period as a theatrical dancer on the East Coast, she returned to Oakland to become the Director of the Annual Oakland Children's Holiday Pageant, for over 60 years.

MARIN'S WORLD TOUR - Marin Center's 1990-91 "World Tour" season features outstanding folk dance and music companies from around the world. The National Ballet Folklorico of Chile will perform on November 2; "Pirin," the Bulgarian National Folk Ensemble, will perform on February 24, and the José Greco Spanish Dance Company will perform on March 22. All performances are in the beautiful 840-seat Angelico Hall at Dominican College in San Rafael. For single and group ticket sales information, call the Marin Center Box Office at 415-472-3500. There is a discount for groups of 15 or more.

GRAND BALL - The Presidents International Grand Ball will be held on Saturday, December 29, at the Veterans Building in Sonoma. There will be ballroom music from 7:30 to 8:00, a Grand March at 8:30 followed by international folk dancing, a Chamarita at 9:45, and a Polonaise at 11:00. The dancing, festivities, and refreshment will continue till midnight. Only a \$10 donation will get you the best evening of dancing you've had in a long time. Wear a costume, or come semi-formal. For more information, call: Elmer & Millie Riba, 209-296-7688, Max Horn, 415-228-8598; or Frank & Elsa Bacher; 707-546-8877.

IN MEMORIAM - It is sad to report that June Schaal, a folk dance teacher in both the US and Europe, well-known to all folk dancers, passed away on Sunday, September 30. She will be missed by all.



Četvorno Horo

(Bulgaria)

Yves Moreau learned Četvorno Horo (chet-VOHR-noh hoh-ROH) in the village of Bistrica, Sofia district, in the summer of 1966. This line dance is done only in the Shope area of Bulgaria. Mr. Moreau has taught the dance throughout the United States. These notes are based on his presentation in Chicago in 1969.

RECORD:

Folk Dancer MH 45x3058A "Chetvorno Shopsko Horo";

7/8 meter

XOPO ZLP 4; Slavjani LP 1000 or LP-B-4000 "Folklore Dances of Bulgaria"; any other Chetvorno Horo melody. All these records should be slowed down.

RHYTHM:

7/8 meter: 1-2-3, 1-2, 1-2 counted as 1,2,3 (S,Q,Q).

FORMATION:

It is preferred that M and W be in separate lines to emphasize the respective styling. The dance may also be done in short mixed lines. Belt hold is used with L arm over neighbor's R arm.

STEPS:

Bicycle R: Step on R ft (ct $\underline{1}$); hop on R while raising L knee fwd and up (ct $\underline{2}$); light stamp with L, no wt unless specified (ct $\underline{3}$). This L lower leg action should be a smooth, continuous movement with the leg kept in front of the body. Bycycle L begins with a step on L ft (ct $\underline{1}$).

<u>Twizzle R:</u> Step on R slightly to R while raising L heel and twisting it sharply to the R in a clearly defined movement (ct $\underline{1}$); step on L to L (ct 2); step on R behind L (ct 3). Twizzle L begins with a step on the L (ct $\underline{1}$).

STYLING:

Shope dances are somewhat "heavy" in character, but the torso is erect most of the time. All movements are sharp and firm. Knee action is high, especially for the M. Shouts often accompany the footwork.

MUSIC

7/8 meter

PATTERN

Measures

16 meas

INTRODUCTION No action. Beg with vocal.

I. BASIC

- With wt on L, facing slightly R of ctr, step fwd on R in LOD (CCW) (ct $\underline{1}$); hop on R (ct 2); step fwd on L in LOD (ct 3).
- 2-3 Repeat meas 1 twice.
- 4 Turn to face ctr and Bicycle R.
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

II. TWIZZLE AND SCISSORS

- 1-3 Repeat Fig I, meas 1-3 (Basic).
- Face ctr and Twizzle R (cts $\underline{1}$,2,3).

Četvorno Horo - pg.2

- Bicycle L (cts $\underline{1}$,2,3).
- Step on R beside L (ct 1); hop on R (ct 2); step on L in place while extending R ft fwd close to floor preparing for the next step (ct 3).
- Scissors: Step on R beside L while extending L ft fwd close to floor (ct $\underline{1}$); step on L beside R while extending R ft fwd close to floor (ct $\underline{1}$); step on R beside L while extending L ft fwd close to floor (ct $\underline{3}$).
- 8 Bicycle L.

III. LEFT TWIZZLE AND PAS DE BASQUE

- 1-4 Repeat Fig II, meas 1-4 (Basic plus Twizzle R).
- Face slightly L of ctr and moving in RLOD (CW), step fwd on L (ct $\underline{1}$); hop on L (ct $\underline{1}$); step fwd on R (ct $\underline{3}$).
- 6 Twizzle L.
- Pas de basque: Facing ctr, step on R to R (ct $\underline{1}$); step on ball of L in front of R (ct 2); step on R in place (ct 3).
- 8 Bicycle L.

IV. TWIZZLE AND BICYCLES

- 1-4 Repeat Fig II, meas 1-4 (Basic plus Twizzle R).
- Keeping knees close together throughout, leap onto L turning body and knees to face RLOD (ct 1); leap onto R turning body and knee to face LOD (ct 2); step on L turning body to face RLOD (ct 3). These actions should be done very sharply with especially high leaps by the M.
- 6 Bicycle R, but take wt on L on ct 3.
- 7-8 Bicycle R (meas 7). Bicycle L (meas 8).

V. HEEL TOUCHES

- 1-4 Repeat Fig II, meas 1-4 (Basic plus Twizzle R).
- Facing ctr, step fwd on L (ct $\underline{1}$); hop on L, bringing R leg up, knee bent and turned to R (ct $\underline{1}$); touch R heel to R side, leg straight (ct $\underline{3}$).
- Touch R heel to floor but more twd ctr (ct 1); leap fwd onto R bringing L leg up, knee bent and turned to L (ct 2); touch L heel to L, leg straight (ct 3).
- Touch L heel to floor but more twd ctr (ct $\underline{1}$); leap fwd onto L ft bringing R ft up behind L calf (ct 2); hold (ct 3).
- 8 Leap bkwd onto R ft (ct 1); with ft together, bounce twice (cts 2,3).
- DANCE SEQUENCE: Dance each Fig twice and then repeat from beginning as many times as music allows.
- © Folk Dance Federation of California, Inc. August 1989

Brzak

(Serbia)

Brzak (BER-zak), meaning "rapids" (of a river), comes from the area around the Studenica monastery. It was presented by Slobodan Slovič at the 1988 Kolo Festival and at the 1990 University of the Pacific Folk Dance Camp, among other places.

CASSETTE: Serbian Folk Dances SS-3 (1988) Side B/1.

2/4 meter

FORMATION: Mixed lines with hands joined in "V" pos. Face R of ctr, wt on L ft.

Leader at R end.

STEPS and STYLING:

Lift*, pas de basque*.

Steps are light and flowing, danced in a relaxed manner.

* Described in Steps & Styling, published by the Folk Dance Federation of Calif., Inc.

MUSIC

2/4 meter

PATTERN

Measures

INTRODUCTION None.

I. MOVING IN LOD

- A 1 Moving in LOD (CCW), step on R (ct 1); lift on R ft, bringing L leg fwd with knee bent (ct 2).
 - 2 Repeat meas 1 with opp ftwk.
 - Hop on L ft, raising R knee (ct 1); step R,L in LOD (cts &,2).
 - Beg R, dance 3 small steps in LOD (cts 1, &, 2).
 - 5-8 Still moving in LOD, repeat meas 1-4 with opp ftwk. On last step on L (meas 8, ct 2), turn to face ctr while raising R ft up in back.

II. MOVING SIDEWARD IN LOD AND RLOD

All steps are small and on the full ft.

- B 1 Facing ctr, step sdwd R on R ft (ct 1); step on L beside R (ct &); repeat exactly (cts 2,&).
 - 2-3 Repeat meas 1 twice.
 - Step sdwd R on R ft (ct 1); step on L beside R (ct &); Step sdwd R on R ft, bending R knee and raising L ft up in back (ct 2).
 - 5-8 Repeat meas 1-4 with opp ftwk and direction.

III. FACING CENTER

- C l Facing ctr, hop on L, raising R knee (ct l); step on R across in front of L, turning slightly twd RLOD (CW) (ct &); step back onto L to face ctr (ct 2).
 - 2 Low leap sdwd R onto R ft (ct 1); low leap sdwd L onto L (ct 2).
 - Beg R, dance a pas de basque to R side (cts 1, &, 2).
 - 4 Repeat meas 3 to L side with opp ftwk.
 - Hop in place on L, raising R knee (ct 1); step fwd on R (ct &); step on L beside R (ct 2).
 - Jump onto both ft, landing with R ft slightly fwd of L (ct 1); leap onto R ft (ct 2).
 - Hop on R (ct 1); step on L in front of R (ct &); step back onto R (ct 2).
 - Hop on R, moving back a little and swinging L ft bkwd (ct 1); step bkwd onto L ft (ct 2).

DANCE SEQUENCE: Dance pattern as written until music ends.

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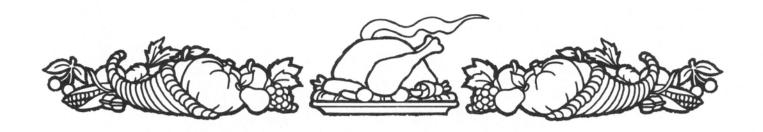
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Events South

Nov. 18 Festival hosted by West Valley Folk Dancers, Van Nuvs - Sherman Oaks Park, Van Nuys, 1-5 pm.

Council meeting, 10:30 am.

Mar. 16, 1991 Lech Lamidbar Festival hosted by China Lake

Desert Dancers, 1:30-4:00 pm and 8:00-11:30 pm. Kerr Mc Gee Center, California St. near China

Lake Blvd., Ridgecrest.

June 28-July 5 Idyllwild Folk Dance Workshop,

Weekend, June 28-30.

39th ANNUAL KOLO FESTIVAL

November 22-24, 1990 Spartan Gym, San Jose State University

Teachers:

Jaap Leegwater - Dances of Bulgaria Barry Glass - Dances of Croatia Petur Iliev - Dances of Bulgaria Dennis Boxell - Dances of Greece

Beginning and experienced dancers' classes offered.

Parties with live music on Friday and Saturday nights.

Dance concert Saturday evening,

For more information or to get on our mailing list please call Sharen Skorup (415) 481-8481 or send a legal size SASE to 1186 Via Lucas, San Lorenzo, CA 94580.

COUNCIL · **CLIPS**

GREATER EAST BAY FOLK DANCE COUNCIL

The East Bay Women's Dance Circle will have their party Thursday, November 15, 9:30 to 11:30 A.M. They dance under the direction of Grace Nicholes, assisted by Gwen Heisler and Jerry Washburn Jr., at the Allendale Recreation Center, 3711 Suter Street, Oakland.

The Berkeley Senior Citizen Dancers will have their party on Sunday, November 18, from 1 to 4 P.M., at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley. Stan Valentine will call squares, and Lloyd Day will MC.

The Concord Folk Dancers will have their party Sunday, November 4, 1:00 to 4:00 P.M., with refreshments at 2:30, at the Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord. Stan Valentine will call squares, and Jean Williams will MC.

SAN FRANCISCO COUNCIL

WHAT'S HAPPENING AT CHANGS -Thanksgiving Day will soon be here. Changs has a very good reason to be thankful - the club was able to return to its new-found "home" after the earthquake had caused a five-month period of inactivity. Everything is back to normal, thanks to Changs' loyal officers and members. Ruth Ruling will be teaching on November 2 and 9. monthly party will be held on November 16. Changs will be closed on November 23 and 30. Come join us at our meeting place at 1329 7th Avenue, San Francisco.

FUN CLUB - The Harvest Time Party will be held on Saturday, November 3, 7:30 P.M., at Noriega and 34th Avenue, donation: \$3. Classes taught by Bob Hardenbrook meet every Thursday evening, 7:30 to 9:45 at the Jackson Playground, Mariposa and Arkansas Streets, near 18

18th Street. The San Francisco Council's FALL FESTIVAL will be held on Sunday, November 4, 1:30 to 5:30 P.M., at Noriega and 34th Avenue, donation: \$3. Public transportation is available on the #71 bus direct, or the #29 bus to Noriega and 36th Avenue.

SAN FRANCISCO WOMEN'S DANCE CIRCLE - Meets at 50 Scott Street on Wednesdays, 9:45 to 11:45 A.M., to dance international folk dances under the direction of Grace Nicholes. All women, who may or may not know folk dances, are invited to join this friendly group. On Wednesday, November 7, the San Francisco Circle will host a party for the East Bay Women's Dance Circle. The program will consist of "Oldies but Goodies" dances that have been done for a long time, but are not forgotten.

PENINSULA COUNCIL -Congratulations to Bobbi Ashley, who was the 1990 recipient of the Council's Stockton Scholarship. Happy dancing, Bobbi!

Seif Ebertz is our new President, and he has an enthusiastic staff of old and new officers to work with. Al Lisin, Dance Party Chairman, announced plans for two upcoming parties: the November 3rd Little Nite Music Party, with Marcel Vinokur as MC, to be held at the Community Church in San Carlos; and the New Year's Eve Party to be held at the Veterans Memorial Building in Redwood City.

The November Peninsula Party Schedule is as follows: 3rd, Little Nite Music, San Carlos; 10th, Santa Clara Valley Dancers, San Jose; 17th, Palo Alto Folk Dancers, Lucy Stern Center; 17th, Marcel Vinokur Dancers, Menlo Park Recreation Center; and 24th Docey Does, San Carlos, Arroyo & Elm. The Kolo Festival will be held at San Jose State University on November 23 and 24.

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